

# Mukilteo Beacon

YOUR HOMETOWN NEWSPAPER

728 3rd St., Ste. D Mukilteo, WA 98275 Volume XXVIII Number 39 May 27, 2020

## Zieve launches group opposed to low-income housing

BY DAVID PAN  
REPORTER@YOURBEACON.NET

A group opposed to the adoption of an “Affordable Housing Plan” by the City of Mukilteo is looking to garner support from the community. A postcard detailing the group’s views and goals was mailed out to Mukilteo residents last week. Businessman Peter Zieve, who twice unsuccessfully ran for City Council, is listed as the sponsor of Preserve Mukilteo, which is registered by the Public Disclosure Commission as a political committee.

The postcard alleges that “Mukilteo will soon become a city with significant low-income housing.” Mayor Jennifer Gregerson said that the correct title of the initiative is “Housing Action Plan,” and that the plan will assess housing in the community, solicit public input through an outreach process and base recommendations on that input to the City Council. Preserve Mukilteo, which claims to have the support of more than 100 residents, said that the housing plan will recommend zoning changes that will encourage

the construction of low-income housing, which it said could bring in crime and drugs and result in lower housing values. Gregerson disputes the idea of zoning changes. “It is unlikely that the plan will recommend zoning changes for the City Council to consider, but it might recommend new options,” she

see **ZIEVE GROUP** page 12 ▶

A postcard from Preserve Mukilteo, a new political committee, opposes low-income housing in Mukilteo.



## Life goes on



Photo courtesy of Elizabeth Armstrong

Kamiak senior Austin Nielson was excited to pick up his cap and gown Tuesday, May 19, at the high school.



Beacon photo by David Pan

Dave and Duane Pearson greeted visitors on their 80th birthday during a drive-by celebration Wednesday, May 20, at Olympic View Elementary School.

How do you celebrate the 80th birthday of twin brothers in the light of coronavirus pandemic and the state’s social distancing recommendations? You have a drive-by celebration. Family and friends of Dave and Duane Pearson staged a birthday bash

Wednesday, May 20, at Olympic View Middle School. The two guests of honor were sitting in chairs, as cars of wish-wishers drove by to offer birthday greetings at an appropriate social distance on the Pearsons’ 80th birthday. Duane and

wife Lianne are longtime residents of Mukilteo, while Dave lives in Lake Stevens. Last week also was a big week for Kamiak High School seniors, as they picked up their caps and gowns for graduation. Though students won’t be

gathering in person to celebrate their accomplishments, the Mukilteo School District will be holding virtual graduation ceremonies for all three high schools. See “School district adjusts plans for virtual graduations” on page 3.

## Mayor Gregerson has no regrets about reporting alleged business violation

BY DAVID PAN  
REPORTER@YOURBEACON.NET

Mukilteo Mayor Jennifer Gregerson stands by her decision to report a business that was allegedly violating the state’s stay-at-home order. Gregerson’s name, along with those of other residents statewide, were released earlier this month by at least



Jennifer Gregerson

two groups on Facebook. The information, which appears to have been obtained by public disclosure requests, included business names and the names and contact information of those reporting the alleged violations.

People had the option of not leaving a name or contact information. The state launched a website in March that allowed people to report businesses they suspected of violating Gov. Jay Inslee’s stay-at-home order. “A member of the public contacted me,” Gregerson said. “I think it was a Facebook message. ... They contacted me and asked me to take action. I knew

the state had the (online) form. That was the recommended process for questions about business activity.” The business in question was a pet groomer/sitter. At the time and currently, pet grooming is not considered an essential business, and therefore it is not permitted to be operational.

see **BUSINESS VIOLATIONS** page 12 ▶



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# Police report large increase in unemployment fraud cases

BY DAVID PAN  
REPORTER@YOURBEACON.NET

The Mukilteo Police Department is being inundated by calls from residents who are victims of unemployment fraud.

The calls from residents, which have numbered up to 15 a day, started to increase about a month ago when the nationwide shutdown, due to the coronavirus pandemic, led to a record number of unemployment claims across the state and nation.

“People are using other people’s Social Security numbers to apply for unemployment benefits,” Mukilteo Police Department Crime Prevention officer Myron Travis said. “Many of the people are working and did not apply for unemployment benefits. They’re receiving notifications that claims are being made in their names.”

Prior to a month ago, Mukilteo Police rarely had any complaints about unemployment fraud. The type of crimes the department mostly dealt with involved identity theft. Information was being stolen by criminals, who created new identities for purposes, such as opening lines of credit with credit card companies.

Travis said that information from prior data breaches is now being used by criminals, who are taking advantage of a large number of unemployment applications.

Washington State Employment Security Department Commissioner Suzi LeVine said in a May 14 news release that the data breach came from outside of the agency.

“What we are seeing is that a victims’ personal information has been stolen from some other source – for example in one of the massive external data breaches like the Equifax breach – and is then

used by criminals to apply for benefits and attempt to route those payments to their own bank accounts,” LeVine said. “Many Washingtonians did not know their information had been stolen in the past, and this situation has only illuminated that fact, as fraudsters attempt to get unemployment benefits in Washingtonians’ names. ... While we have seen a rise in reports of imposter fraud recently, this is by no means new or unique. States across the country are facing the same situation as criminals take advantage of this crisis and the additional benefits available right now.”

Victims should take a number of steps in response to any unemployment fraud activity.

Travis recommended that people contact their company’s human resources department, which can help coordinate and report the incident.

A fraud reporting form from the Washington State Employment Security

Department can be accessed at: <https://esd.wa.gov/unemployment/unemployment-benefits-fraud>.

More information, including tips on how to protect yourself can be found at: <https://esd.wa.gov/newsroom/statement-imposter-fraud>.

Travis also asks that victims file a report with Mukilteo Police at: [www.my-crimereport.us](http://www.my-crimereport.us). Police are requesting that individuals reporting crimes related to unemployment fraud do not call 911. Filing a report online will allow for more efficient processing and an officer will follow up with people if necessary. The non-emergency phone number for police is 425-407-3999, though online reporting is preferred.

The Federal Trade Commission has a website to report identify theft at [identitytheft.gov](http://identitytheft.gov), and consumers can request free credit reports at: [www.annualcreditreport.com](http://www.annualcreditreport.com).

## Mukilteo seeks applicants for City Council vacancy

The City of Mukilteo is seeking applicants to fill the unexpired term of City Council Position No. 1, which is being vacated by Anna Rohrbough.

“We appreciate Councilmember Rohrbough’s service and wish her well,” Council President Richard Emery said. “This is an opportunity for a member of our community to step forward to serve, and I look forward to reviewing the applications.”

The deadline to apply for this position is at 4:30 p.m., June 3. No late applications will be accepted. Per state law, applicants must be over age 18 and a registered voter of the City of Mukilteo at the time they submit their applications. Applicants must have been a resident of Mukilteo for at least one year preceding their appointment.

Applicants may apply online at this link: <https://mukilteowa.gov/2020-city-council-vacancy-application/>. One optional file of additional information in support of an application may be uploaded at the end of the application.

Questions about the application or this process can be emailed to the City Clerk: [clerk@mukilteowa.gov](mailto:clerk@mukilteowa.gov).

Interviews with the City Council will be held at an open public meeting on June 22, via Zoom teleconference. Candidates will wait in a breakout room for their interview time with the City Council. Interviews will be followed by Council discussion and a likely vote that evening for appointment. The successful applicant will immediately assume the office of Councilmember Position No. 1 for a term ending December 31, 2021.

## City hosting virtual workshop

Mayor Jennifer Gregerson and the City Council will be holding a virtual workshop from 5-8 p.m., Thursday, May 28.

The topics scheduled to be discussed are:

- Department 2020 Work Plan Updates
- Status Report on Council Priorities from February Retreat
- 2020 Budget Gap Closing Plan

Because of the state’s current stay-at-home order, the City is prohibiting the public from attending in person. The public is invited to watch or listen to the meeting.

The following is information on how to access the meeting:

**Join Zoom Meeting:** <https://us02web.zoom.us/j/82834430961?pwd=SkVuYjFpUTJrY3ZwWldYcDRVT2swQT09>

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# School district adjusts plans for virtual graduations

The Mukilteo School District has made some changes with its planned virtual ceremonies to honor high school graduates.

Assuming that Snohomish County has moved into Phase 2 of the state's reopening plans, the district has pushed back the filming of commencement speeches and student solo performances at each school to the first week of June. A video company will be collecting student-submitted photos of seniors in their caps and gowns to include in a video. A school-specific link will be sent out shortly from schools, the district reports.

For those families not able to submit photos, schools will supply senior photos from the yearbook to the video company.

The finished video will be broadcast on the district's YouTube channel on each school's commencement date.

- ACES: June 11, 7 p.m.
- Kamiak: June 12, 4 p.m.
- Mariner: June 12, 8 p.m.

The video also will be available through the district's website and social media accounts.

As a result of further consultation with the state Department of Health and Gov. Jay Inslee's office, the district has shelved plans to have graduates walk across their school's stage while having their names announced. State authorities told the district that activity would not be allowed under Phase 1.

Instead, the district plans to host a drive-thru diploma pickup day on Friday, June 19.

Graduates and their family members will be able to drive to their school to pick up their diplomas during a designated window of time. Students will remain in their vehicle until their name is called. When called, students will drive up to a designated area to pick up their diplomas in their caps and gowns.

There will be an area for students to have a professional photo taken with their diploma in-hand. Students then



Photos courtesy of Elizabeth Armstrong

Kamiak senior Kaitlin O'Keefe picked up her cap and gown Tuesday, May 19, at the high school.



Kamiak staff distributed caps and gowns to seniors last week at the high school.

will re-enter their vehicles and exit the campus.

School security and limited staff will be present, respecting physical distancing guidelines.

Schools will be sending each graduating seniors specific pick-up information; the date is tentative, subject to the county



A Kamiak staff member holds up a "Congratulations Graduate" sign at Kamiak High School.

being moved to Phase 2 of the reopening plan.

**ADOPT A SENIOR:** People looking for a way to support a high school senior should check out the Adopt-A-Senior-Mukilteo School District group on Facebook. Community members are invited to adopt a Kamiak, Mariner or ACES high school senior and help make their graduation special. Family, friends or even the high senior post a brief bio of the student along with a few photos. People then can officially adopt the senior. The deadline for posting of information about seniors is June 1. Gifts should be delivered to seniors by June 12. For more information see: <https://www.facebook.com/groups/925432207912736/>

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Nominee Address: \_\_\_\_\_

Nominee Phone Number: \_\_\_\_\_

Nominated By: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Business & Professional Organizations: \_\_\_\_\_

Community Organizations: \_\_\_\_\_

Community Activities: \_\_\_\_\_

Please submit this form along with a detailed letter explaining why you feel your nominee should be our 2020 Mukilteo Citizen of the Year to:

[2020mukcocy@gmail.com](mailto:2020mukcocy@gmail.com)  
or  
Kiwanis Club of Mukilteo  
Attn: Tim Taylor  
P.O. Box 1553  
Mukilteo, WA 98275

**Deadline May 31, 2020**

Questions: Please contact Tim Taylor at 425-330-0399.

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# MAYOR'S MESSAGE

## Housing Action Plan will reflect community values

The City of Mukilteo is required to adopt a comprehensive plan (and we have a great one, it is award winning and reads like a story instead of a government document!). That plan has many chapters, such as land use, transportation, economic development, parks and housing.

In three years, we will be required to pay to update the Housing chapter. In the meantime, the City has an opportunity to use a state grant to develop the data and strategies, which can drive that work through a Housing Action Plan. If we wait, we will end up paying for the work with city taxpayer funds.

The Housing Action Plan has the potential to be a great reflection of our community values. It will be adopted by the City Council after the public has had a chance to weigh in and shape the recommendations. That will happen once the consultant contract is approved by the Council on July 5. A few weeks after that, the consultant will launch that public process over several months, leading into the early fall.

The Action Plan will look at many different tools. Some tools might allow residents to develop accessory dwelling units, sometimes called mother-in-law units, on their property. We allow these units today, but not many people choose to build them. Perhaps we can learn about how to make it work better. They might allow families an extra income, or a way to stay on their property longer in a smaller space.

The Action Plan might also help us look at our permitting processes – is it easy and not confusing to work with the City when developing one's property? How can it be better and work more smoothly? The Action Plan could make recommendations about this topic.

The Action Plan might look at the types of housing in our community. We have mixed use in the Harbour Pointe Village area near Thai Rama and on 5th Street near Red Cup. These provide studios and 1-3 bedroom units for those that aren't looking for private open space, but like being near their workspace or within walking distance of restaurants and shops. Are there other commercial areas that might benefit from that use being permitted? Perhaps we can think about whether to consider it.

see **GREGERSON** page 12 ▶

# GUESTVIEW

## Newspapers have your back

We're in the midst of a global pandemic, but its impact on America's communities is local.

First responders are our neighbors helping our neighbors, rushing to addresses just down the street and taking the sick to the nearby hospital. The workers on the front line of this crisis, manning the cash register at supermarkets or delivering takeout from a favorite restaurant with a closed dining area, are folks that we might have gone to school with.

Local newspapers and their journalists are also among the front-line workers dedicated to serving their communities.

Local newspapers, in their digital and print forms, immediately report critical breaking news of the fast-moving coronavirus public health crisis in their communities. They chronicle the local businesses that have closed and guide those suddenly furloughed to sources of financial and unemployment assistance. They alert local people to the scams that target that assistance.

In the stillness of communities under stay-at-home orders, the local newspaper advises on how to keep homes safe and prepared, and how to keep families entertained and learning.

Newspapers let their communities know how they can help the medical, public safety and service workers who heed the call of duty even among the din of uncertainty.

And local newspapers respond to their own call of duty in this crisis.

Their reporters continue to work so readers can stay informed. The production team continues to assemble the content and the press crew continues to run the presses.

But, like many other businesses affected by the pandemic, revenue has suddenly dropped off a cliff, in some newspapers by 50 percent or more. Yet, while many of those local businesses have simply shut down operations for now, the great majority of newspapers have actually increased the amount of critical information they are delivering for their communities.

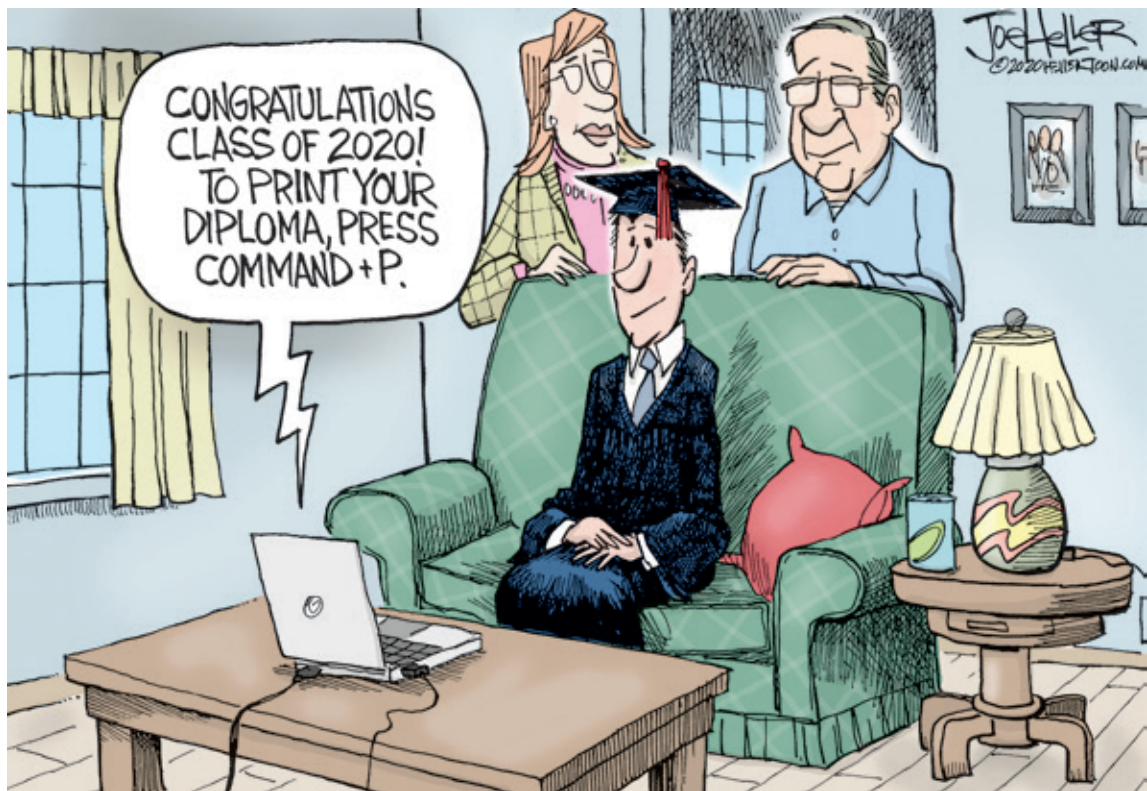
Just as communities generously support their restaurants and favorite stores by ordering takeout meals and gift cards, we hope you will also remember to support the staff of your local newspaper and the vital work newspapers do by subscribing in print or online.

They are your neighbors — and they've got your back.

# GUESTVIEW



BY DEAN RIDINGS  
CEO, AMERICA'S NEWSPAPERS



# MUKREVISITED

## Our Japanese Cultural Heritage

Next month marks the 20th anniversary of the dedication of a monument commemorating the harmonious relationships between early Mukilteo residents and families of Japanese workers at Crown Lumber Company.

### MUK REVISITED

BY PETER ANDERSON  
MUKILTEO HISTORICAL SOCIETY, DIRECTOR

Located in Centennial Park, 1126 5th Street, the monument was erected on May 30, 2000, by the Mukilteo Historical Society, the City of Mukilteo, and Mukilteo Japanese Americans.

#### Dedication Ceremony

On June 9, 2000, descendants of original Japanese immigrants joined with present citizens of Mukilteo to dedicate the symbol honoring the town's historic example of harmonious race relations. They gathered around the monument that supports a bronze origami crane, which symbolizes the historic roots and the continuing goal of peace and harmony among all peoples. Speakers at the ceremony included Mayor Don Doran, Mas Odoi, David Tanabe and Beverly Dudder Ellis. Odoi had been born in a humble three-room



Photos courtesy of Mukilteo Historical Society  
June 9, 2000, Dedication Ceremony.

house in Mukilteo's Japanese Gulch. Seattle sculptor Daryl Smith designed and cast the bronze origami crane and commemorative plaque for the monument. The \$10,000 sculpture was paid for by private donations and gifted to the city by the Mukilteo Historical Society. The bronze plaque on the base of the monument includes the words peace and happiness written in English and Japanese. The monument continues to stand as a tribute and memorial to those early Japanese mill workers who came to Mukilteo seeking a better life.

house in Mukilteo's Japanese Gulch.

Seattle sculptor Daryl Smith designed and cast the bronze origami crane and commemorative plaque for the monument. The \$10,000 sculpture was paid for by private donations and gifted to the city by the Mukilteo Historical Society. The bronze plaque on the base of the monument includes the words peace and happiness written in English and Japanese. The monument continues to stand as a tribute and memorial to those early Japanese mill workers who came to Mukilteo seeking a better life.

#### Japanese Mill Workers

In the early 1900s, many Japanese men came to Mukilteo to work for the large lumber mill here. In many parts of the region, competition from these foreign workers was not welcomed by American workers who were moving into the territory from the east. In nearby Everett, for example, some local citizens organized in 1904 and 1907 to drive out Japanese workers from the Clark-Nickerson Mill.



Bronze Plaque on Japanese Memorial.

see **ANDERSON** page 8 ▶

# LETTERS TO THE EDITOR

## Letters spreading inaccurate information, writers should cite expert sources

I'm not sure why the Beacon feels it is necessary to publish letters that deny science, as this just spreads disinformation. At least don't publish letters that make us slap our head and burst out laughing. Eric Wallin claims that "social engagement allows us to ward off cold, flu and even cancer more effectively."

Where do I begin? No, no and no. Being exposed to people with colds and flu only increases our chance of getting it, especially if we have not had the flu vaccine. Cancer is not transmissible between people. I suppose that smoking makes us immune to lung cancer?

Leslie Gregg states that "experts" say that herd immunity is the best way, absent a vaccine to protect the most vulnerable from infection. Actually, this is the exact opposite of what the CDC states. Herd immunity is achieved primarily through vaccination. Waiting for herd immunity to occur absent a vaccine is not a good public health strategy.

The Imperial College of London published a report predicting up to 40 million worldwide deaths in 2020 if we did not have lockdowns. In the future, please state what "experts" you are referencing. I can go on YouTube and find "experts" that state the earth is flat, but I've yet to see documented evidence of the end of the earth.

George Briggs  
Edmonds

### Online Poll

**Last week's question & results:**  
Do you wear a mask when you do leave your home for essential trips?  
• 48.8% Said **ALWAYS** • 12.2% Said **NEVER**  
• 19.5% Said **MOST THE TIME**  
• 19.5% Said **SOMETIMES**

**This week:**  
A new political committee, Preserve Mukilteo, is opposed to the government's efforts to promote low-income housing in the City.

**This week's question:**  
Should the City be actively working to

encourage low-income housing or should the market determine housing costs?

**We want to know what you think:**  
Vote online now at [www.mukilteobeacon.com](http://www.mukilteobeacon.com) and look for the results in the June 10 issue of The Beacon.



# CHUCK'S WORLD

## Look at the church, look at the steeple

I was thinking about Vaughn Meader the other day, so my unconscious appears to be totally in charge now. I won't tell you about my dreams.

Vaughn Meader was one of the most famous people in America, for about a year. In the early 1960s, this 20-something was performing a comedy act in small clubs and bars when it was pointed out that his voice sounded familiar.

Meader, a Maine native, had a distinctive New England accent, and he discovered that by tweaking it just a little, and blessed by a thick head of hair and a familiar profile, he could get some attention as a presidential impressionist. He didn't really sound that much like President Kennedy, but it was close and it was funny.

Meader went on to star in "The First Family," a comedy album that quickly became the best-selling record in American history. That's not a typo, although the Beatles soon obliterated its place in history.

Meader became famous, sort of rich, and incredibly popular, performing constantly around the country. And on Nov. 22, 1963, his career became obsolete over the course of six seconds or so when Kennedy was assassinated in Dallas.

He never recovered, always being associated with the tragedy, although he seems to have found some peace and success as a bluegrass musician until he passed away from cancer in his 60s.

I'm only aware of his story because, like many children of the 1960s, I came across "The First Family" while searching through my parents' record collection at some point. The jokes were topical and confusing, but I was vaguely interested, and I remembered.

I know why he crossed my mind. I've been pondering this phenomenon that we're now seeing - tens of millions of Americans are newly unemployed, but some of those jobs aren't coming back, and some of them won't even exist.

Existential unemployment is a function of the future; automation has always been the bogeyman waiting for us, but this has been quick and dramatic. Many of these jobs literally will not be in a post-COVID world, at least not in their current form, and it's horrifying and still fascinating to observe.

Then there are those whose jobs will surely return to some semblance of normal life, but for the present they remain on hold, virus vamping for the duration. I'm thinking specifically of sports journalists; they seem to be focusing mostly on the past, occasionally on the future, the present being null at the moment.

I'm just a consumer of this, though, not a practitioner. I have no inside information or insight. I can just speculate from a distance.

But there is a job, or jobs, I have some familiarity with, and it happens to be in the news. I also happen to be sort of in the news business. There are no surprises here.

We all know about churches and COVID-19. We understand that these are vectors for disease transmission, close quarters with folks who feel comfortable being physical with each other, with lots of public singing and speaking in unison.

This feels not much different than asking everyone to cough at the same time. We see the problem.

And we see the conflicts. Most Americans don't go to church regularly, but those who do aren't atypical Americans. They skew older, they have a fair amount of preexisting conditions, and a large percentage of them are overweight or obese.

Pretty typical Americans, actually.

Churches should be among the last institutions to open back up, one would think, along with movie theaters, but churches are not movies. People who seek spiritual sustenance in places of worship take it personally when the doors are locked.

So we've seen the stories of resistance. We've heard cries of victimization, and the statements from the White House in support of this. We've seen the photos, and heard about the horrific outbreaks of disease, and a lot of us shake our heads and wonder.

If you're inclined to suspect religious people have a screw or two loose, this won't change your mind.

Maybe I can help, then. My wife is an associate pastor of a Presbyterian church in the south Sound. I have collateral experience with this, and I see what's happening in our region (and around the country, but let's stay local for the moment).

Most churches remain in limbo with no services scheduled, although a lot have taken pains to note that they're not closed. You can't close faith, in other words. You can lock down the building - that's about it.

The church she works at, which I attend regularly, last met on March 8. Others shut down sooner, some later, but not because of a government edict. Because it's the responsible thing to do.

The squeaky wheels are always going to hoard the grease. The largest faith systems in this country have all had important religious holidays during this pandemic: Purim, Ramadan, Easter. They've all managed.

I have tremendous sympathy for the sense of loss; I share it. I just wanted to point out that most churches are acting responsibly, as are most people. Church leaders, like teachers, are working overtime, utilizing technology as well as old-fashioned communication to adjust to this new world.

The faithful among us aren't that different than the sports folks, really. We're all waiting for the season to begin, but in the meantime we're just going to stay safe and play ball.

You stay safe, too.

### CHUCK'S WORLD



CHUCK SIGARS  
CHUCKSIGARS@YAHOO.COM

# TRAVEL SKETCHER

## The beach is open!

### TRAVEL SKETCHER



TERRY - THE TRAVELSKETCHER  
MUKILTEO RESIDENT AND ARTIST

It was so nice to get out and do a sketch on location. Kids playing. Kites in the air. Folks just sitting on logs. Just a bit of normal feels so right. Stay safe as things open up. We need it.

Terry - the Travelsketcher is a Mukilteo resident who sketches anything interesting that catches his eye. To see more of Terry's sketches, visit <http://www.penink-andpaint.com> or follow him on Instagram at "thetravelsketcher." Email him at [terrylchristo@gmail.com](mailto:terrylchristo@gmail.com)



# WEEKLY WORSHIP

## A Reminder of what really Matters

The recent coronavirus has caused many to experience feelings of unhappiness, anxiety, and even fear - which makes the quest for inner happiness and contentment challenging, to say the least.

### WEEKLY WORSHIP



BY AZIZ JUNEJO  
AZIZJUNEJO@YAHOO.COM

In Islam, God puts a great emphasis on a sound heart, which always leads to contentment no matter what condition you find yourself in - humility and simplicity are the keys to real contentment.

#### God says in the Quran:

*And let me not be in disgrace on the Day when (men) will be raised up, The Day whereon neither wealth nor sons will avail,*

*But only he (will prosper) that brings to God a sound heart."*

- Quran 26: 87-89

Think of the last time you really felt content before this pandemic and you may remember it was a wonderful sensation and state of mind. Contentment is usually built on a simple belief structure, one that focuses on love, appreciation, and satisfaction.

Being content is a priceless asset. It cannot be bought nor gained through wealth nor reputation. We express contentment when we show appreciation for friends' success without envy, or when we forgive others for their mistakes and faults.

We can choose whether to be content or unhappy; it is not necessary to feel victimized

when life tosses misfortune our way. Just by being humble and focusing on the countless blessings God has given us all, our hearts grow more sound, and we find ourselves more at peace with everyone and everything around us.

Simplicity is relative, of course, but I wonder how many of us today would be willing to simplify our lives a little in order to feel a lot happier. What if we started to desire less, spend less and live a simpler life, could we still feel satisfied and content?

Prophet Muhammad said, "Riches does not mean having a great amount of property; real wealth is self-contentment." Yet if we look around the world today, we don't much see this idea in practice.

Examining why we want more may be at the root of solving this predicament. So many people today are in financial difficulty because of the pandemic or they used credit to buy more than they could afford. They may have felt happy and satisfied with their purchases - until the bill arrived.

The pursuit of contentment is not about money, possessions, and popularity. It's a matter of being satisfied with and appreciative of what we have, while being happy for others' successes and accomplishments.

During these times, spend some quality time yourself through contemplation and examine how contentment can be reflected more through your actions and deeds.

For a sounder heart, embrace simplicity, appreciation, and satisfaction, and you will see that inner happiness is really in your own hands.

## Incumbent State Reps. Ortiz-Self, Peterson both draw two challengers

Incumbent State Representatives Lillian Ortiz-Self (D-Mukilteo) and Strom Peterson (D-Edmonds) each have drawn two challengers for the Aug. 4 primary.

In the 21st Legislative District, Position 2, incumbent Ortiz-Self faces perennial candidate Willie Russell, who states no party preference, and Amy Schaper, a Republican

from Mukilteo.

In the 21st Legislative District, Position 1, Peterson faces Democrat Grant Diede of Ever-

ett and Brian Thompson, who lists his party as Constitution,

see **INCUMBENTS** page 11 ►

### Corrections

In the May 13 story "Mukilteo School District nurses honored by residents," incorrect information was published about two nurses. Michaela Flor has been a school nurse in Mukilteo for two years, and Laury Lorz has been a school nurse for 12 years. The Beacon strives to write fair and accurate stories and will run corrections when warranted. Contact Editor David Pan at [mukilteoeditor@yourbeacon.net](mailto:mukilteoeditor@yourbeacon.net).



### News Tips

The Beacon invites readers to share story tips and ideas. If you see or know of some news deserving of coverage, email Editor Paul Archipley at [mukilteoeditor@yourbeacon.net](mailto:mukilteoeditor@yourbeacon.net) or call the newsroom at 425-347-5634 ext. 233.

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# FREEWHEELIN'

## How to cope with the emotional rollercoaster of change

At 12:01a.m., a notification arrives in Dan's email, and we see it at breakfast. Our flights from Lyon to Seattle set for June 30 are closed. Our hearts dropped. We have a series of commitments set up. Now what?

We're told the flight is canceled, refer to the website for further information. On the website they announce, "Due to the CV, we are having a hard time keeping up with changes. Please be patient." There is no help-desk phone number to be found either on the website or on the email. Now what?

We check out the internet (Google flights). The flights are 36+ hours, normally 19, and there's an obligatory overnight in Frankfurt. The price was nearly double. Now what?

I remember that I had called the airline company three weeks ago. Oh, the number is in my "recent calls." I finally get into the right phone menu, and after 27 minutes on hold, the call hung up. Big sigh, I call again. Finally, I could speak to someone, but only in French. It's a good thing my French is up to par. The agent found us tickets for five days later for the same price and the same number of hours, only 19, until arriving in Seattle. Yay!

It was an emotional rollercoaster of a morning. First the disappointment, then some fear that we'd not get back, then buckle down determination to find a way, finally vindication. We succeeded. For now.

It's a strange time in our existence. We set out on this adventure intending it to be a lifestyle for this time in our lives. Over the last eight months we've become used to visiting chateaus and museums and ancient building sites.

The virus has interrupted our explorations, and being upset is no use. In fact, we are extremely blessed. We connected and became



Despite unplanned challenges brought on by the worldwide pandemic, SharonAnn and Dan find blessings everywhere they go, including making new best friends in the Lyon region of France.

good friends with Monique and Bernard last fall during a spontaneous visit. They live in rolling hills and vineyards about 30 minutes from Lyon. We never imagined we'd be confined together for over two months. On the eve of our arrival to pet sit, their own dream of travel to India was canceled. Despite their own disappointment, they opened their home and hearts to us.

Yes, there are more changes. The June pet-sit canceled. In subsequent discussions the four of us worked out that it was a good thing. We can pet-sit right where we are with the two cats and two chickens. Monique and Bernard can go on a trip with confidence that we are excellent caretakers. An additional change came in two days ago when the May pet-sit lady pushed us out to May 15, so we'll be here even longer than planned.

see HAMILTON page 10 ▶

# PRIMELIVING

A F O C U S O N T H E G O L D E N Y E A R S

## Understanding rare cancers

### 4 facts to know about one type of rare cancer

Although rare cancers don't occur often, they can affect people of all ages and genders.

A rare cancer is defined as fewer than 15 new diagnoses per 100,000 people per year, according to the National Cancer Institute (NCI).

Additionally, as noted by the American Cancer Society (ACS), the 5-year survival rate is lower for people diagnosed with a rare cancer than for people living with more common cancers. Greater awareness of rare cancers may lead to earlier diagnosis and management, and potentially better survival rates.

There are more than 50 types of soft tissue sarcomas (STS). STS account for about 1% of all cancers and affect soft tissues such as muscle, fat, nerves, blood vessels and skin. Although STS can be found in any part of the body, they are often in the arms or legs, internal organs, the back of the abdominal cavity or in the trunk, head and neck area.

If you have recently been diagnosed with STS, it's important to ask your doctor for more information about the specific sub-type you have. For example, if you received a diagnosis of undifferentiated sarcoma, ask your doctor for an integrase interactor-1 (INI1) test to see if you have a rare STS called epithelioid sarcoma (ES).

STS can be visible or invisible depending on location. STS may appear as painless bumps under the skin, usually on arms or legs. Some sarcomas begin in the abdomen and typically don't show symptoms until they grow and press on nearby organs, nerves, muscles or blood vessels. When this occurs, symptoms can include pain and trouble breathing.

Early diagnosis can help inform disease management. As with other types of cancer, early diagnosis of STS is key, as earlier treatment may result in more favorable outcomes. Because other conditions can cause similar symptoms, it's important to check with your doctor if you are experiencing any of the warning signs listed above. If your doctor decides it's best to "watch and wait," consider developing a six-week follow-up plan in partnership with your health care team if



Photo courtesy of Getty Images

your symptoms have not improved.

Seeking care from a specialist is key. Given the rarity of STS, finding a sarcoma specialist who understands the complexity of this rare disease can help determine which treatment option is best for you is important.

Treatment options depend on multiple factors, including your overall health, the location and type of tumor, its size and whether the disease has spread elsewhere in the body. STS are typically treated with a combination of options including chemotherapy, radiation therapy

and surgery.

A specialist may also speak to you about participating in a clinical trial where investigational therapies in STS are being studied.

### Learning More About Epithelioid Sarcoma

A rare type of STS, epithelioid sarcoma (ES) accounts for less than 1% of all STS, which themselves account for approximately 1% of all cancers, according to research published in "Archives of Pathology & Laboratory Medicine." ES can pre-

see RARE CANCERS page 10 ▶

# HERE'S TO YOUR HEALTH

## Is it seasonal allergies, or novel coronavirus?

With the warmer spring weather, many people are noticing a familiar set of symptoms: itchy eyes, scratchy throat, and runny nose. We are well into allergy season, which actually starts in mid-February in our region.

### HERE'S TO YOUR HEALTH



BY DR. SHAWN MORRIS, N.D. NATURAL HEALTH FAMILY MEDICINE PRACTITIONER

Tree pollen peaks in March, followed by grass pollens in April, and weed pollen peaking in May. Of course, this year something else is on our minds: novel coronavirus. Allergy symptoms can resemble respiratory infection, and may include cough from post-nasal drip, shortness of breath, and headache, along with common symptoms like dry eyes, a sore throat, and nasal congestion.

Fortunately, we can tell the two apart in a few ways. If symptoms are coming on, grab a thermometer to check for fever. Fever can also show up at night as night sweats. If you do have a temperature above 99 degrees F, along with shortness of breath, fatigue, and a cough, an infectious cause is more likely.

A sudden onset of shortness of breath is a key coronavirus symptom, as well as loss of taste, which typically would not happen with allergies. Because coronavirus runs a mild course in most people, it's best to self-isolate for a few days to make sure you're not fighting an infection with any new respiratory symptoms. For seasonal allergy sufferers, check out the info below for holistic treatment:

### Balancing inflammation

With allergies, lowering overall inflammation reduces symptoms. With inflammation, free radicals flood our body tissues causing damage. Free radicals run around the body hunting for electrons to complete their outer ring. They steal electrons from cells, tissues, and even DNA. The inflammation caused by free radicals

is an underlying cause of many diseases, and definitely worsens allergies.

We build up free radicals with poor diet, sleep disturbance, heightened stress, chronic infections, and toxin exposure. Improving the diet by avoiding refined and processed foods, excess sugar, and fried foods lowers inflammation overall.

To calm inflammation, add antioxidants to the diet. As electron donors, antioxidants give the hungry free radicals the electrons they crave. Vitamin C — which is found in citrus and leafy greens — is an incredibly safe and effective antioxidant. Vitamin C also helps break down histamine.

For best results, supplement with 1,000 mg up to three times per day during allergy season. Flavonoids are another class of plant antioxidants that calm free radicals. Turmeric and berries, like raspberries, blueberries, and blackberries, are packed with flavonoids. Adding these foods to your diet will calm inflammation and improve allergies.

### Calming histamine with quercetin

One flavonoid that targets histamine is quercetin. Quercetin is an ancient compound. As plants developed 700 million years ago, they made flavonoids like quercetin to combat oxidative stress. The flavonoids scavenge free radicals in the plant tissue as well. As humans evolved, we became reliant on plant flavonoids like quercetin to heal and protect ourselves. For allergies in particular, quercetin blocks histamine release from the immune cells.

Allergies involve a lot of histamine release, triggered by white blood cells called eosinophils. Usually, eosinophils help the body fight off viruses, parasites, and other infections by causing mast cells to release histamine. Histamine opens up blood vessels to allow other types of white cells to pass through to fight an infection.

see MORRIS page 10 ▶



Community Connection Convenience

## SAVVYSENIOR

### Grocery and meal service delivery options for seniors sheltering in place

Dear Savvy Senior, Can you recommend some good grocery and/or meal service delivery options for seniors? My 78-year-old mother has always shopped for herself, but since the coronavirus pandemic hit the grocery store shelves are always half empty, and she's getting more fearful of leaving the house.



BY JIM MILLER

right now, so some services in your mom's area may be greatly delayed or temporarily unavailable. That said, here are some good options to look into.

### Grocery Delivery Services

Today, there are a variety of websites and apps that allow you or your mom to shop for groceries and other household goods without having to step foot inside a store.

Most of these services offer memberships (fees usually run around \$100/year), which will get you or your mom free deliveries on orders over \$30 or \$35. Or, they'll charge a flat delivery fee, which typically cost around \$8 to \$10.

Depending on where your mom lives there are numerous grocery delivery services like Instacart ([instacart.com](http://instacart.com)) and Shipt ([shipt.com](http://shipt.com)), which work with a wide variety of grocery retailers, including national and local chains and are widely available throughout the U.S. They use independent-contractor shopper/drivers to pick up orders in stores and deliver them to you.

### Seeking Solutions

Dear Seeking, There are numerous grocery and meal service delivery options available to help seniors stay safe at home during this pandemic, but what's available to your mom will depend on her location and budget.

You should also be aware that because of demand, many grocery and meal delivery services are overwhelmed

right now, so some services in your mom's area may be greatly delayed or temporarily unavailable. That said, here are some good options to look into.

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You should also find out if there's a senior

see MILLER page 10 ▶

You should also check into Walmart's online grocery delivery or pick-up service ([grocery.walmart.com](http://grocery.walmart.com)), which is available in hundreds of locations across the U.S.; Amazon Prime Now ([primenow.amazon.com](http://primenow.amazon.com)), which is offered in many U.S. cities; Peapod ([peapod.com](http://peapod.com)) that's available in 24 metro markets; and FreshDirect ([freshdirect.com](http://freshdirect.com)) which serves the New York, Philadelphia and Washington D.C. areas and a few other select cities in the northeast.

### Meal Delivery Services

If your mom still enjoys cooking, another convenient option to consider is meal kit delivery services like Home Chef ([homechef.com](http://homechef.com)), Sun Basket ([sunbasket.com](http://sunbasket.com)) or HelloFresh ([hellofresh.com](http://hellofresh.com)).

Meal kits are subscription-based services that will send your mom a box containing fresh, pre-portioned ingredient items for that kit's recipe. All she'll need to do is combine the ingredients (some chopping, and slicing may be required) and cook it. Most meal kit services run between \$8 and \$12 per meal.

Or, if your mom wants a break from cooking, a great alternative is to set her up with a ready-made meal delivery service like Mom's Meals ([momsmeals.com](http://momsmeals.com)) or Silver Cuisine ([silvercuisine.com](http://silvercuisine.com)). Both of these companies, which cater to older adults, offer a wide variety of healthy, fully prepared meal choices (just heat and eat), that accommodate a host of dietary needs for those managing diabetes or needing heart-friendly and/or lower-sodium meal options.

Mom's Meals, which run \$7 per meal plus delivery, arrive fresh and will last up to 14 days in the refrigerator. Silver Cuisine meals are delivered frozen and cost \$12 or \$13 per meal.

You should also find out if there's a senior

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# Harbour Pointe teacher takes over Kamiak hoops program

BY DAVID PAN  
REPORTER@YOURBEACON.NET

After wrapping up his first season as the head boys basketball coach at Bishop Blanchet High School, Joe DeGrazia planned on continuing with the Braves.



Joe DeGrazia

"It was right in my backyard," DeGrazia said. "How could I not apply for that? I'm fortunate that it worked out."

DeGrazia was officially hired as the Knights' new coach last week. He replaces former coach Brandon Corsi, who said he stepped down to spend more time with his family.

In a news release announcing the hiring, Kamiak athletic director Sean Monica said, "We had a very deep candidate pool for the head boys basketball position, and coach DeGrazia (emerged

from a highly competitive process as the clear choice for our interview committee. Coach DeGrazia is a true student of the game, and utilizes a growth mindset to support his players' personal, academic, and athletic development."

Said DeGrazia, "I'm very excited. I'm fired up to get started."

Since he teaches right next door to the high school, DeGrazia comes in with some familiarity with the Knights, especially the incoming junior class.

"Some of them are former students," said DeGrazia, who teaches social studies and science.

Tijan Saine and Nolan Martin are two current Knights DeGrazia has worked with in the classroom.

"Those guys are really great. I had a really good experience teaching them," DeGrazia said. "I'm looking forward to coaching them."

Kamiak graduated only one senior from a team that advanced to the district playoffs. Typically, teams would be right in the middle of spring tournaments and leagues. But the COVID-19 pandemic obviously altered those plans.

DeGrazia said he's heard some organizers are hoping to reschedule for July.

But since DeGrazia already knows some of the Knights, he said that the

potential loss of off-season activities might not be as difficult to overcome.

DeGrazia is just getting started to know the incoming six-member senior class.

"I haven't met too many of them yet," he said. "I'm starting to schedule Zoom meetings with them. I've heard they're great leaders and great players."

Prior to taking over at Bishop Blanchet, DeGrazia spent three seasons as an assistant coach at Redmond under Todd Rubin, who DeGrazia described as one of his coaching mentors. DeGrazia then was an assistant at Lake Washington for one year before taking over at Bishop Blanchet.

While some might think of coaching and teaching as separate endeavors, DeGrazia views them as a package deal.

"I'm a teacher/coach," he said. "I think they are one and the same."

The qualities of a good coach and teacher include the ability to communicate with kids and to provide opportunities for them to grow into leaders, DeGrazia said.

"I want kids to leave the program knowing they have lifelong relationships with their coaches and teammates," he added. "I want them to be leaders and to stand up for what they

believe in. ... I want them to serve and influence other people."

DeGrazia's approach on the court depends on who shows up to play.

"I tend to base my style on the personnel," he said. "I think about the players we've got, what they can do and how they can be best utilized. ... I seek input from them - what their strengths are, what they think. Then I form an offensive and defensive game plan and system."

The year at Bishop Blanchet taught DeGrazia a lot about the logistical and organizational aspects of being a head coach.

"I won't have a learning curve with that," DeGrazia said.

DeGrazia, 28, can pinpoint the start of his interest in becoming a teacher and coach to the summer before his senior year at Edmonds-Woodway High School. He broke his pinkie on his right hand and wasn't able to play that summer with the Warriors. Rubin, then the head coach at Edmonds-Woodway, offered DeGrazia the opportunity to coach the incoming freshmen, even though as an 18-year-old he wasn't much older than his players.

"I found it to be really rewarding," DeGrazia said. "There was a lot of joy leading young people. I sought opportunities to serve and mentor youth."

from ANDERSON page 4

Although there was some initial resistance in Mukilteo, efforts to drive out Japanese workers here failed because of the strength of the Crown Lumber Company, which needed these workers. In 1905, our population was estimated at 350, of which 150 were Japanese families who lived in Japanese Gulch and whose breadwinners worked at the lumber mill.

Crown Lumber had one employee called the "book boy," who represented the Japanese employees in all matters related to their work, recruitment, families, and housing. The company considered

their Japanese mill workers to be industrious and trustworthy employees, who needed very little supervision once they were instructed in their jobs.

Common labor rates for Mukilteo's mill workers in the early 1900s were \$2.00 to \$2.50 per 10-hour workday. The mill operated six days a week. In 1918, unions succeeded in obtaining an eight-hour workday and, by 1930, the labor rate had increased to \$3.50 per day for eight hours work.

Mukilteo's historic Pioneer Cemetery contains grave markers honoring three Japanese employed by Crown Lumber: Tokumatsu Shirai, who was killed when



Photo courtesy of Mukilteo Historical Society  
Minidoka Relocation Center in 1943.

a large log rolled over him in 1908, Goro Wadatani, who died of apoplexy in 1908, and Rikimatsu Okamura, who died in 1913. Although no marker has been found, a baby girl, Kaijo Tamai, died of crib death in 1918 and is also believed buried here.

### Life in Japanese Gulch

With support from Crown Lumber, Mukilteo's Japanese community built a village in a ravine just above the lumber mill. The village comprised a number of unpainted dwellings situated about 600 feet along each side of a plank and

dirt road. A creek ran down the ravine from large reservoirs higher up in forested land. Deep pools along the creek's mile-long course provided fish for consumption. Japanese elders built a large community center for programs, movies, games and other recreations.

Over time, the residents of Mukilteo and Japanese Gulch began to reach out and learn from each other. As they did, their initial prejudices and mutual suspicions began to wane. One important step was the decision by the Japanese to buy their goods locally instead of importing goods from merchants in Seattle. Many of the Japanese quickly recognized the importance of learning English and trying to understand American customs.

During her school years, Clara Kane remembers teaching Japanese people to read, write and converse in English. She met with the men three days a week in the evenings and women and children in the afternoons. The women also wanted help in sewing, cooking and baking American style. Clara continued teaching the Japanese up until Crown Lumber closed in 1930.

The Japanese children were very good

see JAPANESE HERITAGE page 9

## Mukilteo Foursquare Launches Sunday Services On Facebook Live

The Covid-19 shutdown has changed how churches conduct services without gathering members into church buildings. In response to the restrictions on public gatherings Mukilteo Foursquare has started live streaming their Sunday services on Facebook Live at 10 am.

This presents a good opportunity for newcomers to sample our services from the comfort of their own homes.

We hope you'll join us on [Facebook.com/MukilteoFoursquare](https://www.facebook.com/MukilteoFoursquare) this coming Sunday.



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### Fine Arts Student of the Week



KAMI-AK

The cast of Urinetown the spring musical was 6 weeks into rehearsals when schools were closed. With all the music and much of the choreography under their belt they continued to work independently in the hope that they would be able to perform their show. Over the coming weeks they discovered their show was cancelled. Opening night would have been May 1st and though their show can't be performed, they did fantastic work right up until the last minute. The cast has handled this heartbreak with grace and class and have continued to support each other. This is especially for our seniors whose final Kamiak Musical was cancelled. Even though the show can't go on, the cast and crew should be very proud of everything they've accomplished.



Urinetown Cast  
DRAMA

### Athlete of the Week



KAMI-AK

Leah Robison is the only player on the Kamiak Tennis Team this year that was playing on the varsity for her 4th year. She had been selected as the team captain and was ready to lead the team when all athletics were halted in the 2nd week of practice. Since her freshman year, Leah climbed the varsity ladder from playing doubles up to the #1 singles player last season. Last year she earned a berth to state and represented Kamiak proudly. She was ready this season to compete and hopefully earn another trip to state. Leah has always been an athlete that has demonstrated true sportsmanship, what it means to be a student-athlete and a work ethic that has lead her to accomplishing her goals on the tennis court.



Leah Robison  
Girls Tennis



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► from **JAPANESE HERITAGE** page 8

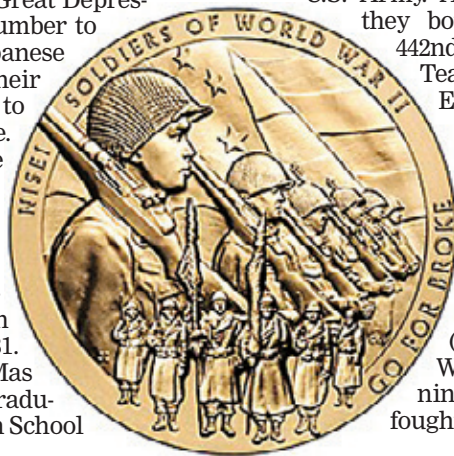
students in the Rose Hill School and Everett High School. Realizing they were not taxpayers, the Japanese wanted to make contributions to the Rose Hill School. They paid for one of the utilities, bought the curtain for the stage, and donated two busts – one of Washington and one of Lincoln.

**Sad and Difficult Times**

Mukilteo's economy was inextricably connected to its lumber mills, so their closure in 1930 had a devastating impact on the community. The Great Depression forced Crown Lumber to close, and all the Japanese mill workers and their families moved away to find work elsewhere. The thriving village that had been at Japanese Gulch became abandoned.

Mukilteo's Odoi family moved to Nacotta, in southwestern Washington in 1931. Their twin sons, Mas and Hiroshi Odoi, graduated from Ilwaco High School as co-valedictorians in 1939. Mas was Congressional Gold Medal awarded to Japanese-American soldiers in WWII.

work with his brother on nominations for medal citations. The 442nd RCT is the most decorated unit of its size in U.S. military history. The unit earned more than 18,000 awards in less than two years, including 9,486 Purple Hearts and 4,000 Bronze Star Medals. The unit was awarded eight Presidential Unit Citations (five earned in one month). Twenty-one of its members were awarded Medals of Honor. In 2010, the Congressional Gold Medal was awarded to the 442nd Regimental Combat Team and associated units who served during World War II. In 2012, all surviving members were made chevaliers of the French Légion d'Honneur for their actions contributing to the liberation of France and their heroic rescue of the Lost Battalion. A high percentage of Japanese-Americans from Mukilteo served in the army during WWII. Besides the Odoi twins, those in the 442nd RCT included Toku Wakabayashi, Yukio and Bob Takeuchi, and Hideo Onada. Those who served in the Pacific Theater included Shigeo "Conk" Takeuchi, Yasuo Onoda and Roy and Isao Hada.



Congressional Gold Medal awarded to Japanese-American soldiers in WWII.

the units did not extend to the ceiling and the barracks had no insulation. There was little to no privacy for anyone. At its peak, Minidoka held 13,000 detainees. It is now a National Historic Site, although few of the original structures remain.

**Loyal Americans**

Despite their mistreatment during the war years, most Japanese who had lived in Mukilteo's Japanese Gulch retained good memories of their lives there and became solid citizens. As soon as restrictions were lifted, twin brothers Mas and Hiroshi Odoi volunteered to serve in the U.S. Army. After training in 1944, they both joined the famed 442nd Regimental Combat Team and fought in the European Theater.

The 442nd RCT is best known for its history as a fighting unit composed almost entirely of second-generation American soldiers of Japanese ancestry (Nisei) who fought in World War II. Beginning in 1944, the regiment fought primarily in the European Theatre, in particular Italy, southern France, and Germany. Many of the soldiers from the continental U.S. had families in internment camps while they fought abroad.

In March 1945, the 442nd RCT was secretly shipped to Italy to breach the Nazi Gothic Line in the Apennine Mountains. During the opening attack in the early morning of April 5, 1945, a mortar exploded behind Mas Odoi, riddling his leg and body with shrapnel. Though painful, they were not as serious as the artery injury on his throat where he could feel a spurting stream of blood. He temporarily lost consciousness, but woke up and staggered to his feet, limping to a tent hospital a few miles to the rear. Mas received a Purple Heart and Bronze Star, and spent the rest of the war in military hospitals recovering from his wounds. At war's end, he returned to his unit to

work with his brother on nominations for medal citations.

Despite the unconditional loyalty and heroism shown by Japanese-Americans during WWII, the nation was slow to recognize and repair the injustices they had endured as part of President Roosevelt's 1942 Executive Order. There was some opposition to the incarceration, leading to several court cases attempting to overturn the executive order. Despite these efforts, the Executive Order was not overturned until late 1944, with the case of Ex parte Mitsuye Endo in which the Supreme Court ruled the Executive Order unconstitutional. The court's ruling noted that two-thirds of the population being incarcerated were Japanese Americans who were United States birthright citizens and were stripped of their rights as citizens because of their ethnicity.

**Reparations**

Even with the Supreme Court ruling, it would take a long time for reparations and appropriate recognition. In 1983, almost 40 years after the war ended, the federal Commission on Wartime Relocation and Internment of Civilians found that there had been no military necessity

for the mass imprisonment of Japanese Americans and that a grave injustice had been done. Finally, in 1988, Congress enacted the redress bill, HR 442, that awarded \$20,000 to every Japanese-American evacuee, along with a presidential apology. On October 5, 2010, President Barack Obama signed a bill granting the Congressional Gold Medal, collectively to the Japanese-Americans in the 442nd RCT and the Military Intelligence Service for their extraordinary service in WWII.



Photos courtesy of Mukilteo Historical Society. Mas and Hiroshi Odoi with parents and sister at Minidoka Relocation Center before leaving for duty in Europe, December 1944.

After the war, Japanese-American soldiers returned to many different parts of the country. Mas Odoi moved to Chicago and started a TV repair business. There he met and married his wife Frances, and together they had two sons, Gary and Richard. Mas spent many years, first in Chicago and later in Los Angeles before returning to the Puget Sound area around 1990. Here he became an active member of the Mukilteo Historical Society, driving to many meetings and events even in bad weather. He was a popular speaker at various local venues, relating his life experiences after growing up in Japanese Gulch. The University of Washington awarded him an honorary degree as part of its program to recognize Japanese-American students that had been removed from their studies and sent to Relocation Centers in 1942.

Mas Odoi was instrumental in getting the Japanese Memorial built in Centenni-

see **MUK REVISITED** page 12 ►

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**Athlete of the Week**



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Dante Bowen has been a member of Kamiak Baseball all four years of his high school career. I had the pleasure to coach Dante during our shortened 2020 season. His pride and loyalty to the baseball program should be the standard for all upcoming baseball players. Our last team scrimmage of the season, Dante made a highlight reel worthy play in centerfield. With the many positives our program had in two weeks, Dante's catch definitely tops it off.



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from **HAMILTON** page 6

We'd scheduled a three-month pet-sit nearly a year ago that was canceled this week due to the hosts heading for Spain and feeling their dream vacation would not be as urban-rich, or back normal by then.

We are learning flexibility, and are we ever! It's like hopping from one running horse to another as the trick riders do. Dan is starting to call himself "Flexi-Dan."

The best way we know to manage our stirred-up feelings of not being in control is to walk. So off we go for a longer walk than usual. We walk up

the country road, let a car go by, past the fenced area with the white horse, turn right up the hillside and step into forest.

It's magical. We smell the green of trees growing. Wildflowers of all colors are popping out, the birds are singing, and the echo of the cuckoo bird so loud we think we're in a jungle. Out comes the phone, and we video the forest serenade for our media stories.

As we walk, we talk and process the changes. The last two months have taught us much about trust. We always pray that doors will open, that we will be led to wherever we are supposed to be. Part of the journey is realizing that when our plans must

change, a door is closing, and, it is good. Guess what? Every single time a door has opened into something better.

Living with uncertainty is hard. Part of our uncertainty is because we lack a home base. We decided last year to travel and pet-sit around the world, and would not need a house. Everything we wanted to keep went into storage, and we'll buy a new home eventually.

The house-sitting sites we use have been impacted. Many hosts have canceled vacation plans. Some countries have closed borders, and there is still general population lockdown. We don't have much competition for a pet-sitting assignment because

of our great reviews, skills and languages, so when there is an opportunity we will reach out. We're confident the right door will open.

We're excited about the next two months here. On May 15, we'll be at the base of the Pyrenees and will have new trails to walk, and we'll be able to tour a 60-mile radius from our new home.

In June, we'll be able to explore the beautiful, Roman crossroads, city of Lyon. Hopefully, the restaurants will open as we've heard this is the gastronomy center of France.

Do you know how hard it's been to be in such a beautiful country as France with its renowned bistros and restaurants, but not be able to go? On the plus side, I am developing an excellent sourdough bread-making skill, good wine at amazing prices is sold in grocery stores, and there is no

shortage of fresh fruits and vegetables, meat or anything we want.

People ask us how we are doing and how we feel about being "stuck" here. We are healthy and safe, we walk every day through the beautiful and lush land of Beaujolais vineyards and French countryside, and feel very, very blessed.

We say, "Life is good, very good."

Find out more: SharonAnn and Dan's latest [www.PetSittingAroundTheWorld.com](http://www.PetSittingAroundTheWorld.com) blog and Facebook by the same name. SharonAnn & Dan offer "How to" coaching services for future global travelers. Find out about her latest book "The Secret to RIGHTsizing" (a guide to redesigning your life), and register for the upcoming webinar that teaches and illustrates a major benefit of RIGHTsizing. Email is [info@lifedesigntips.com](mailto:info@lifedesigntips.com) today.

from **RARE CANCERS** page 7

ent as a lump or sore on the skin.

Notably, more than 90% of ES tumors do not express the INI1 protein, which when present acts to suppress tumor growth. INI1 loss plays an important role in the diagnosis of ES, according to researchers with "The American Journal of Surgical Pathology."

Data from the NCI indicates that approximately 150-200 people in the United States are diagnosed with ES each year. Research published in "The Journal of Clinical and Aesthetic Dermatology" found the disease often occurs in young adults in their 20s and 30s.

Because most ES patients are adolescents and young adults, there is a gap in the unique

psycho-social needs for this patient population, including resources for patients who miss school while undergoing treatments, as well as fertility considerations later in life.

If you or someone you love is living with ES, you can find resources, information and the real-life perspective of an ES survivor at [ESsentialsforES.com](http://ESsentialsforES.com).

-Family Features

from **MILLER** page 7

home delivery meal program in your mom's area. Meals on Wheels is the largest program that most people are familiar with, but many communities offer similar programs sponsored by other organizations that go by different names.

To find services available in your mom's area, visit [\[sOnWheelsAmerica.org\]\(http://sOnWheelsAmerica.org\), which offers a comprehensive directory on their website.](http://Meal</a></p>
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Most home delivered meal programs across the U.S. deliver hot meals daily or several times a week, usually around the lunch hour, to seniors over age 60. Weekend meals, usually frozen, may also be available, along with special diets (diabetic, low-sodium, kosher, etc.). Most of

these programs typically charge a small fee (usually between \$2 and \$6) or request a donation, while some may be free to low-income seniors.

Send your senior questions to: [SavvySenior](mailto:SavvySenior), P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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# Paine Field flights suspended until Aug. 1

Propeller Airports and Snohomish County announced that passenger service at Paine Field will be temporarily suspended through July 31 for aircraft ramp maintenance and repairs.

Due to a significant decrease in passenger numbers both at Paine Field and nationwide, the airport is taking advantage of this opportunity to expedite the time needed to complete essential safety work by months.

The maintenance and repair projects were originally scheduled to be completed in a phased approach over a four-month period. The ability to perform these upgrades all at once, avoiding passenger inconvenience is significantly more efficient and will allow the terminal to be better positioned to serve Puget Sound, Everett and the surrounding communities when service resumes later this summer. The schedule for this maintenance work has been coordinated with Alaska Airlines and United Airlines and approved by the FAA.

Paine Field's passenger terminal opened in 2019 and achieved a volume of more than one million travelers just

prior to its first anniversary, making it the fastest growing airport in the nation. The airport previously had five scheduled daily departures, down from 24 before the COVID-19 pandemic. When service resumes, it is anticipated that 24 daily departures will return to the airport.

"The travel industry has never faced an economic challenge of this magnitude," said Brett Smith, CEO of Propeller Airports, which designed, built and financed the terminal through a public-private partnership with Snohomish County. "We are going to use this temporary disruption to the advantage of Paine Field and our airline partners by completing necessary infrastructure improvements faster than we would have been able to while the terminal was open and flight operations were taking place."

Paine Field opened for passenger service on March 4, 2019. Over the past year, more than 8,560 flights have departed to 11 non-stop destinations, over 150,000 cars have been parked and more than 1,022,046 passengers served.

# Beacon publication date changes

Beginning in April, the Mukilteo Beacon will publish twice a month. Here are the current publication dates:

- April 8 & 22, 2020
- May 13 & 27, 2020
- June 10 & 24, 2020
- July 8 & 22, 2020
- August 12 & 26, 2020
- September 9 & 23, 2020

## INCUMBENTS page 5

of Mukilteo.

The general election is Nov. 3. Precinct candidates in Mukilteo include Jennifer Gregerson (Precinct 6 - Democrat), Christine Awad Schmalz (Precinct 5 - Democrat), Charles Liu (Precinct 19 - Democrat), Bridjette March (Precinct 2 - Democrat), Louis Harris (Precinct 8 - Democrat), Miguel Morga (Precinct 15 - Democrat), Riaz Khan (Precinct 20- Democrat), Bill Gregerson (Precinct 16 - Democrat), Kristina O. Melnichenko (Precinct 10 - Democrat), Stephen Lee (Precinct 7 - Democrat), Eric Chewront (Precinct 3 - Democrat), Georgia Fisher (Precinct 5 - Republican), Peter Zieve (Precinct 13

- Republican), Ron Mianeki (Precinct 4 - Republican), Eric Wallin (Precinct 11 - Republican), Terri Wallin (Precinct 11 - Republican), Amy Schaper (Precinct 16 - Republican), Bruce Hawkins (Precinct 20- Republican), Dan Matthews (Precinct 3 - Republican), Leslie Ann Gregg (Precinct 21 - Republican).

The Snohomish County Elections page has a full list of candidates who have filed at <https://bit.ly/2Z1FCVd>.

# POLICE BEAT

MAY 20

## PARKING

5100 blk. 80th St. SW. A parking complaint was lodged by a resident. The officer issued a warning notice.

## WELFARE CHECK

10800 blk. Harbour Pointe Blvd. Police engaged in a welfare check of a woman. No problems were reported.

MAY 19

## ANIMAL

11800 blk. Harbour Pointe Blvd. A resident reported seeing two deer. The animals were gone when police arrived.

MAY 18

## ORDER VIOLATION

3900 blk. Harbour Pointe Blvd. An officer arrested a man, who

was in violation of a court order.

## PARKING COMPLAINT

Double Eagle Dr./Harbour Point Blvd. An officer issued a parking warning.

## ASSAULT

6500 blk. 208th St. SW. A suspect was arrested.

## NOISE COMPLAINT

9200 blk. 46th Ave. W. A caller complained about loud music. Officers contacted the offending party and they agreed to turn the music down.

MAY 17

## WARRANT ARREST

13000 blk. Beverly Park Rd. During a traffic investigation, an officer arrested a driver on a warrant.

## WELFARE CHECK

8200 blk. Mukilteo Speedway. A man was transported to the hospital.

## COLLISION

9900 blk. Harbour Pl. A collision was reported and a driver was cited for a traffic offense.

MAY 16

## DOMESTIC VIOLENCE

5300 blk. Harbour Pointe Blvd. A woman was arrested for assault.

## TRESPASS ARREST

8500 blk. Mukilteo Speedway. A man was arrested for violating a trespass order.

## PROPERTY

600 blk. Front St. An officer discovered some lost property and booked it in as found property.

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## ► from BUSINESS VIOLATIONS page 1

Veterinary hospitals and clinics are allowed to be open, though.

Gregerson left her city email address as contact information, and she had no problem with the release of the information.

"Everything I do is 100 percent public," she said. "Everything I do is a public record."

Gregerson said that people generally voice two concerns when they see businesses that appear to be violating the stay-at-home order.

"They are really concerned about their own health and safety," she said.

The other issue is a matter of fairness when some businesses are complying with the state's directive and others are not.

"We should all be following the rules," Gregerson said.

The City subsequently has set up its own email address ([cv19violations@mukilteo.gov](mailto:cv19violations@mukilteo.gov)) where people can report businesses suspected of violations of the stay-at-home order.

## ► from ZIEVE GROUP page 1

said. "For instance, where and how someone can build a mother-in-law unit on their property."

The postcard said the City Council agreed to accept a \$100,000 grant from the state that encompasses a "Project Scope of Services" from a consultant. The group said the City Council voted to accept the grant without seeking approval of voters.

The City Council is scheduled to vote on a contract with BERK Consulting at its July 6 meeting.

Gregerson said that the state grant will pay for the housing study.

"Without the grant, the City will have to do the same work by 2023, but with Mukilteo taxpayer dollars instead," she said. "So it saves Mukilteans money."

Preserve Mukilteo also alleges in the

## ► from GREGERSON page 4

It is not a plan for the City to build affordable housing. Some residents expressed concern about The Vantage, a development outside our city limits in the county, which has subsidized units. There is no plan to pursue something similar in Mukilteo. The state laws mention that this plan should consider all income segments, those families with lower incomes, and those who can afford current market-rate housing. The tools might be different, and the action plan gives us a chance to learn about that, specific to Mukilteo.

I support the development of this Action Plan because I believe Mukilteans should be able to afford the homes they live in and lead their lives in this community. I grew up here, and am proud to continue to make it my home. However, this has become a tougher and tougher possibility for many. In the last 19 years, the median single-family house price has risen by almost 50%, after adjusting for inflation. But – the median household income has risen by only 7.2%.

City's grant proposal that "the mayor states that Mukilteo needs 2,600 units of low-income housing."

Gregerson said that number can be more accurately seen as, "We currently have 2,300 households living in our city who find it hard to afford their housing. They pay more than 30% of their income on housing. In the future, another 300 households in Mukilteo might be in the same situation."

This isn't the first time Zieve has used postcards for his views. In 2016, Zieve expressed his concerns – through anonymously sent postcards – about an Islamic group's plan to build a mosque in Mukilteo. He later apologized for sending the postcards.

*Information on housing in Mukilteo can be found at <https://mukilteowa.gov/departments/planning-development/housing/>. Preserve Mukilteo can be contacted at [preservemukilteo@gmail.com](mailto:preservemukilteo@gmail.com).*

Fewer and fewer families are able to purchase a home, and rental rates countywide have risen by 32%. Ensuring that members of our community can find homes they can afford to live in has always been important. But this growing divergence between housing prices and income means that more and more families are impacted. The most affordable place to buy in Mukilteo requires a household income of \$127,000 a year to afford. The essential people who work at our grocery stores and restaurants will never be able to consider owning a home in Mukilteo. How about renting? Today, one must earn \$60,000 to afford a one-bedroom apartment, and even if you have a roommate or partner, options are limited.

When homes are not affordable near jobs, people are forced to commute

farther and farther, spending more on transportation and impacting travel for all those who are commuting. There are no easy answers to this problem.

Housing is a very personal matter to each of us – the type of home we choose, if we are lucky enough to be able to make that choice, and where that home is located; where our kids choose to live, and what options are available when the family home is becomes a little less full, and our needs change. These are personal issues, and we each bring our own perspectives.

I look forward to a public conversation this year once we have the pieces in place at the City, with the consultant contract approval to start work. For me, this is about our seniors' and our kids' abilities to make their home in this community.

## ► from MUK REVISITED page 9

al Park. He wrote letters as early as June 1989, proposing a memorial and worked tirelessly with the Historical Society for over 10 years to bring his proposal to fruition. The words "Peace and Happiness" that appear on the monument plaque reflect his philosophy of life and fondness for the people of Mukilteo. He was named Mukilteo's 2008 Pioneer of the Year and participated in that year's Lighthouse Festival parade and reception.

Mas Odoi died July 28, 2013, and was buried with full military honors at the Tahoma National Cemetery in Kent, Washington. His nephew, Steve Odoi is an active member of the Mukilteo Historical Society, continuing the family's tradition of community support. Steve spends most of his time in Alaska, but is currently visiting Mukilteo, so be sure to say hello if you see him. The monument in Centennial Park stands as a reminder of the contributions made by Japanese immigrants and their descendants to the community spirit we share today in Mukilteo.

*Author's note: Portions of this article are taken verbatim from a brochure "The Mukilteo Japanese Memorial" published*



Photo courtesy of Mukilteo Historical Society

Mukilteo's Japanese Memorial at Centennial Park.

by the Mukilteo Historical Society.

The Mukilteo Historical Society is always looking for new members. For more information, visit [mukilteohistorical.org](http://mukilteohistorical.org).

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