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**Andrew Sandstedt** 

Bad Annie's



I'm not an expert on women. I'm not even an expert on men. What I do know is that men have seemingly no intention of accepting the fact that we've maintained a level of patriarchy that has without doubt created inequality, injustice, and trauma.

It is not inherently a man's place to be at the head of the household, or the head of anything at all. From my perspective, one can only be the head of anything if they are qualified to do so. In any given scenario, a woman can do anything a man can do. The question is, who can do it better. For much of history, women have not been given the same opportunity.

Men have consistently held and reserved space in all aspects of our modern society. In moments that women contributed to important causes, they have been denied credit, even erased from history. Women have been sacrificed at the behest of powerful men. Women have been persecuted for not accepting less than their worth.

Today, men are claiming to be the victims now that the fight for equality is front and center. Somehow, men think it's emasculating not to be able to tell tasteless jokes, or not be able to sexualize a woman, or even because a woman might make more money than a man. Honestly, it's primal and infantile.

I've heard it said out loud by conservative talking heads that that men are not supposed to walk around wearing our emotions on our sleeves, that stoicism is dead, that men are supposed to carry the burdens of life and provide for our families. And that, I think, is where we have gone wrong. There is something to be said for expressing your feelings, not bottling up your emotions, and asking for help when you need it. Machismo is, frankly, unattractive. It is why women don't want to ride in an elevator alone with a strange man. It is why women don't trust an empty parking garage when they simply want to walk to their car and drive home.

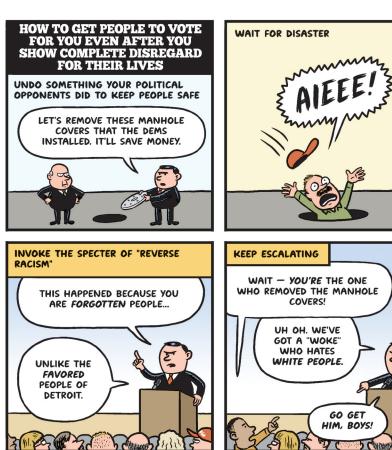
We are not living in an idealistic society; it is more dystopian. And it because we've accepted that "boys will be boys" for far too long. We've excused the likes of the Brock Turners of the world with a light sentence for raping a woman and leaving her by a dumpster, and the judge proclaiming that he was giving a lighter sentence because he's a promising athlete and doesn't want to ruin his life, and devaluing the woman at the same time, as if somehow her life isn't already ruined.

Men just plain old need to do better. It's women's history month. And for the sake of humanity, I implore men to do some introspection and ask yourself if you can be a better person. Try to understand what makes sexist jokes harmful. Why is it okay for men to make more money for the same work? Why do women not trust men alone in a dark space? We are too far removed from the days of brute strength being the reason we get what we want. It would be much more becoming if we were looked to for support because we are willing and able to accept that our opinions are not expected to be the only ones heard without pounding our chests and demanding our way, and/or paying for and getting what we want at the expense of women. Our dignity is not in tact if we aren't in earnest — none of our dignity is in tact.

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Beat the egg shortage with this cheap, plant-based

Cover image: Lansing State Journal advertisement from 1962

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IT HASN'T EVEN BEEN A YEAR SINCE DOBBS, AND REPRODUCTIVE RIGHTS HAVE ALREADY BEEN DECI-MATED IN MANY STATES. "PRO-LIFE" POLITICIANS IN SOUTH CARO-LINA WANT TO MAKE ABORTION PUNISHABLE BY **DEATH**.



PRIVATE TEXTS SHOW THAT FOX NEWS HOSTS **KNEW** THEY WERE TO THEIR AUDIENCE ABOUT LYING THE INSURRECTION, KEVIN MCCARTHY HAS NONETHELESS RELEASED 41,000 HOURS OF JANUARY 6TH FOOTAGE EXCLUSIVELY TO TUCKER CARLSON



IN FLORIDA, THEY'RE BANNING BOOKS AND TRYING TO ERASE AFRICAN AMERICAN HISTORY, TRANS PEOPLE ARE UNDER CONSTANT ATTACK EVERY-WHERE, AND IN IDAHO, SOME CHUCKLEHEAD LEGISLATORS WANT TO MAKE IT ILLEGAL TO ADMINISTER mRNA VACCINES!



MEANWHILE, MARJORIE TAYLOR GREENE IS OPENLY CALLING FOR THE DIS-SOLUTION OF THE UNITED STATES OF AMERICA. AND WE'RE STILL WAITING FOR DONALD TRUMP TO FACE THE SLIGHTEST CONSEQUENCE FOR AT-TEMPTING TO INCITE A LITERAL COUP.



by TOM TOMORROW





# Halt the Slotkin coronation if Rogers gets in U.S. Senate race

Back in 2018, then-congressional candidate Elissa Slotkin hammered U.S. Rep. Mike Bishop on being invis-

ible in mid-Michigan. To her, it wasn't a partisan thing. It was a being-present thing.

In one podcast with now-MSU Trustee Dennis Denno and political pundit Bill Ballenger, Slotkin said that if former U.S. Rep. Mike Rogers



**Opinion** 

were still in office, she wouldn't have

run. The former CIA analyst not only respected Rogers' background with the FBI, she appreciated how engaged the Livingston County politician stayed with Lansing.

Fast-forward to today.

The seas are parting for Slotkin to be anointed the successor to retiring U.S. Sen. Debbie Stabenow. Democrats are ditching the idea of running against her left and right. No Republican of any financial or political prominence is stepping up. The only Democrat to not have

ruled out a race who has any national fundraising apparatus is Secretary of State Jocelyn Benson, who raised half as much dough in her statewide race last year as Slotkin raised for one congressional race.

Prominent African American author and TV actor Hill Harper is 50/50 on a U.S. Senate bid at this point. He's worth \$15 million, according to one report, and has connections all over the place.

Still, it's been 30 years since the Democratic Party has had a competitive primary for the U.S. Senate nomination. Both Stabenow and U.S. Sen. Gary Peters won their nominations unopposed. The Democratic Party powers-at-be don't like expensive primaries. They drain resources and batter the eventual nominee before a general election.

The Dems like to back the same horse. And then that horse wins.

In 15 of the last 16 U.S. Senate elections in Michigan, the Democratic nominee has won. The one race

See Melinn, Page 10

# Ingham County's new health chief brings a global background

Adenike Shoyinka decided to become a medical doctor so she could follow in her relatives' footsteps.

"I had a few people in my family who were physicians, and I liked what they did, they inspired me to study medicine," Shovinka said. "It was something that I was just drawn to. I really love it."

She also was drawn to public health. Two weeks ago, she took over from Linda Vail as Ingham County's medical health officer. As the leader of the county's Health Department, she oversees a \$50 million annual budget, nearly 400 employees and a network of health centers.

"I did a lot of clinical practice for many years in infectious diseases and internal medicine," Shoyinka, 47, said.

"The opportunity to be able to talk to the patient one-on-one and treat them one-on-one is very satisfying and is important work," she said about being a doctor in general.

"But being able to do it on a population-wide level is even more so, because you can treat people earlier and prevent disease in people much earlier."

"I always had a big interest in how public health intersects with clinical medicine," she added. "Some of that might have been as a result of having a broad overview of global health."

That global view comes naturally. A native of Nigeria, she has worked in Ethiopia, South Africa and several places in

earned her medical degree in Nigeria, trained in internal medicine at Harlem Hospital at Columbia University and completed an infectious disease fellowship at Wayne State University/Henry Ford Health System. She completed a preventive medicine residency and holds a master's degree from the School of Public Health at the University of Michigan.

the United States. She

As the Health Department's medical director since 2019, Shoyinka's background in infectious disease helped her and Vail deal with

COVID-19 when the pandemic struck in 2020.

Shoyinka said Vail "realized early realized early on is how important keeping the population of the community informed is as a part of our response. And that didn't happen everywhere. She did a really good job with that. I with the rest of my team are committed to continuing the practice of keeping our community informed" as well.

As the U.S. prepares to end the coro-



Todd Heywood/City Pulse

Ingham County's new medical health officer, Dr. Adenike Shovinka, has long been drawn to public health.

infections decline among other age groups, the elderly remain particularly vulnerable - perhaps as a result of fewer precautions by younger people.

gham County by 18% in

the previous two weeks,

the Times reported. The

Times also found that as

"Making sure resources are available and that the populations that we're talking about are aware of how to access them" is paramount, Shoyinka said.

"If an elderly person is vaccinated, they are less likely to get really sick and be hospitalized," she said.

Another tool is treatment within the first few days of illness, which reduces the severity and chances of being hospitalized, she said.

"These are key ways of protecting them so that they can function in society, unless you put them in a bubble and keep them at home," she said, adding:

"The average elderly person has multiple chronic medical problems, even if it's just reduced mobility. Maybe they're just slower, having a little bit of arthritis. So they need to be out and moving. They need to be interacting in the community. They need to go out for their doctor appointments."

Shoyinka's priorities include working to limit not just COVID but a host of conditions, such as influenza, respiratory, enterovirus, rhinovirus, respiratory syncytial virus and HIV. She also hopes to strengthen the existing public health workforce and rebuild programs such immunizations, and WIC, which helps provide nutrition to women, infants and children.

"We have our HIV/STI clinics, where we screen and treat for sexually transmitted infections, HIV and provide prevention, resources, tools, resources, information for the community at large," she said.

She said it's important to look at substance use disorder, not just in terms of addiction but also other complications including consequent infections and of course all the social implications. She re-

## City cracks down on red-tagged properties; some residents ordered out

In a sweep of 47 red-tagged properties in the city's 1st Ward, Lansing code officials and law enforcement have identified 13 red-tagged properties where people were living in violation of the housing code.

The city began the crackdown last week on houses considered too unsafe to be inhabited. City code compliance officers and Lansing Police Department officials visited the red-tagged homes. The City Attorney's Office directed them to notify anyone living in a hazardous property to vacate. Police were directed to initiate criminal investigations on both property owners and people living in the properties.

Property owners who allowed people to live in the dangerous buildings could face a misdemeanor charge that, if convicted, could land them in jail for 93 days and hit them with up to \$500 in fines. Individuals living in a red-tagged property could also face the same charge under Lansing's housing ordinance.

The move comes after 1st Ward Councilman Ryan Kost said he had identified 47 red-tagged properties with evidence of people living in them. That evidence, he said, included lights on in the property.

City officials used a map of the redtagged properties Kost had created as the basis for their sweep, city spokesperson Scott Bean said.

During last week's sweep, city officials also used similar indicators to determine if a place was illegally inhabited. Their sweep also found four properties that were removed from the list because the property owner had addressed the hazardous issues. In another property, city officials worked with the resident to get water service restored to the home. Once that was done, the red tag was removed.

In one instance, a stand-along garage had been rag-tagged, not the residence. Bean said the garage was originally tagged and the property owner was sent a letter about the dangerous condition of the garage. He acknowledged that which building was tagged should be available in the city's public property records, which it was not.

"It should be noted on the BS&A,"

#### NOTICE OF PUBLIC HEARINGS EAST LANSING CITY COUNCIL

Notice is hereby given of the following public hearings to be held by the East Lansing City Council on Tuesday, March 21, 2023 at 7:00 p.m. at the East Lansing Hannah Community Center, 819 Abbot Road, East Lansing, MI, 48823.

- Consideration of a Site Plan application from FP Investors, LLC for the property commonly known as Falcon Pointe (Parcel ID #19-20-50-36-200-029), to construct four, three-unit dwellings on the east side of Thoroughbred Lane, west of Halter Lane. The subject property is zoned R-2 (Medium Density Single-family Residential).
- 2. Consideration of a Site Plan application from Gentilozzi Real Estate to construct a 23,040 square foot industrial building at 3400 West Road (Parcel ID #33-20-01-02-226-021). The property is zoned M (Manufacturing).

The public may attend and participate at all meetings in person. Members of the public may also participate virtually via Zoom. Please contact City Clerk Marie E. Wicks at 517.319.6914, mwicks@cityofeastlansing.com, (410 Abbot Road, East Lansing, MI 48823) for additional information. Visit the City's public meeting portal at https://cityofeastlansing.civicweb.net/Portal/ for electronic access information.

Materials related to the request are available for viewing at the Department of Planning, Building, and Development, East Lansing City Hall, 410 Abbot Road, East Lansing, MI, 48823 between the hours of 8:00 am and 5:00 pm or on the City's website located at www.cityofeastlansing.com/currentapplications. Written comments may be sent prior to the public hearing to City Council, City of East Lansing, 410 Abbot Road, East Lansing, Michigan, 48823, or by email to council@cityofeastlansing.com

The City of East Lansing will provide reasonable auxiliary aids and services, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at the meeting, to individuals with disabilities upon request received by the City seven (7) calendar days prior to the meeting. Individuals with disabilities requiring aids or services must contact the City Manager's Office, 410 Abbot Road, East Lansing, MI, 48823, (517) 319-6920 (TDD Number: 1-800-649-3777) or via email at nmostel@cityofeastlansing.com.

This notice is posted in compliance with P.A. 267 of 1976 as amended (Open Meetings Act) and the Americans with Disabilities Act (ADA) and published in compliance with the Michigan Zoning Enabling Act, 2006 P.A. 110.

Marie E. Wicks City Clerk

CP#23-051

he wrote in response to an inquiry. "The BS&A information should reflect whether a housing unit or an accessory building is tagged, so the answer is yes, the information shown on BS&A should reflect this, and we'll talk to code and work to make it is noted there moving forward."

In addition to identifying illegally inhabited red tags, the city officials also took additional actions on red-tagged property.

"They retagged any property where a red tag was illegally removed and talked to residents or left behind information," Bean said. "In some cases, it was a matter of scheduling follow-up inspections to check that work was done and the house was brought back up to code. Either way, all residents are being informed of their rights and given information on the process. We will work with the City Attorney's office on the next steps and keep Human Relations and Community Services staff looped in on any future decisions with these dwellings."

Kost said he is "glad" the administration is taking the situation seriously but questioned the accuracy of the numbers.

"I don't believe that number is accurate," he said, adding he had spoken with Barb Kimmel, the interim director of the Planning and Development Department, which oversees code compliance. He said she had told him some of the properties he'd identified were not included in the city's sweep.

"At the end of the day, one occupied red tag is too many," Kost said.

He said that his list, including the map he made, was based on data compiled on Jan. 18 and sent to him by Council President Carol Wood on Jan. 23. Bean said it was unclear how old the list provided to Kost was, but he noted, "The status of red-tagged properties changes practically every day."

City Pulse first reported on the issue on Feb. 9. In that story, the plight of Madi Mahamet Ibrahim was highlighted. He lives at 1135 Farrand St., which he rented for nearly two years before signing a land contract to purchase the



Todd Heywood/City Pulse

The city has ordered the residents of this house on Farrand Street in south Lansing, a family with six children, to vacate because the property is deemed unfair to occupy.

home. Neither he nor property owner Zaheih Atrash and his property manager, Mohammad Abduljaber, were aware the property was red-tagged, they said. They had filed for permits for upgrading both the mechanical and electrical in the home on Jan. 17.

But the red tag — first issued in 2017 — was not there when city officials visited last week. The property was retagged and Ibrahim, his wife and six children were notified they could not remain in the residence. They were provided information and referrals to services to assist them in finding housing while the necessary repairs are done. The same assistance is being offered to all residents who must vacate, Bean said.

On Feb. 16, Lansing City Attorney Jim Smiertka confirmed a crackdown on occupied red-tagged housing was coming. He noted that in Ibrahim's case, while there was a land contract until it was paid off, Zaheih was the legal property owner and could face criminal prosecution under the housing code.

#### - TODD HEYWOOD

**STATE OF MICHIGAN INGHAM COUNTY PROBATE COURT. NOTICE TO CREDITORS. Decedent's Estate.** Case No. 23-33-DE. Estate of Kristin Karen Anderson. Date of birth: 01/11/1954. **TO ALL CREDITORS: NOTICE TO CREDITORS:** The decedent, Kristin Karen Anderson, died 11/22/2022. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Sharlene 'Sherry' DeBoer, personal representative, or to both the probate court at 313 W. Kalamazoo St, Lansing MI 48933 and the personal representative within 4 months after the date of publication of this notice 03/01/2023 Sharlene DeBoer 1460 Eastlake Dr. Chaska, MN 55318





Ana Elizalde, 51, of Lansing, won \$1 million from a Powerball ticket purchased at Sav-Way Food Center on West Michigan Avenue. She plans to use the winnings from the Feb. 6 drawing for bills and her children's education and save the rest. "Me and my husband buy a Powerball ticket for every drawing, and we always knew we would win big," she said.

The first of five MSU students hospitalized after the Feb. 13 mass shooting has been discharged, while efforts continue to raise money for those still recovering. Troy Forbush spent 10 days at Sparrow Hospital, including a week in the ICU. All were first admitted in critical condition. Of those still there, one is in fair condition, two are in serious but stable condition, and one remains critical. The Journal reported that over \$1.46 million has been raised for victims' medical bills, funeral expenses and other related causes. A GoFundMe for Nate Statly, who is hospitalized, has raised more than \$285,000; another for John Hao, who is paralyzed from the chest down, has raised more than \$412,000; and a third for Guadalupe Huapilla-Perez, who will require "months of care and subsequent rehabilitation," has raised more than \$475,000. The Spartan Strong Fund, sponsored by MSU, has raised more than \$346,000 to help with any additional medical fees not covered by the GoFundMes and other fundraising efforts, the Journal said.

Tom Barrett's campaign strategist told the Journal he will run for Congress again in 2024, and Rep. Elissa Slotkin announced she will run for U.S. Senate. Meanwhile, big-name Democrats such as Gov. Gretchen Whitmer, Lt. Gov. Garlin Gilchrist II, state



Sen. Mallory McMorrow and U.S. Rep. Haley Stevens have announced they won't run for the Senate seat. GOP candidates Nikki Snyder, a member of the state Board of Education, and Michael Hoover, of Jackson, have announced their plans to run. (Will former U.S. Rep. Mike Rogers run for the Senate? See Melinn on Page 5.)

**BY NICOLE NOECHEL** Sanjay Gupta, former dean of MSU's business school, is suing the university for defamation and contract violation. He was forced to resign in August after he failed to report an incident of sexual harassment by a professor at a business school gala. He said he was told about the incident by other deans, who said they would report it to the Office of Institutional Equity, and

re-reporting from him was not required.

The lawsuit claims interim President Teresa Woodruff "interfered with his contract and business relationship with MSU" and "defamed him in a power scheme to ensure Gupta would not be named successor to outgoing former President Samuel Stanley, Jr., and to enhance Woodruff's personal ambition to become president." The suit also names six other defendants from the school. Gupta, a professor, seeks reinstatement as dean, reimbursement for attorney fees and "any additional equitable relief that appears appropriate at the time of judgment."

#### Strange Matter Coffee closed its downtown and eastside locations after receiving a threatening, 10-page letter.



The business, which is LGBTQ-owned, said the letter contained "specific dates, images of hate and threatening phrases." Detroit's The Gathering Coffee Co., also LGBTQ-owned, received a similar letter. The FBI and Lansing Police Department are investigating the threats. "While several of the dates identified in the letter have already passed, we are opting for caution for

the sake of our staff and customers. We will update our Instagram account when we have more information about reopening," Strange Matter said.

Also: The Rev. David Rosenberg, who is charged with seven felony counts for allegedly embezzling about \$830,000 for his charity from three other priests who were close to death, aims to prove in court that the men knowingly and willfully donated the money, according to the Lansing State Journal. ... Tubtim "Sue" Howson, 57, who is accused of fatally hitting an MSU student with her car on New Year's Day, returned to Michigan from Thailand to face a federal charge of interstate flight to avoid prosecution and a state charge of failure to stop at the scene of an accident resulting in death. ... Michael Anthony Granado, 32, a founding member and leader of the Lansing gang "Shake Da Bag," was sentenced to 12 years in federal prison and three years of supervised release afterward for possessing a handgun as a convicted felon. ... Last week's ice storm had mild effects in the Lansing, toppling trees and power lines and causing some car accidents and power outages that have been largely resolved.



#### 2112 High St.

This two-story home sits on a large parcel of land, surrounded by a fence. Its southern side is completely covered with plywood.

On the northern side, plywood covers some of the windows - one on the front porch of the house and one on the northern side. The window frames on the second floor are visibly rotting. A gutter on the south side has broken free of the house and a long, dark stain resembling smoke damage crawls up the white siding.

City records show the home has four bedrooms and one full bathroom in 1,127 square feet of liveable space. The house was built in 1920.

The property has been red-tagged and boarded up since July 2019. The Ingham County treasurer sold the property for \$7,000 last October to Sandy, Utah, resident Duad Mohammad Bahaduri.

The issue of red-tagged housing and people living in those properties drew renewed scrutiny after a Feb. 1 fire destroyed the bungalow at 810 Beulah St. on the near south side of the Fabulous Acres neighborhood. The couple who lived there and their dog were on a walk. When they returned, the home was ablaze.

#### - TODD HEYWOOD

"Eyesore of the Week" is our weekly look at some of the seedier properties in Lansing. It rotates with Eye Candy of the Week and Eye for Design. Have a sugeye@lansingcitypulse.com aestion? Email r call in a nomination to (517) 999-6704



The shocking and tragic events of Feb. 13 will have a long-lasting impact on us all. The mass shooting on the campus of Michigan State University left three students dead, five more wounded and a community reeling. There is no magic solution for the pain, but there are some steps MSU administration, students and the community are taking and more they can take toward healing and preventing such an atrocity from happening again.

First, the immediate response merits recognition. This includes the well-deserved salutation for Ingham County dispatcher Aimee Barajas, whose calm and attentiveness guided police and emergency personnel across campus in the most turbulent environment possible.

Anyone who listened in to the police scanner that night knows just how chaotic it sounded and how critical her professionalism was in those moments.

Next, Marlon Lynch, MSU's police chief and vice president for public safety, was exemplary in coordinating the emergency response to the shootings. His leadership in ensuring a swift reaction to

the chaos at Berkey Hall and the MSU Union that included first responders from multiple agencies across several counties is commendable. So was the humanity he displayed in the early press conferences as he clearly fought back emotions while providing updates. MSU was the fifth university in the country to achieve emergency management accreditation in 2017 and received a second term of accreditation in

January, under Lynch's leadership, for its resiliency planning and simulation of responses to multiple hazards. Michigan State took the necessary steps to prepare to counter this heinous act, and many more lives were saved because of it.

Similarly, MSU Interim President Teresa Woodruff has shown strong and compassionate leadership, encouraging attendees at a vigil at the

foot of the Spartan statue to "lift our eyes" in the face of fear, sorrow and bewilderment to honor the victims. Her appeal in the days since has been to "continue to find hope and strength in our community of Spartans" in the effort to reclaim the campus from the aftereffects of that horrendous night.

MSU is being called upon to enact changes in the ways students learn for those too impacted by their experiences two weeks ago to attend classes in person. Campus vivacity is but a shell of itself prior

#### NOW IS NOT THE NOW IS NOT THE TIME - THIS IS MUCH TIME - THIS IS MUCH TOO DIVISIVE ! TOO DIVISIVE ! WOMEN'S RIGHTS RIGHTS NOW IS NOT THE NOW IS NOT THE - THIS IS MUCH TIME - THIS IS MUCH TIME -TOO DIVISIVE ! TOO DIVISIVE ! MARRIAGE LGBTQ RIGHTS RIGHTS

@2023 auchter auchtoon, com

to Feb. 13, with many students, faculty and staff unready to return to "normal" in tangible ways. On Feb. 20, the day classes were to resume in person, hundreds of students were absent, choosing to take part in a protest at the state Capitol. Students are urging a change to gun laws to tighten restrictions on who can purchase them and when, while demanding stronger on-campus security measures.

With that, it must be noted how the university community — students, faculty, administration, alumni, fans — have pulled together in the last couple of weeks to support students as they attempt to reclaim any semblance of campus activity. Donations to the victims' families and the student body have poured in from Spartan Nation and beyond.

> Volunteers provided warm meals, snacks, Spartan gear, yard signs and even much-needed hugs.

> That resolve and coming togetherness will continue to be necessary if meaningful change is to occur in state and federal legislative bodies. Gun rights' advocates are organized and powerful, but public opinion seems to be shifting toward ensuring public safety over individual freedoms, particularly for assault weapons. Many are also asking for stricter access to

buildings, classrooms and offices on campus. Key card access is a possible solution, as Lansing Community College has done. MSU will need to allocate the necessary resources to make the university feel safer.

It is human nature to think that mass shootings are something that only happens elsewhere — a sense of invulnerability while all the evidence points to the inevitability that speaks to the collective guilt we

should be feeling. The mass shooting at Oxford High School was a mere 15 months earlier and an hour and a half drive from MSU's campus. That nothing has changed in policy since the Oxford shootings should surprise no one. As a society, we deserve better from one another, especially for our youngest and brightest. How is it that our community now has a shared

sense of trauma with Blacksburg, Virginia (Virginia Tech); Las Vegas (Harvest Music Fest); Uvalde, Texas; and Columbine, Colorado, to name a very few? We now have a personal connection to their pain and grief, their anger and frustration. That one student who survived the mass shooting on campus was also a survivor of the shooting at Sandy Hook Elementary School in Connecticut in 2012 should be alarming on multiple levels. Prayers and thoughts truly need to give way to changes in policies and protocols, even as the healing continues.

### Have something to say about a local issue or an item that appeared in our pages?

Now you have two ways to sound off:

#### Write a letter to the editor.

- E-mail: letters@ lansingcitypulse.com
- Snail mail: City Pulse, 1905 E. Michigan Ave., Lansing, MI 48912
  At lansingcitypulse.com

#### Write a guest column.

Contact Berl Schwartz for more information: publisher@ lansingcitypulse.com or (517) 999-5061. (Please include your name, address and telephone number so we can reach you. Keep letters to 250 words or fewer. City Pulse reserves the right to edit letters and columns.)

attentiveness guided police and emergency pers in the most turbulent environment possible. d in to at night aotic it tical her in those MSU's

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The CP Edit Opinion

# 'Gently' increasing density with granny flats and more

#### **By JOAN NELSON**

I am stuck on housing these days more specifically, housing that is varied, affordable and not the single-family homes that predominate in our neighborhoods.

Lansing (like many other cities) contains a demographic mismatch, with single-family zoning covering 83% of Lansing's residential districts while only

40% of households consist of single families, i.e., parents and their children under 18 years of age.

Last month, I wrote about boarding houses as one of several different shared housing options that can help

build density "gently," as planners describe it. Boarding houses, along with co-ops, co-living spaces, duplexes and quads, are being supported by forward-looking cities around the country to help ameliorate low housing inventory and a lack of affordable rentals.

Often included in this roster of shareduse strategies are ADUs, or Accessory Dwelling Units, sometimes called granny flats. Generally 600 to 1,000 square feet, they can be freestanding or attached to the main house. They are often a garage or basement build-out. And in some parts of the country, there is a genuine frenzy to build them.

In 1965, in Auburn, Michigan, my Uncle George and Aunt Alvina built a small apartment and connected it to their farmhouse by a breezeway. My grandmother Clara spent her last decade in that little accessory unit, welcoming daily visits from her half dozen grandkids. My grandmother loved having her own cozy space while enjoying the peace of mind that comes from having family only a shout away.

Today, like my grandmother long ago, increasing numbers of down-sizing boomers are choosing to live in such units with their children in the main house. This has sparked a whole new acronym: PIMBY, or Parents in My Back Yard.

Another common scenario is one where an older couple builds an ADU on their property and rents it out for income or perhaps to house a caregiver. At some point, the couple might move

into it themselves while renting out the main house. However it is utilized, an ADU can enable elders to stay in the neighborhood

or caregivers close.

Opinion

ported by AARP, which has helped 17 cities pass pro-ADU legislation over the past two years. In a recent New York Times article, "Senior Housing that Seniors Actually Like," writer Paula Span wrote, "Ten states and the District of Columbia, as well as many municipalities, have adopted or revised laws to encourage A.D.U. construction, reducing barriers like zoning, parking restrictions and onerous approval processes."

they love while perhaps bringing family

Given this, it is not surprising that

ADUs are enthusiastically sup-

By the way, it is not only seniors on fixed incomes that are interested in ADUs. Enterprising younger homeowners are expressing interest in building a cottage in their back yard to boost income and help pay the mortgage.

Speaking of cottages, we have a model cottage community just south of East Michigan Avenue, where local builder/ craftsman Dave Muylle has been developing Cottage Lane for over a decade. Each of six 1,000-square-foot buildings (akin to the largest-sized ADUs) feature craftsman design themes and are situated on an urban site created by combining five typical parcels. The arrangement allows each highly energy-efficient cottage to take maximum advantage of the shade, view and breeze. Dave, who lives at Cottage Lane, was way ahead of the curve, recognizing early on that smaller homes, particularly those built around

**Decedent's Estate. Case No. 22-001384-DE-P33.** Estate of James Paul Stettler. Date of birth: 11-3-1958. The decedent, James Paul Stettler, died 09/27/2022. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to George J. Schraft, personal representative, or to both the probate court at Ingham County Probate Court, 313 West Kalamazoo St., Lansing, MI 48933 and the personal representative within 4 months after the date of publication of this notice. 03/01/2023. George J. Schraft, 4306 Oakwood Drive, Okemos, Michigan 48864. CP#23-050



An example of a "granny flat," or Accessory Dwelling Unit, that was added to a home.

a shared courtyard in a walkable and connected neighborhood, would appeal to aging boomers and others.

The time he spent applying, advocating and educating city staff for variances, special use permits, site plan reviews and waivers would have discouraged someone less visionary and resolute than Dave. While there is growing interest in small houses and ADUs, they are often discouraged, as is the case here in Lansing.

It needn't be this hard. Across the country, communities (e.g., Ann Arbor) are addressing housing inventory shortages, the need for affordable rentals and the mismatch between today's demographics and available housing by encouraging the building of ADUs and small houses.

In some cities, the support goes beyond removing legislative barriers. For instance, a housing nonprofit in Los Angeles called LA-Más realized how daunting building even a small structure in one's backyard might be for residents and so launched the Backyard Homes Project. They forged a partnership with the city and proceeded to work with interested homeowners to select an appropriate design (from one of several templates prepared by a local architect), secure funding from one of two partnering financial institutions, hire a general contractor (a non-profit builder eager to work on ADUs as an affordable housing strategy) and interact with the city on permits and inspections. In exchange for having LA-Más hold them by the hand throughout what is usually an arduous process, homeowners agreed to keep rent affordable (Section 8) for five years, after which they would have the option of raising the rent to market rate. So far, 200 homeowners have applied to be part of the program.

Let's bring this issue home. ADUs are technically not allowed in Lansing. Apparently, some decision-makers are concerned that, if approved, residents will be running extension cords from the main house to their garage and calling it good. Clearly, if ADUs are eventually allowed in Lansing, they will come with strict guidelines that govern square footage, placement on the lot, utility hookups and construction quality. For those concerned about a tsunami of ADUs coming to their neighborhood, keep in mind that still-steep building costs are likely to slow things down. Unless, of course, we follow the example of cities like Sacramento, which is waiving or discounting permitting fees for ADUs, providing permit-approved designs and generally encouraging lower-cost prefab construction.

As noted in last month's column, Lansing planners are continuously reviewing zoning issues. If you would like to see the city consider allowing more ADUs and other forms of shared-use housing in our neighborhoods, contact Andy Fedewa, prinicipal planner for the city. Andy is genuinely interested in residents' views about how Lansing might "gently" and steadily increase the range of housing options available to meet the needs of Lansing's rich demographic mix.

(Joan Nelson recently retired as the founding executive director of the Allen Neighborhood Center. Her column appear in the first issue of each month.)

#### CHARTER TOWNSHIP OF LANSING NOTICE OF POSTED MEETING MINUTES

NOTICE IS HEREBY GIVEN that all meeting minutes for the Charter Township of Lansing are posted to and available on the Township's website at www.lansingtownship.org . Meeting minutes may also be obtained by emailing dptyclerk@lansingtownship.org .

Meeting minutes are also posted in, and available for inspection at, the office of the Township Clerk (located at 3209 W. Michigan Avenue, Lansing, Michigan) during normal business hours.

Maggie Sanders, Supervisor Cortney Lightheart, Clerk

CP#22-276

## Melinn

#### from page 5

Republicans won? It was 1994, when Democrats last had a competitive U.S. Senate primary. Republican Spence Abraham lasted just one term in the Senate before Stabenow ousted him.

Meanwhile, the Republicans are spinning their tires. They're begging former U.S. Rep. Peter Meijer to bring his big bucks, youth, independent streak and military background into a race.

But after losing a bruising congressional primary to a Donald Trump acolyte last year, would he be suspectable to fall to the same fate in 2024? For as much as Democrats circle the wagons around their U.S. Senate nominee, the Republicans don't.

As likely as the sun rises tomorrow, some ultra-conservative U.S. Senate candidate will pop up. In a primary election, Meijer, who voted twice to impeach Trump, is vulnerable.

This brings me back to the most realistic threat to Slotkin's coronation: Mike Rogers.

Rogers' 111-vote win over Dianne Byrum in 2000 allowed Republicans to craft a GOP-leaning mid-Michigan district that Rogers kept for 14 years.

Before leaving Congress on his own terms in 2014, Rogers earned a reputation as a center-right Republican and the House Intelligence Committee chair.

There are immediate stumbling blocks to this idea.

Rogers would need to move back to

## <u>Shoyinka</u>

#### from page 5

called a particular group of patients with skin infections that resulted in endocarditis — a bad heart infection.

"In a lot of those cases, it happens in the setting of people who have opioid use disorder."

Referring to substance use disorder, she said, "We talk about what that means in terms of their families and how it affects them socially. But then, clinically, you can have significant life-threatening effects not just in the setting of an overdose but in the setting of infections. So, I always think a lot about that progression of disease in that space. Bloodstream infections are horrible."

Shoyinka cited mental health as one of her top concerns for public health in the county as a whole.

"The resources are just not enough for the volume of the mental health issues that we have as a society. That needs to be Michigan (for starters) and raise money. Slotkin already has \$1.2 million after Day 1 of her campaign.

But, at a minimum, he's flirting with the idea of running for something.

For several months, he's brought his Leadership to Ensure the American Dream —LEAD — initiative to Iowa and New Hampshire with a not-so-hidden objective of seeing if his "America's best days are ahead of it" message ignites into a presidential run.

This week, he just so happens to be in Michigan. On Friday (March 2), he's scheduled to speak to the Lansing Regional Chamber of Commerce about emergency technology and national security. He's also making a weekend appearance on public television's "Off the Record."

On radio's "Michigan's Big Show" recently, he bemoaned the "dysfunctional" Congress and a divisive president. He talked about a need to offer "real solutions."

With Michigan one of seven likely competitive U.S. Senate races in '24, a candidate like Rogers would draw lots of national attention. His profile neutralizes Slotkin on several fronts.

He's strong on national security. He sharp. He's personable. He's engaging. He's hard-working. He's present. He doesn't hold polarizing views that repel him from the sensible middle.

Just like in 2018, he's exactly the type of candidate Slotkin doesn't want to face.

(Email Kyle Melinn of the Capitol news service MIRS at melinnky@gmail. com.)

considered as part of our conversations about violence and trauma in general," she said.

The mass shooting at Michigan State University has put added strain on Ingham County's collective mental health.

"Our community right now is mourning deeply because of the shooting," she said. "It was tragic. And there's a lot of conversation about how we respond so that it doesn't happen again."

She hopes that the community can move forward and "move the needle in terms of prevention."

To address the shooting, she said, she needs to hear from the community to see what it needs.

"There's no point in me saying, 'Here, take a cup of tea' when you don't like tea. Right? You say, 'I don't drink tea, I only drink coffee.' And I don't have coffee, but I'm saying to you to drink tea. It doesn't make any sense."

#### - VLADISLAVA SUKHANOVSKAYA

(The writer is a graduate student in journalism at Michigan State University.)

#### **ADVERTISEMENT**

Vevay Township, Ingham County, Michigan, through Wolverine Engineers and Surveyors, Inc. of Mason, Michigan, will receive sealed bids for <u>Vevay Township Hall Building</u> <u>Upgrades and Improvements until 10:00 a.m.</u>, Local Time, <u>Thursday, March 16, 2023</u>, at the offices of Vevay Township, 780 Eden Road, Mason, MI 48854. At that time and place all bids received shall be publicly opened and read aloud.

A Mandatory Pre-Bid Walk Through shall be held on Thursday, March 2, 2023, at 10:00 am at the Township Hall. Any Contractor Interested in Bidding as the Prime/General Contractor Shall be Represented at this Meeting.

#### General Description

This project consists of various interior and exterior building improvements and upgrades to the Township Hall and Offices located at 780 Eden Road, Mason, MI 48854.

Upgrades and Improvements shall include but may not be limited to:

#### EXTERIOR

• Complete roof replacement, including any necessary and required rough carpentry, framing repairs at any and all water damaged areas, and roof decking replacement.

 Vinyl siding over existing vertical T1-11, including all rough carpentry and miscellaneous and extraneous repairs required to install the vinyl siding.

• Removal and replacement of existing gutters and downspouts, including all rough carpentry and miscellaneous and extraneous repairs required to install the gutters and downspouts.

• Exterior painting of exposed wood surfaces, including all prep work required to insure paint adhesion.

· Exterior lighting and other miscellaneous exterior electrical work.

• Mulching of existing landscape beds, including raking and removal of any damaged, diseased, or otherwise unsuitable planting material.

• Removal of exterior hose bibs and replacement with frost-free exterior hose bibs, including all required piping and other work as required for removal and installation

#### INTERIOR (Board Room, Hallway, Restrooms)

• Removal and replacement of existing water heater (new to be 50 gallon), including all required piping, venting and other work as required for removal and installation.

• Removal and replacement of existing furnaces (2) and one (1) exterior air conditioning compressor including all required piping, venting and other work as required for removal and installation.

• Selective interior building demolition; drywall repairs; selective acoustical ceiling tile repair and replacement.

• Removal of existing water closets and replacement with flush valve water closets.

- Lighting upgrades.
- · Removal and replacement of Accordian door to the kitchen.

 Removal and replacement of existing wall coverings and repainting (Owner to selectcolors).

All fees and quotes shall include all permits as may be required for the work, labor, supervision, general conditions, bonds, insurances, profit and overhead, tools, materials, equipment, and ALL other ancillary items necessary to complete the described work items. **Documents - IMPORTANT** 

Contract Documents for the project will be on file and available for inspection at the offices of the Vevay Township Hall & Offices, 780 Eden Road, Mason, MI 48854; and at the offices of Wolverine Engineers and Surveyors, Inc. 312 North Street, Mason, MI 48854. Bid documents will be available for prospective bidders at the offices of Wolverine Engineers & Surveyors.

The Contractor is solely responsible to obtain any and/or all Addenda as may be issued for this project. Failure to obtain and acknowledge any and/or all Addenda will result in rejection of Contractor's bid.

#### Bid Bond

Each bid proposal shall be accompanied with a bid bond, certified check or cashier's check payable to the Owner in an amount not less than five percent (5%) of the bid as a guarantee that the bidder shall, within ten (10) days after the award of a contract, execute a contract or agreement and file necessary insurance and other bonds if selected as the accepted bidder. If the selected awardee fails to properly execute the necessary bonds, agreement, and insurance requirement, the bid bond shall be deemed forfeited to the Owner as liquidated damages.

#### **Bid Rejections**

The Owner reserves the right to accept, reject or negotiate any or all bids, to waive or not to waive informalities in bids or bidding procedures and to accept any bid determined to be in the best interest of the Owner, whether a bid is lowest or not. Bids shall be held for consideration for a period of time not to exceed SIXTY (60) days from the date of bid opening without increase in cost bid for the project. Further time extension may occur only with mutual agreement by the Owner and the successful bidder and the Surety Company issuing the bid bond for the successful bidder. The Owner also reserves the right to reject any or all bids received which are judged by the Owner to not serve the best interests of the Owner in the conduct of this project. The Owner shall have the right to determine if bids are responsive and responsible and to waive defects or irregularities in any bid if it appears in the best interest of the Owner to do so.

JOANNE KEAN, CLERK

# ARTS & CULTURE MAn ART-BOOKS. 'Get to the art'

## Camille Thurman sings, plays and oozes jazz at MSU

#### **By LAWRENCE COSENTINO**

When Camille Thurman sings, her buttery, luminous voice and comforting warmth tempt you to close your eyes out of sheer pleasure.

But keep them open. Otherwise, you'll miss it when she casually picks up a saxophone and flips from the vocal language of Ella Fitzgerald and Sarah Vaughan to the ineffable, wordless domain of saxophone giants John Coltrane and Wayne Shorter without any fanfare or fuss.

Thurman, the guest artist in residence this week for Michigan State University jazz studies, makes it look natural. But her ability to tell her story seamlessly, in two demanding and distinct musical disciplines, makes you feel that human beings can do anything.

"I've always treated both talents as one. That's how I trained them," she said. "I started singing when I was 4. Going back and forth like that, starting at a young age, it almost became one instrument. When I sing, it's almost like an extension of the horn, and the horn is an extension of the voice."

She will work with the jazz orchestras at MSU all week, culminating in concert Friday (March 3) at the Fairchild Theatre that in-

cludes a special premiere. Thurman is a master at interpreting jazz standards, often in the manner of her idol, Sarah Vaughan, but she's also bringing some of her own music for students to dig into. (Oh, did I forget to mention that Thurman is also a stimulating and fresh

voice as a composer? My bad.) "In Due Time," a sizzling sunburst of syncopated scat singing powered by Brazilian rhythms and bebop energy, will get its big-band debut at Friday's concert.

"It's not often you get to perform with a big band, so I wanted to make it special," she said.

There's nothing wrong with the umpteenth iteration of "Body and Soul," but MSU students will have plenty more to chew on in two additional Thurman originals: "Pursuit with a Purpose," a gently propulsive waltz with deep spiritual overtones and lots of room for expressive solo work, and "Origins," a probing, intricate composition full of mercurial mood shifts.

"I want to challenge them, give them an opportunity to step up to the plate," Thurman said. "That's why we have residencies like this, to help them grow and go beyond what they might even think they're capable of at this level."

In spite of Thurman's many responsibilities as a bandleader, vocalist, saxophone player and composer, the message she brings onstage is to slow down, linger and drift within the joys and discoveries of the moment.

"The best part of being a performing artist is being able to get on stage, shut your brain off from all that other stuff and really get to the heart of the music, perform with the band," she said. "That's where we live and where we thrive. The other stuff is important, but the purpose is to get to the art."

Thurman's overwhelming talent and obvious love of sharing music make her

career seem inevitable, but that's an illusion. The jazz world almost didn't get to unwrap her varied gifts.

Not long ago, she was studying to become a geologist at New York's Binghamton University.

"I aced the first year," she recalled.

What she didn't know was that most of the geology professors at Binghamton were also musicians. Inevitably, word of Thurman's

musical gifts reached saxophonist Mike Carbone, the school's director of jazz studies.

The problem was that Thurman was in a bad phase, having endured what she described as a gauntlet of sexism at the highly competitive Fiorello H. LaGuardia High School of Music & Art and Performing Arts in Manhattan.

She and a handful of other female stu-

dents were shut out of performing opportunities and treated with condescension, she said.

"We went through the last two years of high school having a hard time because we were denied the opportunity to play and to learn," Thurman said. "This was way before #MeToo and the later movement toward inclusivity. By the time I got out of high school, I didn't want anything to do with music. I was done. I thought, 'I guess this is how it is."

(Efforts to seek comment from the New York City Department of Education were unsuccessful.)

At Binghamton, Carbone gently tried to drag Thurman away from mica, quartz and feldspar, assuring her that she and her fellow female students would be treated with respect.

"I told him, 'You've got the wrong person," she said. "But he was so patient with me. It was the first time in a long time I felt like I was in a space where I felt welcome to learn and play."

To up the ante, Carbone invited powerhouse saxophonist Tia Fuller (who hit MSU with a big bang during a recent visit) to campus for a residency.

Thurman had not yet seen a woman make a career as a saxophonist.

"The two of them made me realize this is where I should be," Thurman said. She jokingly called it an "intervention."

"They said, 'Why are you studying rocks? You have the heart of a musician, and that's where you belong."

She hopes to pass that lesson along this week at MSU.

"I hope that while I'm there, some young women can say, 'Hey, there's space for us to do this,' just like Tia and me."

Thurman finished her earth science degree but also found her way back to the sweeter strata of song, placing third in the 2013 Sarah Vaughan International Jazz Vocal Competition. Since then, she's performed with a host of music luminaries, including funk and R&B icon Chaka Khan, jazz legend Benny Golson, organist Lonnie Smith and trumpeter Nicholas Payton. She's won awards for her compositions and issued three superb albums.



Courtesy photo

Vocalist, saxophonist and composer Camille Thurman will share some of her original music with MSU jazz orchestras this week, culminating in a concert Friday (March 3) with the big-band debut of her song "In Due Time."

Her ever-expanding composing and playing palette has gone through several phases.

Some of her influences include the underrated, spiritually deep bassist Buster Williams; saxophone legend Wayne Shorter; and R&B vocalist and jazz pianist Patrice Rushen, but her sound is always her own — a seamless fusion of sophisticated formal design and heartfelt emotion.

"It's never a finite process," she said. "Over the last 10 years, it's been a matter of finding people I resonated with, trying to see myself in what they do, and then seeing how I can do it in my own voice."

The almost metabolic process from absorption to self-expression, fueled by an unquenchable love of music, is one of the joys she'll share with students this week — a sound formula in both music and life.

"My process is finding the stuff I love, trying to understand why I love it what makes it so great — and figuring out how can I bring it to where I am."

MSU jazz orchestras with Camille Thurman, vocals, saxophone Friday, March 3 8 p.m. Fairchild Theatre 542 Auditorium Road, East Lansing \$7-17 517-535-5340 music.msu.edu

# Weed rewind: cannabis news highlights from the last 7 days

**By LUCAS HENKEL** 

#### RAW rolling papers makes a statement

HBI International, the parent company of RAW rolling papers, was ordered by a federal court in Illinois to stop branding RAW packaging with stamps that claim the products are made in Alcoy, Spain, and to stop advertising its charity, which the court found doesn't exist, despite the company's claims that it has donated "millions of dollars" in the past.

HBI and RAW founder Josh Kesselman posted screenshots on his Instagram of RAW's first statement since the court order. The caption said, "RAW's \$1 mill court award explained to quell false rumors. We plan on donating it to charity."

In its statement, the company addressed the "hurtful and inaccurate rumors floating around out there" and said it "deeply regrets" any uncertainty it has created for its supporters. RAW said its rolling papers are made in paper mills in southern France before being sent to a small village in southeastern Spain, about a 12-minute drive from Alcoy, to be turned into booklets. The company also said its papers "are indeed made with true, unbleached, certified organic hemp."

The company stated it has donated more than \$2.5 million in direct cash contributions over the last decade and \$186,174 worth of in-kind contributions. But RAW Giving, according to the statement, is not a charity.

"Charities raise money by requesting donations, RAW does not," the statement reads. RAW says it gives portions of its profits to nonprofits and other causes that align with its values.

You can read the statement in full at rawgiving.com or on the company's Instagram.

#### Sensi Magazine Mardi Gras party

Sensi Magazine Michigan hosted a Mardi Gras party at the Causeway Bay Lansing Hotel & Convention Center. It was sponsored by Carbon by Fluresh, co-produced by Farechild Events and featured live music, DJs and free gifts from some of the hottest cannabis





brands in Michigan. All proceeds from the event went to Great Lakes Expungement Network.

Sensi Magazine's parent company, Sensi Media, is one of the fastest-growing media enterprises in North America. The cannabis-lifestyle-focused magazine's goal is to help create community events and connect people in the industry. Sensi Magazine has won multiple awards, including being named one of Forbes' Best Startup Employers in 2020. Stephanie Wilson, its editor in chief and co-founder, was Folio's Top Women in Media honoree in 2020. The magazine has four major markets, Colorado, Massachusetts, Michigan and Oklahoma, and is available in print and online at sensimag. com.

#### Breeze Canna disposable vapes

Since hitting the market last summer, Breeze Canna disposable vapes have taken Michigan by storm. Their fruity, terpy taste and discreet packaging have made them a hit amongst stoners young and old.

Breeze Canna is part of the Breeze Smoke family, but unlike their nicotine-dispensing siblings, these vapes contain 100% THC. They're available in a variety of fun flavors, like Banana Orange Smoothie, Berry Bomb Pop, Cherry Lemon Mango, Juicy Fruit Punch and my favorite, Watermelon Wave. Each vape contains 1 gram of cannabis distillate and naturally derived terpenes for flavor. In my opinion, all of them feel like a hybrid strain – I'm able to stay focused but definitely feel more relaxed after a few puffs. Cannabis affects everyone differently, though, so check with



your favorite budtender to see what they think.

The vape doesn't have any buttons or pods — everything is built in and can be activated simply by inhaling. The battery should last until the distillate runs out, but you can charge it with a micro-USB if needed. The convenience of having tasty, consistent cannabis on the go is incredible in itself, but Breeze Canna didn't stop there.

This year, the company launched its Liquid Gold line, which combines the convenience of its disposable battery with potent live resin and THC diamonds. Every Liquid Gold vape contains 1 gram of live resin. The current strain lineup is Super Lemon Haze, a citrusy, uplifting sativa; Legend OG, a subtle yet fruity hybrid; and Granddaddy Purple, a berry-forward indica that can help put you to sleep. Each puff is smooth and tastes just like the cannabis flower it's derived from.

Breeze Canna is definitely a brand to watch. Its products are convenient, potent and decently priced — its regular and Liquid Gold vapes sell for \$25 to \$30 depending on the dispensary. (My go-to spot is Herbana on West Saginaw Street.) Even electronic music producer and Southfield native GRiZ has noticed how amazing its vapes are. The artist's cannabis brand, Astro Hippie, collaborated with Breeze to create an exclusive flavor, Tropical Rainbow Belts, and I'm definitely keeping my eyes out for it.



# Job and Internship Fair

Register at Icc.edu/jobfair.

2 – 5 p.m.  $\cdot$  March 22  $\cdot$  Downtown Campus  $\cdot$  70+ employers attending!

Todd Hevwood/City Pulse



Logan Square is ground zero for an effort to revitalize the three-mile stretch of South Martin Luther King Jr. Boulevard from Victor Street to Interstate 96.

# Asphalt field of dreams City, community, property owners begin to reimagine Logan Square

#### **By TODD HEYWOOD**

Victor Cager has been running his thrift stores in Logan Square for two years now. He's seen businesses come and go. One of his stores sells everything for a dollar. At the other, everything is \$20 or less.

"It's here to benefit the community," he said Friday, between unloading more inventory. The 33-yearold recalls one of the brief revivals of Logan Square, when there was a pet store, a Rite Aid – where his one-dollar thrift operates now — and Big Lots. "We need this to be like that again. It can be, it should be.'

The 30-acre site is a relic from the heyday of the American automobile era six decades ago. A time when gasoline was cheap. The auto industry was booming, fueling a rising middle class. The gleaming site served a population on the move to a more suburban lifestyle and away from more densely packed neighborhoods.

Now the parking lot is riddled with potholes. Multiple storefronts are empty. Decay is evident.

But city leaders and residents say re-energizing Logan Square is critical to jumpstarting an economic revolution on a southside stretch of Martin Luther King Jr. Boulevard.

To get there, the city created a South MLK Jr. Blvd. Corridor Improvement Authority. In December, the City Council approved \$1.2 million to beautify the stretch from Victor Avenue on the north to Interstate 96 on the south. The authority captures a small portion of taxes from all the properties along the way. The authority has hired contractors to assess the commercial future of Logan Square. New property owners Logan Capital LLC kicked in \$15,000 of the \$100,000 being used to fund the study that includes a look at market needs, traffic patterns, residential demographics and community input sessions.

The first of those sessions was held in Logan Square on Jan. 31 in an unused storefront. An estimated 150 people showed up for the two-hour conversation, among them residents, Lansing City Council members, newly elected Ingham County Commissioner Myles Johnson and Mayor Andy Schor.

#### The history

When Logan Center opened in 1962, it was one of two large retail centers in the area. The other was Frandor. It cost \$3 million to build.

"Acres of paved, lighted and free parking," the grand opening newspaper ad trumpeted. The 2,500 parking spaces served 20 stores, including Woolworth's, Arlan's discount department store and a

A year after the center opened, the state began construction on Interstate 496. The path of the new connecting highway sliced the city in half and decimated the city's historic Black economic center. Refugees from the construction moved to newer developments in south Lansing, including Churchill Downs, a middle-class neighborhood two miles west of Logan Center.

The shopping center was featured in a 1963 series of stories, including in Life Magazine, when Rajjee, a "dancing Asian elephant" that was part of a circus at Logan Center, rebelled against its trainer. Rajjee

rampaged through Arlan's, then escaped from the shopping plaza. A crowd estimated at 3,000 people chased her through the city for two miles and up toward Everett High School, trampling one man along the way, until Lansing police fatally shot her.

In 1969, both Meridian and Lansing malls opened. By the '80s, Logan Square, as it was renamed then, was in decline.

In the '90s, Kroger's and Rite Aid, two anchor businesses, pulled up stakes. Rite Aid had moved to a stand-alone building business model. Kroger moved kitty corner to a space on the southeast corner of MLK Boulevard and Holmes Road.

A Preuss family-owned pet store — Animal House closed in December 1993 when a fire ripped through the store in the middle of the night. Just hours before the fire, the last puppy was sold. The store was a complete loss, but some animals, including Fred and Ginger, the red-footed tortoises that live at Preuss Pets in Old Town, survived. Both had burns from melted plastic that had dripped onto them. The fire in the pet store landed Logan Square in national tabloids reporting on how Penny Preuss revived a python from the fire by giving it mouth-tomouth resuscitation.

The property is now on at least its fourth owner. Frandorson Properties, which owns Frandor Shopping Center on the city's eastside smack dab between Michigan State University and the city of Lansing, owned the property in the '80s and early

## <u>Asphalt</u>

#### from page 14

'90s. Franderson handed the Logan Square Property over to JP Morgan Chase in 2000. In 2003, the bank sold the property Merram Properties for \$3.3 million. And in 2018, Merram, under pressure from the city to address blight issues and revitalize the shopping center, sold the property to Logan Capital LLC for \$2.8 million.

While Merram sank some cash into upgrades on the buildings, it ignored the property to the point that city officials began hammering the shopping center with building and code violations. City records dating back to 2014 through this year show 44 code issues for which the property has been cited. There were numerous window boardups in the months leading up to the sale to Logan Capital LCC.

Schor said the city contemplated purchasing the sea of asphalt and outdated buildings several years ago.

"The property owners just wanted far more money than we could put in," he said.

The purchase would have solved two problems, the mayor said. First was dealing with a property owner who was uncooperative with city attempts to bring the facility up to code and increase occupancy. Secondly, buying Logan Square would have put the city in the driver's seat on reimagining and reviving the site.

Logan Square has fallen into disrepute over the years, most recently serving as a beacon for illegal gambling operations and at one point housing a shop that was a front for heroin distribution. Many storefronts are unoccupied and the parking lot is crumbling. Amazon Prime stored its delivery vans in a fenced-in area in the middle for a while. For years, the overhead lights in the parking lot did not work, causing trepidation and concern by city officials, visitors and law enforcement.

#### Reimagining Logan Square

Finding a creative solution to Logan Square poses unique challenges in some ways. It's a vast sea of asphalt, with the tens of thousands of square feet of obsolete strip mall storefronts and an aged infrastructure set back well beyond view from Martin Luther King Boulevard, where thousands of vehicles shoot by at 45 mph or more every day.

Mike Zhang is a California resident. His company owns other locations similar to Logan Square on the West Coast. When his company purchased the property, he said they saw the potential.

"This is a very important space to the community. You can see all the good things about this intersection. There are a lot of people in this area, and they will use it. There is a need. That's why we came here."

Zhang joked that he spends so much time in Lansing trying to improve the property and lure new businesses that he "lives in Lansing now, or at least I should."

As consultants began asking participants on Jan. 31 what businesses and uses they imagined for property, the ideas came in a flurry of callouts. But it began with a clear message of what was not wanted.

"No self-storage!" came a shout, supported by others. MLK has seen development recently, but it has been



Mike Zhang, whose California company owns Logan Square, listens during a Jan. 31 meeting where residents brainstormed ideas for the shopping center and expressed their concerns.

the repackaging of a building that once house the call center for Electronic Data Systems. It's now a self-storage unit. Just south of MLK and Holmes, past a Walgreens, is another self-storage unit that has expanded since its inception.

Carrington Kelsey, 31, has lived in Lansing for 11 years. He grew up in Detroit and witnessed the beginning of what politicians have hailed as the revival of the city through massive investments and new construction. Critics have called it gentrification. Kelsey said he doesn't want to see that happen at Logan Square.

"My biggest fear is that it will push out Black and brown people in this area," he said. "When you look into the data of where new developments are happening you see gentrification happening. I don't want that." He wants to see a commitment from the developers that they will reinvest in the community and prevent gentrification.

"There can be equitable ways in developing a community. But that starts with the people being involved," Kelsey said. "It's important to make sure that is equitable from the perspective of the people who are going to be impacted here."

The word "gentrification" was used more than once.

"I just don't see that happening here," Schor responded. "There is a great mix of housing in the area. But we certainly need to be aware of the concerns. I won't let that happen, however. This is not about pushing people out, it's about bringing people in."

As the night wore on Jan. 31, more business ideas were thrown out.



Totd Heywood/City Pulse Lansing Mayor Andy Schor (left) makes a point to Zhang at the Jan. 31 meeting.

Some wanted thrift stores, a hardware store and eateries. Others wanted the parking lot transformed into a space for exercise. Others noted the potential to connect Logan Square with Ferguson Development Co.'s redevelopment of the old Pleasant Grove Elementary School, which Malcolm X attended.

In the last year, two thrift stores have opened in Logan Square. The former Pizza Hut became a seafood boil place as the pandemic slowed. That failed, but it's been replaced by a burgers and wings place.

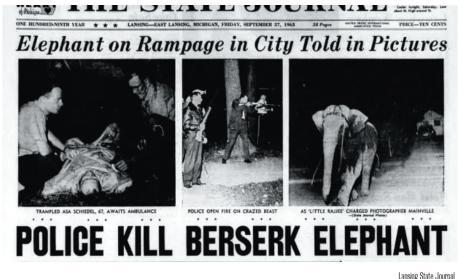
That's where Third Ward Councilman Adam Hussain sat down for an interview about the future of the center, which he has consistently raised as problematic since his first election, in 2016. Hussain has been a cheerleader for reinvesting in southwest Lansing.

His advocacy and community work have revitalized and shifted the picture of the formerly troubled intersection of Holmes and Pleasant Grove Road. A small strip mall there had become a refuge for illegal drinking and parties. Several shootings occurred there. But working with nearby residents and businesses through the Southwest Action Group, the city and community have installed artwork in a community square, increased foot traffic from nearby housing and brought a renewed sense of safety to the area.

Hussain dismissed concerns about gentrification. "First of all, I am a person of color, and that is not a concern I have for this," said Hussain, a Pakistani American. He points to the progress being made at the Pleasant Grove and Holmes strip mall as evidence that economic viability can return without gentrification.

"That's all important," he said. "We didn't push anyone out of there except for those who were there with bad intentions."

He sees it as the kind of community-driven model that will benefit a new Logan Square for this century.



Logan Square made national headlines in 1963 when Rajjee the Elephant broke loose from a circus there and went on a rampage.

# These boots were made for dancing **Riverwalk brings 'Kinky Boots' to life**

#### **By TODD HEYWOOD**

Six weeks ago, Amazon and FedEx shipments began arriving at Kelly Stuible-Clark's front door. Her husband and daughter were excited until she told them the only thing that would be arriving that way in the following weeks would be boots. Patent leather, sequin-covered, kneehigh and stiletto – a cornucopia of footwear for audiences of Riverwalk Theatre's upcoming production of 'Kinky Boots' to feast their eyes upon.

The musical tells the story of a young man, Charlie Price, who inherits a shoe factory on the edge of collapse. A unique, unexpected partnership unfolds as he transitions his new enterprise into a boot factory that designs and produces footwear for drag performers.

"It's all about being yourself," said Stuible-Clark, who also directed Riverwalk's production of "Rent" in 2016. "It's a great celebration of bringing people together."

The book was written by Harvey Fierstein, an award-winning actor, writer and director, with music by pop icon Cyndi Lauper.

Anyone who's been involved with drag knows that one of the most difficult things to find is women's shoes in men's sizes. Stuible-Clark called in the aid of Lansing drag legend Delicious.

"When I submitted to direct this show, I knew that I wanted some-

body from the drag community to work on our drag design and costuming and be kind of an advisor to me. I mean, I've been to plenty of drag shows in my life, but that's not a community that I work in," Stuible-Clark said. "She's just been such

a godsend. We sat down and had a talk, and I was like, 'So, where do you and all of your girls get your stuff?"

Delicious introduced her to an online supplier. It was helpful, she said. She also reached out to other the-

aters in Michigan that have produced the show in the last 12 months, but none had what she was looking for.

## Asphalt

#### from page 15

"Investment encourages more investment," said Aurelius Christian. The 24-year-old lifelong Lansing resident is a full-time employee of the Lansing Economic Development Corp. focusing on the city's four commercial corridors. But the MLK Corridor is the one he cut his teeth on while finishing college. It's the one he knows the most about as a result.

During that Jan. 31 meeting, Aurelius Christian



The gueens of "Kinky Boots" revel in their fabulousness.

She then turned to Amazon.

"My suggested searches are gonna be so interesting for a while because I've been Googling sexy, knee-high boots," she said, laughing.

We're not talking about a few pairs of boots either. The finale features every actor in "kinky boots" - that's 26 unique pairs, nothing to sneeze at. So, she's got boots large enough

for men to wear. But most men don't have a clue how to walk in heels, let alone dance in them.

> "My choreographer, Karen Perry, and I did a whole lot of walkheel-toe, slightly cross one foot in front of the other to get your more feminine gait with the hips and everything," Stuible-Clark said. To her surprise,

said she's not expecting any such conflict. Nor does she have an age warning for the show.

"My daughter is there at rehearsals every night," she said. "There's nothing I'm concerned about there."

For her, the show is a joyous celebration and a way to move a step



Courtesy of Kelly Stuible-Clark Director Kelly Stuible-Clark says these boots are her favorite. "The iconic red thigh-highs. As Lola says, 'They're 2 1/2 feet of irresistible, tubular sex.' They make anyone who wears them look fierce!""

> Square a place where people want to come together on foot or bike, not by car, utilizing an overgrown strip of land stretching from MLK Boulevard to Pleasant Grove Road, similar to how the River Trail knits neighborhoods together. Today, homeless people live there.

"That's a really important part of this," said Schor, "connecting those neighborhoods in new ways. Ways

Courtesy

further from the dark days of COVID shutdowns.

"The energy, joy and fun that this show brings to audiences is unmatched," she said. "I just felt like now was the time to take on this massive show as we come back after the pandemic and share in the community of Riverwalk."

Elaina Coscarella, who plays Lauren, a factory employee who helps Price along the way, says the show has "a message everyone can relate to, and one that should be embraced now more than ever."

"I'm proud to be helping spread love and positivity through theater and hope our audience leaves feeling free to just be," she said.

#### March theater productions

"Billy Elliott" Owosso Community Players March 3-5 8 p.m. Friday-Saturday 3 p.m. Sunday Lebowsky Center 122 E. Main St., Owosso lebowskycenter.com

#### "Kinky Boots"

**Riverwalk Theatre** March 2-5 and 9-12 7 p.m. Thursday 8 p.m. Fridav-Saturdav 2 p.m. Sunday 228 Museum Drive, Lansing riverwalktheatre.com

#### "Sweat"

**MSU Department of Theatre** March 17-26 7:30 p.m. Tuesday-Thursday 8 p.m. Friday-Saturday 2 p.m. Saturday, March 25, and Sunday Studio 60 Theatre 542 Auditorium Road, East Lansing theatre.msu.edu

"Begets: Fall of a High School Ronin" Ixion Theatre Ensemble March 17-18 and 24-25 8 p.m. Lansing Mall 5330 W. Saginaw Hwy., Lansing ixiontheatre.com

#### "Mrs. Harrison"

Williamston Theatre Previews: March 23-26 March 31-April 23 8 p.m. Thursday-Saturday 3 p.m. Saturday (beginning April 1) 2 p.m. Sundav 122 S. Putnam St., Williamston williamstontheatre.org

spoke about making Logan ing traffic but also encourage

Cager smiled broadly at the idea of energizing the square as a place

to "do things." "That's it," he said. "People will come here. They have before and they will again, but they need a reason. Right now, that reason isn't here."

He motions to the L-shaped main structure on the property.

"There's what? Ten storefronts being used here? There's so much potential," he said. "I believe in it."



many of the actors had purchased their own heels and had been practicing at home. The actors cast in drag-specific roles, she said, also had some experience and interest in drag already.

While drag queen story hours and brunches have been the target of recent political protests, Stuible-Clark

> community members often that move away from the fast-movhealthier activity."



# Historian sheds light on Lansing's role in the Civil War

**By BILL CASTANIER** 

There's no shortage of books about the Civil War, but until this week, Lansing's role has largely been ignored.

Local author and historian Matthew J. VanAcker published a new book that corrects that oversight. Titled "Lansing and the Civil War," it tells the story of the Lansing residents who served, died and were maimed in the war.

To our county and to its flag

"Lansing had an oversized role in the Civil War. More than 500 men served from a population of about 3,000," he said.

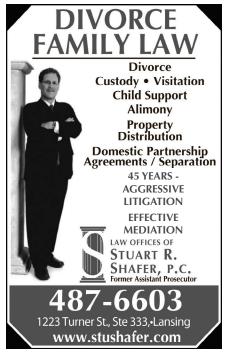
The author will visit the Library of Michigan on March 9

and Heritage Hall on April 18, both at 7 p.m., to discuss his book.

VanAcker is the Michigan Capitol's education director and co-chair of its Save the Flags project, which is dedicated to preserving the 240 rare Civil War battle flags carried by Michigan soldiers, as well as others from the Spanish American War and World War I.

"It was working with the flag restoration project and researching the history of the flags that inspired me to write the book," he said.

The flag restoration project began in earnest in 1990, when the battle flags, which had been on display in the Capitol's rotunda, were moved to archival storage space in the Michigan History Museum. Today, visitors of the



new Heritage Hall can watch conservators work on the flags.

"Michigan is at the forefront of Civil War flag restoration, while other states have ignored their importance," VanAcker said.

While doing research for his book, he was especially moved by the story of Charles T. Foster, who, at age 23, by some accounts, was the first person from Lansing to enlist in the Civil War

LANSING

CIVIL WAR

and the first Lansing soldier to die on the battlefield. Foster died in the Battle of Seven Pines in Virginia while carrying the 3rd Michigan Infantry Regiment battle flag, which is in the state's collection.

"While he lav dving, his last

"Lansing and the Civil

Library of Michigan

702 W. Kalamazoo St.,

323 W. Ottawa St., Lansing

March 9

7 p.m.

Lansing

April 18

Heritage Hall

7 p.m.

War" author discussions

words were about preserving the battle flag and not letting it fall," VanAcker said.

As a first-time author, VanAcker worked hard to ensure everything he wrote was accurate and properly represented the men who served.

"I was terrified. I wanted to give them justice," he said. "I was also nervous about the research since

we were in the middle of COVID lockdowns. Library after library and archives were closed."

He turned to the abundance of letters written by soldiers as well as Newspapers.com, an online collection of periodicals, which he says "saved him." "The Lansing (State)

Republican had a full run of the years 1859 to 1866, with many personal accounts from soldiers in the

field," he said.



Courtesy of Matthew J. Van Acker

Matthew J. VanAcker, the Michigan Capitol's education director and co-chair of its Save the Flags project, published "Lansing and the Civil War" to bring attention to the city's largely overlooked but important role in the conflict.

War oeuvre, VanAcker writes about the role of State Librarian Harriet Tenney, the Ladies of Lansing, the Michigan Female College and the House of Corrections for Juvenile Offenders.

"The reform school provided 150

enlistees, many of them getting early release," VanAcker said. In the book, he writes, "Almost half of the Michigan regiments would have at least one - often more than one - reform schoolboy enlisted in its ranks."

He said some of the boys were as young as 14.

He was surprised by the number of brothers

who served in the war. As an example, he highlights the Shattuck family, who moved from Washtenaw County In addition to the traditional Civil to Lansing in 1840. Four members of the family served, including the father, Asa, who was 56 at the time. Two of the boys were severely wounded and a third died in a Confederate prison. VanAcker said there were at least 25 sets of brothers from Lansing who served in the war.

He also uncovers the role of an unusual unit called the 8th Michigan Volunteer Infantry Regiment, Elder Zouaves Company E. Its uniform, inspired by the African Zouazoua tribe, consisted of baggy pantaloon pants, a blue shell jacket, a sleeveless vest, white gaiters and a turban. The unit's namesake, Matthew Elder, was an architect from Lansing and designed the third iteration of the Ingham County Courthouse in 1858.

VanAcker said he doubts that uniform lasted long in battle and was likely replaced with more practical gear.



## Osteria Vegana asks you to open your mind as well as your mouth

#### **By LIZY FERGUSON**

Chef Gianmarco Roselli and his wife, Avery, travel to and from Royal Oak every day to operate their vegan-Italian food stall, Osteria Vegana, in the



newly opened Lansing Shuffle. They're hoping to become permanent Lansing residents, but the housing market remains ever-volatile. Roselli, though,

#### Osteria Vegana

Inside Lansing Shuffle 325 Riverfront Drive, Lansing 11 a.m.-10 p.m. Tuesday-Sunday 517-827-2208 lansingshuffle.com

is used to traveling. Born in Rome, he grew up between there and Detroit and has long been working toward opening his own restaurant.

"I worked every job in the service industry - scrubbing toi-

lets and floors, as a dishwasher, server, barista, porter, prep chef, barback. I did private chef catering and worked in restaurants in New York, Rome and Paris," he said. "Finally, I'm an executive chef, and now also an owner, here at Osteria Vegana."

Roselli's osteria, which he says means small, family-owned eatery, was, in its original conception, meant to be called Osteria Crema, until he attended a meditation retreat that ended with him and 300 or so other attendees swearing off animal products.

Thus, Osteria Vegana was born, placing it amongst a very small number of traditional Italian restaurants serving an all-vegan menu. Offerings include pesto that's made fresh daily, risotto,

Providing a safe and welcoming, sustainable, prime community



Chef Gianmarco Roselli and his wife, Avery, drive to and from Royal Oak every day to bring the people of Lansing healthy, vegan Italian food at their Lansing Shuffle food stall, Osteria Vegana.

pasta (including gluten-free options), fresh salads, polenta and more, all made with a focus on a deliciousness that comes from the healthfulness of the ingredients, not in spite of it. You won't find cheese or meat substitutes here - just flavors built with extensive knowledge, skill and care.

"Our food is an experience second to nobody because we offer gourmet food that vegans can have and that will be delicious to all patrons who care about health and quality," Roselli said.

Along with his wife and six employees, Roselli is excited to be in Lansing to share this unique blend of food with the community. He feels strongly about

A PRIME COMMUNITY



the dialogue that exists between a chef

and the people who eat his food, and

Osteria's setup in Lansing Shuffle puts him face-to-face with his customers.

"We appreciate spreading our message through the quality of our products and through reliably good food made with intentionality and plated fresh to order," he said.

Reflecting on his past jobs in the industry, Roselli said, "Those experiences were all a school in themselves. I've also cooked with my grandparents since I was a little boy, and with my mamma, who is still an advisor of sorts."

If, like me, you've ever felt full of longing after watching Anthony Bourdain sit at a table across from an Italian grandmother who just served him some lovingly prepared, unreal-looking food, Osteria Vegana might be the closest you're going to get - if not bet-

As for his food lacking the meat that was undoubtedly in Bourdain's bowl, Roselli is confident vou won't miss it.

"We'll make your nonna change her mind," he said.

Y

PUBLIC NOTICE OF PROPOSED STATE AND FEDERAL APPLICATIONS FOR

#### OPERATING, CAPITAL ASSISTANCE AND PUBLIC HEARING

All citizens are advised that CAPITAL AREA TRANSPORTATION AUTHORITY ("CATA") has prepared an application for State of Michigan ("State") financial assistance for fiscal year 2024 as required under Act 51 of the Public Acts of 1951, as amended, and for federal assistance as required under the federal transit laws, as amended, as follows:

TOTAL	\$ 29,6	37,328
TA/State Enhanced Mobility (Section 5310)	\$	495,411
TA/State Bus and Bus Facilities (Section 5339)	\$	1,041,220
TA Rural Operating Assistance (Section 5311)	\$	438,911
State Specialized Services	\$	40,000
TA/State Urban Capital Program (Section 5307)	\$	9,731,450
State Operating Assistance	\$	17,890,336
State Operating Assistance	¢	

Operating and capital funds listed above include both urban and rural funds. Capital projects to be funded include the purchase of large and small buses, paratransit vehicles for transporting customers, support vehicles, preventive maintenance, technology systems, planning, maintenance equipment, bus replacement parts, safety and security system, customer enhancements and facility improvements. This notice meets the Federal Transit Administration 5307 public notification requirement. The above program will be the final program, unless amended.

CATA ensures that the level and quality of transportation service is provided without regard to race, color, or national origin in accordance with Title VI of the Civil Rights Act of 1964. For more information regarding our Title VI obligations or to file a complaint, please contact CATA's Deputy CEO/ Civil Rights Officer at 4615 Tranter Street, Lansing, MI 48910 or via email to: titlevi@cata.org.

The proposed application is on file at CATA, 4615 Tranter Street, Lansing, MI, and may be reviewed during a 30-day period (Feb. 26, 2023 - March 28, 2023), Monday - Friday, between the hours of 8 a.m. and 5 p.m.

Written comments regarding the application and/ or written requests for a public hearing to review the application must be received by 5 p.m. March 28, 2023. If a hearing is requested, notice of the scheduled date, time and location will be provided at least 10 days in advance

Submittals should be sent to CAPITAL AREA TRANSPORTATION AUTHORITY, FY 2024 Grant Application, Attn: Planning and Development Department, 4615 Tranter Street, Lansing, MI 48910 or via email to: marketing@cata.org.

By Matt Jones

16

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59 60 61

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22

26

36

49 50

67

70

48. Despot

Chennai

chef Cat

concoction

59. Real estate

measurement

49. Spam, for example

50. "Sunny" 1990s Honda

54. "Iron Chef America"

55. Meat-and-potatoes

57. Computer data unit

60. Debussy's "Clair de

61. "Second prize is \_\_\_\_\_

Glen Ross" quote)

steak knives" ("Glengarry

63. 1950s singer Sumac

64. Former Pink Floyd

guitarist Barrett

of

53. Setting of Shanghai and

58

15

24

48

21

44

57

18. French-Italian cheese

similarly named relative

19. Part of Fred Flintstone's

that's milder than its

24. Like pheasant or

26. "Traffic" agent?

27. Mother-of-pearl

his name to a veal dish

30. Kind of node or gland

31. Japanese city home to

32. Former Phillies great

33. Call at a coin toss

39. Frost or Dove

38. "Hold \_\_\_\_ your hats"

40. "You got my approval"

47. Strand, as a winter

43. How checks are signed

29. State your views

28. Russian count who lent

catchphrase

venison

Panasonic

storm

39 40

18

35

56

38

66

69

23

43

55

68. Relieved sigh

69. Got in the game

1. Half of an early TV

3. "A Farewell to \_\_\_\_"

4. Gain anew, as trust

7. "This one me"

10. Confirming vote

12. Driver around

Pet Shop, or Beastie

11. \_\_\_\_ person standing

13. Word after Backstreet,

6. "30 Rock" creator Tina

5. Cigar, in slang

8. Mouse sound

9. Earthlings

Hollywood

2. 2023 achievement for

70. Cause of slick roads

54

ΤV

DOWN

couple

Viola Davis

12 13

32 33 March 1-7, 2023

#### Jonesin' Crossword

20

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28 29

"Sports Roundtable" -- it rings true.

by Matt Jones

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ACROSS 1. Cherished ones 6. Suspicious 11. Biopsy processor 14. Plumed bird 15. Suffix similar to "-ish 16. "And now, without further 17. MY THEORY, PART 1 20. "We're on!" 21. Jazz Masters org. 22. Check deposit spots, for short 23. Video doorbell brand 25. "And Davis as Alice" (end of "The Brady Bunch" opening credits) 27. MY THEORY, PART 2 34. "Cloud Shepherd" sculptor Jean 35. Senator Klobuchar 36. Reggae proponent 37. 151 in Roman numerals 38. MY THEORY, PART 3 41. Pugilistic wordsmith 42. "47 " (2013 Keanu Reeves film) 44. Dark-hued juice brand 45. "Kenan & \_ 46. MY THEORY, PART 4 51. Express mail carrier? 52. Heavy book 53. Dull pain 56. Round figure? 58. "I can't hear you!" sound 62. PART 5 (FOLLOW-UP TO THE THEORY) 65. Org. that lets you e-file 66. Like some mouthwash 67. First name in late-night

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#### SUDOKU

001								
			3			1		
						9	7	
		1		9				
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	7	4			8		2	
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3			2	6				

### Answers on page 26

Advanced

#### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

#### Free Will Astrology By Rob Brezsny

ARIES (March 21-April 19): Repressed feelings and dormant passions are rising to the surface. I bet they will soon be rattling your brain and illuminating your heart, unleashing a soothing turbulence of uncanny glee. Will you get crazy and wise enough to coax the great mystery into blessing you with an inspirational revelation or two? I believe you will. I hope you will! The more skillful you are at generating rowdy breakthroughs, the less likely you are to experience a breakdown. Be as unruly as you need to be to liberate the very best healings.

TAURUS (April 20-May 20): You finally have all you need to finish an incomplete mission or resolve a mess of unsettled karma. The courage and determination you couldn't quite summon before are now fully available as you invoke a climax that will prepare the way for your awe-inspiring rebirth. Gaze into the future, dear Taurus, and scan for radiant beacons that will be your guides in the coming months. You have more help than you know, and now is the time to identify it and move toward it.

**GEMINI (May 21-June 20):** Our sun is an average star in a galaxy of 100 billion stars. In comparison to some of its flamboyant compatriots, it's mediocre. Over 860 light-years away is a bluewhite supergiant star called Rigel, which is twice as hot as our sun and 40,000 times brighter. The red supergiant Antares, over 600 light-years away, has 12 times more mass. Yet, if those two showoffs had human attitudes, they might be jealous of our star, which is the source of energy for a planet teeming with 8.7 million forms of life. I propose we make the sun your role model for now. Gemini, It's an excellent time to glorify your unique strengths and exuberantly avoid comparing yourself to anyone else.

CANCER (June 21-July 22): The philosophical principle known as Occam's razor asserts that when trying to understand a problem or enigma, we should favor the simplest explanation with the fewest assumptions. While that's often a useful approach, I don't recommend it in the coming weeks. For you, nuances and subtleties will abound in every situation. Mere simplicity is unlikely to lead to a valid understanding. You will be wise to relish the complications and thrive on the paradoxes. Try to see at least three sides of every story. Further tips: 1. Mysteries may be truer than mere facts. 2. If you're willing to honor your confusion, the full, rich story will eventually emerge.

LEO (July 23-Aug. 22): "There are no unsacred places," wrote Leo poet Wendell Berry. "There are only sacred places and desecrated places." Poet Allen Ginsberg agreed. "Holy! Holy! Holy! Holy! Holy!" he wrote. "Holy the solitudes of skyscrapers and pavements! Holy the cafeteria! Holy the mysterious rivers of tears under the streets! Holy the sea, holy the desert, holy the railroad." With Berry's and Ginsberg's prompts as your inspiration, in accordance with current astrological imperatives, I invite you to invigorate your relationship with sacredness. If nothing is sacred to you, do what it takes to find and commune with sacred things, places, animals, humans and phenomena. If you are already a lover of sacred wonders, give them extra love and care. To expand your thinking and tenderize your mood, give your adoration to these related themes: consecration, sublimity, veneration, devotion, reverence, awe and splendor.

VIRGO (Aug. 23-Sept. 22): My favorite Buddhist monk, Thich Nhat Hanh, wrote the following: "In us, there is a river of feelings in which every drop of water is a different feeling, and each feeling relies on all the others for its existence. To observe it, we just sit on the bank of the river and identify each feeling as it surfaces, flows by and disappears." I bring this meditation to your attention, Virgo, because I hope you will do it daily during the next two weeks. Now is an excellent time to cultivate an intense awareness of your feelings — to exult in their rich meanings, to value their spiritual power, to feel gratitude for educating and entertaining you.

LIBRA (Sept. 23-Oct. 22): How might your life come into clearer focus when you uncover secrets that inspire your initiative and ingenuity? What happens when resources that had been inaccessible become available for your enjoyment and use? How will you respond if neglected truths spring into view and point the way toward improvements in your job situation? I suspect you will soon be able to tell me stories about all this good stuff. PS: Don't waste time feeling doubtful about whether the magic is real. Just welcome it and make it work for you

SCORPIO (Oct. 23-Nov. 21): It's not the best time to tattoo a lover's likeness on your abdomen. Maybe in May, but not now. On the other hand, the coming weeks will be an excellent time to see if your paramour might be willing to tattoo your name on their thigh. Similarly, this is a favorable period to investigate which of your allies would wake up at 5 a.m. to drive you to the airport, which of your acquaintances and friends would stop others from spreading malicious gossip about you and which authorities would reward you if you spoke up with constructive critiques.

SAGITTARIUS (Nov. 22-Dec. 21): Redwoods are the tallest trees in the world. They can grow as high as 350 feet. Their roots are shallow, though, reaching down just 6 to 12 feet before spreading out 60 to 100 feet horizontally. And yet the trees are sturdy, rarely susceptible to being toppled by high winds and floods. What's their secret? Their root systems are interwoven with those of other nearby redwoods. Together, they form networks of allies, supporting each other and literally sharing nutrients. I endorse this model for you to emulate in your efforts to create additional stability and security in your life, Sagittarius.

CAPRICORN (Dec. 22-Jan. 19): What's the best way to be fulfilled? Hard work and discipline? Are we most likely to flourish if we indulge only moderately in life's sweet pleasures and mostly focus on the difficult tasks that build our skills and clout? Or is it more accurate to say that 90% of success is just showing up — being patient and persistent as we carry out the small day-to-day sacrifices and devotions that incrementally make us indispensable? Mythologist Joseph Campbell described a third variation: to "follow our bliss." We find out what activities give us the greatest joy and install those activities at the center of our lives. As a Capricorn, you are naturally skilled at the first two approaches. In the coming months, I encourage you to increase your proficiency at the third.

AQUARIUS (Jan. 20-Feb. 18): Mackerels are unusual fish in that they must keep swimming nonstop. If they don't, they die. Do they ever sleep? Scientists haven't found any evidence that they do. I bring them up now because many of you Aquarians have resemblances to mackerels, and I think it's especially crucial that you not act like them in the coming weeks. I promise you that nothing bad will happen if you slow way down and indulge in prolonged periods of relaxing stillness. Just the opposite in fact: Your mental and physical health will thrive as you give your internal batteries time and space to recharge.

PISCES (Feb. 19-March 20): A financial advisor once told me I could adopt one of three approaches to running my business: 1. Ignore change; 2. always struggle with change, half-immobilized by mixed feelings about whether to change or stay pat; 3. learn to love and thrive on change. The advisor said that if I chose either of the first two options, I would always be forced to change by circumstances beyond my control. The third approach is ultimately the only one that works. Now is an excellent time for you Pisceans to commit yourself fully to number three — for both your business and your life.

Go to RealAstrology.com to check out Rob Brezsny's EXPANDED WEEKLY AUDIO HOROSCOPES and DAILY TEXT MESSAGE HOROSCOPES. The audio horoscopes are also available by phone at 1-877-873-4888 or 1-900-950-7700.

**Events & Happenings in Lansing This Week** 

Events must be entered through the calendar at lansingcitypulse.com. Deadline is 4 p.m. Wednesday for the upcoming Wednesday edition. Charges may apply for paid events to appear in print. If you need assistance, please call Nicole at (517) 999-5066.

#### Wednesday, March 1

"A Course of Love" with Lucille Olson - 7 p.m. Zoom ID: 177 417 886. Passcode: 601744. unitylansing.org.

After-School Enrichment Time - Kids can get their homework done, use the computers, eat snacks and have a great, safe time, 3:30-5:30 p.m. Higher Ground Community Development Center, 3637 W. Jolly Road, Lansing. 517-894 1633

Allen Farmers Market - 3-6:30 p.m. 1629 E. Kalamazoo St., Lansing. 517-999-3911. allenneighborhoodcenter.org/market.

Art Scholarship Alert High School Exhibition - 11 a.m.-4 p.m. Lansing Art Gallery & Education Center, 300 S. Washington Square, Suite 100, Lansing. 517-574-4521. lansingartgallery.org.

"Blind Spot: Stephanie Syjuco" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

**Bookend Gallery Display by Lansing Women's** Artist Collective - Noon-4 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-locations/haslett.

Code Club! - Learn to make websites, apps, animations and more! No coding experience necessary. Grades 3+. Register at hq.girlswhocode.com using club code MI45609. 6 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

Fitness Over 50 - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian-50plus.com.

Handmade Pasta series, session four: Orec-chiette - Put your skills to the test with this hand-shaped semolina pasta. Pay homage to this Puglia classic with spicy sausage, rapini and fen-nel. 6 p.m. Bradly's HG, 319 E. Cesar E. Chavez Ave., Lansing. 517-999-0399. bradlyshg.com.

It's Elementary! - Discover science in the world around you with experiments, crafts, activities and more. Snack included. Grades 3-6. Registration req. 2:45 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. 517-543-8859. charlottelibrary.org.

LBCA Meeting - 7:30 a.m. Pine Hills Golf Course,

### Meranda's Cleaning, Where Excellence is Our Habit

What Do We Clean?

Homes, Rentals, New **Construction**, and Offices

How Often? Weekly, Biweekly, Monthly or a one time Deep Clean

We've been proud cleaners of City Pulse since last year!

Email us anytime at Merandascleaning@yahoo.com

company who offer many forms of cleaning. We have 6 years of experience and would love to work for you Please email us for a free estimate at any time.

Hello, we are a new cleaning



6603 Woodbury Road, Laingsburg.

March Movie Event - "Leap Year" in our Spartan Room. Rated PG. Popcorn provided. 5:30 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. 517-543-8859. charlottelibrary.org.

**Meditation in the Thich Nhat Hanh tradition** - All are welcome to join our weekly practice!

7-9 p.m. Van Hanh Temple, 3015 S. MLK Jr Blvd., Lansing. lamc.info.

New Interface of The USC Shoah Visual History Archive: Genocide Testimony Data**base** - Demonstration of the new interface and sophisticated searching features, 4 p.m. MSU Main Library, 366 W. Circle Drive, East Lansing. 517-884-0901. lib.msu.edu.

Open Mic Hosted by Rick Hansel - Family-friendly, welcomes singers and musicians. No cover! 6 p.m. UrbanBeat, 1213 Turner St., Lansing. 517-331-8440. urbanbeatevents.com.

Weaving the Web: Invocation - Join us online or in person for discussions, rituals, meditations and more! 6 p.m. Keys to Manifestation, 809 Center St., Suite 7, Lansing. 517-974-5540. manifestlansing.com.

### Thursday, March 2 "A Course in Miracles," a Group Discussion on ZOOM - 7 p.m. Meeting ID: 177 417 886 Passcode: 601744. unitylansing.org.

Art Scholarship Alert High School Exhibition - 11 a.m.-4 p.m. Lansing Art Gallery & Education Center, 300 S. Washington Square, Suite 100, Lansing. 517-574-4521. lansingartgallery.org.

**Beginning West Coast Swing Group Dance Class** Wear casual clothing and smooth-soled shoes. Singles or couples welcome. Seven-week class. 7 p.m. Michigan Athletic Club, 2900 Hannah Blvd., East Lansing. 517-364-8888. sparrow.org.

"Blind Spot: Stephanie Syjuco" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

**Bookend Gallery Display by Lansing Women's** Artist Collective - Noon-6 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-locations/haslett

Harborcoat (Solo Acoustic) - 5 p.m. Horrocks Farm Market, 7420 W. Saginaw Hwy, Lansing. 517-323-3782. shophorrocks.com.

> Kinky Boots - 7 p.m. Riverwalk Theatre, 228 Museum Drive, Lansing. 517-482-5700. riverwalktheatre.com.

Ladies Silver Blades Skating Club - Join other adult women for fun, exercise, friendship and skating practice. 9:30-11:20 a.m. Suburban Ice, 2810 Hannah Blvd., East Lansing. ladiessilverblades.org.

March is Reading Month Kickoff: Green Eggs and Ham - Reading the Dr. Seuss story and cooking up green eggs with and without ham. 6 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

Orchestra Lecture Recital: TBA - 7:30 p.m. Fairchild Theatre, 542 Auditorium Road, East Lansing. 517-353-5340. music. msu.edu.

#### "Reflections in Watercolor" opening reception Saturday, March 4

1-2 p.m.

Hannah Community Center Public Art Gallerv 819 Abbot Road, East Lansing

Sarah Eubanks, an East Lansing-based artist, will open her "Reflections in Watercolor" exhibit at the Hannah Community Center's Public Art Gallery Saturday (March 4). There will be a free opening reception with light snacks.

"Watercolor paintings in this exhibit were created over the past two years. I am very intuitive. I tend toward the abstract in my landscapes, florals and animal and human portraits,"

Eubanks said. "I work quickly in watercolor, using memory and emotion as my guide. I often draw from family and friends and from places that surround me at home in East Lansing."

For example, she created the at-tached piece, "Whitehills Pond," the day after the tragic shooting at Michigan State University.

"Many times, I start a watercol-or without knowing where I'm going and rely on my feelings, memories and associations to guide me," she said. "What emerged on Tuesday, I realized upon its completion, was this portrait of a tranquil spot where many of our East Lansing neighbors stop

on their Harrison Meadows Northern Tier Trail walks. When I realized what I had painted, I sent it to my neighbors and friends as sort of a big hug from me.' The exhibit will run through March 27. The gallery is open 6 a.m. to 9 p.m. Monday through Friday, 8 a.m. to 8 p.m. Saturday and noon to 8 p.m. Sunday.

Space Adventure - Ages 2-4. 10 a.m. Impression cadl.org/about/our-locations/haslett.

5 Science Center, 200 Museum Drive, Lansing. 517-485-8116. impression5.org.

Upbeat Thursdays with Max Gage Trio - 7 p.m. UrbanBeat, 1213 Turner St., Lansing. 517-331-8440. urbanbeatevents.com.

#### Friday, March 3

After-School Enrichment Time - Kids can get their homework done, use the computers, eat snacks and have a great, safe time. 3:30-5:30 p.m. Higher Ground Community Development Center, 3637 W. Jolly Road, Lansing. 517-894-1633

Art Scholarship Alert High School Exhibition - 11 a.m.-6 p.m. Lansing Art Gallery & Education Center, 300 S. Washington Square, Suite 100, Lansing. 517-574-4521. lansingartgallery.org.

**Beginning West Coast Swing Group Dance Class** - Wear casual clothing and smooth-soled shoes. Singles or couples welcome. Seven-week class. 7 p.m. Michigan Athletic Club, 2900 Hannah Blvd., East Lansing. 517-364-8888. sparrow.org

"Blind Spot: Stephanie Syjuco" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

Bookend Gallery Display by Lansing Women's Artist Collective - Noon-4 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324.



Registration req. 4:15 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. 517-543-8859, charlottelibrary.org

Craft Club Jr - Making rice mosaics. Grades 1-3.

First Fridays for College Students - Silent Spring Disco - Grab some earphones, pick your music and dance your heart out. When you need a break, explore the many exhibits. Refuel with snacks, win prizes and more! 7-9 p.m. MSU Museum, 409 W. Circle Drive, East Lansing. 517-355-2370. museum.msu.edu.

San Juan Diego Council #15417 Knights of Columbus Fish Fry - Fried cod, steak fries, coleslaw, baked potato, mac and cheese, roll and butter, coffee. Desserts and beverages for purchase. 5-7 p.m. Cristo Rey Church, 201 W. Miller Road, Lansing. 517-394-4639. cristoreychurch.org

Fitness Over 50 - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian-50plus.com.

Jazz Orchestras with Camille Thurman, saxophone (JAR) - 8 p.m. Fairchild Theatre, 542 Auditorium Road, East Lansing. 517-353-5340. music.msu.edu.

# Live & Local

The Avenue 2021 E. Michigan Ave., Lansing Space Dogg Collective Presents: Bass Doggs II Fri., March 3, 9 p.m. Singing Lungs, Cavalcade, Cold Joys Sat., March 4, 9 p.m.

Eaton Rapids Craft Co. 204 N. Main St., Eaton Rapids Brian Shelley Fri., March 3, 7 p.m. Copper Johnson Sat., March 4, 7 p.m.

The Exchange 314 E. Michigan Ave., Lansing Electric Flower Co. Fri., March 3, and Sat., March 4, 9 p.m.

The Green Door 2005 E. Michigan Ave., Lansing Soulstice Fri., March 3, 8:30 p.m. The Rotations Sat., March 4, 8:30 p.m.

Horrocks Farm Market 7420 W. Saginaw Hwy., Lansing Harborcoat (solo acoustic) Thurs., March 2, 5 p.m.

Lansing Brewing Co. 518 E. Shiawassee St., Lansing Mix Pack Sat., March 4, 7 p.m.

Mac's Bar 2700 E. Michigan Ave., Lansing The Smokin' Dobroleles Sat., March 4, 8 p.m.

**One North Kitchen & Bar** 5001 W. Saginaw Hwy., Lansing **Darin Larner Jr.** Sat., March 4, 6:30 p.m.

The Peanut Barrel 521 E. Grand River Ave., East Lansing Moth Duster Fri., March 3, 8 p.m.

Reno's North 16460 Old U.S. 27, Lansing The New Rule Fri., March 3, and Sat., March 4, 6 p.m.

University United Methodist Church 1120 S. Harrison Road, East Lansing Matt Watroba and Claudia Schmidt Fri., March 3, 7:30 p.m.

#### UrbanBeat

1213 Turner Road, Lansing Upbeat Thursdays with Max Gage Trio Thurs., March 2, 7 p.m. DJ John Beltran Fri., March 3, 8 p.m. So This Is Love: A Cabaret Matinee to Benefit Ukraine Sun., March 5, 3 p.m.

Williamston Roadhouse 3700 E. Grand River Ave., Williamston Justin Burton Wed., March 1, 7 p.m. Parted Waters Sat., March 4, 7 p.m.





Courtesy of Marites Woodbury

Rodeo Boys, an emerging Lansing-based outfit, announced its next LP, "Home Movies." will be released on Don Giovanni Records.

#### Rodeo Boys announce new LP on Don Giovanni Records

Since Lansing isn't as big as Detroit, Ann Arbor or Grand Rapids, capital-city-based bands are often overlooked nationally. But that isn't the case for Rodeo Boys. Taste-making outlets like Stereogum have praised the outfit for its "sticky, snarly hooks and big riffs." Just last week, BrooklynVegan debuted the band's latest single "Sugar," and its accompanying music video.

The new track, now streaming everywhere, is the lead single on "Home Movies," the band's forthcoming LP on its new label, Don Giovanni Records. Once again, the locals offer a potent brew of feedback-fueled angst, blistering guitar solos and earworm vocal hooks. The 10 new songs nod to '90s alt-rock but don't forget the band's blue-collar, '90s country roots. After all, aside from rocking out, vocalist and guitarist Tiff Hannay said the self-described "queer blue-collar band" aims "to give a voice to young queer people in small towns."

Before they hopped in the van to tour down to a South by Southwest showcase, Hannay chatted with City Pulse.

What inspired the new single, "Sugar"?

**Hannay:** It's a very personal song to me. It's kind of about taking things and people for granted and how childhood neglect affects your relationships as an adult.

The new video is set in a familiar location. How did that all come together?

We got some pals together on a Sunday morning at The Avenue before it opened, and everyone was a really good sport about it. We shot the whole thing in six hours, which is nuts considering how much storyline there was. All of our videos were directed and shot by Lexi and Nick Couture, and they've been incredible to work with. I also have an ace in the pocket, Dylan Rogers, who co-writes and stars in all of our videos. I really adore him.

When did you record the "Home Movies" album?

We started tracking that album almost two years ago. If you can believe it, everything aside from the cover was recorded in my attic or Cody's tiny bedroom closet. It was the best we could come up with at the time but also kind of a nightmare. We sent everything over to Nate Iverson to mix and master, and if I had to re-record something, we'd pull out Cody's clothes and set up the 'vocal booth' again.

Your vocals are strong on these new songs. Did you approach your vocal delivery in any new ways?

I definitely have had a lot more practice. I tried some new techniques and took a lot of time on my vocals. There are still things I would redo if given a chance, but at some point, you have to put the track down and send it on to mixing. Our first album was cut in a day and a half to get music out there as soon as possible. We wanted to take our time with this album and get something we were proud of.

Rodeo Boys are now on Don Giovanni Records. That's a nice bump-up.

We couldn't be happier. Don Giovanni is such a cool label with real punkrock credibility. The biggest impact is going to be distribution and press. You can make an excellent record, but if no one ever hears it, you don't move forward. They're sending us to South by Southwest, which is huge for us. Before the album comes out, we have two more singles with music videos we're releasing through Don Giovanni. I'm really excited to get people listening to them.

Check out Rodeo Boys at rodeoboys.bandcamp.com.

# Just part of the party Husband-and-wife team joins LSO for Mozart revelry

#### **By LAWRENCE COSENTINO**

"Soloist" isn't quite the right word for Ara Gregorian's job at Saturday's Lansing Symphony Orchestra concert, and not just because he will share the spotlight with his wife, Hye-Jin Kim.

In Mozart's exquisite Sinfonia Concertante, Gregorian's viola and Kim's violin will dissolve into a hypnotic tapestry that defies classification. Voices from the wind section will glide alongside the two soloists like dolphins swimming alongside a sailing ship, surfacing and disappearing into the harmonic swells.

"It's exactly like chamber music," Gregorian said. "Not just with the interplay of the violin and viola, but there are so many phrases passed between the instruments of the orchestra."

The music transcends form, not just because it's a hybrid of sym-

Lansing Symphony

**Orchestra with Ara** 

Hye-Jin Kim, violin

Saturday, March 4

Wharton Center Cobb Great Hall

whartoncenter.com

7:30 p.m.

\$25-58

517-487-5001

Gregorian, viola, and

phony and chamber music.

"The slow movement was written after his mother's death, and it's filled with unbelievably poignant sentiment," Gregorian said.

If a part of that slow movement (specifically, bars 58 to 61) releases a weird bubble into your brain, it may be a sense memory of the music that

follows each death in Peter Greenaway's morbid 1988 movie "Drowning by Numbers." (That's why the scary little girl on the swing chants "58," but I digress.)

Gregorian and Kim relish any chance to play the piece together, as they did last month with the Chamber Orchestra of the Triangle in Durham, North Carolina.

As husband and wife, Gregorian and

#### Kim are in a unique position to mix the "all-consuming" job of making music with domestic and professional life. They're both faculty members at East Carolina University and perform together frequently at summer music festivals and chamber concerts.

"We love it all," Gregorian said. "I feel like I know her playing. I know what she's going to do, and I hope it's the same with her."

They've never felt the need to restrict shop talk offstage.

"We let it come up as it comes up," he said. "No lines drawn in the sand. You can get intense and very passionate about music, and, being a married couple, sometimes you have to be careful about that, but we've done it a long time, and we know the ins and outs."

Gregorian first fell in love with Mozart's Sinfonia Concertante in his teens, after a trip to a local record store with his famous father.

He's the son of Leon Gregorian, who directed MSU's orchestras for 28 years, and Linda Gregorian, a musician and teacher who has played viola in the LSO since 1985. Ara Gregorian attended

East Lansing High School and went to MSU for two years before going on to Juilliard. He misses places like El Azteco and the now-defunct Bilbo's Pizza.

His parents started him on violin when he was 4 years old but didn't push him to become a professional musician.

"They let me come to it myself, to decide to make that investment," he said. "I just feel fortunate to have grown up around music all the time. That brings a lot to what I do now."

He keeps a busy schedule of teaching and performing, especially in chamber settings, and has played around the world, including in Jerusalem, Hong Kong, Shanghai and points well beyond.

At the invitation of a former student from Mongolia, he gave a solo recital in the nation's capital, Ulaanbaatar, plaving a Bruch violin concerto at the National Academic Theatre of Opera and Ballet.

"That's one of the amazing things about being a musician," he said. "We get to travel to such amazing places, share what we do and learn from being in those places. People everywhere love music."

This month, Gregorian is busy putting together North Carolina's Four Seasons Chamber Music Festival, which he founded and directs.

After Saturday's concert at the Wharton Center, there's bound to be a Gregorian family reunion, which may or may not take place at El Azteco.

The LSO concert is anchored by a pairing of seemingly simpatico works. It's obvious why music director Timothy Muffitt chose to follow Mozart with Shostakovich's Symphony No. 9.

The Soviet-era composer is famous for epic, dreadnought-class symphonies freighted with angst, but he double-crossed everyone with his unexpectedly nimble, classically proportioned Ninth - or so the experts say.

But don't be lulled. The doorman may usher you into the foyer with brisk, Mozartean flourishes, but this is still Shostakovich's Stalin-haunted funhouse. The only big difference between his Ninth and

Courtesv photo In 2019, violinist Hye-Jin Kim founded Lullaby Dreams, a program that brings music to infants, parents and medical staff at Maynard Children's Hospital in



Violinist and violist Ara Gregorian is the founder and musical director of the Four Seasons Chamber Music Festival in North Carolina.

the longer symphonies is its crazy-short attention span.

Silly piccolo trills and forced hippity-hops of merriment give way to a leaden trombone chorus that huffs and flexes like the Russian Olympic weightlifting team. A queasy, mysterious meditation calls to mind dancers from a Tchaikovsky ballet straying into an icy chamber from Franz Kafka's "The Castle." The last movement channel surfs without mercy, flipping from solo bassoon musings to Viennese dance flourishes to strumming balalaikas to the tank battle of Kursk. It all ends in an amphetamine-driven clown car crash and elephant stampede that must be heard to be believed. Mozart was never like this.

**Events** 

#### from page 19

Kinky Boots - 8 p.m. Riverwalk Theatre, 228 Museum Drive, Lansing. 517-482-5700. riverwalk theatre.com.

**Mason Knights of Columbus Dine-in Fish Fry** Three fried or baked pieces of cod, shrimp, fries or baked potato, mac and cheese, coleslaw, green beans, dinner roll and a dessert. Takeout available. 4:30-7 p.m. 1010 S. Lansing St., Mason. masonknights.org

Matt Watroba and Claudia Schmidt - 7:30 p.m. University United Methodist Church, 1120 S. Harrison Road, East Lansing. 517-337-7744. tenpoundfiddle.org.

**Space Adventure** - Ages 2-4. 10 a.m. Impression 5 Science Center, 200 Museum Drive, Lansing.

517-485-8116. impression5.org.

Travelogue - Helsinki, Estonia and Barcelona -Join Fathi and Karen Saad as they visit Helsinki and Tallinn, Estonia, then head south to Barcelona. Spain, to gaze at the amazing architecture of Gaudi, Montserrat monastery and other vibrant sights. 7 p.m. Foster Community Center room 213, 200 N. Foster Ave., Lansing. 517-483-4233.

Saturday, March 4 Art Scholarship Alert High School Exhibition - 11 a.m.-4 p.m. Lansing Art Gallery & Education Center, 300 S. Washington Square, Suite 100, Lansing. 517-574-4521. lansingartgallery.org.

"Blind Spot: Stephanie Syjuco" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

Board Game Saturdays - Free fun for the whole family! 10 a.m.-3 p.m. Eaton Rapids Area District

Library, 220 S. Main St., Eaton Rapids. 517-663-0950. eradl.org.

Bookend Gallery Display by Lansing Women's Artist Collective - Noon-2 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-locations/haslett.

Cabin Fever Reliever - Street festival filled with delightful drinks, amazing food and the sounds of Starfarm's music. 21+. 4-8 p.m. Downtown DeWitt, corner of Bridge and Main streets. 517-624-0285. dda.dewittmi.gov.

Children's Cultural Concert Series - Let's Be Inclusive with Joe Reilly - Original songs that celebrate diversity in its many forms. 11 a.m. Hannah Community Center, 819 Abbot Road, East Lansing. 517-319-6888. cityofeastlansing. com.

Contra & Square Dance - All dances taught - no partner needed. Wear loose clothes and comfortable shoes. 7 p.m. Central United Methodist Church, 215 N. Capitol Ave., Lansing. 517-614-5858. tenpoundfiddle.org

Darin Larner Jr. - 6:30 p.m. One North Kitchen & Bar, 5001 W. Saginaw Hwy., Lansing. 517-901-5001. onenorthdining.com.

"DIE/GEST" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

**Drummunity Percussion Experience with Lori** Fithian - Drums, hand-percussion instruments and refreshments provided. No experience required. Ages 3 and up. 10:30 a.m. University United Methodist Church, 1120 S. Harrison Road, East Lansing. 517-337-7744. tenpoundfiddle.org

# **Bite-sized pieces of history**

**Real photo postcard** 

**lecture with Doug** 

Library of Michigan Lake Erie Room

702 W. Kalamazoo St.,

Aikenhead

1 p.m.

Lansing

Free

Saturday, March 4

#### **By BILL CASTANIER**

22

If you open Facebook, you'll likely be overloaded with astonishing photo-

graphs, mostly taken with a smartphone. Modern technology allows everyone to be a photographer and share images with friends, family and total strangers across the world. It's so common it's become mundane.

Now, imagine it's more than 100 years ago, and a newfangled camera allows you to take a photograph

that can be printed as a postcard and mailed around the world.

Called real photo postcards, these sometimes one-of-a-kind, diminutive photographs were extremely popular from the turn of the 20th century until the 1930s. Today, they're highly collectible and can be extremely expensive. Recently, one of a pioneer aviator taken in Lansing sold on eBay for several hundred dollars.

A book published last year by the Museum of Fine Arts in Boston, "Real Photo Postcards: Pictures from a Changing Nation," is a comprehensive look at this unusual form of communication. The New York Times said the book "is beautifully lucid, among the finest published collections thus far."

The book's images come from the

Leonard A. Lauder Postcard Archive. Lauder, an obsessive collector, major art philanthropist and heir to the Estée Lauder cosmetic company, has amassed tens of thousands of real photo postcards.

For a closer look at these one-of-a-kind images, the "By the Yard" panoramic

photo exhibit, sponsored by the Library of Michigan and the Historical Society of Greater Lansing, is hosting a lecture with noted photographer and vintage postcard collector Doug Aikenhead of Ann Arbor 1 p.m. Saturday (March 4). The lecture and exhibit are free and open to the public, and parking is free in an adjacent lot.

Aikenhead will showcase some of his rare real photo postcards and discuss the unique phenomenon of citizen photography they display. What makes these postcards special is that they're printed in a darkroom directly on photo paper, unlike mass-produced lithographic postcards.

Real photo postcards, like the one above, were printed in a darkroom directly on photo paper, unlike mass-produced lithographic postcards. They tell the history of the United States, often depicting small-town streets, parades and patriotic events and family gatherings.

Real photo postcards boomed when Eastman Kodak began marketing postcard-sized photographic paper in 1903. That same year, Kodak also introduced its No. 3A Autographic camera, which allowed photographers to use a metal stylus to write descriptions and locations directly on the negative, appearing in white on a final print.

The final product was a one-to-one contact print  $(3 \ 1/4$  by  $5 \ 1/2$  inches) with the photo on one side and mailing information on the other.

Today, these photographs tell the early history of the United States. Typical real photo postcards were taken on small-town streets, at parades and patriotic events and at family gatherings.

"These photographs tell us a lot about who we are and what was important to people more than 100 years ago," Aikenhead said. "These real photo postcards provide a jumping-off point for collectors and historians to research more details about who or what is shown in the photograph."

## **Events**

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English Country Dance - All dances taught no partner needed. Wear loose clothes and comfortable shoes. 2-5 p.m. Central United Methodist Church, 215 N. Capitol Ave., Lansing. 517-614-5858. tenpoundfiddle.org.

Family Day: JOIN - Join us to raise your voice for the arts in Michigan – Arts & Culture Advocacy Day is March 17. Registration req. 11 a.m. Eli & Edvthe Broad Art Museum, 547 E. Circle Drive. East Lansing. 517-884-4800. broadmuseum.msu. edu

Kinky Boots - 8 p.m. Riverwalk Theatre, 228 Museum Drive, Lansing. 517-482-5700. riverwalktheatre.com.

March into Spring - Fitness classes from 9-11 a.m. and member/guest social from 11 a.m.-12:30 p.m. Members free, may bring a guest for free. Non-members \$15. Child watch available 9-11 a.m. Oak Park YMCA, 900 Long Blvd, Lansing. 517-827-9700. lansingymca.org/oakpark.

Mid-Winter Arts & Craft Market - 60+ local vendors selling a wide variety of Michigan-made items, children's craft table, hot food and raffle drawings every 10 minutes. 10 a.m.-2 p.m. Schmidt Southside Community Center, 5825 Wise Road, Lansing. 517-374-5700. southlansing.org.

Old Town Lumberjack Festival - We'll close down Turner Street from Cesar E. Chavez Avenue to Clinton Street. Featuring feats of strength team competitions, beard and mustache competitions, Old Town vendors, beer, bourbon and more! 21+.

Noon-5 p.m. 517.485.4283. iloveoldtown.org.

Quiet Adventures Symposium 2023 - 34 speakers and over 100 exhibitors oriented to quiet. nonmotorized outdoor adventures. Explore the outdoors, learn about our environment, identify new adventures and find a new kayak or bike. 9 a.m.-5:30 p.m. MSU Pavilion for Agriculture and Livestock Education, 4301 Farm Lane, East Lansing. quietwatersociety.org.

#### "Reflections in Watercolor" Opening Reception - 1-2 p.m. Hannah Community Center Public

Art Gallery, 819 Abbot Road, East Lansing, 517-333-2580, ext. 0. cityofeastlansing.com/353/ public-art-gallery.

Shostakovich Symphony No. 9 - LSO - 7:30 p.m. Cobb Great Hall, 750 E. Shaw Lane, East Lansing, 517-487-5001. lansingsymphony.org

The Smokin' Dobroleles - 8 p.m. Mac's Bar, 2700 E. Michigan Ave., Lansing. 517-484-6795. macsbar.com.

#### Sunday, March 5 "A Course in Miracles" with Dan and Carol

Maynard - Noon. Unity Spiritual Center of Lansing, 2395 Washington Road, Lansing. 517-371-3010. unitylansing.org

"Blind Spot: Stephanie Syjuco" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

**Bottle and Can Collection for Eastern Ingham** Farmers Market - 11 a.m.-1 p.m. McCormick Park, 123 High St., Williamston. 517-618-1630. east-

erninghamfarmersmarket.org. "DIE/GEST" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

#### **Old Town Lumberjack Festival** Saturday, March 4 Turner Street (from Cesar E. Chavez

**Avenue to Clinton Street)** Noon-5 p.m. 21+

After a pandemic hiatus, the 4th annual Brrs, Beards & Brews: A Lumberjack Festival will hit Turner Street in Old Town Saturday (March 4), featuring feats-of-strength team competitions, beard and mustache contests, vendors, beer, bourbon and more.

"We are thrilled to bring the Old Town Lumberjack Festival back to the community," said Robert Doran-Brockway, executive director of the Old Town Commercial Association. "We invite all burly and not-so-burly lumberjacks, lumberjanes and everyone in between who is at least 21 years old and has a valid ID to come out and join us for a day of fun and competition.

There's a suggested \$10 donation at the door, which goes directly to the commercial association to help with business recruitment, beautification, community engagement, cultural preservation and economic development.

Co-ed teams of five can register for the feats of strength competitions by emailing oldtown@oldtownmainstreet.org. There is a \$150 registration fee per team.

#### **Drum Circle with Greater Lansing Area**

Drummers (GLAD) - 1 p.m. Keys to Manifestation, 809 Center St., Suite 7, Lansing. 517-974-5540. manifestlansing.com.

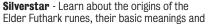
Echoing Air – A Season of Penitence: Music for Lent - Composers include Charpentier, Purcell. Schutz, Frescobaldi, Monteverdi, Caldara and



Carissimi. 4 p.m. St. Paul's Episcopal Church, 218

W. Ottawa St., Lansing. stpaulslansing.org.

**Introduction to the Runes with Lord Solinox** 





### **Capitol City Chordsmen: "Blast from the Past"**

Saturday, March 4 7 p.m.

#### **Chippewa Middle School** 4000 Okemos Road, Okemos

The Capitol City Chordsmen, a Lansing-area men's barbershop chorus that was founded in 1939 and performs at various events throughout southern Michigan, will host its annual concert Saturday evening (March 4).

This year's theme is "Blast from the Past," with a setlist composed of songs from the group's history.

Midtown, a New York City-based barbershop guartet, CHONK, a mid-Michigan-based barbershop quartet, and other local quartets will join the Chordsmen. Tickets are \$22 and can be purchased through the chorus' website, capitolcitychordsmen.com.



## **Events**

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correspondences and ways to incorporate them into your own magickal and spiritual practices. 3 p.m. Keys to Manifestation, 809 Center St., Suite 7, Lansing. 517-974-5540. manifestlansing.com.

JUGGLERS AND WOULD-BE JUGGLERS - Jugglers meet at the Orchard Street Pump House at 2 p.m. Sundays. 368 Orchard St., East Lansing. mikemarhanka@gmail.com.

Kinky Boots - 2 p.m. Riverwalk Theatre, 228 Museum Drive, Lansing. 517-482-5700. riverwalktheatre.com.

"Reflections in Watercolor" - Noon-8 p.m. Hannah Community Center Public Art Gallery, 819 Abbot Road, East Lansing. 517-333-2580, ext. 0. cityofeastlansing.com/353/public-art-gallery.

Six Voices in Winter: Poets Speak - Come enjoy coffee, conversation and audience participation for a night of poetry, fun and ideas. Registration req. 2-4 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge, 517-627-7014. gladl.org.

"So This Is Love" - A Cabaret Matinee to Benefit Ukraine - 3 p.m. UrbanBeat, 1213 Turner St., Lansing. 517-331-8440. urbanbeatevents.com.

## Monday, March 6 After-School Enrichment Time - Kids can get

their homework done, use the computers, eat snacks and have a great, safe time. 3:30-5:30 p.m. Higher Ground Community Development Center, 3637 W. Jolly Road, Lansing. 517-894-1633.

**Bookend Gallery Display by Lansing Women's** Artist Collective - Noon-4 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-locations/haslett.

Finance Committee - 6 p.m. Laingsburg City Hall, 114 Woodhull St., Laingsburg. laingsburg.us.

Fitness Over 50 - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian50plus.com.

Jump Into Reading - Stories, songs, activities and therapy dogs. Intended for children ages 0-5 and their caregivers. 11 a.m. Eaton Rapids Area District Library, 220 S. Main St., Eaton Rapids. 517-663-0950. eradl.org.

"Reflections in Watercolor" - 6 a.m.-9 p.m. Hannah Community Center Public Art Gallery, 819 Abbot Road, East Lansing. 517-333-2580, ext. 0. cityofeastlansing.com/353/public-art-gallery.

STEAM: Rainbow in a Bottle! - Create a liquid rainbow in a bottle and learn about science! Registration req. 6 p.m. Grand Ledge Area Dis-trict Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

## Tuesday, March 7 Bookend Gallery Display by Lansing Women's Artist Collective - Noon-4 p.m. CADL - Haslett

Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-locations/haslett.

Michigan's Extraordinary Buildings - Q&A/ book sale with Jeff Morrison, author of "Guard-ians of Michigan: Architectural Sculpture of the Pleasant Peninsulas," a 2023 Michigan Notable Book. Registration req. 6 p.m. Grand Ledge Area District Library, 131 Ė. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

Preschool Family Storytime - Stories and literacy-enhancing activities for ages 1-6. 11 a.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

Preteen Reads Book Club - Chat, eat snacks and have book-related fun. Grades 4-6. Registration req. 6 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. 517-543-8859. charlottelibrary.org.

"Reflections in Watercolor" - 6 a.m.-9 p.m. Hannah Community Center Public Art Gallery, 819 Abbot Road, East Lansing. 517-333-2580, ext. 0. cityofeastlansing.com/353/public-art-gallery.

Wednesday, March 8 "A Course of Love" with Lucille Olson - 7 p.m. Zoom ID: 177 417 886. Passcode: 601744. unitylansing.org.

After-School Enrichment Time - Kids can get

their homework done, use the computers, eat snacks and have a great, safe time. 3:30-5:30 p.m. Higher Ground Community Development Center, 3637 W. Jolly Road, Lansing. 517-894-1633.

Allen Farmers Market - 3-6:30 p.m. 1629 E. Kalamazoo St., Lansing. 517-999-3911. allenneigh borhoodcenter.org/market.

Art Scholarship Alert High School Exhibition -11 a.m.-4 p.m. Lansing Art Gallery & Education Center, 300 S. Washington Square, Suite 100, Lansing. 517-574-4521. lansingartgallery.org.

"Blind Spot: Stephanie Syjuco" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

**Bookend Gallery Display by Lansing Women's** Artist Collective - Noon-4 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-locations/haslett.

Code Club! - Learn to make websites, apps, animations and more! No coding experience necessary. Grades 3+. Register at hq.girlswhocode.com using club code MI45609. 6 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

"DIE/GEST" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

Fitness Over 50 - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian-50plus.com.

**Meditation in the Thich Nhat Hanh tradition** 

- All are welcome to join our weekly practice! 7-9 p.m. Van Hanh Temple, 3015 S. MLK Jr Blvd., Lansing. lamc.info.

Open Mic Hosted by Rick Hansel - Family-friendly, welcomes singers and musicians. No cover! ő p.m. UrbanBeat, 1213 Turner St., Lansing. 517-331-8440. urbanbeatevents.com.

Real Estate Career Night - Learn more about the exciting industry of real estate and the unique opportunity through EXIT to generate residual income that lasts! 5:30 p.m. EXIT Realty at Home, 1427 W. Saginaw St., Suite 110, East Lansing. 517-489-2550.

"Reflections in Watercolor" - 6 a.m.-9 p.m. Hannah Community Center Public Art Gallery, 819 Abbot Road, East Lansing. 517-333-2580, ext. 0. cityofeastlansing.com/353/public-art-gallery.

Weaving the Web: Meditation - Join us online or in person for discussions, rituals, meditations and more! 6 p.m. Keys to Manifestation, 809 Center St., Suite 7, Lansing. 517-974-5540. manifestlansing.com.

The Wonders & Perils of Bird Migration - Learn about bird-friendly building design and lights-out programs that can help migration. Registration req. 6 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

Thursday, March 9 "A Course in Miracles," a Group Discussion on ZOOM - 7 p.m. Meeting ID: 177 417 886 Passcode: 601744. unitylansing.org.

Art Scholarship Alert High School Exhibition -11 a.m.-4 p.m. Lansing Art Gallery & Education Center, 300 S. Washington Square, Suite 100, Lansing. 517-574-4521. lansingartgallery.org.

"Blind Spot: Stephanie Syjuco" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

Bookend Gallery Display by Lansing Women's Artist Collective - Noon-6 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-locations/haslett.

"DIE/GEST" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing.

517-884-4800. broadmuseum.msu.edu.

Drop-in Crafternoon - Ages 6-9. 4:30-5:30 p.m. CADL - Mason Library, 145 W. Ash St., Mason. 517-676-9088. cadl.org/about/our-locations/ mason.

Kinky Boots - 7 p.m. Riverwalk Theatre, 228 Museum Drive, Lansing. 517-482-5700. riverwalktheatre.com.

Ladies Silver Blades Skating Club - Join other adult women for fun, exercise, friendship and skating practice. 9:30-11:20 a.m. Suburban Ice, 2810 Hannah Blvd., East Lansing. ladiessilverblades.org.

Movers & Readers Storytime - Lively activities and stories for children ages 0-3 and their care-givers. 10:30 a.m. CADL – Mason Library, 145 W. Ash St., Mason. 517-676-9088. cadl.org/about/ our-locations/mason.

"Reflections in Watercolor" - 6 a.m.-9 p.m. Hannah Community Center Public Art Gallery, 819 Abbot Road, East Lansing. 517-333-2580, ext. 0. cityofeastlansing.com/353/public-art-gallery.

Science of Sound - Ages 2-4. 10 a.m. Impression 5 Science Center, 200 Museum Drive, Lansing. 517-485-8116. impression5.org.

Switch Gaming: Super Smash Bros. Tournament - Feel free to bring your Switch to play between turns. All skill levels welcome! 6-8 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

## Friday, March 10 After-School Enrichment Time - Kids can get

their homework done, use the computers, eat snacks and have a great, safe time. 3:30-5:30 p.m. Higher Ground Community Development Center, 3637 W. Jolly Road, Lansing. 517-894-1633.

Art Scholarship Alert High School Exhibition - 11 a.m.-6 p.m. Lansing Art Gallery & Education Center, 300 S. Washington Square, Suite 100, Lansing. 517-574-4521. lansingartgallery.org.

**Beginning West Coast Swing Group Dance Class -**Wear casual clothing and smooth-soled shoes. Singles or couples welcome. Seven-week class. 7 p.m. Michigan Athletic Club, 2900 Hannah Blvd., East Lansing. 517-364-8888. sparrow.org.

"Blind Spot: Stephanie Syjuco" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

Bookend Gallery Display by Lansing Women's Artist Collective - Noon-4 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-locations/haslett.

Deidre McCalla - A Black woman, mother, lesbian and feminist, McCalla has long been at the forefront of rewiring the perception of how Black folks do folk music. 7:30 p.m. University United Methodist Church, 1120 S. Harrison Road, East Lansing. 517-337-7744. tenpoundfiddle.org.

**"DIE/GEST"** - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

San Juan Diego Council #15417 Knights of Columbus Fish Fry - Fried cod, steak fries, coleslaw, baked potato, mac and cheese, roll and butter, coffee. Desserts and beverages for purchase. 5-7 p.m. Cristo Rey Church, 201 W. Miller Road, Lansing. 517-394-4639.

cristoreychurch.org.

Fitness Over 50 - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian50plus.com.

The Further Adventures of FatBoy and JiveTurkey - 8 p.m. UrbanBeat, 1213 Turner St., Lansing. 517-331-8440. urbanbeatevents. com.

# FOOD & DRINK A A A DINING OUT IN GREATER LANSING Hash it out over breakfast at Art's Pub

#### **By LIZY FERGUSON**

The morning after last week's ice storm, I had to leave the house anyway, so it seemed as good a time as any to try the relatively new breakfast options at Art's Pub, where you can otherwise get all sorts of tasty bar food and a beer as early as 7 a.m. It makes sense that they'd add breakfast options, and I'm so glad they did.

These include standard bacon and eggs as well as breakfast pizzas, sand-

wiches, waffles, omelets and hashes. A hash was the obvious choice for me, as a huge fan of what I lovingly refer to as "slop piles," which, to qualify, need to be served in a big, trough-like bowl and consist of four or more elements haphazardly piled on top of each other, covered in one or more sauces. It should be like a geological cross-section or an abstract lasagna. My selection, the Cabo Hash, absolutely fit the bill.

The base layer is composed of sweet potato tots and fried potatoes. It came from a bag and went into the deep fryer, but I have absolutely no issue with that. I was eating breakfast in a bar, after all. The potatoes are topped with a medley of fresh peppers, chorizo, queso fresco, pico de gallo, lime crema and, most important, pickled red onions.

Now, are pickled red onions everywhere I look lately? Sure. But sometimes things are popular because they're just really good. The starch of the dueling potatoes and the richness of the

Cabo Hash

\$13

Art's Pub

809 E. Kalamazoo St.,

Lansing

7 a.m.-11 p.m. daily

517-977-1033

artspublansing.com

chorizo made for the perfect bite when combined with the lime-infused sour cream and the bright, acidic vinegar flavor of the onions.

Two perfectly cooked sunny-side-up eggs completed this delicious breakfast formation, and each forkful taken from the core brought more of the runny yolks into the mix. I was scooping piles of the various elements onto pieces of sturdy rye toast, slurping my coffee and doing a crossword. It



Lizy Ferguson/City Pulse

The Cabo Hash at Art's Pub is composed of sweet potato tots, fried potatoes, fresh peppers, chorizo, queso fresco, pico de gallo, pickled red onions, lime crema and two perfectly cooked sunny-side-up eggs, plus two pieces of toast to assemble a messy, mouthwatering sandwich.

leftovers to create a second slop pile at home.

Though it's probably not the first place you'd think of for breakfast, Art's

Pub's interesting options and comfortable, extremely casual atmosphere warrant its addition to your list of places to try.



# Don't discard your bean water

#### **By ARI LEVAUX**

When I hear the word aquafaba, the term for the leftover liquid in a can of beans, my mind reflexively thinks "fabulous water," which is appropriate considering its many uses, including as an egg substitute.

Egg prices have more than doubled in the past year, thanks to an outbreak of avian flu. As the egg industry scrambles to rebuild its flocks, now is a good time to remember aquafaba and its many uses. You can beat it stiff like egg whites,

#### Aquafaba mayo

This recipe is more forgiving than traditional mayo recipes. It's closer in consistency to factory-produced supermarket mayo, and the flavor is spot on. Thick, creamy and tangy, it's totally perfect. You'll need a narrow jar or cup and some kind of mixer, ideally an immersion blender.

3 tablespoons garbanzo bean aquafaba

1 tablespoon lemon juice or vinegar

1/2 teaspoon mustard

1/2 teaspoon salt

One cup oil, such as olive, grapeseed or sunflower oil

Optional: for aioli, minced garlic

In an immersion receptacle or blender, combine all of the ingredients except the oil. Blend for 20 seconds. Slowly add the oil, a teaspoon at a time, until the mixture starts to noticeably thicken. Pour in the rest of the oil and garlic, if using. Blend until it's as thick as mayo.

#### Aquafaba meringue cookies

These cookies are sweet and tart and melt in your mouth like cotton candy.

Makes 10 cookies



use it in baked goods and even emulsify it into the finest mayonnaise.

Its egg-like properties are due to the fact that legumes contain albumins and



globulin proteins also found in eggs, which allow aquafaba to trap and hold air when beaten. The water

from garbanzo beans and other white beans, like great northern or white navy, is used the most because it has mild fla-

1 refrigerated can of garbanzo beans, shaken vigorously for 30 seconds

1/4 teaspoon cream of tartar

1/2 cup sugar

2 teaspoons lemon juice

Empty the liquid into a wide bowl and set the beans aside for later use. Add the cream of tartar, sugar and lemon. With an electric beater or stand mixer — something more than a whisk — beat the aquafaba until you have stiff peaks. While the oven preheats, dollop the foam onto a parchment-paper-covered baking sheet.

Bake at 250 degrees for 45 minutes. Let cool before serving. **Hummus** 

#### 1 can of garbanzo beans

The aquafaba from that can of beans, or as much as you can get 1/4 cup tahini

1/2 teaspoon salt

1 clove garlic

6 tablespoons olive oil

Combine all of the ingredients in a blender. Blend, adding more oil and aquafaba until irresistibly smooth and creamy. Use water if the aquafaba runs out.



Courtesy of Ari LeVaux

Aquafaba, the leftover liquid in a can of beans, is a cheap egg substitute to use during the current shortage. You can beat it stiff like egg whites, use it in baked goods and even emulsify it into mayonnaise.

vors and whips particularly well.

When using aquafaba to replace whole eggs, measure out 3 tablespoons per egg or 2 tablespoons for each egg white. Lightly whisk to aerate, just as you would with eggs. I'm not a baker, but I've had spectacular results from adding garbanzo aquafaba to Krusteaz pancake mix. The pancakes were fluffy and firm.

Most impressively, you can use aquafaba as an emulsifier in a delicious, eggfree mayonnaise that's easier to make than typical homemade versions. It might be the best mayo I've had, and I don't say that lightly.

My research on aquafaba resulted in many cans worth of garbanzo bean byproduct. Before my discovery of aquafaba, it was usually the other way around, with the liquid being forgotten and discarded. But now, I found myself hoarding the liquid from the bean cans while I figured out what to do with the beans themselves. I ended up making a lot of hummus. The only problem, it turns out, is I needed aquafaba for the hummus too. Hummus, like many other dishes, is better with aquafaba.

Here are some fabulous recipes using aquafaba, including mayonnaise and baked meringue. I've also included my hummus recipe since you'll need to do something with all those leftover garbanzo beans.





Serving soul food – Thursday thru Saturday 12-8 and Sunday 12-6

Bring in this coupon for 20% off

Lansing Mall - Main Entrance

5262 W. Saginaw Hwy (517) 983-0700

# Swap out potato chips with this healthy alternative

## From METRO CREATIVE CONNECTION

Many people believe no movie marathon is complete without a big bowl of popcorn. Movies and popcorn have been linked for decades, but popcorn is more than just a must-have on movie night.

Popcorn lovers may be surprised to learn just how healthy this beloved snack can be.

• Popcorn can help lower cholesterol. Like many other foods, popcorn is full of fiber. Fiber attaches to cholesterol particles and helps prevent them from entering the bloodstream and traveling to other parts of the body, according to Verywell Health. Fiber also helps regulate blood sugar and insulin levels, potentially helping people with diabetes.

• Popcorn promotes healthy digestion. Its high fiber content can alleviate constipation by stimulating the peristaltic motion of the smooth intestinal muscles and the secretion of digestive enzymes. It can also fill you up and stave off hunger pangs.

• Popcorn has disease-fighting properties. OrganicFacts.net says popcorn



#### TOP 5 CHICKEN STRIPS/TENDERS

Based on your votes in City Pulse's 2022 Top of the Town contest. Bon appétit!

#### **1. Olympic Broil**

Casual fast-food outpost with hefty burgers, coney dogs, wraps and sandwiches 1320 N. Grand River Ave., Lansing 517-485-8584 olympicbroil.com 10:30 a.m.-8 p.m. Monday-Saturday

2. Eastside Fish Fry & Grill

Fried homestyle classics, fresh seafood and decadent desserts



has polyphenols that act as antioxidants in the body. Antioxidants reduce oxidative stress and can fight against the development of chronic diseases. They also may prevent the development of age-related issues like age spots and wrinkles.

• Popcorn is a low-calorie snack. A cup of air-popped popcorn comes in at just around 30 calories. That means you can overindulge a bit. One serving of popcorn has five times fewer calories than one serving of potato chips.

2417 E. Kalamazoo St., Lansing 517-993-5988 eastsidefishfry.com 11 a.m.-10 p.m. Sunday-Thursday 11 a.m.-midnight Friday-Saturday

#### 3. One North Kitchen & Bar

Scratch kitchen and diverse menu in a casual, entertainment-based environment 5001 W. Saginaw Hwy., Lansing 517-901-5001 onenorthdining.com 11 a.m.-11 p.m. Sunday-Thursday 11 a.m.-midnight Friday-Saturday

#### 4. A&W Restaurant

Fast-food chain with burgers, chicken, hot dogs and draft root beer 4919 W. Saginaw Hwy., Lansing 517-323-6818 awrestaurants.com 10 a.m.-9:30 p.m. daily

#### 5. Chick-fil-A

Fast-food chain known for chicken sandwiches, tenders and nuggets 5617 W. Saginaw Hwy., Lansing 517-321-7800 chick-fil-a.com 6:30 a.m.-10 p.m. Monday-Saturday



The City Pulse Fund, a 501(c)3, needs an accountant with experience working with nonprofits. Call Berl Schwartz at (517) 999-5061 or email him at publisher@lansingcitypulse.com if you are interested.

Discontinuing jewelry hobbyist selling all raw bijuterie material. Semi-precious stone beads, thread/ wire, organizer cart. \$800 final. Kindly text Nene at (321)375-0160

#### QUALITY LEAD.

Responsible for planning, coordinating, and directing manufacturing quality functions. Advise and Assist BRP Personnel by participating in workshops related to product, process, quality & quantity improvements. Provide support for New Product Development (NPD), Continuous Improvement (CI) and Quality Management Systems (QMS) by coordinating and leading resources to meet objectives. Responsible for Plant Quality Metrics by establishing & developing process capability studies, pareto charts, written quality procedures, quality processes, quality standards and work instructions. Responsible for root cause investigations and corrective actions, with the aid of Design of Experiments (DOE), Define Measure Analyze & Control (DMAIC) and other problem-solving tools. Responsible for all aspects of manufacturing quality, reviewing warranty claims, tracking and analyze warranty data to deploy proper corrective actions to improve warranty quality metrics. Responsible for establishing product specific quality standards and visual appearance standards. Work closely with cross-functional teams including Sourcing, Manufacturing, Engineering and Design Engineering for the execution of quality deliverables. Facilitate and lead APQP (Advanced Product Quality Planning) activities & documentation, PPAP (Production Part Approval Process) submissions, Geometric Dimensions & Tolerancing (GD&T), Flow Diagrams, PFMEAs, Control Plans, Statistics, fixture development based on part GD&T. Lead, supervise, recruit & train a team of Quality Engineers and Technicians to implement quality processes, procedures, work instructions, corrective actions, data tracking, supplier non conformances, capability studies, layer process audits, in-process audits & gage calibrations to achieve Plant Key Quality Deliverables. Responsible for conducting the team performance evaluations, development plans, time management and any disciplinary actions. Plan and coordinate actions to achieve Quality, Cost and Delivery targets associated with new and legacy products. Responsible for recruiting, training and deploying quality inspectors for on-site and off-site locations to employ effective quality measures to control quality spill shipping to the manufacturing plant or the customer. Occasional travel, mostly to visit U.S. suppliers. Travel will comprise about 25% of the individual's time.

Requirements: B.S. degree in Industrial or Mechanical Engineering or a related field. 3 years' experience as Supplier Quality Engineer, Advance Quality Engineer, Advance Supplier Quality Engineer, or related. The required 3 years of experience must include the following, which may have been gained concurrently with each other: Two years' experience in the development of process capability studies and Pareto analysis to identify root cause and deploy effective and sustainable corrective action. Two years' experience using problem solving methodologies including DMAIC (Define, Measure, Analyze, Improve & Control) & DOE (Design of Experiments) to address and solve problems. Two years' experience participating in recruiting and training quality inspectors and/or quality liaisons for on-site and off-site locations. Two years' experience in the development of APQP (Advance Product Quality Planning) documentation including all types of PPAP (Production Part Approval Process) documentation approvals and submissions, PFMEA (Process Failure Mode Effects Analysis) and Control Plans. Two years' experience in developing written procedures and work instructions to support Quality improvement activities. Two years' experience in creating product specific quality & visual appearance standards. Two years' experience in compiling and understanding product warranty information to drive quality improvements. Any other suitable combination of education, training or experience is also acceptable. Mail application to Lisa McQuillin, Human Resources Manager, Triton Industries, Inc., 16020 S. Lowell Rd., Lansing, MI 48906

(	CROSSWORD SOLUTION From Pg. 18													
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	From Pg. 18											
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