Groups who migrated to the United States brought their foods and recipes. Look at the restaurant and grocery store ads and the recipes in the Food sections of your newspaper.

1. Identify foods and recipes that you think originated in other countries. Categorize the foods based on the countries of origin:

<table>
<thead>
<tr>
<th>Foods or recipes</th>
<th>Countries of origin</th>
</tr>
</thead>
</table>

2. Now list foods you think originated in this country but can be found in other countries.

3. Create a multicultural menu for one day. Include foods from many different countries.

SHARE with friends any places to purchase foods grown in your community. Use your newspaper’s online archives to locate stories about the benefits to producers and consumers of locally-produced foods and discuss what you learn about local foods and farming.

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