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CityPULSE

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June 20-26, 2012



PRODUCING THE PRODUCE

FARMERS MARKETS FEED THE CITY

PAGE 21

FESTIVAL OF THE SUN AND MOON

JUNE 22-23
OLD TOWN

For the full schedule,
see page 17



Queue up for the new BBQ, page 29



THIS WEEK ONLY

SAVE 50% AT SMITH FLORAL & GREENHOUSES, SEE PAGE 2

DEAL OF THE WEEK

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City Pulse Newsmakers



Hosted by **Berl Schwartz**

This week's guests:
 Candidates for the Democratic nomination for the 68th District House seat



Dale Copedge
 Ingham County Commissioner



Griffin Rivers



A'Lynne Robinson
 Lansing Councilwoman

Sunday, June 24
 Comcast Channel 16
Lansing
 11 & 11:30 a.m.

Sunday, July 1
 Comcast Channel 30
Meridian Township
 11:30 a.m. & 11:30 p.m.

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Feedback

Elect progressives to the House

Stabenow. Jondahl. Hollister. Byrum. Whitmer. Bauer. The Lansing area has a proud legacy of sending progressive leaders, not just legislators, to represent us. This August primary, we have an opportunity to send two more leaders to the State House of Representatives with our votes. Andy Schor and Sam Singh bring both experience in working for communities across Michigan and local government experience in Ingham County. I have known both of these individuals for years and am confident that they will tackle the tough issues and fight for us.

In this crazy reality of term limits, we need representatives who can start day one to stop the anti-worker, anti-women, anti-

education agenda that makes my stomach sick. Please join me in getting off the couch to not just help elect Andy Schor and Sam Singh, but to take back the State House in November by knocking doors, making phone calls and writing checks.

— Brian Jackson
Lansing

CLARIFICATION

A story in last week's issue on Lansing Community College's decision to demolish three houses did not mean to imply that the sign that will go on the property is monumental in size. Rather, it intended to say that the sign will be in the monument style.

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PUBLIC NOTICES

CITY OF LANSING SUMMARY OF ADOPTED ORDINANCE #1179

LANSING CITY COUNCIL ADOPTED AN ORDINANCE ON MONDAY, JUNE 11, 2012, TO AMEND SECTION 1020.06 OF THE LANSING CODIFIED ORDINANCES BY EXTENDING ITS EFFECTIVENESS BEYOND JULY 30, 2012 AND REQUIRING COMPLIANCE WITHIN 16 HOURS OF RECEIPT OF NOTICE.

EFFECTIVE DATE: UPON PUBLICATION

NOTICE: THE FULL TEXT OF THIS ORDINANCE IS AVAILABLE FOR REVIEW AT THE OFFICE OF THE CITY CLERK, 9TH FLOOR, CITY HALL, LANSING, MICHIGAN. A COPY OF THE FULL TEXT OF THIS ORDINANCE MAY BE OBTAINED FROM THE CITY CLERK, 9TH FLOOR, CITY HALL, LANSING MICHIGAN AT A FEE DETERMINED BY CITY COUNCIL.

Chris Swope, Lansing City Clerk

CityPULSE

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Editor & Publisher
Berl Schwartz



7 p.m. Wednesdays

This week

Anne Clayton, Lansing Community College Adjunct Professor

Ted O'Dell, Chairman of the Lansing Jobs Coalition

Andy Schor, Ingham County Commissioner



COLOR ME HEALTHY by RACHEL HARPER

THIS MODERN WORLD

by TOM TOMORROW

REPUBLICANS DISCUSS THEIR ENTHUSIASM FOR MITT ROMNEY

WELL, HE'S NOT AS CRAZY AS NEWT GINGRICH.

LET ALONE HERMAN CAIN.

AND HE DOES HAVE A LOT OF MONEY.

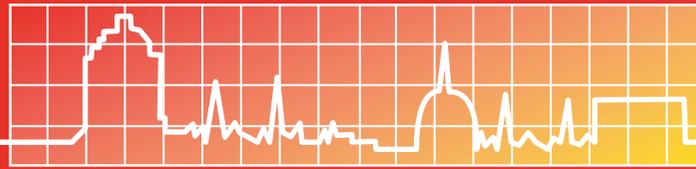
THAT CAN BE USEFUL IN A POLITICAL CAMPAIGN.

AND LET'S NOT FORGET THE HAIR.

IT'S TRUE--HE HAS VERY PRESIDENTIAL HAIR.

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PULSE



news & opinion

Pubic debate

With eyes on the November election cycle, thousands of women gather at the Capitol to protest censorship and heavy-handed abortion legislation; female politicians read from “The Vagina Monologues”

You’ve never seen the word in one area so much in your life, let alone at the foot of the Capitol steps.

Vagina.

Signs and chants echoed the word across the front lawn of the Capitol in downtown Lansing on Monday night. Several thousand people showed up to support Rep. Lisa Brown, D-West Bloomfield, and Rep. Barb Byrum, D-Onondaga, after they were banned from speaking on the House floor last week for a day because they said “vagina” and “vasectomy,” respectively.

The legislators were speaking in opposition to Republican-led bills that, as Brown put it, “turn back the clock” on women’s reproductive rights, essentially undoing the U.S. Supreme Court decision in *Roe vs. Wade*.

The ban has sparked national media attention and Brown has appeared on several national news programs to talk about the incident. Comedian Jon Stewart quipped on “The Daily Show” Monday night: “Vaginas aren’t like Voldemort or Beetlejuice. Invoking the



Rich Topica/City Pulse

Several thousand women’s rights supporters protested censorship and proposed conservative abortion legislation at the Capitol Monday.

name vagina doesn’t make them suddenly appear. Believe me, if they did, high school would have been very different for me.”

With so much energy turned toward the issue, Eve Ensler, playwright of the famous production, “The Vagina Monologues,” decided to come to Lansing and help the female legislators of Michigan put on a performance of their own.

“I’m beyond excited,” said Maggie Martin, a Michigan State University arts and humanities major, before the show. “I was involved with the MSU production of ‘The Vagina Monologues’ and it changed my life. The show speaks to the issue of not saying ‘vagina,’ how fear of the word is damaging and how embracing the word is actually very empowering.”

The fear and stigma surrounding the word is used to make bad decisions on women’s behalf, Martin said.

The situation involving Brown and Byrum has Martin “appalled,” but she said the “backlash has been extraordinary.”

“There has been a terrific response to such a horrible thing. What the House is doing is wrong but the opposition to those who don’t support it is even worse,” she said about the ban of representatives.

“What we have seen in Michigan ... is an embarrassment,” said Senate minority leader Gretchen Whitmer, D-East Lansing, to the roaring crowd. “We need to take a stand, and that begins tonight.”

On the steps of the Capitol, Byrum, standing next to Brown, made it clear that the controversial legislation — coupled with the silencing of legislators — will be prime cannon fodder for the upcoming political battles during election season.

“There are two words that they don’t want to hear on the House floor, and those are ‘vagina,’ ‘vasectomy.’ But my friends, there is one thing they don’t want us to do in November — and that’s vote!” Byrum shouted over the cheers and applause.

Hundreds of signs amongst the thousands of supporters — like “Remember in November” and “Vaginas Vote” — preached to the looming election cycle.

“I am overwhelmed with the amount of support that we’re receiving,” Byrum said. “Not just in Michigan but around the United States and around the world. It is so humbling, for a woman like me, it



Sam Inglot/City Pulse

Jess Klein, 27, a program coordinator at the Women’s Resource Center at Eastern Michigan University in Ypsilanti, attended Monday’s rally. “The event was incredibly empowering and inspiring. I may be disappointed in Michigan right now, but I couldn’t be prouder of our female legislators,” she said.

makes me speechless — which is very hard to do.”

Byrum then introduced Eve Ensler, “The Vagina Monologues” playwright, to the steps.

“Are there any Michigan vaginas in the house?” Ensler belted into the mic, causing a roar of cheers from the crowd. “Any Michigan vagina-friendly men in the house? Michigan rocks!”

Ensler reminded everyone who attended that they have “sheroes” in Michigan, applauding the efforts of Byrum and Brown and other female legislators.

“I literally had one day off but I had to be here,” Ensler said. “You know why? These women stood up for our rights. They voiced what we want, and they were shut down, and no one can put the genie back in the bottle. The vaginas are out — and we are here to stay!”

Ensler also encouraged the crowd to demand a “direct, open apology from the people who made this ban happen.”

Brown, Whitmer and Byrum partnered up with Ensler, eight other female legislators and 21 actors to perform “The Vagina Monologues” on the steps of the Capitol. The cheers from the performance could be heard nearly a mile away.

— Sam Inglot

Eyesore of the week



Property: Westbound Michigan Avenue sidewalk, East Lansing

Owner: City of East Lansing

Owner says: Non-motorized plan grades quality with “E,” but bike lanes are in the future

Architecture critic Amanda Harrell-Seyburn says: Social activities at the sidewalk level are vital to a community and can be directly proportional to the health of the physical infrastructure. Cafes, markets, food carts, musicians or simply pedestrian traffic thrives when the physical environment is supportive. However, as the infrastructure erodes, so too can these activities — jeopardizing the social life of sidewalks.

Leisure bicyclists beware: double-pad the seat and pack the hemorrhoid cream when traveling the north sidewalk between Harrison Road and Grand River Avenue on Michigan Avenue. The ride’s about to get rough.

This high-traffic thoroughfare connecting Lansing and East Lansing should probably be a model for safe passage, whether you’re on a bike or in a car. Unfortunately, the cars win out here. Since there are no bike lanes or even a wide shoulder on either side of Michigan Avenue between Harrison and Grand River, those out for a leisurely bike ride have little choice but to use the sidewalk. A vast majority of this half-mile stretch of sidewalk — which fronts several houses, apartment complexes, businesses and a restaurant — is covered in sharply uneven pavement, gaps in concrete and the occasional sunken manhole cover.

But there is hope. According to East Lansing’s Non-Motorized Transportation Plan, the goal is to reduce the westbound and eastbound lanes from three to two, making room for bike lanes. It couldn’t come soon enough, as that same plan gives this stretch of sidewalk the lowest grade possible — “E” — for quality of in-road bicycling.

— Andy Balaskovitz

“Eyesore of the Week” is our look at some of the seedier properties in Lansing. It rotates each week with Eye Candy of the Week. If you have a suggestion, please e-mail eye@lansingcitypulse.com or call Andy Balaskovitz at 999-5064.

Checking in on Washington Sq.

Quieter at quitting time, police say. A visit supports them.

It's 10 minutes before closing time for the six watering holes of Washington Square in downtown Lansing. Instead of drunks veering off the sidewalk into the street and loud crowds congesting the walkways, as there were in April and May, there is calm.

The three police officers patrolling the block on foot could have had something to do with it.

Words used in the past by some area-shop

owners to describe the 2 a.m. bar scene on the block between Allegan and Washtenaw streets include: "craziness," "ruckus" and "scary." But the vibe in the early hours on Saturday seemed just more lively than anything else.

A bolstered, on-foot police presence was one remedy, in the opinion of several shop owners, and the tactic seemed to work. Three officers stood on the southwest corner of the block next to one of their cruisers parked near Club X-Cel, with another cop car parked across the street near The Firm. The officers walked both sides of the strip and didn't appear to deal with any problematic bar patrons.

Their presence kept people from loitering after closing time. The regular megaphone and siren crowd dispersal routine used by bouncers at Club X-Cel did not need to be

deployed, and the police took off about 15 minutes after closing time when the last major group of people broke up.

Being on Washington Square late on the weekends is far from dangerous, said Marshall Weathers, 29, who was out at the bars for the night. Sure, Weathers said, sometimes a fight springs up or someone breaks a window, but those situations are not indicative of the culture on the block. Problems are usually because of, as he put it, "a few young, drunk, idiots" that get out of line every now and then.

It was more than a few young, drunk idiots that were involved in a situation in late April when a crowd of roughly 60 people got caught up in a fight. The mob created a chaotic scene as it ebbed and flowed through the streets, cutting off traffic and eventually drawing the attention of police.

That was the last major incident to happen on Washington Square, said Mike Yankowski, a Lansing Police Department patrol division captain.

"Have there been citations for open intoxication or disorderly conduct? Yeah, probably some of those," he said. "But nothing like what happened back in April."

The department aims to put "extra resources" in bar areas like Washington Square during peak bar times Thursday through Saturday, he said. Two to six officers in the area and foot patrols like the one on Saturday are more common as the warm weather bar-season opens up.

Yankowski said he will meet with bar owners, managers and staff from the East Michigan Avenue and Washington Square districts on Tuesday to go over upcoming events that bars should be aware of, best practices for keeping business orderly after closing and policy procedures. The meeting is a regular thing, he said, that helps "open lines of communication" between bars and police. It helps push bar operators to "take ownership" of any issues they're having.

"When everyone is on the same page, everyone can be successful," he said.

— Sam Ingot

BALLE-hooing local businesses

In my "How local is local?" column, I mentioned I was attending a national conference in Grand Rapids of locally owned businesses. It was a whirlwind of entrepreneurs from all regions of the

country, sharing their energy, successes and pitfalls freely with one another in an atmosphere of "can-do-ness." Young and old (Grace Lee Boggs, 93-year-old matriarch for social justice from Detroit, gave a sterling keynote from her wheelchair);



SUSTAINABILITY

TERRY LINK

black, brown, white and all colors in between; bankers and bakers, bookstore and film theater owners, restaurateurs and farmers, architects and manufacturers were all represented.

What becomes clear from attending a BALLE (Business Alliance for Local Living Economies) conference is that there is an indefatigable power of creative possibilities alive and well in this nation of small local businesses. Here are a few possibilities being born in other communities: Rusty Chain Beer in Buffalo, N.Y., brews its own recipe for local beer while simultaneously supporting a bike-able community. Claire's Restaurant and Tavern in Hardwick, Vt., was formed using a Community Supported Agriculture approach. RSA Social Finance in San Francisco is a financial firm that targets triple-bottom-line — a way of accounting that takes into account social, ecological and economic factors — small local businesses while returning profits to investors, large and small, thereby making it more viable for small businesses that want to do well by doing good.

There was lots of chatter by representatives of local BALLE networks about how to grow the support for locally owned

See Link, Page 7

PUBLIC NOTICES

NOTICE OF PUBLIC HEARINGS EAST LANSING CITY COUNCIL

Notice is hereby given of the following public hearings to be held by the East Lansing City Council on Tuesday, July 10, 2012, at 7:30 p.m., Council Chambers, 101 Linden Street, to consider the following:

1. A public hearing will be held to consider an application from Infinity Companies, LLC for Modified Site Plan and Special Use Permit approval for the property at 213-217 Ann Street. The application would permit a fifth floor penthouse to be added to the already approved four story, mixed-use building being built at 213-217 Ann Street. The property is zoned B-3, City Center Commercial District.
2. A public hearing will be held to consider an application from Spencer Soka for Special Use Permit approval for the property at 313 East Grand River Avenue. The proposed application would allow for alcohol sales under a Class C liquor license at the existing State Side Deli restaurant. The property is zoned B-3, City Center Commercial District.

The City of East Lansing will provide reasonable accommodations, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at this meeting, upon notice to the City of East Lansing, prior to the meeting. Individuals with disabilities requiring reasonable accommodations or services should write or call the City Manager's Office, 410 Abbot Road, East Lansing, MI 48823 (517) 319-6920, TDD 1-800-649-3777.

Marie E. McKenna
City Clerk

NOTICE OF PUBLIC HEARING EAST LANSING PLANNING COMMISSION

Notice is hereby given of the following public hearing to be held by the East Lansing Planning Commission on Wednesday, July 11, 2012 at 7:00 p.m., in the 54-B District Court, Courtroom 2, 101 Linden Street, East Lansing.

A public hearing will be held to consider an application from E&G Connection LLC, for Site Plan and Special Use Permit approval for the property at 115 Albert Avenue. The proposed application would allow for a restaurant serving alcohol sales under a Class C liquor license at the former Refinery retail space. The property is zoned B-3, City Center Commercial District.

Call (517) 319-6930, the Department of Planning and Community Development, East Lansing City Hall, 410 Abbot Road, East Lansing, for additional information. All interested persons will be given an opportunity to be heard. These matters will be on the agenda for the next Planning Commission meeting after the public hearing is held, at which time the Commission may vote on them. The Planning Commission's recommendations are then placed on the agenda of the next City Council meeting. The City Council will make the final decision on these applications.

The City of East Lansing will provide reasonable auxiliary aids and services, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at the meeting, to individuals with disabilities upon request received by the City seven (7) calendar days prior to the meeting. Individuals with disabilities requiring aids or services should write or call the Planning Department, 410 Abbot Road, East Lansing, MI 48823. Phone: (517) 319-6930. TDD Number: 1-800-649-3777.

Marie E. McKenna
City Clerk

Notice of Public Hearing

The Ingham County Housing Commission has developed its 2012 Annual Agency Plan in compliance with the Quality Housing and Work Responsibility Act of 1998. The Plan is available for review at the Housing Commission Office located in Carriage Lane Apartments, 3882 Dobie Rd. Okemos, MI. The Housing Commission office hours are Monday – Friday 8am-5pm. Please call 517-349-1643 for an appointment. In addition, a public hearing will be held on Thursday July 12, 2012 at 6:00 pm in the Multi-purpose room of Carriage Lane Apartments. Public is welcome.

Bruce E. Johnston
Executive Director

PUBLIC NOTICES

CITY OF LANSING NOTICE OF PUBLIC HEARING

SLU-3-2012, Vacant Property – W. Jolly Road Special Land Use Permit – Church

The Lansing City Council will hold a public hearing on Monday, July 9, 2012, at 7:00 p.m. in Council Chambers, 10th Floor, Lansing City Hall, 124 W. Michigan Avenue, Lansing, Michigan, to consider SLU-3-2012. This is a request by Bethel Seventh-Day Adventist Church for a special land use permit to construct a church on the vacant 2.99 acre property located on the north side of W. Jolly Road between S. ML King Blvd. and Tressa Drive. Churches are permitted in the "A" Residential district, which is the designation of the subject property, if a Special Land Use permit is approved by the Lansing City Council.

For more information about this case, phone City Council Offices on City business days, Monday through Friday, between 8 a.m. and 5 p.m. at 483-4177. If you are interested in this matter, please attend the public hearing or send a representative. Written comments will be accepted between 8 a.m. and 5 p.m. on City business days if received before 5 p.m., Monday, May 21, 2012, at the City Council Offices, Tenth Floor, City Hall, 124 West Michigan Avenue, Lansing, MI 48933 1696.

CHRIS SWOPE, LANSING CITY CLERK

Link

from page 6

business. Grand Rapids, the host community, has more than 500 local businesses in its Local First network, while Ann Arbor has more than 250. Bellingham, Wash., Buffalo, Burlington, Vt., Chicago, Bloomington, Ind., and many more cities were represented. In each community locally owned businesses cooperate with each other to build a strong community — one they have roots in and will not abandon when profit margins aren't up to Wall Street speculators' whims. Zingerman's from Ann Arbor is just one example. Paul Saginaw, the co-founder, spoke about how employees are full partners in developing business opportunities and how they will keep their company's geography, despite the possibility of growing national, focused on the region of the state. Laury Hammel, owner of Longfellow Clubs (a set of five tennis and athletic clubs in the Boston area), offers economically disadvantaged children free tennis lessons at the clubs.

There was lots of energy and discussion of the need for a new economy, one based not upon greed and self-aggrandizement but on community, creativity and the environment. Local entrepreneurs who dominated this meeting want to take back their places from the global Fortune 500 conglomerates that control so much of the economy. Fred Keller, CEO and founder of Cascade Engineering in Grand Rapids, discussed becoming the first certified B-Corporation (public benefit corporation). Keller believes the triple-bottom-line is not only essential and morally right but also profitable. His company has seen steady double-digit growth figures for years while moving from being predominantly a plastics manufacturer into developing parts for wind turbines, developing a low-cost water filter for the Third World, hiring disadvantaged citizens (parolees, disabled, etc.), paying living wages and working to make his company the first publicly "anti-racist" firm in the country. Now with 1,500 employees in five states, there is no doubt that Keller has found a gold mine of possibilities.

Where do the possibilities end? They don't. Ideas have power, and the idea of an economy of small, locally owned enterprises that have both their community and the planet at heart provides endless opportunities for human development in any community. See what microfinance has unleashed in Bangladesh, Botswana and Bolivia. The entrepreneurial spirit, when channeled for the local common good, has what scientists refer to as "emergent properties." We tend to run into problems when we try to scale everything up and assume the specific model will work everywhere — just look at abandoned Walmart and K-Mart stores sprinkled around the planet. But that glo-

balizing tendency also concentrates power away from the local community and with it much of its wealth.

The fifth annual post-holiday survey of independent businesses by the Institute for Local Self Reliance yielded powerful evidence that pro-local attitudes are yielding direct benefits for their members of local networks. The survey tallied responses from 1,768 businesses, all independent and locally owned, across 49 states. Among the notable results:

- Independent businesses in communities with an active "buy independent/buy local" campaign run by grassroots groups like Capital Area Local First saw revenues grow 7.2 percent in 2011, compared to 2.6 percent for those in areas without an alliance.

- Looking solely at retail respondents, the survey found those in areas with an active alliance reported holiday sales growth of 8.5 percent in 2011, compared to 5.2 percent for retailers in areas without such an initiative.

Have you visited one of our locally owned lumberyards recently for that summer deck project?

(Terry Link was the founding director of MSU's Office of Campus Sustainability and recently retired as director of the Greater Lansing Food Bank. He can be reached at link@lansingcitypulse.com.)



UAW backs Cochran, Singh; stays out of 68th

Former Lansing Fire Chief Tom Cochran and former East Lansing Mayor Sam Singh both received the endorsement of the UAW CAP Council on Monday, securing their spots as the

frontrunners in their respective state House races.

Cochran is running in the Democratic primary in the south Lansing/Delhi Township/rural Ingham County 67th state House District against former radio personality Walt

Sorg and Delhi Township Trustee Jerry Ketchum.

Singh is in a battle with former East Lansing School Board member Susan Schmidt for the Democratic nomination in the East Lansing/Meridian Township-based 69th.

Meanwhile, the UAW took a pass on the seven-person Democratic primary in the Lansing-based 68th, with Local 602 President Art Luna saying there were too many "friends" of organized labor to choose among.

The decisions are significant in the

sense that given the choice of several pro-labor Democrats in state House races, the UAW — like most unions, PACs or endorsing organizations endorses — uses winnable as a tiebreaker.

Nobody likes to bet on a loser, especially in this term-limited environment where long-time relationships between lobbying groups and politicians don't exist because there are no long-time legislators. That makes endorsements during the primary election season critical.

In the 67th, Cochran is seen as the moderate who, on paper, stands up best against former Vevay Township Supervisor Jeff Oesterle, the likely Republican nominee in this competitive, 50/50 swing seat. Being a former UAW member for eight years certainly didn't hurt Cochran's chances either.

In the 69th, the ball seems to keep rolling in Singh's direction. The former East Lansing elected official has had excellent

relations in Lansing for years. He already has the support of the International Union of Operating Engineers, the Michigan Laborer's District Council, the Michigan Nurses Association, the Regional Council of Carpenters and Millwrights, the SEIU and the Teamsters.

The UAW's decision to stay out of the 68th District is interesting in the sense that it didn't endorse Andy Schor, who'd already nabbed the local Operating Engineers and the Plumbers and Pipefitters endorsement.

Schor is also the perceived frontrunner, having campaigned for the job for about a year now. He's got the money and the institutional support.

The problem is before he took a leave of absence to campaign, Schor worked full time for the Michigan Municipal League, which has pushed for reforms

See Melinn, Page 8



ELI AND EDYTHE **BROAD ART MUSEUM**
MICHIGAN STATE UNIVERSITY

KRISTIN CAMMERMEYER RESITUATING

In the heart of Lansing's vibrant Old Town neighborhood, the summer annex of the Eli and Edythe Broad Art Museum at MSU is housing the first-ever solo exhibition of recent Cranbrook Academy of Art graduate Kristin Cammermeyer.

JUNE 22 TO JULY 22

THURSDAYS 12 TO 9 PM

FRIDAYS, SATURDAYS AND SUNDAYS 12 TO 6 PM

226 EAST GRAND RIVER AVENUE, LANSING

For more information, go to broadmuseum.msu.edu



Kristin Cammermeyer, *Inheritance* (detail), 2010, Mixed media on OSB boards



POLITICS

KYLE MELINN

Melinn

from page 7

to the binding arbitration laws for police officers and firefighters.

The League also was painfully neutral on P.A. 4 of 2011, the law that allows gubernatorial-appointed emergency managers to revoke negotiated union contracts in troubled cities and school districts.

While the changes to the binding arbitration law ended up being agreeable to all sides, the debate was contentious. Schor doesn't personally support P.A. 4, but his choice of employment didn't put him in a position to stop it either.

For those reasons, picking Schor over candidates like Dale Copedge, Ted O'Dell, Griffin Rivers, A'Lynne Robinson or anybody else who has been there for labor may not be 100 percent defensible to its members. Instead, the UAW made the safe bet and took a walk on the race and vowed to endorse whoever emerges from the Democratic primary.

Nothing new about censoring

The latest fuss created by Rep. Lisa Brown, D-Bloomfield Hills, and Rep. Barb Byrum, D-Onondaga, being censured on the Michigan House floor for saying "vagina" and "vasectomy" during an abortion debate is surprising in that it's taken the media this long to write about the open censoring that goes on the House floor.

For years, the majority party — whether its Republican or Democrat control — has routinely put the squeeze on free speech. House Speaker Jase Bolger's spokesman, Ari Adler, said the Marshall Republican, as a lonely freshman, was once banned from speaking for a three week-stint for saying something the majority Democratic Party didn't like.

There was a time during the tenure of House Speaker Andy Dillon, a Democrat, when major pieces of legislation passed without debate. The situation has improved remarkably under Bolger, but it's still not where it should be, obviously.

Each of the 110 members of the Michigan House represents around 89,000 people. The House is the people's house. Everybody's voice should be heard.

I understand that can create a long session, which can be torturous for everybody watching — media included. But what gives one set of 89,000 Michiganders the right to silence another set of 89,000 Michiganders?

The majority party may not like what members of the minority like to say, but once we lose the ability to openly discuss significant changes of public policy, our government stops looking like a democracy.

(Kylie Melinn is the editor of the MIRS Newsletter. He can be reached at melinn@lansingcitypulse.com.)



PUBLIC NOTICES

CITY OF LANSING
NOTICE OF PUBLIC HEARING

Z-3-2012, 5133 Balzer Street
Rezoning from "A" Residential District to "DM-1" Residential District

The Lansing Planning Board will hold a public hearing on Tuesday, July 10, 2012, at 6:30 p.m., Neighborhood Empowerment Center Conference Room, 600 W. Maple St. (Corner of W. Maple and N. Pine Streets) to consider Z-3-2012. This is a request by Shannon Wiggins and Mohamad Abduljaber to rezone the property at 5133 Balzer Street, legally described as:

LOT 20 SUPERVISORS PLAT OF BALZER SUBDIVISION

from "A" Residential District to "DM-1" Residential District. The purpose of the rezoning is to permit the use of the subject property for two single family homes.

If you are interested in this matter, please attend the public hearing. Written comments will be accepted between 8 a.m.-5 p.m. on city business days if received before 5 p.m., Tuesday, July 10, 2012 at the Lansing Planning Office, Dept. of Planning and Neighborhood Development, Suite D-1, 316 N. Capitol Ave., Lansing, MI 48933-1236. For more information, call Susan Stachowiak at 483-4085.

CITY OF LANSING
NOTICE OF PUBLIC HEARING

Z-4-2012, 315 E. Jolly Road
Rezoning from "F" Commercial District to "G-2" Wholesale District

The Lansing Planning Board will hold a public hearing on Tuesday, July 10, 2012, at 6:30 p.m., Neighborhood Empowerment Center Conference Room, 600 W. Maple St. (Corner of W. Maple and N. Pine Streets) to consider Z-5-2012. This is a request by Amerco Real Estate Company to rezone the property at 315 E. Jolly Road, legally described as:

COM 696 FT E & 38 FT N OF S 1/4 COR SEC 33, TH N 243.5 FT, E 252.54 FT, S 241.54 FT, W 253.8 FT TO BEG; SEC 33 T4N R2W

from "F" Commercial District to "G-2" Wholesale District. The purpose of the rezoning is to permit the expansion of the adjoining U-Haul business (self-storage, truck/trailer rental) to the north at 5020 S. Cedar Street.

If you are interested in this matter, please attend the public hearing. Written comments will be accepted between 8 a.m.-5 p.m. on city business days if received before 5 p.m., Tuesday, July 10, 2012 at the Lansing Planning Office, Dept. of Planning and Neighborhood Development, Suite D-1, 316 N. Capitol Ave., Lansing, MI 48933-1236. For more information, call Susan Stachowiak at 483-4085.

A hoop house rises

A new urban agriculture project hopes to support both farmers markets and the surrounding neighborhood

Picture an old-fashioned barn raising: Rural farmers bustling about in straw hats and overalls, hammering nails and hoisting wooden beams above their heads.

Picture it in an urban Lansing neighborhood.

The construction of the new Urbandale Farm hoop house on Friday on the 700 block of South Hayford Avenue was a "modern-day counterpart" to the old-time barn raising, Linda Anderson said.

Anderson is a co-founder and co-director of the Lansing Urban Farm Project. She, along with Laura Delind, started the non-profit urban gardening group in 2010 and worked with the city and county to get funding and land for the hoop house project.

It took nearly 11 hours of labor from over 30 volunteers coupled with a handful of mandatory water breaks to finish the hoop house.

"It was wonderful. It reminded me of how close knit and supportive the local food and local farming community is in the Lansing area," Anderson said.

The 30-foot-by-48-foot, 1,500-square-foot hoop house resembles a pole barn made entirely out of metal poles for the frame and a translucent tarp for the walls and roof. A hoop house is not a greenhouse, however. They both house fledgling produce and are intended to extend a crop growing season, but a greenhouse is a permanent structure whereas a hoop house is more of a "crop protection device," as John Biernbaum, a professor of horticulture at Michigan State University who helped with the project put it.

A \$4,000 community development grant from the city and matching funds from the Ingham County Land Bank paid for the hoop house on property the Land Bank donated, said Ingham County Treasurer Eric Schertzing, who chairs the Land Bank. The project came in \$700 under budget. This is the first time the county has dedicated resources to this kind of project, he added. The Land Bank acquires tax-foreclosed properties then sells them for redevelopment.

"A house rises in Lansing, a hoop house," he said while standing in the shade of the finished structure. "We're trying to promote economic models that are sustainable, and this is one of the next pieces."



Sam Ingot/City Pulse

Jeff McCabe (top), maneuvers through the bowed frame of the hoop house. McCabe, owner of Nifty Hoops in Ann Arbor, provided the materials for the hoop house and volunteered his time and four years of know-how to the project.

Supporting urban farm projects like this has benefits twofold, Schertzing said. By expanding the growing season with the hoop house, the farm will be sustainable financially by providing produce to Lansing-area farmers markets.

It's not unusual for hoop houses to pay for themselves in two to four years, according to Anderson.

Another benefit is such projects build a better sense of community, Schertzing said.

"The Lansing Urban Farm Project has captured a lot of young folks' attention in particular and convinced them, 'Hey, Lansing is pretty cool. I think I'm going to stay here,'" Schertzing said.

Over half the volunteers were from a diverse group of volunteers with MSU Student Organic Farm.

Originally from India and living in Lansing since last summer, Vaidy Lakshminarayanapuram, 55, said he worked between India and the United States for 13 years with General Electric before retiring in February, at which time he began work with the MSU group.

"I'm switching from my career in the corporate life to that of a farmer," he laughed.

Organizers with the Urban Farm Project said the hoop house goal is to ramp up food production. The harvested produce will be sold on location at the Urbandale Farm Stand every Saturday from 10 a.m. to 2 p.m. and at the Allen Street Farmers Market on

Hoop house

from page 8

Wednesdays from 2:30 p.m. until 7 p.m.

“We felt the need for a stable, sustainable food system in a larger place where we could more intensively raise food,” Delind said. “We also want this place to benefit people

Green thumb? Get involved!

Lansing Urban Farm Project
www.lansingurbanfarmproject.wordpress.com
Contact: Sarah Fillius, Farm Manager
sarah.lansingurbanfarmproject@gmail.com
Office phone: 517-999-3916

in the area as a training space, a commons and a neighborhood anchor.”

During the first season, the farm will largely be run by Anderson, Delind, Urban Farm Project apprentices and Sarah Fillius, who will be the on-site manager of Urbandale Farm and actually lives in a Land Bank-owned property next door to the plot.

“As it progresses, ultimately we’ll invite more and more residents to help out and hopefully over the course of months and years they’ll become partners in the enterprise,” Delind said. “We’re hoping it will be an asset to the neighborhood.”

— Sam Inglot



Sam Inglot/City Pulse

The completed Urbandale Farm hoop house will provide urban farmers a space to grow frost-sensitive crops like tomatoes, peppers and eggplants earlier in the season along with leafy greens year round.

PUBLIC NOTICES

Notice of Letting of Intercounty Drain Contract and Review of Apportionments

BURRELL INTERCOUNTY DRAIN

Notice is Hereby Given, that we, Michael Atayan, Eaton County Drain Commissioner, Patrick Lindemann, Ingham County Drain Commissioner, State of Michigan, and Keith Creagh, the Director of the Michigan Department of Agriculture and Rural Development, will on July 11, 2012, at the Eaton County Drain Commissioner's office in Charlotte, Eaton County, proceed to receive sealed bids until 10:00 a.m. of that day, when bids will be opened and publicly announced for the construction of a certain Drain known and designated as "Burrell Intercounty Drain," located and established in Eaton County: Delta Charter Township; Ingham County: Lansing Charter Township. Persons with disabilities needing accommodations for effective participation in the meeting should contact the Drain Commissioner in the county which they reside at the numbers noted below (voice) at least one week in advance of the meeting to request mobility, visual, hearing, or other assistance.

The Burrell Intercounty Drain will be let as follows, having the average depth and width as set forth. All stations are 100 feet apart.

Beginning at station number 0+00 at the downstream end of said drain and extending upstream to station number 33+34, a distance of 3,334 feet, and having an average depth of seven feet, and an average width of bottom of three feet.

This Notice of Letting, the plans, specifications, and bid proposal shall be considered a part of the Contract. The following items will be required and a contract let for same.

Install 50 lineal feet of 21-inch diameter, 778 lf of 18-inch diameter, 365 lf of 15-inch diameter, and 552 lf of 12-inch diameter C-76 Class IV reinforced concrete pipe. Install 128 lf of 10-inch diameter dual wall HDPE pipe. Install 17 4-foot diameter and two 18-inch diameter catch basins. Install six 5-foot diameter and three 4-foot diameter manholes. Install 731 lf of 12-inch diameter CSP driveway culvert with flared end-sections. Reconstruct 2,300 lf of road and associated driveway approaches.

Said job will be let in accordance with the plans and specifications now on file with the other documents pertaining to said drain, in the office of the County Drain Commissioners of the Counties of Eaton and Ingham to which reference may be had by all parties interested. **Complete copies of the plans and specifications with required bid forms are available to prospective bidders upon request and for a non-refundable deposit of \$40.00 (plans will be mailed for an additional \$10.00).** Plans may also be obtained at Fitzgerald-Henne & Associates, Inc., 4063 Grand Oak Drive, Suite A109, Lansing, Michigan, (517) 887-1100. Contracts will be made with the lowest responsible bidder giving adequate security for the performance of the work, in the sum then and there to be fixed by us, reserving to ourselves the right to reject any and all bids, and if no satisfactory sealed bids are received, we reserve the right to proceed immediately after the rejection of sealed bids and at the same time and place and without further notice to let the contract by open bidding, likewise reserving the right to reject any and all such open bids and to adjourn such letting to such time and place as we shall publicly announce.

The date for the completion of such contract, and the terms of payment therefor, shall and will be announced at the time and place of letting. Any persons desiring to bid on the above mentioned work will be required to deposit with the Drainage Board a cashier's check, money order, certified check or a bidders bond (cash is not acceptable) payable to the Burrell Intercounty Drainage District in the amount of five percent (5%) as a guarantee that they will enter into contract and furnish the required bond as prescribed by law. The checks of all unsuccessful bidders will be returned after contracts are awarded. All bids must be made on bidding blanks furnished by the Burrell Intercounty Drainage Board. All excavations shall be bid by a unit of linear measure or lump sum and not by volume. Payments will be cash upon approval of the engineer.

NOTICE OF DAY OF REVIEW OF APPORTIONMENT FOR DRAIN SPECIAL ASSESSMENT

Notice is Further Hereby Given, that on the July 17, 2012, at the

Eaton County Drain Commissioner's Office
1045 Independence Boulevard, Charlotte
Eaton County, MI
517.543.3809

for all properties and public corporations in Eaton County; and at the

Ingham County Drain Commissioner's Office
707 Buhl, Mason

Ingham County, MI
517.676.8395

for all properties and public corporations in Ingham County; or at such other time and place thereafter, to which we the Drainage Board aforesaid, may adjourn the same the apportionment for benefits and the lands comprised within the "Burrell Intercounty Drain Special Assessment District", and the apportionments thereof will be subject to review for one day, from nine o'clock in the forenoon until five o'clock in the afternoon. At said review the computation of costs for said Drain will also be open for inspection by any parties interested. Persons with disabilities needing accommodations for effective participation in the meeting should contact the Drain Commissioner in the county which they reside at the numbers noted below (voice) at least one week in advance of the meeting to request mobility, visual, hearing, or other assistance.

Whereas, The owner of any land or any county, city, village, or township in the Special Assessment District of the Burrell Intercounty Drain who may feel aggrieved by the apportionment of benefits made by the county drain commissioner, may within 10 days after the day of review, appeal therefrom by making application to the probate court of the county in which the assessed property is located for the appointment of a board of review.

The following is a condensed description of the several tracts or parcels of land constituting the Special Assessment District of said Drain, viz. Exact property description and apportionment information must be obtained on the date and at the locations stated above.

Part of the East ½ of the Southeast ¼ of Section 12, Town 4 North and Range 3 West, Delta Charter Township, Eaton County, Michigan. Part of the West ½ of the Southwest ¼ of Section 7, Town 4 North and Range 2 West, Lansing Charter Township, Ingham County, Michigan.

Now, therefore, All unknown and non-resident persons, owners and persons interested in the above described lands, and you

In Eaton County, the

*Eaton County Clerk,
Eaton County Board of Road Commissioners,
Delta Charter Township Supervisor;*

And in Ingham County, the

*Ingham County Clerk,
Ingham County Department of Transportation and Roads,
Lansing Charter Township Supervisor;*

And the Michigan Department of Transportation;

which public corporations are liable for assessments at large for reason of benefits for public health, convenience, welfare, and the improvement of highways, and are hereby notified that at the time and place aforesaid, at such other time and place thereafter to which said letting may be adjourned, we shall proceed to receive bids for the construction of said "Burrell Intercounty Drain", in the manner hereinbefore stated; and also, that at such time and place as stated aforesaid from nine o'clock in the forenoon until five o'clock in the afternoon, the apportionment for benefits and the lands comprised within the Burrell Intercounty Drain Special Assessment District will be subject to review.

And You and Each of You, Owners and persons interested in the aforesaid lands, are hereby cited to appear at the time and place of such reviewing of apportionments as aforesaid, and be heard with respect to such special assessments and your interests in relation thereto, if you so desire.

Given under our hands this 12th day of June A.D. 2012.

Members of the Burrell Intercounty Drainage Board:

Michael Atayan Eaton County Drain Commissioner Patrick Lindemann Ingham County Drain Commissioner

Keith Creagh
Director of Agriculture
By: Brady Harrington
Deputy for the Director
P.O. Box 30017
Lansing, MI 48909
517-335-4497

Arts & Culture

art • books • film • music • theater

Jazz up your weekend

Meet the East Lansing Summer Solstice headliners

Stories by LAWRENCE COSENTINO

Staff sergeant, song stylist

Light doesn't always travel at the speed of light, no matter what Einstein said. Follow a shadow at dusk in mid-June.

The same goes for sound. Alexis Cole's voice comes at you in voluptuous slow motion, like melting chocolate. When she sings "Someday My Prince Will Come" (captured in 2009 on CD with the great jazz pianist Fred Hersch) you get the feeling she's well-equipped to wait, with a dirty martini and a good novel. She's not suffering much.

Saturday's headliner at the East Lansing Summer Solstice Jazz Festival has one of the more interesting regular jazz gigs around. Three years ago, she finished basic training in Ft. Leonard Wood, Miss. Now Staff Sgt. Cole is the lead singer with the West Point Jazz Knights Big Band, a high-level, high-energy strike force you wouldn't bring to a nursing home.

"It's not crazy — the music is accessible — but we're on the vanguard of the bands working in New York right now," she said.

The gig let Cole settle down after extended stints in the Far East and on cruise ships, in between critically acclaimed recordings and performances at places like Lincoln Center. Despite the travel, life has not been a wind-

Courtesy Photo

Alexis Cole performs at 7:30 p.m. Saturday.

ing road for Cole. One afternoon about 30 years ago, her mother came to pick up Cole at day care and found her standing on a tree stump, singing to the group.

"Not much has changed," she declared. Back then, she bonded with a friend who was just a certain she wanted to be a doctor (and became one).

"We had a third guy, a best friend, who never knew what he wanted, and we always felt bad for him."

Vulnerability, never a plus in the military, is not Cole's thing. Among her vocal assets is impeccable diction, for which she credits her grandmother, a jazz pianist and singer "in the classic style."

"Whenever I mumbled, she said, 'Don't you want the people to understand what you're saying?'"

As a youngster, she admired folk singer Judy Collins. Recently, she has gotten to know Collins, hanging out at her Christmas party and even helping engineer one of her recent recordings.

Jazz came into the picture when Cole was 18. She answered a bulletin board notice about a gig in South Beach hotel with a vibist and sax player.

"As soon as I started checking the music out, I thought, 'Wow, this is what I'm supposed to be doing.'"



Courtesy Photo

Trombonist Wycliffe Gordon and vocalist Niki Haris perform at the festival at 7:30 p.m. Friday.

After studying voice and piano at the University of Miami, she ended up with a master's degree at Queens College. Along the way, she found time to study Indian classical singing in Mumbai.

Cole had effusive praise for the musicians she will bring to East Lansing.

Her pianist, John di Martino, left her at a rare loss for words. "When I play with him I feel like I'm, I don't know, ah ..." She hesitated as if to cool down a hot metaphor. "Well, he lays down a bed of amazing harmony."

She put her drummer, Ian Froman, in the same ménage: "He sits back there and whispers beautiful rhythms," she said.

Cole is most excited at her latest band member, veteran bassist James Cammack, who played with piano legend Ahmad Jamal for 30 years. (Cole was surprised to find that Cammack also played in the

West Point Knights back in the day.)

"He keeps the time, but his concept is so different from anyone else," she said. "His solos are off the charts and he loves being on stage. We only started playing together but he's the bass player of my dreams."

Saturday marks the first time all four will play together.

Cole is already immersed in her next project, devoted to the compositions of Detroit baritone sax legend Pepper Adams, who died in 1986. Jazz-friendly, beat-ish poet Barry Wallenstein wrote the lyrics in tandem with Cole, who sings on the CD, due out in September.

'Cone' is back, and he's not alone

Some cats don't fit categories. Friday's headliners, Wycliffe Gordon and Niki Haris, reduce the distinction between instrumental and vocal jazz to a technicality.

Haris is a singer with a mellow, joyful, triumphant "instrument," as the pros like to call their resonating carbon-based pipes. Gordon is a trombonist who just happens to send his pleading, strutting, whispering voice through a metal tube.

As a teacher, Gordon's mantra is "sing it first." (He has even published a pedagogical book under that title.) He urges his students to sing a melody, at least mentally, before working the valves. Haris massages a melody like a horn player, trading licks with her bandmates the same way a consummate horn or sax player would.

Gordon heard Haris sing at a brewery in the singer's home town, Benton Harbor, a few years ago. "She just kind of knocked me out," Gordon said.

Haris is the daughter of jazz-soul piano legend Gene Harris. Besides singing pop, R&B, soul, jazz and blues, she's a cho-

See Gordon, Page 11

East Lansing Summer Solstice Jazz Festival

Friday, June 22

4:30 p.m. Detroit Tenors
6 p.m. Community Music School Jazz Orchestra
7:30 p.m. Wycliffe Gordon & Niki Haris
9:15 p.m. Ritmo
Interlude Peter Nelson Quartet
10:45 p.m. Afterglow with Diego Rivera Quartet (at Beggars Banquet, 218 Abbot Road)

Saturday, June 23

4:30 p.m. Neil Gordon Trio
6 p.m. Modern Jazz Messengers
7:30 p.m. Alexis Cole
9:15 p.m. East Lansing Summer Solstice Jazz Orchestra
Interlude Anthony Stanco Quartet
10:45 p.m. Afterglow with the Lansing Community College Faculty Quartet (at Beggars Banquet)

All performances (except afterglows) take place at 230 Albert Ave., East Lansing. Admission is free. Call (517) 319-6927, or visit eljazzfest.com.

Gordon

from page 10

reographer and actress with an impressive resume. She has worked with a slew of legends, from Ray Charles to Mick Jagger, but got her widest exposure as one of Madonna's backup singers from 1987 to 2001 (she is prominently featured in the "Truth or Dare" documentary). Her work with Gordon takes her back into her father's jazz-soul territory.

Georgia-born Gordon was a stalwart of Wynton Marsalis' great septet in the 1990s, where he acquired the nickname "Cone," short for "Pinecone" (a tweak at his rural Georgia roots). Since then, he has flourished as a player, winning Trombonist of the Year from the Jazz Journalists' Association five times, triumphing in large-scale composition and branching out into other instruments, including trumpet and didgeridoo.

Telling stories, short or long, is a specialty for Gordon. In March, he premiered his epic 90-minute dance and song production, "Beyond the Blackberry Patch," chronicling the history of an African-American enclave in the King Lincoln district of Columbus, Ohio — a thriving neighborhood before they built the interstate. Kids from eight

neighborhood schools helped him research the story.

"I love doing stories like this (because) they could be told anywhere, from Benton Harbor to Paris," he said. "It's the development of a community."

Although Gordon plays gigs around the world and teaches at the Manhattan School of Music, East Lansing holds a special interest for him. In his three years at Michigan State University, first as artist in residence and then as a professor of jazz, he gave the area some memorable moments, crowned by the 2001 Wharton Center premiere of his jazzy score for the Oscar Micheaux silent film, "Body and Soul."

Last August, he premiered "Within Our Gates," another Oscar Micheaux film score.

"I'm not rich by any stretch, but I do stay busy," he said.

In 2004, the Brass Band of Battle Creek premiered Gordon's tribute to Muhammad Ali, "I Saw the Light."

"The best times were the rough times, getting the jazz program off the ground and working out the curriculum," he said. On a visit last year, he dubbed the MSU program's progress "amazing."

"You have two jazz bands, they both sound good," he said. "I remember when we were struggling to get the instrumentation for one band."

Good grief! It's 'Charlie Brown'

By HOLLY JOHNSON

The Peanuts gang is back in action for the Lansing Community College Performing Arts Summer Stage Under the Stars production of "You're a Good Man, Charlie Brown" at LCC's amphitheatre. Based on the Charles M. Schulz comic strip, the musical follows Charlie Brown and his crew as they play baseball and the piano and exchange valentines.

'You're a Good Man, Charlie Brown'

Through Sunday, June 24
Lansing Community College Summer Stage Under the Stars in the amphitheater (rain location is Dart Auditorium)
8 p.m. nightly
Free

"The show is really happy and bouncy," said director and LCC theater instructor Connie Curren-Oesterle. "We all get to remember what it was like to be little and go through a day of Charlie Brown."

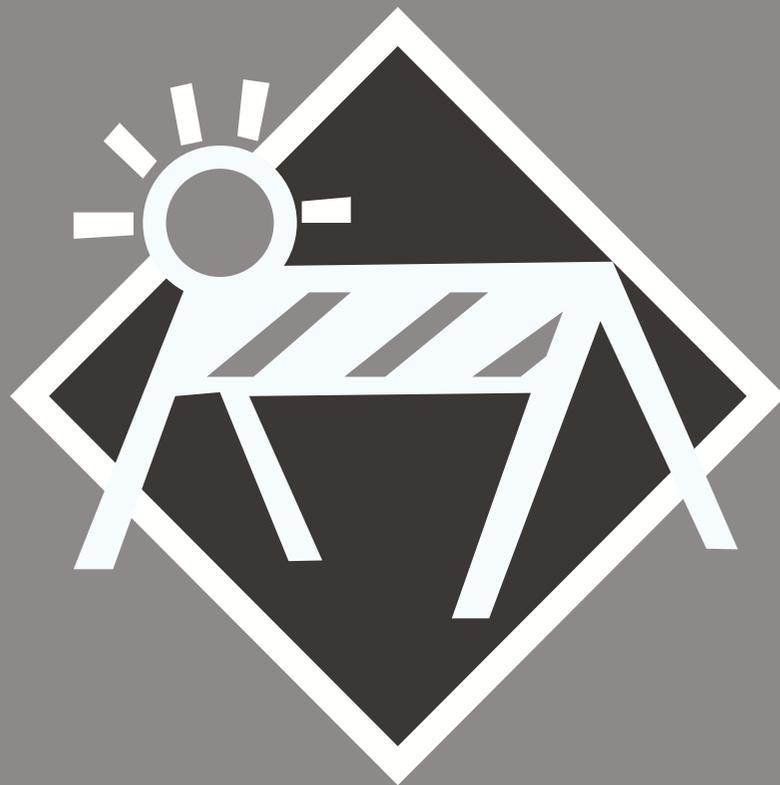
The cast includes Lucas C. Holliday as Charlie Brown, as well as recent LCC Theatre Studio Program graduates Michele Savala as Lucy; Scott Laban as Schroeder; Jason Brian as Linus; Devin Fraught as Snoopy, and musical theater major Miranda Amy as Sally.



Courtesy Photo
Lucas C. Holliday stars in Lansing Community College's production of "You're a Good Man, Charlie Brown."

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Mayor Virg Bernero

Mill Supplies' mad makeover

Artist Tiffany Klein launches a gallery and workshop in a 102-year-old downtown Lansing building

By LAWRENCE COSENTINO

When Tiffany Klein says "I need my space," she means it literally.

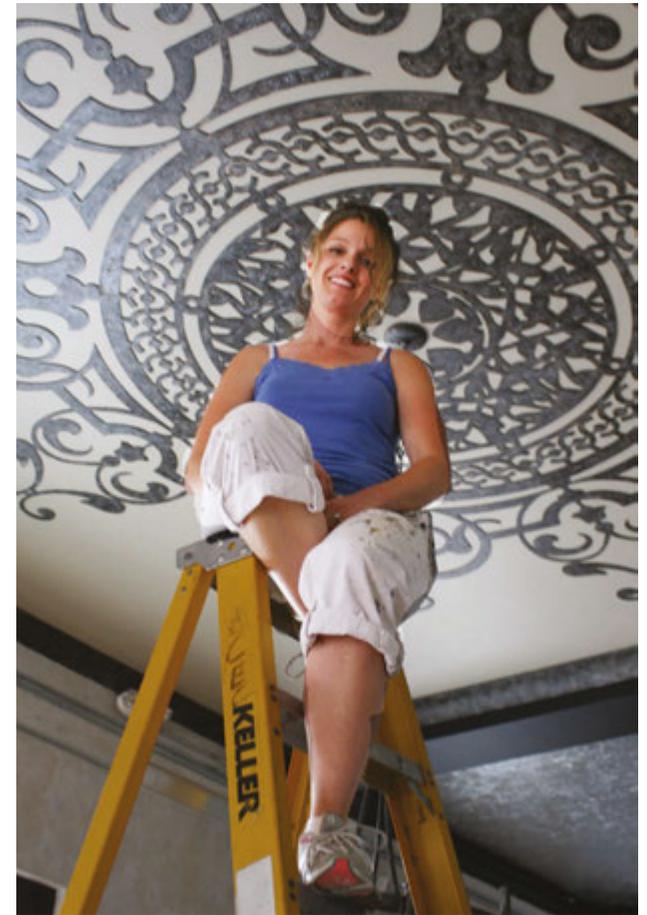
Klein, a Lansing-based artist and interior designer, needs a laboratory more than she needs a gallery. In her hands, plaster becomes velvet, fiberboard turns into wood and PVC pipes aspire to the glory of Roman columns. Her wall-sized, multimedia art glimmers with gemstones and mirror shards, with frames made of textured cement.

She collects weird stuff like an 18th-century fishing chair from Spain and, to make ends meet, runs a seven-person custom furniture and design shop.

Klein is a paint-spattered being of almost pure energy, and now she has La Fille Gallery, four floors and 10,000 square feet, in which to run amok: the former Mill Supplies Corp. building downtown, across from the convention center.

"It's a pretty big building for one person," she admits.

It ought to do for now. Built in 1910 as the home of the Rikerd Lumber Co., the long brick monolith crests Michigan Avenue like the bulkhead of a Great Lakes freighter riding the steep slope of Museum Drive. Its huge windows, bowling-alley-scaled wood floors, medieval-looking freight elevator, brick walls and overall industrial heft make



Lawrence Cosentino/City Pulse

Tiffany Klein touches up the ceiling of the former Mill Supplies Corp. building. "It's a pretty big building for one person," the artist admitted of her new home.

the perfect backdrop for a mad alchemist.

Klein loves to manipulate concrete, plaster, paint and other surface finishes, but most of all, she likes to mess with your mind. The Roman columns in her showroom are drainage tubes from a farm supply shop. Fake copper, complete with

an instant patina of age, is a specialty. The first floor ceiling is not supported by thick, not-oaken beams, not held in place by not-wrought-iron buckles and not-nails. (It's all plaster and paint.) By this weekend's opening, the entrance will be graced by sumptuous-looking chandeliers made out of paint stirrers.

"I love chemistry," she said. "I'm a pyro. I mix it, blend it, bleed it."

Klein got her zest for messing with stuff from her dad, a fiberglass wizard who molded spoilers



Lawrence Cosentino/City Pulse

"This is my brain," Klein declared of this painting: It also depicts four women dancing.

See Tiffany Klein, Page 13

Broad-ening out to Old Town

After serving as a bank and a bar, the former Chrome Cat gets a new lease on life as a pop-up art gallery

By PAUL WOZNIAK

Perhaps, like its namesake, the Chrome Cat has nine lives. The Old Town building was once a bank, then a bar — and for Allison Gass, contemporary art curator for the Broad Art Museum, it offered the ideal space for a pop-up art gallery.

“In advance of having our own terrific building (this fall), we’re really excited to find a place that had its own strong history that we could completely transform for a little while and change people’s relationship to it,” Gass said.

That transformation is titled “Resituating,” the first solo exhibition by recent Cranbrook Academy of Art graduate

Kristin Cammermeyer. Cammermeyer was the “perfect fit,” according to Gass, because “her work is very much about using the detritus from reclaimed buildings and taking bits and pieces of construction material and turning them into art.”

“I want my inventory to have a very broad vocabulary,” said Cammermeyer, who has collected two years’ worth of previously used materials from places like Detroit and Vermont. Cammermeyer endorses recycling through her art, but she has a larger vision in mind.

“I don’t want it to just be about detritus. I want it to be more indicative of the texture

See Pop-Up, Page 14



Left: Courtesy photo from Capital Area District Library; Right: Lawrence Cosentino/City Pulse

What was originally the Rikerd Lumber Co., above, has become Klein’s four-story workspace, left, which still contains a few remnants of its previous inhabitants.

Tiffany Klein

from page 12

for General Motors and built parts of the DeLorean car. As a youngster, she frolicked with giant fiberglass bowling pins and more than one Big Boy (of restaurant fame).

Until last fall, Klein shared a 700-square-foot studio with Jason Belous at Against the Grain, an interior design and furniture studio in Old Town. She found out about the Mill Supplies Building from Camron Gnass, owner of Traction, a brand development company just down the street, at 617 Michigan Avenue.

Mill Supplies closed shortly after CEO Joseph Newman retired in 2009. Gnass and a partner bought the building and threw an open house for friends, including Klein, last fall.

“I fell in love with the space as soon as I walked in,” Klein said. When she had a moment of doubt, an owl painted on the bottom of the toilet seat helped persuade her the move would be wise.

For over 50 years, the building’s last tenant, Mill Supplies Corp., built and serviced heavy equipment for GM and other big clients. “They cleaned the building

impeccably,” Gnass said. “Took every bit of inventory out of here.”

Aside from removal of carpeting, drop ceilings and paneling, little rehab work was needed.

When Gnass and Klein peeled the carpet back, starting at the front door, they found a nifty tile mosaic advertising Norton Abrasives, a supplier. They left it there, along with other historic nuggets like the weathered letters “BER” (from “LUMBER”) on an interior wall.

Design showrooms and a gallery for 60-odd works of art fill the airy ground floor. Upper floors will house a fabric shop, Klein’s master workshop and a space to sell her finds from travels around the world, including her Spanish fishing chair, a baroquely detailed Beatles “Sgt. Pepper” sofa and an Egyptian “thing” from the 1770s with blue wrought iron squirrels.

Klein has been pouring herself into the interior since November, weaving a semi-transparent web of creative chaos over the building’s sober industrial bones.

“She brought out the best of what was there, and hid what was an eyesore,” Gnass said. “This building is the most amazing canvas for her.”

July 12 - August 19, 2012



The hilarious team of Aral Gribble and Wayne David Parker return to Tuna, Texas for the 4th of July Tuna High School Class Reunion, once again portraying Tuna’s entire population in this outrageous quick-change comedy!

By Jaston Williams, Joe Sears and Ed Howard

Pay-What-You-Can Preview Thursday, July 12 @ 8PM

Directed by John Lepard

Performances:
Thurs., Fri. & Sat. @ 8PM
Sunday @ 2PM
With 3PM performances on Saturdays starting July 21

Williamston Theatre
122 S Putnam St., Williamston
517-655-7469
www.williamstontheatre.org



YOU'RE A GOOD MAN, CHARLIE BROWN

BASED ON THE COMIC STRIP "PEANUTS" BY CHARLES M. SCHULZ

BOOK, MUSIC AND LYRICS BY CLARK M. GESNER
ADDITIONAL DIALOGUE BY MICHAEL MAYER
ADDITIONAL MUSIC AND LYRICS BY ANDREW LIPPA
ORIGINAL DIRECTION FOR THIS VERSION OF "YOU'RE A GOOD MAN, CHARLIE BROWN" BY MICHAEL MAYER
ORIGINALLY PRODUCED IN NEW YORK BY ARTHUR WHITELAW AND GENE PERSSON

DIRECTED BY CONNIE CURRAN-OESTERLE

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Outdoor Amphitheatre



8 P.M. FREE
LCC'S DOWNTOWN CAMPUS
517-483-1488 INFO LCC.EDU

Pop-Up

from page 13

of what we want to see around us. If I'm going to be using discarded materials, I want to turn them into optimistic gestures," she says.

Trained as a painter, Cammermeyer incorporates a variety of mediums into creating her art, including photography. "I'm interested in trying to understand these things through multiple mediums. I think that's really

'Resituating'

Through July 22
Regular hours
are noon-9 p.m.
Thursdays; noon-
6 p.m. Fridays,
Saturdays and
Sundays

226 E. Grand River
Ave., Lansing

interesting. It keeps it really fresh. I just don't want to commit to one," she said. "It's

interesting when you come at the same idea via different mediums, you end up with different answers because of how

that media functions."

Cammermeyer says she began painting small reliefs that grew off the canvas. Eventually, multiple assembled components slowly crept off of the wall. Two-dimensional photographs of the three-dimensional installations become inspiration for new works as does the deconstruc-



Courtesy Photo

Artist Kristin Cammermeyer's "Resituating" exhibit is installed in the former Chrome Cat building. The opening reception will be Thursday.

tion of her pieces as they move from location to location.

"There's a piece in the show that's a stop-motion animation of a de-installation of some of the installations," she said. "I have it looping so it does this expansion (and) compression. It's just like breathing. It's perpetual."

"She's quite brilliant at taking paintings and really literally breaking (them) apart," Gass said. "You will see some more traditional paintings, some installations that look like collaborations (and) large-scale

sculptures that come up to pieces on the wall. I really see them as an extension of the painting process in a broader way."

Cammermeyer wants viewers to discover their own meaning in her works, but she hopes to provoke positive emotions. "I want to avoid making work that feels like it's frozen and that's it. Kind of a period at the end of a sentence."

Gass insists that the official Broad opening will not mark the end of pop-up exhibitions like this one.

"I think that there's a way that art lives in museums that's very important but there's also something very important about bringing art out into the world in unexpected spaces," Gass said. "Part of the mission here is to make contemporary art feel resonate with the world, resonate with things you do every day. Installing art in different, unexpected, maybe even familiar places is a way of making sure you are looking a little bit differently at the world around you."

Keeping it short

Michael McCallum unveils two new films Sunday

By MARY C. CUSACK

In March, Detroit's Uptown Film Festival named local filmmaker Michael McCallum the Michigan Independent Filmmaker of the Year. He has not rested on his laurels.

Having recently completed shooting his next feature film, "Buffalo," McCallum found time to finish two short films. This leads to an interesting question: Since he has scored numerous awards for his feature films, why does McCallum continue

'Memento Mori' and 'Small Town Fireworks'

Presented by Rebel Pictures, UnSAFE Film Office and Vernacular Films
7 p.m. Sunday, June 24
Kelly's Downtown, 220 S. Washington Square, Lansing
\$5
(517) 708-2007

www.facebook.com/rebelpictures

to put precious time and resources into short films? After all, short films are notoriously hard to market and typically yield little financial return. Anyone who knows McCallum and his work could provide at least a partial answer: McCallum doesn't make movies to make money — although, of course, that would be nice. He does it for the love of making films and collaborating with his equally driven peers, including editor Jonathan Worful and director of photography A.E. Griffin.

to put precious time and resources into short films? After all, short films are notoriously hard to market and typically yield little financial return.

Says McCallum, "It's a great way to stay fresh creatively, to come up with different characters, different stories."

As much as shooting shorts feeds McCallum's fire, so does the premiere party. "It's a great way to show some work, have a great time and also talk about 'Buffalo' and the next project," he said.

On Sunday "Memento Mori" and "Small Town Fireworks" will be unveiled. While both films are about the failure of relationships, the tones contrast wildly.

"Memento" is a tiny slice of life, with a slight plot and no backstory. A man simply comes home early from work to find his ex-girlfriend in his apartment, picking up the last of her things. The eight minutes of almost real-time are just enough to highlight the extreme tension of this experience.

As with McCallum's past works, the strength of the films comes from the production values and the attention to detail. "Memento" has no soundtrack, making the silences between the nameless couple (Cody Masalkoski and Christine Therrian) that much more uncomfortable. Heartbreaking moments speak volumes about the nature of men and women, like the woman still picking up after the man,

HOMTV: 'We're with the times now'

TV studio open house shows off renovations

By TRACY KEY

When it comes to modern media and technology, practically every couple of years brings the equivalent of a new era in history. With facilities dating back to 1992, the studios of HOMTV and CAMTV in Meridian Township seemed almost ancient, left in the dust when the digital era swept in. However, a recent renovation project has brought a much-needed upgrade to the dated facilities.

"We're with the times now," said Deborah Guthrie, communications director for HOMTV/CAMTV.

HOMTV/CAMTV Open House

6-8 p.m. Wednesday,
June 20
5151 Marsh Road,
Okemos
Free
(517) 853-4000

Previously, the main control room for HOMTV, the government access television station for Meridian Township, and CAMTV, a channel for community programming, was stuck in what Guthrie

calls a "small congested area that made it difficult to train a lot of our journalism and telecommunications students." The computers lacked direct connections to share information. The teleprompter was a homemade contraption.

"You can imagine how separate everything was," Guthrie said.

Thanks to a \$326,600 renovation, the control room was relocated to a larger and more appropriate room and a production editing suite for student interns was created in another location in the building. "That allowed us to streamline all of our computers so we have a direct connection to the other computers," Guthrie said.

See HOMTV, Page 15



Courtesy Photo

A technician edits a program at HOMTV and CAMTV's revamped studios.

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HOMTV

from page 14

Now, rather than transferring footage by tape or USB, the computers can share information instantly and upload it directly to the Internet.

"The time it takes to do things is cut drastically," Guthrie added. "It saves a tremendous amount of time to produce programs for residents."

HOMTV hosts an open house tour from 6-8 p.m. today. Visitors will be able to watch a live Meridian Township meeting being taped and edited by the student

interns. Guests can also walk through the alumni hall of fame that has been created to honor past interns and show how what they have done after their involvement at HOMTV.

"We'll also have the opportunity for people to act like a news anchor and read from a teleprompter," Guthrie said. "We didn't have prompters that were real before — we had ones we made out of wood," she added, with a laugh.

"It's hard for us to get the word out about who we are and that were here," Guthrie said.

"I'd really like people to know about the services we provide for Meridian Township."

Shorts

from page 14

and the man saying something significant and meaningful that, in just two words, isn't enough to win her back.

"Fireworks" focuses on a relationship that needs to die. In the opening scene, Ally (Kayla Dewitt) meets boyfriend Allen (McCallum) in a bar and immediately picks on everything from his clothes to his weight. The day gets worse, as the couple strolls around town and meets all of her ex-boyfriends, each one more goofy or grope-y than the last.

The performances are outstanding. Dewitt, playing against character, is an all-out bitch whose every line is jaw-dropping in its nastiness. Every bitter, nasty statement that she makes is jaw-dropping. If her words aren't enough, she completes the evisceration with a simple cock of her head.

Musician Sam Corbin is hysterically funny as ex-boyfriend and crooner Cam. When he sees Ally in the Record Lounge, he immediately serenades her with a song to win her back, while Allen looks on with helpless incredulity. Corbin will be playing at the premiere; it is only fitting that he will premiere the unedited version of his song.

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Guest Artist **Ralph Votapek**
Puts Millennium Canons
Beethoven Piano Concerto No. 4
Prokofiev Piano Concerto No. 3

SATURDAY 10.06.2012 8PM

Shostakovich Symphony No. 10

Guest Artist **Michael Kroth**
Mendelssohn Fingal's Cave Overture
Mozart Bassoon Concerto
Shostakovich Symphony No. 10

SUNDAY 10.14.2012 3PM

Lansing Symphony Jazz Band

Dart Auditorium
Lansing Community College

SUNDAY 10.28.2012 3PM

Icarus Trio in the Americas!
CHAMBER SERIES

SATURDAY 11.10.2012 8PM

From London to Germany

Guest Conductor **David Rayl**
Guest Artists **Melanie Helton**
David Small
University Chorale
State Singers
MSU Choral Union

Haydn Symphony

No. 104 "London"

Brahms A German Requiem

SUNDAY 11.18.2012 3PM

Lush and Romantic!
CHAMBER SERIES

SUNDAY 12.16.2012 3PM

Holiday Pops

Guest Artist **MSU Children's Choir**

SATURDAY 01.05.2013 8PM

"Red Violin" & Brahms

Guest Artist **Philippe Quint**
Respighi Brazilian Impressions
Corigliano Chaconne from "The Red Violin"
Brahms Symphony No. 1

SUNDAY 01.13.2013 3PM

Trio Favorites!
CHAMBER SERIES

SATURDAY 02.09.2013 8PM

Classical Mystery Tour: A Tribute to the Beatles

SUNDAY 02.17.2013 3PM

Tuba and "Bones!"
CHAMBER SERIES

SATURDAY 03.02.2013 8PM

Dvorak's New World

Guest Artist **Allison Sanders**
Barber First Essay
Gaber Ancestral Waters
Dvorak Symphony No. 9
"From the New World"

SUNDAY 03.10.2013 3PM

Lansing Symphony Jazz Band

Dart Auditorium
Lansing Community College

SATURDAY 04.06.2013 8PM

Bravo Broadway!

SUNDAY 04.14.2013 7PM

Sacred Music
Monteverdi: Vespers of 1610

Guest Conductor **David Rayl**
Guest Artist **University Chorale**

THURSDAY 05.09.2013 8PM

Season Finale with Rachmaninoff

Guest Artist **Christopher O'Riley**
Prokofiev Scenes from "Romeo and Juliet"
Rachmaninoff Piano Concerto No. 1

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A different kind of 'dine and dash'

Want to get the best out of your feet? Learn how to eat, advises Scott Jurek

By BILL CASTANIER

As an eighth-grader in rural Minnesota, Scott Jurek hated running. As a high-schooler, he only ran to stay in shape for Nordic skiing. Today, Jurek, 38, is one of the world's best ultramarathoners and thinks nothing of going out for a 30- or 40-mile run twice a week while logging 120-mile weeks.

Let's make it clear, though, that running and training for ultramarathons requires Jurek to think constantly about his body's well-being. Jurek, a physical therapist, is in a sport that actually demands what he calls "intensive body management on long

runs."

"You have to simulate what it's like (to run more than 100 miles at one time), and practicing fueling is very critical or you end up walking," he said.

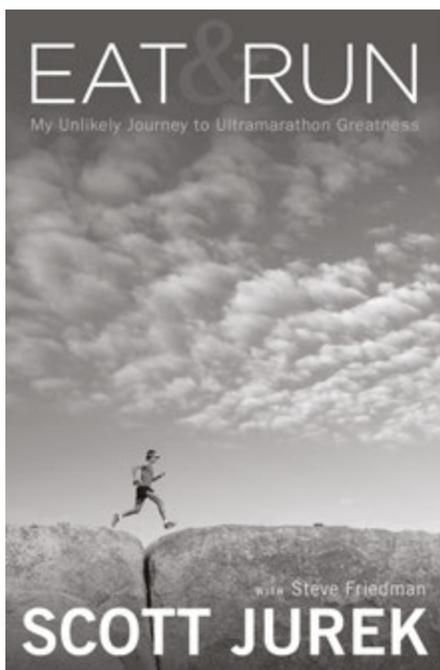
Or, in Jurek's case, sleeping.

In 2004, during a quest to set a world record running four 100-mile runs in a pre-set timeframe, Jurek lost track of his hydration and ended up stopping to take a three-hour nap. Even though he failed to set a new world record, Jurek finished the race after his nap.

"It was bittersweet. It was my worst race and a great race. It didn't go perfect, but what stands out for me is I remember getting back out there. It was very rewarding."

Jurek has discovered in both his career and his running that physical conditioning is only part of a successful formula for an ultramarathoner. He said running has helped him connect with the lost art of "intuition" and the need to pay attention to both the body and environment. As a result, Jurek gradually evolved into a vegetarian and then a vegan.

His new book, "Eat & Run: My Unlikely Journey to Ultramarathon Greatness," details that journey and can provide inspiration for all types of runners, from casual



Courtesy Photo

"The longer and farther I ran the more I realized that what I was often chasing was a state of mind," writes Scott Jurek in "Eat and Run."

to competitive. But what will surprise most runners is that Jurek has achieved success in his grueling sport using a plant-based diet. Throughout the book Jurek has sprinkled recipes, such as the one for Strawburst Anti-Inflammatory Smoothie, which he uses in place of ibuprofen to treat pain and swelling.

Jurek — like one of his health idols and fellow author, health guru Dr. Andrew Weil — wants to help others find a lifestyle that considers the entire body rather than just promoting exercise or just healthy eating. In his quest for insight into mind, body and spirit, Jurek writes about seeking out the Tarahumara Indians of Mexico, whose legendary running lifestyle was profiled in author Christopher McDougall's "Born to Run."

Jurek had run against some Tarahumara runners, besting them in ultramarathons. But he was told those runners were part of the B and C teams, and that he should run with the A-team in the Tarahumaras' home in Copper Canyon.

"I thought I could learn from these ancient tribes and why I was doing this cra-

zy sport," Jurek said.

Jurek writes about discovering how the Tarahumara may have the purest approach to running. He notes: "The real secret of the Tarahumara: They didn't prepare for runs. They didn't run to win or for medals. And they didn't eat so they could run. They ate, and they ran, to survive."

He also found that the Tarahumara in their running discover what Jurek calls "a zone beyond geography and beyond even the five senses." (A more curious reader wanting to know more about "zones" might consider the book "The Harvard Psychedelic Club" which details the early days of LSD and Weil's membership in that

elite club.)

Jurek writes that he is convinced "that a lot of people run ultramarathons for the same reason they take mood-altering drugs": "The longer and farther I ran the more I realized that what I was often chasing was a state of mind."

Jurek is traveling the country promoting his new book and running with local runners at his stops, hoping to inspire people to keep motivated and possibly to adopt a healthier style of eating.

He probably won't focus on the puking and torn ligaments that seem to go "foot in foot" with running ultramarathons. He will focus instead on the delights of tofu, fruit, long grain rice, beans — and coconut ice cream. "Hey," he said. "I'm a fan of dark chocolate."

Scott Jurek

The author hosts a "fun run" at 7 p.m. Wednesday, June 20, at Playmakers, 2299 W. Grand River Ave., Okemos. It will be followed by a signing and Q&A session at 8:30 p.m.

Free, but RSVPs are requested at www.playmakers.com (517) 349-3803

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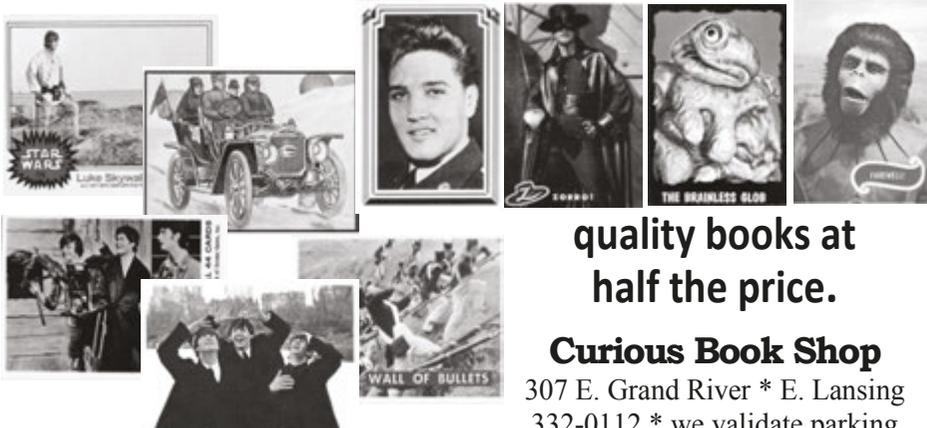


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— *of the* —
MOON &
SUN

FESTIVAL *of the* MOON

JUNE 22, 2012

6:00 to 11:00 pm

It's time to tap into a summer night of moonlit brews at the 8th annual Festival of the Moon. Enjoy beer from Bell's Brewery, music and local food as you soak up that lunar glow.

\$12 \$15 \$25

in advance at the gate weekend pass

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21+
ALL NIGHT

live music

Festival of the Moon is known for its energetic atmosphere which wouldn't be possible without the best local and national bands. Taking over the stage this year is:

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limited brews

Specialty beers poured at these times are:

6pm Bell's Special Double Cream
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8pm Bell's Black Note
9pm Bell's Cherry Stout
10pm Bell's Expedition Stout

food

Mark's Gourmet Dogs
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Cost: 1-7 tickets

ADMISSION

Admission includes a souvenir glass with 3 tasting tickets. Additional food and drink tickets can be purchased for \$1 each. A broken wine or beer (with proof) can be replaced for \$5. No exceptions.

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Who doesn't like special treatment? The VIP package includes a private table, entrance tickets and souvenir glasses for 8 people along with 160 food & drink tickets, drink table service, appetizers, access to the VIP portable toilet. A VIP table is \$350 for one night and \$600 for the whole weekend.

VIP TICKET UPGRADE

Don't want to purchase an entire table? We offer VIP ticket upgrades the day of each festival. If you have already purchased your entrance ticket then it is \$30 for the VIP upgrade. If you haven't purchased your entrance ticket then the VIP ticket is \$45 for Festival of the Moon and \$50 for Festival of the Sun.

TRANSPORTATION

RIDE If you're worried about parking or you're low on gas, the DEAN Transportation has you covered. DEAN will provide free shuttle buses from the EYDE Company located at 2852 Eyde Parkway, East Lansing to and from the festivals. Busses will run from East Lansing to Old Town every hour on the hour from 6pm to 11pm with the final shuttle leaving Old Town at 11pm both Friday and Saturday. Just park your car, get aboard and be prepared to have fun.

WALK If you take the scenic route along the River Trail, the festivals are just a 2 mile walk from downtown Lansing.

BIKE Know your ride is safe with the Mid-Michigan Environmental Action Council. They will once again be providing free bike valet service.

DRIVE If all else fails, free parking is available throughout Old Town and the neighboring area. However, patrons are encouraged to use the aforementioned "green" transportation.

FESTIVAL *of the* SUN

JUNE 23, 2012

2:00 to 11:00 pm

Drink in sunshine and fruit of the vine at the 13th annual Festival of the Sun.
Rays a glass and toast to a solar celebration of wine, craft beer, music and local food.

\$17 **\$20** **\$25**

in advance

at the gate

weekend pass

FESTIVALOFTHESUN.COM



live music

HEADLINER: FRONTIER RUCKUS

- 2:30 - 3:15** Those Willows
- 3:45 - 4:30** Sabertooth Fiancée
- 5:00 - 6:15** Empty Orchestra
- 6:45 - 8:00** Elliot Street Lunatic
- 8:30 - 10:30** Frontier Ruckus

children's entertainment

Who said festivals were only for adults? Children are welcome at Festival of the Sun from 2pm-7pm. At the kid's area, Friedland Industries has provided hub caps for children to decorate, led by a previous Scrapfest winner. Also, children's music will be performed by Tim Marzorati from 4pm-6pm. The kid's area is open from 2pm-7pm.

21+
AFTER 7PM

drinks

Wine provided by:
Great Lakes Wine & Spirits

Beer provided by:
West Side Beer Distributing

wine pairings

Reserved for only 18 guests, this area offers an intimate wine tasting experience, where three wines will be paired with a sample size three-course meal prepared by Lansing's finest dining establishments. Tickets for the 6:15pm pairing session with The Purple Carrot Truck are \$20 in addition to your ticket.

food

The Purple Carrot Truck
Restaurant Mediteran
Trailer Park'd
Cost: 1-7 tickets

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**FRIDAY & SATURDAY
JUNE 22 & 23, 2012**

**SCULPTURE COMPETITION
& SILENT AUCTION**

**OLD TOWN, LANSING
AT E. GRAND RIVER AVE.
AND TURNER ST.**

Scrapfest is a unique event where teams had an hour to collect up to 500 pounds of scrap from Friedland Industries' scrap yard on Saturday, June 9. During the next two weeks teams must execute their masterpiece. The unique sculptures will be put on display at Festival of the Moon on Friday, June 22 and auctioned off at Festival of the Sun in a silent auction on Saturday, June 23. This unique event is not only Old Town's coolest art event, it is one of Lansing's greenest.





FARMERS MARKETS: FRESHENING UP THE CITY

By JOE TOROK

Lansing's farmers markets are like modern-day caravans. Independent vendors assemble under tents, forming a nutritional oasis of leafy greens, colorful vegetables and fresh fruit like strawberries with supple flesh, so unlike their rubbery cousins found in abundance at any local supermarket.

The caravan allusion hints at a topic of conversation not far from the lips of anyone concerned with healthy lifestyles: food deserts.

Despite how it may sound, food deserts are not simply expanses of populated regions without any food whatsoever. Instead, these are areas with little or no access to specific kinds of foods, namely those that sustain healthy diets.

Conventional wisdom suggests that urban areas, especially those with higher concentrations of poverty, are more likely to fall within a food desert. The thinking goes that along with food deserts come obesity and a myriad of health problems associated with being overfed and undernourished.

On April 17, The New York Times published a story that brought the conventional wisdom surrounding food deserts into question. Two recently published studies, one sponsored by the Public Policy Institute of California, the other by the RAND Corp., complicated the link between access to fresh produce and rates of obesity.

Philip Howard, an assistant professor in the Community, Agriculture, Recreation and Resource Studies Department at Michigan State University, doesn't even like the term "food desert."

"Lots of areas are classified as food deserts on an overly simplistic basis," Howard said. "It's a lot more complex than access."

Howard and colleagues are still analyzing data from a research study they published last year. In the study, the researchers extensively recorded the inventory of select items in local stores. On one end of the nutritional spectrum they tallied fresh produce, and on the other end, soft drinks. While the data is still being analyzed, Howard has a hunch

about what it will show.

"I suspect low-income areas will have more access to more varieties of soda," he said.

Take a stroll down any major thoroughfare in the area and stop into every gas station or convenience store you see (forget about fast food for now). These are the closest, most accessible food stores for large chunks of Lansing's urban population. You'll find coolers brimming with soda and sugary drinks, processed foods in boxes, candy, sweets and greasy rollers with processed meats tumbling up and down. It's so ubiquitous that few of us give the overabundance of obesity-, diabetes-, hypertension-, and heart disease-causing foods a second thought.

Want fresh fruit? Maybe you'll find a sad little lime next to the hard liquor.

And where there is access to more wholesome food choices, as the studies in the Times story suggest, such options are typically interspersed with heavily marketed, cheaper-by-comparison, pre-packaged sundries. Shopping at a typical supermarket is like putting a chapel inside a brothel: Chances are, even the minister will prove to be human.

Such nutritional swamps are why farmers markets are so important in urban areas.

In Lansing, three farmers markets serve tracts of the city that fall into what the Department of Agriculture defines as food deserts. Conversations with the managers of those markets reveal that not only is the availability of fresh, seasonal produce (i.e., nutritionally dense food) vital for these communities, it's also hard work ensuring such access.

Peggy Vaughn-Payne is the executive director of the NorthWest Initiative, a nonprofit organization that manages the Westside Farmers Market, now located on Martin Luther King Boulevard between Oakland Avenue and Saginaw Street.

Vaughn-Payne says the market didn't spring to life on its own last year. Members and volunteers of the Initiative did neighborhood surveys, going door-to-door (which they still do) and collecting information at neighborhood events to



Sam Inglot/City Pulse

Shoppers at the annual opening day of the Allen St. Farmers Market on May 23 browse the produce selection of Giving Tree Farm, one of 27 vendors at the market this year.

understand just what kind of access people have to fresh food.

"We found in early canvassing that people didn't have vehicles to always go to the supermarket," Vaughn-Payne said. For people with children, who make ends meet by buying in quantity, a trip to the supermarket every couple of weeks in a borrowed car isn't conducive to purchasing many perishable fruits and vegetables.

Hollie Hamel has been the market manager for the Allen Street Farmers Market, a project of the nonprofit Allen Neighborhood Center, since it opened in 2004. In early conversations with eastside residents, Hamel says her organization found patterns of food purchasing similar to what the Northwest Initiative would find a few years later: Proximity to fresh produce was a big issue.

"People were driving long distances to reduce the cost of food," shopping on a large scale once or twice a month, Hamel said. "They were not buying perishables."

While the decision to place the market at the corner of Kalamazoo and Allen

streets was easy, building an actual farmers market that would come to thrive at that location took a bit more effort. Hamel says her first question was, "Farmers — do we know any?" In fact, the neighborhood center did have a relationship with one farmer who helped the group with networking. Establishing that there was a need for the operation was the first task.

"I had to reach out and pitch the concept of a farmers market in the middle of the city," Hamel said. "On an act of faith they came on our word that we would find a market for their produce."

The Allen Street market added two or three vendors a year until it maxed out its space. Now, at the peak of the season, 28 tents are set up every Wednesday afternoon, 16 of which house farmers selling fresh produce.

Heading south, nearly 60 percent of the population of Lansing lives below Interstate 496. Yet, unlike the north end of town, which now has four markets with produce during the growing season, south

See Market, Page 22

Market

from page 21

Lansing didn't have a farmers market until 2009.

The market originally operated out of Benjamin F. Davis Park. While the space was lovely, finding a more accessible location became a priority. So this year the market has relocated to the parking lot of the Grace United Methodist Church, on the corner of Boston Boulevard and Mt. Hope Avenue.

"We needed to find a way to tap into the larger population of south Lansing," said Janelle Jagmin, manager of the South Lansing Farmers Market. "That's why we brought it here."

The move has had an impact: Jagmin says this year, on average, the market has doubled both sales and attendance. Like other managers, Jagmin says getting the word out can be tough, especially to those

who might make best use of the market's offerings.

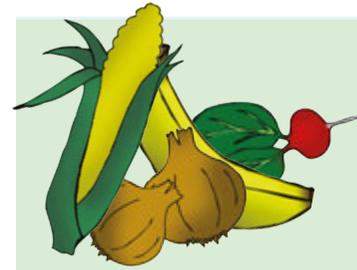
"One of the challenges we face right now is promoting our acceptance of the Bridge Card and the Double Up Food Bucks Program," Jagmin said. The Double Up program (which all three seasonal markets in the city offer) allows shoppers to double the amount they spend, up to \$20, on their Supplemental Nutrition Assistance Program-eligible Bridge Card at farmers markets.

While administrating such programs can be time-consuming, it's worth it in the end to residents who might otherwise go without fresh food.

"There are very few grocery stores in this area," Jagmin said, as she motioned toward the half-abandoned shopping center across the street that formerly held an L&L supermarket.

Farmers markets now speckle the greater Lansing area every growing season. Some, like the East Lansing Farmers Market, are less concerned with access and more focused on local producers: If you don't grow or make it, don't expect to sell it there.

"Before farmers markets become popular, it might have been fine to wholesale," said Michelle Carlson, manager of the East Lansing market. "Now that there are more markets and customers are more informed, people don't want to buy wholesale."



WHERE TO FIND THE FARMERS

ALLEN STREET FARMERS MARKET
2:30-7 p.m. Wednesday, through October
Corner of Kalamazoo Street and Allen Street, Lansing

SOUTH LANSING FARMERS MARKET
3-7 p.m. Thursday, through September
Corner of Boston Boulevard and Mt Hope Avenue, Lansing

WESTSIDE FARMERS MARKET
4-7 p.m. Monday, through Sept. 17
743 N. Martin Luther King Jr. Blvd. (between Oakland Ave. and Saginaw Street)

OLD TOWN FARMERS MARKET
10 a.m.-3 p.m. First Sundays, through Oct. 7
Corner of Grand River Avenue and Turner Street, Lansing

LANSING CITY MARKET
10 a.m.-6 p.m. Tuesday-Friday,
9 a.m.-5 p.m. Saturday; open year-round
325 City Market Drive, Lansing

EAST LANSING FARMERS MARKET
10 a.m.-2 p.m. Sunday, July 8-October
Valley Court Park, 300 Valley Court, East Lansing

MICHIGAN STATE UNIVERSITY STUDENT ORGANIC FARM STAND
11 a.m.-5:30 p.m. Thursday, through October
Corner of Auditorium Road and Farm Lane, MSU

MERIDIAN FARMERS MARKET
8 a.m.-2 p.m. Saturday, May-October; 8 a.m.-2 p.m. Wednesday, July 11-October
5151 Marsh Road, Okemos (Central Park Pavilion)
10 a.m.-3 p.m. select Saturdays at Meridian Mall (open year-round)

HOLT FARMERS MARKET
9 a.m.-2 p.m. Saturday, through Nov. 17;
4-7 p.m. Thursday, July-September
2150 Cedar Street, Lansing (located at the Veterans Memorial Gardens on Thursdays in July)

BATH FARMERS MARKET
3-7 p.m. Thursday, open year-round (winter hours 3-6 p.m.)
James Couzens Memorial Park, 13733 Webster Road, Bath

DEWITT FARMERS MARKET
5-8 p.m. Tuesday, through Oct. 9
Downtown DeWitt

GRAND LEDGE FARMERS MARKET
9 a.m.-1 p.m. Saturday, through Oct. 27
Maypole Park, 215 S. Bridge St., Grand Ledge

ESTD 1909

Lansing City Market

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2012 Market Dates

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July 3rd, 10th, 17th, 24th, 31st
August 7th, 14th, 21st, 28th
September 4th, 11th, 18th, 25th
October 2nd, 9th

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10:00 am – 6:00 pm
Tuesday – Friday

9:00 am – 5:00 pm
Saturday

Noon – 4:00 pm
Sunday (July 4 - Labor Day)






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FARMERS' MARKET



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East Lansing Farmer's Market



Sundays
July 8 - Oct. 28
10 a.m. - 2 p.m.

Valley Court Park
201 Hillside Court, East Lansing

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www.cityofeastlansing.com/farmersmarket





Allen Street Farmers Market

EVERY WEDNESDAY

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<p>JUNE 20</p> <p>JULY 18</p> <p>AUG. 19</p> <p>SEPT. 26</p> <p>OCT. 17</p> <p>OCT. 31</p>	<p>Strawberry Festival</p> <p>Lead Testing & Kid's Festival</p> <p>Tomato Festival</p> <p>Apple Festival</p> <p>Harvest Festival</p> <p>Last day outside!</p>
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Saturdays May 12th through October 27th
9:00 am to 1:00 pm

Downtown Grand Ledge
Bridge Street (across from Sweet Linda's)

If you are interested in being a vendor or need more information contact Terrance Augustine at info@glfarm.org or 517.643.1849

ADVICE GODDESS



AMY ALKON
adviceamy@aol.com

Thrilla in vanilla & getting into your genes

Q: My best friend is a guy. We have tons in common and have conversations that are lively, honest, and deep. He's basically everything I've ever wanted in my future husband, but he has an infatuation for Filipina women half his age. I'm 37, his age, and Caucasian. His plan is to find and marry a girl from the Philippines. In fact, he is so stuck on marrying a Filipina that he is learning to speak Tagalog and travels to the Philippines twice a year but has yet to have anything work out. I maintain hope that he'll eventually develop the attraction to me that I have for him and that compatibility will trump looks, because he often tells me how much he appreciates me. Am I fooling myself, or could he outgrow his Filipina fetish?

—Boring American Woman

A: If people could override their physical attractions, strip clubs could hire homely but very kind women to bare only their souls. For the price of a lap dance, they'd tell a man all about their work easing the suffering of cancer patients or nursing stray dogs back to health. Afterward, he'd go home to his hot but mean wife and do his marital duty — while fantasizing about Martha getting little Buster to a really good home.

Whenever you start looking at your friend through future-husband-colored glasses, remind yourself that the guy's learning Tagalog, and not because he calls the cable company and they say, "Press one for Tagalog." Lust is a powerful and automatic biochemical reaction driven by sex hormones in the brain. One study by Dr. Ingrid R. Olson suggests that we appraise whom we find hot in 13 milliseconds or less — approximately 25 to 30 times faster than an eye blink. And unfortunately, we can't rejigger whom we lust after — any more than we can convince ourselves that something that smells like ass really smells like lily of the valley.

You need to stop focusing on how

you click with this guy. I also really click with my friend Debbie, but when I look at her and feel longing, it's to ask her where she got her barrette. This means we're well-matched as friends and hair accessory shoppers but nothing more. What you need is a guy with a you fetish — one who thinks you're the hottest thing since he leaned back, trying to look cool for you, and burned his hand on the party host's stove. To find that man, banish your Filipina-phile from your mind as anything more than a friend with a thing for women who aren't you. If that's hard to do, stop hanging out with him so much until it stops being hard. Save for meeting a fairy godmother in the supermarket and having her transform you into a 4-foot-11, 18-year-old hottie from Manila, there's only one way you'll ever make this guy fall for you, and that's by installing a tripwire.

Q: I'm 27 and passionately in love with a 24-year-old woman I just started dating. I said something in passing about not knowing whether I want kids, and she said, "If I'm not pregnant within two years by you, I'll get pregnant by somebody else." Shocked, I asked who. Her answer: "Preferably a friend, but it doesn't really matter." My jaw dropped. I wonder whether I even matter or I am just being used.

—Disturbed

A: You were probably picturing yourself as more of a sex machine than a sperm dispenser. (If there's a movie of your relationship in your mind, it's the kind that gets blocked by Net Nanny software. In hers, Julie Andrews and the von Trapp children are bounding through the meadows in their clothes made out of curtains.)

The fact that her romantic role model seems to be the speeding bullet doesn't mean that she isn't into you or that she's using you. In fact, her honesty suggests otherwise. (She didn't let you get all attached only to tell you to either dad up or get out.) But, numerous studies splashed across the media show that single

parenting disadvantages kids economically, emotionally, in school performance, and in their later relationships, and troublingly, all she can think about is the tumbleweed blowing around her empty womb.

If you know you don't want kids, now's the time to leave. If you aren't sure, you can stick around and try to figure it out, but the giant ticking uterus hanging over your head may warp the course of getting to know her. After all, it's kind of a romance-killer to be hearing "It had to be you..." while you know she's thinking, "Then again, the UPS guy looks like he has a healthy sperm count."

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To read more of Amy's advice and guidance, please visit our Web site at www.lansingcitypulse.com

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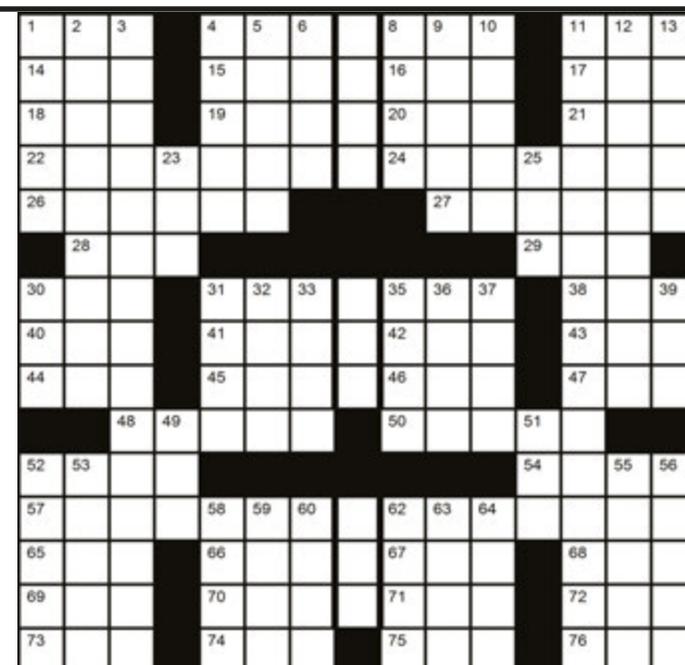
Jonesin' Crossword

By Matt Jones

"I See London"—but can you see the Olympic message?
by Matt Jones

Across

- 1 Abbr. describing British pounds
4 Bullfighting cheer
8 Five-nation project in the sky: abbr.
11 "___ longa, vita brevis"
14 The AFL's labor partner
15 No longer active, as a boxer: abbr.
16 Palindromic Cambodian leader Lon ___
17 Perrins' steak sauce partner
18 Keep score
19 Glastonbury ___ (hill in England)
20 "Much ___ About Nothing"
21 Back muscle, for short
22 Predetermine
24 Where a victorious team's road leads, so it's said



- 48 Fix a manuscript
50 There's no accounting for it
52 Smoky get-togethers, for short
54 "Just ___ bit too much..."
57 TV comedy show with Goldie Hawn
62 How people read to their kids
65 Part of IPA
66 "What ___, chopped liver?"
67 Early travel journalist Nellie
68 Stat for Hank Aaron
69 Tony winner Caldwell
70 Taco Bell sauce choice
71 Tattoos, slangily
72 Three sheets to the wind
73 Extremely long time
74 Ques. counterpart
75 ___ kwon do
76 ___ Plaines, Illinois

Down

- 1 Bunches
2 Chart for beachcombers
3 Song heard frequently during the 2012 Diamond Jubilee
4 MMA fighter Tito
5 "I Will Be" singer Lewis
6 Raison d' ___
7 No Clue
8 ___ the finish
9 "Me too!"
10 Walks through the mud
11 Where Olympic athletes come from to convene in London
12 Wrecked from the back
13 Mythical creature with goat horns
23 ST: ___ (fan abbreviation for a later "Star Trek" series)
25 Tennis tactic
30 "What a relief!"
31 Drink in a red can
32 Have ___ with (be connected to)

- 33 Tear into pieces
34 No Clue
35 "Invasion of Your Privacy" glam rock band
36 Olympic figure skater Kulik
37 Some soldiers: abbr.
39 They blink on websites
49 Text, for short
51 "oQue ___?" ("How's it going?" in Spanish)
52 Huge fire
53 Bear from "The Jungle Book"
55 "Memories of You" pianist Blake
56 Takes some movie scenes out
58 "That's kinda funny!"
59 "___ Fire" (Springsteen song)
60 Bugs that get "picked"
61 No Clue
62 Passing blurb
63 Forearm bone
64 Kid

City Pulse Classifieds

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Answers Page 31

OUT on the TOWN

Listings deadline is 5 p.m. the THURSDAY BEFORE publication. Paid classes will be listed in print at the cost of one enrollment (maximum \$20). Please submit them to the events calendar at www.lansingcitypulse.com. If you need help, please call Jessica at (517) 999-5069. E-mail information to calendar@lansingcitypulse.com.

JUNE 21 & 22



Photo by Kourtney Monroe

A patriotic performance

Celebrate the Fourth of July a little bit early by attending one of the “Mudge’s Follies” performances Thursday or Friday in Grand Ledge. The shows feature a large variety of songs about Michigan — and many written by native Michiganders — including “In My Merry Oldsmobile,” “On The Good Ship Lollipop,” “Ghostbusters,” “School’s Out,” “Old-Time Rock & Roll,” “You Are the Sunshine of My Life” and “Material Girl.” The cast is made up of volunteers of singers, dancers and musicians. Proceeds help fund the Grand Ledge Emergency Assistance Program, which helps those in need of medicine, fuel, transportation and rent. 7 p.m. \$8 in advance, \$10 at door, kids 12 and under are \$5 at the door. The Grand Ledge High School Auditorium, 820 Spring St., Grand Ledge. (517) 627-2715.

Wednesday, June 20

CLASSES AND SEMINARS

Meditation. For beginners and experienced. 7-9 p.m. FREE. Vietnamese Buddhist Temple, 3015 S. Washington Square, Lansing. (517) 351-5866.

Community Yoga. Power yoga class. 6:30-8 p.m. FREE. Just B Yoga, 106 Island Ave., Lansing. (517) 488-5260.

Grande Paraders Square Dance Club. Modern Western-style square dancing. Casual attire. 6:30 p.m. \$3 members; \$4. Lions Community Park, 204 W. Jefferson St., Dimondale. (517) 694-0087.

Learn Bike Repair. Help maintain the MSU Bikes’ rental fleet and earn time to work on your own bike. 11:30 a.m.-1 p.m. and 6:30-8:30 p.m. FREE. Demonstration Hall, MSU Campus, East Lansing. www.bespartangreen.msu.edu/happenings.html.

Coupon Swap. Meet other coupon enthusiasts, exchange coupons, and discuss deals and strategies. 6-7:45 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4. www.dttl.org.

Real Talk For Teens. Comprehensive sex education classes for teens. Teens who attend all sessions will get \$50 certificates to Target. 5-7 p.m. FREE. South Side Community Coalition, 2101 West Holmes Road, Lansing. (734) 926-4766.

The Michigan Peace Team. Learn how the Peace Team functions and began. 6-7 p.m. FREE. Pilgrim Congregational United Church of Christ, 125 S. Pennsylvania Ave., Lansing. (517) 484-7434. www.PilgrimUCC.com.

Weed Warrior. Learn how to control common invasive plants around Fenner and in your own yard.

See Out on the Town, Page 27

R. Knott

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Courtesy Photo

JUNE 23

More on restoration

Those who would like to know more about preserving an old home are invited to attend a wood window restoration workshop. Sponsored by the Allen Neighborhood Center in partnership with Lansing Community College and the Ingham County Land Bank, the tutorial is a follow-up to a class held in April. Conn Allison, Keton Edwards and Davy Muylle will teach proper restoration techniques in a hands-on class featuring stations that spotlight stripping paint from wood window sashes, using heat, steam or chemicals and repairing rotten or missing wood sections. “The Tours and Tutorials offer neighbors inspiration, instruction and even hands-on skill-building opportunities for their own retrofits,” said Joan Nelson of the Allen Neighborhood Center. 9 a.m.-Noon. FREE. 1501 E. Kalamazoo St., Lansing. www.restorationworks.org. (517) 367-2468.

JUNE 22

A beat of their own

Attitude Dance Co., a component of Michelle’s Studio in Haslett, is partnering with Over the Ledge Theatre Co. in a professional dance performance titled “Echoes of a Heartbeat” at the Ledges Playhouse. The performance explores various emotions of the heart, such as love, loss and liberation. “There is no other emotion that can really move people the way love can or the way relationships can, good or bad,” said Michelle McDevitt, Attitude Dance Co.’s artistic director. “Echoes” features contemporary lyrical dance with a ballet edge, splashes of hip-hop and poetic motions that use the body as a storyteller. Music spans from classical to modern, including Leon Russell, Adele and Florence and the Machine. Attitude Dance Co. is celebrating its third year of performance and is holding open auditions for their ensemble in September. 8 p.m. \$10; \$8 seniors; \$6 children. Over the Ledge Theatre, Ledges Playhouse, 137 Fitzgerald Park Drive, Grand Ledge. (517) 318-0579. www.overtheledge.org.

JUNE 22-23

Tune in for 24 hours of radio

Mason’s Raynor Park holds an annual ham radio operators’ field day this weekend. Working under simulated disaster-type conditions, approximately 60 radio operators will test how prepared they would be to handle a real emergency. Hosting the event is the Lansing Area/Ingham County Amateur Radio Public Service Corps, a volunteer emergency communications organization. While the event functions as a test run for ham radio operators, there will also be a station for non-licensed individuals to go on the air. Participants will demonstrate how effective ham radios can be with microphones, traditional Morse Code and the latest digital radio devices. The Field Day begins at 2 p.m. Saturday and lasts until 2 p.m. Sunday. FREE. Raynor Park, 730 E. Ash St., Mason. (517) 589-8346. www.lansingarpssc.com.

TURNIT DOWN

A SURVEY OF LANSING'S MUSICAL LANDSCAPE

BY RICH TUPICA

MOON AND SUN RISE IN OLD TOWN

Festivalgoers who prefer specialty beers and tasty food along with live music may want to check out the Festival of the Moon (6 to 11 p.m. Friday) and Festival of the Sun (2 to 11 p.m. Saturday) in Old Town. As for the music, Moon headliners include Tony Lucca of NBC's "The Voice," along with locals Billiards Music and Ben Keeler & the 500 Club. On the following day the Sun stage hosts headliners Frontier Ruckus, along with Those Willows, Sabertooth Fiancee, Empty Orchestra and Elliot Street Lunatic.

Bell's Brewery supplies Moon patrons with an assortment of their brews and specialty beers, complemented by grub from Grand Grillin and Mark's Gourmet Dogs. Festival of the Sun hosts an "ultimate" wine and beer tasting, with more than 120 wines and brews from local and national wineries and breweries, plus food from Trailer Park'd "Slow" Fast Food, Purple Carrot Truck and Restaurant Mediteran.

The two-day fundraiser — which happens at César E. Chávez Plaza at the corner of Turner Street and Grand River Avenue — is hosted by the Old Town Commercial Association. With your entrance fee to both Festival of the Moon and Festival of the Sun, you receive a souvenir glass and three drink/food tickets. For those who want to bring along the kids, children are welcome at Festival of the Sun on Saturday until 7 p.m. — but youngsters cannot attend Festival of the Moon.

Tickets for Festival of the Moon are \$12 in advance or \$15 at the gate. Festival of the Sun are \$17 in advance or \$20 at the gate. A \$25 weekend pass to both festivals is also available. Tickets are available at festivalofthesun.com, or from the Old Town Commercial Association, Tallulah's Folly, Grace



Courtesy Photo

DJ Scotty V

Boutique, October Moon and Perspective2. **Friday, June 22 and Saturday, June 23 @ Festival of the Moon & Sun, César E. Chávez Plaza at Turner Street and Grand River Avenue, Old Town Lansing.**

SCOTTY V RETURNS TO THE JUNGLE

Those involved in the '90s electronic music scene undoubtedly remember Scott VanGilder, a.k.a. DJ Scotty V. Aside from being an owner of Spin Cycle Records (a defunct electronic music store), VanGilder was also a busy jungle/drum and bass DJ, spinning at parties and events in Lansing and Detroit. For the first time in many years he returns to the decks Friday at The Loft. Also spinning some jungle are Ronin Selecta, Bassdrive, Bang Tech 12, Sylock, Joey P and Barron. So what will VanGilder be spinning? "I'll be playing older jungle and ragga from '94 to '99, with a dab of stuff from later years," he said. "It will be hard and fast — just how junglists like it." VanGilder said he plans to keep it real, mostly. "I'm using vinyl, just like I used to," he said. "I'm looking forward to lugging 50 pounds of records up the Loft staircase. (But) I may play an MP3 or two." While he said he doesn't plan to DJ full-time, VanGilder will also support the scene with the re-launch of his site mijunglist.com, in an effort to promote the "small but thriving" jungle scene in Michigan.



Courtesy Photo

Tony Lucca

Friday, June 22 @ The Loft, 414 E. Michigan Ave., Lansing, 18 and over, \$5 for 21 and over, \$8 for 18 to 20, doors 10 p.m.

R.E.M., BLINK 182 AT SUMMER SINGALONG?

Fusion Shows is hosting a series of events dubbed "Summer Singalongs," which feature local bands covering entire sets by some of their favorite acts. The first, all-ages installment happens Saturday at The Loft. Taking the stage is Red Cedar Riot as the All American Rejects; Mike Vail & The Great Lake Effect as R.E.M.; Midwest Skies as Blink 182; Eyes On The Sky as No Doubt; Guest Stars/Frank & Earnest as The Lawrence Arms; and Way to Fall as Green Day.

Saturday, June 23 @ The Loft, 414 E. Michigan Ave., Lansing, all ages, \$7, doors 6:30 p.m.

LOCAL ELECTRO-PUNKS DEBUT AT MAC'S

Armed with some guitars and a couple of Korg Kaosilators, The Mindguards mix fat electro beats with raucous-punk melodies. The new duo features Richard Keyes (vocals/guitar), formerly of

Gaytar, and Jerimiah Gager (bass/vocals). Keyes calls the band "a punk-rock homage to both Mike Watt and Nicki Minaj," taking influence from the likes of Sonic Youth and Meshuggah. The Mindguards play Mac's Bar June 28, along with headliners The Scarred (California punk) and Violent Affair (Oklahoma punk). Local acts include The Jackpine Snag and the oddball rockabilly gospel-punks Chaz Brackx & the Big Bucks. Brackx recently recorded a few tracks at Lord Vapid's lo-fi studio in Lansing, apparently for a debut 7-inch.

Thursday, June 28 @ Mac's Bar, 2700 E. Michigan Ave., Lansing, 18 and over, \$10, 9 p.m.

UPCOMING SHOW?

POST IT AT

WWW.FACEBOOK.COM/TURNITDOWN



To be listed in Live and Local, e-mail your information to liveandlocal@lansingcitypulse.com by Thursday of the week before publication.

LIVE AND LOCAL

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

621 The Spot, 621 E. Michigan Ave.	Phil Denny, 8 p.m.	Ray Potter, 8:30 p.m.	West/Radd1, 9 p.m.	DJ Leeky, 10 p.m.
Connxtions Comedy Club, 2900 N. East St.	Comedy Open Mic, 8 p.m.	Roy Haber, 8 p.m.	Roy Haber, 8 p.m. & 10:30 p.m.	Roy Haber, 8 p.m. & 10:30 p.m.
Colonial Bar, 3425 S. MLK Jr. Blvd.		DJ, 9 p.m.	X-Ray Ted, 9 p.m.	X-Ray Ted, 9 p.m.
Crunchy's, 254 W. Grand River Ave.	Cloud Magic, 10 p.m.	Karaoke, 9 p.m.	Karaoke, 9 p.m.	Karaoke, 9 p.m.
The Exchange, 314 E. Michigan Ave.		Tryst Thursdays, 8:30 p.m.	Summer of Sol, Midnight	Summer of Sol, Midnight
The Firm, 227 S. Washington Square		DnW Sound DJs, 9 p.m.	Various DJs, 9 p.m.	DJ Donnie D, 9 p.m.
Grand Café/Sir Pizza, 201 E. Grand River Ave.	Driver & Rider Show, 7 p.m.	Kathy Ford Band, 7:30 p.m.	Karaoke with Joanie Daniels, 9 p.m.	The Alligators, 8 p.m.
Green Door, 2005 E. Michigan Ave.	Stan Budzinski & 3rd Degree, 9:30 p.m.	Jen Sygit & Lincoln County Process, 9:30 p.m.	Root Doctor, 9:30 p.m.	Still Rain, 9:30 p.m.
The Loft, 414 E. Michigan Ave.			As They Sleep, 5 p.m.	Summer Singalong, 6:30 p.m.
Mac's Bar, 2700 E. Michigan Ave.			Oh My God, 9 p.m.	The Skeetones, 9 p.m.
Moriarty's Pub, 802 E. Michigan Ave.	Rob Kladja open mic, 9 p.m.	The Hardwires, 10 p.m.	The Simpletons, 10 p.m.	The Waxies, 10 p.m.
Rick's American Cafe, 224 Abbott Road	DJ Dan, 10:30 p.m.	ICE DJ's, 10:30 p.m.	Hulkster, 10:30 p.m.	Hulkster, 10:30 p.m.
Rookies, 16460 S. US 27	Sammy Gold, 7-10 p.m.	Water Pong DJ, 9 p.m.	Karaoke dance party with DJ Klimaxx, 9 p.m.	Live Bands with DJs & DJ Klimaxx, 9 p.m.
Rum Runners, 601 East Michigan Ave.	Open Mic Night, 9 p.m.	Dueling Pianos & DJ, 9 p.m.	Dueling Pianos & DJ, 7 p.m.	Dueling Pianos & DJ, 7 p.m.
Unicorn Tavern, 327 E. Grand River Ave.		Frog & the Beeftones, 9 p.m.	Dr. Gun, 9 p.m.	Dr. Gun, 9 p.m.
Waterfront Bar & Grill, 325 City Market Drive		Mike Evia Quartet, 7 p.m.	Joe Wright, 7 p.m.	Stan Budzinski & 3rd Degree, 7 p.m.
Uli's Haus of Rock, 419 S. MLK Jr. Blvd.		New Band Riven, 9 p.m.	Red Herring, 9 p.m.	Jamboozle, 9 p.m.
Zepplin's, 2010 E. Michigan Ave.			Squirt Gun Warriors, 9 p.m.	
Whiskey Barrel Saloon, 410 S. Clippert St.	DJ, 9 p.m.	DJ, 9 p.m.	DJ, 9 p.m.	Two Tone Tobacco, 9 p.m.

Sunday Open Jam with Bad Gravy, 9:30 p.m., Green Door; Karaoke, 9 p.m. Drag Queens Gone Wild, 11 p.m., Spiral Dance Bar; DJ Mike, 9:30 p.m., LeRoy's Bar & Grill; Open Mic, 5 p.m., Uli's Haus of Rock.
Monday Steppin' In It, 9:30 p.m., Green Door; Easy Babies funk trio, 10 p.m., The Exchange. Open-Mic Mondays, 6:30 p.m., Michigan Brewing Company-Lansing.
Tuesday Tommy Foster & Guitar Bob, 9 p.m., The Exchange; Neon Tuesday, 9 p.m., Mac's Bar. Jazz Tuesday Open Jam, 9 p.m., Stober's Bar, 812 E. Michigan Ave.

Out on the town

from page 25

5-6 p.m. FREE. Fenner Nature Center, 2020 E. Mount Hope Ave., Lansing. (517) 483-4224. fofnc.org.
Creative Entrepreneurs Workshop. An informational workshop and property tour for artists and creative entrepreneurs. 3 p.m. FREE. East Lansing City Hall, 410 Abbott Road, East Lansing. (517) 372-4636. www.lansingarts.org.

EVENTS

Overeaters Anonymous. 7 p.m. FREE. Grand Ledge Baptist Church, 1120 W. Willow Hwy., Grand Ledge. (517) 256-6954.

Practice Your English. Speaking and listening to English in a friendly, relaxing atmosphere. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420.

Youth Service Corps. East side youth grow food, and develop leadership skills. Ages 11-17. 3:30-5:30 p.m. FREE. Hunter Park Community Garden House, 1400 block of E. Kalamazoo St., Lansing. (517) 999-3910.

Lansing Walkability Audit. Need volunteers. 3-5 p.m. FREE. Allen Neighborhood Center, 1619 E Kalamazoo St., Lansing. (517) 292-3078.

Allen Street Farmers Market. Fresh fruits and vegetables, meats, crafts, activities and more. 2:30-7 p.m. FREE. Allen Neighborhood Center, 1619 E Kalamazoo St., Lansing. (517) 485-4279. www.allenneighborhoodcenter.org.

Colonial Village Neighborhood Meeting. The Association meets on the third Wednesday. 7-8:30 p.m. FREE. Grace United Methodist, 1900 Boston Blvd., Lansing. (517) 482-5750.

The Scandinavian Society of Greater Lansing. Fellowship and music; a dance around the maypole and a potluck dinner. 2-5 p.m. FREE. Faith United Methodist Church, 4301 S. Waverly Road, Lansing. (517) 482-8357.

"The Deep Blue Sea." Director Terence Davies' film stars Rachel Weisz as a free-spirited wife trapped in a passionless marriage. 7:30 p.m. \$8, \$6 seniors, \$3 students. Hannah Community Center, 819 Abbot Road, East Lansing. (517) 980-5802.

Knit-Wits. Bring a project of your own or join us in one of our community projects. 3:30 p.m. FREE. Dewitt District Library, 13101 Schavey Road, DeWitt. (517) 669-3156. www.dewittlibrary.org.

Drop-In LEGO® Day. Children, ages 4 and up, can drop in, get creative and make something from the library's Legos. 10 a.m.-1 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420. www.elpl.org.

MUSIC

Jazz Wednesdays. Featuring the Jeff Shoup Trio. 7-10 p.m. FREE. Gracies Place, 151 S. Putnam, Williamston. (517) 655-1100.

Concert in the Park. Summer music series, with exciting new performers, lawn seating. 7 p.m. FREE. St. Johns City Park, located off Morton and Park Streets, St. Johns. (989) 224-8944.

Live Band Karaoke. With the Kathy Ford Band. Sing or sit in on any instrument. 8 p.m. FREE. Lou & Harry's Sports Bar and Grill, 16800 Chandler Road, East Lansing. www.tabwakleymusicproductions.com.
Stan & 3rd Degree. Live music. 9:30 p.m. FREE. Green Door Blues Bar & Grill, 2005 E. Michigan Ave., Lansing. (517) 482-6376.

Sammy Gold (SaGoBa). Pop-rock. 7-11 p.m. FREE. Rookies Restaurant, 1640 S. US 27, Lansing. (517) 487-8686.

Fiddlers ReStrung. A 19-piece string ensemble that consists of students from Saline High School. 1 p.m. FREE. Dewitt District Library, 13101 Schavey Road, DeWitt. (517) 669-3156. www.dewittlibrary.org.

Nick Chase. Karaoke. 8 p.m.-Midnight. FREE. Leo's Spirits & Grub, 2085 W. Grand River Ave., Okemos. (517) 349-1100.

Karaoke by Ryan. 9 p.m.-1 a.m. FREE. Leo's Outpost, 600 S. Pennsylvania Ave., Lansing. (517) 367-7755.

Trevor Compton. Live music, variety. 7-11 p.m. FREE. Mark's Watershed, 5965 Marsh Road, Haslett. (517) 999-7433.

Mike Vial. Live music, variety. 6-10 p.m. FREE. Blue Gill Grill, 1591 Lake Lansing Road, Haslett. (517) 339-4900.

THEATER

"Around the World in 80 Days." Jules Verne's story of a global adventure that starts with a bet; part of MSU's Summer Circle Theatre. 8 p.m. FREE. MSU Auditorium, 150 Auditorium Road, East Lansing. (517) 432-2000. www.theatre.msu.edu.

"You're a Good Man, Charlie Brown." Based on the "Peanuts" comic strip by Charles M. Schulz. 8 p.m. FREE. LCC Outdoor Amphitheatre, N. Washington behind Dart Auditorium, Lansing. www.lcc.edu/showinfo.

LITERATURE AND POETRY

Baby Time. Books and songs for ages 2 years and younger, with a parent/caregiver. 10:30 a.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 x3.

Lansing Area Science Fiction Association Meeting. New location. Informal dinner and lively conversation every week. 7 p.m. FREE. Buddies Grill, 2040 Aurelius Road, #13, Holt. (517) 402-4481.
DTDL Book Club. Discuss Karen Russell's

"Swamplandia!," 6-7:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4. www.dtdl.org.

Thursday, June 21

CLASSES AND SEMINARS

Yoga 2XL. Learn to move with confidence. 7:15-8:15 p.m. \$8 suggested donation. Just B Yoga, 106 Island Ave., Lansing. (517) 488-5260.

Eating Disorders Anonymous Meeting. A group of people recovering from eating disorders who talk about recovery. 7-7:45 p.m. FREE. CADL Mason Library, 145 W. Ash St., Mason. (517) 899-3515.
Real Talk For Teens. 5-7 p.m. FREE. (Please See Details June 20)

EVENTS

Morning Storytime. All ages welcome for stories, songs, rhymes. 10:30 a.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014.

Karaoke. Every Thursday night with Atomic D. 9 p.m. LeRoy's Classic Bar and Grill, 1526 S. Cedar St., Lansing. (517) 482-0184.

Euchre. No partner needed. 6-9 p.m. \$1.50. Delta Township Enrichment Center, 4538 Elizabeth Road, Lansing. (517) 484-5600.

Mid-day Movies. Watch recent releases on the big screen. 2 p.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6363. www.cadl.org.

Kids Time: Ages 5-11. Help Eastside youth to grow food, develop leadership and life skills. 4:30-5:30 p.m. FREE. Hunter Park Community GardenHouse, 1400 block of E. Kalamazoo St., Lansing. (517) 999-3910.

Spanish Conversation Group. Both English and

Spanish will be spoken. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420.

Lansing Walkability Audit. Need volunteers. 5:30-8 p.m. FREE. Gier Community Center, 2400 Hall St. Lansing. (517) 292-3078. cityoflansingmi.com.

South Lansing Farmers Market. Locally produced food, youth activities and educational opportunities. 3-7 p.m. FREE. Grace United Methodist, 1900 Boston Blvd. Lansing. (517) 482-5750.

Lowe's South Side Cruise-In. Open to classic cars and trucks, hotrods and classic motorcycles. 6-11 p.m. FREE. Lowe's, S. Cedar St., Lansing. (517) 699-2940.

Bananagrams Night. Play the hot new timed word game. 7 p.m. FREE. Schuler Books & Music, 2820 Towne Centre Blvd., Lansing. (517) 316-7495. www.schulerbooks.com.

"The Deep Blue Sea." 7:30 p.m. \$8, \$6 seniors, \$3 students. (Please See Details June 20)

Third Thursday Potluck. Get information on community gardening and enjoy food and fun. 6-7:30 p.m. FREE. Webster Farm Community

See Out on the Town, Page 28



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Services 10:30 a.m. - Sunday

Out on the town

from page 27

Garden, 5508 Hughes Road, Lansing. (517) 853-7809.

Teen Craft. Make paracord/survival bracelet. For teens 6th-12th grade. 1 p.m. FREE. Dewitt District Library, 13101 Schavey Road, DeWitt. (517) 669-3156.

Colonial Village Walking Group. Meet neighbors and get some exercise at the same time. Walks are 30-45 minutes. 7 p.m. FREE. Grace United Methodist, 1900 Boston Blvd., Lansing. (517) 580-8560.

Foam Party. Largest foam party in Lansing. 9 p.m.-2 a.m. 21 and up \$5, 18-20 \$10. Club X-cel, 224 S. Washington Square, Lansing. (517) 281-9502. www.clubxcel.net.

MUSIC

Jazz Thursdays. Various artists featured each week. 6:30-9:30 p.m. FREE. Mumbai Cuisine, 340 Albert St., East Lansing. (517) 336-4150.

The Williamston Summer Concert. Music every Thursday through August 30. Featuring a variety of different genres. 7 p.m. FREE. McCormick Park, located at N. Putnam and High Streets, Williamston.

Sound & Sights. Various performances take place outdoors at multiple spots throughout downtown Chelsea. 6:30-8:30 p.m. FREE. Downtown Chelsea, Chelsea Manchester Road & Middle St., Chelsea. www.chelseafestivals.com/soundsights.

Don Middlebrook and Living Soul. Live music. 7-11 p.m. FREE. Brookshire Inn, 205 W. Church St., Williamston. (517) 655-4694. www.brookshireregolfclub.com.

East Harvest. Alternative indie soul and acoustic music, with Jetty Rae and Dan Henig. 7 p.m. \$5. (SCENE) Metrospace, 110 Charles St., East Lansing. (517) 319-6832. www.scene-metospace.com.

Rory Miller. Live music. 6-10 p.m. FREE. Blue Gill Grill, 1591 Lake Lansing Road, Haslett. (517) 339-4900.

Ricky & Nikki. Live music. 7-11 p.m. FREE. Ryan's Roadhouse, 902 E. State St., St. Johns. (989) 224-2550.

Ashley Batton. Variety. Noon-2 p.m. FREE. Potbelly's Sandwich Shop, 233 E. Grand River Ave., East Lansing. (517) 203-4278.

Cheap Dates. Live music. 10 p.m.-Close. FREE. Dublin Square Patio, 327 Abbott Road, East Lansing.

(517) 351-2222. www.dublinsquare.net.

Chip Christy. Live music. 5-9 p.m. FREE. Dublin Square Patio, 327 Abbott Road, East Lansing. (517) 351-2222. www.dublinsquare.net.

Ray Townsend. Variety. 6-10 p.m. FREE. Reno's West, 5001 W. Saginaw Hwy., Lansing. (517) 321-0616.

Jerry Sprague. Variety. 6-10 p.m. FREE. Reno's East, 1310 Abbot Road, East Lansing. (517) 351-7366.

Trevor Compton. Variety. 9-11 p.m. FREE. Tavern 109, 109 Grand River Ave., Williamston. (517) 655-2100.

THEATER

"Around the World in 80 Days." 8 p.m. FREE. (Please See Details June 20)

"You're a Good Man, Charlie Brown." 8 p.m. FREE. (Please See Details June 20)

LITERATURE AND POETRY

Storytime With Ms. Deb. Ms. Deb will read three books on the topic of the week and do a craft. 10 a.m. FREE. Barnes and Noble, 5132 W Saginaw Hwy., Lansing. (517) 327-0437. www.bn.com.

Writers Roundtable. Get feedback and connect with other writers. 6-7:45 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4.

Friday, June 22

CLASSES AND SEMINARS

Summer Night Hike. Search for signs of nocturnal life, and learn about adaptations of creatures of the night. 7-9 p.m. \$5, members FREE. Fenner Nature Center, 2020 E. Mount Hope Ave., Lansing. (517) 483-4224. www.mynaturecenter.org.

Real Talk For Teens. 5-7 p.m. FREE. (Please See Details June 20)

EVENTS

Festival of the Moon. Food, great music from national bands and beer from Bell's Brewery. Call to volunteer or email danielle@oldtownmainstreet.org. 6-11 p.m. \$10 advance, \$15 day of, \$25 weekend pass. Burchard Park, Old Town, Lansing. (517) 485-4283. www.festivalofthemoon.com.

Alcoholics Anonymous. Open meeting for family and friends with American Sign Language interpretation. 8 p.m. FREE. Alano Club East, 220 S. Howard St., Lansing. (517) 482-8957.

Storytime. Stories, rhymes and a craft for ages 2-5. 10:30-11:15 a.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420.

Alcoholics Anonymous. A closed women's meeting. 7:30 p.m. FREE. St. Michael's Episcopal Church,

6500 Amwood Drive, Lansing. (517) 882-9733.

Old Town Lansing Scrapfest. A two week sculpture competition ends, and the pieces are up for auction. 6 p.m. FREE. Old Town, Grand River Avenue and Turner Street, Lansing. (517) 485-4283.

Candy Land. The club will be transformed into everyone's favorite childhood game, with free candy. 9 p.m.-2 a.m., \$5 21 and up, \$10 18 years old. Xcel Nite Club, 224 S. Washington Square, Lansing. (517) 484-2399.

Colonial Village Walking Group. 10 a.m. FREE. (Please See Details June 21)

Drop in Craft Projects. Each week will feature a different craft. 1-5 p.m. FREE. Dewitt District Library, 13101 Schavey Road, DeWitt. (517) 669-3156. www.dewittlibrary.org.

Jubilee Craft Show & More. In conjunction with the Annual Red Cedar Jubilee. 1-7 p.m. FREE. Downtown Williamston, Grand River Ave., Williamston. (517) 655-1549. www.williamston.org.

Field Day for Ham Radio Operators. Radio operators work under disaster-type conditions to test how organized they are. Noon. FREE. Rayner Park, 730 E Ash St., Mason. (517) 589-8346.

MUSIC

Summer Solstice Jazz Festival. Jazzed-infused festival in featuring high-caliber local and national jazz performers. 4:30-10:30 p.m. FREE. Downtown East Lansing, Grand River Avenue, East Lansing. (517) 319-6927. eljazzfest.com.

Grand River Radio Diner. Featuring Phil Denny. Noon-1 p.m. FREE. Grand Cafe/Sir Pizza, 201 E. Grand River, Lansing. (517) 483-1000. www.lcc.edu/radio.

Grand River Radio Diner. Live concert featuring Those Willows. Noon-1 p.m. FREE. Grand Cafe/Sir Pizza, 201 E. Grand River, Lansing. (517) 483-1710.

Sammy Gold (SaGoBa). Pop-Rock. 6-9 p.m. FREE. Coach's Pub and Grill, 6201 Bishop Road, Lansing. (517) 882-0790. www.coachspubandgrill.com.

Oh My God. The original trio lineup with The Plurals. 9:30 p.m. \$10. Mac's Bar, 2700 E. Michigan Ave., Lansing. (517) 484-6795. www.macsbar.com.

The Tenants. Variety. 6-10 p.m. FREE. Blue Gill Grill, 1591 Lake Lansing Road, Haslett. (517) 339-4900.

Cory Tyan. Variety. 5-9 p.m. FREE. Dublin Square Patio, 327 Abbott Road, East Lansing. (517) 351-2222. www.dublinsquare.net.

Life Support. Live music. 6-10 p.m. FREE. Reno's West, 5001 W. Saginaw Hwy., Lansing. (517) 321-0616.

Bill Slaght. Variety. 6-10 p.m. FREE. Reno's East, 1310 Abbot Road, East Lansing. (517) 351-7366.

THEATER

"Around the World in 80 Days." 8 p.m. FREE. (Please See Details June 20)

"You're a Good Man, Charlie Brown." 8 p.m. FREE. (Please See Details June 20)

Folk Tales for Fun. A show for the whole family. 7 p.m. \$4 pre-school age, \$6. Mid Michigan Family Theatre, 440 Frandor Ave., Lansing. (517) 339-2145.

"Echoes of a Heartbeat." A professional dance program exploring the emotions of the heart. 8 p.m. \$10 adult, \$8 senior, \$6 student. Ledges Playhouse, Fitzgerald Park, off Jefferson St., Grand Ledge. (517) 318-0579. www.overtheledge.org.

LITERATURE AND POETRY

Music & Movement Storytime. Dance and sing to music, and learn to play with instruments and more. 1 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 3.

Jeni Decker. Author of "I Wish I Were Engulfed in Flames" visits. 6:30-7:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4. www.dtdl.org.

Saturday, June 23

CLASSES AND SEMINARS

Beginner Tai Chi. Can build strength and reduce stress. 8-9 a.m. \$8. Just B Yoga, 106 Island Ave., Lansing. (517) 488-5260.

Tai Chi in the Park. Meditation at 8:45 a.m. followed by Tai Chi. 9:30 a.m. FREE. Hunter Park Community GardenHouse, 1400 block of E. Kalamazoo St., Lansing. Contact Bob Teachout (517) 272-9379.

Overeaters Anonymous. 9:30 a.m. FREE. Sparrow Professional Building, 1200 E. Michigan Ave., Lansing. (517) 485-6003.

Parenting Group. Lecture and group discussion each week. 10-11 a.m. Call to register. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 372-9163.

Follow the Girls Badge. Girl Scouts of all levels can earn the badge. 10 a.m. to Noon, \$10 per girl, \$4 adult. Michigan Historical Museum, 702 W. Kalamazoo St., Lansing. (517) 373-3559.

Restoration Works. A follow-up to the April Wood Window Restoration. With expert Dave Muylle. 9 a.m.-Noon. FREE. Allen Neighborhood Center, 1619 E. Kalamazoo St., Lansing. (517) 999-3924.

EVENTS

Festival of the Sun. Fine wines paired with tasty tapas, cold brews and Lansing's best local entertainment. Call to volunteer or email danielle@oldtownmainstreet.org. 2-11 p.m. \$17 advance, \$20 day of, \$25 weekend pass. Burchard Park, Old Town, Lansing. (517) 485-4283. www.festivalofthesun.com.

Occupy Lansing. General assembly meetings, also reoccupying Reutter Park at 9 p.m. 1 p.m. FREE. Reutter Park, Corner of Kalamazoo & Townsend St., Lansing. www.occupylansing.net.

Gardeners Roundtable. Share questions, advice and experience about gardening. 11 a.m.-Noon. FREE. Hunter Park Community GardenHouse, 1400 block of E. Kalamazoo St., Lansing. (517) 999-3918.

Beer & Wine Tasting. Try free samples. 2-4 p.m. FREE. Vine and Brew, 2311 Jolly Road, Okemos. www.vineandbrew.com.

Salsa Dancing. DJ Adrian "Ace" Lopez hosts Lansing's longest standing weekly salsa event. Singles welcome. 9 p.m.-2 a.m. \$5. Gregory's Bar & Grille, 2510 N. Martin Luther King Jr. Blvd., Lansing. (517) 323-7122.

Tea with Juliette. Juliette will share stories about herself and Girl Scouts. 10:30 a.m. - Noon, \$12.50 .

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MEDIUM

TO PLAY

Fill in the grid so that every row, column, and outlined 3-by-3 box contains the numbers 1 through 9 exactly once. No guessing is required. The solution is unique.

To avoid erasing, pencil in your possible answers in the scratchpad space beneath the short line in each vacant square. For solving tips, visit www.SundayCrosswords.com

Answers on page 31

NEW IN TOWN >> Meat Southern BBQ & Carnivore Cuisine



Allan I. Ross/City Pulse



By Allan I. Ross

For years, the Old Town commercial scene has been, in a word, quaint (we're casting a blind eye, Fish Ladder Tattoo and Golden Harvest). The charming boutique district, largely composed of art galleries and specialty retail and antique shops, is a mecca of tasteful décor but has thus far been an antithetical hangout for red-blooded 'merican males.

But wait a second, what's that smoky aroma in the air? In a bold move, two entrepreneurs have given Turner Street a notable shot of testosterone with their new barbecue joint, Meat Southern BBQ & Carnivore Cuisine.

"We want to be a sort of husband day care," said Tim McPharlin, who co-owns Meat with his partner, Sean Johnson. "We'll have ESPN on all the time, and men can hang out while their wives go antiquing or boutiquing.

We're proud to be a part of this great community, and we're hoping to attract a whole new crowd down here to keep the Old Town momentum going."

The two men are lifelong friends who had been kicking around the idea of opening a restaurant together for years. Johnson honed his chops managing local businesses, while McPharlin attended culinary school and worked at Atlanta's 5 Seasons Brewing Co., the biggest brewpub in the southeastern U.S., before moving back to Michigan.

"We started catering and perfecting our barbecue recipes in case we ever decided to go through with it and open a place," Johnson said. "We knew that if you wait 'til you're ready, you'll never do it. And then earlier this year, something just lit a fire under us."

Johnson credits a fortuitous walk through Old Town the same week that the short-lived Wild Rose Café closed (also the site of the former Mama Bear's Café), and he says they basically "fell into" the location. All of Meat's meat is prepared in a massive wood-burning rotisserie stove — nicknamed "The Beast" — that can slow-

cook 600 pounds of beef brisket, pulled pork and ribs at any time. The Beast represents the restaurant's single-biggest investment and required the construction of a separate weather-proof shed out back to hold it. The food is smoked for 20 hours, resulting in a buttery-soft texture that McPharlin says diners won't find anywhere else.

"It's all about the carnivore experience," he said. "The way we prepare it, you'll have juices dripping down your chin. Bring your bib."

Johnson says that obtaining a liquor license is in the works ("I can't imagine eating barbecue without beer — it's a crime"), and hints that weekend and breakfast hours are possible as well. But for now, it's just a matter of staking the claim of being the neighborhood's resident apex predator.

Meat Southern BBQ & Carnivore Cuisine

1224 N. Turner St.
Old Town Lansing
(517) 580-4400
meatbbq.com

Temporary hours: 11 a.m.-9 p.m.
Monday through Saturday

Out on the town

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Michigan Historical Museum, 702 W. Kalamazoo St., Lansing. (517) 373-3559.

MSU Bee-Palooza 2012. Short sessions on honeybees, pollination, gardening and more. 1-5 p.m. FREE. MSU Horticulture Gardens, MSU Campus, East Lansing. www.facebook.com/events/435317199813125/.

Jubilee Craft Show & More. 9 a.m.-4 p.m. FREE. (Please See Details June 22)

Delta Rocks! Family Festival. Crafts, inflatable attractions, mobile zip line, rock wall, face painting and more. Noon-6 p.m. FREE. Sharp Park, 1401 Elmwood Road, Lansing. www.deltami.gov/parks.

Lansing Derby Vixens VS. Ann Arbor Derby Dimes Brawl Stars. & The Lansing Derby Vixens Capital Corruption vs. the Floral City Roller Girls from Monroe. 6 p.m. \$12 advance, FREE 10 and under. Lansing Center, 333 E. Michigan Ave., Lansing. <http://bit.ly/derbyvixens623>.

Field Day for Ham Radio Operators. Radio operators work under disaster-type conditions to test how organized they are. Noon. FREE. Rayner Park, 730 E. Ash St., Mason. (517) 589-8346.

Urbandale Farm Birthday Festival. Take a farm tour, visit the on-farm market, enjoy birthday cake at noon, and fun activities for kids. 10 a.m.-2 p.m. FREE. 700 Block of Hayford Ave., Lansing. www.lansingurbanfarmproject.com

MUSIC

Summer Solstice Jazz Festival. 3-10:30 p.m. FREE. (Please See Details June 22)

Live Music at Altu's. Featuring a different music act each Saturday. 6:30-8:30 p.m. FREE. Altu's Ethiopian Cuisine, 1312 Michigan Ave., East Lansing. (517) 333-6295. www.eatataltus.com.

Charlie Sizemore. Live music. 12:45 p.m. FREE-\$65. Eaton County Fairgrounds, S. Cochran St., Charlotte. www.wildlifefestival.com.

Summer Singalong Volume One. A group of our favorite bands together, and each band will be paying tribute to one of their favorite bands 6:30 p.m. \$7. The Loft, 414 E. Michigan Ave., Lansing. www.theloftlansing.com.

Hittin' Home. With Easy Babies. 7:30 p.m.-Midnight. \$7. Crosby Mint Farm, 1250 East Parks Road, St. Johns. (800) 345-9068 ext.103.

The Aimcriers. A night with three separate shows first acoustic then electric around 9:30 p.m. 8 p.m. FREE. Grand Cafe/Sir Pizza, 201 E. Grand River, Lansing. (517) 484-4825.

Carrie Newcomer. Singer illuminates life with startling depth, humor and clarity. 7:30 p.m. \$20. Center for the Performing Arts, 509 Burcham Drive,

East Lansing. (734) 426-8247. www.stjamesdexter.org.

THEATER

"Around the World in 80 Days." 8 p.m. FREE. (Please See Details June 20)

"You're a Good Man, Charlie Brown." 8 p.m. FREE. (Please See Details June 20)

Folk Tales for Fun. 7 p.m. \$4 pre-school age, \$6. (Please See Details June 22)

Sunday, June 24

CLASSES AND SEMINARS

Lansing Area Codependents Anonymous. Meets on the third floor. 2-3 p.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6300. www.cadl.org.

Overeaters Anonymous. 2 p.m. FREE. Everybody Reads Books and Stuff, 2019 E. Michigan Ave., Lansing. (517) 485-8789.

The Family Show. "Space Chase," for children from preschool through grade 3 and their families. 2:30 p.m. \$3, \$2.50 students & seniors, \$2 kids. Abrams Planetarium, 400 E. Grand River Ave., East Lansing. (517) 355-4672.

EVENTS

Atheists and Humanists Dinner Meeting. Robert Simpson on finds in paleontology of "missing links." 5 p.m. FREE. Great Wall Buffet Restaurant, 4832 W. Saginaw Hwy., Lansing. (517) 914-2278.

Salsa Dancing. DJ Mojito spins salsa, merengue, & Bachata. 7 p.m.-Midnight. \$5 21, \$7 under 21. Fahrenheit Ultra Lounge, 6810 S. Cedar St., Lansing.

Alcoholics Anonymous. Closed meeting for those who desire to stop drinking, with American Sign Language interpretation. 9 a.m. FREE. Alano Club East, 220 S. Howard St., Lansing. (517) 482-8957.

Capital Area Singles Dance. Meet new friends with door prizes. 6-10 p.m. \$8. Eagles, 4700 N. Grand River Ave., Lansing. (517) 819-0405.

East Lansing Farmers Market. Fresh fruits and vegetables, meats, crafts, activities and more. 10 a.m.-2 p.m. FREE. Valley Court Park, 400 Hillside Ct., East Lansing.

Stewardship Work Days. Families with children and community members can volunteer for a couple hours helping keep Fenner beautiful. 9 a.m.-5 p.m. FREE. Fenner Nature Center, 2020 E. Mount Hope Ave., Lansing. (517) 483-4224. fofnc.org.

Sunday Soup. A soup meal plus a vote on the artist proposals. Noon-2 p.m. \$5. Scene MetroSpace, 110 Charles St., East Lansing. (517) 319-6832. www.scene-metospace.com.

See Out on the Town, Page 30

The Book Burrow

Located in the lower level of the Downtown Lansing Library, (401 S. Capitol Ave.)

Thousands of used books, movies, magazines, music and more!

• Flowering Petunias, Pansies and Dianthus

\$6.99 per flat

All other annual flats are \$8.99

• Wild Bird Seed Mix

\$.49 per lb.

• Thistle Seed

\$1.19 per lb.

• Several items of fresh produce picked daily from our field.

(Specific items and quantity may vary)

Lansing Gardens

1434 E. Jolly Road, Lansing | 517.882.3115

Out on the town

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MUSIC

The Forecast. Folk, indie rock music. 6 p.m. \$8 advance, \$10 at door. Mac's Bar, 2700 E. Michigan Ave., Lansing. (517) 484-6795. www.macsbars.com.

THEATER

"You're a Good Man, Charlie Brown." 8 p.m. FREE. (Please See Details June 20)
Folk Tales for Fun. 3 p.m. \$4 pre-school age, \$6. (Please See Details June 22)

Monday, June 25

CLASSES AND SEMINARS

Divorced, Separated, Widowed Conversation Group. For those who have gone through loss of a spouse due to death or divorce and are ready to move on with their lives. 7:30 p.m. FREE. St. David's Episcopal Church, 1519 Elmwood Road, Lansing. (517) 323-2272. www.stdavidslansing.org.

GriefShare Seminar. A DVD series, with small support group discussion. 6:30-8 p.m. FREE. Grace United Methodist, 1900 Boston Blvd., Lansing. (517) 490-3218.

Overeaters Anonymous. 7 p.m. FREE. St. David's Episcopal Church, 1519 Elmwood Road, Lansing. (989) 587-4609. www.stdavidslansing.org.

Chronic Pain Support Group. For those experiencing any level of chronic physical pain. 4-5:30 p.m. FREE. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 372-9163.

EVENTS

Euchre. Play euchre and meet new people. 6-9

p.m. \$1.50. Delta Township Enrichment Center, 4538 Elizabeth Road, Lansing. (517) 484-5600.

Social Bridge. No partner needed. 1-4 p.m. \$1.50. Delta Township Enrichment Center, 4538 Elizabeth Road, Lansing. (517) 484-5600.

Monday Morning Movie. Get your film fix at the library. 10:30 a.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext.4.

Westside Farmers Market. Get fresh produce and more. 4-7 p.m. FREE. 743 N. Martin Luther King Jr. Blvd., Lansing. www.nwlansing.org/wfm.html.

Colonial Village Walking Group. Walks are 30-45 minutes. 10 a.m. FREE. (Please See Details June 21)

Dream Big Storytime. Children, ages 2-6, can enjoy folk tale stories, rhymes and make a craft. 10:30-11:15 a.m. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420. www.elpl.org.

MUSIC

Open-Mic Mondays. Sign up to play solo, duo, with your band. Spoken-Word acts welcome. Drink specials. 6:30-10:30 p.m. FREE. Michigan Brewing Company, 402 Washington Square, Lansing. (517) 977-1349.

LITERATURE AND POETRY

Talk and Signing with Paul Vachon. Author of "Michigan's Upper Peninsula." 7 p.m. FREE. Schuler Books & Music, 1982 Grand River Ave., Okemos. (517) 349-8840. www.schulerbooks.com.

Tuesday, June 26

CLASSES AND SEMINARS

Beginning Yoga Class. 11:30 a.m.-1 p.m. \$10. Center for Yoga, 1780 East Grand River Ave., East Lansing. Contact Carolyn Ojala for details (517) 388-2049.

Schizophrenics Anonymous. A self-help support group for those affected by the disorder. 10 a.m. Room 215-F, Community Mental Health Building, 812 E. Jolly Road, Lansing. (517) 485-3775.

Yoga 40. For those in their 40s, 50s, 60s and beyond. 7:15 p.m. Suggested \$7. Just B Yoga, 106 Island Ave., Lansing. (517) 488-5260.

Take Off Pounds Sensibly. Anyone wanting to lose weight is welcome. 7 p.m. FREE to visit.. Eaton Rapids Medical Center, 1500 S. Main St., Eaton Rapids. Contact Judy at (517) 543-0786.

Schizophrenics Anonymous Self-help Support Group. For persons with schizophrenia and related disorders. 5:30 p.m. FREE. Sparrow Professional Building, 1200 E. Michigan Ave., Lansing. (517) 485-3775.

Seeking Safety. Practice skills and learn about new resources. 1:30-3 p.m. FREE. Justice in Mental Health, 520 Cherry St., Lansing. (517) 887-4586.

Overeaters Anonymous. 7 p.m. FREE. Presbyterian Church of Okemos, 2258 Bennett Road, Okemos. (517) 505-0068.

Intro to Computers. Professionals from Career Quest teach the basics. 2:30-4 p.m. FREE. Capital Area Michigan Works, 2110 S. Cedar St., Lansing. (517) 492-5500.

On the Way To Wellness. Barb Geske provides nutrition and wellness coaching in a positive, informative format. 9:30 a.m. and 5:30 p.m. \$10. Presbyterian Church of Okemos, 2258 Bennett Road, Okemos. (517) 349-9536.

Computer Class. Learn Excel. 7 p.m. FREE. Community of Christ, 1514 W. Miller Road, Lansing. (517) 882-3122.

Speakeasies Toastmasters. Become a better speaker. 12:05-1 p.m. FREE. Ingham County Human Services Bldg., 5303 S. Cedar St., Lansing. 1926.

toastmastersclubs.org.

Summer Tutoring. For students, grades K-6. An informal group tutoring from high school and college volunteers. 10:30 a.m.-Noon, FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420.

E-Reader User Group. Learn how to download library books to your Kindle, Nook, iPad, etc. 6:30 p.m. FREE. Dewitt District Library, 13101 Schavey Road, DeWitt. (517) 669-3156. www.dewittlibrary.org.

EVENTS

Compassionate Friends. For grieving parents who have lost a child of any age. 7:30-9:30 p.m. FREE. Salvation Army Community Center, 701 W. Jolly Road, Lansing. (517) 351-6480.

Mid-day Movies. Watch recent releases on the big screen. 2 p.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6363. www.cadl.org.

Game On. Play a variety of board and video games. 3-5 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 x3.

Morning Storytime. All ages welcome for stories, songs, rhymes and fun. 10:30 a.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014.

Kids Time: Ages 5-11. Help eastside youth to grow food, develop leadership and life skills. 4:30-5:30 p.m. FREE. Hunter Park Community GardenHouse, 1400 block of E. Kalamazoo St., Lansing. (517) 999-3910.

Storytime. Stories, rhymes, songs and a craft for ages 2-5. 10:30-11:15 a.m. & 6:30-7:15 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420.

Lansing Walkability Audit. Need volunteers. 5:30-8 p.m. FREE. Grace United Methodist, 1900 Boston Blvd., Lansing. (517) 292-3078.

Tuesday at the Park. Join for stories, songs, and more. Bring a blanket and picnic lunch. 1 p.m. FREE. Couzens Park, Webster Road, Bath. (517) 669-3156. www.dewittlibrary.org.

Colonial Village Walking Group. 7 p.m. FREE. (Please See Details June 21)

Grand River Connection Networking. MSUFCU will provide complimentary appetizers and an open bar. 6-8 p.m. FREE. MSU Federal Credit Union, 3777 West Road, East Lansing. (517) 485-3963. www.grandriverconnection.com.

Stories in the Garden. Teen volunteers read stories to children in this beautiful outdoor setting. 10-11:30 a.m. FREE. MSU 4-H Children's Garden, MSU Campus, East Lansing. www.elpl.org.

MUSIC

Jazz Wednesdays. Featuring the Jeff Shoup Trio. 7-10 p.m. FREE. Gracies Place, 151 S. Putnam, Williamston. (517) 655-1100.

Eastwood Summer Music Series. Outdoor family friendly concert. With Kitty Hawk. 6-8 p.m. FREE. Eastwood Towne Center, 3000 Preyde Blvd. Lansing. (517) 316-9209.

Trevor Compton. Variety. 6-10 p.m. FREE. Reno's East, 1310 Abbot Road, East Lansing. (517) 351-7366.

LITERATURE AND POETRY

Tuesday Morning Book Club. Discuss Emma Donoghue's "Room." 10:15-11:30 a.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4. www.dtdl.org.

Wednesday, June 27

CLASSES AND SEMINARS

Meditation. For beginners and experienced. 7-9

Out on the town

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p.m. FREE. Vietnamese Buddhist Temple, 3015 S. Washington Square, Lansing. (517) 351-5866.

Community Yoga. Power yoga class. 6:30-8 p.m. FREE. Just B Yoga, 106 Island Ave., Lansing. (517) 488-5260.

Grande Paraders Square Dance Club. Modern Western-style square dancing. Casual attire. 6:30 p.m. \$3 members; \$4. Lions Community Park, 204 W. Jefferson St., Dimondale. (517) 694-0087.

Gluten Free Diets. On gluten free diets, get recipes and find out about local resources. 6:30-7:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4. www.dtdl.org.

LGBTQI Affirming Bible Study. Why do Christians sometimes interpret the Bible in ways that marginalize LGBTQ people? 6-7 p.m. FREE. Pilgrim Congregational United Church of Christ, 125 S. Pennsylvania Ave., Lansing. (517) 484-7434.

EVENTS

Overeaters Anonymous. 7 p.m. FREE. Grand Ledge Baptist Church, 1120 W. Willow Hwy., Grand Ledge. (517) 256-6954.

Practice Your English. Speaking and listening to English in a friendly, relaxing atmosphere. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420.

Youth Service Corps. East side youth grow food, and develop leadership skills. Ages 11-17. 3:30-5:30 p.m. FREE. Hunter Park Community Garden House, 1400 block of E. Kalamazoo St., Lansing. (517) 999-3910.

Lansing Walkability Audit. Need volunteers. 3-5 p.m. FREE. Allen Neighborhood Center, 1619 E Kalamazoo St., Lansing. (517) 292-3078.

Allen Street Farmers Market. Fresh fruits and vegetables, meats, crafts, activities and more. 2:30-7 p.m. FREE. Allen Neighborhood Center, 1619 E Kalamazoo St., Lansing. (517) 485-4279. www.allenneighborhoodcenter.org.

Colonial Village Walking Group. 10 a.m. FREE. (Please See Details June 21)

Read to the Dogs. Children, ages 5 and up, can sign up to read to a therapy dog. 11 a.m.-Noon. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420.

MUSIC

Jazz Wednesdays. Featuring the Jeff Shoup Trio. 7-10 p.m. FREE. Gracies Place, 151 S. Putnam, Williamston. (517) 655-1100.

Concert in the Park. Summer music series, with

exciting new performers, lawn seating. 7 p.m. FREE. St. Johns City Park, located off Morton and Park Streets, St. Johns. (989) 224-8944.

BackStage Pass Concert. With Howling Diablos rocking, funky, blues-jam style. 7 p.m. FREE. Hannah Community Center, 819 Abbot Road, East Lansing. www.wkar.org.

Layers: LCC Faculty Jazz Quartet. Featuring Dennis Therrian, Jon Gewirtz, Ed Fedewa and Mike Daniels. 7 p.m. FREE. LCC Outdoor Amphitheatre, N. Washington behind Dart Auditorium, Lansing. www.lcc.edu/cma/events/.

Nick Chase. Karaoke. 8 p.m.-Midnight. FREE. Leo's Spirits & Grub, 2085 W. Grand River Ave., Okemos. (517) 349-1100.

Karaoke by Ryan. 9 p.m.-1 a.m. FREE. Leo's Outpost, 600 S. Pennsylvania Ave., Lansing. (517) 367-7755.

Trevor Compton. Live music, variety. 7-11 p.m. FREE. Mark's Watershed, 5965 Marsh Road, Haslett. (517) 999-7433.

Mike Vial. Live music, variety. 6-10 p.m. FREE. Blue Gill Grill, 1591 Lake Lansing Road, Haslett. (517) 339-4900.

Mike Cooley. Live music, variety. 6-10 p.m. FREE. Reno's West, 5001 W. Saginaw Hwy., Lansing. (517) 321-0616.

Don Middlebrook. Variety. 6-10 p.m. FREE. Reno's East, 1310 Abbot Road, East Lansing. (517) 351-7366.

THEATER

"Wicked." Stephen Schwartz's musical relates how the friendship of the "wicked" witch Elphaba and "good" witch Glinda shaped the history of Oz before Dorothy came to town. 7:30 p.m. From \$38. Wharton Center, MSU Campus, East Lansing. (800) WHARTON. www.whartoncenter.com.

LITERATURE AND POETRY

Baby Time. Books and songs for ages 2 years and younger, with a parent/caregiver. 10:30 a.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 x3.

Lansing Area Science Fiction Association Meeting. New location. Informal dinner and lively conversation every week. 7 p.m. FREE. Buddies Grill, 2040 Aurelius Road, #13, Holt. (517) 402-4481.

Tween Book Club. Ages 9-12. Read and discuss Jody Feldman's "The Gollywopper Games." 1-2 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 3. www.dtdl.org.

The Out of this World Book Club. Discuss "Day of the Triffids," by John Wyndham. 7-8:30 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420. www.elpl.org.

Free Will Astrology

By Rob Breznsny

June 20-26

ARIES (March 21-April 19): Swans, geese, and ducks molt all their flight feathers at once, which means they may be unable to fly for several weeks afterwards. We humans don't do anything like that in a literal way, but we have a psychological analog: times when we shed outworn self-images. I suspect you're coming up on such a transition, Aries. While you're going through it, you may want to lie low. Anything resembling flight — launching new ventures, making big decisions, embarking on great adventures — should probably be postponed until the metamorphosis is complete and your feathers grow back.

TAURUS (April 20-May 20): In 2011 car traffic began flowing across Jiaozhou Bay Bridge, a newly completed span that joins the city of Qingdao with the Huangdao District in China. This prodigious feat of engineering is 26.4 miles long. I nominate it to serve as your prime metaphor in the coming weeks. Picture it whenever you need a boost as you work to connect previously unlinked elements in your life. It may help inspire you to master the gritty details that'll lead to your own monumental accomplishment.

GEMINI (May 21-June 20): An apple starts growing on its tree in the spring. By early summer, it may be full size and as red as it will ever be. To the naked eye, it appears ready to eat. But it's not. If you pluck it and bite into it, the taste probably won't appeal to you. If you pluck it and hope it will be more delicious in a few weeks, you'll be disappointed. So here's the moral of the story, Gemini: For an apple to achieve its potential, it has to stay on the tree until nature has finished ripening it. Keep that lesson in mind as you deal with the urge to harvest something before it has reached its prime.

CANCER (June 21-July 22): "Dear Rob: In one of your recent horoscopes, you implied that I should consider the possibility of asking for more than I've ever asked for before. You didn't actually use those words, but I'm pretty sure that's what you meant. Anyway, I want to thank you! It helped me start working up the courage to burst out of my protective and imprisoning little shell. Today I gave myself permission to learn the unknowable, figure out the inscrutable, and dream the inconceivable. - Crazy Crab." Dear Crazy: You're leading the way for your fellow Cancerians. The process you just described is exactly what I advise them to try in the coming weeks.

LEO (July 23-Aug. 22): Picture yourself moving toward a building you haven't seen before. Trust the initial image that leaps into your imagination. What type of path are you on? Concrete or dirt or brick or wood? Is it a long, winding way or short and direct? Once you arrive at the front door, locate the key. Is it under a mat or in your pocket or somewhere else? What does the key look like? Next, open the door and go inside to explore. Where have you arrived? See everything in detail. This is a test that has no right or wrong answers, Leo — similar to what your life is actually bringing you right now. The building you've envisioned represents the next phase of your destiny. The path symbolizes how you get here. The key is the capacity or knowledge you will need.

VIRGO (Aug. 23-Sept. 22): My first poetry teacher suggested that it was my job as a poet to learn the names of things in the natural world. She said I should be able to identify at least 25 species of trees, 25 flowers, 25 herbs, 25 birds, and eight clouds. I have unfortunately fallen short in living up to that very modest goal, and I've always felt guilty about it. But it's never too late to begin, right? In the coming weeks, I vow to correct for my dereliction of duty. I urge you to follow my lead, Virgo. Is there any soul work that you have been neglecting? Is there any part of your life's mission that you have skipped over? Now would be an excellent time to catch up.

LIBRA (Sept. 23-Oct. 22): Here's my nomination for one of the Ten Biggest Problems in the World: our refusal to control the pictures and thoughts that pop into our minds. For example, I can personally testify that when a fearful image worms its way into the space behind my eyes, I sometimes let it stimulate a surge of negative emotions rather than just banish it or question whether it's true. I'm calling this is to your attention, Libra, because in the weeks ahead you'll have more power than usual to modulate your stream of consciousness. Have you ever seen the bumper sticker that says, "Don't believe everything you think"? Make that your mantra.

SCORPIO (Oct. 23-Nov. 21): In the hands of a skilled practitioner, astrology can help you determine the most favorable days to start a new project or heat up your romantic possibilities or get a tattoo of a ninja mermaid. Success is of course still quite feasible at other times, but you might find most grace and ease if you align yourself with the cosmic flow. Let's consider, for example, the issue of you taking a vacation. According to my understanding, if you do it between now and July 23, the experiences you have will free your ass, and — hallelujah! — your mind will then gratefully follow. If you schedule your getaway for another time, you could still free your ass, but may have to toil more intensely to get your mind to join the fun.

SAGITTARIUS (Nov. 22-Dec. 21): What is your most hateable and loveable obsession, Sagittarius? The compulsion that sometimes sabotages you and sometimes inspires you? The longing that can either fool you or make you smarter? Whatever it is, I suspect it's beginning a transformation. Is there anything you can do to ensure that the changes it undergoes will lead you away from the hateable consequences and closer to the loveable stuff? I think there's a lot you can do. For starters: Do a ritual — yes, an actual ceremony — in which you affirm your intention that your obsession will forever after serve your highest good and brightest integrity.

CAPRICORN (Dec. 22-Jan. 19): As someone who thrives on simple organic food and doesn't enjoy shopping, I would not normally have lunch at a hot dog stand in a suburban mall. But that's what I did today. Nor do I customarily read books by writers whose philosophy repels me, and yet recently I have found myself skimming through Ayn Rand's *The Virtue of Selfishness*. I've been enjoying these acts of rebellion. They're not directed at the targets that I usually revolt against, but rather at my own habits and comforts. I suggest you enjoy similar insurrections in the coming week, Capricorn. Rise up and overthrow your attachment to boring familiarity.

AQUARIUS (Jan. 20-Feb. 18): The ancient Chinese book of divination known as the *I Ching* speaks of "catching things before they exit the gate of change." That's what happens when a martial artist anticipates an assailant's movement before it happens, or when a healer corrects an imbalance in someone's body before it becomes a full-blown symptom or illness. I see this as an important principle for you right now, Aquarius. It's a favorable time to catch potential disturbances prior to the time they exit the gate of change. If you're alert for pre-beginnings, you should be able to neutralize or transform brewing problems so they never become problems.

PISCES (Feb. 19-March 20): Neurophysiologists say that singing really loudly can flush away metabolic waste from your cerebrum. I say that singing really loudly can help purge your soul of any tendency it might have to ignore its deepest promptings. I bring these ideas to your attention, Pisces, because I believe the current astrological omens are suggesting that you do some really loud singing. Washing the dirt and debris out of your brain will do wonders for your mental hygiene. And your soul could use a boost as it ramps up its wild power to pursue its most important dreams.

SUDOKU SOLUTION

From Pg. 28

9	1	3	7	2	8	4	6	5
5	4	6	1	9	3	8	2	7
7	2	8	4	6	5	9	3	1
1	3	5	8	7	6	2	9	4
6	7	2	5	4	9	1	8	3
4	8	9	3	1	2	7	5	6
2	9	4	6	3	1	5	7	8
3	5	7	2	8	4	6	1	9
8	6	1	9	5	7	3	4	2

CROSSWORD SOLUTION

From Pg. 24

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Joe Torok/City Pulse

A bright yellow and glowing green exterior make Palace of Jamaica easy to spot.

Do the jerk (chicken, that is)

Palace of Jamaica's atmosphere is far from regal

By JOE TOROK

With its bright yellow, green and black exterior, the Palace of Jamaica — on the south end of the Washington Square downtown business district — is difficult to miss.

If the vibrant hues don't catch your eye, perhaps the denizens of the liquor store next door will. When we pulled up, a disgruntled customer promised arson the next time he was treated so shabbily. One doesn't expect that kind of energetic exchange a few blocks north, at least not until last call.

The colors of the Jamaican flag beckon diners, and I came prepared. Before dining, I chatted up a friend who was born and lived in Jamaica for a time. She told me about the ins and outs of Jamaican cuisine, and, a few months prior, even brought me the national dish, ackee and saltfish — an acquired taste.

We went for lunch, but missed the lunch menu (which is essentially slightly smaller portions for a few items) by the time we arrived, just before 2 p.m. I still went with the oxtail, although begrudgingly — the dish cost \$11. Why so much, I wondered. Palace of Jamaica isn't full service, and, in fact, it advertises itself as takeout. By the time I realized the garbage smell that kept wafting through the air was from an unemptied can a few feet away inside the little restaurant, I wish I had taken the menu's advice to ask for my meal to go.

As we sat waiting for our meals, I took stock of the environment. Posters of Bob

Marley, Barack Obama and other inspirational leaders filled the wall. Dirty bamboo place mats attempted to further the tropical décor. A stack of CDs sat near a stereo in the front window, inviting anyone who enjoys lyrics that would make you grandmother blush.

The owner and cook took our order and answered questions like, “what is escoviteched (sic) fish?” with vague responses like, “it's the way it's cooked.” We wanted to try the escoviteched fish but passed for two reasons: It would take around an hour to cook, and there was a mysterious question mark residing where the price of the dish should have appeared.

In any event, the oxtail was tasty. The little star-shaped bones of the meat are not something you'll experience at many restaurants in town, and the meat, though a bit fatty (and therefore delicious) and hard to extract from the nooks of the bone, is covered with what seemed to me to be a mild kind of barbecue.

The jerk chicken was even better. Real pieces of chicken are covered with a jerk sauce we were warned was spicy. It did have mild heat, but the flavors, a mixture of spices without any one dominating the others, are what made the dish.

The sides for our meals were the same. Mixed vegetables — cauliflower, broccoli,

Palace of Jamaica

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D, TO, P, \$\$\$

FIRST
IMPRESSIONS



Review

foodfinder

Food Finder listings are rotated each week based on space. If you have an update for the listings, please e-mail food@lansingcitypulse.com.

CAFES & DINERS

GONE WIRED CAFE — This popular hangout and study spot serves more than coffee — beer was recently added. Hungry java junkies can also grab a quesadilla, salad or other menu items. 2021 E. Michigan Ave., Lansing. 9 a.m.–midnight Sunday–Thursday, 9 a.m.–7 p.m. Friday and Saturday. (517) 853-0550. TO, P, Wi-Fi, \$

GRAND TRAVERSE PIE CO. — This bakery, cafe and catering company is known for its pies, including fruit and cream pies, potpies and quiches. The menu also

includes sandwiches, salads and grab-and-go dinner items. 3536 Meridian Crossing Drive, Okemos. 6:30 a.m.–8:30 p.m. Monday–Friday, 8 a.m.–8:30 p.m. Saturday, 10 a.m.–6 p.m. Sunday. (517) 381-7437. www.gtpie.com. D, TO, P, OM, WIFI, \$. Other locations at 1403 E. Grand River Ave., East Lansing. 6:30 a.m.–10 p.m. Monday–Saturday, 7 a.m.–10 p.m. Sunday. (517) 203-3304. D, TO, P, OM, WIFI \$. Also at 200 S. Washington Square, Lansing. 6:30 a.m.–7 p.m. Monday–Friday, 7 a.m.–6 p.m. Saturday, and 9 a.m.–4 p.m. Sunday. (517) 316-0900. D, TO, P, OM, WIFI, \$

HOBIE'S — Hearty soups, subs stacked high with meats and toppings and much more are served cafeteria-style in this restaurant laden with sports memorabilia. 930 Trowbridge Road, East Lansing. 10:30 a.m.–8 p.m. Monday–Friday, 11 a.m.–8 p.m. Saturday, closed Sunday. (517) 351-3800. www.hobies-restaurant.com. OM, TO, Wi-Fi, WB, \$

JACKIE'S DINER — This southside diner's biggest draw is its breakfast special (\$3.99 before 11 a.m., Monday–Friday, except holidays). 3812 S. Martin Luther King Jr. Blvd. 7 a.m.–3 p.m. daily. (517) 393-1240. Second loca-

tion at 4421 W. Saginaw Hwy. 7 a.m.–8 p.m. Sunday–Thursday, 7 a.m.–9 p.m. Friday and Saturday. Breakfast buffet Saturday and Sunday only. (517) 323-6512. TO, \$

JERUSALEM BAKERY & MORE — Some of the tastiest hummus you'll find in the area awaits you at this grocery store with a Mediterranean cafe twist. Baked kibbee, shwarma, falafel and much more are cooked fresh; don't miss the hummus, tabouli and pillow-soft pita bread. 1456 E. Michigan Ave. 9 a.m.–8 p.m. Monday–Saturday. (517) 485-9975. jerusalem-pita.com. TO, OM, \$

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Palace

from page 34

carrots — looked and tasted like they were cooked fresh out of a bag. Conspicuous in their tastelessness, aside from a decent texture from not having been overcooked, there was absolutely nothing to them.

The dish came with a mixture of rice and beans, too. Like the vegetables, the rice and beans didn't have a whole lot going for them, although when the meat was gone, the rice did provide a nice way to gather up all the leftover sauce.

I was thrilled when we saw that plantains would be a side as well. I fry them at home often, and enjoy the subtle sweetness they give to a meal. Ours were a little overcooked and didn't look like much in a small dark-brown-to-black pile, but they still imparted a touch of sweetness, which is all I could really ask for. Besides, there aren't many places in town that will serve fried plantains next to oxtail.

My Jamaican friend advised I try a soda or two with my meal. While my companion was happy with her grapefruit soda, I was equally satisfied with my ginger beer. The ginger beer (very much not like ginger ale) has a floral scent and flavor, out of which ginger rises to the forefront. Again, when compared to the three or four typical soda options at most restaurants, these

soft drinks were a nice surprise. If I go back to the Palace of Jamaica, I'll certainly do takeout: The salvage-yard-waiting-room ambiance, complete with the heavy-duty black rental rugs and ill-fitting makeshift door to the backroom, just couldn't be saved by a couple posters of Bob Marley. And the sticker shock of a nearly \$30 bill gave me reason to think next time it has to be lunch.

But, hey, when there are plantains and oxtail on the menu, you already have me halfway hooked. Maybe next time I'll order ahead for the escoveitched fish or the goat curry — and perhaps enjoy my meal in a nearby park.

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July 26 - Delilah DeWyld and the Lost Boys play rockabilly, honkytonk blues, and surf tunes; retro but not cliché; also featured on "Backstage Pass."

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