

Edmonds Beacon

YOUR HOMETOWN NEWSPAPER

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2022 budget: Bargaining, bickering

Budget meeting continues over two consecutive days

BY BRIAN SOERTEL
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Editor's note: The latest information on the Edmonds City budget will be updated at edmondsbeacon.com.

The Edmonds City Council on Tuesday, Nov. 16, worked its way through about a third of the so-called decision packets – the wants of both City staff and councilmembers – the final stage of approving the 2022 budget. That meant the budget hearing continued on Wednesday, Nov. 17. The evening included a healthy dose of mudslinging as well.

Among the items approved

- A satellite office on Highway 99 in the Safeway parking lot, to be staffed by a part-time worker, with space for police officers. The cost is \$166,576, as proposed by Edmonds Mayor Mike Nelson.
- An additional \$20,000 for sidewalk repairs.
- \$50,000 for the Edmonds Center for the Arts to support the city's performing arts center, which suffered losses during the COVID pandemic.
- \$60,000 for an Edmonds Marsh consultant contract to complete a study done by Windward, which the City contracted in 2017 to provide an 18-month site-specific scientific study that would address a num-

see **CONTENTIOUS MEETING** page 17 ▶



From left: Alice Rud, assistant Thrift Store manager, and volunteer Jennifer Plaisance.

Beacon photo by Daniel Johnson

EWC Thrift Store wins King 5 'Evening' award

Senior Center program voted best thrift store in western Washington

BY BRIAN SOERTEL
EDMONDSEditor@YOURBEACON.NET

The Edmonds Senior Center Thrift Store – a program of the Edmonds Waterfront Center – has been voted best thrift store in western Washington in the King 5 "Evening Best of Western Washington Awards."

The award is scheduled to be announced

Friday, Nov. 19, on King 5.

"The volunteers are thrilled that the customers voted us the best thrift store in western Washington," said Thrift Store manager BJ Whitman.

"There are 70 volunteers who volunteer at the store supporting programs for seniors. It is gratifying to have such support."

All the proceeds from the Thrift Store directly support programs offered by the Edmonds Waterfront Center for seniors in the region. The programs range from health care to classes, activities, and field trips.

Building social connections is a key component of all the programs.

The store relocated to the Westgate neighborhood, at 22820 100th Ave. W, Suite 12, after the EWC was built.

The Edmonds Senior Center (ESC) serves approximately 4,000 seniors annually with a broad range of programs and activities. The new Edmonds Waterfront Center, owned by the ESC, was built on the same site but operates as a multigenerational activity center, serving a much larger demographic in an expanded timeframe.



Photo courtesy of ManageMowed

James Jakobsen, left, and Peter Roberts run their nationwide landscaping business from Edmonds.

E-W grads building up a franchising business

Landscaping duo ready to give back to their hometown with free service

BY BRIAN SOERTEL
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Two decades ago, two Edmonds-Woodway High School students formed a landscaping business not long after graduating. They soon found plenty of success helping owners enhance their curb appeal.

But Peter Roberts and James Jakobsen learned a hard lesson during the recession of the late 2000s, as many homeowners decided to shift their dollars elsewhere. So they dove into the commercial landscaping business and discovered they'd found their niche.

Today, Roberts and Jakobsen run a highly successful business – including staff and more than 70 sub-contractors – and also took the next step – franchising.

Just recently, their company – ManageMowed, based in Edmonds – added three new customers to their business, based in St. Louis and in California in Rancho Cucamonga and San Diego.

Now in their mid-40s, the business partners have high-profile accounts with Safeway (every store in Washington state), MOD Pizza, Chevron, Jack in the Box, Chase bank, and others – 20 in total. On average, the brand's commercial clients have anywhere from 25 to 500 locations.

Since finding success, Roberts and Jakobsen want to pay it forward.

"We've spent so much time in the last four years really focusing on franchising," said Jakobsen, "and now we're strategizing on how we can get involved

see **FRANCHISING** page 12 ▶

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Taking on the world by taking on menopause

BY MANYA VEE
FOR THE BEACON

Menopause. Do you dread it? Or do you welcome it? The hot flashes. The night sweats. Who wants any of that? Yet it seems beyond our control to do anything about it. But is it?

I've been asking my gal pals in their 60s and 70s about it. Almost every single one shared that their own mothers never brought it up. Ever.

Those same mothers also never brought up anything about the onset of menses in the teen years.

I'm 59 now, and my mother certainly never talked about either event to me. Which made me feel it was too disgusting to bring up. Ever.

What typically gets discussed with women aging is simply whether you have stopped having your period or have started getting hot flashes. As fate would have it, menopause hits right when a woman is at the prime of her career.

"That's when patients can complain



Robin Sinclair

about poor sleep, brain fog, and forgetting of words. It's not always hot flashes and night sweats," said Dr. Robin Sinclair, an Edmonds naturopathic physician.

She related a variation of an oft-heard anecdote. During a presentation in a room full of men, patents have seen their minds go blank

"The brain fog vaporizes whatever was in there," Sinclair said. "Women start feeling like they're losing it."

For women, "brain fog" can happen due to a reduction in the estrogen hormone as they enter menopause.

Sinclair said hormones are centered in endocrine systems—a three-legged stool that includes adrenals, thyroid, and ovaries. When one is not working properly, the others try to make up the difference. As a result, that stool can get wobbly.

The doctor said she feels strongly about the power of understanding this system because of how her own endocrine system disrupted her life as a teen, resulting in major digestive and mood issues.

"When my hormones started controlling my mood when I was a teen, I didn't understand why," she said. Regular doctors couldn't find anything to help, so her mother turned to natural remedies.

Like any self-respecting teen, Sinclair said she initially mocked those natural remedies brought to her by her mother.

Until they actually worked.

"I will happily make changes if I understand why I'm doing it," Sinclair said. "So, for me personally, I spend a lot of time with my patients educating them. People will make changes if they really understand what's going on with their physiology. Not only that, it's just empowering."

"Our mood is part of our success. If we're depressed, and we're having hormonal issues and we don't understand why we're going through this, then we're disempowered. Then how do we go for that job that we want? How do we get out of an unhealthy relationship? How do we be our best selves when we don't even understand why?"

When we have mental health and mood disorders, we often hear others tell us to just get over it, think good thoughts instead.

Sinclair thinks differently.

"We're just reacting to the biochemistry in our bodies."

To read all of Manya Vee's profiles of "Sheroes," go to majegallery.com/sheroes-of-edmonds.

CITY BRIEFS

Distelhorst, Lindsay, Edmonds Marsh honored with resolutions

Councilmember Luke Distelhorst, Parks Maintenance Manager Rich Lindsay and volunteers with the Edmonds Marsh were honored Tuesday, Nov. 16, with resolutions thinking them for their service during a City Council meeting.

Distelhorst was appointed to council Position 2 in 2020 to fill the term vacated by Mayor Mike Nelson, who had previously held the seat. Distelhorst finished third in the August primary and will not maintain his seat.

Lindsay has worked for the City of Ed-

monds for 50 years. He was featured last week in The Beacon. Read the story at bit.ly/3kDGsBR.

Restoration of the Edmonds Marsh, an urban tidal wetland owned by the City, has been a City priority for many years.

Countless volunteers over the decades have given their time to remove invasive species, planted native trees and shrubs, and have improved its ecological function for the myriad species of wildlife who call the marsh home.

In addition to community volunteers, Sound Salmon Solutions' Edmonds Stewards, Edmonds Stream Team, and Students Saving Salmon, based at Edmonds-Woodway High School, were honored.



Luke Distelhorst



Rich Lindsay

No property tax increase, but EMS increase OK'd

The Edmonds City Council has voted not to increase property taxes by 1%, as it is allowed to do under state law. Instead, they agreed to a "banked capacity," reserved taxing ability to increase taxes beyond 1 percent annually.

The legislature has limited cities to increase their property taxes by no more than 1% in any given year. According to Finance Director Dave Turley, a 1% increase to the regular property tax levy equals about \$105,000 of additional revenue to the city. For the average household, this would represent a \$6.25 increase to the annual property tax bill.

Turley said that state law says that council must "hold a public hearing on revenue sources for the district's following year's current expense budget." In Edmonds' case, property taxes make up about \$15.4 million, or 35% of the general fund budget. Turley said that property taxes that go to the City of Edmonds make up only 11.2% of the property tax bill paid by the typical Edmonds homeowner – it was 14.6% last year.

However, the council did agree to raise the

EMS levy by 1%. Councilmember Adrienne Fraley-Monillas said the EMS levy is important piece, as the City is going to be spending between \$1.5 million and \$2 million in police services in 2022.

A 1% increase in the EMS levy adds about \$41,000 in revenue.

Arts Commission has an opening for a 4-year term

The City of Edmonds Arts Commission will have a four-year term opening in 2022 for an Edmonds resident with a passion for the arts and interest in working with the cultural arts community. The submission deadline is 5 p.m. Tuesday, Nov. 23.

The Arts Commission is made up of seven members who serve staggered 4-year terms. By ordinance, four of these positions must be filled by people professionally engaged in the arts.

Applicants should submit their application form, a resume and a letter of interest by email to eac@edmondswa.gov. Applications can be mailed to EAC Nominations, 700 Main St., Edmonds, WA 98020.

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The BEACON

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The Beacon welcomes letters to the editor of 400 words or fewer and will print them as promptly as possible as space allows. However, letters must include a first and last name, address and daytime phone number for verification purposes. We also reserve the right to edit letters as necessary for brevity, grammar and taste. Published letters will include the author's name and city of residence. Send letters to: The Edmonds Beacon, 728 3rd St., Ste. D, Mukilteo, WA 98275 or by email: edmondseditor@yourbeacon.net

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King County sheriff receives worker's comp benefits

King County Sheriff David E. was serving his community when his patrol car was hit by a drug-impaired driver. He suffered significant injuries to his knee and neck. The defendant's insurance company refused to accept full responsibility so David hired our team. We obtained a substantial settlement to compensate David and his family for medical expenses, lost income, pain, suffering and future wage loss. David and his family also suffered the loss of a loving father while recovering from the crash. Even with the insurance settlement, David was still eligible and received additional workers' compensation benefits. Our experience in workers' compensation and personal injury allowed David and his family to receive just compensation and have peace of mind knowing they had a skilled legal team on their side.

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Adam Cornell will not seek 2nd term next year

Edmonds resident to leave after 2022

BY BRIAN SOERTEL
EDMONDSEditor@YOURBEACON.NET

Adam Cornell, who rose through the ranks in the Snohomish County Prosecutor's office to be elected prosecutor, said he will not run for a second term.

Cornell, who lives in Edmonds, said he will finish his term, which runs through the end of 2022.

Cornell spent more than 16 years as deputy prosecuting attorney. He ran unopposed in the general election in November 2018 after longtime county prosecutor Mark Roe – who endorsed Cornell's election – stepped down.

Cornell's a lifelong Democrat – candidates must state a party preference when filing for the office – but the daily work of a prosecutor is meant to be nonpartisan.

The Prosecutor's Office is responsible for prosecuting all adult and juvenile felony cases referred by county law enforcement agencies, and all misdemeanor and gross misdemeanor cases referred by the county sheriff, the State Patrol, all state agencies, and some cities that have contracted with the county for misdemeanor prosecution services.

Cornell has faced some controversy during his tenure, including two cases in Edmonds.

Last summer, Cornell's office declined to file a hate crime charge against a 69-year-old man who was later convicted of vandalism on a City of Edmonds-sponsored artwork titled "I Can't Breathe." The installation, made by an Edmonds-Woodway High School student to bring attention to the murder of George Floyd, was installed on the Civic Field on Sixth Avenue North, opposite the police station.



Beacon file photo

From 2019: Adam Cornell in his Everett office.

And in 2019, Cornell spoke to the Edmonds Diversity Commission to explain why his office declined to charge a Lynnwood woman with malicious harassment after she allegedly made racial comments and threats against two African-American teenagers outside the now-closed Harvey's Lounge in Edmonds.

"After careful and deliberative review of both the facts, as established by the investigative record, and the applicable law," Cornell wrote in an editorial for The Beacon, "my office decided not to file criminal charges against the suspect in the Feb. 4, 2018, incident at Harvey's Lounge because the referred charge could not be proven beyond a reasonable doubt.

"While the alleged racial slurs directed towards the victims in this matter are abhorrent and shameful and have no place in a civil society, those words alone – in the absence of a true threat under the law – did not constitute provable criminal conduct."

Public Works Director Phil Williams leaving Edmonds for Redmond

Public Works Director Phil Williams will be leaving his role with the City of Edmonds to take a similar position in Redmond. His last day will be Nov. 22.

Rob English has been named interim director.



Phil Williams

On Friday, Nov. 12, Williams provided the following statement:

"This will likely be a fairly short stint in Redmond, probably six months or so – they are aware of that – and will be followed by 'retirement,' whatever that looks like. And they will be supplying me with a place to stay during my time there. After that, we'll see what comes next."

This follows a recent announcement of the retirement of Economic Development Services Director Patrick Doherty.

Williams will be reunited with Redmond Parks Director Carrie Hite, who quit her director's job in Edmonds in 2019. "This particular time in the political environment in Edmonds seems different to me," Hite said at the time.

"The relationship the council has with the administration has been impactful to staff, City processes, and policies. It is difficult to navigate this and feel a sense of teamwork and security."

Also that year, Human Resources Director Mary Ann Hardie left in a salary tussle. She took a similar position in Lacey.

A year later, Finance Director Scott James was fired. A reason was never given. James is now the finance director for Stanwood.

Williams, 71, has been in the role with the City of Edmonds since June 2010, and over the last decade has led his department in many successful projects. Prior to taking the role in Edmonds, Williams was the Director of Public Works for the City of Bremerton for six years.

"Phil has been a valued member of our administration for many years bringing a wealth of experience and knowledge to his position," said Mayor Mike Nelson. "We wish him the best in his future endeavors."

Public Works oversees street and storm repair, the wastewater treatment plant, water/sewer division, City fleet, City facilities, and engineering.

Human Resources will begin the recruitment process to fill the role. Ultimately, Nelson will appoint a new director, subject to City Council confirmation.

MRC Seeking Committee Members

Applications Due Dec. 6, 2021



Snohomish County Marine Resources Committee (MRC)

The MRC seeks up to three new members motivated and eager to learn about marine conservation, participate in science-based research, and contribute to policy recommendations on marine issues.

The MRC is looking for individuals who want to:

- Learn about marine conservation
- Participate in science-based research
- Contribute to policy recommendations
- Have diverse backgrounds in areas such as: commercial fishing; marinas; railroads; housing development; and recreational, economic and environmental interests

Members are appointed for a three-year term (2022-2024) with the possibility of two additional terms. Commitments include:

- Attending virtual monthly meeting on the third Wednesday of every month from 6:30 p.m. – 8:30 p.m.
- Volunteering for a minimum of 10 hours a month, including possible fieldwork.

For more information or to apply, visit www.snocomrc.org.
Questions? Contact Elisa Dawson at Elisa.Dawson@snoco.org.



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GREENER EDMONDS

Extinction crisis: On life support

Edmonds should expand its open spaces

It is not just in faraway places that the extinction crisis is happening. The wide variety of life that used to inhabit the Puget Sound lowlands continues to shrink.

Some of our animals that are now in danger of being lost are the western pond turtle, Oregon spotted frog, marbled murrelet, Taylor checkerspot butterfly, northern spotted owl, and western snowy plover.

Puget Sound fish in trouble include 13 species of rockfish, pacific cod, bull trout, and many populations of chinook, chum, and sockeye salmon. The complete list is big and has many insects and amphibians that are being hit hard.

GREENER EDMONDS



BY GREG FERGUSON
EDMONDS RESIDENT,
ENVIRONMENTAL STEWARD

There is an equally important and long tally of endangered plants.

There are steps that we can take to slow the rate of disappearance of such life.

One is to stop global warming. The impact on us provides plenty of motivation, but all species are affected, most with limited ability to adapt to changes.

We have done a reasonable job of controlling the hunting of endangered land mammals in most places. Fishing still has issues. A local example is that that open ocean fisheries are not able to discriminate between salmon stocks that are endangered and those that are not.

Fish refuse to wear name tags that include their species health status.

Terminal fisheries, those near river mouths, are much more effective at harvesting runs that can handle fishing pressure.

A good way to avoid supporting fisheries that harvest endangered stocks is to use some common sense at the store and restaurant.

There are downloadable sustainable seafood guides that can be copied onto a cellphone. One can be found at <https://bit.ly/3kJAUFU>. The hard part is to remember to use the list.

Habitat loss is the now the biggest cause of species loss. Cities and farms cover what were once natural areas. Timber harvest, dams, poll-

see **FERGUSON** page 5 ▶

HISTORY FILES

Forgotten locations include Caspers, Holmes corners

Play pub trivia Tuesday nights at Shawn O'Donnell's American Grill and Irish Pub. O'Donnell's location is usually described as in south Everett, or maybe Mariner.

It wasn't always so. That location where 128th Street SW crosses I-5 was Emander 100 years ago, and had been known as M&R Siding, and Merrill & Ring Siding before that. Merrill & Ring was a major lumber company and had a logging railroad.

HISTORY FILES



BY TIM RAETZLOFF
TIM@ABARIM.COM

Where the logging railroad met the Everett-Seattle Interurban became first Merrill & Ring Siding, and was gradually shortened to Emander. South of Emander was Summit. As you drive I-5 between 164th and 128th, you reach a high spot that was once a "place" that was Summit, but no more.

A while back, I wrote about following the North Trunk Road, a name that isn't used anymore. Almost all of the old road is still in use, but almost no one is aware of the historical connection.

84th Avenue West was a part of the North Trunk Road. So, too, was 212th Street SW. At Holmes Corner (another forgotten location, although the City of Edmonds has placed a plaque there), the old road turned north on 76th Avenue West.

At what is now 196th Street SW, the road turned east and went to another location, where the name is mostly out of use.

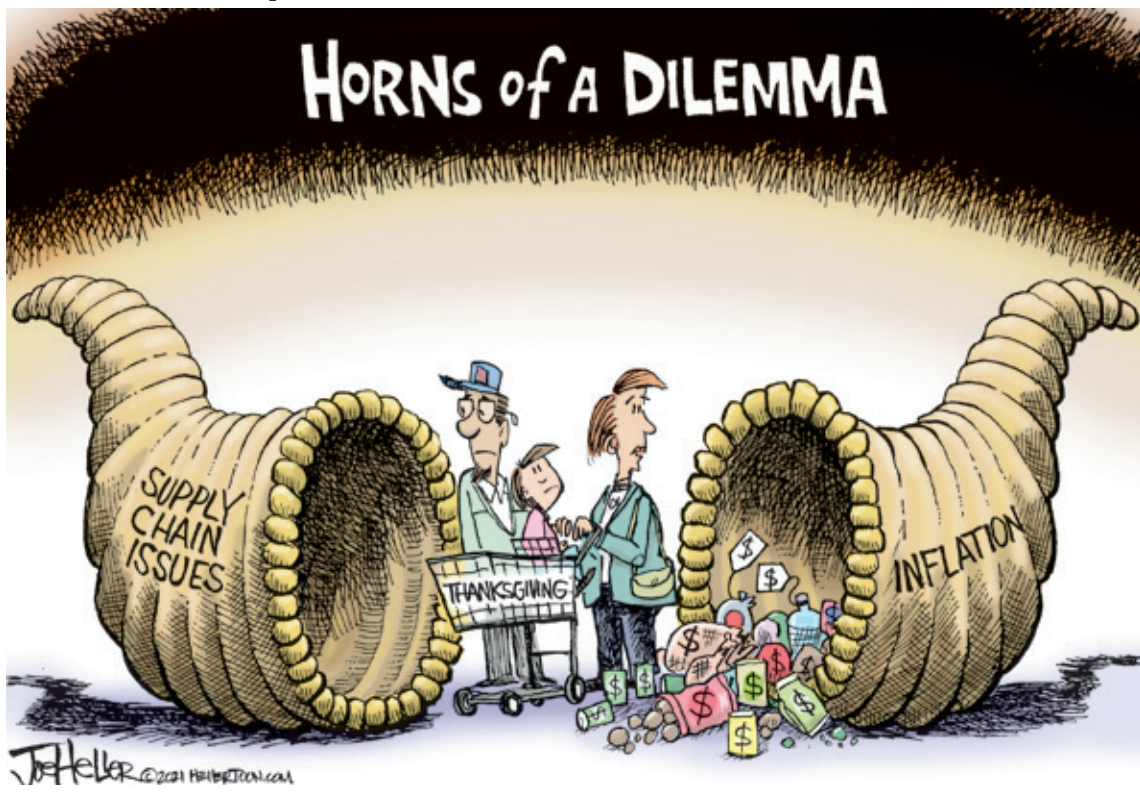
That would be the corner of 196 Street SW and 36th Avenue West. That location is now in Lynnwood, but used to be the center of Alderwood Manor, and the location of the Alderwood Manor depot of the Interurban.

Two more forgotten locations were to the northeast of Alderwood Manor. Interurban was not far from Alderwood Manor, probably just across present-day I-5. Manordale was further northeast and is now buried under the Swamp Creek Interchange where I-5 greets I-405. Southwest of Alderwood Manor was the location of another name that is seldom heard these days - Seattle Heights at about what is now 212th Street SW.

Farther south in Shoreline were some names that are never heard anymore. Maywood, Pershing, and Foy are to the south of Ronald, that is now at North 175th. Maywood was at about 165th, Pershing at about 155th, and Foy at 145th, now the north boundary of Seattle.

And it wasn't just Interurban depots that have been forgotten. Some Edmonds old-timers may remember the Snake, or Snake Trail. We now know it as Olympic View Drive. As you drive that winding road, it is

see **HISTORY FILES** page 5 ▶



RETURN VISIT

Cocktails in a beautiful, chill setting

The tasting room at Scratch Distillery, first reviewed in January 2018, is still a bold and bright space, and serves as the perfect setting for the expanding repertoire of our very own local distillers, Kim and Bryan Karrick.

RETURN VISIT



BY MARIA MONTALVO
MMOMENTSNOTICE@GMAIL.COM

Indoor and outdoor seating are available to enjoy a selection of unique cocktails and a "tasting" menu of their spirits. Spirits, and gin especially, are developed from intricate combinations of botanicals added to a base spirit, and Scratch has perfected the classics, as well as versions with unique blends of herbs, fruits, and spices.

On this particular day, we ordered a Swedish Old Fashioned (made with aquavit and whiskey - so very good) and a Ballard Bridge, but there are always new and exciting drink recipes to try.

Go to Scratch for a fantastic cocktail in a beautiful, chill setting, but be sure to take home a bottle or two to share with friends and family.

Scratch Distillery is at 190 Sunset Ave. at Salish Crossing, and is open Thursday through Sunday afternoons and evenings, as well as for a number of special events. Check for tasting and distilling calendars and schedule for their enlightening and entertaining ginology classes.

More info: scratchdistillery.com.



Photo courtesy of Maria A. Montalvo

Scratch Distillery has perfected the classics in Edmonds.

LETTERS TO THE EDITOR

Order up: 1 main on a small plate, confit, hold the baloney

Made up my mind.

I will not be patronizing any restaurant/bistro/grill using the terms "small plates," "mains," and/or "confit."

Just sayin'.

Greg Goodman
Edmonds

Editor's note: Good luck.

Deadhead accepted: Kudos to Sound Disposal

What a weather warn day, Monday, Nov. 15, was! My weather feed said be safe and stay home, preferably in the basement because of the heavy winds and expected rain forecast. It happened about 10 a.m. when a thunderous thud resounded. I thought, for sure, it must be a tree.

Quickly donning a parka, sturdy shoes and work gloves, I tore outdoors to find a large snag had finally fallen from a huge grand fir very close to my kitchen. I'd watched this deadhead for many months, dangle from an upper branch.

The perfect storm conditions allowed the dangling deadhead to hit the steel roof and land on my freshly landscaped yard, missing the chimney, just in time for the bimonthly yard waste pick-up.

Fortunately, I was able to drag this huge wooden icon to the yard waste bin all ready for pick-up. I'd lugged some boughs and stuffed them into the large green container, knowing the behemoth limb would NOT fit.

As the yard waste truck drew near, I watched as one of the guys emptied my waste into the truck. Then I asked him if they could take IT, too. The young fellow said he thought he could, checked quickly with the driver, and hefted it into the back.

see **LETTERS** page 8 ▶

Online Poll

Last week's question & results:

Many rushed to Edmonds beaches after reports of a possible tornado in Kitsap County. The tornado warning was eventually canceled. Have you ever personally seen a tornado?
• 27% Said YES • 73% Said NO

This week's summary:

The Edmonds Senior Center Thrift Store at Westgate was voted the best in western Washington by KING 5.

This week's poll question:

Have you purchased items from the

Edmonds Senior Center Thrift Store?

We want to know what you think:

Vote online now at www.edmondsbeacon.com and look for the results in the Nov. 23 issue of The Beacon.

MOMENT'S NOTICE

It's the end of the world as we know it (and I feel fine)

There is a song, a somewhat fatalistic song, that I used to listen to quite a bit in my early 20s: "It's the End of the World as We Know It (And I Feel Fine)."

We do that in our teens and 20 – look for experiences that help us to see the world in stark realities, to believe that there is always only the choice between action and inaction, and to reinterpret the rules and stories we have been taught.

Every generation judges the one that came before, and says they will be different.

But in 2021, all of the generations share the decision-making stage, from Baby Boomers to Gen Xers to Millennials and Gen Z. We are staring down the same challenge – to act or not to act with regard to climate change.

We have become so accustomed to our world of immediate gratification, creating markets for avocados or custom sneakers or grocery deliveries. We connect with other cultures and peoples, traveling the world to make it feel a little bit smaller.

We agree that fossil fuels need to be phased out, and more sustainable options used instead, and someone will surely figure that out in a way that does not interfere with the world to which we have become accustomed.

We hold climate summits, like COP26, to develop those solutions, but then worry that they feel like unwarranted restrictions on NORMAL life. What gets lost is that it is us that has been changing – changing how we exploit the world's resources, changing how much we consume, changing how much we simply throw away.

The fundamental fact is that 8 billion people cannot live in comfort, or even in basic dignity, based on an economy of coal, oil, and natural gas. We allowed the exploitation of resources to occur at an ever-increasing rate, because it created the illusion of plenty and progress.

How does that song go?

*Uh oh, overflow, population, common food
But it'll do. Save yourself, serve yourself
World serves its own needs, listen to your heart bleed
Tell me with the rapture and the reverent in the right, right
You vitriolic, patriotic, slam, fight, bright light
Feeling pretty psyched"*

Outside our windows over the past several weeks, we watch the manifestation of bomb cyclones, tornadoes, and atmospheric rivers. The trees that fall were dried out over our long, hot summer. The rain and hail are familiar in November in a Pacific Northwest November, but this is the wettest and wildest on record after the coldest October vs. the hottest, driest summer, and even bad air quality records set by wildfires of the last few years.

Sadly, the chaotic and unpredictable impacts of climate change are matched only by the chaos and unpredictability of our political climate in 2021. Like the late 1980s, when R.E.M wrote that song, our political leaders are making or avoiding decisions that could address the way we have changed the trajectory of our society and that of countries around the world.

*Uh-oh, this means no fear, cavalier
Renegade and steer clear!
A tournament, a tournament
A tournament of lies
Offer me solutions, offer me alternatives
And I decline*

In a few years, we will no longer have the option to decline the alternatives or solutions. So let's hope we can work together since the only alternative will be that just a small few will be able to serve their own needs, leaving everyone else to deal with the consequences.

from FERGUSON page 4

ution, and invasive species are other causes of habitat reduction.

Limiting development in important habitat areas can help slow this loss.

Permanent preservation of more wild areas will save them for future generations. A famous biologist, E.O. Wilson, has proposed that we protect 50% of the land and ocean from encroachment. That would be ambitious; we have only preserved 15% of land and 4% of the world's oceans.

People use 40% of earth's land for raising livestock and for farms, much of which is used to grow cattle feed. Something we can do

now to ease pressure on land is to eat less meat.

Land preservation needs to be done wisely. Small, disconnected parks help, but they isolate some animal populations. This promotes inbreeding which weakens genetics. Heart defects in Florida panthers and cancer in Tasmanian devils are results of inbreeding.

An example of good preservation planning is the Yukon to Yellowstone conservation initiative. It's goal is an interconnected system of wild lands covering a big chunk of western North America.

But even local habitat is important for species conservation. We can do this now by encouraging Edmonds to preserve more open

space.

The City is now updating its Parks, Recreation and Open Space Plan. We can do our part by urging the city to expand open space here. Links to do this can be found on the City of Edmonds website.



from HISTORY FILES page 4

easy to understand the snake connection.

And Holmes Corner wasn't the only named corner. The road at Caspers Corner is still in use, but the gas station is gone, and the name has fallen out of use. That is the spot on Highway 524 where the road turns from Third Avenue North to Caspers Street.

The same is true elsewhere in South County. Everybody seems to know Thrashers Corner, but Wintermutes Corner in Mill Creek is forgotten, as is Millers Corner to the north.

The Miller name seems as though it may be migrating from its original location where Dumas

Road meets Bothell-Everett Highway to the newer intersection at 132nd and Bothell-Everett Highway about a quarter mile north.

Another name that has fallen mostly out of use is Gunnysack Hill on Highway 99 north of 168th. I have heard two different stories about how that grade received the Gunnysack Hill name.

Proponents of each story are certain that theirs is the correct story and are very determined in their opinion, so I won't mention either story here.

There is Melody Hill in Mountlake Terrace, seldom mentioned today, and there are undoubtedly older names that I haven't heard. And there was certainly another generation of names that were

lost when the Indigenous dwellers were replaced by those of European ancestry.

Some older names are still commonly used.

Esperance is now a neighborhood surrounded by Edmonds, but the name still is commonly used. There is an Emander and an Esperance in Western Australia, not far from Perth. How those names popped up in southwest Snohomish County and in Western Australia is a mystery to me, but if it were possible to do the research my guess is that there is some connection back a century or so.

Maybe Snohomish County should adopt western Australia as a sister government.

Edmonds extends grants to more local businesses and households

The Edmonds City Council has approved amendments to the Edmonds Rescue Plan Fund ordinance that extends COVID-relief grants to more local Edmonds businesses and households in need.

In July, councilmembers approved the rescue plan, a comprehensive set of programs funded by an allocation of about \$11.9 million to the City from the federal American Rescue Plan Act, intended to help local communities recover from the COVID-19-related economic crisis.

Business Grants

The plan contains a business support program, where \$1.125 million has been allocated to fund general business support activities, tourism support, and small business grants – the latter with an allocation of \$625,000.

In order to be available to even more businesses, one key eligibility criterion has been amended: Businesses may have received up to \$10,000 in prior grants or other financial assistance instead of the lower \$5,000 figure required in the original ordinance.

Grants of up to \$10,000 will be available to up to 50 businesses in 2021, with an additional \$5,000 available in 2022 for up to 25 businesses.

"The City's intent with this grant program is to reach those small businesses that were heavily impacted by the COVID-related economic crisis but may also have been somewhat left behind in the flurry of financial aid programs that have come out over the past year and a half," said Economic Development and Community Services Director Patrick Doherty.

Eligible businesses must meet the following criteria:

- Have zero to 30 employees;
- Can demonstrate at least a 50% loss in year-over-year revenue by the end of 2020 compared to 2019;
- Have not received more than \$10,000 in other grants, tax credits or other financial assistance; and
- Must intend to stay in business at least four months after receipt of any grant

All businesses that apply and meet these criteria will be considered. Businesses owned by people of color, women, veterans, and other minorities, as well as creative-sector businesses and businesses located beyond downtown Edmonds will be given particular consideration.

Applications may be made at edmondswa.gov/bizgrants.

Applications must be submitted electronically by 8 a.m. Monday, Nov. 22.

Household grants

The plan also contains a Household Support Program, where \$4.15 million has been allocated to fund general household support programs, including an allocation of \$3 million for direct grants of up to \$2,500 to help defray costs associated with housing, food, medical bills, childcare, and other household expenses.

The council's latest amendments allow for additional households to qualify for these grants, with the maximum income eligibility raised to 60% of Edmonds median income from the 40% threshold contained in the original ordinance.

The maximum yearly and monthly income figures are as follows:

- 5-person household: \$67,825/year or \$5,652/month
- 4-person household: \$63,147/year or \$5,262/month
- 3-person household: \$58,470/year or \$4,872/month
- 2-person household: \$52,969/year or \$4,414/month
- 1-person household: \$47,672/year or \$3,973/month

The City has contracted with two Edmonds-area, nonprofit, social-service agencies – Communities of Color Coalition and Washington Kids in Transition – to administer the household grants program. Applications are received on an ongoing basis. Applicants can expect to be contacted within 7-10 days of applying.

Applications for household support grants may be made at: www.edmondswa.gov/HH-grants.

Sudoku solution

9	2	3	1	5	6	7	8	4
6	4	5	8	2	7	9	1	3
1	7	8	4	9	3	2	5	6
8	5	9	3	7	1	4	6	2
2	6	7	5	4	8	3	9	1
4	3	1	9	6	2	5	7	8
7	1	4	6	3	9	8	2	5
5	9	6	2	8	4	1	3	7
3	8	2	7	1	5	6	4	9

W	E	B	P	U	L	L	P	E	A	
I	C	E	A	S	I	A	I	N	N	
T	H	E	S	E	E	M	O	D	D	
S	O	N	G	S	B	A	N	S		
L	E	T	S	S	E	E	S			
D	E	P	O	S	I	T	L	E	A	K
A	R	A	B	L	I	B	E	R	T	Y
D	A	T	A	T	R	U	E			
I	L	L	S	P	A	D	E			
T	O	E	A	T	H	W	A	Y		
O	W	N	T	R	E	A	T	E		
Y	E	T	S	E	A	S	Y	E	S	

News Tips

The Beacon invites readers to share story tips and ideas. If you see or know of some news deserving of coverage, email Editor Brian Soergel at edmondseditor@yourbeacon.net or call the newsroom at 425-347-5634 ext. 235.

Waterfront Center hosts lunch for veterans

BY DANIEL JOHNSON
FOR THE BEACON

They started arriving early. More than 60 veterans and several family members enjoyed a free bowl of seafood chowder, bread, and dessert at the Edmonds Waterfront Center, served by staff and volunteers. The EWC and Feedme Hospitality sponsored the event.

I was humbled as veterans from different eras stood and shared personal stories from missions and tours of duty that crossed the globe and spanned eight decades.

Michael Reagan talked about his service in Vietnam and how the loss of his friend in battle led him on a life's journey to draw 8,000 portraits of fallen soldiers. In 2015, he received the Citizen Before Self Honor Medal, presented by the Congressional Medal of Honor Foundation, for his work.

In his dress uniform, Tennis De Jong spoke of the thousands of miles traveled each year to personally deliver Reagan's portraits to the families of fallen soldiers across the nation.

Even more stories were shared across the table. One veteran told me about fighting in WWII. In the final days of the War, he met his future wife. She died three weeks ago. They were married 70 years.

To all who attended and to our wonderful volunteers, Paige Johnson, Jennifer Plaisance, and Wendy Charbeneau, we say thank you!

Daniel Johnson is Edmonds Waterfront Center CEO.



Photos courtesy of Edmonds Waterfront Center

Top photo: Michael Reagan and Tennis de Jong; bottom left, Elaine and Bruce Nickolson; and bottom right, Volunteers Paige Johnson and Richard Bologna

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Sno-Isle Libraries offers free help to improve digital skills

As more and more services move online, Sno-Isle Libraries, which includes the Edmonds branch on Main Street, wants to improve digital literacy.

"The digital divide is real, and we want to help people build their skills with computers and get them comfortable with the internet since so many services and activities are online or web-based now," Sno-Isle Libraries Adult Services coordinator Emily Felt said.

Sno-Isle Libraries offers Northstar Digital Literacy, a free online learning and assessment tool. It's designed to help people improve their basic knowledge of how things work with computers and enhance their skills around websites and widely used software programs.

The lessons combine videos, reading, and practice scenarios to build skills. Topics cover

basic computer skills, internet, email, Windows, Microsoft Word, and career-search skills.

Northstar offers personal assessments of digital skills, online learning lessons, and personal Northstar Learner Accounts that allow customers to track their progress.

When Northstar learners complete an assessment, they are automatically directed to the Northstar Online Learning lessons that target specific skill areas.

"Access to this kind of training is really important because it lets people participate in society," Felt said. "During the pandemic, Sno-Isle Libraries expanded community access to the internet with laptop computers and Wi-Fi

see **SNO-ISLE LIBRARIES** page 14 ▶

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In a recent Community Survey, 92% said The Beacon is their main source for getting their local news.

THE BEACON NEWSPAPERS ARE ...
VALUABLE

Music at Cascadia Art Museum: Brahms and Bach

Cascadia Art Museum continues its classical chamber music concert series Sunday, Nov. 21, at 6 p.m. with violist Mara Gearman from the Seattle Symphony and internationally acclaimed pianist Paige Roberts Molloy.



Mara Gearman

The program includes sonatas for viola and piano by Johannes Brahms and J. S. Bach and a selection by British-American composer Rebecca Clarke.

"It will be thrilling to see and hear these world-class musicians up-close," said Cal Lewin, a volunteer with the museum.

"This is how chamber music was originally meant to be experienced, in an intimate

setting. It allows you to discover details of the performance you might never perceive in a large venue. Not to mention, there's something very special about listening to music in a museum surrounded by great art. The acoustics in the space are excellent."



Paige Molloy

Tickets for the concert includes admission to the museum. General admission is \$18 (\$12 for museum members), which includes complementary admission to the museum. Tickets are available online at www.CascadiaArtMuseum.org/Music-in-the-Museum/ or by calling 425-336-4809.

International design etching sales to benefit Cascadia

Cascadia Art Museum's Store has a sale of etchings from a private international collection to benefit the museum through Jan. 10. The collection on sale in the museum store is an outgrowth of interests by architectural historian and author Lawrence Kreisman and his late husband, Wayne Dodge. They reflect their love of architecture, urban and design history, and international travel.

A large number are by Ernest Roth (1879-1964), whose family immigrated from Germany and settled in New York City, and Louis Rosenberg (1890-1983), a Pacific Northwest artist born in Portland, Ore.

Both of these artists had learned their trade during the Golden Age of the American etching movement, the late 19th and



Photo courtesy of Cascadia Art Museum

early 20th century. Their work happens to coincide with the output of Art Nouveau, Arts and Crafts, Secession, and early Modern movements in

Minh Carrico's new art project is going online

Looking back on an artist's 30-year career in the arts and culture industry

Edmonds artist Minh Carrico, who uses they/them pronouns, is a visual artist known primarily for working in photography, graphic design, and public arts.

Carrico's new body of work explores live storytelling with never-before-seen photographs in a project funded in part by a City of Edmonds Arts Commission one-time small project grant.

The four-part series of autobiographical monologues will explore Carrico's Asian American experiences while living in Arkansas, Texas, and New York.

Carrico is a faculty member at Edmonds College.

Each segment will also feature highlights from Carrico's 30 years as a creative artist. The exhibit will be on Zoom from 2-3 p.m. on the third Sunday of the month:

- Nov. 21: "Behind the 8 Ball"
- Dec. 19: "Lost & Found"
- Jan. 16: "Call Me Buddy"
- Feb. 20: "Kings to King"

In response to the pandemic and the rise of violence against the Asian Pacific Islanders community, Carrico said they felt it was time to publicly share their experiences as an American-born Vietnamese person living in Little Rock, Ark., during the 1970s. Some of the stories will include the following:



Photo courtesy of Minh Carrico

A virtual exhibit highlights the work of Edmonds artist Minh Carrico.

- How Carrico accidentally started a business at age 21;
- Working for the photographer who inspired Carrico's career, Annie Leibovitz; and
- Meeting two governors who each became the president of the United States.

Carrico said this project reflects a resolve and determination for living an authentic life while experiencing searing racism wherever they lived. In juxtaposition to the discrimination they faced, Carrico found opportunities for career advancement and personal development in each community.

architecture, interior design, and decorative arts that led Kreisman and Dodge to develop the collection which was showcased in the 2015 exhibit "1900: Adornment for the

Home and Body," at the Frye Art Museum, and "Northwest Collects at the Cascadia Art Museum" in February and March 2020. Info: Cascadiaartmuseum.org.



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Tana Axtell, Lynnwood Honda Customer

AROUNDTOWN

EDITOR'S NOTE: The Beacon publishes nonprofit events, as space allows, open to the public in local areas. Although some events are now being held in person, many are still virtual on Zoom, Facebook, or other sites. It is recommended to call or email the event ahead of time to make sure a particular event is still happening. Businesses are free to determine whether they will continue to require masks, so be prepared for that as well. Submit calendar events two weeks in advance of Wednesday publication date to The Beacon through mail or online at mukilteobeacon.com. Select "Submit events to event calendar."

Nov. 18

ART WALK EDMONDS

5-8 p.m. Various locations around downtown. A variety of mediums will be on display for any kind of art lover – watercolors, collage, textiles, glass, author events, wreaths, and more. Info: artwalkedmonds.com.

Nov. 18-DEC. 16

WREATH WALK EDMONDS

Last year Art Walk Edmonds started a new tradition for the downtown Edmonds of hanging original, artist-designed, and decorated wreaths in select storefronts during the holiday season. Wreath Walk and online auction go live at 5 p.m. Nov. 18. Online auction closes 8 p.m. Dec. 16. Info: bit.ly/3jVsT0f.

Nov. 19-20

FAITH LUTHERAN RE-GIFTING SALE

4-8 p.m. Nov. 19, and 9 a.m.-3 p.m. Nov. 20. Faith Lutheran is hosting a Re-gifting Sale (gifts received in the past and never used). Items include high-end and bargain basement. Faith Lutheran, 6708 Cady Road, Everett.

Nov. 20

EDMONDS HOLIDAY MARKET

10 a.m.-3 p.m. for six Saturdays through Dec. 18; no market Thanksgiving weekend. The market is centered around Fifth Avenue North and Bell Street, near the holiday tree. Sixty-plus vendors will have a selection of holiday gifts and specialty items, produce, food, wines, flowers, treats, and music. Shoppers are encouraged to wear masks while at the market. Info: facebook.com/edmondsholidaymarket/.

The Holiday Trolley also returns this year after skipping 2020 due to the pandemic.

PUGET SOUND ARTISTS' GIFT SHOW

10 a.m.-4:30 p.m. ArtWorks, 201 Dayton Ave., Edmonds. Info: childspottery.com/puget-sound-artists-gift-show.

ONE SECOND OF HATE

11 a.m.-noon. Free presentation from Humanities Washington and Cascadia Art Museum. Rais Bhuiyan (he/him) is the founder of World Without Hate, a nonprofit focused on preventing and disrupting hate and violence and restoring peace and understanding through storytelling and empathy. His story is chronicled in "The True American: Murder & Mercy in Texas by Anand Giridharadas." Free, in-person event, registration required. Cascadia Art Museum, 190 Sunset Ave. S, Edmonds. Register: bit.ly/3mxHqkw.

Nov. 25

THANKSGIVING DINNER

Doors open at 9:45 a.m. Seatings at 11 a.m., 1:30, and



Beacon photo by Brian Soergel

Among the many items available at the seventh annual Edmonds Holiday Market is Kombucha – fermented, lightly effervescent, sweetened black or green tea. The market is centered around Fifth Avenue North and Bell Street, near the city's holiday tree. Sixty-plus vendors have a selection of holiday gifts and specialty items, produce, food, wines, flowers, treats, and music. Shoppers are encouraged to wear masks while at the market. 10 a.m.-3 p.m. Saturdays through Dec. 18. There is no market Thanksgiving weekend.

3:30 p.m. Free, no reservations needed. Children's crafts, bingo, family photos, food and clothing bank. Prize drawings held throughout the event. Featuring Eugenio "Chagy" Adorno. Westgate Chapel, 22901 Edmonds Way, Edmonds. Info: 425-775-2776, info@westgatechapel.com.

Nov. 27

SENIOR SINGLE AND ENJOY!

1-3 p.m. 60+ seniors are invited to come and celebrate the holidays at Hogland House, 917 Webster St., Mukilteo. Sparkling cranberry punch, coffee, and desserts will be available, and a free raffle will be held at 3 p.m. Festive music will be playing. Casual wear is welcome. This is not a dating event, just enjoying one another's company. RSVP to: seniorsinglesmuk@gmail.com.

5K HOLIDAY DASH

9 a.m. Benefit for the Edmonds Police Foundation. Meet at Edmonds Boys and Girls Club, 310 Sixth Ave. N, Edmonds. Registration fee is \$25 adults, \$15 for children 12 and under. First 100 registered will receive a medallion. Register at edmondspolicefoundation.org.

HOLIDAY TREE LIGHTING

3-5 p.m. Annual event sponsored by Chamber of Commerce features treats, carols, and a visit from Santa. Centennial Plaza, Fifth Avenue North and Bell Street, Edmonds. Info: Edmond-



Magpie & Cicada by Jamie Luce is featured as part of the creative brush exhibition at the Rosehill Community Center.

sTreeLighting.com.

Dec. 4

MERRY MUKILTEO AND TREE LIGHTING FESTIVAL

4-7 p.m. Totem Park (700 Third St.), near Rosehill Community Center. The City of Mukilteo and the Mukilteo Chamber of Commerce present a new outdoor holiday celebration featuring cocoa, cider, popcorn, and candy canes; pop-up holiday shopping; caroling; gingerbread house to-go kits, pictures with santa; and tree lighting at 5 p.m. Rosehill Community Center is located at 304 Lincoln St., Mukilteo.

LIGHTED BOAT PARADE

5-7 p.m. along Snohomish River. The Mukilteo Yacht Club hosts its annual Lighted Boat Parade on the Snohomish River. The public is invited to watch the parade of boats from shoreline locations along the Snohomish River, such as Boxcar Park. The decorated lighted boats will parade in the Snohomish River from the North Marina (12th Street) south beyond Anthony's Restaurant in Everett Marina Village and back. The parade is held weather permitting.

Local boaters are invited to join the parade and should call 336-543-5788 or email myc@mukilteoyatchclub.com to register for the event.

EDMONDS HOLIDAY MARKET

10 a.m.-3 p.m. The market is centered around Fifth Avenue North and Bell Street, near the holiday tree. Sixty-plus vendors will have a selection of holiday gifts and specialty items, produce, food, wines, flowers, treats, and music. Shoppers are encouraged to wear masks while at the market. Info: facebook.com/edmondsholidaymarket/.



Photos courtesy of City of Mukilteo

A Rooster by Jennie Jung is on display at the Rosehill Community Center.

The Holiday Trolley also returns this year after skipping 2020 due to the pandemic.

Dec. 11

EDMONDS HOLIDAY MARKET

10 a.m.-3 p.m. The market is centered around Fifth Avenue North and Bell Street, near the holiday tree. Sixty-plus vendors will have a selection of holiday gifts and specialty items, produce, food, wines, flowers, treats, and music. Shoppers are encouraged to wear masks while at the market. Info: facebook.com/edmondsholidaymarket/.

The Holiday Trolley also returns this year after skipping 2020 due to the pandemic.

Dec. 16

ART WALK EDMONDS

5-8 p.m. Various locations around downtown. A variety of mediums will be on display for any kind of art lover – watercolors, collage, textiles, glass, author events, wreaths, and more. Info: artwalkedmonds.com.

Dec. 18

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The Holiday Trolley also returns this year after skipping 2020 due to the pandemic.

ONGOING THROUGH JAN. 26

CREATIVE BRUSH EXHIBITION

The Rosehill Community Center hosts a creative brush exhibition featuring artists Paulette Hunter, Jennie Jung, Jamie Luce, Hyang Sil Park, and Hye-yeon Hoffer. The exhibition runs through Jan. 26. An artists' reception will be from 6-8 p.m., Nov. 18. The Rosehill Community Center is located at 304 Lincoln Ave., Mukilteo. The center is open from 6:30 a.m. to 9 p.m., Monday through Friday; 8 a.m. to 9 p.m., Saturday; and 9 a.m. to 4 p.m. Sundays.

► from **LETTERS** page 4

Amazing! The back end of the motorized "squisher" did its job by breaking and flattening the culprit. The Lord in heaven had prevailed, keeping my humble abode safe and orchestrating delivery to Sound Disposal right on time!

Jan Pruatt
Edmonds

Joe Scordino the hero of Edmonds Marsh efforts

I have some brief comments about the Edmonds Marsh resolution (thanking those who helped on the marsh this year).

I grew up here in the Edmonds Bowl. Our home is near the Edmonds Marsh, on the north edge of Woodway, close to the fish

hatchery.

Over the years, both professionally and personally, I have come to understand the importance of wetlands in general, and the critical importance of a healthy Edmonds marsh specifically.

As to this effort, I was just a volunteer with a strong back, hip waders, and a sharp machete. The real hero of this effort is Mr.

Joe Scordino.

Joe recognized the problem, had the background to fully understand the issue, identified an effective remediation strategy, and figured out how to make it all happen with volunteers.

Joe, I salute you sir, and plan on volun-

see **MORE LETTERS** page 19 ►

CELEBRATE THANKSGIVING WITH US

THURSDAY, NOVEMBER 25
THANKSGIVING DINNER WITH ALL THE TRIMMINGS
SEATINGS AT 11am, 1:30pm & 3:30pm | NO RESERVATIONS NEEDED

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_____		_____

October 2021 Students of the Month

Edmonds eLearning Academy

Student Name: *Savvy Mau*

Parents' names: Chanda Lek and Michael Mau

Interests: I love to read and watch movies. I believe that the best thing in life is to constantly learn and keep your brain active.

Employment: I am currently a hostess at Olive Garden. Before I went full-time to EeLA, I would volunteer through my former high school's Key Club. I regularly helped out with an organization that provided clothing for children in need called Clothes for Kids.

Education Goals: I would like to attend a community college or university for two years and then transfer to University of Southern California (USC) to receive a BA in Television and Film Production.

Career Goals: I would like to become a film producer.

Edmonds Heights K-12

Student Name: *Chayton Remle*

Parents' names: Matt and Rebecca Remle

GPA: 4.0

Clubs & Activities: Red Eagle Soaring (native youth acting program), UNEA youth council member, and currently a Running Start student at North Seattle Community College.

Significant School Project: Helped designate Licton Springs as the first natural landmark in King County with UNEA youth group.

Employment: Is working as a participant of Na'ah Illahee.

Educational Goals: Working towards a degree and career in engineering or physics.

Career Goals: Working on building mega-structures (a massive construction or structure that is relatively complex).

Anything else we should know? Oglala and Hunkpapa Lakota Sioux.

Student Name: *Finn Paynich*

Parents' names: John and Emily Paynich

Clubs & Activities: Edmonds Youth Commission, Advanced Musical Theater, Boundless Washington, dance classes at Village Theater, SOAR Club member

Honors: Honor roll at Edmonds College, International Thespian Society

Community Service: Beach cleanup with Edmonds Youth Commission, tree planting at Meadowdale Beach Park

Educational Goals: Attending Cornish College of the Arts

Career Goals: A career in the performing arts

Edmonds-Woodway High

Student Name: *Phillip Borchert*

Parents' names: Dianne and Paul Borchert

GPA: 3.9675, Part-time running start and Partial IB student

Clubs & Activities: TEDx @ Yost Park event arranging, EWHS Link Crew, Photography

Athletics: Varsity Captain on Edmonds Woodway High School Soccer, Club Soccer at FC Edmonds, snowboarding, hiking, lifting

Honors: Member of National Honor Society, Edmonds College Honor Roll

Awards: Scholastic Art Awards Silver Key Recipient

Community Service: I volunteer at The Edmonds Food Bank on Mondays.

Educational Goals: Bachelor of Science degree

Anything else we should know? I'm very thankful for my close relationship with my family and grandparents. I also love food as well as trying new food. Shout out to all of my teachers, librarians, and counselors (Mr. C) for all of their support.

Student Name: *Alex Weber*

Parents' names: Kathryn and David Weber

GPA: 3.854

Clubs & Activities: Jazz band (section leader), wind symphony (section leader), Environmental activism club (EAC), Tri-M, Lessons for all, private trombone lessons.

ASB: Instructional council

Athletics: soccer (varsity and JV as a goalkeeper)

Honors: National Honor Society, partial IB and partial running start.

Community Service: Lessons for all, three Puget Soundkeeper cleanups, two EAC beach cleanups, pep band

Current Employment: Pet/house sitter. I also have an art commission business but it's just starting out and I have less than 10 projects completed so far.

Educational Goals: Four-year college or university, most likely the University of Washington, Wellesley, Western or UC San Diego.

Career Goals: Still undeclared, but considering marine science, counselling psychology, business/project management or graphic design. I plan to apply for a minimum wage job in the next few weeks (I was waiting to turn 18) for workforce experience.

Student Name: *Ethan Wright*

Parents' names: Mary and Mark Wright

GPA: 4.0

Clubs & Activities: Co-President of the Debate Club; singer in Impressions

jazz choir captain of the Drumline; Link Leader; National Honor Society.

Athletics: Varsity tennis

Awards: Team spirit – tennis; first place in fall 2021 Drumline competition

Community Service: Founder of Seniors Connect. During quarantine, the residents of Quail Park Senior Center were in lockdown, so I founded a program where Meadowdale High connected with the seniors in their community. We decided to donate cards to their living center so they could reach out to their friends and family members without having to leave the facility. We ended up donating around 650 cards.

Current Employment: I'm the P.I.C. (Person in charge) at Brown Bear Car Wash

Educational Goals: I would like to attend a four-year college to get my master's degree.

Career Goals: I would like to get a master's degree in either business or chemical engineering.

Student Name: *Hazel Warner*

Parents' names: Angie McGuire and Brett Warner

GPA: 4.0

Clubs & Activities: LINK: coordinator for two years, link leader for three; member of the AWSL (Association of Washington Student Leaders) Student Voice and Advisory Council;

Gen Z Club: I'm a part of club leadership; social justice/activism club; National Honor Society member; Hi-Q member junior and senior years, captain my senior year; Battle of the Books competitor.

ASB: President senior year; freshman and sophomore years senator.

Athletics: Volleyball: two year varsity player; two year JV; varsity captain senior year

Tennis: JV captain junior year

Basketball: played freshmen and sophomore years; team captain freshmen year

Awards: MHS student of the month sophomore year; Rotary club student of the month junior year; JV Volleyball: Coaches Award – 2018; C-Team Basketball: Most Inspirational – 2018-2019

Community Service: Volunteer at Edmonds Food Bank during COVID-19 pandemic.

Current Employment: Tennis coach through Move60! (Edmonds School District)

Educational Goals: To attend a four-year university and possibly graduate school

Career Goals: Undecided

Project SEARCH

Student Name: *Daniel Bamford*

Parents' names: Kristina Wills and Keith Bamford

Athletics: I play soccer, baseball, basketball, and I want to play football.

Community Service: I volunteered at Annie's Kitchen.

Significant School Project: I am an intern at Project SEARCH in Endoscopy recovery and transport.

Career Goals: I want to work on trucks.

Anything else we should know? I really enjoy being outside. I like to cook dinner and watch TV. I take my dog out and feed the cats. I enjoy going to the water park. I like to build Legos.

Scriver Lake High

Student Name: *Rory Gilbert*

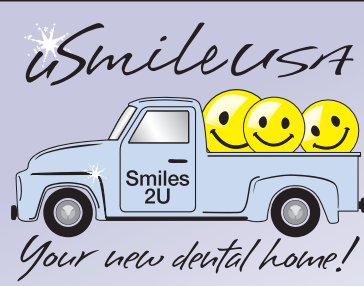
Parent's name: Jackie Gilbert

Educational Goals: To go to Lake Washington Technical College

Career Goals: Being a mortician

Anything else we should know? I really appreciate the nomination


STUDENTS page 14 ▶



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Athlete of the Week

MEADOWDALE



Junior, Eden Thoesen, is a setter for the Maverick Volleyball Team. As shared by her coach, setters don't always get the recognition they deserve, but Eden deserves it. She runs the court, knows where everyone is supposed to be, and gives everything her full effort without ever looking for praise. Eden is truly a team player and does whatever she has to in order to make the team the best it can be. She celebrates when others succeed and is an integral part of the team. In addition to volleyball, Eden is a member of our German-American Exchange Program and a Link Leader who mentors freshmen on campus. That is why Eden Thoesen is our Meadowdale High School Athlete of the Week.



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Athlete of the Week

EDMONDS-WOODWAY




This week's Edmonds Woodway athlete of the week is junior swimmer Becca Hershey. Becca will represent Edmonds-Woodway in the Girls State Swim Meet in Federal Way. She qualified for state in the Adaptive 50 Freestyle event. Two years ago, Becca finished 2nd in the same event. She is looking to take home the title this year. Coach Mike Lesaca says, "Becca is a hard worker and is a dedicated athlete these past 3 seasons. We wish her the best this weekend and look forward to having her in our program again next season."



Becca Hershey
Girls Swimming

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SAVVY SENIOR Tips and tools for family caregivers

Dear Savvy Senior,
Can you recommend any resources that offer help to family caregivers? I've been taking care of my 86-year-old mother and could use some help.

- Burned-Out Brenda

Dear Brenda,

SAVVY SENIOR



BY JIM MILLER

Caring for an aging parent or other loved one over a period of time can be very challenging both physically and mentally. Fortunately, there are a number of tips and services you can turn to that can help lighten the load. Here are several to consider.

Assemble a care team:

A good first step is to put together a network of people including family, friends and even neighbors that you can call on to help out when you can't be there or need a break.

Tap local services: Many communities offer a range of free or subsidized services that help seniors and caregivers by providing things like home delivered meals, transportation, senior companion services and more. Call 211 to find out what's available in your community, or call AARP's caregiving resource center (877-333-5885), which provides referrals to local resources.

Use respite: Respite services can provide short-term care to your mom so you can take some time off. To locate services in your area, try the ARCH National Respite Network and Resource Center at ARCHrespite.org.

Hire in-home help: You may want to consider hiring a part-time home-care aide that can help with things like preparing meals, housekeeping or personal care. Costs can run anywhere from \$12 to \$30 an hour depending on where you live and the qualification of the aide. To find help through an agency, use Medicare's search

tool Medicare.gov/care-compare. Or to find someone on your own, which is a more affordable way to go, try websites like Care.com or CareLinx.com.

Use financial tools: If you're handling your mom's finances, you can make things easier by arranging direct deposit for her income sources and set up automatic payments for her utilities and other routine bills. Also, consider setting up your mom's online banking service at her bank so you can pay her other bills and monitor her account anytime. If you want or need help, there are professional daily money managers (see AADMM.com to locate someone) that can do it for you. They charge between \$60 and \$150 per hour.

Also, if your mom is lower-income use BenefitsCheckup.org, a free, confidential website that will help you locate financial assistance programs that can help pay for her medications, utilities, health care, and other needs.

Get insurance help: If you have questions about what Medicare or Medicaid covers, or about long-term care, your State Health Insurance Assistance Program (SHIP) provides free counseling on all these issues. Call 877-839-2675 or visit ShiptaCenter.org to locate a nearby counselor.

You can also get help at Medicare.gov or by calling 800-633-4227, and through the Medicare Rights Center, which staffs a helpline at 800-333-4114.

Tap other resources: There are a number of other organizations you can draw on for additional information like the Family Care Alliance (Caregiver.org/family-care-navigator), which provides a state-by-state listing of caregiving programs and services; Caring.com, which offers caregiving advice, senior housing information and online support groups; the Alzheimer's Association

see MILLER page 15 ▶

PRIMELIVING

A F O C U S O N T H E G O L D E N Y E A R S

WANDERLUST

Sip and stay in Woodinville Wine Country

Once upon a time, Woodinville was a sleepy town with probably more horses than people. Over the years, however, this idyllic locale has undergone an eye-popping transformation to become the wine mecca of Washington state.

Today, there are over 130 wineries and tasting rooms in Woodinville, spread across four wine districts, and the number is expected to continue to grow.

On a recent visit to the city, I did tastings at Mark Ryan Winery and DeLille Cellars. Winemaker Mark Ryan's journey began in 1999 with a few tons of grapes in a friend's garage. The first vintage was a success and sold out immediately, and the rest is history.

This boutique winery has been ranked "One of the Top 100 Wineries in the World" by Wine & Spirits Magazine, while Mark was named "Winemaker of the Year" by Seattle Magazine.

The winery's tasting room in Woodinville has a hip and happening vibe. Vintage furniture, motorcycles and posters of rock bands adorn the place. The motorcycles come from Mark's collection, as he has a passion for these flashy "beasts."

You'll find the tasting room staff to be friendly and upbeat, as well as knowledgeable about the regularly rotating selection of wines they're pouring. During my visit, I sampled the 2020 Lu & Oly, a light, spark-

WANDERLUST



BY DEBBIE STONE
TRAVELSTONE@COMCAST.NET
TRAVEL WRITER

see STONE page 15 ▶



Motorcycles and rock music posters are the decor at Mark Ryan Winery.

Photo courtesy of Debbie Stone

HEALTH AND WELLNESS

What's for dinner?

Really looking forward to this year's Thanksgiving

I don't know about you, but I am really looking forward to this Thanksgiving. I love everything about Thanksgiving, the food and the coming together with family and friends. We host, and my husband calls Thanksgiving my Super Bowl. I am especially looking forward to this year since we were not able to spend time with family last year.

But I also know that we live in a very contentious time, and that does not exclude family members. As much as I love having my family together, I know that for many, with family there may come different opinions and tension. So how do we lessen that tension so that we enjoy family and have a more stress-free Thanksgiving?

Thanksgiving is seeped into the tradition of sharing, love and harmony, but it can feel stressful and uncomfortable when there are unresolved issues and/or different opinions around hot topics. It is important to remember that we do not have to agree on everything to get along. Try to stay in the moment and enjoy the day, not ruminate about old hurts and conflicts. There will be time enough for that at a later date. Practice mindfulness ... practice staying in the moment, and try to remember that everyone is there to enjoy the day and a meal.

I understand that may be easier said than done. If we should find ourselves in an argument, try to focus on the discussion, not the person. When we focus on the person, past history can come into play, which can cause the discussion to get more heated. If we are feeling that the discussion is getting out of hand, it is good to step back and actively try to listen to what the other person is feeling and saying.

A lot of time, discussions get out of hand because one person is not feeling heard or validated. Conflict is deeper than just a disagreement. When people feel threatened and not heard, they react emotionally, often hurting each other. When we truly listen and hear the other person's point of view, we can avoid this escalation.

In addition to the actual day of Thanksgiving, there are ways to prepare in the future to reduce the risk of conflict.

- Travel - Traveling during Thanksgiving is generally the busiest day of the year to travel either by car or plane. We can bring this added stress to Thanksgiving. So, plan for travel. Perhaps schedule your time to travel a day or two before Thanksgiving if you are able. If not, leave extra early if

you are driving, or take an early flight. For some, celebrating Thanksgiving on a different day is helpful.

• Limit how long out-of-town guests will stay with you.

• Compromise - We all have an ideal Thanksgiving Day in our head. Decide what is really important to you, and compromise on those items and discussions that are not quite as significant.

• Work out disagreements ahead of time or set boundaries - If you know that there are disagreements with family members, try to work them out before Thanksgiving Day. If that is not possible, agree to set boundaries around what you will discuss and leave the disagreement for another day.

• Respect everyone - People value respect almost above everything else, and we can respect people even if we disagree with them. People are more than just some of their beliefs and opinions. Try to focus on the qualities and beliefs in which you do agree.

• Recognize the value of family. No family is perfect, and conflict will inevitably arise at some point. It is important to be attentive to all family relationships throughout the year, not just during the holidays. That way when disagreements arise, you are able to take care of them during that moment and not have them spill over into the holidays.

Thanksgiving and the holiday season can be stressful with family and expectations. With some forethought and planning, we can reduce this stress and have a happy season.

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Medicare's annual enrollment period is happening now

COVID-19 breakthrough cases are on the rise, and those aged 65+ account for 86% of deaths and 69% of hospitalizations for these breakthrough cases. With these staggering numbers, this year's Medicare Annual Enrollment Period, which is now underway, is critical to ensure Washington's 1.4 million Medicare beneficiaries have access to affordable care.

Community Health Plan of Washington (CHPW), a not-for-profit created in 1992 to provide health insurance to people who are not being served by traditional insurance companies, provides answers to top

questions that are plaguing local Medicare beneficiaries.

1. I just received an Annual Notice of Change (ANOC) letter for my Medicare coverage; what do I do now?

An Annual Notice of Change letter is a document sent by your current Medicare plan provider listing any plan coverage, service area or cost changes that will go into effect the following year. Whether you are part of Medicare, Medicare Advantage, Medicare Supplemental, or another Medicare plan, the letter is sent out to all Medicare beneficiaries every season about

see MEDICARE ENROLLMENT page 15 ▶

Making Alzheimer's just a memory

An in-depth look at Alzheimer's and work to find a cure

Although the COVID-19 pandemic turned the world upside down, the rapid development of multiple vaccines has spurred hope that treatments - or even potential cures - may be found for other devastating conditions. One such candidate is Alzheimer's disease.

Understanding Alzheimer's

The Alzheimer's Association defines the disease as a type of dementia that affects memory, thinking and behavior. While some degree of memory loss is common with age, Alzheimer's symptoms are significant enough to affect a person's daily life and typically only

see MEDICARE ENROLLMENT page 15 ▶

grow worse over time.

Early signs of Alzheimer's include trouble remembering new information, solving problems or completing familiar tasks. As the disease progresses, disorientation, confusion, significant memory loss and changes in mood or behavior may become apparent. Physical symptoms may include difficulty speaking, swallowing or walking.

Impact of Alzheimer's

Among people aged 65 and older, 1 in 9 (11.3%) has been diagnosed with Alzheimer's disease, meaning more than 6 million Ameri-

cans live with it. Worldwide, the World Health Organization estimates there are nearly 50 million people living with dementia, and Alzheimer's likely accounts for 60-70% of those.

By 2050, this number could rise as high as 13 million. Less commonly noted are the numbers of early-onset (under 65 years old) Alzheimer's patients within those figures. Up to 9% of global Alzheimer's cases are believed to be early onset, according to the World Health Organization.

see CURING ALZHEIMER'S page 17 ▶

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Shop small, shop local this holiday season

People of a certain age probably agree there's nothing quite so enchanting as shopping during the holiday season. The crowds. The decorated stores and streets. The atmosphere of good tidings and joy.



Unless you shop online. The magic of the season simply doesn't translate when you're sitting home alone in front of your computer screen.

This year, however, with supply chain woes threatening everyone's wish list, a return to a happier pastime can make those holiday dreams come true.

With this week's "Shop Small, Shop Local" section in The Beacon, you'll find a variety of local businesses offering gift ideas for the "shopping challenged" among us.

Can they guarantee they'll have what you're looking for? Of course not! But they will have something you won't find online – good customer service with friendly staff who can suggest alternatives or, if you're simply stuck on what to buy that special someone, a knowledgeable gift guide who can turn your frustration into happy relief.

A major plus: Shop Small, Shop Local means you're helping keep your hard-earned dollars in your community, rather than lining some billionaire's pockets in Somewhere-else-ville, USA.

At The Beacon, we think supporting your local businesses is a wonderful holiday gift to them and your community. In fact, beginning in January 2022, we're going to encourage Shop Small, Shop Local throughout the coming year.

Support your local businesses. There's no better way to ring in the holidays and a New Year.

Music as therapy: Edmonds woman starts new business

BY BRIAN SOERTEL

EDMONDSEditor@YOURBEACON.NET

Running a business can be both difficult and challenging.

Leslie Lawrence is doing what she can to get her business off the ground, and she believes she has a niche: music therapy.

Lawrence, who lives in Edmonds and grew up on Camano Island, is the founder

and owner of Chrysalis Music Therapy. Her business involves the clinical and evidence-based use of music as a tool to accomplish nonmusical goals within a therapeutic relationship with a credentialed professional.

These can include social, emotional, cognitive, and physical goals to promote well-

see **CHRYSLIS** page 13 ►

► from **FRANCHISING** page 1

in the community a little more."

He said that means, every month, selecting a property or someone who's gone through some hard times – whether it's a person or a business – and offering them a free cleanup. That means selecting a home or business that has found landscaping has become a low priority due to hard times, including difficulties brought on by the COVID pandemic.

Franchising

ManageMowed's goal is to become a \$10 million company in three years. Commercial landscaping is a competitive business – to be in the top 100 in the country means being a \$30 million company.

"Franchising is a way to expand on a national scale quickly," said Roberts, "with like-minded people interested in starting a business and teaming up with someone that can help share what they've gone through.

"That includes 20 years of learning in going through mistakes and learning from

them, making things better so they can come into a brand and copy and paste along with a playbook."

ManageMowed charges a franchise fee of \$49,500, which it calls a low investment fee. Royalty fees are 8%.

Franchisee training can take up to 45 days, which includes virtual training and traveling to the Edmonds office on Sunset Avenue North. The latter includes three days of on-the-job training in the field.

"Their job is shadowing our local account managers," said Jakobsen, "and really getting a feel of what this business is about. And then they leave. And basically, within a week or two, they launch and they're out there, basically starting to sell and getting vendors and selling new accountants."

"A lot of people want to have their own businesses, but they're not the best in generating their own leads or closing deals," said Roberts. "When it comes to building a business, there's a lot of challenges. So whenever we can, we try to team up with these guys and help them along the business path."



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► from **CHRYSALIS** page 12

ness, quality of life, emotion regulation, alleviating pain, enhancing memory, and increasing healthy socialization.

Lawrence, 27, moved to Edmonds by chance after returning from Boston, where she attended Berklee College of Music. She attended Edmonds College out of high school, and was a part of Soundsation, the school's jazz group, and helped run the DeMiero Jazz Festival while earning her associate degree.

"I don't have an office space at the moment, but I hope to eventually, when I have the budget and get my feet off the ground in Edmonds," she said.

"I also am hoping to get a better understanding of the community need before I jump into an office space. Meaning if I have more individuals seeking services, or if individuals are seeking more group therapy, or if the different facilities/organizations are open to contracting with me to offer services through their organizations for their client base."

Lawrence has worked in behavioral health hospitals for the last two years. She said she's seen the need for more outpatient services/support when it comes to mental health in general – especially over the last two years during the COVID pandemic.

"This was my inspiration and kick to start my own business," said Lawrence, a credentialed professional earning her bachelor's in music therapy and a minor in psychology.

"At Chrysalis, I use music as a clinical tool within therapy," she said. "Music is a non-threatening medium to discuss and process complex emotions, trauma, and experiences. We can use music interventions such as songwriting as a coping skill to explore and communicate emotions, thoughts, and experiences in a structured way."



Photo courtesy of Leslie Lawrence

Leslie Lawrence offers music therapy as a way to accomplish nonmusical goals.

Lawrence also incorporates "mindfulness" into her practice.

"That means using music as relaxation, and giving the opportunity to sit with our thoughts in a safe environment while using music as a way of grounding. I also love using lyric analysis, finding songs that validate experiences, and being able to use them as a springboard for perspective and discussion."

"These interventions are great for emotion regulation, creative expression, developing coping skills, increasing self-esteem, and healthy communication/socialization. Music can touch every part of your brain, so it is

Show your Edmonds pride with new swag



Photo courtesy of Edmonds Chamber of Commerce

Who doesn't like Edmonds swag? You can get your own at the Log Cabin Visitors Information Center, now selling some Edmonds themed merchandise – coffee mugs, drawing backpacks, bumper stickers, and hats. The visitors center is at 120 Fifth Ave N.

a fantastic tool in the therapeutic process. Music can express emotions words cannot."

Lawrence is also a neurologic music therapist, looking at the relationship between music and the brain while working in memory care with seniors, stroke survivors, and those with traumatic brain injuries.

Lawrence offers individual sessions in clients' homes. She provides instruments and

session plans that support client goals.

"I am also hoping to do group work eventually," she said. "If the community need is leaning this way, I will look for spaces in the community that I can use to run these sessions. I am continuously reaching out to organizations and facilities in the Snohomish and King county areas to contract with to offer services within their programs."

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Clarence Edward Caspers: 1928-2021

Clarence Edward Caspers passed away peacefully on Nov. 9, 2021, in Kent, Wash., at the age of 93. Clarence is survived by his children, Thom Caspers and Diane Javelli; daughter-in-law Adrienne; son-in-law Joe; and five grandchildren: Davis, Graeson, Rhyane, Michael, and Taylor.

He is also survived by his partner, Joann Erickson Gomes. He is preceded in death by Frances, his wife of 52 years; his father, Anthony; mother, Irene; as well as brothers Jim and Bob.

Clarence was born on Feb. 23, 1928, in Edmonds. He attended Edmonds High School and then the University of Washington, where he majored in music and minored in history. He was a member of the Husky Marching Band and loved playing "Bow Down to Washington" at many Husky football games.

He served as a sergeant in the National Guard from 1948 to 1954.

In 1951, he moved to Darrington, Wash., to start his

teaching career at Darrington High School. He taught music for a number of years before switching to history, world affairs, and careers. He was coach of the boys tennis team from the beginning, and also starting coaching the girls tennis team in the '70s. He continued coaching until he retired in 1987. He was inducted into the Darrington Athletic Hall of Fame in 2015.

Clarence loved music, especially classical and opera. He loved travel, hiking, fishing, gardening, reading, photography, and was an avid stamp collector. He attended First Baptist Church and served as music director of the choir. It was there on the steps of the First Baptist Church that he was introduced to Frances, whom he married in 1960. He built their home together with his dad, Tony, who was a carpenter.



After retiring in 1987, he worked several summers for the U.S. Forest Service alongside Frances at the North Fork Guard Station.

Over the years, Clarence – aka Mr. Caspers or "Mr. C." – touched many lives and multiple generations through his teaching, coaching, and community involvement. He served in many positions: library board, planning commission, National Archery tournament, and school facilities advisory committee.

In 2015, Clarence moved to Arbor Village in Kent, where he enjoyed an active life teaching music programs to his fellow residents and attending Michael and Taylor's band concerts, plays, and tennis matches.

He enjoyed traveling to Arizona to see his other grandchildren, Davis, Graeson, and Rhyane, and attending their

events and basketball games whenever possible. But more than anything, Clarence loved and supported his children, Thom and Diane, through everything! He was always our biggest cheerleader, and we will miss him terribly!

In 2019, Clarence was reunited with a former friend from his years in Edmonds. For the past two years, he and Joann have formed a loving bond that has been truly inspirational to watch. Joann has become a member of our family, and in the last months cared for Clarence. We are eternally grateful for her love for our father. We also wish to express gratitude to his care team at Arbor Village: Sam, Christy, and Jackie, to name a few.

A celebration of life will be held at 2 p.m. on Friday, Nov. 19, at the Darrington Community Center, 570 Sauk Ave., Darrington. Come prepared to share your favorite story. UW Huskies or Darrington Loggers attire optional.

		3		5		7			
		5	8					1	3
	7		4			2			
8	5			7	1				2
2									1
4			9	6				7	8
		4			9			2	
5	9				4	1			
		2		1		6			

Sudoku solution on page 5

from SNO-ISLE LIBRARIES page 6

hotspots, and we can now use Northstar as another helpful tool."

After Northstar test takers pass assessments, they should feel comfortable using their new skills to search for information online, search for a job, and use email, Felt said. They can then pursue more advanced training, certifications, or career pathways elsewhere.

"We're looking forward to offering Northstar to our customers to help increase digital inclusion in Snohomish and Island counties," Felt said.

Northstar Digital Literacy is being provided regionally by the Washington State Library.

Arlene Drawsky: 1940-2021

Arlene Drawsky, born April 12, 1940, in Elma, Wash., passed away on Nov. 7, 2021. Arlene graduated from Flathead High School in Kalispell, Montana, in 1958.

She had several jobs after school, including owning two restaurants with her husband, Rich, as well as opening her own tax and accounting business called Better Bottom Line, which she owned for 22 years.

She is survived by her daughter, Cindi Rae Hyce; stepson, Richie (Norene) Drawsky; half-sister, Teri (Dennis) Fowler; niece, Claudine (Greg) Pruitt; granddaughters Sara Alina Kristine (Johnathan) Day and Jessica Renee Hyce; grandsons Cody Jerome (Hailey) Hyce and Riley Hunter (Melissa) Hyce; step-granddaugh-



ters, Bria (Danny) LeFeuvre, Kayla (Matt) Bowen, Megan Morgan and Marlayna Drawsky; as well as several great grandchildren.

She was preceded in death by her husband, Richard Drawsky; daughter, Kristi Arlene Salter; and step-son, Stanley Drawsky.

Viewing will be held on Thursday, Nov. 18, from 4-8 p.m. at Beck's Funeral Home, 405 Fifth Ave. S, Edmonds, 425-771-1234. The funeral service will be held on Friday, Nov. 19, at noon at Beck's Tribute Center, 405 Fifth Ave. S, Edmonds, with interment following at Edmonds Memorial Cemetery.

Please share memories at <http://www.beckstrIBUTE-center.com>.

CROSSWORD

Puzzle Level: Easy

1	2	3		4	5	6	7		8	9	10
11				12					13		
14				15					16		
17				18			19	20			
			21		22	23		24		25	26
27	28	29						30			
31					32		33				
34					35						
			36		37		38		39	40	41
42	43			44	45	46			47		
48				49					50		
51				52					53		

Puzzle by Myles Mellor

- Across**
- Place to surf
 - Influence
 - Stew morsel
 - Drink addition
 - Next to Europe
 - B&B
 - A sentence starter
 - Feel
 - Quaint
 - Christmas carols
 - Block
 - Permits
 - Groks
 - Vein
 - Plumbing problem
 - Native of the world's largest peninsula
 - Lady in a harbor
 - Info
 - Steadfast
 - Sickly
 - Garden tool

- Down**
- Mental keenness
 - Mountain comeback
 - "It's ___ real!"
 - Free tickets
 - "___ your imagination!"
 - Fib
 - Gentle one
 - Trailblazer
 - Outcome

- Talking Heads: "___ She Was"
- Worldwide
- Unaware
- Slant
- Hubbub
- Fast no more
- Blue hue
- Pops
- Slice of history
- Guest role on 'House'
- Shrubbery
- Much
- "Love Will Find ___"
- Anniversary, e.g.
- Peepers
- Delivery from Santa
- Attribute
- Queen's "We ___ the Champions"
- Oolong, for one

from STUDENTS page 9

Student Name: **Mikaia (Wisteria) Ray**



Mikaia Ray

Parent's names: Kristin and Steven Baxter

Clubs & Activities: Drama program at Meadowdale High

Employment: Babysitter

Educational Goals: Graduating High School

Career Goals: Becoming a wildlife rehabilitator

Anything else we should know? I'm genderqueer

VOICE Program

Student Name: **Angel A Martinez-Huerta**



Angel Martinez-Huerta

Parent's names: Maria Huerta and Jonathan Cruise

Clubs & Activities: Work with my dad and spending time with my family

Employment: Work-Force Development Center

Educational goals: To have job skill

Career Goals: To have my own company one day.

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► from **STONE** page 10

ly chardonnay; 2018 Lost Soul, a Syrah with notes of blackberry and plum; 2019 Monkey Wrench, a well-balanced Bordeaux blend with a long finish; 2018 Lonely Heart, a bold, earthy Cabernet Sauvignon; and 2018 Long Haul, a full-bodied, smooth red, composed primarily of merlot.

DeLille Cellars, a boutique artisan winery, is a pioneer of Bordeaux-style blends in the state. Founded in 1992, DeLille is widely regarded as having had a pivotal influence in establishing the state as a premier viticultural region.

The winery has crafted over 200 top-rated wines, and has received many accolades, including being honored as a "Wine & Spirits Top 100 Winery" and "Wine Enthusiast Wine Star – Top Five American Wineries."

DeLille's new, modern, tasting room occupies a three-story building, where seated wine tastings occur inside on the various levels, as well as alfresco on the patios. I tasted four wines: the 2020 Chaleur Blanc, with hints of peaches, lemon and grapefruit; 2019 Roofline Pinot Noir, defined by its notes of cherry and raspberry; a rich and luscious 2017 Grand Ciel Syrah; the 2018 Le Colosse, a lively, plummy Merlot; and the Four Flags 2018, a Cab Sauvignon with a meld of savory and fruity essences.

Though wine plays a dominant role in Woodinville, beer and spirits are also represented at several local breweries and distilleries. If you've got Fido with you, check out Ales and Tails, a combo indoor dog park and taproom.

Over at Woodinville Whiskey, you'll find small batch, artisanal spirits. And at Puget Sound Rum, traditional Jamaican rum-making methods are used to create flavorful varieties like Comb & Cane Honey Infused. After a few sips, you might just hear steel drums!

Hard cider aficionados will appreciate the modern ciders at Locust Cider, with such offerings as Peach Ginger, Hibiscus and Mojito.

When it comes to accommodations, the place to stay is Willows Lodge. Located in the heart of Woodinville Wine Country on five gorgeously landscaped acres bordering the Sammamish River, this upscale property is a treat for the senses and a haven of relaxation and rejuvenation.

You know you're somewhere special when you drive up to the entrance and see the hollowed shell of a massive, 1,500-year-old cedar snag. Brought here from the Olympic Peninsula, it is a reminder of logging days when 20 feet or taller stumps were left be-



Photo courtesy of Debbie Stone

A massive, 1,500-year-old cedar snag reminds visitors of Washington's logging history at the Willows Lodge entrance in Woodinville.

hind because they were too big to take to the mill. The lodge itself is constructed of 100-year-old Douglas fir timbers, which give it a handsome, rustic appeal.

Enter the expansive lobby and you're greeted by a huge stone fireplace and tall, beamed ceilings. Art, particularly Northwest

Coast Native American works, is everywhere you look – in the public spaces, guest rooms and throughout the gardens.

Right beyond the lobby is the Fireside Lounge, where you can enjoy a libation or two (more wine anyone?).

Rooms, each with their own private patio,

are tastefully decorated and have fireplaces, ultra-comfy beds and spacious bathrooms with oversized soaking tubs. Pampered, yes. Over the top, no.

Make sure to stroll the grounds, as they're stunning. The flowers and plants provide bursts of color, texture and intoxicating scents. You'll discover water features, sculptures, a stone hut, gazebo and ... a pair of pet pigs named Basil and Borage! The pigs belong to The Herbfarm, Washington state's only five-star restaurant, which is situated on the lodge's property.

The lodge's own highly acclaimed restaurant, Barking Frog, gets my vote when it comes to having that special meal. Executive Chef Bobby Moore works his magic in the kitchen with a seasonal, innovative menu that emphasizes fresh, quality ingredients sourced from local farmers, foragers and purveyors. Entrees include wild king salmon, seared scallops, grilled pork chops, halibut and stuffed poblano with risotto among other dishes.

For "The Finish," try the blueberry brown butter cake with mascarpone gelato or the vanilla bean pot de crème with rhubarb compote. You'll waddle out the door, sated and content.

Up the wellness ante during your stay with a treatment at the lodge's onsite spa. Or spend time enjoying the hydrotherapy pool and sauna.

► from **MILLER** page 10

(ALZ.org/care), which provides information unique to the challenges of dementia caregivers; and the U.S. Department of Veterans Affairs (www.caregiver.va.gov), which offers caregiver support services to veterans and even spouses of veterans.

And, if you happen to be sharing care responsibilities with others, sites like *Lotsa-HelpingHands.com* and *CaringBridge.org* can help you coordinate together.

Take care of yourself: Make your own health a priority. Being a caregiver is a big job that can cause emotional and physical stress and lead to illness and depression. The only way you can provide the care your mother needs is to make sure you stay healthy.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC *Today* show and author of "The Savvy Senior" book.

► from **MEDICARE ENROLLMENT** page 10

benefits and premiums. Check to see if your premiums have increased – if your plan premiums have gone up, check your budget to make sure the plan will work for you.

Then, review any benefit changes to make sure that all of your needs will be met. For example, Medicare generally doesn't cover dental benefits, but some Medicare Advantage plans, like Community Health Plan of Washington Medicare Advantage, do cover preventative dental, so make a list of what you would like and research plans that meet your specific needs.

3. What are the different types of Medicare plans I should research?

There are many Medicare plans out there, and the benefits and premiums differentiate the various plans. Apart from original Medicare, there are Medicare Advantage, Zero Cost, and Supplemental plans.

Supplemental plans are optional, and you will not be penalized for not signing up for a supplemental plan. If you cannot afford or don't want to commit to a supplemental

plan, research Medicare Advantage plans that operate the same way as the Medicare original plan, but with enhanced benefits. If you want coverage to protect your health, but do not get sick often, it could be worth exploring a Zero Cost plan.

4. If I already like the plan I am on, and do not want to change it, do I need to fill out a new application?

No action needed. It is recommended you review your plan for any changes, but your plan will auto-renew in January 2022 if you do not take action before then.

5. What is the timeframe of the Medicare Annual Enrollment Period?

The Medicare Annual Enrollment Period ends on Dec. 7.

6. I am not eligible for Medicare, but my parent(s) need my assistance enrolling in a new Medicare plan. How can I help my parent(s)?

You can help your parent(s) by doing some research in advance or visiting a designated Medicare representative at your parents' health plan. While your parent(s) do have to go through the enrollment process themselves, CHPW can help you help them navigate the system.

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▶ from **CURING ALZHEIMER'S** page 11

According to a Harvard School of Public Health survey, Alzheimer's is second only to cancer among America's most feared diseases. However, data from the Alzheimer's Association shows Alzheimer's is the sixth-leading cause of death in the United States, a rate higher than breast cancer and prostate cancer combined.

Beyond the personal impact for those battling the disease and their loved ones, Alzheimer's Disease also takes a significant economic toll.

The Alzheimer's Association predicts that in 2021, Alzheimer's and other dementias will cost the nation \$355 billion. By 2050, these costs could exceed \$1 trillion if no permanent treatment or cure for Alzheimer's is found. At the same time, more than 11 million Americans provide unpaid care for people with Alzheimer's and other dementias, an estimated 15.3 billion hours of care, valued at nearly \$257 billion.

Treatment Options

While there hasn't been enough significant progress in discovering a treatment or cure in the more than 100 years since Alzheimer's was first identified in 1906, early diagnosis and treatment may improve the quality of life for patients.

The disease affects each patient differently, so therapies vary widely depending on how far it has progressed and which symptoms are most prevalent. Some therapeutic approaches can address symptoms like sleep disruption and behavior while medication may be beneficial for treating other symptoms.

Founded in 2016 by Milton "Todd" Ault III, Alzamend Neuro, a preclinical-stage biopharmaceutical company, has been actively seeking a cure for Alzheimer's and concentrates on researching and funding novel products for the treatment of neurodegenerative diseases and psychiatric disorders.

With two products currently in development, the company aims to bring these potential therapies to market at a reasonable cost as quickly as possible.

Ault's stepfather is currently battling Alzheimer's, his mother-in-law died from the disease, and he has three other family members suffering through it.

"Even though work has been done to find a cure for Alzheimer's, to me it hasn't been a full-court press," said Ault, whose many personal encounters with Alzheimer's have further fueled his passion to find a cure.

"While there are no profound treatments today for Alzheimer's disease, we believe we can change that."

To learn more about treatments and therapies in development visit alzamend.com.

Practical Ways to Fast-Track a Cure

Some basic changes in the approach to disease research could accelerate progress for diseases like Alzheimer's, said Milton "Todd" Ault

▶ from **CONTENTIOUS MEETING** page 1

ber of tasks relating to the ecological function of the Edmonds Marsh and its wildlife.

- The Edmonds Downtown Alliance (EDA) budget, at \$87,680.
- \$265,008 for the restructuring of the Edmonds Municipal Court.

Not approved

- \$150,000 for the study and design of the Fourth Avenue Cultural Corridor
- \$235,000 for adding a subarea planning program, which would have led to the study of numerous issues in various parts of town.
- \$250,000 a year for a tree retention incentive pilot program.
- Saving \$150,000 by eliminating the Race, Equity, Diversity and Inclusion (REDI) program manager position.
- Councilmember Kristiana Johnson wanted to remove Police Department midlevel management positions, saving \$266,385, and

Ill, founder of Alzamend Neuro.

Ault believes recent advancements in vaccines and medical technology, combined with these five approaches, can help advance the search for a cure for Alzheimer's disease and other dementias.

Encourage public-private partnerships: The collaboration of government agencies and private industries was integral to the COVID-19 vaccine development. The cross-industry partnerships enabled a vaccine to get to market in less than one year despite detractors. Ault believes this model can be replicated for other diseases and conditions.

Diversify the search: Because of its com-

remove/restructure the Police Department body camera program (\$231,000). Neither motion got a second from councilmembers.

Edmonds' citywide expenditure budget for 2021 was \$118.8 million; the general fund alone was \$45 million

Contentious meeting

Tuesday's City Council meeting was another contentious one – from both public speakers and councilmembers themselves.

The main argument centered on Council President Susan Paine's motion – which was approved – to continue budget discussions on Wednesday instead of pushing it to Tuesday, Nov. 23, the next regularly scheduled meeting.

Councilmembers Kristiana Johnson and Vivian Olson voted against the move, while Paine and Councilmembers Laura Johnson, Luke Distelhorst, and Adrienne Fraley-Monillas voted for it.

Several public speakers, as well as Olson and

Kristiana Johnson, implied that the move was political. The reasoning: Holding the meeting on back-to-back days would allow Distelhorst to continue to vote on budget items. He was appointed to the Position 2 seat in 2020 to replace now-Mayor Nelson, but finished third in the August primary.

As he was appointed, his position ends Nov. 23, when election results are certified by the county canvassing board. The Secretary of State will certify election results Dec. 2.

Will Chen will be taking the Position 2 seat at that time – his challenger, Janelle Cass, has conceded – and could have had a say in the budget, the arguments went.

In years past, the budget has typically been approved in December, but Finance Director Dave Turley had earlier urged councilmembers to sign off on it before the end of November.

"As I stated when the first budget schedule

see **2022 BUDGET** page 19 ▶

plexity, a cure for Alzheimer's will require expertise from a broad range of organizations including health and defense, biopharmaceutical firms, academic experts and those involved in Operation Warp Speed, the federal effort that supported multiple COVID-19 vaccine candidates simultaneously to expedite development.

Share standards and data: Focusing on a shared goal is vital to succeeding. This means looking for ways to share standards and collaborate with colleagues and competitors regardless of proprietary data, patents and other limitations.

Become the catalyst for a cure: When po-

litical will and government funding are insufficient or unable to drive change, the private sector can inspire action. "The progress we are making is a result of the private investment dollars we secured and the way we have applied strategy and tenacity that comes from a successful business record," Ault said.

Learning from past successes: Aside from the result, there is a great deal to learn from the successful development of past drugs and vaccines. Social awareness and cultural demand are potential ways to stimulate faster production and approvals between public and private entities.

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Lynnwood confirms new Municipal Court judge

On Nov. 8, the Lynnwood City Council unanimously approved Mayor Nicola Smith's appointment of Valerie Bouffiou to serve as Lynnwood's next Municipal Court judge.



Valerie Bouffiou

Bouffiou, a part-time faculty member in the paralegal program at Edmonds College, has 18 years of judicial and litigation experience. She has served as a prosecutor, defense attorney, and Administrative Law judge. For the past eight years, she has been serving as a judge pro tem, serving 16 courts in Snohomish and King counties.

For the past four years, her pro tem work has brought her to the Lynnwood Municipal Court.

"I am thrilled to welcome judge Valerie Bouffiou as our next presiding municipal judge," said Smith. "After an in-depth search, with several very qualified applicants, Valerie's commitment to therapeutic justice and her stellar reputation in the region made her absolutely the right choice for Lynnwood. Judge Bouffiou's leadership will be a key component to the success of our new Community Justice Center."

"This is a time of tremendous opportunity for the City of Lynnwood to begin trans-

forming the Municipal Court into a model of collaborative effort among the city's criminal justice stakeholders," said Bouffiou. "My judicial philosophy emphasizes compassionate justice balanced with accountability, and open communication, collaboration, and teamwork between the court, the city, and community stakeholders. I look forward to developing more therapeutic programs and providing a positive approach to reduce recidivism for our justice-involved community members."

Bouffiou began her legal career as a deputy prosecutor in Snohomish County, where she practiced in district, juvenile, and superior court for over seven years. With charges ranging from driving under the influence to murder, Bouffiou handled countless criminal cases from investigation through trial. Bouffiou also has experience as a criminal defense attorney.

Judge Bouffiou is an active member of the community, and is a YMCA board member. She regularly volunteers for local school "Law Days," where she works with law enforcement, prosecutors, defense attorneys, judges, and teachers to create a positive relationship between students and their government.

Current Presiding Judge Stephen E. Moore has served as the Lynnwood Municipal Court since 2001.

7-Eleven shooting: No update

Nineteen months after a fatal shooting at a convenience store on Highway 99 in Edmonds, there is still no conclusion to an event that took the life of a beloved community member.



Nagendiram Kandasamy

"This continues to be actively investigated by our detectives, but there is no further update at this time," said Acting Assistant Police Chief Josh McClure.

Nagendiram Kandasamy, 64, was murdered Feb. 21, 2020 - while he was working at a 7-Eleven store at Highway 99 and 238th Street SW in Edmonds - by

a masked assailant who burst into the store and jumped on the counter before shooting him.

Roughly three weeks later, on March 15, detectives located two people of interest who were taken into custody after a prolonged standoff with a police SWAT team.

The male remains in custody on other charges while the female was released from custody in December 2020.

"Our detectives continue to actively work this investigation and have remained in regular contact with the Mr. Kandasamy's family," said McClure said in March of this year.

If you have any information, email PoliceTips@edmonds.gov or call the tip line at 425-771-0212.

- Brian Soergel

POLICE BEAT

Nov. 8

SHE DON'T LIE

Hospice nurse turned in flashlight found with suspicious white powder inside. 23500 block 95th Place W.

DANGER, STRANGER

Victim reported threatening phone call from stranger. The stranger was identified and charges were referred. 700 Block 14th Way Southwest.

NSFW

Subject's vehicle was stolen from their workplace parking lot. No suspect information. 8100 block Ballinger Way.

Nov. 7

ENGAGEMENT OFF

Grandmother and granddaughter engaged in verbal argument.

No assault determined. 400 block Third Ave. N.

DIY

Report of vehicle prowl and theft of screwdriver. 1000 block C Ave.

EXACTLY HOW THEY APPEAR

Window broken and rear view mirror reported stolen. 8100 block 236th St. SW.

Nov. 6

I EXIST

Graffiti found painted on street. No suspect information. 600 block Seventh Ave. N.

SERENDIPITOUS

Hit-and-run collision suspect vehicle found unoccupied. A stolen firearm was recovered from inside during search warrant service. 22100 Block Highway 99.

see **POLICE BEAT** page 19 ▶

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ANNOUNCEMENTS

MISCELLANEOUS

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SOLUTIONS

Al-anon and Alateen is a support group for friends and families of alcoholics. For a list of local meetings go to www.dist23.org or call 425-348-7828.

Is compulsive eating a problem for you? Overeaters Anonymous meetings are currently virtual. Free. We welcome newcomers. See info on meetings at: www.seattleoa.org/meetings

Are cocaine, drugs or alcohol a problem in your life? Cocaine Anonymous can help. www.caof-wa.org. 425-244-1150.

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from 2022 BUDGET page 17

was introduced, it is aggressive and poorly planned," said Councilmember Diane Buckshnis in an email to The Beacon. She complicated matters by not being in attendance Tuesday night to speak about her budget decisions. She is attending a family wedding, and said she would not attend Wednesday's meeting.

"Of course, it was truncated further, and required postings and transparency have been confusing at best. As a former council president, I am disappointed at our current leadership and hope to implement change next year so that these poor financial management practices are never repeated again.

"Council President Susan Paine has failed many, including myself, with her inability to listen and understand the entire budgetary process."

Councilmembers Kristiana Johnson and Fraley-Monillas had the evening's most heated moment concerning the continuation of the budget process. Johnson said she could not make the Wednesday night meeting.

Fraley-Monillas, who lost her bid for a fourth term and will leave at the end of the year, said

that Johnson was using her stay in a hospital as an excuse, mentioning that Johnson had already publicly stated she was having health issues while recovering from a back injury.

Johnson was visibly upset by Fraley-Monillas calling out her health issues.

No public comment

Earlier in the meeting, during the first public comments, speakers were told there would be another public comment period specifically on the budget. But several speakers touched upon the budget anyway, voicing their disapproval.

Before the public comment on the budget, however, Council President Paine made a motion forbidding those who already spoke against the budget earlier in the meeting to speak again during the budget public comment.

She said she wanted new voices. The motion passed, with Kristiana Johnson and Vivian Olson voting no.

Later, Fraley-Monillas broke council procedure by twice telling a public speaker, "You're welcome," when the speaker told her she was out of order.

from POLICE BEAT page 18

*9

Resident reported harassing phone call. 18900 Block Soundview Place.

BOLO FOR LEATHERFACE

Chainsaw found on side of road turned in to police. 23600 Block 107th Place W.

Nov. 5

JUST LEAVE

Man trespassed from business after causing disturbance with staff and refusing to leave when asked. 23800 block Highway 99.

JUST LEAVE 2

Male trespassed from store after causing a disturbance. 10100 block Edmonds Way.

JUST LEFT

Previously trespassed subject returned to business and committed theft. Suspect not located. Criminal charges referred. 23600 block Highway 99.

GOOD GUY WINS

Male caught by homeowner prowling vehicle in driveway. Suspect booked into jail. 22600 Block 105th Avenue West.

BOOK 'EM

Patrol car backed into a pole. No injuries. 8400 block 240th St. SW.

NOV. 4

Boo

Vehicle owner scared away a possible prowler. 1100 block Fifth Ave. S.

BAHAHA

Unidentified subject attempted to pry open secure condominium complex doors. No entry was made. 7200 Block 224th St. SW.

DOESN'T APPROVE THIS MESSAGE

Political candidate reported receipt of disturbing email. 23200 Block 75th Ave. W.

NOV. 3

BLEACH

Person made claims their ex-boyfriend put bleach into their contact case. 21500 Block 73rd Place W.

STOLEN GROCERIES

Male who stole groceries from store trespassed from location. 23600 block Highway 99.

NOV. 2

SMH

A report of suspicious text messages sent to a juvenile. 23400 Block 92nd Ave. W.

THE WHITE ZONE

Mother and son argued over date of upcoming flight. 100 block Second Ave. N.

from MORE LETTERS page 8

teering again next season for this ongoing, and critically important task!

John Brock Woodway

Fence hit again at Third and Caspers

Yesterday, someone hit my fence yet again.

I don't see any blood on the sidewalk, so apparently we got lucky once more. This is the fourth time someone has hit my fence. All four times we were lucky a pedestrian was not involved.

To the City of Edmonds: How long do you expect that luck to last? Your engineering department said this is not a high priority corner. I respectfully disagree, for I too am an engineer.

Edmonds fails to hear my safety concerns, much like Edmonds fails to hear concerned residents on Dayton Street.

Heading north on Third Avenue North, there is a large yellow sign with a black arrow. It is mounted on a "guardrail." That sign is well paid for no one misses that turn. Headed west, on Caspers Street, is a small arrow. It is not in your face as you navigate the corner.

Possibly different signage may help the situation. Positively, a guardrail would. When someone is seriously injured or killed on this corner, my correspondence with the City of Edmonds will likely find the City liable. It appears to me the City is only interested in projects that bring in grant money.

This is why we see four-lane roads, turned into two-lane roads, complete with bicycle lanes. Grant money! This is why we see bicycles painted on our streets. Grant money! Safety appears secondary to all the state and

federal grant money.

You people work for us, the tax-paying voters of Edmonds. Our 2021 election clearly states that we are not happy with the direction Edmonds is headed.

I just pray that I am not that person on the sidewalk.

Ed Caspers Edmonds

Sound Transit: Get me to the airport on time

Perhaps you heard the giant yes from my home when I first read this ("Edmonds is being short-changed by Sound Transit," Guest View, Nov. 4).

I wish that I could take transit from Edmonds to light rail (reliably) and in time to catch an 8 a.m. flight from SeaTac. Makes me wonder - is there good transit access

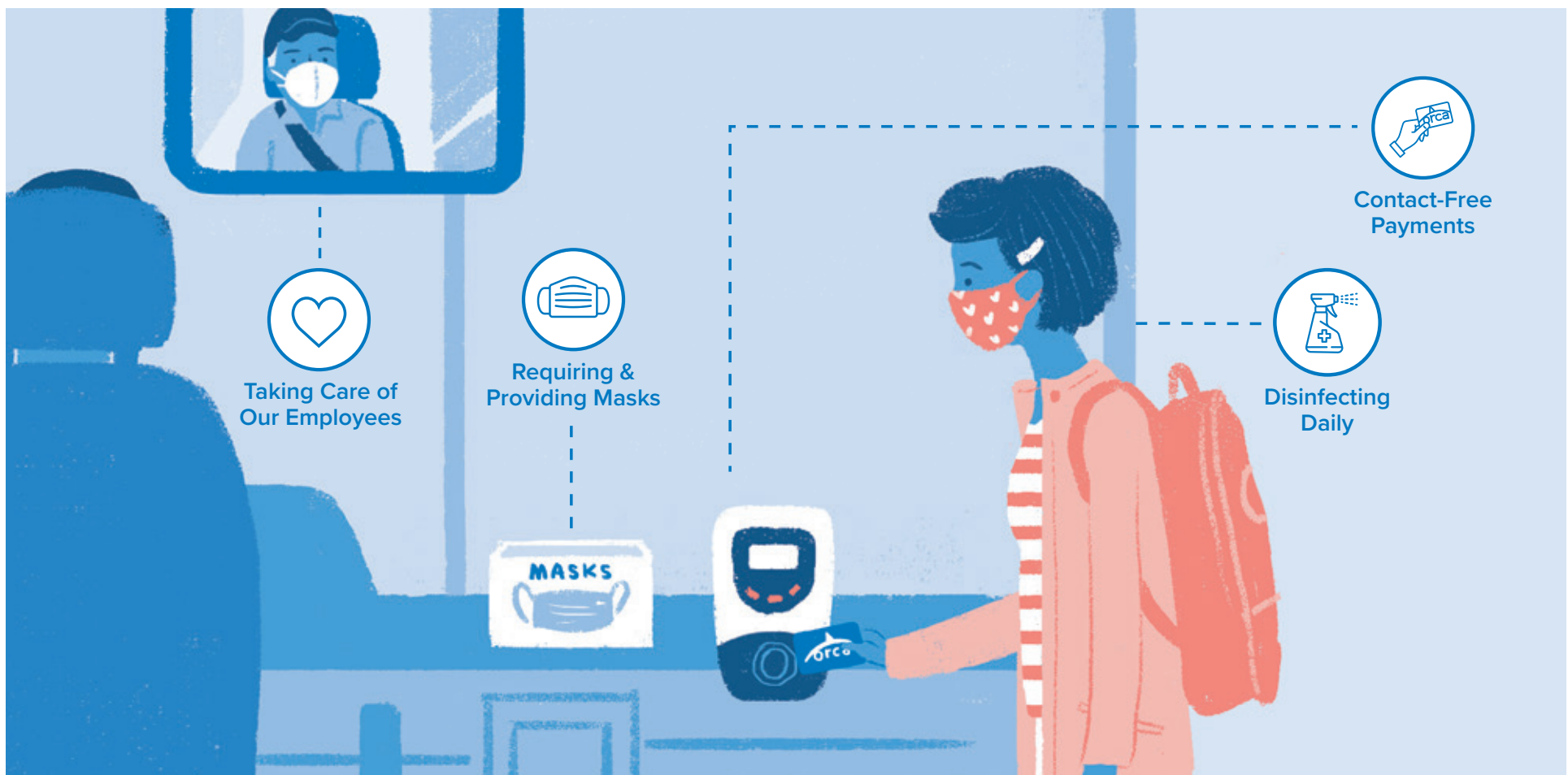
from Edmonds (uptown and the Bowl) to Paine Field?

Sound Transit should be supportive of multimodal transit and supporting people of all ages to eschew their POVs (privately owned vehicles) to make car-free connections on all seven days of the week. Sound Transit has a System Access Fund but mostly for walkers, cyclists, and road projects.

On to Community Transit! Their first choice showed the MN line getting me from Edmonds Amtrak to the airport by 7:56 a.m. What about the 800 series routes to Northgate? (NS). The 810 gets you to NS by 9:40 a.m. on weekdays.

The 860 route will get you from 164th to NS by 6 a.m. The 880 will get you from Swamp Creek to NS by 5:51 a.m. None of these will get you to the first flight out from SeaTac. Rideshares are not the answer.

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Burned brother bears back together again

Bear cubs receive treatment and will hibernate at PAWS Wildlife Center



Beacon photo by Christopher Kim

PAWS naturalist and release expert Jeff Brown gives a presentation on the vet and animal care teams testing the bear cubs for lingering effects of the wildfire.



Photo courtesy of PAWS Wildlife Center

BY CHRISTOPHER KIM
MILLCREEKEEDITOR@YOURBEACON.NET

Editor's note: This story is a follow-up to the initial press release from PAWS Wildlife Center on the burned bear cubs receiving treatment during the past summer's forest fires. The story is available at <https://bit.ly/3col0ed>

After being barely able to walk and suffering from severe second-degree burns and smoke inhalation, two orphaned bear cubs have made significant recoveries and are preparing to enter hibernation under the care of PAWS Wildlife Center in Lynnwood.

Both cub siblings, about 10 months old, were separated from their mother and injured in the past summer's 25-Mile wildfire in Chelan, and were taken to PAWS

in late August.

The cubs were part of a sudden influx of burned bears arriving at the wildlife center during the summer's raging forest fires.

"The bears are doing really well now, and look great," said PAWS naturalist and release expert Jeff Brown. "We're super excited about how they're doing, and that they've essentially fully recovered from all their injuries. We're very optimistic that they're going to be released this upcoming spring."

Brown oversees the release procedure to ensure the animals are fully recovered and healthy enough to return to the wild. He also helps create a plan to make sure the bears are released into the right habitat at the right time of year and time of day.

"We're not seeing any other lingering effects from the fire," he

The brother bear cubs are reunited after months of separate care. They get along very nicely, according to PAWS staff.

said. "The main injury that the vet team and the animal care team were treating when they first came in was the severe burns on their feet."

As time progressed, concerns over the effects of smoke inhalation in the animals' lungs meant additional tests and examinations. All of which proved that the bears are in fact healthy and have made excellent recoveries, Brown said.

In order to minimize contact with people, the bears have been under care with little to no interaction with the vet and animal care team.

"For medication on pain management, we've provided it through food that we left out for them to find and eat," Brown said. "The actual procedures, however,

had to be done under anesthesia, so when we were performing surgeries on the affected tissues from the burns, they were completely out."

The bears were stoic throughout the whole process, Brown said. They did not outwardly demonstrate a lot of pain, even though the team knew their injuries were causing them extreme amounts of it.

With the bear cubs now getting ready for their winter hibernation, the team ran final tests to make sure there are no additional complications to the animals' health before their season of inactivity.

"The veterinary staff did some exams to the tissues of the paws and everything looked good; there's fur growing back, and

the cubs' mobility seems fully restored," Brown said.

PAWS does not know what happened to the cubs' mother. However, according to Brown, the cubs are at the right age to start living on their own, and would have left their mother's care by now.

The cubs, which have been under separate care for months, were reunited. Rescuers and staff were unsure if they were siblings, though they were the same age and found in the same area. Upon reintroducing them to each other, however, PAWS staff members knew that they were long-lost brothers back together again.

The bear cub brothers were also recently featured on The Dodo on YouTube, which can be viewed at <https://bit.ly/3ntrD6N>.



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