

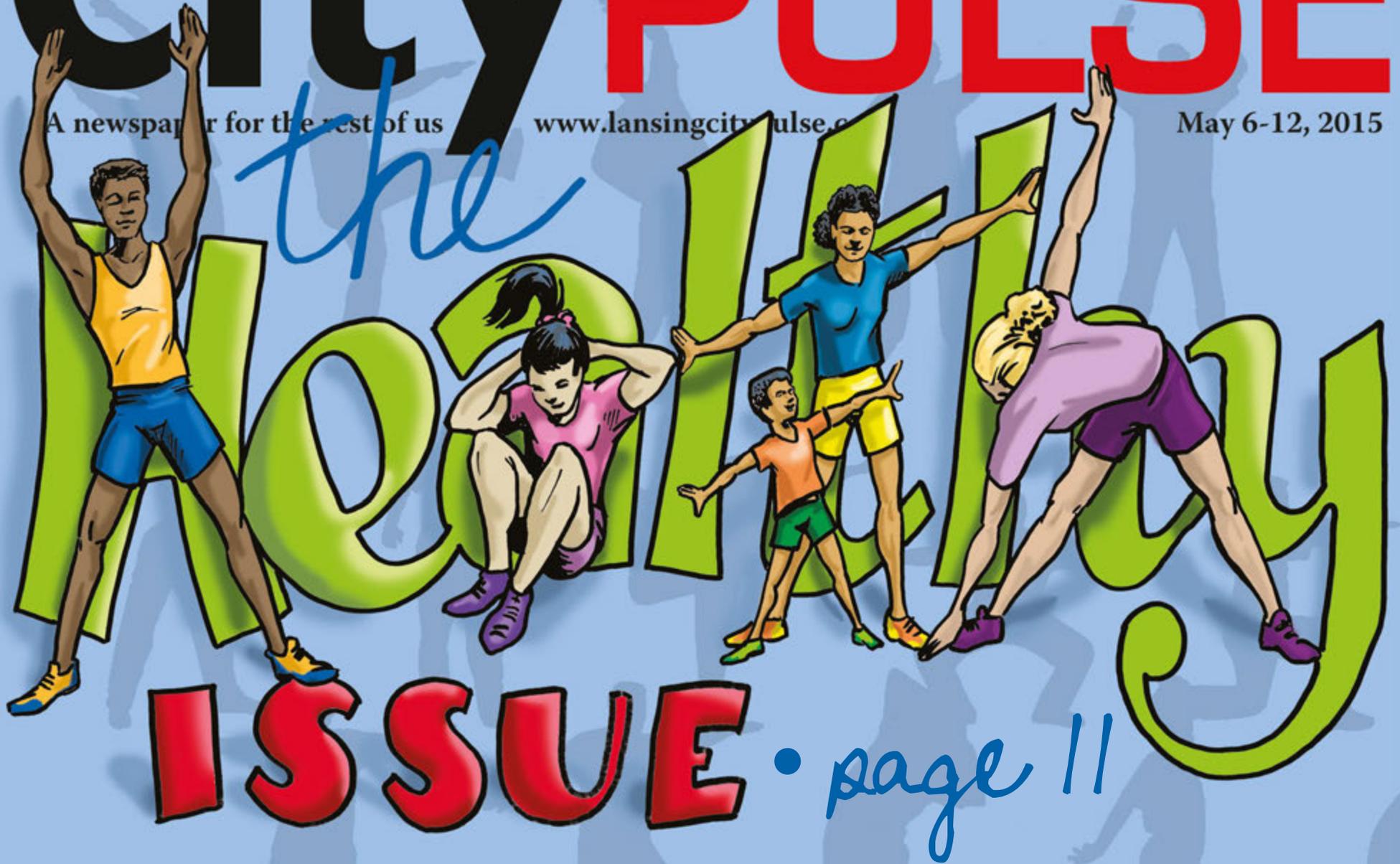
# City PULSE

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May 6-12, 2015



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Group plans to resurrect Lansing Brewing Co.  
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2015

CITY PULSE • CH. 6 NEWS

# TOP OF THE TOWN CONTEST

### HANGOUTS

- CHURCH
- COFFEE SHOP
- DANCE BAR
- GAY/LESBIAN BAR
- HAPPY HOUR
- KARAOKE
- LANSING AREA BREWERY
- LANSING AREA DISTILLERY
- MOVIE THEATRE
- MUSIC VENUE
- OPEN MIC NIGHT
- PATIO
- PLACE TO TAKE KIDS
- PUB/TAVERN
- SPARTAN SPORTS HANGOUT
- SPORTS BAR
- VACATION SPOT IN MICHIGAN

### BEST DINING

- ASIAN
- BAKERY

- BBQ
- BREAKFAST
- BURGER
- COCKTAILS
- CRAFT BEER SELECTION
- DESSERT
- DINER
- FISH FRY
- FRIES
- GOURMET RESTAURANT
- GREEK
- INDIAN
- ITALIAN
- MEDITERRANEAN
- MEXICAN
- NEW RESTAURANT
- PIZZA
- SANDWICH/DELI
- SEAFOOD
- STEAK
- SUSHI

### THAI BEST LOCAL MUSIC

- COVER BAND
  - ORIGINAL BAND
  - CLUB DJ
  - RADIO STATION
- ### PEOPLE
- BARTENDER
  - CATA BUS DRIVER
  - LOCAL ADVOCATE/ACTIVIST
  - LOCAL COMEDIAN
  - LOCAL TV NEWS PERSONALITY
  - LOCAL FM/AM RADIO
  - PERSONALITY
  - MASSAGE THERAPIST
  - RESTAURANT WAIT STAFF
  - SEAMSTRESS/TAILOR
  - TRAVEL AGENT
  - WORST LOCAL/STATE POLITICIAN

### SERVICES

- ACCOUNTANT/CPA
- AUDIOLOGIST/HEARING
- AUTO REPAIR
- BANK/CREDIT UNION
- BICYCLE SHOP
- CAR WASH/DETAILING
- CHIROPRACTOR
- ELECTRICAL
- GYM/FITNESS STUDIO
- HEATING/COOLING
- HOTEL/BED & BREAKFAST
- LAUNDROMAT/DRY CLEANERS
- LAWYER
- LIBRARY PROGRAMMING
- MAID SERVICE
- MOVERS
- NAIL SALON
- PET CARE/SERVICES
- PHOTOGRAPHERS
- PLUMBERS

### SALON/SPA/BARBERSHOP

- TANNING SALON
  - TATTOO PARLOR
  - VET SERVICES
  - WEDDING VENDOR
  - YOGA STUDIO
- ### SHOPPING
- ANTIQUE SHOP
  - ART GALLERY
  - BEER SHOP
  - BOOKSTORE
  - BUTCHER
  - CANDY SHOP
  - CONSIGNMENT SHOP
  - CONVENIENCE/LIQUOR STORE
  - FLORIST
  - GARDENING CENTER
  - GIFT SHOP
  - INDOOR GROW SHOP
  - JEWELRY STORE
  - LOCAL CLOTHING STORE

- LOCAL GROCERY STORE
  - MICHIGAN MADE WINE
  - MICHIGAN MADE PRODUCTS STORE
  - MUSICAL INSTRUMENTS STORE
  - ORGANIC/NATURAL SHOPPING
  - PAWN/SECONDHAND STORE
  - PET STORE
  - PRODUCE/FARMERS MARKET
  - RECORD STORE
  - WINE SHOP
- ### WHATEVER
- ANNUAL EVENT/FESTIVAL
  - EYE CANDY
  - FIRST DATE PLACE
  - LOCAL OUTING WITH FRIENDS
  - LOCAL THEATRE GROUP
  - MARIJUANA DISPENSARY
  - VANITY PLATE
  - WORST EYESORE
  - BEST BIGGBY**

WINNERS ANNOUNCED MAY 20<sup>TH</sup>



# Feedback

## No on DTN proposal in East Lansing

On Wednesday, May 6, The East Lansing City Council will consider yet another tax give-away to developers. This one is for the "Gateway" project (four floors student rental, one floor retail, and two floors of underground parking) on the greenspace at the corner of Delta Street and Grand River Avenue. City staff is strongly recommending that Council approve this give-away.

I will be voting "No" and working hard to convince the rest of council to reject this tax give-away.

The developer, DTN, has asked to be exempt from all operating property taxes on the new development for the next 21 years to cover the cost of building the underground parking for Gateway residents.

Anyone paying attention to the city knows that we are under intense financial pressure resulting from reductions in state revenue, falling property taxes, and failing roads and sewers. The city will soon be asking residents to pay higher water and sewer rates, and might consider asking for higher operational millage or a road tax. We can't continue to ask more from our residents while giving away taxes to developers!

The argument for these give-aways is that without them, development will not occur. This is simply not true in most cases, which is obvious given the pace of unsubsidized development in and around the city. Even if it were true, the city can't afford to provide fire, water, police, sewer, and other services to new developments without also collecting property taxes on those developments. Why should a homeowner in the Flower Pot neighborhood pay for police and fire protection while the owner of a the Gateway gets 21 years of those services tax free?

City Council should reject this tax give-away, and city staff should only bring us development proposals that we can afford.

—Ruth Beier  
East Lansing Councilwoman

## Time to look harder at renewable energy?

The earthquake on May 2, 2015 brought back some interesting memories for our family. We were living near Augusta in Kalamazoo County in January, 1986 when a 5.0 magnitude earthquake occurred in northeastern Ohio. That night our well started pumping sand instead of water; the casing was broken by the earthquake. The interesting thing I learned

later is that Ohio University researchers implicated pressure from the injection of chemical wastes into a nearly 6,000-foot deep sandstone formation in triggering that earthquake.

I'm not suggesting this week's earthquake was triggered by injection wells or any human activity, but it's likely that recent quakes around the country have been caused by human activity. There is a great deal of documentation of a marked increase in the rate of earthquakes in Oklahoma, Ohio, Colorado, and other states, along with scientific consensus that they are caused by injecting fluids deep into the earth under high pressure. Maybe this is an example of just going too far in extracting hydrocarbons from the earth and using them to create more toxic chemicals and waste which then has to be disposed of. Is it time to take a serious interest in renewable energy? Governor Snyder and the legislature plan to completely review Michigan's energy policy this year. If you have an interest in reducing hydrocarbon extraction, let them know your thoughts.

— Cindy Vigneron  
Delton, MI

### Have something to say about a local issue or an item that appeared in our pages?

Now you have two ways to sound off:

- 1.) Write a letter to the editor.  
• E-mail: [letters@lansingcitypulse.com](mailto:letters@lansingcitypulse.com)  
• Snail mail: City Pulse, 1905 E. Michigan Ave., Lansing, MI 48912  
• Fax: (517) 371-5800
- 2.) Write a guest column:  
Contact Berl Schwartz for more information:  
[publisher@lansingcitypulse.com](mailto:publisher@lansingcitypulse.com)  
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(Please include your name, address and telephone number so we can reach you. Keep letters to 250 words or fewer. City Pulse reserves the right to edit letters and columns.)

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## PUBLIC NOTICES

**B/15/088 TREE REMOVAL MT HOPE CEMETERY** as per the specifications provided by the City of Lansing. The City of Lansing will accept sealed bids at the **CITY OF LANSING C/O LANSING BOARD OF WATER AND LIGHT, PURCHASING OFFICE, 1232 HACO DR., LANSING, MICHIGAN 48912** until 3:00 PM local time in effect on **MAY 19, 2015** at which time the bids will be opened and read aloud. Complete specifications and forms required to submit bids are available by calling **Stephanie Robinson, CPPB** at (517) 702-6197, or email: [slr@lbwl.com](mailto:slr@lbwl.com), or for content and purpose of this bid contact **Dominic Fucciolo** at (517) 483-4204 go to [www.mitn.info](http://www.mitn.info). The City of Lansing encourages bids from all vendors including MBE/WBE vendors and Lansing-based businesses.

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Hilrten: California shows Michigan the way on marijuana

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American Fifth Spirits brings cocktail culture to Lansing

**PAGE 8**



Tim Barron goes digital

**PAGE 10**



"HEALTHY" by NEVIN SPEERBRECKER

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## CITY PULSE THIS WEEK



- Kyle Melinn of MIRS
- Karen Bishop of Full Spectrum Medicine
- Food writer Maureen Abood
- LEAP President Bob Trezise
- Radio host Tim Barron

7 p.m. Wednesdays



## THIS MODERN WORLD

by TOM TOMORROW

**1. PROTESTERS SHOULD BE MORE LIKE M.L.K.**  
BY WHICH WE MEAN, SAFELY CONTAINED IN THE PAST AND RELEGATED TO A FEW PLEASANT QUOTES TAKEN GLIBLY OUT OF CONTEXT!  
THAT'S HOW YOU PROTEST INJUSTICE!

**2. THE MAN WHO WAS BRUTALLY BEATEN TO DEATH BY POLICE HAD A CRIMINAL RECORD.**  
WE'RE NOT SAYING HE DESERVED WHAT HAPPENED--  
WE'RE JUST STRONGLY IMPLYING IT!

**3. THIS WAS YET ANOTHER ISOLATED INCIDENT FROM WHICH NO LARGER CONCLUSIONS SHOULD BE DRAWN.**  
ONE GUY GETS HIS LARYNX CRUSHED AND HIS SPINE SEVERED--  
--AND SOME PEOPLE WON'T LET YOU HEAR THE END OF IT!

**4. WE HAVE A BLACK PRESIDENT AND THEREFORE THIS IS ALL SOMEHOW HIS FAULT.**  
BLACK BLACK BLACKITY BLACK!  
VERY, VERY BLACK.  
ALSO, DID I MENTION BLACK?

**5. RESPECT FOR AUTHORITY IS PARAMOUNT, EXCEPT WHEN IT'S NOT.**  
THESE LAWLESS PROTESTS ARE AN AFFRONT TO DECENCY--AND SHOULD NOT BE TOLERATED!  
UNLESS THEY'RE PROTESTING GRAZING FEES, OF COURSE.

**6. MAYBE FREDDIE GRAY'S INJURIES WERE SELF-INFLICTED.**  
IT COULD HAVE ALL BEEN A CUNNING SCHEME TO DISCREDIT THE POLICE!  
WHAT A DIABOLICAL MASTER-MIND!

**7. THE REAL PROBLEM IS A LACK OF FAMILY VALUES.**  
FORGET ABOUT SYSTEMIC BRUTALITY AND ECONOMIC INEQUALITY!  
LIFE IS SIMPLE WHEN YOU IGNORE THE COMPLICATED PARTS!

**8. POOR PEOPLE IN BALTIMORE SHOULD JUST GET JOBS.**  
--AND IN AN ENTIRELY UNRELATED STORY, A NEW TRADE AGREEMENT IS LIKELY TO MAKE IT EVEN EASIER TO SHIP JOBS OVERSEAS!  
FIRST THESE MESSAGES!

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## Prop 1 breakdown

### Voters want special session on roads

Proposal 1, the broad-reaching ballot question Gov. Rick Snyder and legislative leaders birthed the week before Christmas to raise \$1.288 billion in annual road funding dollars, blew a piston and died.

With votes still being counted Tuesday night, they were running 78 percent opposed — the worst rejection of a constitutional amendment in over 50 years.

The expected turndown comes amid voter skepticism that the Legislature, unable to craft its own road funding solution, was pulling one over on voters with a complicated scheme that went beyond fixing roads and bridges.

Despite the support of Snyder, legislative leaders, numerous elected officials and some 50 business, labor, local government and public safety groups, the "yes" side failed to convince voters that the proposed funding shift was worth the cost.

If successful, Proposal 1 would have tipped over a domino chain that would have raised the sales tax from 6 to 7 percent, created a higher gas tax and froze most car registration fees in order to generate \$1.288 million in annual road funding, as much as \$390 million for schools and \$115 million for local governments.

The state's Earned Income Tax Credit would have more than tripled to 20 percent of the federal rate.

It would have given the working poor — a two-car household making \$30,000 — a tax cut of \$427 a year, according to Mitch Bean of Great Lakes Economic Consulting. For those households making \$50,000, however, taxes would have gone up \$268 a year. For those making \$75,000, it was a \$312 annual tax hike.

Voters had no trouble understanding their taxes would go up through a "yes" vote. It was wrapping their head around the benefit they'd see that proved problematic.

"This was about potholes, and they wandered off the main topic," said Mark Grebner of Practical Political Consultants. "The voters have limited cognitive abilities. If you can think of one idea you can explain, you may be able to sell it. Two ideas is always a bad idea. Nine ideas? You really should start over."

The road industry took solace in the general sentiment that voters wanted Michigan's roads fixed but simply didn't like this particular plan. An EPIC-MRA poll released shortly after the capital news service MIRS called the election at 8:20 p.m., 20 minutes after polls closed, showed that 85 percent of Michigan voters want lawmakers to come back for a special summer session to fix the roads.

House Appropriations Committee Chairman Al Pscholka is all for it.

"No adjourning for the summer. No road trips to assess the crumbling streets and bridges," Pscholka said. "No ads to tell us what we already know. No lamenting the sacrifices. Most of all, no excuses. Let's get it done."

What will a final product look like? Neither Senate Majority Leader Arlan Meekhof nor House Speaker Kevin Cotter ruled out revenue increases or General Fund cuts. Meekhof did say, "What can we afford and what it will take to solve the problem could be different numbers."

The two ranking Democrats in the House and Senate called for any future solution to include that corporations "pay their fair share." Both expressed willingness to cancel

their summer plans to make a road plan happen.

So what happened to Prop 1?

A January change of the professional firms cleared by the Governor's Office to run the coordinated "yes" campaign cost the effort about a critical month of planning. However, what was eventually called "Safe Roads Yes" ended up out-raising three opposition groups a combined 50 to 1, thanks in large part to the road industry, which accounted for close



**"This was about potholes, and they wandered off the main topic. The voters have limited cognitive abilities. If you can think of one idea you can explain, you may be able to sell it. Two ideas is always a bad idea. Nine ideas? You really should start over."**

**MARK GREBNER**  
PRACTICAL POLITICAL CONSULTANTS

to \$6 million of the \$9.6 million raised.

The "yes" campaign struggled to find a simple message or a messenger that stuck with voters until their use of former U.S. Sen. Carl Levin, D-Mich., near the campaign's end generated some traction. The initial attempt of scaring voters with horror stories of falling bridges, gaping potholes and flying pieces of concrete did more to insult voters' intelligence about road conditions than attract support.

"The strategy to scare voters into raising their own taxes had about as much chance in being successful as winning the lottery; and even less that the Legislature would spend the money as advertised," said Strategic National CEO John Yob, who headed the anti-Prop 1 campaign committee, Citizens Against A Middle Class Tax Increase.

Snyder and Lt. Gov. Brian Calley, when given more than 20 minutes to discuss the proposal with voters, appeared to be effective in explaining Proposal 1. But Snyder blew his Achilles in January and then suffered a serious blood clot weeks later, limiting his availability for town halls and televised appearances.

Instead, voters cobbled together what limited mass media information they could on Prop 1. The initial selling points of the plan — eliminating the sales tax on gasoline, all state taxes collected at the pump going to roads, and more money for schools — became a confusing web that wasn't cleared up with the initial "the-roads-are-dangerous" explanation from the "yes" campaign.

"The governor had no credibility on this, and he got no support from the party," said Ed Sarpolus of Target Insyght. "There was no single voice and nobody believed the messaging."

Meanwhile, the "No" campaign, led by former congressional candidate Paul Mitchell, relied on a low-dollar campaign that centered around urging to the polls targeted die-hard conservative and Tea Party voters most likely to show up during a May election.

Their message of all the "special interests" getting their hands on this new windfall of money generated by Proposal 1 captured the imagination of voters, who then began thinking of the different ways the Legislature could have fixed the roads.

Polling showed Proposal 1's unpopularity spread far beyond the conservative base. In fact, a Target Insyght poll commissioned by MIRS found the initiative ended up doing the worst among independents, who were particularly incensed that the Legislature dumped the problem in voters' laps.

Snyder never wanted the ballot proposal in the first place. In the closing days of lame duck 2014, Snyder wanted then-House Speaker Jase Bolger to push for a House vote to a Senate-passed plan that would have gradually raised the gas tax and frozen registration fees to raise the desired road funding money.

But Bolger claimed he didn't have the Republican votes for a plan creating the state's highest state tax on gasoline and pushed the ballot proposal instead. The basic concept of letting the voters decide had appeal among some in the GOP Senate, and so Snyder begrudgingly signed off.

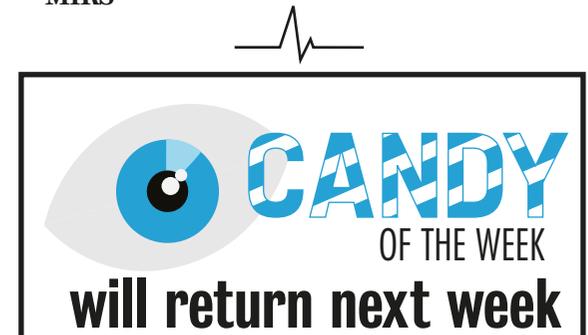
In order to get Democratic votes for the proposal, however, Greimel and then-Senate Minority Leader Gretchen Whitmer, D-East Lansing, managed to add several sweeteners to the mix — like the expanded EITC credit and another \$40 million for at-risk schools, among others.

Left holding Proposal 1 as the answer to his long-sought quest for additional road funding dollars, a team began assembling around Snyder and his political staffer, Terri Reid, that looked like the one used to pass the August 2014 Personal Property Tax measure with longtime Democratic political operative Howard Edelson running point.

But when Reid wanted a more Republican flavor to the campaign, Edelson, public relations firm Truscott Rossman, advertising firm Joe Slade White & Co. and polling firm Glengariff Group were out and public relations firm Martin Waymire, political strategy firm WWP and Combat Data were in.

Meanwhile, three "no" groups emerged, with the lead one being Mitchell's crew. He had considerable money to spend. He didn't end up needing to spend much.

— Kyle Melinn  
MIRS



# High time for change

## Michigan can take some pot lessons from California

All it took was a trip to California for me to realize how far behind other states is Michigan's approach to marijuana.

Although marijuana use and sales are technically illegal — unlike in Colorado and Washington — the opportunity for recreational use in California seems to thrive thanks to the porous and superficial medical exemption.

In Sacramento, California's capital, marijuana is marketed as openly as in the two states that have legalized cannabis. The city's alternative newspaper, the Sacramento News & Review, is the lively forum for marijuana where

“medicinal” collective distributors pitch prices, weekly specials, membership deals, in-home gardens and even promote their community service donations.

Competition is fierce. At Tetra Health Centers, the membership fee for first-time users is \$80; Cann-Medical's new patient fee is \$50 with a coupon. Metro Health promotes a 20 percent discount for seniors and veterans. At A Therapeutic Alternative you get a free gram of hash with every \$100 purchase. And so it goes. To sort out these opportunities, the newspaper features a half-page cannabis map.

The Northstar Holistic Collective last week featured “Epic top shelf capped at \$45 an 1/8th (tax included). Specials included Paris OG, Birthday Cake OGI (each with photos) and a

selection of “top-shelf award-winning extracts” like Moxie, FlyNHigh and Full Flava. No doubt these high-end brands means something to customers. Conventional grades are available in the \$5-a-gram to \$100-an-ounce aisle.

There is a veneer of medical usage accompanying some of the advertising. The Florin Wellness Center, which calls itself Sacramento's premium cannabis collective, promotes both the THC and CBD content of its featured products. As a refresher, THC reflects the potency of marijuana — the stoned effect — while CBD, the abbreviation for cannabidiol, provides the medical benefits and is identified with analgesic, anti-inflammatory and anti-anxiety properties.

FWC's deals of the week included Gelato (23.4 percent THC, 0.12 percent CBD), Khalifa Kush (20.6 percent THC, 0.12 CBD), Gorilla Glue (24.1 percent THC, 0.28 percent CBD) and Thin Mints (24.2 percent THC, 0.16 CBD). Clearly the marijuana trade in Sacramento isn't worried about trademark infractions.

My trip west included a stop off in Denver,

where recreational marijuana has been legal since last year. There, as in Sacramento, competition is vigorous. The approach and pricing promoted in the alt newspaper West World differs in that it features recreational specials; Golden Meds advertised that it was beginning its Mother's Day sales early this year.

What is happening in both states reflects the reality that Michigan chooses not to acknowledge. At least not yet. Even though voters in 2008 overwhelmingly (63 percent) voted to allow medical marijuana sales, the courts, political and law enforcement establishments have stalled meaningful reforms. Remember, Michigan is a state that would rather spend money on prisons than colleges.

But, the momentum for marijuana law reforms is building, and in 2016 voters will likely see a measure on their ballot mandating legalization.

Some of the pressure for reform has come from Republican-oriented groups, among them the Michigan Responsibility Coalition, which is first seeking legislation and failing that could seek a ballot initiative.

Another Republican-oriented group is the Michigan Cannabis Coalition, based in Pontiac, which details its proposal on the web site [www.micannabis.vote](http://www.micannabis.vote). In April, the group filed language with the state's Board of Canvassers for a Michigan Cannabis Control and Revenue Act that would:

- Legalize marijuana and marijuana-infused product use and possession for people age 21 and older.
- Regulate and tax the growth, sale and use of marijuana in Michigan.
- Allocate tax revenue from the regulation and taxation of marijuana to public safety, public health and education.
- Create an independent board to regulate marijuana including enforcement and administration of the act, including the promulgation of administrative rules. The board would be compensated on attendance and staffed by experts in the field of agriculture and the public at large.
- Permit limited home growth of marijuana for personal consumption, subject to local ordinance.
- Hold the Medical Marijuana Act harmless.

In addition to rationalizing the state's approach to marijuana, advocates see regulation as an opportunity to raise tax revenue and create jobs. Colorado netted \$44 million in revenue from nearly \$700 million in marijuana sales in 2014, according to The Denver Post. It had projected \$70 million in tax revenue.

There is also the threat to Michigan from reforms proposed in Ohio. According to Ballotpedia an Ohio Marijuana Legalization Initiative could appear on the Nov 3, 2015, ballot seeking a constitutional amendment. It would legalize the recreational and medical use of marijuana for persons who are 21 years of age or older. The use of medical marijuana would require a doctor's note.

If the Ohio amendment were to pass, Michigan would find itself in a very defensive position without regulation or revenue from the marijuana trade that would easily spill across the 65-mile border. Marijuana will be legalized. For good or for bad, change is happening.



**MICKEY HIRTEN**

## MICHAEL RUSH (1949–2015)



PHOTO COURTESY TRUMPIE PHOTOGRAPHY

The founding director of the Eli and Edythe Broad Art Museum at Michigan State University and award-winning curator, author and critic, died at 65 on March 27, 2015 after a courageous two-year battle with pancreatic cancer. Rush began his tenure at the Broad MSU in 2010 and was instrumental in opening the museum and in establishing its vision of exploring global contemporary culture and ideas through art. He was a prodigious essayist and art critic, a sought-after public speaker, and author of pioneering surveys, most notably *New Media in Late 20th Century Art* (1999), *Video Art* (2003, 2007) and *New Media in Art* (2005), all published by Thames and Hudson. From 2005–2009, Rush served as the director of the Rose Art Museum at Brandeis University, where he was widely recognized for his leadership during a controversial and successful effort to legally prevent the university from selling its collection and closing the museum. He had received several awards for his curatorial work and in 2015 was awarded The Charles A. Gliozzo

International Award for Public Diplomacy from the MSU Office of

International Studies and Programs. Prior to his work in the art museum field, Rush was an experimental theater artist and early in his career was a Jesuit priest and psychologist. Rush will be missed dearly by all those who knew him and our condolences go out to his closest friends and family. A public memorial service will be held on June 14 at 2pm at the Eli and Edythe Broad Art Museum in East Lansing, MI. Donations may be sent to the Broad MSU for the Michael Rush Prize for Creative Exploration.



For more information and to RSVP to the memorial, visit:

**BROADMUSEUM.MSU.EDU/MICHAEL-RUSH**

**PUBLIC NOTICES**

CITY OF EAST LANSING, MICHIGAN

NOTICE OF ADOPTION OF ORDINANCE NO. 1337

AN ORDINANCE TO AMEND THE ZONING USE DISTRICT MAP OF CHAPTER 50 – ZONING – OF THE CODE OF THE CITY OF EAST LANSING

Please take notice that Ordinance No. 1337 was adopted by the East Lansing City Council at a regular meeting of the Council held on April 21, 2015 and will become effective May 14, 2015, 7 days after the May 6, 2015 publication of the following summary of ordinance

**SUMMARY OF ORDINANCE NO. 1337**

**THE CITY OF EAST LANSING ORDAINS:**

The Zoning Use District Map is hereby amended to conditionally rezone the following described area from RM-32, City Center Multiple-Family Residential District to B-3, City Center Commercial District:

**Lot 19 and that part of Lots 17 and 18, lying North of a line described as beginning on the East line of Lot 17 at a point 28.5 feet South of the Northeast corner and running thence West (at right angles) to the rear West line of Lot 18, Plat of Oakwood, City of East Lansing, Ingham County, Michigan, as recorded in Liber 2, Page 33.**

Tax Parcel No. 33-20-01-13-226-001  
Common Address: 341-345 Evergreen, East Lansing, Michigan

Subject to the following conditions voluntarily offered by the applicant and accepted by the City pursuant to MCL 125.3405:

**Project Definition**

The Developer agrees to construct a mixed-use building on the Property substantially conforming to the conceptual site plan known as Exhibit A as approved by City Council.

**Zoning Use District Regulations**

The Property shall remain subject to all other district use and development standards, and all other regulations of the City Zoning Ordinance, Chapter 50 of the Code of the City of East Lansing, and shall remain subject to all other applicable state and local requirements for land development.

**Parking**

The proposed parking for the Project shall be approved to the extent required by any applicable provisions of the City of East Lansing Code.

**Compliance with Conditions**

Developer and its successors and assigns shall continuously operate and maintain the development or use in compliance with all of the conditions set forth in the Agreement. Any failure to comply with a condition contained in the agreement shall constitute a violation of the East Lansing Zoning Ordinance and be punishable accordingly against the owner of the property.

**Timing, Circumstance, and procedures which convert property back to RM-32, City Center Multiple-Family District**

The Developer and the City agree that the following approvals and activities are conditions to this Agreement and if not completed in the following time periods the Property shall revert back to the RM-32, City Center Multiple-Family Residential District:

1. The Developer commences construction of the Project within one (1) year of the issuance of a building permit;
2. The Developer obtains all of the necessary site plan and special use permit approvals and building permits from the City for the Project within twenty-four (24) months of the execution of this Agreement by the City; and
3. The Developer receives a certificate of occupancy for the Project within twenty-four (24) months of the commencement of construction.

**Right to Rezone**

Nothing in this Agreement shall be deemed to prohibit the City from rezoning all or any portion of the Property which is subject to this Agreement to another zoning classification.

**Modification**

The Agreement can only be modified or amended by a written instrument expressly referring hereto and executed by the City and the Developer.

**Controlling Law**

This Agreement and the rights and obligations of the parties hereunder shall be construed in accordance with Michigan Law.

**Recording**

The approved conditions of rezoning set forth in this ordinance, or a memorandum giving notice thereof, shall be filed by the City Planning and Zoning Administrator with the Ingham County Register of Deeds.

A true copy of Ordinance No. 1337 can be inspected or obtained at the Office of the City Clerk at City Hall, 410 Abbot Road, East Lansing, Michigan during normal business hours or can be viewed on the City's web site at [www.cityofeastlansing.com](http://www.cityofeastlansing.com).

Marie E. Wicks  
City Clerk

**CP#15\_110**

Ingham County solicits proposals for the purpose of installing an irrigation well pump & motor at Hawk Island County Park. See details online: <http://pu.ingham.org>, under Current Bids link, Pk 63-15.

**CP#15\_111**

ORDINANCE NO. 1344

AN ORDINANCE TO AMEND THE ZONING USE DISTRICT MAP OF CHAPTER 50 – ZONING – OF THE CODE OF THE CITY OF EAST LANSING

Please take notice that Ordinance No. 1344 was adopted by the East Lansing City Council at a regular meeting of the Council held on April 21, 2015 and will become effective 7 days after the May 6, 2015 publication of the following summary of ordinance.

**The Zoning Use District Map is hereby amended to rezone the following described area from RA, Residential Agriculture to B-4, Restricted Office Business District:**

Tax Parcel No: 33-20-01-02-276-022

THAT PART OF THE W 1/4 OF THE SE 1/4 OF THE NE 1/4 OF SEC 2, T4N R2W, COM AT THE E 1/4 COR OF SAID SEC; TH RUNNING ALONG E-W 1/4 LINE S89°49'06"W 1332.42'; TH N00°16'01"W 1184.74' TO THE POB, TH CONTINUING N00°16'01" W 136'; TH S89°59'29"E 496.58'; TH S00°00'00" W 136'; TH N89°59'29"W 495.94' TO THE POB, CONTINUING 1.549 ACRES M OR L; SUBJECT TO THE R.O.W. OF WEST RD AND ANY OTHER R.O.W.'S OR EASEMENTS OF RECORD.

More commonly known as 3200 West Road, East Lansing, Michigan 48823

A true copy of Ordinance No. 1344 can be inspected or obtained at the Office of the City Clerk at City Hall, 410 Abbot Road, East Lansing, Michigan during normal business hours or viewed on the City's web site at [www.eastlansing.com](http://www.eastlansing.com).

Marie E. Wicks  
City Clerk

**CP#15\_108**

**NOTICE OF PUBLIC HEARINGS  
EAST LANSING PLANNING COMMISSION**

**Notice is hereby given** of the following public hearings to be held by the East Lansing Planning Commission on Wednesday, May 27, 2015 at 7:00 p.m., in the 54-B District Court, Courtroom 2, 101 Linden Street, East Lansing.

1. A public hearing will be held to consider an application from Burcham Hills Retirement Center for modified Site Plan approval for the property at 2700 Burcham Drive. The applicant is proposing a 54 parking space expansion to the existing parking lot. The property is zoned RM-8, Planned Unit Development.
2. A public hearing will be held to consider an application from Sixty North, LLC for a Special Use Permit for the property at 855 Grove Street. The applicant is proposing to convert the building for use as a Sorority with occupancy of between 32 and 40 persons. The property is zoned RM-32, City Center Multiple-Family District.
3. A public hearing will be held to consider an application from Next Generation Investment Properties, LLC for Site Plan and Special Use Permit approval for the properties at 1301 and 1307 East Grand Avenue and 116-132 Spartan Avenue to construct a 6-story mixed-use building which includes parking and commercial use on the first floor and five-floors of residential use above. The properties are located in the B1, General Office Business District and B2, Retail Sales Business District.

Call (517) 319-6930, the Department of Planning and Community Development, East Lansing City Hall, 410 Abbot Road, East Lansing, for additional information. All interested persons will be given an opportunity to be heard. These matters will be on the agenda for the next Planning Commission meeting after the public hearing is held, at which time the Commission may vote on them. The Planning Commission's recommendations are then placed on the agenda of the next City Council meeting. The City Council will make the final decision on these applications.

The City of East Lansing will provide reasonable auxiliary aids and services, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at the meeting, to individuals with disabilities upon request received by the City seven (7) calendar days prior to the meeting. Individuals with disabilities requiring aids or services should write or call the Planning Department, 410 Abbot Road, East Lansing, MI 48823. Phone: (517) 319-6930. TDD Number: 1-800-649-3777.

Marie E. Wicks  
City Clerk

**CP#15\_109**

**NOTICE OF A PUBLIC HEARING  
EAST LANSING TRANSPORTATION COMMISSION**

Notice is hereby given of the following public hearing to be held at the East Lansing Transportation Commission on Monday, May 18, 2015, at 7:00 p.m., Courtroom 2, 101 Linden Street, to receive public comments regarding a proposal to expand permit parking within the Chesterfield Neighborhood along the streets of Kensington Road, Chesterfield Parkway and Cresenwood Road.

The City of East Lansing will provide reasonable accommodations, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at this meeting, upon notice to the City of East Lansing, prior to the meeting. Individuals with disabilities requiring reasonable accommodations or services should write or call the City Manager's Office, 410 Abbot Road, East Lansing, MI 48823 (517) 319-6920, TDD 1-800-649-3777.

Steven Roach, Design Engineer, 410 Abbot Road, East Lansing, MI 48823, 517/337/9459

**CP#15\_106**

# ARTS & CULTURE

ART • BOOKS • FILM • MUSIC • THEATER

## Survive and advance

Joshua Davis advances to the top five on 'The Voice'

By TY FORQUER

Michigan folk music took center stage Monday night on "The Voice." While Joshua Davis' performances propelled him into the top five on Tuesday's results show, a surprising nod to the Mitten State came from competitor Sawyer Fredericks.

Fredericks' intimate rendition of "Shine On," written by northern Michigan's May Erlewine, impressed the judges — and apparently the show's viewers, who pushed the single to the No. 3 spot on Tuesday's iTunes singles charts.

Erlewine, like Davis, is a member of Michigan's Earthwork

Music, a collective of Michigan folk musicians. For years, Davis has been Erlewine's go-to guitarist for her touring band.

Each singer performed two songs on Monday evening's show. For his first number, Davis rolled out a rollicking, New Orleans-influenced take on U2's "Desire."

"I feel like you're making your biggest statement at the most important time," said celebrity mentor Adam Levine.

With the season finale just a few weeks away, it's clear that the contestants are pulling out all of the stops.

Koryn Hawthorne and Kimberly Nichole delivered big performances of rock numbers. Hawthorne brought an epic orchestral rendition of Aerosmith's "Dream On," while Nichole blasted through a searing arrangement of Michael Jackson's "Dirty Diana." Pop country artist Meghan Linsey went for maximum red state appeal with a soulful version of "Amazing Grace,"

while India Carney tried to tug on some heartstrings with her version of "Glory," from the movie "Selma."

Even folksy rocker Sawyer Fredericks brought out a team of six dancers to dress up his second performance of the evening.

But where others went big, Davis went small. His second performance of the night was an intimate solo version of the Beatles' "In My Life."

"That performance was absolutely mesmerizing," said Levine.

Davis claimed an iTunes bonus last week for getting his recording of Sting's "Fields of Gold" into the top 10 in the iTunes charts. This week Davis had to do without the bonus: Both of his singles fell short of the top 10.

Fredericks managed to get both of his tracks into the top 10,

See Davis, Page 9

## A SPIRITED ENDEAVOR



## LANSING'S FIRST DISTILLERY COMES TO THE STADIUM DISTRICT

By TY FORQUER

In a bar scene awash in craft beers and microbrews, American Fifth Spirits is trying to bring cocktail culture to downtown Lansing, opening its new tasting room — and Lansing's first distillery.

The distillery opened its tasting room doors April 23, and faced its first major test on April 25 as Beerfest at the Ballpark drew an extra 3,300 people to the adjacent Cooley Law School Stadium. Many of the attendees decided to check out the new tasting room while they were in the area.

"It was trial by fire to say the least," said Rick Wyble, president of American Fifth Spirits.

The ballpark neighborhood seems like a natural fit for the distillery, joining the newly opened Beer Grotto on the eastern edges of downtown. The location wasn't its first option, however. American Fifth Spirits seriously considered two other locations, one in East Lansing and another in Lansing's Eastside near Mac's Bar, before settling on its current home. Wyble happened to be driving by and saw the building was for sale.

"I saw the for sale sign and I made a call," said Wyble, whose background is in beer, wine and liquor distribution.

The building, built in 1920, was most recently a pawn shop, but before that it was used as a warehouse and was originally a car dealership. (Coincidentally, 1920 was the year that Prohibition was instituted.)

Photos Ty Forquer/City Pulse

ABOVE LEFT: A large art deco fixture hangs above the tasting room's bar.

ABOVE CENTER: (left to right) Mike Bird (marketing and sales), owner Tim McPharlin, Rick Wyble (president), Lansing Mayor Virg Bernero, owners Chris Garyet, Michael Garyet and Nick Garyet

ABOVE RIGHT: The Flyover State, made with Hue vodka and fresh juices, is one of American Fifth Spirits' specialty cocktails.

The building's exposed ceiling beams and brick walls betray its industrial past, while the distillery's art deco design elements evoke the spirit of the roaring '20s. A large, white, geometric fixture hangs over the bar, with angular lamps suspended underneath. As for the bar itself, its elegant curves gleam with a copper glow from hundreds of inset pennies.

This tribute to 1920s elegance is more than just a design preference.

"A lot of craft distilleries are taking a speakeasy approach," said Wyble. "We tried to take a classier angle. We wanted a style that people associate with the finer things."

The only spirit available at the bar is the distillery's Hue Vodka, which is distilled at East Lansing's Red Cedar Spirits.

The distillery is waiting for final federal approval to begin making spirits in the distilling room adjacent to the tasting room.

American Fifth will continue distilling its vodka at Red Cedar Spirits — it doesn't have the proper equipment to get the vodka up to government-mandated alcohol levels — but will begin to distill its Capital Gin and Fat Five unaged whiskey (sometimes called white whiskey or moonshine) as soon as it receives federal approval.

But the tasting room gets a lot of mileage out of its vodka. Its menu features 28 cocktails with imaginative names like Strawberry Basalmic Fizz, Root of All Ginger and Holy Hue That's Hot.

"It's a culinary approach to cocktails," explained Wyble.

"We cover everything from sweet to savory," added Mike Bird.

An outgoing personality who can often be seen chatting with patrons at the bar, Bird's business card states that he is in charge of "marketing and tomfoolery" at the distillery.

The quirky names are more than just amusement, it's an intentional ploy by Bird to force customers to slow down. Avoiding or twisting traditional cocktail names, he explains, forces patrons to stop and read the descriptions. He wants patrons to take time to appreciate the complex flavors.

"I like to say, 'Tasted, not wasted,'" said Bird.

See Distillery, Page 9

## Davis

from page 8

while Linsey's recording of "Amazing Grace" was the only other single from "The Voice" to crack the top 10.

Davis didn't need the bonus this week. He made the top four, which kept him safe from elimination. Nichole and Carney landed in the bottom two and faced off for the final spot. The voters on Twitter narrowly chose Carney to advance.

Davis will make his bid for the show's finals on Monday.

## Distillery

from page 8

The distillery plans to revamp the cocktail menu on the fifth of each month, with the first changeover set for June 5. Popular drinks will stay on the menu, while less popular drinks will be removed to make room for new offerings.

"It's like the Premier League," joked Bird, referring to the English soccer league that relegates poorlyperforming teams to lower leagues.

Bird and Wyble plan to take suggestions from their team of bartenders.

"It gives our staff a chance to be creative," said Wyble.

There's also an educational part to the tasting room's ever-changing menu. Wyble compares the current state of craft spirits to the early craft beer movement, when few people knew what an IPA was and yellow, fizzy beers dominated the landscape.

Bird encourages patrons to go home and experiment on their own, even challenging them to improve on the tasting room's recipes.

"That interaction has been the most pleasant thing about our tasting room," said Bird. "We've been handing out recipes left and right."

Many of the cocktails use infused vodkas, or "inHUEsions" in American Fifth parlance. Current offerings include Hue infused with tea, cinnamon, coffee, ginger, habanero, lemon, orange, root beer, and yuzu.

"(Other flavored vodkas) take advantage of perfumes and oils," explained Bird. "We use fresh fruit and botanicals. Ours will taste fuller."

"We will never make a cotton candy vodka," joked Wyble.

American Fifth is also dedicated to sourcing as much as it can from local farms. The distillery uses wheat from Williamston to make Hue, and plans to get corn and barley from the same farm when it begins distilling whiskey. Juniper for gin and other botanicals come from a farm in Bath.

"It's amazing all the stuff you can get from Michigan," said Bird.

"The response from the farming community has been incredible," said Wyble. "They are eager to participate."

Despite the extensive cocktail menu, Bird believes Hue stands on its own as a quality vodka.

"We think the best way to drink it is on the rocks," he said.

## The big wheel's cozy wheelhouse

Harper House tour offers glimpse inside Lansing's biggest mansion

By LAWRENCE COSENTINO

Back in the 1930s, Lansing wheel magnate Harry Harper and his wife, Ragna, threw "tulip time teas" at their cozy 35-room crib at 1408 Cambridge Road each May. They weren't

### "The Secrets of the Harper House"

Tour and fundraiser  
Historical Society of  
Greater Lansing  
6 p.m. Tuesday, May 12  
\$50  
1408 Cambridge Road,  
Lansing  
(517) 282-0671,  
lansinghistory.org

formal affairs. The Harpers were down-to-earth types. About 500 to 600 guests would hang out near the sunken pool, admire the grounds, tour the house and munch on sandwiches.

This Tuesday, Harper House's current owners, Brian Huggler and Ken Ross, will revive the tradition with a "daffodil time" get-together (there aren't many tulips, Huggler admitted) and a guided tour of Lansing's largest remaining mansion. The tour is a fundraiser for the Historical Society of Greater Lansing.

"Opulent" is not quite the word for Harper House. The handsome, Tudor-ish pile of Indiana limestone has more than its share of remarkable features, but over-the-top-ness was not Harper's style.

"They never had children, and you can tell they put a lot of themselves into the house," Ross said.

Far from being a privileged scion of wealth, Harper rose from bookkeeper to president of the Prudden Wheel Co., precursor to the huge Motor Wheel Co., the world's largest manufacturer of wheels in its heyday.

In a way, Harper lucked into the house. He



Lawrence Cosentino/City Pulse

ABOVE: The city's largest historic mansion, Harper House evokes the grandeur of pre-Depression-era Lansing.

RIGHT: The mansion features incredibly ornate carved ceilings.

sold half a million dollars in stock to pay for it, just before the Great Depression would have turned the stock into worthless fire starter. The house was finished in 1929.

One of its most atmospheric touches is a backyard sunken pond in a magnificent, semi-ruined grotto with a dark Gothic gazebo and jagged rock walls. Like most things in and around the Harper House, the strikingly pitted, honeycombed stones have a backstory.

A few years ago, Tom Beckett, the nonagenarian son of the house's architect, Harold Beckett, stopped by on a nation-spanning tour of his father's work. Beckett told Huggler that his father discovered the stone while prospecting a dry riverbed in Ontario and talked the railroad into laying some extra line so he could quarry and ship it to Michigan. The stone looked so good at Harper House (you expect to see a stegosaurus femur inside somewhere) that the R.E. Olds family had the same stuff



brought to their now-demolished home on the near west side.

The rugged stones in the yard, and numberless features inside the house, are there to compensate for the lack of ancient-ness in automobile-era Lansing and slip you into another world.

Inside the house, Greek and Roman themes — satyrs, nymphs, amphorae and whatnot — are everywhere. Unusually carved and painted

See Harper, Page 10

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# Submissive staging

Peppermint Creek brings erotic comedy to mid-Michigan

By PAUL WOZNAK

David Ives' intimate and erotic dramatic comedy, "Venus in Fur," makes its mid-Michigan premiere this weekend at

## "Venus in Fur"

Peppermint Creek Theatre Co.  
Thursday, May 7-Sunday, May 17  
8 p.m. Thursday-Saturday; 2 p.m. Sunday  
\$15/\$10 student and seniors 65+  
Miller Performing Arts Center  
6025 Curry Lane, Lansing  
(517) 372-0945, peppermintcreek.org

Peppermint Creek Theatre Co. For director Rob Roznowski, head of acting and directing in Michigan State University's Department of Theatre, part of the fun came from exploring the two-person show's concepts in a "non-academic" environment.

"It was fun to sort of go to rehearsal and just play," says Roznowski, who typically directs large casts at MSU.

"Working in the university setting, you rarely get to do small character shows," he said. "Productions have to fulfill an educational mission for lots of students. It was fun to just work with a few actors."

In "Venus in Fur," beleaguered playwright/director Thomas (Joseph Mull) is



Courtesy photo

Mary Dilworth (left) and Joseph Mull co-star in the edgy "Venus in Fur."

desperate to find an actress to play Vanda, the female lead in his adaptation of the 1870 sadomasochistic novel, "Venus in Furs." Into his empty audition room walks a vulgar and equally desperate actress named, oddly enough, Vanda (Mary Dilworth). Though utterly wrong for the sophisticated part, Vanda exhibits a strange command of the material, piquing Thomas' interest with her seductive talents and secretive manner. As

the two work through the script, they blur the line between play and reality, entering into an increasingly serious game of submission and domination.

"(The play) has so many levels," says Roznowski. "The actor and the director get this whole theater dynamic of how directors sort of mistreat and handle actors. And then there's also the play-within-the-play audition, and that again is something I can really

relate to, as well as the politics of the way men and women treat each other."

If a "play-within-a-play" and a story set around an actor auditioning for said play sounds "meta," it is. For Roznowski, the meta element gave him an idea for staging.

"The audience is seated on the stage and we use a lot of the audience seats for the playing space of the show," says Roznowski. "It's flipped around. You get a whole different point of view. And even though it's only a two person play, it's a really expansive playing space they are working in."

Part of the challenge for Roznowski was finding the rhythm between the play-within-the-play and the contemporary "real" world. Guiding his actors to find those rhythms was a little easier, as Dilworth is Roznowski's former student.

"[Dilworth] and I have a shared vocabulary," said Roznowski. "I think at times it was really interesting to adapt our way of speaking with Joe to just get us all on the same page because there's a lot of shorthand once you get into the same vocabulary, the same training program. It was interesting to adapt and clarify because you do a lot of shorthand."

For audiences, Roznowski says "Venus" should be a mind-bending trip.

"The interesting ride for this show is that as an audience member, you think you have it figured out, and then you keep second guessing yourself," he said. "The laughter at the beginning is much easier. By the end, it is a much more political, powerful statement about gender equality."

# Let's get digital

Tim Barron launches new online morning radio show

By TY FORQUER

After a nearly two-month hiatus, one of Lansing's best-known radio voices has returned to the airwaves. But this time, Tim Barron's voice is being delivered to the masses not through a radio waves, but through computer modems, wifi hotspots and cell phone towers. The longtime Lansing radio host launched his new show via Internet radio Monday morning.

"Welcome to episode one of the radio show for Michigan," said Barron as his show made its debut.

While the delivery method has changed, much of the show will feel familiar to Barron's fans. The show still features Barron interviewing local personalities and riffing on news headlines. Former WLNS meteorologist Jake Dunne is reunited with Barron, cutting in periodically with the day's weather forecast.

There will be some new voices as well. Allan I. Ross, who writes City Pulse's "New In Town" column, delivers a news summary at the top of the hour, and producer Morgan Durfee takes an active role on the show. The 22-year-old producer and recent Central Michigan University gradu-

ate hopes to bring a fresh perspective to the show.

"I'm not exactly Tim's target audience," said Durfee. "I bring a different voice, and I'm not afraid to give my opinion."

Barron's new show streams 7 a.m.-10 a.m., Monday-Friday from [timbarronsradiomichigan.com](http://timbarronsradiomichigan.com). Listeners who tune into the stream during the rest of the day are treated to "Tim's Music," a collection of rock hits from the 70s through the aughts.

Barron admits that it will be a challenge to recapture listeners who had gotten used to finding him on the FM dial.

"It will be a slow build," he said. "People aren't used to finding me here."

After 42 years in radio working for 12 different radio stations under 18 different general managers, Barron relishes the opportunity to be his own boss.

"At no moment, can someone come in and say, 'We're switching to an all-polka format, see you later,'" said Barron. "It's a powerful feeling. I've enjoyed great autonomy, but there was always that boss."

Barron has invested a good chunk of his time and money building a new studio and launching the Internet station. He admits that he's betting big on Internet radio, and is hoping the move pays off.

"Anyone who has started their own business, who has been willing to risk failure, knows how I feel today," he said. "This is either the most brilliant or most idiotic move I've ever made."

# Harper

from page 9

ceilings add a graceful touch. The living room ceiling is garlanded with delicate, leafy patterns, restored and painted by Brian Kirschensteiner, preparator at the Broad Art Museum.

By all accounts, the Harpers were unpretentious folk, mansion and all. Some of the smaller rooms, like the library, are so inviting they make you want to set up camp for a weekend. Visitors will want to find a pretext to retreat to a small first floor bathroom, decorated with painted wallpaper in blood-dark reds and burnt golds straight out of Pompeii. A recessed, half-moon table, custom built to fit the space, is original to the house. Its claw feet rest on a mesmerizing mosaic tile floor.

"This space is more intensely decorated than anything in the house," Ross said.

One day, Ross was puttering in the garden when a woman drove up. She was the granddaughter of the Harper House's gardener, who lived in a room above the carriage house.

The woman told Ross that she heard a lot of stories about the Harpers from her grandfather, all of them good. The couple often talked about tough times they had been through and stayed down to earth even as they rocketed to wealth. When a delivery man showed up with groceries, they would crack open a few beers and chat with him.

Huggler and Ross enjoy their house —



Lawrence Cosentino/City Pulse

Harper House owners Brian Huggler (left) and Ken Ross stand near the estate's sunken pond.

especially when they're having a crowd over — but most days, they can't help looking at it with owner eyeballs.

Fortunately, the house hasn't been subjected to any shortsighted makeovers, as many historic houses are. Most maintenance, Ross said, has been "un-sexy" stuff like tuck-pointing the masonry and endless attention to the beautiful but elderly slate roof.

"When I look out the window, I could be admiring the daffodils," Huggler said.

A great yellow wave of them are washing at the edge of the sunken pond, with a fountain in the shape of a woman.

"But I'm really thinking, 'Oh my God, what's wrong with the pond? The girl's not spewing water.'"



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# Strong reactions

## INSIDE THE PROVOCATIVE FIELD OF FOOD ALLERGIES

By LAWRENCE COSENTINO

The kids are not all right.

Last week, Karen Bishop, a 35-year nurse, showed me pictures of children with frightening and photogenic problems.

One was giving the photographer the finger. Another was cowering in a corner, his head on the floor. A third was making what Bishop called "the demon face." He looked like he needed an exorcist, not a doctor.

"The child had just eaten a potato," she explained.

Bishop specializes in a controversial area of alternative medicine: food allergies.

Not the kind that close your throat, send you into anaphylactic shock or cause other life-threatening crises within minutes of eating a nut or a plate of shrimp.

Bishop's work casts a much wider net of common, modern-day symptoms, from bowel trouble to depression to "brain fog," all of which, she says, can be attributed to eating the wrong food.

"These foods don't kill you," Bishop said. "They just cause fatigue, body pain, diarrhea, eczema, these kinds of things."

The horrible kid pictures were from Bishop's well-bookmarked, dog-eared copy of Doris Rapp's book, "Is This Your Child's World?"

In the book, Rapp says the wrong foods are making children "hyperactive, asthmatic, disruptive, and prone to colds and learning disabilities." Rapp attributes 70 percent of ADD and ADHD diagnoses to food.

Bishop called such reactions, in both kids and adults, "cyclic" or "addictive." A favorite food packed with wheat, cheese, sugar or something else that's tasty and bad for you will cause a morphine-like feel-good reaction, followed by a wave of unpleasant symptoms.

Good nutrition and healthy weight figure into her practice, of course, but Bishop is not a nutritionist. In 18 years of treating food-related problems, she has zeroed in on a most-wanted-list of guilty foods she

believes cause most of her patients' nagging health problems: wheat, corn, sugar, dairy, and, to a lesser extent, soy and rice.

These — and potatoes.

It seems harsh to beat up on the humble potato, but the notion that spuds can do evil isn't new. In Charles Dickens' "A Christmas Carol," Ebenezer Scrooge hallucinated that he saw his dead partner, Jacob Marley, and called him "a fragment of underdone potato."

Bishop's favorite client story happens to be potato-based. She spent a few hours one afternoon with a nice gentleman, testing his sensitivities to various foods.

"He was very enjoyable until I gave him a potato," Bishop said. That is to say, she gave him a dose of potato juice via needle to test his reaction. This kind of testing is called "provocative" because it's meant to provoke a reaction. Can you say Incredible Hulk?

"His eyes flashed and he got incredibly angry," she said. "When I asked him how he felt, he said he wanted to stand up and throw the chair across the room."

Bishop told the man he had a problem with potatoes. Upon reflection, the patient realized that he had stormed away in a huff from many a family meal of meat and potatoes.

Two years later, in Bishop's account, the man's son started seeing her as a patient. He told her his dad stopped hitting him after he stopped eating potatoes.

Bishop went into the field under the influence of her former boss, Dr. Douglas Wacker, an ear, nose and throat specialist and chief of surgery at Sparrow Hospital, who died last year.

Wacker was diagnosed with fibromyalgia in the 1990s. It looked like he would have to retire.

"His hands swelled up so much he couldn't do surgery," Bishop said. "He couldn't stand in the surgical suite because his back hurt so much."

Wacker began to research the link



Lawrence Cosentino/City Pulse

Nurse Karen Bishop (right) uses "provocative testing" (injection) to test her patients' sensitivity to various foods. The tests are not recognized as valid by many allergists.

between food and pain. He started self-treatment by fasting for three days and then cutting out foods he was "allergic" to.

His pain disappeared, Bishop said.

She was so impressed, she started reading up and attending conferences on food allergies and decided to add it to her practice.

To get some perspective on all of this, I called Dean Sienko, former director of the Ingham County Health Department and a 30-year veteran in public health field. Sienko is now associate dean for prevention and public health at MSU's College of Human Medicine.

Sienko suggested I talk with an allergist. "See what kind of reaction you get — no pun intended," he said.

Allergies are not Sienko's specialty, but he offered a couple of observations. He has found that many people think they have allergies when they don't.

"In public health, we used to be concerned about giving flu shots to people who had an egg allergy," he said. It turned out

that people "overstated" their egg allergies. "We don't find many people we would not give a flu shot to because we were concerned about an egg allergy," Sienko said.

Sienko was circumspect about using

SEE ALLERGIES, PAGE 18



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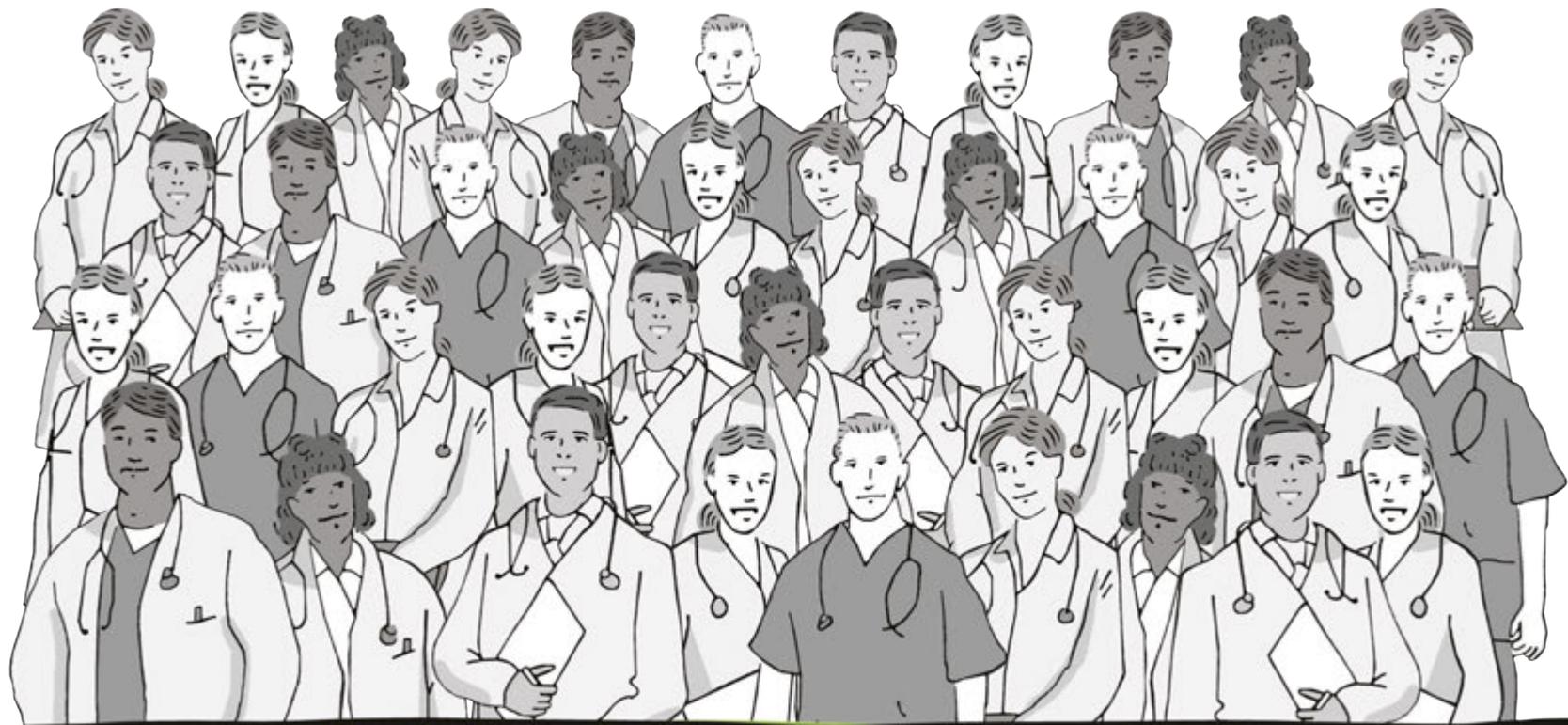
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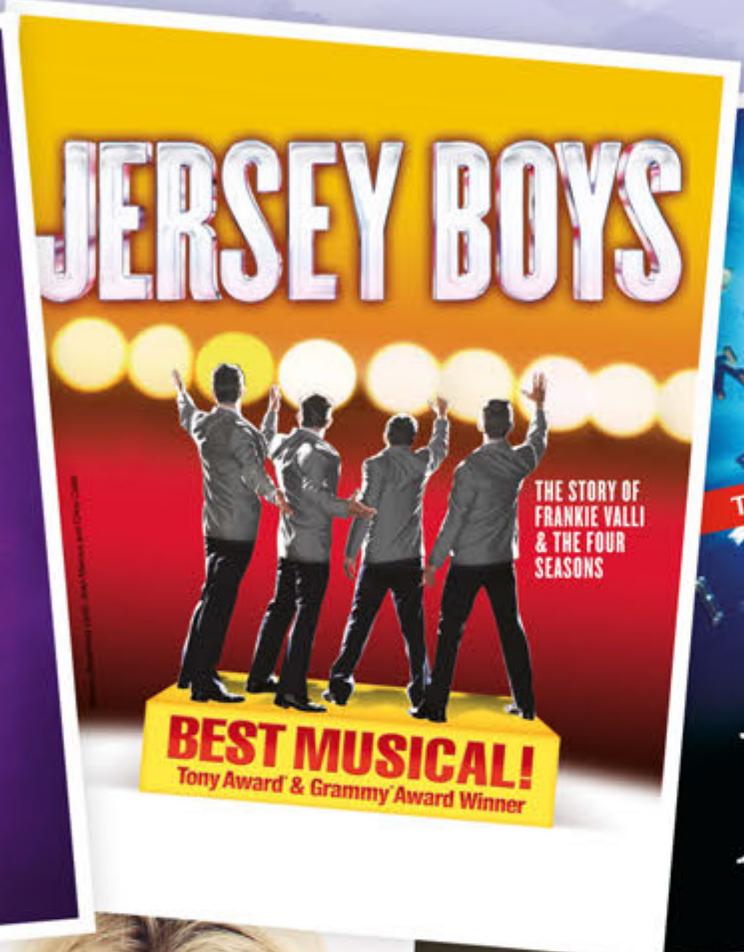
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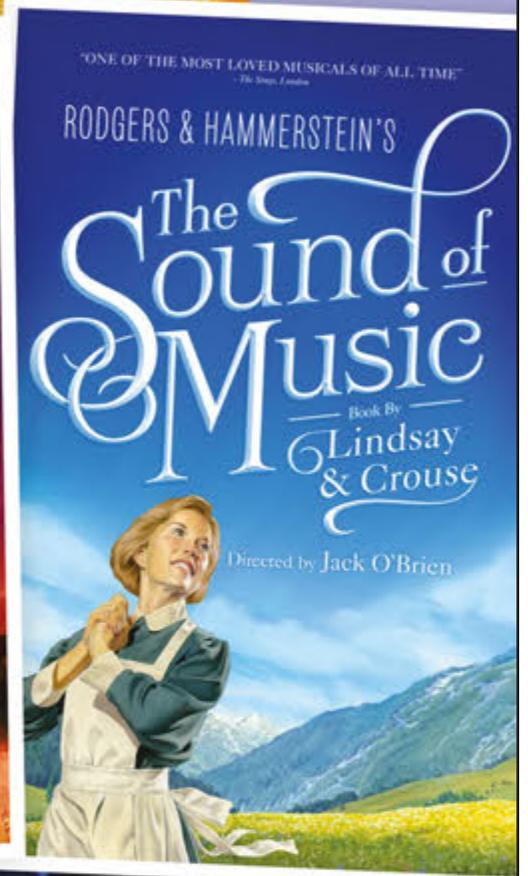
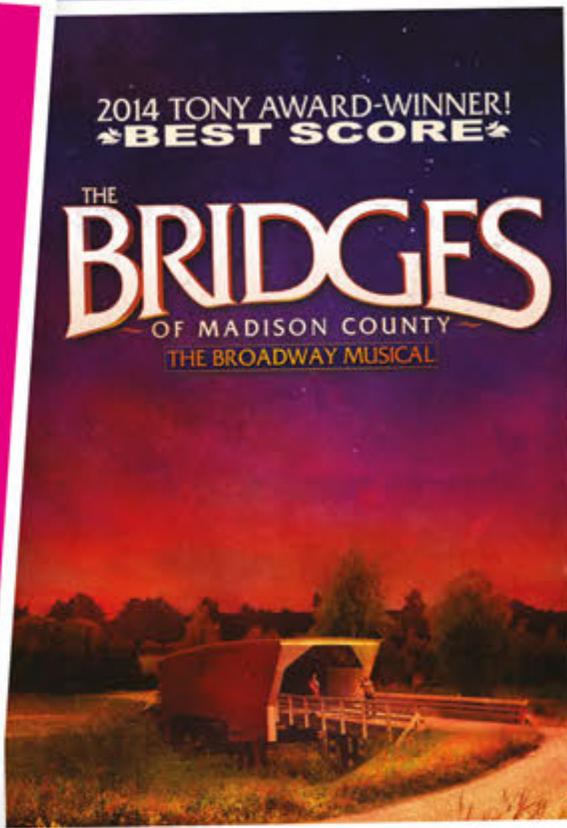
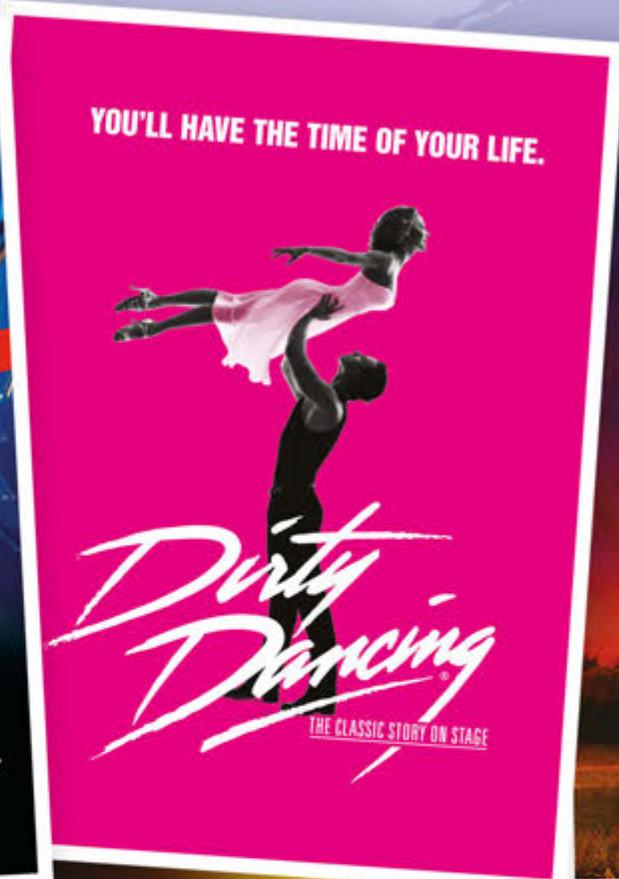
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FITNESS PROFILES



JOSH SCHAEFER

Age: 37 • Occupation: Sales representative

Why is physical fitness important in your life?

It helps me maintain discipline in my life and helps me focus at work. It also helps me sleep and clear my mind from the daily grind. More important, I love to eat and working out lets me eat — a lot.

Describe your fitness routine:

I lift weights three days a week at whatever YMCA is near me (I travel for work). I lift for less than an hour and do cardio one day a week for less than 20 minutes. My lifting days rotate between upper body and lower body lifts, primarily with free weights. For cardio, I do circuit training that includes some combination of jump rope, kettlebells, battling ropes, rowing machine, stationary bike, etc. I firmly believe that the quality and intensity of a work out is more important than the quantity.

How do you stay motivated to maintain your fitness?

The nice thing about weight lifting is that you can see the difference, and I feel energized after my workouts. But I also love to eat and I don't want to become unhealthy. Despite being a regular lifter for 15 years, I have relatively high blood pressure — it's on the high end of healthy— and my HDL cholesterol is on the low end of healthy. I don't want to be on any medicine this early on in life. That's another great motivator.

ALLERGIES

FROM PAGE 12

provocative testing for food allergies.

"Broadly speaking, some of these alternative treatments lack a scientific basis," he said.

I followed Sienko's advice and described Bishop's practice to Dr. Dave Gupta, a Lansing allergist-immunologist. As Sienko predicted, he had an immediate reaction.

The word "allergy," Gupta said, has a specific meaning in traditional medicine.

"Food allergies are life threatening," Gupta said. "They typically involve the skin, lungs or G.I. tract, and the reaction is fairly immediate. If people come in with mild symptoms, we would not consider that a food allergy."

The subject of provocative testing is provocative as hell when you mention it to an allergist.

"Oh, boy," Gupta said with a brief sigh. "I want to be diplomatic about this. In the alternative medicine world, they offer a lot of blood testing and provocative testing, but I am not aware of any valid studies in peer-reviewed journals that have proven this is helpful."

Bishop does make extraordinary claims about provocative testing. To test for milk allergy, for example she injects a patient with milk proteins — the equivalent of three glasses of milk. (She uses a No. 1 needle, which she admits "stings like a bee sting." No wonder the potato guy wanted to throw a chair.)

The first injection, Bishop said, "turns on" the symptoms, if any. After five minutes, she administers a second dose, weaker than the first. The symptoms start to fade within minutes, she said. "It's instantly an improvement. I

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FITNESS PROFILES



BRANDESS WALLACE

Age: 34 • Occupation: Public health consultant turned stay-at-home mom, fitness instructor

Why is physical fitness important in your life?

Six years ago, after the birth of my second child, I was 80 lbs. heavier. My first daughter was one year old, my son was an infant and my husband was deployed to Iraq. I began going to the Lansing Westside YMCA six days a week. I went not only because I wanted to take off the excess baby weight, but also because it was the only hour in the day that I was able to have some time to myself. Working out became something that I looked forward to. I also have a family history of obesity, type 2 diabetes, high blood pressure and heart disease — I wanted that cycle to end with me.

Describe your fitness routine:

I love all types of fitness routines, but I am an endurance athlete at heart. I run 3-5 days a week, averaging about 30 miles per week. I cross train, and I try to strength train once or twice per week. I am a member of the YMCA, and do most of my workouts there. For running, I enjoy taking advantage of the of the many trail systems that the City of Lansing has to offer.

How do you stay motivated to maintain your fitness?

I genuinely enjoy working out, and I also enjoy the relationships I have made on my fitness journey. That makes getting out the door much easier. Most of all, I love how running makes me feel. I feel most like myself when I am on the pavement. Running helps me be my best self.

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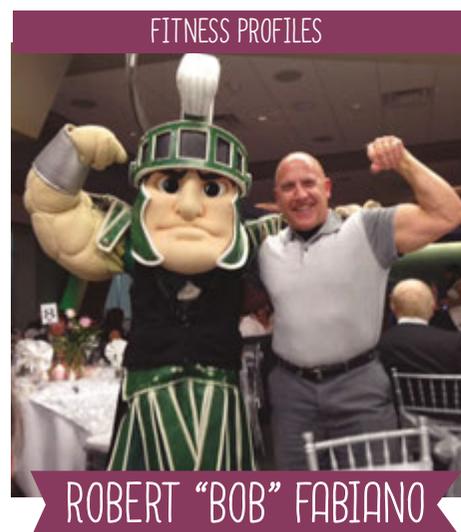
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## FITNESS PROFILES

## ROBERT "BOB" FABIANO

Age: 58

Occupation: Psychologist

## Why is physical fitness important in your life?

Physical fitness affects my entire being. It improves physical health, reduces stress, boosts self-confidence and builds self-esteem.

## Describe your fitness routine:

I have maintained a rigorous conditioning program for 40 years, including cardiovascular conditioning, flexibility training and strength training. I compete in power lifting in the open age division. At 58, I have yet to lose strength and have had no major injuries.

## How do you stay motivated to maintain your fitness?

I preach daily and weekly schedules. If an activity is scheduled, one is less inclined to cancel. Provide yourself with some form of reward following completion of the task. This can be access to a pleasure-oriented activity, such as television or computer, which you otherwise deprive yourself of until you have completed the activity. Science has shown that roughly 30 days of repeating a new activity begins the process of habit formation. Once an activity is formed into a habit, it is much easier to maintain.

## ALLERGIES

FROM PAGE 18

tell kids it's magic," she said.

Gupta didn't enjoy that story. He said people are eagerly searching for a test that can tell them what they should or shouldn't eat, but there is no such thing.

"The best test is: What happens when you eat the food?" Gupta said.

Being diagnosed with potato rage, dairy depression or wheat funk is an appealing way to simplify the shocks that flesh is heir to, but Gupta isn't buying it.

"Most people are not walking around with undiagnosed food allergies," Gupta said. "Food allergies are usually pretty obvious."

However, the questionnaire Bishop gives to new patients, to determine if they might have a food allergy, catches "most," if not "damn near all," people. (One question: "Do you crave sugar and have a 'sweet tooth'?" Another: "Do you crave certain foods and eat them quite often and would hate to give them up?")

At times, it's hard to tell where a fuss over food allergies, as Bishop defines them, ends, and good nutrition begins.

To play the devil's advocate convincingly, I downed a small potato and suggested to Gupta that if the result of Bishop's food allergy treatment— eating healthier — is getting healthier, what harm does the testing process do, even if it's bogus?

"We're talking about health care dollars," Gupta said. "We're talking about putting a label on someone. That's where I really have a problem."

Gupta said he spends a lot of his time de-programming people who think they can't eat potatoes anymore or dire consequences will follow.



Lawrence Cosentino/City Pulse

Wheat, soy, corn and dairy products are the most common problem foods that can cause pain, fatigue, "brain fog" and other bothersome symptoms, according to nurse Karen Bishop and other alternative specialists in food "allergies."

"They come to my office confused," he said. "We see this all the time. 'Can I still eat this food?'"

Bishop pointed out, though, that once treated, people with sensitivities may indulge in problem foods again. Treatment consists of avoiding the offending foods for six months, allowing the body to heal and "lose its sensitivity." In most cases, the food can be eaten after that, but only once every four days, to avoid spiraling into the same old problem.

Despite Gupta's objections to the supposedly sloppy use of the word "allergy" and the dubious testing sessions, he does meet Bishop on one little semantic island. I asked them both if the term "food sensitivity" is acceptable to describe low-level symptoms such as fatigue, "brain fog" and such complaints.

They both said yes.

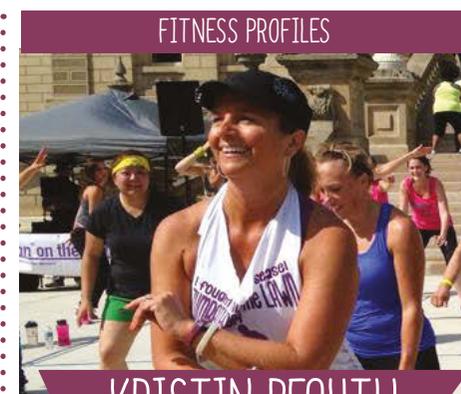
"If patients say they have fatigue or brain fog, or some other subjective symptom, a food may be causing that problem," Gupta said. "I recommend keeping a food diary and taking out one food at a time and seeing if they feel better."

Here, too, Gupta and Bishop share a common ground. Both of them urge people to be conscious of what they eat and how they feel afterwards.

Bishop asks her patients about a variety of symptoms, from congestion to bowel problems to skin problems, but her ace-in-the-hole question is startlingly simple: Do you feel worse after you eat?

The answer, surprisingly often, is yes. Many patients say they feel sluggish or tired after a meal, and even ask: Doesn't everyone?

If every day is Thanksgiving, and you ooze straight to the couch and pass out after dessert, that's a problem, whether or not you call it an allergy.



## FITNESS PROFILES

## KRISTIN PFAUTH

Age: 50

Occupation: Engineer, fitness instructor

## Why is physical fitness important in your life?

I have a thyroid disease, as well as family history of high cholesterol. Cardio helps with both things, and it has always been important to me for both health and mental well being. I also really enjoy eating many kinds of food, so it's important to balance that with enough calorie burning activities.

## Describe your fitness routine:

I currently teach seven classes a week: three Zumba classes (cardio) and two Pound Fitness classes (cardio/strength/core) for the Lansing YMCA and Allive in Charlotte. In addition, I run, bike and lift free weights.

## How do you stay motivated to maintain your fitness?

I became a fitness instructor over 20 years ago as my motivation to work out. I liked the accountability of group classes, and when you are leading it you can't skip out! I have taught many different formats, from step aerobics to kickboxing and everything in between. I always tell my students that the key is to find something you enjoy. Many fitness attempts fail because the person gets bored or has no accountability. Even with running, while its very relaxing to go out on your own, the camaraderie and challenge of a race can keep you motivated to push yourself.



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# Mental fitness

THE NEW AGE OF HEALTH AND FITNESS CAN BE OVERWHELMING, CONFUSING

**By WALTER CROCKETT JR.**

We are pitched fad diets, modern fitness technology and the latest infomercial fitness videos. You are then expected to decipher what is the best plan or routine to choose in order to reach your goals. No wonder people have such a hard time committing themselves to fitness! Add in the increasing demands on your time from careers, family and other obligations and you have some real time management issues on your hands.

Instead of shoving more information about carbs, proteins and workout routines down your throat, I am going to teach you the most important aspect of fitness: how to train and motivate your mindset!

Have you started and stopped your workout routine on multiple occasions? Would you like to reach your physical goals of weight loss, vitality or performance? If the answer is yes, then you must develop a winner's attitude, spirit and mindset.

Mental fitness is the key to unlocking lasting change.

Some people say motivation and inspiration seems to only be temporary. I would say yes, that is true, but so is deodorant! Some things you need to apply daily or you run the risk of being in a bad situation.

Let me give you the blue print for developing a mental fitness routine. Remember, just like deodorant you need to apply it daily.

**Step 1** is to discover and write down your why. What is the real reason that you would like to make changes in your wellness? Find the real emotional connection to this change. Could you be more active with your kids, feel more attractive in your

relationship, be taken off of prescription medication, or conquer the hurdle of low self-confidence? Whatever the true emotional connection is, use it to fuel your fire. Write your "why" down in your fitness journal. Under your why, write the amazing success and feelings you will have once you accomplish your goals and begin living your new life. Start off each morning reading over your future success.

**Step 2** is to establish a community of success. If you want to fly like an eagle,

you can't go to pigeon school. Seek out other people that are on the same journey as you. It is very uplifting to have others push, encourage and hold you accountable in living your optimal life. You may need to meet some new friends or get your spouse or siblings on board with you. The team

aspect can work wonders in developing your mental fitness. Choose people that are upbeat, positive, and supportive. A few eagles can help you soar to new heights.

**Step 3** is to turn your "I should do" into "I must do!" We all do what we must do! You must get up and go to your job or business at a certain time. You must keep a roof over your head and clothes on your back. You must feed yourself and your family. It doesn't matter our schedule or obligations we find time to accomplish the must dos in our life. The key is turning your wellness and health into must dos. Look in the mir-

ror and tell yourself that you must create your greatest life and your greatest you!

"Life is truly a reflection of what we allow ourselves to see and be." — Trudy Vesotsky

Follow these three steps to develop your mental fitness and watch the magic happen. You won't have a problem staying motivated or dedicated. You will set goals and conquer them. Your health, happiness, confidence, and life will change. The time is now. The new you is awaiting!



**WALTER CROCKETT JR.**

Owner/Operator of Mind & Body Symmetry  
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# The war on the war on drugs

One Book, One Community explores equal justice in the U.S.

By BILL CASTANIER

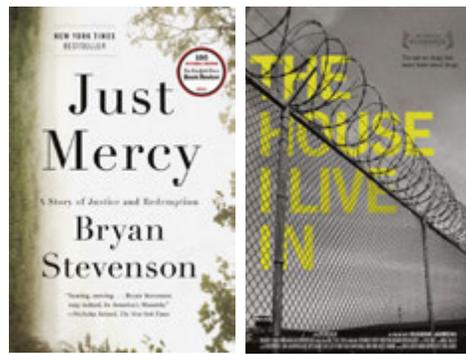
It's been 14 years since Frankenstein's monster metaphorically set foot on the streets of East Lansing. The selection of Mary Shelley's "Frankenstein" was viewed by many as an outrageous choice for the area's first One Book, One Community program, a joint project between the City of East Lansing and Michigan State University. The selection, however, set the tone and style for future years, which saw major authors the likes of National Book Award winner Katherine Boo present on campus. The one major difference: Since the first year, all the authors were alive.

Last year's selection, the graphic novel "March," fit perfectly with the national discussion surrounding the 50th anniversary of the Selma marches and Bloody Sunday. Congressman John Lewis, author of "March," was an outstanding presence, and the film "Selma" helped galvanize discussion about race in the 21st century.

This year, the selection committee has selected another monster of a theme. According to Janet Lillie, assistant vice president for community relations at Michigan State University, the book and a movie chosen this year focus on the thorny topic of equal justice. "Just Mercy: A Story of Justice and Redemption," by Bryan Stevenson — supplemented by the ground-breaking film, "The House I Live In," by Eugene Jarecki — will spur students and community members to explore the theme of "justice, human rights and compassion," the program's 2015 theme.

Stevenson's book chronicles his work with the Equal Justice Initiative in Montgomery, Ala. The group provides free legal defense for inmates in cases where there is a likelihood of bias, judicial neglect or incompetence. The program has saved 115 men from death row.

Incoming MSU freshmen will be asked to consider the fairness of the criminal justice system in their first semester at college. Stevenson will kick off the program Aug. 30 at the



Courtesy photo

Book "Just Mercy" and film "The House I live In" were selected for this year's One Book, One Community project.

Hannah Community Center and will address incoming freshman the next day at 9 a.m. in the Breslin Center. These events are free and open to the public.

Jarecki will speak about his documentary at the Wharton Center for Performing Arts at 7 p.m. on Sept. 16. This is a ticketed event, but the film is available on YouTube or on a variety of other paid and free sources.

Like the previous One Book, One Community programs, Lillie said, there will be a series of on-going events to engage the students and the community in serious discussion about the issues.

Students will almost certainly be asked to view Stevenson's 22-minute TED talk, where he eloquently makes the case for reducing the number of people we incarcerate in the U.S., especially for drug crimes. In this talk, the author calls the current situation a "misguided war on drugs."

According to Stevenson, with more than 2.3 million men and women behind bars in this

country and another 7 million on parole, the topic of equal justice has percolated to the top of national discussions.

It was not only his New York Times best-selling book that helped direct the selection process, Lillie said but also Stevenson's style and manner of presentation. A Harvard-trained lawyer, Stevenson is a great storyteller and makes his points with laser-like precision.

This year, as in the past, a film was selected to reinforce the theme of the campaign. Jarecki's "The House I Live In," which won the Sundance Film Festival Grand Jury Prize in 2012, argues that the nation's war on drugs is an abysmal failure and has primarily imprisoned poor and minority citizens while doing nothing to change drug use in this country.

To the incoming legion of MSU freshmen who have grown up on "say no to drugs" and D.A.R.E. programs, this is not likely to be a big revelation. But what Lillie and the selection committee want students to consider are the implications to society as a whole. Stevenson, in one of the more dramatic moments of his TED talk, points to Alabama, where 34 percent of its population is not allowed to vote due to criminal convictions. (Michigan does not have such a law.)

Stevenson and Jarecki both make the case that an entire industry, the criminal justice system, has been built on incarceration without looking at the long-term societal results.

Lillie thinks the recent national response to police brutality has made the selection

extremely timely for the East Lansing and MSU communities.

The selection committee was aware of Lansing's 2005 Claude McCollum case, said Lillie. McCollum was unjustly convicted of murder, allowing a serial killer to continue his spree.

It was later learned that McCollum was convicted through legal incompetence and the suppression of evidence that would have shown him innocent. He was sentenced to life in prison, but was later freed when the serial killer was caught and confessed to the killing.

Students will find that cases like McCollum's are not rare, and that minor drug convictions often lead to imprisonment.

"In the 14th year, we are more comfortable having that conversation," Lillie said.

Although statistics for drug-related arrests and convictions on campus and in East Lansing for MSU students are difficult to compile, the Detroit Free Press, in a May 2014 article, reported that on-campus arrests increased 158 percent between 2010 and 2012, from 110 individuals to 261.

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\* June thru December 'til 8  
www.curiousbooks.com

**Archives Book Shop**  
519 W. Grand River Ave., E. Lansing  
Mon - Fri 10 - 7, Sat 11 - 6,  
Sun 12 - 5  
archivbk@concentric.net

- ACROSS
- If you can't find it, \_\_\_\_.
  - \_\_\_\_ stores offer great prices.
  - The largest used book store in Mid-Michigan is \_\_\_\_.
  - To see what we have, stop \_\_\_\_.
  - To go into a store you have to park your \_\_\_\_.
  - What Curious will do to help pay your parking.
  - Archives has 1,000's of vintage post \_\_\_\_.
- DOWN
- The store that has books from the 18th century.
  - You'll find lots of SF at Curious including Cpt. James T. \_\_\_\_.
  - Singular of what you'll find lots of at both locations.
  - Stop in so we can say \_\_\_\_.
  - What parking is at Archives.
  - The U.S. is located in \_\_\_\_.
  - Singular of 12 across.
  - We're "Where it's \_\_\_\_!"



# OUT ON THE TOWN

Events must be entered through the calendar at [lansingcitypulse.com](http://lansingcitypulse.com). Deadline is 5 p.m. Thursdays for the following week's issue. Charges may apply for paid events to appear in print. If you need assistance, please call Jonathan at (517) 999-5069.

## Wednesday, May 6

### CLASSES AND SEMINARS

**Family Storytime.** Ages up to 6. Stories, rhymes and activities. 10:30 a.m. FREE. CADL South Lansing Library, 3500 S. Cedar St., Lansing. (517) 367-6363.

**Meditation.** For beginners and experienced. 7-9 p.m. FREE. Vietnamese Buddhist Temple, 3015 S. Washington Square, Lansing. (517) 351-5866.

**Story Art Time.** Make art inspired by storybooks. Ages 2-5. 10-11 a.m. \$5/adults FREE. Reach Studio Art Center, 1804 S. Washington Ave., Lansing. (517) 999-3643, [reachstudioart.org/events/storytime](http://reachstudioart.org/events/storytime).

**Collage for the Outdoor Soul.** Paint, sketch and use artwork to make a collage. 9 a.m.-3 p.m. \$65, includes all materials. Harris Nature Center, 3998 Van Atta Road, Okemos. (517) 349-3866, [meridian.mi.us](http://meridian.mi.us).

**Ask a Business Librarian.** Learn market research, database and best locations. 9-11 a.m. FREE. Small Business Development Center, LLC, Suite 110, 309 N. Washinton Square, Lansing. (517) 483-1921, [sbdcmichigan.org](http://sbdcmichigan.org).

**Alcoholics Anonymous.** A closed step meeting. 6 p.m. Donations. Pennsylvania Ave. Church of God, 3500 S. Pennsylvania Ave., Lansing. (517) 899-3215.

**Walk-In Wednesdays.** Drop-In Art Class. All ages. 4-5:30 p.m. FREE (\$5 suggested donation). Reach Studio Art Center, 1804 S. Washington Ave., Lansing. (517) 999-3643, [reachstudioart.org](http://reachstudioart.org).

**Knit & Knot So Much.** Knitting and Crochet Group. 10 a.m.-noon. FREE, donations accepted. Reach Studio Art Center, 1804 S. Washington Ave., Lansing. (517) 999-3643, [reachstudioart.org](http://reachstudioart.org).

**McRay Artist Talk.** Hear McRay discuss doing tapestry as a journal. 5:30-7 p.m. FREE. Grove Gallery & Studios, 325 Grove St., # A, East Lansing. (517) 321-2917, [grovegalleryandstudios.com](http://grovegalleryandstudios.com).

**Ask some Atheists.** Ethical atheists clear up common misconceptions. 6 p.m. FREE. Pilgrim Congregational United Church of Christ, 125 S. Pennsylvania Ave., Lansing. (517) 484-7434, [pilgrimucc.com](http://pilgrimucc.com).

### EVENTS

**Open Workshop.** Bike repair, bike safety and biking as healthy exercise. 6-8 p.m. FREE. Kids Repair Program, 5815 Wise Road, Lansing. (517) 755-4174.

**Practice Your English.** Practice listening to and speaking English. 7-8:30 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420,

See Out on the Town, Page 26



## Animal circus

Friday, May 8

Things are going to get pretty hairy on stage at the Charlotte Performing Arts Center Friday. Literally.

The stage, usually reserved for dance performances and Broadway musicals, will be overrun by furry, four-legged entertainers as the Popovich Comedy Pet Theater presents an evening of animal attractions.

Think of a traveling circus, but the clowns and acrobats have been swapped out with cats and dogs. There is even an elephant — well, a dog in an elephant suit at least.

Gregory Popovich, producer and human star of Popovich Comedy Pet Theater, comes from a long line of Russian circus performers.

"I grew up in a circus family," said Popovich. "I'm a fourth-generation circus performer."

Popovich grew up around animal trainers, so working with animals seemed a perfect fit as he developed his own act.

"My mom trained dogs," he said. "When I grew up, it was natural to communicate with animals."

Popovich's traveling menagerie includes over 30 performing pets, including dogs, geese, a miniature horse and a clowder of trained housecats. Yes, you read that correctly. Trained housecats.

"Putting cats on stage, that's a real 'wow' moment," said Popovich.

As any cat owner can attest, our feline friends can be stubborn and hard to work with.

"I used to train dogs," said Popovich. "When I started training cats, it was difficult. Cats are very independent."

The breakthrough, Popovich said, came when he realized that he could tap into the cats' innate talents.

"Each cat has a trick. They do it naturally, voluntarily," explained Popovich. "When I find out what the cat likes to do naturally, I build the trick around that."

### Popovich Comedy Pet Theater

7 p.m. Friday, May 8  
\$25-35/\$75 family of four  
Charlotte Performing Arts  
Center  
378 State St., Charlotte  
(517) 541-5690,  
[cpacpresents.com](http://cpacpresents.com)



One cat in the show loves to climb, while another one jumps. Popovich incorporates those into the show, creating impressive climbing and jumping tricks for his feline co-stars. And while the pets are the focus of the show, there is a human component to the stage show as well.

"It's not only a pet show," explained Popovich.

A team of "nine well-trained Russians," as Popovich jokingly referred to them, will perform a variety of acts, including juggling, balancing acts, acrobatics and physical comedy.

"Whether you like the circus, or comedy or pets, there is something for you," said Popovich.

All of the animals in Popovich's performance were rescued from animal shelters. Part of the show's mission, he said, is to raise awareness about animals looking for a permanent home.

"If people go to an animal shelter to adopt a pet after our show, that is a success," he said.

—TY FORQUER

# TURN IT DOWN

A SURVEY OF LANSING'S MUSICAL LANDSCAPE

BY RICH TUPICA

## SEAN BONNETTE OF ANDREW JACKSON JIHAD AT THE AVENUE



THU. MAY 7TH

**The Avenue Café, 2021 E. Michigan Ave., Lansing. 18+, \$10, 8 p.m., Thursday, May 7**

Sean Bonnette, front man of Phoenix-based folk-punk outfit Andrew Jackson Jihad, performs a solo set Thursday at the Avenue Café. Bonnette formed Andrew Jackson Jihad in 2004 and has since toured the country and Europe. All Music Guide describes his style as “humorously explicit music with macabre themes.” Opener Mr. Hipster plays a frantic blend of power pop and punk with hints of alt-country. The band, comprising Alex Mysliwicz (guitar/vocals), Justin Meier (bass/vocals) and drummer Matt Romy, released “April Fools Tour,” a four-song cassette/online EP, last year. Other openers are fellow Phoenix-based band R.Ariel, Lansing-based punk outfit Need You Nows and Kalamazoo’s Jake Simmons & the Little Ghosts. Simmons releases his band’s new LP, “No Better,” at the show.

## MIGHTY UKE DAY 5 IN OLD TOWN



FRI. MAY 8-10

Victoria Vox

**Friday-Sunday, May 8-10 @ Old Town, Lansing, mightyukeday.com.**

The fifth annual Mighty Uke Day, Lansing’s three-day celebration of all things ukulele, returns Friday through Sunday. The event is held at various Old Town locations, including Elderly Instruments, Sir Pizza Grand Café, and the Old Town General Store. The full schedule is posted at mightyukeday.com. The weekend kicks off with a group strum on the steps of the State Capitol Friday at noon. “Then, we’ll march to Old Town,” said Ben Hassenger, local ukulele devotee and organizer of the festival. “That’s where everything is happening, starting with workshops Friday, an open mic and an evening concert at the Epicenter of Worship featuring headliner Stuart Fuchs.” The festival’s other headliner, Victoria Vox, performs Saturday. Openers are Gerald Ross, Andy Wilson (of Steppin’ In It and the Springtails), Saldaje, Susan Picking, Kendall Casella and Ukulele Dwight. “This is by far the largest uke fest in Michigan and might be the largest in the Midwest,” Hassenger said. “It has served as a bit of an incubator festival and has helped inspire other fests across the state.” As for the draw of the three-day event, it spans beyond the Lansing area. “We get people from all over the Midwest and Canada,” he said. “Folks also come from far away southern states. We expect a few hundred people here to experience all the aspects of the festival and Old Town.” Describing the vibe as a “unique and somewhat funky atmosphere,” Hassenger said there are all sorts of side attractions. “We’ll also have a 13-foot-tall ukulele at the festival, made to scale by Larry Stump of Dimondale,” he said. “You can even tune and play it.”

**UPCOMING SHOW? CONTACT RICH TUPICA AT RICH@LANSINGCITYPULSE.COM >>> TO BE LISTED IN LIVE & LOCAL E-MAIL LIVEANDLOCAL@LANSINGCITYPULSE.COM**

## LIVE & LOCAL

	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
The Avenue Café, 2021 E. Michigan Ave.	Service Industry Night, 3 p.m.	Sean Bonnette, 8 p.m.	The Starving Arts, 9 p.m.	Sunsquabi, 8 p.m.
Blue Gill Grill, 1591 Lake Lansing Rd.			Steve Elgas, 8 p.m.	Darien Larner, 8 p.m.
Capital Prime, 2324 Showtime Dr.			Paulie O, 8:30 p.m.	Bob Schultz, 8:30 p.m.
Champions Sports Bar, 2440 Cedar St. Holt			Reggae Lou, 8 p.m.	
Coach's Pub & Grill, 6201 Bishop Rd.				DJ, 9 p.m.
Colonial Bar, 3425 S. MLK Blvd.		Open Mic w/Pat Zelenka, 9 p.m.		
Copper, 2874 E. Lake Lansing Rd.		Dan MacLachlan, 6 p.m.		
Crunchy's, 254 W. Grand River Ave.	Fusion Shows Presents, 10 p.m.	Karaoke, 9 p.m.	Karaoke, 9 p.m.	Karaoke, 9 p.m.
Dublin Square, 327 Abbot Rd.		Cheap Dates, 10 p.m.	Steve Cowles, 5 p.m.	Reviving the Era, 5 p.m.
The Exchange, 314 E. Michigan Ave.	Good Cookies, 9:30 p.m.	Skoryoke live band karaoke, 9:30 p.m.	Summer of Sol, 9:30 p.m.	The New Rule, 9:30 p.m.
Grand Café/Sir Pizza, 201 E. Grand River Ave.			Karaoke w/Joanie Daniels, 7 p.m.	
Green Door, 2005 E. Michigan Ave.	Johnny D Jam, 9 p.m.	Karaoke Kraze, 9 p.m.	Glamhammer, 9 p.m.	Reggie Smith & the Afterparty, 9 p.m.
Gus's Bar, 2321 W. Michigan Ave.			Karaoke	
Henry's on the Square, 229 S. Washington Sq.		Tom Bernardi, 6 p.m.	DJ Rad One, 9 p.m.	Chris Lasko, 8 p.m.
The Loft, 414 E. Michigan Ave.	Rush, 8 p.m.	The Bass Choir, 9 p.m.	Hank Mowery & the Hawktones, 7 p.m.	36 Crazy Fists, 7 p.m.
Mac's Bar, 2700 E. Michigan Ave.	Buffalo Rodeo, 8 p.m.		Heartounds & Counterpunch, 8 p.m.	Elevation of the Underground, 9 p.m.
Peppino's, 213 Ann St.	Reggae Lou, 5 p.m.		Mark Sala, 8 p.m.	
Moriarty's Pub, 802 E. Michigan Ave.		Lincoln County Process, 9 p.m.	Good Cookies, 9 p.m.	The DeWaynes, 9 p.m.
R-Club, 6409 Centurion Dr.			T.G.B., 8:30 p.m.	T.G.B., 8:30 p.m.
Reno's North, 16460 Old US 27	Kathy Ford Band Karaoke, 7:30 p.m.	Chris Lasko, 7 p.m.	Bobby Sandal, 8 p.m.	Life Support, 8 p.m.
Reno's East, 1310 Abbot Rd.	Mark Sala, 6 p.m.	Darien Larner, 7 p.m.	The New Rule, 6 p.m.	Rush Clement, 6 p.m.
Reno's West, 501 W. Saginaw Hwy.	Rush Clement, 6 p.m.	Sarah Brunner, 7 p.m.	Yo Mama, 6 p.m.	Rachel & Alex, 8 p.m.
Tin Can West, 644 Migaldi Ln.	Waterpong, 11 p.m.			
Unicorn Tavern, 327 E. Grand River Ave.		Frog's Open Blues Jam, 8:30 p.m.	Fragment of Soul, 8:30 p.m.	No Handle Bars, 8:30 p.m.
Waterfront Bar & Grill, 325 City Market Dr.			Joe Wright, 6 p.m.	
Watershed, 5965 Marsh Rd.	Trevor Compton, 7 p.m.	Mark Sala, 8 p.m.	Capital City DJs, 10 p.m.	Capital City DJs, 10 p.m.
Whiskey Barrel Saloon, 410 S. Clippert St.			DJ, 9 p.m.	DJ, 9 p.m.

**LIVE & LOCAL LISTS UPCOMING GIGS!** To get listed just email us at liveandlocal@lansingcitypulse.com or call (517) 999-5069. Only submit information for the following week's paper.

# Out on the town

from page 24

elpl.org.

**Farmers Market at Allen Market Place.** Locally grown, baked and prepared foods. 3-6:30 p.m. FREE. Allen Street Farmers Market, 1619 E. Kalamazoo St., Lansing. (517) 999-3911.

**Suits and the City May Event.** Monthly LGBT professional networking event. 5:30-7:30 p.m. FREE. The Tin Can, 414 E. Michigan Ave., Lansing. gaylansing.org.

**Fix Double Hung Windows @ ANC.** With Ron Wilson of AFLAC of Michigan. 10 a.m.-noon, FREE. Allen Market Place, 1619 E. Kalamazoo, Lansing. (517) 999-3912. allenneighborhoodcenter.org.

**Teen Crafternoon: Notebooks.** Teens create paint chip notebooks. Grades 6-12. 3-5:30 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

**Spring Salad Luncheon.** 11:30 a.m.-1 p.m. \$9. Lansing Liederkrantz Club, 5828 S. Pennsylvania Ave. Lansing. (517) 882-6330, liederkrantzclub.org.

## MUSIC

**Fusion Shows presents.** Live music. 21-up. 10 p.m. FREE. Crunchy's, 254 W. Grand River Ave., East Lansing. (517) 351-2506, crunchyseastlansing.com.

**Marshall Music Open Jam.** Join other local musicians and get heard. 6 p.m. FREE. Marshall Music, 3240 E. Saginaw St. Lansing. (517) 337-9700, marshallmusic.com.

**Lansing Matinee Musicale.** Deborah Moriarty, professor, pianist, & LMM Chorale. 11 a.m.-1 p.m. FREE/lunch \$14. Plymouth Congregational Church, 2001 E. Grand River Ave., Lansing. (517) 349-7575, lansingmatineemusical.org.

## LITERATURE AND POETRY

**Storytelling at MICA Gallery.** An evening of storytelling with author Dan Combs, 6-8 p.m. FREE. MICA Gallery, 1210 N. Turner St., Lansing. (517) 371-4600, micagallery.org.

## Thursday, May 7

### CLASSES AND SEMINARS

**Take Off Pounds Sensibly.** 5:15 p.m. \$5. New Hope Church, 1340 Haslett Road, Haslett. (517) 349-9183, newhopehaslett.com.

**Take Off Pounds Sensibly.** Weigh-in 6 p.m., meeting 6:30 p.m. FREE. St. David's Episcopal Church, 1519 Elmwood Road, Lansing. (517) 882-9080, stdavidslansing.org.

**Meditation.** For beginners and experienced. 7-8:30 p.m. FREE. Quan Am Temple, 1840 N. College Ave., Mason. (517) 853-1675, quanamtemple.org.

**Lansing Area Codependents Anonymous.** 7-8 p.m. FREE. Community Mental Health Building, Room 214G, 812 E. Jolly Road, Lansing. (517) 515-5559, coda.org.

**Tarot Study Group.** With Dawne Botke. 7 p.m. FREE. Triple Goddess New Age Bookstore, 2019 E. Michigan Ave., Lansing. (517) 883-3619, triplegoddessbookstore.net.

**Family Storytime.** Ages up to 6. Stories, rhymes and activities. 10:30 a.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6363, cadl.org.

**Celebrate Recovery.** For all types of habits, hurts and hang-ups. 6:30 p.m. FREE. Trinity Church (Lansing), 3355 Dunckel Road, Lansing. (517) 492-1866.

Preschool Science Exploration. Hands on science. This month's theme is frogs. 1-2:30 p.m. \$4/child. Harris Nature Center, 3998 Van Atta Road, Okemos. (517) 349-3866, meridian.mi.us.

**HERO: Spring Lawn Care.** Home improvement class. Email bruce@gllhc.org. 6-8 p.m. FREE. Neighborhood Empowerment Center, 600 W. Maple St., Lansing. (517) 372-5980, gllhc.org.

### EVENTS

**Capital Area Audobon Society.** Penny Briscoe. "Purple Martins: Backyard Aerialists." 7 p.m. FREE. Fenner Nature Center, 2020 E. Mt. Hope, Lansing. capitalareaaudobon.com.

**Karaoke.** With Atomic D. 9 p.m. LeRoy's Classic Bar & Grill, 1526 S. Cedar St., Lansing. (517) 482-0184.

**Euchre.** No partner needed. 6-9 p.m. \$1.50. Delta Township Enrichment Center, 4538 Elizabeth Road, Lansing. (517) 484-5600.

**Spanish Conversation.** Practice listening to and speaking Spanish. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

**Community Conversation.** Renewable energy sources discussion with John Sarver GLREA. 7 p.m. FREE. Okemos Library, 4321 Okemos Road, Okemos. (517) 347-2021, ow.ly/MnKFO.

**8-Ball Tournament.** Bring your pool game to the Avenue. Call to confirm because it is cancelled occasionally. 7 p.m. \$10. The Avenue Cafe, 2021 Michigan Ave., Lansing. (517) 492-7403.

**Capital Area Crisis Men's Rugby Practice.**

Weather permitting. All experience levels welcome. 6-8 p.m. FREE. St. Joseph Park, 2151 W. Hillsdale, Lansing.

**Geometric Tape Painting.** Make a geometric tape painting. 5:30-7:30 p.m. FREE. ELPL 2.0 Maker Studio, 300 MAC Ave., East Lansing. (517) 351-2420, elpl.org.

**Teen Game Haven.** Play a variety of games; board, card and video. 3-5:30 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

**Public Write-In.** Written responses to "Trevor Paglen: The Genres" and more. 6-8 p.m. FREE. Eli and Edythe Broad Art Museum, 547 E. Circle Drive, MSU Campus, East Lansing. (517) 884-0659.

### THEATER

**"Venus in Fur" at PCTC.** Mysterious, funny and erotic drama. 8 p.m. \$15/\$10 students & seniors 65 and up. Miller Performing Arts Center, 6025 Curry Lane, Lansing. (517) 927-3016, peppermintcreek.org/purchase-tickets.html.

### LITERATURE AND POETRY

**Thursday Morning Storytime.** Three stories and a craft. 10 a.m. FREE. Barnes and Noble, 5132 W. Saginaw Highway, Lansing. (517) 327-0437, bn.com.

## Friday, May 8

### CLASSES AND SEMINARS

**Cottage to Commercial.** Learn to take a food business to the next level. 1-3 p.m. FREE. Allen Market Place, 1619 E. Kalamazoo, Lansing. (517) 999-3912. allenmarketplace.org/happenings.

**Aux Petits Soins.** French immersion class for babies. 9:30 a.m. & 10:30 a.m. \$12/\$15 drop-in. Willow Tree Family Center, 3333 S. Pennsylvania Ave., Lansing. (517) 643-8059, facebook.com/auxpetitsoinsllc.

**Palette to Palate.** Learn to paint and BYOB. 7-9 p.m. \$28/\$50 for 2. Reach Studio Art Center, 1804 S. Washington Ave. Lansing. (517) 999-3643, reachstudioart.org.

**Salsa Capital.** Salsa Dancing and lessons. Beginner, Intermediate and open dancing. 8 p.m.-midnight. \$5. 1133 S. Washington Ave., REO Town, Lansing. (517) 230-9018.

**Mad Hatter Tea Party.** Featuring live music by Rachel & Alex. 12:30 p.m. FREE. Grandhaven Manor Retirement Community, 3215 W. Mt. Hope Ave., Lansing. (517) 372-4499.

### EVENTS

**One-on-One Business Counseling.** Free Business counseling. 10 a.m.-4:30 p.m. FREE. Delta Township

See Out on the Town, Page 27

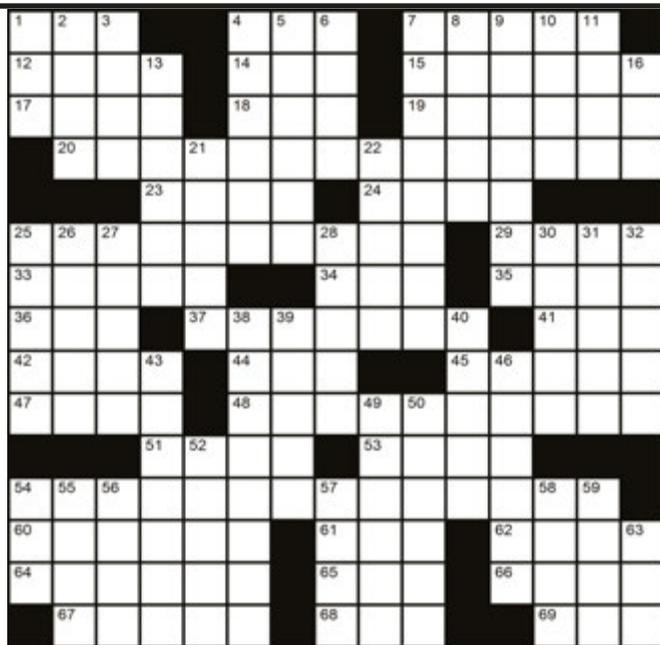
## Jonesin' Crossword

By Matt Jones

"MashQuote"--my first (and probably last) quote mash-up. Matt Jones

### Across

- 1 "Girls" ainer
- 4 CBS drama set in Vegas
- 7 Brewpub category
- 12 "The Hurt Locker" setting
- 14 Abbr. in real estate ads
- 15 Round number?
- 17 In \_\_\_ (in its original place)
- 18 Letters in an oval on bumper stickers
- 19 Painful spasms
- 20 With 25-Across,
- 37-Across, 48-Across and 57-Across, late night partier's quote
- 23 Monopoly's Water Works or Electric Company, for short
- 24 Soaks flax
- 25 See 20-Across
- 29 "Ghostbusters" director Reitman
- 33 "In \_\_\_" (1993 Nirvana album)
- 34 Ft. Worth school
- 35 Defendant's plea, for short
- 36 Upper limit
- 37 See 20-Across
- 41 Op. \_\_\_ (footnote abbr.)
- 42 Central Utah city
- 44 Broadway play about Capote
- 45 Tequila ingredient
- 47 "Club Can't Handle Me" rapper Flo \_\_\_
- 48 See 20-Across
- 51 Trier trio



- 53 Admit honestly
- 54 See 20-Across
- 60 1960s Olympic track star \_\_\_ Tyus
- 61 A billion years, in astronomy
- 62 Pampers rival
- 64 Took a leap
- 65 "Atlas Shrugged" author Rand
- 66 Faucet annoyance
- 67 "\_\_\_ Macabre" (Saint-Saens work)
- 68 "I Really Like You" singer Carly \_\_\_ Jepsen
- 69 Zapper target
- it, but "freedom" does
- 6 Words before "old chap"
- 7 Like a fugitive
- 8 Kind of shutout, in baseball
- 9 Submits
- 10 Overly excited
- 11 "Man, is it humid in here!"
- 13 Line former
- 16 Mao's middle name?
- 21 First of four Holy Roman Emperors
- 22 "Baywatch" actress Bingham
- 25 David Sedaris forte
- 26 Brand of console with joysticks and paddles
- 27 Irked
- 28 Bygone rechargeable bike brand
- 30 Shorter word list?
- 31 Hanging in there
- 32 Prominent
- 38 "Titanic" passenger class
- 39 Cup of legend
- 40 Swamp reptile
- 43 He can't be whacked without a sit-down
- 46 Throw caution to the wind
- 49 Michael and Janet's sister
- 50 Miss \_\_\_ ("Pee-Wee's Playhouse" character)
- 52 Comes down heavy
- 54 "Lookit how cute!" sounds
- 55 Big Apple enforcement org.
- 56 Swiper tries to swipe from her
- 57 The next palindromic one won't be until 2112
- 58 Catch a wave, brah
- 59 Like a goateed twin?
- 63 Secret Squirrel, e.g.

### Down

- 1 That dude's
- 2 Man from Manchester
- 3 Hippocratic thing
- 4 Prefix meaning "skull"
- 5 "Freedom" doesn't have

## SUDOKU

## BEGINNER

			5			2	8	
1					2			
					9	3		
	9		2					
5								6
7	2					9		
	8	3					6	
	5		8					1
		7	6					3

### TO PLAY

Fill in the grid so that every row, column, and outlined 3-by-3 box contains the numbers 1 through 9 exactly once. No guessing is required. The solution is unique.

Answers on page 29

## Out on the town

from page 26

District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4, dtdl.org.

**Popovich Comedy Pet Theatre.** Show with over 30 performing animals. 7 p.m. \$25-\$35, \$75 family. Charlotte Performing Arts Center, 378 State St. Charlotte. (517) 541-5690, CPACpresents.com.

**Dance for Couples & Singles.** Weekly dance party for singles and couples. 7:30 p.m.-midnight, \$13. Hawk Hollow Banquet Center, 15101 S. Chandler Road, Bath. (517) 281-6272, TGIF.party.

**StoryTime.** Ages 3-6 years enjoy stories, songs and crafts. 10:30-11:15 a.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

**Teen Tech Time.** Teens have access to a cluster of laptops. 3-5 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

### MUSIC

**Hank Mowery CD Release Show.** 7 p.m. \$5. The Loft, (At Harem Urban Lounge) 414 E. Michigan Ave., Lansing. theloftlansing.com.

**Heartsounds and Counterpunch.** With guests Aim You Arrows and Don't Pull the Plug. 8 p.m. Tickets start at \$8. Mac's Bar, 2700 E. Michigan Ave. Lansing. (517) 484-6795. fusionshows.com.

**Pop/Rock Concert Event.** Live Music. 3 groups. Great mix, great sounds! 7:30 p.m. \$5. Wilson Center Auditorium, 101 W. Cass St., St. Johns. (517) 712-7341.

**The LCC Rock Band Concert.** Live performance. 7:30 p.m. FREE. Dart Auditorium, Lansing Community College, 500 N. Capitol Ave., Lansing. (517) 483-1546, lcc.edu/showinfo.

**Sistrum Spring Concert.** Womens chorus spring concert and silent auction. 7 p.m. silent auction, 8 p.m. concert. \$15. Central United Methodist Church, 215 N. Capitol Ave., Lansing, sistrum.org.

### THEATER

**"Law and Order: Fairy Tale Unit."** Family friendly fantasy comedy. 7 p.m. \$7/\$5 for seniors and 12 and under. Happendance Studios, 3448 Hagadorn Road, Okemos. (517) 339-2145, mmft.org.

**"The Lyons."** Dark comedy/drama. 8 p.m. \$12/\$10 seniors. Riverwalk Theatre, 228 Museum Drive, Lansing. (517) 482-4700, riverwalktheatre.com.

**"Camelot."** Musical about King Arthur. 7:30 p.m. \$39, \$36 seniors. Starlight Dinner Theatre, Waverly East Intermediate, 3131 W. Michigan Ave., Lansing. (517) 243-6040, starlightdinnertheatre.com.

**"The Tennessee Blues."** Five one-act plays by Tennessee Williams, 8 p.m. FREE. Lansing Community College, 500 N. Capitol Ave., Lansing. (517) 483-1546, lcc.edu/showinfo.

**"Venus in Fur" at PCTC.** (For details see May 7.) 8 p.m. \$15/\$10 students & seniors 65 and up. Miller Performing Arts Center, 6025 Curry Lane, Lansing. (517) 927-3016, peppermintcreek.org/purchase-tickets.html.

## Saturday, May 9

### CLASSES AND SEMINARS

**Tai Chi in the Park.** Free class for beginning and experienced tai chi players. Now at winter location. 9-10 a.m. FREE. Allen Market Place, 1619 E. Kalamazoo St., Lansing. (517) 272-9379.

**Domestic Violence Support Group.** Noon-1:30 p.m. FREE. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 372-9163, womenscenterofgreaterlansing.org.

**Compost 101 Workshop.** Outdoor and indoor

composting. 12:30-2 p.m. \$10 Donation. Urbandale Farm, 700 block S. Hayford Ave., Lansing. (517) 999-3910, allenneighborhoodcenter.org/gardenhouse.

### EVENTS

**Paws for Reading.** Kids read to therapy dogs. Call to register. 11 a.m.-noon. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 3, dtdl.org.

**Woodland Fairy Party.** Kids build fairy houses and enjoy party activities. 11 a.m.-2 p.m. \$10. Harris Nature Center, 3998 Van Atta Road, Okemos. (517) 349-3866, meridian.mi.us.

**Karaoke.** With Atomic D. 9 p.m. LeRoy's Classic Bar & Grill, 1526 S. Cedar St., Lansing. (517) 482-0184.

**CAWLM 80s Flashback Fundraiser.** Music, dancing and more. 7:30 p.m.-midnight, \$30/\$50 per couple. University Club of MSU, Henry Center, 3435 Forest Road, East Lansing. (517) 203-0123. ow.ly/Mo22i.

**Native Michigan Plant Sale.** Wild Ones native plant sale. Attract birds and more. 9 a.m.-3 p.m. Lansing City Market, 325 City Market Drive, Lansing. (517) 887-0596, wildoneslansing.org.

**Glass Etching.** Personalize glass using easy etching. Ages 12 plus, 1-3 p.m. FREE. ELPL 2.0 Maker Studio, 300 MAC Ave., East Lansing. (517) 351-2420, elpl.org.

**Books, Bags and Biscotti.** Friends of ELPL put on a gently used bag sale. Noon-4 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

**Broadway Tunes.** Listen to the Broadway Tunes of Jonathan Gerry. 1-3 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

**Bottle Cap Crafts (Age 7 & up.)** Create a cool craft with bottle caps. 2-3 p.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6300, cadl.org.

**Ladies' Dance.** LGBT dance with music by DJ Dazzling Dena. 8:15 p.m. FREE. Grand Cafe/Sir Pizza, 201 E. Grand River, Lansing. (517) 331-0989, sirpizza-mi.com.

### MUSIC

**Capital City Ringers' Concert.** Celebration of founder/director, Jane C. Wright. 7 p.m. FREE, donations appreciated. Delta Presbyterian Church, 6100 W. Michigan Ave., Lansing. (517) 321-3569, capitalcityringers.com.

**Ben Daniels Band.** Affinity Singer/Songwriter Series. 8 p.m. \$18/\$15 advance. The Wax, 215 W. Michigan Ave., Jackson. (517) 782-3221, jacksonsymphony.org.

**Bob Seger Birthday Bash 6.** Bob Seger turns 70. Celebrate with Lookin Back. 8 p.m. \$10, \$40 VIP. Michigan Theater, 124 N. Mechanic St., Jackson. (248) 755-6814, neptix.com/events/14037.

**Sistrum Spring Concert.** Womens chorus spring concert and silent auction. 7 p.m. silent auction, 8 p.m. concert. \$15. Central United Methodist Church, 215 N. Capitol Ave., Lansing, sistrum.org.

### THEATER

**"Law and Order: Fairy Tale Unit."** (For details see May 8.) 7 p.m. \$7/\$5 for seniors and 12 and under. Happendance Studios, 3448 Hagadorn Road, Okemos. (517) 339-2145, mmft.org.

**"The Tennessee Blues."** (For details see May 8.) 8 p.m. FREE. Lansing Community College, 500 N. Capitol Ave., Lansing. (517) 483-1546, lcc.edu/showinfo.

**"Venus in Fur" at PCTC.** (For details see May 7.) 8 p.m. \$15/\$10 students and seniors 65 and up. Miller Performing Arts Center, 6025 Curry Lane, Lansing. (517) 927-3016, peppermintcreek.org/purchase-tickets.html.

## FRIDAY, MAY 8-9 & MAY 15-17 >> 'CAMELOT' AT STARLIGHT DINNER THEATRE

The "Once and Future King," Arthur Pendragon, is known for assembling a round table of knights and his meditations on bringing lasting peace to England, but did you also know he's also an amazing singer? The Starlight Dinner Theatre presents a melodious take on the legendary monarch with the musical "Camelot." In the show, King Arthur must protect his kingdom from the nefarious Mordred. Unfortunately, Arthur is having a hard enough time keeping his round table in order, especially since his prized knight, Lancelot, is having an affair with his beloved wife Guenevere. Along with the musical, guests can enjoy a feast fit for a king, featuring a main course of chicken breast in apricot sauce. 6:30 p.m. dinner, 7:30 p.m. show Friday-Saturday; desserts 1:30 p.m., 2:30 p.m. show Sunday. \$39/\$36 seniors. Waverly East Intermediate School, 3131 W. Michigan Ave., Lansing. (517) 243-6040, starlightdinnertheatre.com.



## FRIDAY, MAY 8-10 & MAY 15-17 >> 'THE LYONS' AT RIVERWALK THEATRE

Riverwalk Theatre presents an unlikely pairing of comedy and cancer with its production of "The Lyons." In the play, a dysfunctional family gathers at a hospital where Ben Lyons, the father of the family, is dying of cancer. The tragedy of Ben's dying only proves a catalyst for what unfolds next for the Lyons family in this darkly cartoonish play. 8 p.m. Friday-Saturday; 2 p.m. Sunday. \$12/\$10 students and seniors. Riverwalk Theatre, 228 Museum Dr., Lansing. (517) 482-5700, riverwalktheatre.com.



## FRIDAY, MAY 8-9 >> THE TENNESSEE BLUES

First semester students in Lansing Community College's theater program will be "playing" the blues in a collection of one-act plays by Tennessee Williams. Director Andy Callis is interested in how themes from Williams' plays are similar to elements found in the blues, including railroads, mattresses, death, beer and prostitutes. "Like the blues, these plays open up questions about greater truths and older questions," Callis said. The plays featured in the production are "The Lady of Larkspur Lotion," "Talk to Me Like the Rain and Let Me Listen...", "Something Unspoken," "This Property Is Condemned," "The Long Goodbye," and a scene from "The Glass Menagerie." 8 p.m. FREE. Black Box Theatre, Lansing Community College Gannon Building, room 168, 422 N. Grand River Ave., Lansing. lcc.edu/showinfo.



## SATURDAY, MAY 9 >> YOUNG PLAYWRIGHT'S FESTIVAL

The young actors of All-of-us Express Children's Theatre present three plays written by budding local playwrights with its Young Playwright's Festival. The three young writers featured were mentored through the script development process by All-of-us Express' artistic director, Sarah Willis, with their work culminating in the evening's performance. The first play, "The Journeys of Miss Pepper," by 11-year old Abby Murray, and tells the harrowing journey of Pepper as she searches for her father. Next is "The Fairy Tale Book," by 12-year old Ava Brewer, in which iconic fairy tale characters implore Daisy to be the fairy tale world's next caretaker. Lastly, "Our Binding Flaws," by 12 year-old Audrey Tieman, deals with a widow who speaks with embodiments of love, life and death to overcome her grief. The Young Playwright's Festival will be a one night only performance. 7 p.m. \$7/\$5 youth. East Lansing Hannah Community Center, 819 Abbot Road, East Lansing. allofussepress.org.



### LITERATURE AND POETRY

**Mother's Day Storytime.** Storytime and craft. 11 a.m. FREE. Barnes and Noble, 5132 W. Saginaw Highway, Lansing. (517) 327-0437, bn.com.

371-5119, ruetenik@gmail.com.

**Lansing Area Codependents Anonymous.** Third floor meeting room. 2-3 p.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 515-5559, coda.org.

**Spiritual Talk, Pure Meditation and Silent Prayer.** 7 p.m. FREE. Self Realization Meditation Healing Centre, 7187 Drumheller Road, Bath. (517) 641-6201, selfrealizationcentremichigan.org.

**Parents of LGBTQ kids.** Weekly support group.

## Sunday, May 10

### CLASSES AND SEMINARS

**Juggling.** Learn how to juggle. 2-4 p.m. FREE. Orchard Street Pumpouse, 368 Orchard St., East Lansing. (517)

## Out on the town

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All faiths are welcome. 3-4:30 p.m. FREE. Diversity Psychological Services, 1310 Turner St., Lansing. (720) 401-4214.

### EVENTS

**Lansing Area Sunday Swing Dance.** Lessons 6-6:30 p.m., dance 7-10 p.m. \$8 dance/\$10 dance & lesson/FREE for students. The Lansing Eagles, 4700 N. Grand River Ave., Lansing. (517) 490-7838.

**Mother's Day Wildflower Walk.** Walk with a

Lansing, 1710 E. Michigan Ave., Lansing. (517) 372-9163, womenscenterofgreaterlansing.org.

**Support Group.** For the divorced, separated and widowed. Room 9. 7:30 p.m. FREE. St. David's Episcopal Church, 1519 Elmwood Road, Lansing. (517) 323-2272, stdavidslansing.org.

### EVENTS

**Monday Morning Movie.** Popcorn and a movie. Call for title. 10:30 a.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4, dtld.org.

**Recipe Club.** Make and share a dish that has a history. 6-7:30 p.m. FREE. Delta Township District Library, 5130

## SATURDAY, MAY 9 >> CAWLM '80S FLASHBACK FUNDRAISER

The Capital Area Women's Lifestyle Magazine is garnering donations for the future while throwing a bash from the past with its '80s Flashback Fundraiser. The fundraiser will feature signature '80s attractions, including live music by '80s cover band Starfarm and an opportunity to get your hair "eightified" by stylists from Salon de Lordes. The evening will also include food, beverages and a silent auction featuring '80s memorabilia and pop culture art. The fundraiser also serves as occasion for CAWLM to announce its annual "Caring About Women" award winner. A portion of the proceeds will benefit the Girl Scouts Heart of Michigan. 7 p.m. \$30/\$50 couple. University Club of MSU, 3435 forest Road, East Lansing. cawlm.com.

## WEDNESDAY, MAY 13 >> CHRISTINE HA AT PECKHAM INC.

Christine Ha, blind chef and author of "Recipes From My Home Kitchen," will give a presentation at Peckham Inc. as part of its Spring Speaker Series. Ha rose to fame in 2012 when she won season three of the amateur cooking competition show "Masterchef USA," beating out over 30,000 home cooks and earning praise from foul-mouthed celebrity chef Gordon Ramsey. Ha has gone on to become a New York Times best-selling author and travels the world giving cooking demonstrations and speaking on her achievements. Ha will speak at Peckham on her accomplishments and how she overcame her handicap. 10:30 a.m. and 2 p.m. FREE. Peckham Inc., 3510 Capital City Blvd., Lansing. (517) 492-8105, peckham.org.

naturalist to see native wildflowers. 3-4 p.m. \$3/\$7 family. Harris Nature Center, 3998 Van Atta Road, Okemos. (517) 349-3866, meridian.mi.us.

**Mother's Day Celebration.** Amazing feast. RSVP today. 11 a.m.-4 p.m. \$34.95, \$14.95 ages 6-10, FREE ages up to 5. Crowne Plaza Lansing West, 925 S. Creyts, Lansing. (517) 391-1301, ow.ly/Mo4A4d.

**Pokemon/Magic the Gathering Card Games.** Tutorials for kids. Starter decks provided. 12:30 p.m. FREE. Everybody Reads, 2019 E. Michigan Ave., Lansing. (517) 346-9900.

### THEATER

**The Ten-Minute Play Festival.** Featuring the work of Mary Job's spring semester, 4 p.m. & 7 p.m. FREE. Lansing Community College, 500 N. Capitol Ave., Lansing. (517) 483-1546, lcc.edu/showinfo.

**"Venus in Fur" at PCTC.** (For details see May 7.) 2 p.m. \$15/\$10 students & seniors 65 and up. Miller Performing Arts Center, 6025 Curry Lane, Lansing. (517) 927-3016, peppermintcreek.org/purchase-tickets.html.

## Monday, May 11

### CLASSES AND SEMINARS

**Adult Rape Survivor Support Group.** Registration preferred. 6-7:30 p.m. FREE. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 372-9163.

**Job Seekers Support Group.** Finding the right career. 10 a.m.-noon. FREE. Women's Center of Greater

Davenport Drive, Lansing. (517) 321-4014 ext. 4, dtld.org.

**Social Bridge.** No partner needed. 1-4 p.m. \$1.50. Delta Township Enrichment Center, 4538 Elizabeth Road, Lansing. (517) 484-5600.

**Mac's Monday Comedy Night.** Hosted by Mark Roebuck and Dan Currie. 9:30 p.m. FREE. Mac's Bar, 2700 E. Michigan Ave., Lansing. (517) 484-6795, macsbar.com.

**BabyTime.** Intended for ages 1-18 months with adult. 10:30-11 a.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

**Post-Polio Support Group.** Second Monday afternoons. 1:30 p.m. FREE, donations welcome. Plymouth Congregational Church, 2001 E. Grand River Ave., Lansing. (517) 339-1039.

### THEATER

**MMFT Auditions.** "All I Really Need to Know, I Learned in Kindergarten." 6:30 p.m. Production fees if cast. Happendance Studios, 3448 Hagadorn Road, Okemos. (517) 333-3528, mmft.org.

## Tuesday, May 12

### CLASSES AND SEMINARS

**Lansing Area Codependents Anonymous.** 5:45-6:45 p.m. FREE. EVERYbody Reads Books and Stuff, 2019 E. Michigan Ave., Lansing. (517) 515-5559, coda.org.

**Speakeasies Toastmasters.** Improve listening, analysis, leadership and presentation skills. 12:05-1 p.m.

## LANSING BREWING CO./COMPOST KATIE

Courtesy photo  
Gillespie Group  
is planning to  
resurrect the long-  
dormant Lansing  
Brewing Co.



### By ALLAN I. ROSS

In 1898, Lansing became home to an eponymous brewery on Turner Street. It closed 16 years later, and for more than a century the brand lay dormant. But like a kaiju roused from slumber by a nuclear detonation, so re-emerges the name

**Lansing Brewing Co.**, summoned by a seemingly insatiable local taste for craft beer.

"(The) craft beer (market) is exploding right now," said company spokesman Sam Short. "The city is long overdue for its own brewery. This will be the first true production brewery in Lansing since 1914."

He said one of the original brewery's flagship beers, Amber Cream Ale, will be revived, but the new location, at 518 E. Shiawassee St., near the **Lansing City Market**, is about a mile south of the original site on Turner Street.

The 7,000-square-foot building, a former auto warehouse, is owned by Pat Gillespie's **Gillespie Group** and will undergo about \$1.5 million in renovations. Gillespie's wife, Jennifer Gillespie, is the Lansing

Brewing Co. owner. Short, co-owner of **Zoobie's Old Town Tavern** and the **Beer Grotto**, is on board as a consultant until the brewery opens this fall. Short said there will also be a restaurant component, as well as an on-site liquor distillery and winery.

"We want to be able to give options for people who may not necessarily like beer," Short said. "It's not a big step to go from being a brewery to (also) being a distillery. We're thinking about the customer from the get-go."

### Compost office

As the farm-to-table movement has energized enthusiasm for micro-farming, demand has risen for organic grow supplies. **Compost Katie**, a new business on Lansing's east side, hopes to capitalize on that trend, and help Metro Lansing residents live a little greener to boot.

"I see how much organic waste is going to landfills and I decided something needed to be done," said Compost Katie's owner/operator Woody Campbell. "I want this world to be a good place for my child."

Compost Katie is a vermicomposting facility that uses

worms to transform food waste into high quality compost. Subscribers can sign up for either 5-gallon bins (\$12 per month) or 45-gallon bins (\$25 per month) that they can fill with most organic home waste — vegetable scraps, breads, napkins, cooked meats, pizza boxes, coffee grounds and filters, newspapers and lawn debris. Campbell will then come by weekly, swap out that bin for a clean one, and bring the food scraps back to his warehouse where he uses a specialized setup to process the contents.

Campbell has enough space to process several tons of vermicomposting material at a time. With only five customers, including Golden Harvest, he estimates he already has about 750 lbs. started. The compost is then sold to community gardeners and local stores under the Compost Katie brand.

"There's no one else in this part of Michigan doing this," Campbell said. "But it's very big in other parts of the world, as well as Vermont and Manhattan. That's the way things are going."

For more information or to sign up for service, go to [compostkatie.com](http://compostkatie.com).

FREE. Ingham County Human Services Building, 5303 S. Cedar St., Lansing. (616) 841-5176.

**Take Off Pounds Sensibly.** Have a support system, lose weight. 7 p.m. FREE to visit. Eaton Rapids Medical Center, 1500 S. Main St., Eaton Rapids. (517) 543-0786.

**Not So Happy Endings Support Group.** For women ending relationships. 5:30-7:30 p.m. FREE. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 896-3311.

**Hopeful Hearts Grief Group.** Learn, grow and heal together. 10-11 a.m. FREE. The Marquette Activity Room, 5968 Park Lake Road, East Lansing. (517) 381-4866.

**Capital City Toastmasters Meeting.** Learn public speaking and leadership skills. 7 p.m. FREE. CADL Downtown Lansing, 401 S. Capitol Ave., Lansing. (517) 367-6300, cadl.org.

**Marketing Your Business.** Designed to grow small businesses. 9:30 a.m.-noon, FREE. Small Business Development Center, LCC, Suite 110, 309 N. Washinton

Square, Lansing. (517) 483-1921, sbdcmichigan.org.

**Aux Petits Soins.** French immersion class for babies. 4:15 p.m. & 5:15 p.m. \$12/\$15 drop-in. Willow Tree Family Center, 3333 S. Pennsylvania Ave., Lansing. (517) 643-8059, facebook.com/auxpetitssoinsllc.

**Tree, Shrubs & Perennial Care.** Home improvement class. Email [bruce@glhc.org](mailto:bruce@glhc.org). 6-8 p.m. FREE. Neighborhood Empowerment Center, 600 W. Maple St. Lansing. (517) 372-5980, glhc.org.

**Overeaters Anonymous.** To support you in your weight loss efforts. 7 p.m. FREE. Okemos Presbyterian Church, 2258 Bennett Road, Okemos. (517) 290-5163.

**Healthy Habits.** Make a plan for healthy aging. 6-7:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4, dtld.org.

### EVENTS

# Out on the town

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**Bible and Beer.** Discussion of scripture in everyday settings. 6 p.m. FREE. Midtown Brewing Co., 402 S. Washington Square, Lansing. (517) 482-0600, bibleandbeer@ccclansing.org.

**Sporcle Live! Trivia.** Win Crunchy's gift certificates. 7 p.m. FREE. Crunchy's Pizza & Burgers, 254 W. Grand River Ave., East Lansing. (517) 351-2506, crunchyseastlansing.com.

**Capital Area Crisis Men's Rugby Practice.** Weather permitting. All experience levels welcome. 6-8 p.m. FREE. St. Joseph Park, 2151 W. Hillsdale, Lansing.

**ToddlerTime.** Ages 18-36 months listen to stories and music. 10:15-10:45 a.m. and 11-11:30 a.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

**Books on Tap.** 'The Night Circus' by Erin Morgenstern. 6:30 p.m. FREE. Jimmy's Pub, 16804 Chandler Road, East Lansing. (517) 351-2420, elpl.org.

**Mid-day Movies (Adults).** We'll show a movie suggested for adults. Rated R. 2-4 p.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6300, cadl.org.

**Microsoft Excel Basics (Adults).** Learn to use a spreadsheet for assorted tasks. 6-7 p.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6300, cadl.org.

## THEATER

**MMFT Auditions.** "All I Really Need to Know, I Learned in Kindergarten." 6:30 p.m. Production fees if cast. Happendance Studios, 3448 Hagadorn Road, Okemos. (517) 333-3528, mmft.org.

## Wednesday, May 13

### CLASSES AND SEMINARS

**Family Storytime.** Ages up to 6. Stories, rhymes and activities. 10:30 a.m. FREE. CADL South Lansing Library, 3500 S. Cedar St., Lansing. (517) 367-6363.

**Meditation.** For beginners and experienced. 7-9 p.m. FREE. Vietnamese Buddhist Temple, 3015 S. Washington Square, Lansing. (517) 351-5866.

**Story Art Time.** Make art inspired by storybooks. Ages 2-5. 10-11 a.m. \$5/adults FREE. Reach Studio Art Center, 1804 S. Washington Ave., Lansing. (517) 999-3643, reachstudioart.org/events/storytime.

**Writing a Business Plan.** First steps for creating a business plan draft. 9-11:30 a.m. FREE. Small Business Development Center, LCC, Suite 110, 309 N. Washinton Square, Lansing. (517) 483-1921, sbdcmichigan.org.

**Alcoholics Anonymous.** A closed step meeting. 6 p.m. Donations. Pennsylvania Ave. Church of God, 3500 S. Pennsylvania Ave., Lansing. (517) 899-3215.

**Walk-In Wednesdays.** Drop-In Art Class. All ages. 4-5:30 p.m. FREE (\$5 suggested donation). Reach Studio Art Center, 1804 S. Washington Ave., Lansing. (517) 999-3643, reachstudioart.org.

**Knit & Knot So Much.** Knitting and Crochet Group. 10 a.m.-noon. FREE, donations accepted. Reach Studio Art Center, 1804 S. Washington Ave., Lansing. (517) 999-3643, reachstudioart.org.

**"Maternal Instinct or...?"** Sexist misconceptions about parenting. 6 p.m. FREE. Pilgrim Congregational United Church of Christ, 125 S. Pennsylvania Ave. Lansing. (517) 484-7434, pilgrimmucc.com.

## EVENTS

**Strategy Game Night.** 18 and over. Learn and share favorite games. 5-7:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4. dtldl.org.

**Open Workshop.** Bike repair, bike safety and biking as healthy exercise. 6-8 p.m. FREE. Kids Repair Program, 5815 Wise Road, Lansing. (517) 755-4174.

**Farmers Market at Allen Market Place.** Locally grown, baked and prepared foods. 3-6:30 p.m. FREE. Allen Street Farmers Market, 1619 E. Kalamazoo St., Lansing. (517) 999-3911.

**Life in Japan @ ANC.** With MSU International Student Saya Kaneda. 10 a.m.-noon, FREE. Allen Market Place, 1619 E. Kalamazoo, Lansing. (517) 999-3912. allenneighborhoodcenter.org.

**Practice Your English.** Practice listening to and speaking English. 7-8:30 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

**Christine Ha, Blind Cook.** Presentation by cook and winner of MasterChef. 10:30-11:30 a.m. FREE. Peckham Industries, 3510 Capital City Blvd., Lansing. (517) 492-8105, events@peckham.org.

**RCS Movie and Cocktail Night.** Crazy. Stupid. Love. and the Old Fashioned. 7 p.m. FREE. Red Cedar Spirits, 2000 Merritt Road, East Lansing. (517) 908-9950, redcedarspiritsdistillery.com.

**MSU Creative Writing Center.** All types of writers are encouraged to attend. 7-9 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

**Teen Crafternoon: Book Folding.** Teens create folded book art. Grades 6-12. 3-5:30 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

**Knitting and Crochet Group.** All ages and levels welcome. Now at the library. 5:30-7:30 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

## MUSIC

**Fusion Shows presents.** Live music. 21-up. 10 p.m. FREE. Crunchy's, 254 W. Grand River Ave., East Lansing. (517) 351-2506, crunchyseastlansing.com.

## Free Will Astrology

By Rob Breznsny

May 6-12

**ARIES** (March 21-April 19): The danger of resisting a temptation too strenuously is that the temptation might depart. I suggest that you prevent that from happening. Without throwing yourself at the mercy of the temptation, see if you can coax it to stick around for a while longer. Why? In my view, it's playing a useful role in your life. It's motivating you to change some things that really do need to be changed. On the other hand, I'm not yet sure that it should become anything more than a temptation. It might serve you best that way, not as an object of your satisfied desire.

**TAURUS** (April 20-May 20): My astrological colleagues discourage me from talking to you Bulls about financial matters. "Most Tauruses know ten times more about the mystery of money than you use in the coming weeks. Interweave it with this advice from playwright Sam Shepard: "The temptation towards resolution, towards wrapping up the package, seems to me a terrible trap. Why not be more honest with the moment? The most authentic endings are the ones which are already revolving towards another beginning." In other words, Gemini, don't be attached to neat finales and splashy climaxes. Consider the possibility that you can simply slip free of the complicated past and head toward the future without much fanfare.

**GEMINI** (May 21-June 20): "Endings to be useful must be inconclusive," wrote science fiction novelist Samuel R. Delany. I endorse that theory for your use in the coming weeks. "Their excellent instincts trump any tips you could offer." Another astrologer concurred, noting, "The financial advice you give Tauruses will at best be redundant and at worst simplistic." A third colleague summed it up: "Offering Tauruses guidance about money is like counseling Scorpios about sex." So although I'm shy about providing recommendations, I will say this: The next five weeks will be a favorable time to set in motion the plans to GET RICHER QUICKER!

**CANCER** (June 21-July 22): In mythic terms, you should be headed for the winner's circle, which is inside the pleasure dome. The parade in your honor should follow the award ceremony, and let's hope you will be on the lead float wearing a gold crown and holding a real magic wand while being sung to by a choir of people you love and who love you. If for any reason you are not experiencing some version of these metaphors, I urge you to find out why. Or better yet, get busy on planning a homecoming or graduation party or award ceremony for yourself. From an astrological perspective, you have a mandate to be recognized and appreciated for the gifts you offer the world.

**LEO** (July 23-Aug. 22): British Field Marshal Arthur Wellesley was a brilliant military commander. Renowned for his ability to beat larger armies, he also had great skill at minimizing loss of life among his own troops. His most famous triumph took place in 1815, when he led the forces that defeated Napoleon Bonaparte at Waterloo. In the aftermath, the French tyrant lost his power and went into exile. What was the secret of Wellesley's success? "Bonaparte's plans were made in wire," he said. "Mine were made in string." In other words, Wellesley's strategy was more flexible and adaptable. As circumstances changed, it could be rearranged with greater ease. That's the approach I recommend for you in the coming days.

**VIRGO** (Aug. 23-Sept. 22): You may not be strong enough to take a shot at a daunting challenge that's five levels beyond your previous best. But I think you are at least ready to try a tricky challenge that's one level higher than where you have been operating. And that, in my opinion, is a more practical use of your courage. I think it would be a waste of your energy to get wrapped up in grandiose fantasies about impossible perfections. As long as you don't overreach, you can accomplish small miracles.

**LIBRA** (Sept. 23-Oct. 22): I suspect you are about to experience some prime contenders for The Most Unusual Adventures of 2015. Are you thoroughly prepared? Of course not. There's no way you can be totally ready to adapt to unpredictable wrinkles and change your mind at a moment's notice. But that's exactly what will make these experiments so fun. That's why they will be effective in building up your resilience and willpower. For best results, apply your nighttime thinking to daytime activities, and vice versa. Spend minimal time on responsibilities that don't teach you noble truths about your fellow madmen and madwomen. Now here's my big question: How can you tap into the extra power you will need during your rite of passage?

**SCORPIO** (Oct. 23-Nov. 21): Many modern astronomers are allergic to astrology, but from my perspective there is no inherent conflict between the two fields. Four of history's greatest astronomers were practicing astrologers, after all: Johannes Kepler, Galileo Galilei, Tycho Brahe, and Pierre Gassendi. One of my friends in college, a Scorpio woman named Martha Maiden, is a first-rate astrologer who got a degree in astronomy and became a top scientist at NASA. In the spirit of finding reconciliation between apparent opposites, I'm happy to say that you are now a virtual virtuoso in your ability to reconcile both apparent opposites and actual opposites. I invite you to use this aptitude with flair and daring.

**SAGITTARIUS** (Nov. 22-Dec. 21): Sagittarian Matt Stutzman competes in the sport of archery. He's the world's record holder for longest accurate shot, having hit a target 230 yards away. What makes his accomplishment so extraordinary is the fact that he was born without any arms. He holds each arrow in his mouth and grasps the bow with his right foot and the help of a chest harness. In the spirit of this armless archer, and in accordance with your current astrological omens, I invite you to initiate an attempt to triumph over one of your so-called disadvantages.

**CAPRICORN** (Dec. 22-Jan. 19): Long before Lou Reed recorded the song "Walk on the Wild Side," Nelson Algren wrote a novel titled "A Walk on the Wild Side." It depicts the luxuriant depravity of New Orleans' French Quarter in the 1930s. One of Algren's most enduring bits of spiritual advice goes as follows: "Never, ever, no matter what else you do in your whole life, never sleep with anyone whose troubles are worse than your own." What do you think of that, Capricorn? Even if you don't regard it as a universal rule that you should unflinchingly obey, I suggest you observe it in the coming weeks. For the sake of your mental hygiene, be extra discerning about what influences you absorb -- not just in bed, but everywhere.

**AQUARIUS** (Jan. 20-Feb. 18): The cosmos has authorized you to be hungrier than usual. You may also feel free to respond to your enhanced hunger with an extra aggressive quest to be fed. Therefore: Be voracious! Risk being avid, ardent, and even agog. Fill yourself up with pudding, pleasure, praise, peace, perks, and privileges. Anything else you'd like to gorge on? If some unenlightened person questions your right to claim the biggest piece and the sweetest taste and the best fuel, inform them that your astrologer says you have ultimate permission.

**PISCES** (Feb. 19-March 20): Is there an interesting ally whose path rarely crosses yours? Do you draw inspiration from a like-minded dynamo who is not fully available? Has fate kept you and a friend from getting as close as you would wish? According to my reading of the astrological omens, relationships like these could become more substantial in the coming weeks. The dream of a more robust connection could ripen into an opportunity to actually collaborate. So be alert for the openings, and be prepared to do what's necessary to go deeper.

### CROSSWORD SOLUTION

From Pg. 26

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### SUDOKU SOLUTION

From Pg. 26

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2	9	1	7	5	6	8	4	3

# Bridges to Lebanon

Maureen Abood showcases her heritage in 'Rose Water and Orange Blossoms'

By GABRIELLE JOHNSON

As a longtime Lansing-ite and a person who is always thinking about her next meal, it was with intense intrigue that I first approached Maureen Abood's culinary blog, "Rose Water and Orange Blossoms," a few years ago. Abood is a member of a prominent Lansing family, one whose generations stretch back into the city's lore.

"My Abood grandparents came to Lansing in the 1920s," Abood said. "There were already people here from their village in Lebanon."

Abood's late father was Camille Abood, who owned Abood Law Firm with his brothers. (The firm is still in the extended family, run by Abood cousins.) Her brother, Chris, is a neurosurgeon at the Spine Center and she is married to Dan Shaheen, president and owner of Team One Chevrolet in Charlotte.

While she splits her time between Harbor Springs and East Lansing, Abood's intense affection for her hometown is evident.

"It's been a special thing for me to come back to Lansing," she said. "These are

my people."

A glance at the blog, which can be found at [maureenabood.com](http://maureenabood.com), reveals a woman who is almost unfairly gifted. Her photography is divine, and the food is artfully displayed on beautiful blue and white platters alongside polished silver. The recipes are straightforward, painstakingly tested and presented more often than not with a story about how she came up with the recipe or where she first experienced the flavors.

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The blog led to the eponymous cookbook, a vehicle in which Abood highlights the very best Lebanese recipes she has developed. Every word

she writes is a love letter to her family, her culture and her kitchen. The writing is sometimes painfully poignant, but it is always exquisite.

"I feel like I have been writing the book for a long time," she said. "I can see how all roads have led to the book."

But starting with a blog was somewhat of a bitter pill for her to swallow.

"When people told me to blog first, I was a little bit disappointed because I was raring to go (on the cookbook)," she said. "But the blog has given me an opportunity that I didn't anticipate."

After a rocky start ("Hardly anyone was reading at the beginning"), readership quickly began to grow and Abood began to appreciate the importance of her blog.

"I had been blogging as a means to an end," she said. "But I soon discovered that it wasn't going to be so easy. My readers became so important to me that I realized that every word, every photo, every ingredient, every

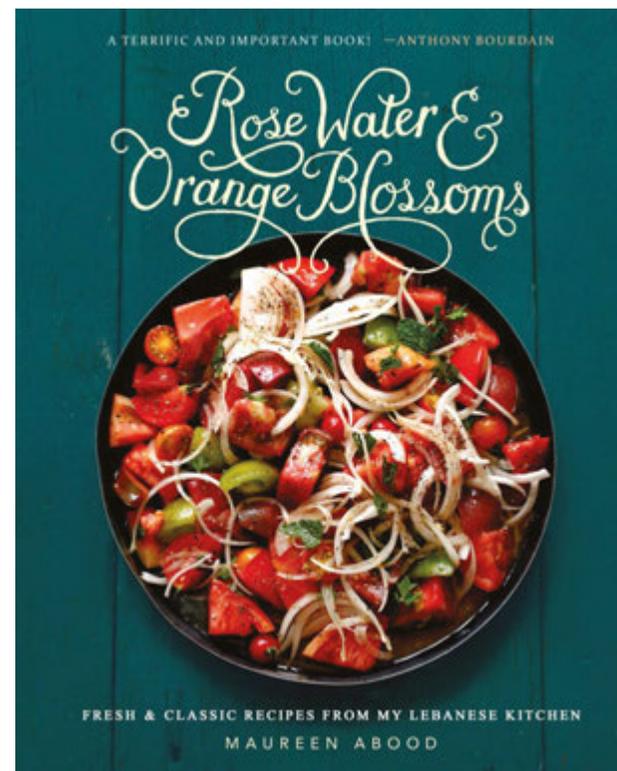
recipe needed to be exceptional. And there were many times when they weren't."

Abood absorbed her failures in the kitchen and wove them into the fabric of her story.

"I wrote about failure and mistakes," she said. "Dropping my camera and smashing it after I had just gotten a new one. Discovering that it wasn't going to be so easy to keep the spinach pies closed while they were in the oven and having to do it 10 or 15 times. Making failure part of my story and sharing it has been so important, because we can all relate to that. We all have failures in the kitchen, and failures in life, but we really want them to be stepping stones to growth, to become a better person. A better cook. A better me."

The blog was awarded the 2014 Reader's Choice Award from *Saveur Magazine*, and Abood's platform to showcase her contemporary spin on traditional Lebanese cuisine grew.

"I wanted to create a representation of my generation: a Lebanese-American presenting the food in a way in which I know it and love it,"



Courtesy photo

Lansing native Maureen Abood showcases her favorite Lebanese recipes in "Rose Water & Orange Blossoms."

she said. "I'm not of the old country, nor was my upbringing, and I feel like that can be a bridge to people who haven't experienced Lebanese cuisine or culture."

Locally, Abood frequents Maru, Bell's Pizza ("Their Greek salad is the best."), Tasty Twist and loves the patio by the fireplace at Capital Prime. Her affection for Michigan products is strong, and the blog frequently makes mention of Petoskey's American Spoon.

"We have something very special with them," she said.

Tonight, Abood begins a series of three Lansing-area events to promote her cookbook. At tonight's event, she will sign cookbooks at the Schuler Books in the Eastwood Towne Center. Thursday she will host a Lebanese cocktail party and dinner at the Country Club of Lansing. The event is open to the public with purchase of a ticket. On May 15, she will present a lecture-style talk about the trajectory of her career at the Broad Art Museum in East Lansing.

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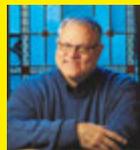
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# Abroad appeal

## Wine highlights from popular study abroad destinations

By **JUSTIN KING**

If an MSU student's academic career were a musical movement, every April would be the tension and May would be the release. Some

students stick around to work in town to pay the bills, while others go home for free laundry season. But many Spartans choose to study abroad, driven by a thirst for international experiences.

The liquid temptations of Tel Aviv, Madrid and Amsterdam will surely be ignored by the studious green and white, right?

OK, maybe not. The of-age collegiate travelers may as well bone up on the cultural elixirs of their near future. And for those stuck at home, it can still be a cool glass-by-glass journey.

For the mechanical engineering students headed to Aachen, Germany, wines of Nahe could be a wonderful value-driven selection. Nahe is a small region southeast of Aachen, and while it produces legendary (and pricey) sweet wines from winemakers like Hermann Dönnhoff and Schäfer-Fröhlich, there are also some tasty off-dry steals out there. Sip on a riesling from St. Antonius, more specifically its Bi Roth Kreuznacher Kronenberg Kabinett. Its last few vintages have been high-performers for the money, with tasty honeydew melon, ripe apricot and floral tendencies. It should only cost about \$11.

If one sees "kabinett" on the label, expect the wine to have some sweetness without being too saccharine. If you are looking for sweeter German wines, look for spätlese or auslese.

Farther south, Lyon, France, also has a set of MSU students headed its way in a few weeks. Boy, did those students hit the jackpot! Burgundy lies to the north of Lyon and Rhone to the south. While pinot noir and chardonnay reign supreme in Burgundy, Rhone wines vary, using 20 or so grapes including syrah, grenache, mourvedre and viognier.

Domaine de l'Espigouette is a consistent Rhone producer for a student's budget. Its 2012 Cotes du Rhone rouge is nothing fancy, made primarily of grenache, but has a compelling fruity/earthy balance. It's something close to a good mix of spicy/dried cherry flavors, tomato leaf, rosemary and black pepper. At just \$14, it's one of the better wines on the market to pair with college staples like pizza or burgers.

Its 2013 Cotes du Rhone blanc is equally impressive, with well-developed notes of golden delicious apple, honey, brioche, lemongrass and a nice breeziness that feels quite opposite of many cheap California chardonnays.

Speaking of chardonnay, Antonin Rodet's 2011 Bourgogne comes from an area about an hour's drive north of Lyon. This \$16 wine



Courtesy photo  
For students studying abroad in Italy, Vignamaggio's Il Morino is a nice introduction to local flavors.

shows a real brightness, with red apple, green melon and orange notes unencumbered by oak. Dry, medium-bodied and refreshing, this wine is tasty with halibut, trout and sea bass.

For the MSU students leaving shortly for Florence, Italy, this will be an incredible summer. Florence is an obscenely pleasurable mix of wine, art and culture. The winemaking region of Chianti is about 25 miles south of Florence and is a must-see — not only for

the wine but for the hairpin turns and postcard landscapes. At just \$15, Vignamaggio's Il Morino sangiovese/merlot blend is a strong introductory wine. The 2012 vintage is sturdy and full-flavored, with a slight clay earthiness but so much of that acid-driven dried cherry and herbs that drinks so well (and quickly) with tomato-based pasta dishes. Villa Vignamaggio advertises itself as the birthplace of Lisa del Giocondo, subject of the famous "Mona Lisa," but many say she was actually born on Via Maggio in downtown Florence.

This widely contested trivia isn't the only noteworthy romantic detail about the estate. Kenneth Branagh's 1993 adaptation of "Much Ado About Nothing" was filmed at Villa Vignamaggio. The villa has produced wine since 1404, which is more or less the same era as both the construction of Beijing's Forbidden City and the childhood of Keith Richards.

There are simply too many wines and too many sub-regions to try and quickly drink your way across Tuscany. But if thirst prevails, look for Teruzzi & Puthod's Vernaccia di San Gimignano. Vernaccia di San Gimignano literally means wine of the vernaccia grape from the city of San Gimignano. It's a walled, bucolic city on a hill and features prevalent Gothic architecture. The city is probably the first in Italy to achieve recognition for its white wine production. Teruzzi & Puthod's 2013 at first seems innocuous, but shows more subtlety in its delicate, lightly creamy

profile. Expect some pleasant lemony, apple skin flavors. There's an element that tastes slightly sunbaked without getting flabby, which practically begs for a cannellini bean and tuna salad. And once again, the price is right at about \$13.

All of these values from across the ocean should be manageable to find or order from your favorite independent wine retailers. If not, viable alternatives are out there — even if a round trip flight to Florence is not.

*Justin King is the sommelier at the Stand Gastro Bistro in Birmingham, a Williamston resident and a certified sommelier. Tweet him your favorite bottle shots @plonkadvocate or email him at justinking@gmail.com.*



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