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August 28 - September 3, 2024

CityPULSE

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MICHIGAN'S DESPERATE NEED FOR MENTAL-HEALTH CARE

See Page 5



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The Michigan Supreme Court is Chosen by The People, the U.S. Supreme Court is Not

The Michigan Supreme Court is the highest court in the state, making decisions on critical issues that impact everyone. It's important to know the citizens of Michigan have the power to elect the people who are entrusted with this vital role in our state government.

During any given term, issues that come before the Michigan Supreme Court can include civil rights, environmental regulations, criminal justice, reproductive rights, gun safety, fair elections, and more. The justices who serve on the court help shape Michigan's future, reviewing over 2,000 appeals every year and choosing the most complex, significant cases to help ensure a just and fair outcome.

Michigan is one of only 24 states that empowers voters to elect state Supreme Court justices, which is a civic duty as important as any choice you make on your ballot.

This is completely different from United States Supreme Court justices, who are nominated by the President and confirmed by the U.S. Senate. Although both the U.S. Supreme Court and the Michigan Supreme Court act as the final authority in interpreting laws and judicial rules at the federal and state level, respectively, there are other differences, too.

Unlike U.S. Supreme Court justices, who serve for life, Michigan Supreme Court justices are elected for eight-year terms. Candidates for the Michigan Supreme Court must be a qualified elector, a licensed Michigan lawyer for five years, and under the age of 70 at the time of their election.

Seven justices serve on the Michigan Supreme Court at a time. When their term is complete, they can run for re-election if they meet the requirements. In 2024, Justice Kyra Harris Bolden is the only incumbent running for re-election. She is the first Black woman to serve on the Michigan Supreme Court, having been appointed by Governor Gretchen Whitmer in 2022 when a vacancy on the court needed to be filled. That is part of the process in Michigan, and is the only time a Supreme Court justice is appointed and not elected.

Although Justice Bolden may not have been a household name at the time, she previously served in the state House for four years. During her time in the House, Justice Bolden sat on the Judiciary Committee and introduced bipartisan legislation designed to protect citizens' rights. Before that, she was a litigation attorney. These are the kinds of qualifications that ensure that Michigan Supreme Court justices understand the rule of law, the importance of fairness and equity, and demonstrate the level of integrity and education this important role requires.

Supreme Court justices in Michigan must be nominated by a political party, but their political affiliation is not included on voters' ballots. So it's essential to do your homework to understand the values and experience of candidates once they are officially nominated, especially if you want to ensure a balanced court that will protect the rights and freedoms of everyone in Michigan.

This year, Michigan voters will choose who fills two open spots on the Michigan Supreme Court. The votes you cast can make an impact for a generation. That's why it's essential to understand how to vote for Michigan Supreme Court justices.

Even if you vote a straight-party ticket, you must individually cast your vote for justices in the non-partisan section of your ballot. It's easy to find – as long as you know to look for it. So don't stop at the top! Keep going through your entire ballot to vote for two Supreme Court justices in the non-partisan section.

Every election – and every vote – matters. Learn more about your voting rights, get more information about the Michigan Supreme Court, and check out what the non-partisan section of your ballot will look like. Visit www.misupremecourtrocks.com for all this and more.

-Steve James, Michigan United Movement Politics Director



MORE reasons our readers support CityPULSE

(and why we hope you do, too)

The “most important” news

Whether you're picking up our print edition at one of more than 330 locations, receiving our weekly newsletters or logging into lansingcitypulse.com, you can be sure you're getting the most important news in Greater Lansing. Here's what two readers say:



"Lansing needs you! Local news is, in many ways, the most important news. Giant national conglomerates will never keep us informed about things that affect us directly, like the city charter process or the future of the Eastern HS building. Real news comes from real journalists. Social media is no substitute for the kind of diligent research and reporting that City Pulse does." - **Elizabeth Glew**, Lansing.



"You cover stories of more interest to me than the palid stuff in the Journal. Restaurant news is OK in the Living Section, but the front page needs to be reserved for stories that affect the entire community. Stories that cover politics, economic events are more important than a new food source. Reviews and schedules of cultural events — Wharton Center, LSO, community bands, etc. — also enrich community life. That's what I find in City Pulse and why I'll continue to contribute. Thank you for covering what's important to me." - **Joel Sharkey**, Lansing

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We greatly appreciate all of you who already support us. And thank you so much to those who join them.

Yours truly,
The City Pulse team

CityPULSE

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Mural series follows Lansing's impact on three generations



Detroit-based Mediterranean chain expands to Lansing



Pablo's gorditas are hearty, filling and delicious

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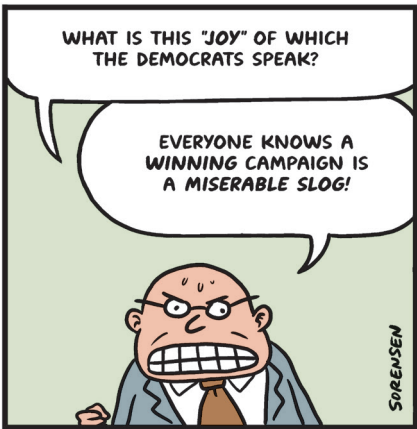
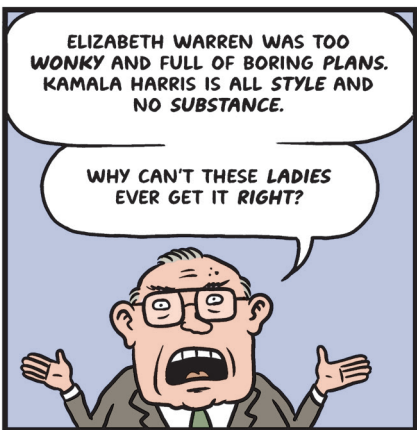
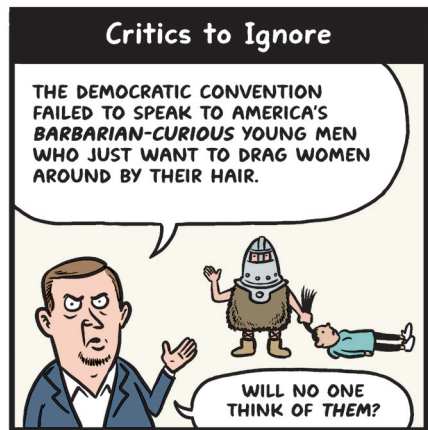
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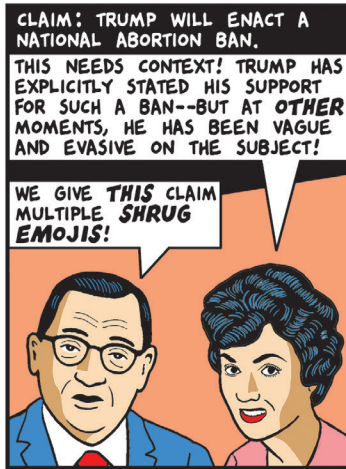
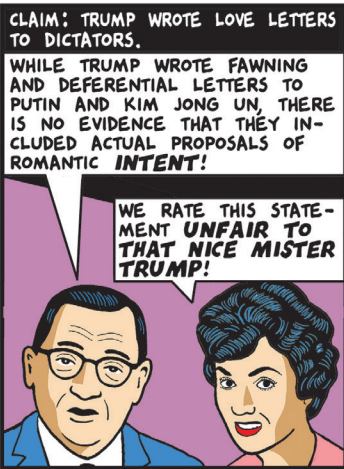
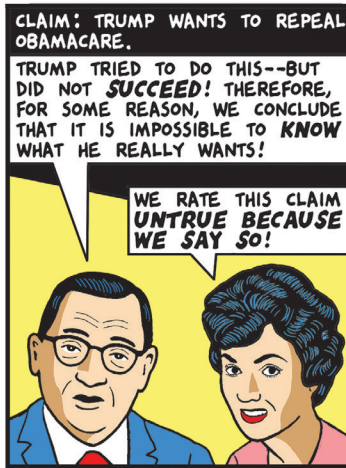
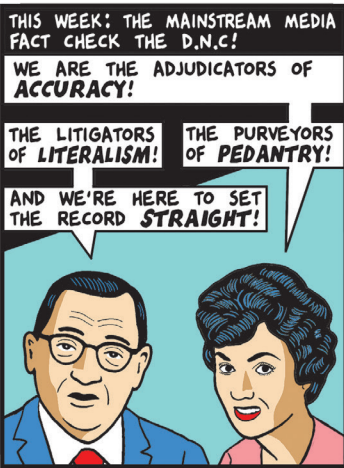
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THIS MODERN WORLD

by TOM TOMORROW



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PULSE

NEWS & OPINION

Michigan's shortage of mental health beds 'deep and prolonged'

Staffing shortage an issue in addressing demand for improved care

By TYLER SCHNEIDER

Westside Lansing resident Emily Smith has run the gamut of inpatient psychiatric care in Michigan.

"I have been in inpatient treatment several times since 2017. I've gone to Sparrow's St. Lawrence campus in Lansing, Cedar Creek Hospital in St. Johns and more recently was at StoneCrest Center in Detroit," she explained.

If a future mental health crisis required another inpatient stay, Smith (at her request, her real last name is not being used) said she'd prefer to remain in the area, if possible. However, with UM-Sparrow's psychiatric beds frequently at capacity, that's far from a sure thing. Smith recalled experiencing precipitous wait periods ranging from a few days to more than a week before a suitable bed opened up.

"I waited at Sparrow for up to 14 days once, and I was miserable. It was just me and the voices in my head with nothing to do besides sleep," Smith said.

Smith's experience is hardly an outlier. For years, a shortage of inpatient psychiatric beds has loomed over a state healthcare system that's still recovering from crucial staffing shortages spurred by the pandemic. And even when there are fully staffed beds available, they may be several counties away or at smaller facilities that aren't equipped to accommodate more extreme cases.

University of Michigan Health-Sparrow has proposed building a 120-bed psychiatric hospital in Lansing. The plan has generated a controversy because UM-Sparrow wants to tear down the landmark old Eastern High School to make room for it. But no one seems to dispute the need for such a facility — in fact, to the contrary.

Clinical social worker Marianne Huff has seen Michigan's mental health landscape expand exponentially over the course of her nearly three



Construction of the \$85 million, 100-bed Caro Psychiatric Hospital finished last summer. The 130,000-square-foot facility in Tuscola County is one of four state-owned psychiatric hospitals and one of the latest efforts to address Michigan's shortage of inpatient psychiatric beds.

decades in the field. Today, she serves as the president and CEO of the Mental Health Association in Michigan, an 87-year-old Lansing-based nonprofit working to expand mental health services statewide.

Increased state funding has been huge, Huff said. In 1990, the state spent \$626.7 million on community mental health services. Thirty years later, that number ballooned to \$3.5 billion.

Still, Huff noted that the increase hasn't yet eliminated the pressing need for more psychiatric beds.

"One of the problems is that when somebody needs an inpatient psych bed, it's not like when you have a physical health need where you'll have a lot of choice," Huff said. "You're really just kind of at the mercy of what's available, and because there aren't a lot of options right now, people can end up in other parts of the state to get treatment."

The issue became more easily quantifiable in 2022, when the Michigan

Department of Health and Human Services began regularly tracking the state's total number of inpatient psychiatric beds. Its July 2024 Psychiatric Bed Inventory report listed 2,453 beds for adults and 385 for children and adolescents statewide — a shortage of 19 and an excess of 36, respectively.

The MDHHS reports break Michigan down into eight subregions, one of which comprises Clinton, Eaton, Ingham, Jackson, Hillsdale and Lenawee counties. Together, those counties offer 189 non-specialized psychiatric beds for adults, or eight beds short of what's needed by MDHHS' standards. Just over half of those are in Greater Lansing, including 59 at UM-Sparrow, 34 at Brightwell Behavioral Health in East Lansing and 15 at McLaren Greater Lansing.

Robert Sheehan, executive director of the Community Mental Association of Michigan, called the bed shortage "deep and prolonged."

"There really is a lack of psychi-

atric beds, not only in Lansing, but across the state. Kids, young adults and adults have been waiting in emergency rooms, police stations and communal health centers for hours or days for an inpatient bed to open up," Sheehan said.

Numbers are misleading

Though Sheehan cited the MDHHS inventory as a key resource, he noted those figures don't necessarily reflect the true number of beds that are actually available at any given time.

"The need here is determined based on the assumption that, if you had every bed online and available, then you would only need to add eight more," he said of the shortage in Greater Lansing. "Once you untangle that demand, though, you realize that eight beds doesn't quite describe it."

In some cases, he said, beds will go offline because of staffing shortages. In others, patients with acute needs may require an isolated environment, which can sometimes force hospitals to close down multiple beds to accommodate that one individual.

"What we see happening now is, when you're trying to put somebody in a hospital bed because of behaviors that are quite extraordinary and hard to manage, sometimes you can't put them in a ward with any other patients. So, if I have a four-person ward and I put one person like that there, I'm also putting those three other beds offline," Sheehan said.

The number of beds needed for children and adolescents can be similarly underrepresented, according to both Sheehan and Huff. While Greater Lansing's MDHHS subregion has a surplus of 11 youth beds in the latest state inventory, all 37 of them are at Cedar Creek Hospital in St. Johns.

"Multiple families that have reached out to me when their child clearly needs to be in the hospital. Some had been stuck in emergency rooms for weeks on end waiting for an inpatient psych bed. Sometimes, they'll be forced to take their child back home,

See Mental Health, Page 6

Mental Health

from page 5

even though the child is obviously not psychiatrically stable,” Huff said.

Sara Lurie, chief executive officer of the Community Mental Health Authority of Clinton, Eaton and Ingham Counties, also noted that the MDHHS’ count of standard adult and youth beds doesn’t include specialty beds reserved for “high acuity individuals and those with intellectual or developmental disabilities.”

Due to the higher intensity of care required for these individuals, the MDHHS inventory tracks these kinds of beds as separate categories. One of those categories, which covers beds designed for patients with developmental disabilities, had a shortage of 189 adult and 30 youth beds. Of those that are available, none are in or near Lansing.

Another specialty category tracks “medical psychiatric units,” or beds for patients who need concurrent medical and psychiatric treatments. To meet that demand, Michigan would need to add 132 more of these beds for adults and 38 for minors. At present, the only options for adults are in Garden City, Flint and Warren. Just 12 of those hybrid beds are equipped for children, and all of them can be found at Spectrum Health Butterworth in Grand Rapids.

“High acuity units,” or beds for individuals who are actively suicidal or at risk of otherwise harming themselves or others, represent the most urgent need of all. Among Bridgeport Behavioral, Macomb Behavioral and Trillium Behavioral in Warren, Michigan has just 69 of the 261 high acuity beds it needs for adult patients. For youth who need this care, there isn’t a single high acuity bed in the mix anywhere in Michigan, despite the MDHHS listing a need for at least 50.

Across the board, Huff said the overall lack of youth and specialty beds often heaps additional burdens on the shoulders of patients and their families during what is already a high-stress situation.

“When somebody is in a psychiatric crisis, they want their family and friends to be able to visit and support them. But what do you do when your loved one is a couple hundred miles away? Sometimes, we even have to place people in other states like Ohio, Indiana and Wisconsin if they can’t be seen anywhere else,” Huff said.

Sheehan said this issue is especially prevalent for younger patients.

“Typically, most places have fewer



The 165-year-old Kalamazoo Psychiatric Hospital is one of four state institutions. Robert Sheehan, who heads the Community Mental Health Association of Michigan, said more are needed because, unlike private hospitals, they cannot turn people away.

kids’ units than adult units, and you can’t have family involvement if the closest available bed is four counties away,” he said. “A family might decide that they’re willing to wait to see if something closer opens up, but that isn’t always in the kid’s best interest, either.”

Lurie’s work frequently involves tracking down beds for Greater Lansing residents of all needs and ages. Like Huff, she’s also had to send some clients out of state, though she said the majority are sent to hospitals in Ann Arbor, Detroit or Grand Rapids.

“As you can imagine, sending people far away from our community creates all kinds of burdens for that individual and their family. It can also be really difficult to even find ambulance transport, which makes discharge planning all the more complex,” she said.

Staffing shortages an issue

Even if Michigan is able to bolster its bed counts to meet the needs of all of those subgroups in a timely manner, there’s still the issue of lingering, widespread staffing shortages that began during the COVID pandemic years.

“Going through the pandemic has reduced stigmas, made people more aware of the importance of behavioral health care and created more opportunities for funding. At the same

time, we are in a big workforce crisis, so we can’t realize all the potential that’s brought,” Lurie explained.

As Sheehan put it, “Folks just aren’t getting into the field like they used to.”

“A lot of hospitals have taken beds offline because they just can’t staff them. What we’re finding is that we have to pay people a lot more than we have been, because, frankly, it’s hard work. On top of that, we also lost a lot of boomers who retired who aren’t going to unretire,” Sheehan said.

One way to curb that issue, Sheehan said, is to offer more incentives designed to bring more young people into fold.

“There are loan repayment programs and other programs designed to encourage more people to enter the field, but that pipeline will take a couple of years to solidify,” he said.

In Greater Lansing, organizations like Lurie’s have also taken advantage of their proximity to Michigan State University to help fortify that pipeline.

“As we try to sort of grow our own a little bit more, we’re super lucky to be right in the shadow of a huge university with a school of social work. That’s been a great help as we’ve expanded our internship program, and we’ve also funded a pilot cohort of nine of our bachelor-level staff to help them pursue their master’s in social work,” Lurie said.

As a result of these healthcare staffing shortages, 70 of Michigan’s psychiatric beds went offline in 2022, including 50 at the 165-year-old Kalamazoo Psychiatric Hospital. The 119-bed facility is one of four state-operated public psychiatric hospitals, along with the Caro Psychiatric Hospital, Saline’s Center for Forensic Psychiatry and the Walter Reuther Psychiatric Hospital in Westland.

Sheehan stressed the importance of having a diverse mix of public and private psychiatric hospitals at the ready.

“I think we need several dozen more state hospitals, because it’s a lot harder for them to turn patients away. Currently, private hospitals can reject people who have unique behavioral or healthcare challenges due to the needs of their other patients.”

However, Sheehan added that this doesn’t necessarily mean it’s time to go on a public hospital “building spree,” either.

“People forget state hospitals are still short-term stays, where someone will typically be there for seven to 10 days,” he said. “To meet our longer-term needs, you also want a stronger network of private hospitals.”

Running a private psychiatric facility is in itself a unique challenge, however. For one, it’s not usually a revenue driver.

“A lot of psych units go out of business because it is costly and the rates of reimbursement aren’t high enough,” Huff said.

This can be crippling for private hospitals that are already experiencing staffing shortages.

“If a hospital has to take care of somebody experiencing a lot of psychosis, or someone who is what we call ‘combative,’ you’ll need more staff to help care for that person. That’s a unique challenge that can cost a lot more money,” Huff said.

Even when a hospital is fully staffed, Sheehan said another set of issues can emerge when that facility inevitably “becomes a magnet” for patients throughout the state.

“While that’s a good thing, that can also start to make it look like you have a lot of beds open elsewhere. But that’s only because the other beds may not be built or staffed in a way that can handle that kind of challenge, so it can be somewhat misleading,” he said.

Similarly, if a local hospital knows it doesn’t have the staff or beds needed to accommodate patients with complex needs, “they may not be willing to admit them.”

“But if a hospital four counties away

See Mental Health, Page 7

Mental Health

from page 6

doesn't know that patient, they might be willing to take him or her the first time before they realize they weren't ready for it," Sheehan said.

Ancillary services also needed

These disparities are just one of many considerations in the larger effort to bolster Michigan's mental health care infrastructure. While the need for inpatient psychiatric beds will remain a chief concern for years to come, there's also a growing list of ancillary services designed to prevent and mitigate mental health challenges before they require hospitalization.

Colleen Donaldson, who grew up in Lansing, is a Milwaukee-based mental health counselor and dance therapy instructor. Before she opened her own practice in Wisconsin, she spent nine years working in psychiatric hospitals in New Hampshire and Oregon.

Donaldson's time in Oregon ended when she was diagnosed with PTSD after she experienced eight suicides, including seven in the same facility. Two were co-workers, she said, while another three clients took their own lives shortly after being discharged.

These experiences led Donaldson to leave the psychiatric hospital field for good in favor of opening her own private practice in Wisconsin. Since then, she's become a staunch advocate of alternatives to psychiatric hospitalization.

"For a client who's in a crisis and needs a place to stay outside of their home, I recommend something called a peer respite house," Donaldson said. "These are non-clinical, which means that people called peer support specialists work there who have lived experience getting through their own mental health crises. They're there 24/7 for support, but guests can come and go as they please and are in charge of their own medications, if they choose to take any."

Donaldson would also like to see a Wisconsin mental health voucher program spread to her home state.

"There's a really neat program here where farmers that are experiencing mental health issues can get vouchers. Counselors can sign up and offer their services, and they'll get paid through those vouchers," she explained.

Back in Greater Lansing, Huff, Lurie and Sheehan all touted the emerging popularity of another ancillary service known as a crisis stabilization unit.

"It's basically a mini emergency room that's equipped to stabilize and



Clinical social worker Marianne Huff

hold people for up to 72 hours," Huff explained. "The idea is to get some treatment started and potentially avoid the need for inpatient hospitalization."

Lurie's team is working on bringing one of these units to Lansing by fall 2025. She said there are a handful of them in the works throughout Michigan, while two are already up and running in Detroit and Grand Rapids.

All in all, these outpatient and ancillary mental health services help alleviate pressures on psychiatric hospital staff by gradually reducing the number of people who would otherwise need long-term psychiatric boarding, she said.

According to a May 2020 report by the Community Mental Health Association of Michigan, this emphasis on providing more funding for a wider variety of psychiatric care options has resulted in a "staggering" increase in the number of Michiganders served through state-backed mental health programs.

"If the dollars currently spent by Michigan's community-based public mental system, \$3.46 billion, were spent solely on the provision of traditionally long-term inpatient care at the state's psychiatric hospital and developmental disability centers, those dollars would serve 9,500 persons per year," the report read. "In contrast, those dollars, used to fund community-based services and supports, as they are now used, allows the public system to serve over 350,000 persons per year."

Despite this upward trend, the need for additional inpatient psychiatric beds isn't going to just disappear. According to a 2023 needs assessment prepared by the Community Mental Health Authority of Clinton, Eaton and Ingham Counties, the number of inpatient hospitalizations in the tri-county region increased by 17% for adults and 13% for children between 2018 and 2022. In that same span,



Robert Sheehan, executive director, Community Mental Health Association of Michigan

the average length of stay per patient increased by 20% for adults and 30% for children.

Sheehan cited UM-Sparrow's recent proposal to build a \$97.2 million, 120-bed psychiatric hospital on the site of old Eastern High School in Lansing as a "substantial" step forward in meeting this growing need.

"UM-Sparrow's proposal would qualify as a separate facility, but it's still close enough to the ER that if you had a medically compromised person, they can get to the ER or be transferred to the main unit quickly," Sheehan said.

The proposal, which includes at least 10 beds for adults, 24 for children and 37 specialty beds, would be large enough in scale to where it could

easily flex to accommodate a variety of long term psychiatric patients in the future, Sheehan added.

"The reason you need that many beds is, for example, you may take someone in who needs to detox from opioids or alcohol. That has to be a separate unit from a kids' unit, and you'd have the space to do that there. You could also have specific sections for people with psychosis, bipolar disorder and so forth," he said.


Mandy Bolter, government relations director of U of M Medicine, cited the plan as paramount to efforts to minimize an ongoing emergency room overflow in Lansing.

"Lansing is in a mental health crisis. Our ER is built for 75 people, and we're seeing 200 per day," Bolter said. "Twenty to 30 of those people are mental health patients who are stuck there, and being a staff member working in an ER with emergency psych patients is not an easy thing to do."

At one point, Smith was among those 20 to 30 people awaiting a psychiatric bed placement. She hopes to get to a point where she'll never have to return.

Even if she's successful, Smith added that she still hopes to see the bed shortage addressed sooner rather than later.

"I understand there are a limited amount of beds, but there are many places around Lansing that could be changed into another ward. It would bring in jobs and keep people local," Smith said.



CHARTER TOWNSHIP OF MERIDIAN, INGHAM COUNTY

LEGAL AD NOTICE: Variance Request 24-10

2020 East M-78

WEDNESDAY, September 18, 2024

CHARTER TOWNSHIP OF MERIDIAN

LEGAL NOTICE

Variance Request 24-10

2020 East M-78

Public Hearing

Notice is hereby given that the Zoning Board of Appeals of the Charter Township of Meridian will hold a public hearing on Wednesday, September 18, 2024 at 6:30 p.m. in the Meridian Municipal Building, Town Hall Room, 5151 Marsh Road, Okemos, MI, 48864 (phone 517.853.4560) to hear all persons interested in a variance request from B. K. Singh. The applicant is proposing to construct an accessory dwelling unit that does not meet the accessory dwelling unit requirements at 2020 East M-78. The subject site is zoned RR, Rural Residential.

Information may be examined at the Department of Community Planning and Development, 5151 Marsh Road, Okemos, Michigan 48864-1198, between the hours of 8:00 a.m. and 5:00 p.m., Monday through Friday. Written comments may be sent prior to the public hearing to the Zoning Board of Appeals, Charter Township of Meridian, 5151 Marsh Road, Okemos, Michigan, 48864, or by email to chapman@meridian.mi.us, or at the public hearing.

Deborah Guthrie

Township Clerk

CP#24-628

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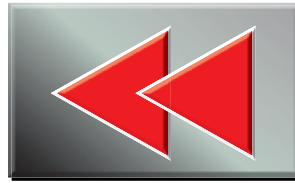
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Providing a safe and welcoming, sustainable, prime community.

REWIND

NEWS HIGHLIGHTS FROM THE LAST 7 DAYS

COMPILED BY STEVE UNDERWOOD FROM LOCAL NEWS SOURCES



An effort to determine whether old Eastern High School qualifies as a historic district appears doomed, removing a potential obstacle to University of Michigan Health-Sparrow's proposal to replace the landmark with a \$97.2 million, 120-bed psychiatric hospital. Lansing City Council member Ryan Kost, who has led efforts to preserve old Eastern, said he doesn't have enough votes to create the necessary study committee. In a special meeting Friday, the Historic District Commission decided to submit a proposal to the Council anyway. For more on this story, go to www.lansingcitypulse.com.



The two Democratic and two Republican candidates for the MSU Board of Trustees in the November election were announced Saturday. Rebecca Bahar-Cook of Lansing, CEO of Capital Fundraising Associates and a former Ingham County commissioner, and Thomas Stallworth of Detroit, former Michigan state representative and Detroit Public Schools board member, are the Democrats. Mike Balow of Plymouth, vice president of CBRE, a commercial real estate agency in Grand Rapids, and Julie Maday of Novi, a member of Novi's economic development committee and former councilwoman, are the Republicans. Bahar-Cook and Stallworth are both MSU alums. Two new members are elected to the board every two years and serve for eight years each.

MSU asked a federal judge to dismiss a lawsuit filed by former employee Zhongxiao Michael Chen. The plaintiff, 59, filed a lawsuit in U.S. District Court in March that MSU terminated him because of his race, national origin and age and replaced him with a person in an equivalent position who was younger and a "natural-born" U.S. citizen.



MSU's attorneys said Chen didn't file his lawsuit and pay the filing fee on time and that his claims of discrimination weren't justified and should be dismissed since MSU is protected from claims for monetary damages under the Age Discrimination in Employment Act.

The National Labor Relations Board said it will file a formal complaint of illegal labor practices against Chipotle Mexican Grill unless it settles with unionized employees at its 5805 W. Saginaw Highway location in Lansing. The NLRB said Chipotle violated the National Labor Relations Act by unlawfully withheld raises

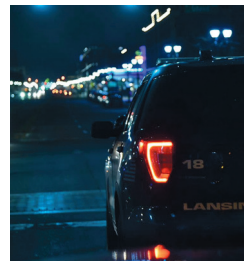


because employees were unionized. The employees had voted to unionize with Teamsters Local 243 in 2022, the only one of Chipotle's 3,000-plus stores to do so.



"Wakanda Forever."

Former President Donald Trump is scheduled to speak at a private rally in Potteryville Thursday, the closest to Lansing of eight Michigan visits. The public is not invited to the 3:30 p.m. event at Alro Steel, 5859 Alro Dr. A campaign press release stated Trump would speak on making America affordable again, stopping the war on energy and protecting Michigan's auto industry. He has endorsed Republican candidate Tom Barrett for Michigan's U.S. House 7th District, which includes Ingham and Eaton counties.



and later found evidence of it at the location.

Two individuals received non-life-threatening gunshot wounds Saturday in the 3700 block of Glenbrook Drive in southwest Lansing. The victims were discovered when Lansing police responded to a two-vehicle crash near Cedar and Kalamazoo streets. The officers learned where the shooting had taken place

Public safety

Neshawn Jackson, 26, and Katherine Gilbert, 31, were killed Saturday in a single-car crash on East Saginaw Street in Lansing, near the Marshall Street intersection. Police said high speed was likely a factor in the crash. ... A DeWitt man, 42, was killed Monday on Interstate 96 in Eagle Township when his vehicle was struck by a tractor-trailer. The semi driver, a Mason man, 73, suffered minor injuries and was treated at the scene. ... A tanker truck crashed Monday on I-96 at Grand River Avenue in Clinton County, overturning and spilling fuel. The freeway was closed for several hours, with traffic diverted to Interstate 69, but details regarding any injuries were not reported. ... A pickup truck struck a home in the 500 block of Pennsylvania Avenue in Lansing Monday, injuring the driver, who had to be extricated. No one in the home was injured. ... A fire Friday damaged the Braids & Things International salon and residence at 1506 W. Holmes Road in Lansing. One person suffered minor burns. ... A fire Saturday partially burned a home at 200 W. Madison St. in Lansing. No injuries were reported.



Gateway

The city of Lansing is about to get what is called a gateway sign, in urban design parlance, that will shout "Lansing" in 6-foot-tall letters.

The sign, underwritten by the city of Lansing, Lansing Economic Development Corp., Saginaw Corridor Improvement Authority and Arts Council of Greater Lansing, will be installed at the northeast corner of Saginaw Highway and Grand Avenue on city property and will be unveiled this fall.

Seven local artists were chosen to decorate the letters from proposals this summer. The artists and the letters they will illustrate are:

- L - Emily Wilson
- A - Teresa Dunn
- N - Jasmyne Wells
- S - Cait Schneider
- I - Sara Pulver
- N - Theresa Rosado
- G - Marissa Tawney Thaler

"Lansing has some incredibly talented artists, and I am excited to see what they come up with to decorate the letters on this sign," said Mayor Andy Schor. "Public art is so important in Lansing, and this new sign will be a great addition to this busy corridor, providing a fun backdrop for photos."

Tiffany Dowling, president of M3 Group and chair of the Saginaw authority, said, "This project provides an opportunity to show our community pride through local talented artists."

Added Meghan Martin, Arts Council executive director, "There was an overwhelming response from area artists who wanted to participate. Each artist will receive \$1,000 for their work."

Total cost of the project is set at \$40,000, paid for using place-making funds allocated from the Saginaw Avenue Corridor Improvement Authority (\$30,000) and the Michigan Economic Development Corp. distributed through the Community Economic Development Association of Michigan.

BILL CASTANIER

Public Art of the Week is a new feature that rotates with Eyesore of the Week. If you have an idea for either, please email eye@lansingcitypulse.com or call (517) 999-6704.

Young voters: When adulting, choose voting first

By DEDRIA HUMPHRIES BARKER

For two months now I have been engaged in my sorority’s GOTV efforts. GOTV stands for Get Out the Vote. Because of my efforts to register voters in Ingham County, I read Michigan Secretary of State Jocelyn Benson’s June 2024 report, “Michigan’s Youth Vote: Closing the Turnout Gaps,” with a critical eye. This report looked at the 2020 presidential and 2022 midterm elections and young-voter performance.

Like, get a ballot, mark it and turn it in to be counted. And young voters — those 18 and 29 — flunked.

Discussing the young voter data in terms of not voting can be confusing. Overall, Michigan had 1.4 million young voters registered for the 2020 presidential election, and about 40 percent did not vote. But that also means that statewide 60% did vote. But consider the data at the county level: Of 83 counties, young voters in fewer than 10 counties voted at the 50% level. But compared to Luce County, in the Upper Peninsula near the rabbit’s tail, where 77% of young voters did not vote, a 50% not-voting rate is great.

There are two kinds of voters: those registered to vote, and voters who actually vote. Nonvoter voters can be seen as the human equivalent of credenza-ware. Credenza-ware is a report that goes to live on a file cabinet, never to be acted on.

The SOS report shows that education is associated with voting. It should be no surprise that in the 2022 midterm election, Washtenaw County, home of Eastern Michigan University and the University of Michigan, tops the list of young voters voting. Another two counties with good numbers are Ottawa County and, in Mid-Michigan, Clinton County.

Ingham County — Spartan Country — showed 62% of young voters did vote in the November 2020 presidential election. That’s pretty good for elections. However, it also means 38 percent of the state capital’s young voters did not vote.

New Yorker magazine politics writer Evan Osnos said some young people think voting is futile because the political system fails them on their issues. Young people live in fear

of school mass shootings because, he said, our political representatives refuse to “make any meaningful change.”

The SOS report said young people want to see structural changes in politics and government, like limiting the terms of U.S. Supreme Court justices, or limiting access to guns, but they believe voting is just one tool to achieve that. Mobilization and organization can also work, they said.

Young people who are not registered voters are not a part of the SOS report, but sometimes young people don’t vote because of they are not registered.

In one outing at my neighborhood barbershop on a busy Friday morning to register voters, I met an 18-year-old Black man. When he arrived, the barber asked if he had driven himself to the shop. The answer was no.

SOS offices register 91% of voters when they get their driver’s licenses and state IDs, but learning to drive is a function of money. Time used to be schools offered driving classes, but the cost of learning to drive has shifted to families. Families must find a driving school for lessons. Not everyone can afford the hundreds of dollars for driving instruction. Even with driving lessons at home, the driving part of the licensing test must be conducted by a driving instructor. Sure, a person can register to vote directly at the municipal clerk’s office, defying the driver’s license model, but, in a sense, these young people cannot afford to register to vote. And registration is necessary to vote.

Why are young voters not pulling the trigger on actual voting? One reason, SOS Benson reported, was needing to rearrange work or school schedules to go to the polls. But there are other ways to vote, including absentee and early voting. Some young voters just don’t know how to vote.

Another young Black man, leaving the barbershop with a fly cut, said he was registered to vote, but when asked if he planned to vote in the upcoming primary election, his face went all question mark: What’s a primary?

Whose job is it to educate voters about our system of voting? Can-

didates campaign to get votes for themselves, specifically, and the best indicator of who will vote is who did vote. Young voters are a blank slate of voting activity. Political campaigns, including my Lansing City Charter Commission campaign, go after people who have a record of voting.

That’s old people, my OG husband pointed out. We have skin in the game with health care and income and other entitlements from our government.

“Young people need to learn how to make informed and reasoned decisions for the public good,” explains the Michigan Department of Education. That’s why high school civics class provides political and American government education. This must-pass class for graduation is required by the Michigan Merit Curriculum.

However, with senioritis being what it is, how much attention is paid in civics class? Is a solution taking civics before senior year —

and making registering to vote an assignment? The state allows voter pre-registration at age 16, up to two years before the legal voting age of 18. Most high school seniors are already 18 in senior year. Can voting in an election be the high school capstone experience?

The transition from child to adult can be overwhelming. It can be like starring in the film titled “Everything Everywhere All at Once.” Most adult privileges kick in at 18: without parental approval, a person can vote, marry, drive at night with a passenger, apply for a passport and buy a handgun from a friend. At age 21, people can buy from a gun dealer and purchase liquor and a joint.

The point is, young voters, as you pick and choose adulting behavior, choose voting first.

(Dedria Humphries Barker is the author of “Mother of Orphans: The True and Curious Story of Irish Alice, A Colored Man’s Widow.” Her column appears monthly.)

The Ingham County Land Bank is requesting proposals to bid the rehabbing of 5 single-family residential houses (located in Lansing, MI). Request for Proposal packet is available August 28, 2024 at the Ingham County Land Bank, 3024 Turner St., Lansing, MI 48906, 8:30 a.m. to 4:00 p.m., Monday – Friday or at www.inghamlandbank.org/contractors. Responses are due at the Land Bank office by noon on September 25, 2024 and will be opened at that time. The Ingham County Land Bank is an Equal Employment Opportunity Employer. Women-and Minority-Owned Businesses are encouraged to apply. RFP#: Ferguson/Jerome 08-2024.

CP#24-626

Eagle Township, Clinton County Board Meeting Synopsis

- August 15, 2024, at 6:00 pm - Present: Supervisor Stroud, Clerk Briggs-Dudley, Treasurer C. Hoppes, Trustee M. Hoppes, Trustee Strahle and 12 citizens.
- Board Actions:
- 1) Approved bills for August 2024.
 - 2) Adopted Resolution 08-15-2024-02 A Resolution Adopting Ordinance 04-2024 Amending the Interim Zoning Ordinance and Zoning Map.
 - 3) Township Hall work: Approved funds to a) locate the village storm water pipe that runs into the hall basement, b) have the septic tank pumped, and c) install a vent between the vestibule and main room.
 - 4) Approved request of a formal commitment on use of ARPA Funds to the LGRFA.
 - 5) Adopted Resolution 08-15-2024-01 Resolution Extending the Moratorium on the Issuance of Certain Zoning Approvals.
 - 6) Approved extending appointment of two Planning Commission members through September 19, 2024.
 - 7) Approved signing of 2023-2024 Audit Representation Letter.
 - 8) Approved increasing the capital asset threshold.
 - 9) Approved to gift \$90,000 from the General Fund to Emergency Services Fund.
 - 10) Approved public hearing to increase Emergency Services Fund special assessment for 2024.
 - 11) Approved signing of agreements for the collection of winter property taxes.
 - 12) Approved funds for security improvements to the Eagle Township Hall.
 - 13) Presented 2024 Citizen of the Year award.

A complete copy of the minutes is available by contacting Laurie Briggs-Dudley, Clerk. Next regular meeting of the Eagle Township Board is September 19, 2024, at 6 pm at Eagle Township Hall, 14318 Michigan St, Eagle, MI. See www.eagletownshipmi.gov for latest updates.

Prepared by: Laurie Briggs-Dudley, Eagle Township Clerk
Approved by: Troy Stroud, Eagle Township Supervisor

CP#24-630

STATE OF MICHIGAN PROBATE COURT, INGHAM COUNTY, NOTICE TO CREDITORS, Decedent's Estate, File No. 23-1495-DE - Estate of Stephen Edward Oberst – Date of Birth: 01-05-1965. NOTICE TO CREDITORS: The decedent, Stephen Edward Oberst, died 10/06/2023. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Andrew K. Oberst, personal representative, or to both the probate court at 313 West Kalamazoo Ave., Lansing, MI 48933, 517-483-6300, and the personal representative within 4 months after the date of publication of this notice, 08/21/2024. Personal representative: Andrew K. Oberst, 4690 Cornell Rd., Okemos, MI, 48864, 517-599-9293.

CP#24-624

STATE OF MICHIGAN PROBATE COURT, COUNTY OF INGHAM, PUBLICATION OF NOTICE OF HEARING, File No. 24-000866-GM-P33. In the matter of Kashmair D'Vyne Loveless-Rhymes. TAKE NOTICE: A hearing will be held on August 29, 2024 at 10:30 am at 313. W. Kalamazoo St. Lansing, MI 48933 before Judge Richard J Garcia for the following purpose: UNCONTESTED HEARING – PETITION FOR APPOINTMENT OF GUARDIAN. Petitioner: Shante M. Davis.

CP#24-631

NOTICE OF DAY OF REVIEW OF APPORTIONMENTS

Ingham County Drain Commissioner
Patrick E. Lindemann

WILLOW CREEK DRAIN (FRANKLIN FARMS BRANCH)

NOTICE IS HEREBY GIVEN that on **Tuesday, September 10, 2024**, the apportionments for benefits to the lands comprised within the Franklin Farms Branch of the Willow Creek Drain Subdistrict of the "Willow Creek Drain Special Assessment District" will be subject to review for one day from 9:00 a.m. until 5:00 p.m.at the Office of the Ingham County Drain Commissioner, located at 707 Buhl, Mason, Michigan 48854, or at such other time and place to which I may adjourn. At the Day of Review, I will have the tentative apportionments against parcels and municipalities within the drainage district available to review. I will consider proofs and allegations and I will carefully reconsider and review the apportionment of benefits. I will define and equalize the apportionments as is just and equitable. At said Review, the computation of costs for construction, maintenance and improvement of the Drain will also be open for inspection by any interested parties.

Comments on the apportionment of benefits may be submitted to the Drain Commissioner in writing before the Day of Review at the Office of the Ingham County Drain Commissioner, 707 Buhl, Mason, Michigan 48854 or drainoffice@ingham.org, or comments may be submitted in writing or verbally at the Day of Review. Comments submitted in advance must be received by the Drain Commissioner prior to the Day of Review to ensure consideration.

Additional information, including a map of the Drainage District and the Notice of Letting (containing the number and length of sections, the average width of each section, and if the drain will be closed, the amount and specifications of all tile or pipe required; the location, number, type, and size of culverts or bridges to be installed, if any; and conditions upon which the contract will be awarded), can be found at:

<http://dr.ingham.org>

Pursuant to Section 155 of the Michigan Drain Code of 1956, any owner of land within the Franklin Farms Branch of the Willow Creek Drain Subdistrict of the "Willow Creek Drain Special Assessment District" or any city, village, township, district or county feeling aggrieved by the apportionment of benefits made by the Drain Commissioner may appeal the apportionment within ten (10) days after the day of review of apportionment by making an application to the Ingham County Probate Court for the appointment of a Board of Review.

Any drain assessments against land will be collected in the same manner as property taxes. If drain assessments against land are collected by installment, the landowner may pay the assessments in full with any interest to-date at any time and thereby avoid further interest charges.

The area served by the Franklin Farms Branch of the Willow Creek Drain consists of lands situated in the City of Mason, in Ingham County, Michigan. The following is a description of the parcels of land constituting the Franklin Farms Branch of the Willow Creek Drain Subdistrict of the "Willow Creek Drain Special Assessment District":


33-19-10-08-327-044	33-19-10-08-304-029	33-19-10-08-327-006
33-19-10-08-327-043	33-19-10-08-304-037	33-19-10-08-327-005
33-19-10-08-327-041	33-19-10-08-304-028	33-19-10-08-327-007
33-19-10-08-327-004	33-19-10-08-304-022	33-19-10-08-327-008
33-19-10-08-304-009	33-19-10-08-304-026	33-19-10-08-302-001
33-19-10-08-304-038	33-19-10-08-304-014	33-19-10-08-326-009
33-19-10-08-304-032	33-19-10-08-304-018	33-19-10-08-326-007
33-19-10-08-304-021	33-19-10-08-304-027	33-19-10-08-326-008
33-19-10-08-304-008	33-19-10-08-304-024	33-19-10-08-326-006
33-19-10-08-304-035	33-19-10-08-304-025	33-19-10-08-376-008
33-19-10-08-304-012	33-19-10-08-304-019	33-19-10-08-326-003
33-19-10-08-304-031	33-19-10-08-304-017	33-19-10-08-326-005
33-19-10-08-304-007	33-19-10-08-304-016	33-19-10-08-326-004
33-19-10-08-304-030	33-19-10-08-304-015	33-19-10-08-376-001
33-19-10-08-304-013	33-19-10-08-304-020	33-19-10-08-376-002
33-19-10-08-304-011	33-19-10-08-304-010	33-19-10-08-352-020
33-19-10-08-304-036	33-19-10-08-304-023	33-19-10-08-352-036

33-19-10-08-352-014	33-19-10-08-327-042	33-19-10-08-352-093
33-19-10-08-352-026	33-19-10-08-304-100	33-19-10-08-352-102
33-19-10-08-352-040	33-19-10-08-303-002	33-19-10-08-352-171
33-19-10-08-352-156	33-19-10-08-376-004	33-19-10-08-352-099
33-19-10-08-352-029	33-19-10-08-376-006	33-19-10-08-352-109
33-19-10-08-352-041	33-19-10-08-376-003	33-19-10-08-352-057
33-19-10-08-352-004	33-19-10-08-376-005	33-19-10-08-352-053
33-19-10-08-352-150	33-19-10-08-376-007	33-19-10-08-352-064
33-19-10-08-352-033	33-19-10-08-326-011	33-19-10-08-352-098
33-19-10-08-352-032	33-19-10-08-326-012	33-19-10-08-352-091
33-19-10-08-352-031	33-19-10-08-304-006	33-19-10-08-352-086
33-19-10-08-352-044	33-19-10-08-304-005	33-19-10-08-352-096
33-19-10-08-352-158	33-19-10-08-304-001	33-19-10-08-352-049
33-19-10-08-352-024	33-19-10-08-304-002	33-19-10-08-352-151
33-19-10-08-352-002	33-19-10-08-304-003	33-19-10-08-352-153
33-19-10-08-352-030	33-19-10-08-304-004	33-19-10-08-352-155
33-19-10-08-352-023	33-19-10-08-327-003	33-19-10-08-352-157
33-19-10-08-352-043	33-19-10-08-352-160	33-19-10-08-352-159
33-19-10-08-352-003	33-19-10-08-352-152	33-19-10-08-352-162
33-19-10-08-352-022	33-19-10-08-352-154	33-19-10-08-352-164
33-19-10-08-352-013	33-19-10-08-352-146	33-19-10-08-352-170
33-19-10-08-352-001	33-19-10-08-352-161	33-19-10-08-352-172
33-19-10-08-352-009	33-19-10-08-352-169	33-19-10-08-352-147
33-19-10-08-352-017	33-19-10-08-352-175	33-19-10-08-352-201
33-19-10-08-352-019	33-19-10-08-352-167	33-19-10-08-352-215
33-19-10-08-352-011	33-19-10-08-352-140	33-19-10-08-352-263
33-19-10-08-352-045	33-19-10-08-352-142	33-19-10-08-352-291
33-19-10-08-352-027	33-19-10-08-352-080	33-19-10-08-352-318
33-19-10-08-352-018	33-19-10-08-352-128	33-19-10-08-352-266
33-19-10-08-352-025	33-19-10-08-352-066	33-19-10-08-377-001
33-19-10-08-352-054	33-19-10-08-352-069	33-19-10-08-352-286
33-19-10-08-352-110	33-19-10-08-352-077	33-19-10-08-352-230
33-19-10-08-352-111	33-19-10-08-352-070	33-19-10-08-352-224
33-19-10-08-352-105	33-19-10-08-352-078	33-19-10-08-352-231
33-19-10-08-352-052	33-19-10-08-352-127	33-19-10-08-352-274
33-19-10-08-352-107	33-19-10-08-352-074	33-19-10-08-352-280
33-19-10-08-352-108	33-19-10-08-352-138	33-19-10-08-352-316
33-19-10-08-352-101	33-19-10-08-352-137	33-19-10-08-352-317
33-19-10-08-352-050	33-19-10-08-352-134	33-19-10-08-352-219
33-19-10-08-352-059	33-19-10-08-352-079	33-19-10-08-352-226
33-19-10-08-352-082	33-19-10-08-352-132	33-19-10-08-352-211
33-19-10-08-352-084	33-19-10-08-352-135	33-19-10-08-352-262
33-19-10-08-352-081	33-19-10-08-352-130	33-19-10-08-352-278
33-19-10-08-352-085	33-19-10-08-352-125	33-19-10-08-352-322
33-19-10-08-352-269	33-19-10-08-352-139	33-19-10-08-352-218
33-19-10-08-352-204	33-19-10-08-352-124	33-19-10-08-352-217
33-19-10-08-352-272	33-19-10-08-352-133	33-19-10-08-352-287
33-19-10-08-352-273	33-19-10-08-352-114	33-19-10-08-352-214
33-19-10-08-352-297	33-19-10-08-352-117	33-19-10-08-352-265
33-19-10-08-352-293	33-19-10-08-352-097	33-19-10-08-352-229
33-19-10-08-352-221	33-19-10-08-352-062	33-19-10-08-352-281
33-19-10-08-352-319	33-19-10-08-352-163	33-19-10-08-303-001
33-19-10-08-352-267	33-19-10-08-352-061	33-19-10-08-304-034
33-19-10-08-352-299	33-19-10-08-352-112	33-19-10-08-304-033
33-19-10-08-352-270	33-19-10-08-352-058	33-19-10-08-352-120
33-19-10-08-352-271	33-19-10-08-352-104	33-19-10-08-352-129
33-19-10-08-352-296	33-19-10-08-352-092	33-19-10-08-352-076
33-19-10-08-352-282	33-19-10-08-352-088	33-19-10-08-352-131
33-19-10-08-352-205	33-19-10-08-352-094	33-19-10-08-352-126
33-19-10-08-352-320	33-19-10-08-352-090	33-19-10-08-352-072
33-19-10-08-352-220	33-19-10-08-352-100	33-19-10-08-352-071
33-19-10-08-352-292	33-19-10-08-352-055	33-19-10-08-352-075
33-19-10-08-352-290	33-19-10-08-352-060	33-19-10-08-352-123
33-19-10-08-352-203	33-19-10-08-352-063	33-19-10-08-352-141
33-19-10-08-352-315	33-19-10-08-352-103	33-19-10-08-352-065
33-19-10-08-352-284	33-19-10-08-352-089	33-19-10-08-352-136
33-19-10-08-352-285	33-19-10-08-352-095	33-19-10-08-352-121
33-19-10-08-352-300	33-19-10-08-352-083	33-19-10-08-352-115
33-19-10-08-352-301	33-19-10-08-352-051	33-19-10-08-352-113
33-19-10-08-352-313	33-19-10-08-352-106	33-19-10-08-352-073
33-19-10-08-352-314	33-19-10-08-352-087	33-19-10-08-352-143
33-19-10-08-352-207	33-19-10-08-352-056	

See CP#24-629, Page 11

21 or older? Don't miss out on free or reduced tuition at LCC this fall.

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Michigan Democrats decline to embrace all-or-nothing Palestinian movement

Making political headway within the Democratic Party as a pro-Palestinian supporter has become like yelling into a vacuum.

Nobody hears you ... except those chanting the same message.

Following a week of scoring exactly zero headline speakers at the Democratic National Convention, and having their underwhelming Chicago protests yield perfunctory media coverage, Palestinians swung and missed at the Michigan convention Saturday.

More than 500 University of Michigan students, progressives and Palestinian supporters crowded the Lansing Center to get activist Huwaida Arraf nominated to the University of Michigan Board of Regents.

Judging by the number of yellow-shirted Arraf supporters buzzing around the convention, you'd think she'd be a slam dunk. Her union-backed opponents weren't showing their faces. She was.

As many blurry-eyed delegates made their customary appearances, fresh off spending the week in celebratory euphoria in Chicago, these Arraf supporters were present and determined to win.

But, alas, organized labor understood the intricate proportional voting system the Michigan Democratic Party uses at these things. Arraf's forces really didn't.

The union candidates won. Arraf lost.

As the pro-Palestinian people demanded to see the math, the party had the convention's lights shut off. The Lansing police showed up to show everyone to the exits. MDP Chair Lavora Barnes was nowhere to be found.

It's another frustrating result for a community so driven by such rigid religious dogma, they become inflexible to the political realities that could win them more hearts and minds.

In this case, Arraf's selling points were giving pro-Palestinian student groups a gateway to the administration and stopping the university's hefty endowment from growing off companies that make money on Israel's military campaign in Gaza.

To a small, vocal minority, these are big deals. But to the general public? These stances are political losers.

The pro-Palestinian visual demonstrations aren't exactly inviting either.

Political encampments, like the ones at U of M and Wayne State University earlier this year, grab a few headlines and draw immediate attention to an issue ... until they become an unsight-

ly, unsanitary magnet for the homeless and blight.

Nobody wants to see the people of Gaza's lives devastated by war. Nobody wants orphaned Gaza children losing limbs from woefully inadequate medical facilities.

And yet pro-Palestinians can't even convince the Democrats to collectively embrace their plight, because they fail to do the following:

— Apologize for or even recognize the horrific atrocities the Palestinian government, run by Hamas, committed on the Israeli people Oct. 7.

— Acknowledge that accepting a government run by terrorists puts their lives and those of their children in grave danger.

— Realize that chanting "From the river to sea, Palestine will be free" is at least passively calling for the dismantling of Israel.

— Offer anything resembling a compromise after a ceasefire.

Instead, Palestinian protesters are seen burning American flags and spraying graffiti on the Washington Monument.

Educated by Tik-Tok, today's progressive Gen Zers blindly embrace the struggles of the political outcasts that even Arab countries like Egypt and Syria want nothing to do with.

They either don't know or don't want to know about the human rights atrocities committed by all-or-nothing religious zealots.

What's it like to be gay in Gaza? You can use Google to find some answers.

As Americans scratch their heads at the irony of "Queers for Gaza," political candidates in Michigan who embraced Palestine in the past primary election lost, with the notable exception of U.S. Rep. Rashida Tlaib, D-Michigan.

Congressional candidate Rabbi Mohammad Alam never made the ballot. Rima Mohammad, the child of Palestinian refugees who pushed for a Palestine-leaning ceasefire resolution at the Ann Arbor School Board, lost her state representative race by a 2-to-1 margin.

Layla Taha, Ziad Abdulmalik and others have been defeated. City Pulse readers know about Meridian Township Clerk candidate Mike McCurdy, whose sympathies for the Palestinians slipped into "antisemitic rhetoric."

Building a successful coalition in politics can happen, but it requires give and take. Until pro-Palestinians are willing to give a little, they'll keep getting "nothing" instead of the "all" they're demanding.

(Email Kyle Melinn of the Capitol news service MIRS at melinnky@gmail.com.)



KYLE MELINN

POLITICS

STATE OF MICHIGAN PROBATE COURT, INGHAM COUNTY, NOTICE TO CREDITORS, Decedent's Estate, Case No. 23-797-DE - Estate of Michael David Somers – Date of Birth: 06/12/1956. NOTICE TO CREDITORS: The decedent, Michael David Somers, died 05/10/2023. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Mary Somers, personal representative, or to both the probate court at 313 West Kalamazoo St., Lansing, MI 48933, 517-483-6300, and the personal representative within 4 months after the date of publication of this notice, 08/28/2024. Attorney: Kimberly L. Savage, P68267, 1483 Haslett Rd, Haslett, MI 48840, 517-515-5000. Personal representative: Mary Somers, 408 W. 3rd St., Charlotte MI 48813, 517-339-0772.

CP#24-632

CP#24-629, From page 10

33-19-10-08-352-116	33-19-10-08-352-176	33-19-10-08-352-305
33-19-10-08-352-119	33-19-10-08-352-257	33-19-10-08-352-304
33-19-10-08-352-118	33-19-10-08-352-256	33-19-10-08-352-268
33-19-10-08-352-067	33-19-10-08-352-246	33-19-10-08-352-288
33-19-10-08-352-122	33-19-10-08-352-254	33-19-10-08-352-212
33-19-10-08-352-144	33-19-10-08-352-248	33-19-10-08-352-295
33-19-10-08-352-068	33-19-10-08-352-236	33-19-10-08-352-259
33-19-10-08-352-048	33-19-10-08-352-250	33-19-10-08-352-275
33-19-10-08-352-010	33-19-10-08-352-253	33-19-10-08-352-283
33-19-10-08-352-015	33-19-10-08-352-240	33-19-10-08-352-302
33-19-10-08-352-047	33-19-10-08-352-238	33-19-10-08-352-202
33-19-10-08-352-174	33-19-10-08-352-241	33-19-10-08-352-228
33-19-10-08-352-016	33-19-10-08-352-242	33-19-10-08-352-264
33-19-10-08-352-008	33-19-10-08-352-252	33-19-10-08-352-289
33-19-10-08-352-006	33-19-10-08-352-255	33-19-10-08-352-223
33-19-10-08-352-038	33-19-10-08-352-235	33-19-10-08-352-298
33-19-10-08-352-166	33-19-10-08-352-237	33-19-10-08-352-227
33-19-10-08-352-007	33-19-10-08-352-245	33-19-10-08-352-321
33-19-10-08-352-035	33-19-10-08-352-244	33-19-10-08-352-210
33-19-10-08-352-005	33-19-10-08-352-251	33-19-10-08-352-208
33-19-10-08-352-028	33-19-10-08-352-258	33-19-10-08-352-213
33-19-10-08-352-034	33-19-10-08-352-239	33-19-10-08-352-261
33-19-10-08-352-037	33-19-10-08-352-243	33-19-10-08-352-234
33-19-10-08-352-148	33-19-10-08-352-249	33-19-10-08-352-294
33-19-10-08-352-046	33-19-10-08-352-247	33-19-10-08-352-206
33-19-10-08-352-021	33-19-10-08-352-308	33-19-10-08-352-222
33-19-10-08-352-012	33-19-10-08-352-312	33-19-10-08-352-277
33-19-10-08-352-039	33-19-10-08-352-310	33-19-10-08-352-279
33-19-10-08-352-042	33-19-10-08-352-309	33-19-10-08-352-232
33-19-10-08-352-145	33-19-10-08-352-303	33-19-10-08-352-216
33-19-10-08-352-149	33-19-10-08-352-311	33-19-10-08-352-209
33-19-10-08-352-165	33-19-10-08-352-307	33-19-10-08-352-260
33-19-10-08-352-173	33-19-10-08-352-306	33-19-10-08-352-276
33-19-10-08-352-168	33-19-10-08-352-225	33-19-10-08-352-233

In addition to the parcels and tracts of land listed above, the City of Mason will be specially assessed at-large for benefits in the construction, maintenance and improvement of the Drain.

NOW THEREFORE, all unknown and non-resident persons, owners and persons interested in the above described lands, and you:

Clerk of Ingham County;
Chairperson of the Ingham County Board of Commissioners;
Managing Director of the Ingham County Road Department;
Mayor and Clerk of the City of Mason;
Director of the State of Michigan Department of Transportation;

are hereby notified that at the time and place aforesaid, or at such other time and place thereafter to which said Day of Review may be adjourned, the apportionment for benefits and the lands comprised within the Franklin Farms Branch of the Willow Creek Drain Subdistrict of the "Willow Creek Drain Special Assessment District" will be subject to review.

AND YOU AND EACH OF YOU, owners, municipalities and persons interested in the aforesaid lands are hereby cited to appear at the time and place of such reviewing of the apportionments as aforesaid, and be heard with respect to such special assessments and your interests in relation thereto, if you so desire.

This notice is pursuant to Section 154 of the Michigan Drain Code of 1956, as amended.

Persons with disabilities needing accommodations for effective participation in the meeting should contact Patrick E. Lindemann, the Ingham County Drain Commissioner at (517) 676-8395, or through the Michigan Relay Center at 711 (TTY) at least 24 hours in advance of the meeting to request mobility, visual, hearing, or other assistance.

Dated: August 22, 2024

Patrick E. Lindemann
Ingham County Drain Commissioner
707 Buhl Avenue, Mason, MI 48854
(517) 676-8395

CP#24-629

ARTS & CULTURE

ART • BOOKS • FILM • MUSIC

‘Lansing Shaped’ continues Dustin Hunt’s goal of creating murals ‘people can connect with’



Photo by McShane Photography

“West,” the first of three murals to be completed in Dustin Hunt’s “Lansing Shaped” series, at Scribbles & Giggles Child Care Center in west Lansing.

By NICOLE NOECHEL

If you’ve noticed fresh pops of color around town lately, thank local muralist Dustin Hunt.

Hunt is the founder of Muralmatics, which creates commissioned murals across the Midwest that are designed to “amplify regional narratives, local histories and socially responsible missions.” The studio also offers mural camps for youth and hands-on training for emerging artists through a paid apprenticeship program.

Hunt’s latest undertaking is “Lansing Shaped,” a series of three large, vibrant murals that depict three generations of one Lansing family. “West” stands at Scribbles & Giggles Child Care Center, formerly Verlinden Elementary School; “South” is close to completion at Alfreda Schmidt Community Center; and “North” will round out the trio at the former Otto Middle School.

“The best public art has a utility to it,” Hunt said. “I view public art with utility as something beneficial to a neighborhood, the same way that the South Side Community Center is a utility and serves a very specific function to the neighborhood.”

“I’m just trying to complement the function of the spaces and add to the communities in a way that’s useful, dynamic, creative and colorful.”

Hunt hopes to unveil the finished project in October. After that, visitors will be able to scan QR codes on the murals to hear three generations of the same family share their thoughts on how living in Lansing has shaped who they are today.

“There’s something cool about hearing from three generations of one family talking about the same place, but their unique experiences in that place,” Hunt said. “These are long-time southsiders — the mom was born and raised on the south side. Her husband is from Chicago, but he’s been here for decades.”

He found the family through one of Muralmatics’ camps.

“I did a mural camp in downtown Lansing, and one of the kids was just super dynamic and fun to work with. He was especially energetic and athletic — he was doing backflips off everything,” Hunt said. “Then I met his parents, and I recognized them through social media stuff and entrepreneurial things. I thought, ‘How cool would it be if we got to hear from each of these generations?’ I proposed the idea to them, and they were way into it.”

Hunt was inspired to create this project by Lansing’s influence on his own life. He calls himself a “Michigan artist,” having moved around the state throughout his life, but he spent his formative years in East Lansing and Lansing, returning to attend Lansing Community College and later Michigan State University, where he earned a bachelor’s of fine art and a teaching certification. He completed his student teaching at Everett High School.

Hunt’s interest in art began with drawing in elementary school. He was “painfully shy,” partially because he moved four times during those years, but his intuition for art impressed his classmates and became a “superpower” for him, he said.

“Going from school to school, I could develop a reputation with this skill and wield some kind of power with it,” he said.

In middle school, one of his mother’s friends introduced him to graffiti art.

“Something I loved about graffiti, which is somewhat still true to this day, is that you need to find your own access points into it. You need to know someone already involved, you need to know where to go, you need to know the etiquette, the history, or else you’re doing something super foolish,” he said. “Luckily, I met some classmates with the same curiosity who had just a bit of experience and knowledge to pass down. Once I gained the courage and had a basic understanding, I tried my hand at it and was hooked.”



Nicole Noechel/City Pulse

Hunt is working on finishing up his second “Lansing Shaped” mural, “South,” at Alfreda Schmidt Community Center in south Lansing.



Photo by McShane Photography

Hunt uses a boom lift to spray paint “West,” which is nearly 35 feet tall and 30 feet wide.

When Hunt began his teaching career, he had to leave illegal graffiti behind. But his interest in public art never dwindled. After seven years teaching in Portland, Oregon, and Minneapolis, he moved back to Michigan and began looking for a way to continue educating and supporting the community without being confined to a classroom and public school red tape.

“The youth were always the best part of teaching. It was more so the systems around teaching that I struggled with, especially in terms of what is funded in public education. In my experience, it has not been creative programming or visual arts,” he said.

The idea for Muralmatics was inspired by one of his students in Portland, who was late to class one day after getting held up doing court-ordered community service.

“I asked him what led to the community service. He shared how he had got caught up in the court system for riding public transit without paying, which led to a ticket he couldn’t pay, which led to a court date he missed, which led to community service he had to work off,” Hunt said. “I kept my cool in the moment, but I was liv-

id and crushed at the same time. Why design a system that punishes a person this way, as repentance for riding transit without fare they didn’t have?”

He continued, “In that moment, something in me snapped. I started dreaming up creative ways to engage young folks in meaningful, creative, community-based projects that could potentially qualify as ‘community service.’ I thought about drawing from my experience working with spray paint and designing professional-looking murals, made by young folks.”

Hunt said he finds public art projects that are specific to a place are the most engaging.

“Art can present a barrier if it’s not made for or of the general public, which is why I’m so moved to create pieces that people can connect with,” he said. “I’m always looking to build context around projects and to sort of dangle a carrot in front of the viewer to pull them in.”

To make the “Lansing Shaped” project even more immersive, the QR codes will allow viewers to upload their own videos to the site and share how Lansing has shaped them.

“I’m so excited to see how this project evolves once the public starts participating in it,” Hunt said.



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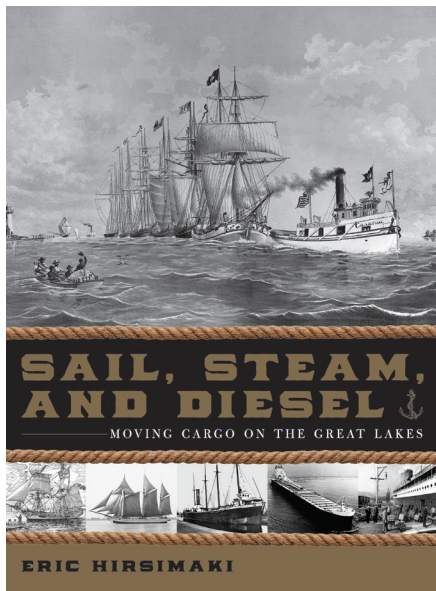
Former industry worker explores history and impacts of Great Lakes shipping

By BILL CASTANIER

The Great Lakes run through Cleveland-area author Eric Hirsimaki's blood. He spent 40 years working in the Great Lakes shipping industry — on a cargo railroad, aboard boats, at the ports they visited and beyond.

"The work was hard, but the pay was good," the author said, recalling summers sailing the lakes, delivering freight and commodities.

Starting with his great-grandfather, a Finnish immigrant, Hirsimaki's family worked in the shipping industry for nearly 130 years, finding employment on docks, sailing and shoveling coal on cargo ships of all sizes.



His great-grandfather died in a dock accident, and his burial place is unknown.

"We were an average working immigrant family and all prospered," Hirsimaki said.

In 2011, Hirsimaki retired from the shipping industry and began writing about it instead. He has authored 10 books on the subject. His most recent release, "Sail, Steam, and Diesel: Moving Cargo on the

Great Lakes," published by Michigan State University Press, is a monster at nearly 700 pages.

In nine chapters and four appendixes, the book provides a comprehensive history of shipping on the Great Lakes, beginning with the fur trade and later timber and valuable minerals, all of which made some entrepreneurs fabulously wealthy.

Through this history, Hirsimaki's book also provides a look at the settlement of the northwest United States and how the cargo the boats carried contributed to the country's industrial might during two world wars.

The book is filled with stories and information you've likely seen nowhere else. Much of it is focused on the evolution of boats on the Great Lakes, including the age of sail, the advent of steam power and, finally, the implementation of diesel engines.

When you think of the earliest freight haulers — canoes — you may picture small two-person vessels navigating the Great Lakes. However, we learn from the book that the Montreal canoe was nearly 40 feet long and 6 feet wide, requiring eight men to paddle it.

Then there were boats propelled with literal horsepower, like the canal boat, which was pulled by horses walking along the shore. This method was used on the Erie Canal, which opened the Great Lakes to the East Coast in 1825. There were also the less common methods of having horses onboard walk in circles or on treadmills to drive a paddle wheel.

Hirsimaki also writes about the inherent danger of sailing the Great Lakes and discusses the wrecks at the bottom of the vast waters. He explores some of the advancements in safety, such as lighthouses, lightboats and the United States Life-Saving Service, which kept watch over some of the more dangerous passages.

The author said he has been collecting stories about Great Lakes



Courtesy photo

In 2011, Eric Hirsimaki retired from the Great Lakes shipping industry and began writing about it instead. His most recent release, "Sail, Steam, and Diesel," provides a comprehensive history of cargo transport on the Great Lakes, from the vessels used to the goods they carried.

shipping for decades and has even taken around 10 vacations on Great Lakes freighters. He has three more books in the works, including one on the Soo Locks.

Today, shipping on the Great Lakes looks much different than it did at its peak, when boats would pass through Detroit, for example, every 15 minutes, and would be backed up at the Soo Locks awaiting passage. According to "Sail, Steam, and Diesel," the industry at the turn of the 20th century employed more than 20,000 workers. Today, there

are 1,200 workers at most, and you're lucky to see one boat a day, Hirsimaki said.

"When I sailed in the '60s, it wasn't unusual to see boats on the horizon. You knew a boat from the stacks and the flags they flew. Those days are gone," he said.

ART BY NEVIN

As Seen On the Cover of CityPulse

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CityPULSE

‘Middle Eastern Chipotle’ arrives in Frandor

By TYLER SCHNEIDER

In 2017, Detroit businessmen Jack Mashini and Brian Shunia made their foray into the restaurant industry with the founding of their chicken wing franchise, Wing Snob, in Livonia. Since then, the franchise has expanded to 49 locations across the United States and Canada, including 28 in Michigan, and 19 more are under construction.

Middle Eats

3201 E. Grand River Ave., Suite A, Lansing
10 a.m.–10 p.m.
Monday–Saturday
11 a.m.–8 p.m. Sunday
middleeats.com
(517) 289-3287

Last year, the duo joined forces with Mario Sattam, owner of a small chain of fast-casual Middle Eastern restaurants called Rock City Eats, to help him grow his business and open more locations.

“We decided to rebrand as Middle Eats,” Mashini said. “We specialize in healthier versions of the typical Middle Eastern fare.” The group opened three Middle Eats locations in 2023: Two at the site of former Rock City Eats in Warren and Detroit and another in Bloomfield Hills. On Tuesday (Sept. 3), the fourth will open in a 1,900-square-foot space in Frandor that last housed Lefty’s Cheesesteaks. It will be the first location with a drive-thru.

“I really think we’re going to kill it with the drive-thru model. Since this spot happened to already have one, we thought it was a good opportunity to mesh that into our operation,” Mashini said, adding that they expect to be able to get orders out in three minutes.

The menu includes a variety of bowls, wraps and salads, each with a list of ingredients that diners can customize based on what they want and don’t want. The eatery



Courtesy photo

Middle Eats, a Detroit-based, fast-casual Mediterranean restaurant chain, is set to open its first Lansing location Tuesday (Sept. 3).

also offers smaller plates, like loaded shawarma fries, hummus with

pita wedges and desserts.

“We’re appealing to the people who want something fast, fresh, healthy and halal at the same time, and I think that’s a winning combination for us,” Mashini said. “It’s Middle Eastern food, but I like to call it Mediterranean-inspired because it’s a little less potent of a flavor profile. We’ve calmed the flavors down from a traditional Middle Eastern restaurant to appeal to the masses. And I think we nailed it.”

He said people have compared the concept to “a Middle Eastern Chipotle.”

“We’re flattered because Chipotle is obviously a monster. But it is a little bit different. For example, there’s no assembly line. We did that for the sake of speed,” he said.

The new space can seat 45, including 12 patio seats. Mashini is working on hiring 20 to 30 employees, though some of them could switch between the new store and the Wing Snob location at 3415 E. Saginaw St.

“We like to follow the Wings Snobs because we can share the teams, and the logistics just make sense. We also know we have a very strong market here being in such close proximity to Michigan State University,” he said.

Mashini said the group plans to open a fifth Middle Eats in Lathrup Village by the end of the year. Starting next year, they’ll look to open more in the Detroit area and possibly a second Lansing location on the city’s west side.



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Jonesin' Crossword

By Matt Jones

“Dozens and Dozens”
-- these go to one
more than eleven.
by Matt Jones
© 2024 Matt Jones

ACROSS

- 1. Verified information
- 5. “Buzz off!”
- 10. Kamala Harris’s middle name
- 14. Kinda pale
- 15. ____ Lumpur, Malaysia
- 16. Major Norse deity
- 17. One of Cinderella’s siblings
- 19. “Snail mail” org.
- 20. Group with 27 member states
- 21. Putting a curse on
- 23. Sources of immunity
- 25. ____ Brothers (former investment banking firm)
- 29. Phrase used for winners of vacations on game shows
- 33. At the back of the boat
- 36. Holiday song
- 37. Untrustworthy
- 38. Fought (for)
- 40. Modern units, back in the days of dial-up
- 42. Stuff in a skein
- 43. Street sign symbol
- 45. City on the Erie Canal
- 47. Leather shoe, for short
- 48. Particle physics concept
- 51. Words after “the powers”
- 52. Ghostly specter
- 56. Sci-fi transport that’s “dimensionally transcendental”
- 60. “Ad ____ per aspera”
- 61. Home of Xenia, Youngstown, and

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20						21					22			
23					24				25			26	27	28
			29			30	31	32						
33	34	35		36						37				
38			39		40				41		42			
43				44		45				46		47		
48					49						50			
51									52			53	54	55
			56			57	58	59		60				
61	62	63			64				65					
66					67						68			
69					70						71			

- Zanesville
- 64. Subject of a story where wishes come with great consequences
 - 66. Mystic Persian poet
 - 67. Fro-yo topping, e.g.
 - 68. First name of the Phantom of the Opera
 - 69. Worn out
 - 70. Lowest possible turnout
 - 71. Turns bad

DOWN

- 1. Forgoes food
- 2. “ ____ World Turns”
- 3. Yell for the team
- 4. Prepare, as a report
- 5. Go downhill fast?
- 6. Easy, like some jobs
- 7. Put on a scale
- 8. Trebek who’s the subject of recent collectible stamps
- 9. “Taxi” actress
- Henner

- 10. Pillsbury mascot introduced in 1965
- 11. Mag execs
- 12. Big name
- 13. Plug- ____ (software patches)
- 18. Plant that can be poisonous
- 22. Pharrell Williams group until 2018
- 24. Picket line crosser
- 26. “ ____ Secretary” (2010s CBS drama)
- 27. ____ Crag (“mountain” at the end of “Nickelodeon Guts”)
- 28. “Tearin’ Up My Heart” album of 1998
- 30. Brat condiment
- 31. Sonic ____ (Thurston Moore’s former band)
- 32. Radio playlist staple, often
- 33. “Halt!” to a sailor
- 34. Colin of “Love, Actually”
- 35. ____ firma
- 39. Follow through on the deed, slangily
- 41. Garbage transport
- 44. Fever/Dream group?
- 46. Grand display
- 49. Where “butterfly” is “Schmetterling”
- 50. Peace Prize sharer with Shimon
- 53. Head of tech support, perhaps
- 54. Attribute
- 55. Atlanta team
- 57. “Alice in Wonderland” bird
- 58. Proto- ____ -European (early language)
- 59. Graphic for creating a Sims character
- 61. Spherical object
- 62. Color wheel choice
- 63. “ ____ little teapot ...”
- 65. 112.5 degrees from S

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Answers on page 18

SUDOKU

8		7						
	2	9	1	3				
							1	
	8			5	4			
		3				5		
	9			1		8		2
			7			9		1
	4		6			7		
					9			4

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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Free Will Astrology

By Rob Breznsky

Aug. 28-Sept. 3, 2024

ARIES (March 21–April 19): Although there are more than 7,000 varieties of apples, your grocery store probably offers no more than 15. But you shouldn't feel deprived. Having 15 options is magnificent. In fact, most of us do better in dealing with a modicum of choices rather than an extravagant abundance. This is true not just about apples but also about most things. I mention this, Aries, because now is an excellent time to pare down your options in regard to all your resources and influences. You will function best if you're not overwhelmed with possibilities. You will thrive as you experiment with the principle that less is more.

TAURUS (April 20–May 20): Taurus comedian Jerry Seinfeld, now 70 years old, has testified, “As a child, the only clear thought I had was, ‘Get candy.’” I encourage you to be equally single-minded in the near future, Taurus. Not necessarily about candy but about goodies that appeal to your inner child as well as your inner teenager and inner adult. You are authorized by cosmic forces to go in quest of experiences that tickle your bliss.

GEMINI (May 21–June 20): I'm not saying I would refuse to hire a Gemini person to housesit while I'm on vacation. You folks probably wouldn't let my houseplants die, allow raccoons to sneak in and steal food or leave piles of unwashed dishes in the sink. On the other hand, I'm not entirely confident you would take impeccable care of my home in every little way. But wait! Everything I just said does not apply to you now. My analysis of the omens suggests you will have a high aptitude for the domestic arts in the coming weeks. You will be more likely than usual to take good care of my home — and your own home, too. It's a good time to redecorate and freshen up the vibe.

CANCER (June 21–July 22): These days, you are even smarter and more perceptive than usual. The deep intelligence of your higher self is pouring into your conscious awareness with extra intensity. That's a good thing, right? Yes, mostly. But there may be a downside: You could be hyperaware of people whose thinking is mediocre and whose discernment is substandard. That could be frustrating, though it also puts you in a good position to correct mistakes those people make. As you wield the healing power of your wisdom, heed these words from Johann Wolfgang von Goethe: “Misunderstandings and lethargy produce more wrong in the world than deceit and malice do.”

LEO (July 23–Aug. 22): Wolfgang Amadeus Mozart had an older sister, born under the sign of Leo. Her nickname was Nannerl. During their childhoods, she was as much a musical prodigy as he. Supervised by their father, they toured Europe performing together, playing harpsichord and piano. Nannerl periodically got top billing, and some critics regarded her as the superior talent. But misfortune struck when her parents decided it was unseemly for her, a female, to continue her development as a genius. She was forcibly retired so she could learn the arts of housekeeping and prepare for marriage and children. Your assignment in the coming months, Leo, is to rebel against any influence that tempts you to tamp down your gifts and specialties. Assert your sovereignty. Identify what you do best and do it more and better than you ever have before.

VIRGO (Aug. 23–Sept. 22): When an infant giraffe leaves its mother's womb, it falls 6 feet to the ground. I suspect that when you are reborn sometime soon, Virgo, a milder and more genial jolt will occur. It may even be quite rousing and inspirational — not rudely bumpy at all. By the way, the plunge of the baby giraffe snaps its umbilical cord and stimulates the creature to take its initial breaths, getting it ready to begin its life journey. I suspect your genial jolt will bring comparable benefits.

LIBRA (Sept. 23–Oct. 22): Many people living in the Napo province of Ecuador enjoy eating a dish

called ukuy, which is a Kichwa word for large ants. This is not an exotic meal for them. They may cook the creatures or simply eat them alive. If you travel to Napo anytime soon, Libra, I urge you to sample the ukuy. According to my reading of the astrological omens, such an experiment is in alignment with the kinds of experiences you should be seeking: Those outside your usual habits, beyond your typical expectations and in amused rebellion against your customary way of doing things.

SCORPIO (Oct. 23–Nov. 21): The theory of karma suggests that all our actions, good and bad and in between, send ripples out into the world. These ripples eventually circle back to us, ensuring we experience events that mirror our original actions. If we lie and cheat, we will be lied to and cheated on. If we give generously and speak kindly about other people, we will be the recipient of generosity and kind words. I bring this up, Scorpio, because I believe you will soon harvest a slew of good karma that you have set in motion through your generosity and kindness. It may sometimes seem as if you're getting more benevolence than you deserve, but in my estimation, it's all well-earned.

SAGITTARIUS (Nov. 22–Dec. 21): I encourage you to buy yourself fun presents that give you a feisty boost. Why? Because I want you to bring an innovative, starting-fresh spirit into the ripening projects you are working on. Your attitude and approach could become too serious unless you infuse them with the spunky energy of an excitable kid. Gift suggestions: New music that makes you feel wild; new jewelry or clothes that make you feel daring; new tools that raise your confidence; and new information that stirs your creativity.

CAPRICORN (Dec. 22–Jan. 19): On a Tuesday in August 2012 — one full Jupiter cycle ago — a Capricorn friend of mine called in sick to his job as a marketing specialist. He never returned. Instead, after enjoying a week off to relax, he began working to become a dance instructor. After six months, he was teaching novice students. Three years later, he was proficient enough to teach advanced students, and five years later, he was an expert. I am not advising you, Capricorn, to quit your job and launch your own quixotic quest for supremely gratifying work. But if you were ever going to start taking small steps toward that goal, now would be a good time. It's also a favorable phase to improve the way your current job works for you.

AQUARIUS (Jan. 20–Feb. 18): Three years ago, an Indonesian man celebrated his marriage to a rice cooker, which is a kitchen accessory. Khoirul Anam wore his finest clothes, while his new spouse donned a white veil. In photos posted on social media, the happy couple are shown hugging and kissing. Now might also be a favorable time for you to wed your fortunes more closely with a valuable resource — though there's no need to perform literal nuptials. What material thing helps bring out the best in you? If there is no such thing, now would be a good time to get it.

PISCES (Feb. 19–March 20): For many years, I didn't earn enough money to pay taxes. I was indigent. Fortunately, social programs provided me with food and some medical care. In recent years, though, I have had a better cash flow. I regularly send the U.S. government a share of my income. I wish they would spend all my tax contributions to help people in need. Alas, just 42% of my taxes pay for acts of kindness to my fellow humans, while 24% goes to funding the biggest military machine on Earth. Maybe someday, there will be an option to allocate my tax donations exactly as I want. In this spirit, Pisces, I invite you to take inventory of the gifts and blessings you dole out. Now is a good time to correct any dubious priorities. Take steps to ensure that your generosity is going where it's most needed and appreciated. What kind of giving makes you feel best?

Go to RealAstrology.com to check out Rob Breznsky's EXPANDED WEEKLY AUDIO HOROSCOPES and DAILY TEXT MESSAGE HOROSCOPES. The audio horoscopes are also available by phone at 1-877-873-4888 or 1-900-950-7700.

OUT on the TOWN

Events & Happenings in Lansing This Week

Events must be entered through the calendar at lansingcitypulse.com.
Deadline is 4 p.m. Wednesday for the upcoming Wednesday edition. Charges may apply for paid events to appear in print. If you need assistance, please call Nicole at (517) 999-5066.

Wednesday, Aug. 28

Allen Farmers Market - 3-6:30 p.m. 1629 E. Kalamazoo St., Lansing. 517-999-3911. allenneighborhoodcenter.org/market.

Bookend Gallery Display - Oils, acrylics and posters of previous works by mixed-media artist Lucy Synk are on display during the month of August. Noon-4 p.m. Haslett Library, 1590 Franklin St., Haslett. cadl.org/about/our-locations/haslett.

CharLit Adult Book Club: “Edith Holler,” by Edward Carey - 6 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. 517-543-8859. charlottelibrary.org.

Fitness Over 50! Exercise Group - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Central Park Pavilion. 9-10 a.m. 5151 Marsh Road, Okemos. meridian50plus.com.

Lansing Live! Open Stage Night - Whether you're experienced or just starting out, the stage is open to all. Not a performer? Enjoy dinner, drinks and live music. No cover, all ages welcome. 6 p.m. UrbanBeat, 1213 Turner St., Lansing. urbanbeatevents.com.

Lansing Lugnuts vs. Fort Wayne TinCaps - 7:05 p.m. Jackson Field, 505 E. Michigan Ave., Lansing. milb.com/lansing.

Meridian Summer Concert Series: Don Middlebrook (tropical rock) - Free. 6 p.m. Marketplace on the Green, 1995 Central Park Drive, Okemos. meridian.mi.us/about-us/calendar/summer-concert-series.

Meridian Township Farmers Market - 3-7 p.m. Marketplace on the Green, 1995 Central Park Drive, Okemos. meridian.mi.us/FarmersMarket.

Mindfulness Meditation in the Thich Nhat Hanh tradition - All are welcome to join our weekly practice! 7-9 p.m. Van Hanh Temple, 3015 S. Martin Luther King Jr. Blvd., Lansing. lamc.info.

Portland Sounds of Summer Concert Series: Parted Waters ('60s-'70s) - Free. 7 p.m. Two Rivers Park, 201 Divine Hwy., Portland. facebook.com/MiPortlandDowntown.

Samia Halaby: “Eye Witness” - 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

St. Johns Concerts in the Park: Denise Davis & the Motor City Sensations - Denise and her band have a wide repertoire, switching moods from pop to funk to R&B to blues in rapid succession. Free. 7 p.m. St. Johns City Park, 801 W. Park St., St. Johns. facebook.com/StJohnsCityParkPerformanceShell.

Summer Vibes Karaoke - 8-11 p.m. Lansing Shuffle, 325 Riverfront Drive, Lansing. 517-940-4365. lansingshuffle.com.

The Townmen at Cleats Bar & Grille - 6:30 p.m. 5801 N. Aurelius Road, Lansing. 517-574-4008. cleatsbarandgrille.com.

Thursday, Aug. 29

Adult Roller Derby Basic Skills Boot Camp - Four-month roller derby training course. 6-8 p.m. Court One Training Center, 7868 Old M-78, Lansing. lansingrollerderby.com.

Al-Anon Meeting - Are you concerned about someone else's drinking? This group welcomes any adult looking for help. 6:45 p.m. Mason Sparrow Urgent Care, 800 E. Columbia St., Mason. cmialanon.org.

Al-Anon Meeting - 8 p.m. Eastminster Presbyterian Church, 1315 Abbot Road, East Lansing. cmialanon.org.

Bath Farmers Market - 3-6:30 p.m. James Couzens Memorial Park, 13753 Main St., Bath. 517-641-6728. shopbfm.org.

Bookend Gallery Display - Oils, acrylics and posters of previous works by mixed-media artist Lucy Synk are on display during the month of August. Noon-6 p.m. Haslett Library, 1590 Franklin St., Haslett. cadl.org/about/our-locations/haslett.

Cat Room Trivia at Constellation Cat Café - Join the cats for a trivia night and enjoy a complimentary cafe beverage! Reach out to events@constellationcatcafe.com with questions. 7 p.m. 3320 E. Lake Lansing Road, East Lansing. constellationcatcafe.com.

Crafty Vibes - Bring your knitting, crochet or any other portable craft project and immerse yourself in an evening of creativity, conversation and community. 5 p.m. Weavers of the Web, 809 Center St., Lansing. 517-657-5800. weaversoftheweb.org.

Dimondale Farmers Market - 3-7 p.m. Village Square, 136 N. Bridge St., Dimondale. 517-646-0230. villageofdimondale.org/general-3.

Laingsburg Indoor Farmers Market - 5-8 p.m. First Congregational Church, 401 E. Grand River Road, Laingsburg. 517-295-8128. laingsburgbusiness.org/farmers-market-1.

Lansing Lugnuts vs. Fort Wayne TinCaps - North of Five performs at 6:30 p.m. Game starts at 7:05 p.m. Jackson Field, 505 E. Michigan Ave., Lansing. milb.com/lansing.

Mark Grinnell at Cleats Bar & Grille - 6:30 p.m. 5801 N. Aurelius Road, Lansing. 517-574-4008. cleatsbarandgrille.com.

Parkinson's Exercise: Boxing - Exercise program proven to help enhance strength, balance and agility. Free for people with Parkinson's and their caregivers. 1 p.m. Michigan Athletic Club, 2900 Hannah Blvd., East Lansing. To register, call 517-364-8888. lpsg.org.

Reno's Magic Night - Come see Jeff the Magician right at your table every Thursday night! 6-8 p.m. 16460 Old U.S. 27, Lansing. eventvesta.com/events/75153-reno-s-magic-night.

Samia Halaby: “Eye Witness” - 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

Take Off Pounds Sensibly - Weight-loss support group. Weigh-in 5:30 p.m., meeting 6-7 p.m. Haslett Middle School, 1535 Franklin St., Haslett. 800-932-8677. facebook.com/HaslettTops.

Two-Faced Wilson at the Graduate Rock Bar - 8 p.m. 133 Evergreen Ave., East Lansing. 517-348-0900. facebook.com/graduaterockbar.

Wake Up Old Town! - Free, informal networking opportunity for professionals from all over Lansing. 8:30 a.m. Curvaceous Lingerie, 117 E. Cesar E. Chavez Ave., Lansing. 517-485-4283. iloveoldtown.org.

A Festival of Oddities

11 a.m.-6 p.m. Saturday, Aug. 31
11 a.m.-4 p.m. Sunday, Sept. 1
Courthouse Square Museum
100 W. Lawrence Ave., Charlotte

A Festival of Oddities, an annual celebration of all things macabre, returns to Charlotte's historic Courthouse Square Museum 11 a.m. to 6 p.m. Saturday (Aug. 31) and 11 a.m. to 4 p.m. Sunday (Sept. 1). The event will feature a Macabre Marketplace with more than 100 vendors, live performances hosted by the Dark Art of Michigan, roaming performers and cosplayers, food trucks, a photo booth, caricatures, face painting, a kitten adoption tent and more.

At the Living Library, sponsored by Dead-time Stories, paranormal, true-crime and horror authors will be available for photos, to sign copies of books and to chat about past and upcoming projects.

Inside the museum, guests can explore oddities from around the globe, rescue a scaly friend at the snake adoption pit and attend presentations hosted by experts in true crime, the paranormal and other spooky subjects. To purchase guaranteed seating for any of the presentations, visit festivalofoddities.com/guests.

Beach Market, down the street from the courthouse at the corner of Lovett and Bostwick streets, will offer even more spooky vendors. In addition, the Eaton Theatre will host meet-and-greets with actor Douglas Tait of “Annabelle Comes Home,” “Star Trek: Picard,” “Halloween Kills” and more noon to 8 p.m. Friday and Saturday. Included in the \$5 admission fee for the meet-and-greets are screenings of “Annabelle Comes Home” at 3 p.m. and “Halloween Kills” at 7 p.m. both days.

Tickets for the meet-and-greets with Tait are available at eatontheatre.com. Festival activities on the courthouse grounds are free and open to the public, and entry to the museum is \$5 per person per day. For more information, visit festivalofoddities.com.



Zap Zone XL Magic Night - Enjoy a night on the town with food, a full bar, amazing attractions and magic by Jeff the Magician. 8-10 p.m. 5220 W. Saginaw Hwy., Lansing. eventvesta.com/events/75155-zap-zone-xl-magic-night.

Friday, Aug. 30

Bookend Gallery Display - Oils, acrylics and posters of previous works by mixed-media artist Lucy Synk are on display during the month of August. Noon-4 p.m. Haslett Library, 1590 Franklin St., Haslett. cadl.org/about/our-locations/haslett.

The Cloudhoppers at Mash Bar - 10 p.m. 212 Albert Ave., East Lansing. 517-858-2100. mashbar.net.

Craft Club - Upcycle vases with paint! Grades 4-12. Registration req. 4 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. 517-543-8859. charlottelibrary.org.

Cruise to Holt - Weekly cruise-ins every Friday night at the Holt Farmers Market parking lot. 5-8 p.m. 2150 Cedar St., Holt. holtfarmersmarket.org.

Drew Behringer at Mash Bar - 7 p.m. 212 Albert Ave., East Lansing. 517-858-2100. mashbar.net.

Fitness Over 50! Exercise Group - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Central Park Pavilion. 9-10 a.m. 5151 Marsh Road, Okemos. meridian50plus.com.

Jack Schueler at the Peanut Barrel - 8 p.m. 521 E. Grand River Ave., East Lansing. 517-351-0608. peanutbarrel.com.

Lake Lansing Sounds of Summer Concert Series: Showdown (classic rock), opener Jessey Adams - Free. Kids can enjoy big-wheel tricycles, a bounce house and an inflatable slide. 6:15 p.m. Lake Lansing Park South, 1621 Pike St., Haslett. facebook.com/Lakelansingbandshell.

Lansing Lugnuts vs. Fort Wayne TinCaps - 7:05 p.m. Jackson Field, 505 E. Michigan Ave., Lansing. milb.com/lansing.

Lucid Vibe at Lansing Shuffle - 7 p.m. 325 Riverfront Drive, Lansing. 517-940-4365. lansingshuffle.com.

MSU Spartans Football vs. Florida Atlantic Owls - 7 p.m. Spartan Stadium, 325 W. Shaw Lane, East Lansing. msuspartans.com/sports/football.

Parkinson's Exercise: Movement for Vitality - Free group class for people with Parkinson's and their caregivers. 1 p.m. Michigan Athletic Club, 2900 Hannah Blvd., East Lansing. To register, call 517-364-8888. lpsg.org.

“Refuge Recovery” - Buddhism-based recovery group that can be used for all addictions. Meetings include meditation and readings from the book “Refuge Recovery.” 6:30 p.m. Unity Spiritual Center, 2395 Washington Road, Lansing. 517-371-3010. unitylansing.org.

Events

from page 17

Samia Halaby: "Eye Witness" - 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

SWAG Summer Movie Nights: "Teenage Mutant Ninja Turtles: Mutant Mayhem" - Grab a blanket or lawn chair and head to Beacon Park (green space behind South Side Community Coalition). We'll provide popcorn and juice! 9 p.m. 2101 W. Holmes Road, Lansing. facebook.com/lansingswag.

THE PULSIFIEDS

Engineering/Physicist Accelerator II The Michigan State University Facility for Rare Isotope Beams seeks qualified candidates for the following full-time position:

Engineering/Physicist Accelerator II (East Lansing, MI). Fabricate, test, assemble, maintain, repair SRF cavities, accelerator components, associated equipment. Perform processing, assembly of superconducting cavities, accelerator components, ultra-high vacuum equipment. Qualified candidates will possess Bachelor's Degree in Mech Eng or closely related field. Must have 3 years' exp as Research Associate or any related position in mech eng research. Must have exp in operating and maintaining vacuum equipment, CAD 3D modeling, technical drawing software, procuring components and assembling equipment, Hands-on operation of gas delivery systems, Matlab/Python, finite element analysis (FEA) meshing, solver theory, pre-and post- processing and optimization for fluid dynamics, static structural, thermal, vibrational, fluid structural, rotating flow turbomachinery systems, spreadsheet usage for performing complex calculations. To apply for this posting, please go to www.careers.msu.edu and search for posting number 978832. MSU is committed to achieving excellence through cultural diversity. The university actively encourages applications and/or nominations from women, persons of color, veterans and persons with disabilities. MSU is an affirmative action, equal opportunity employer. P-08240348

Saturday, Aug. 31

A Festival of Oddities - 11 a.m.-6 p.m. Court-house Square Museum, 100 W. Lawrence Ave., Charlotte. festivalofoddities.com.

"A Priceless Event" Vol. 1 - Shop for books, CDs and more! You tell us what you want to pay, and we won't argue! Proceeds benefit All-Creatures.org. 9 a.m.-6 p.m. Everybody Reads, 2019 E. Michigan Ave., Lansing. facebook.com/EverybodyReads.

CPL Class - Class required to apply for a concealed pistol license. Students will learn firearm safety, laws, basics of home defense, fundamentals of pistol shooting and more. 9:30 a.m.-5:30 p.m. Capital Area Sportsmen's League, 7534 W. Old River Trail, Lansing. kingsmenpsc.com.

Craig Hendershott Live & Eclectic! - 9 p.m. REO Town Pub, 1145 S. Washington Ave., Lansing. 517-485-4863. reopub.com.

Free Museum Admission Day - Enjoy free admission to R.E. Olds Transportation Museum courtesy of Capital City Liquidations. 10 a.m.-5 p.m. 240 Museum Drive, Lansing. 517-372-0529. reoldsmuseum.org.

Lansing Lugnuts vs. Fort Wayne TinCaps - 7:05 p.m. Jackson Field, 505 E. Michigan Ave., Lansing. milb.com/lansing.

Market on the Grand - 9 a.m.-1 p.m. Jaycee Park, 525 E. River St., Grand Ledge. grandledgechamber.com/market_on_the_grand.php.

Meridian Township Farmers Market - 8 am.-2 p.m. Marketplace on the Green, 1995 Central Park Drive, Okemos. 517-712-2395. meridian.mi.us/FarmersMarket.

Michigan Chicken Wing Festival - 2-9 p.m. Adado Riverfront Park, 201 E. Shiawassee St., Lansing. michiganchickenwingfestival.com.

Moth Duster at Mash Bar - 9 p.m. 212 Albert Ave., East Lansing. 517-858-2100. mashbar.net.

Rollin Brummette at Dimes Brewhouse - Brummette is an Americana artist whose music style is reminiscent of Tyler Childers and John Denver but with a deeper voice. 6 p.m. 145 Bridge St., Dimondale. dimesbrewhouse.com.

Samia Halaby: "Eye Witness" - 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

Sunday, Sept. 1

"A Course in Miracles" Study Group, with Dan and Carol Maynard - Noon. Unity Spiritual Center, 2395 Washington Road, Lansing. 517-371-3010. unitylansing.org.

See Events, Page 19

Michigan Chicken Wing Festival

2-9 p.m. Saturday, Aug. 31- Sunday, Sept. 1
Adado Riverfront Park
201 E. Shiawassee St., Lansing



The annual Michigan Chicken Wing Festival runs 2 to 9 p.m. Saturday (Aug. 31) and Sunday (Sept. 1) at Adado Riverfront Park. The event will offer wing eating contests, a people's choice wing vendor contest, food trucks with non-wing offerings, live music, pro wrestling, open mics, a kids' zone with inflatables, merchandise and art vendors, community resource tables and more.

Those who would like to sample wings from various vendors should purchase wing sample tokens in advance. The cost is \$10 for eight tokens. Half wings cost one token, while whole wings cost two tokens. If sample tokens aren't purchased in advance, attendees must purchase their wings directly from vendors.

There are also two VIP packages that must be purchased in advance: Standard VIP (\$45) includes 12 wing sample tokens, two tokens for alcoholic beverages, five tokens for nonalcoholic beverages, access to the VIP tent and area near the stage, one-hour early entry and a giveaway drawing ticket. The VIP beer and wine package (\$55) includes, in addition to the standard VIP perks, eight tokens for alcoholic beverages, access to premium beverages and a goody bag.

General admission tickets will be available at the gate for \$5 before 5 p.m. and \$15 after 5 p.m. Kids 14 and under, seniors ages 65 and older, cancer survivors and military members can enter for free.

A portion of the proceeds will benefit the Against All Odds Foundation, which operates a free retail store in the Lansing Mall for underserved communities and supports cancer survivors with needs including groceries, prescription medication co-payments and transportation to medical appointments.

For more information and to purchase advance tickets, visit michiganchickenwingfestival.com.

CROSSWORD SOLUTION
From Pg. 16

F	A	C	T	S	C	R	A	M	D	E	V	I
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SUDOKU SOLUTION
From Pg. 16

8	1	7	4	6	2	3	9	5
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9	4	8	6	2	1	7	5	3
3	7	1	5	8	9	6	2	4



CIDER & DONUTS!

LANSING'S 43 YEAR FALL TRADITION!

IN STORES FRIDAY AUG 30TH



Events

from page 18

A Festival of Oddities - 11 a.m.-4 p.m. Courthouse Square Museum, 100 W. Lawrence Ave., Charlotte. festivalofoddities.com.

Adult Roller Derby Basic Skills Boot Camp - Four-month roller derby training course. 7-9 p.m. Court One Training Center, 7868 Old M-78, Lansing. lansing-rollerderby.com.

East Lansing Farmers Market - 10 a.m.-2 p.m. Valley Court Park, 280 Valley Court, East Lansing. 517-319-6823. cityofeastlansing.com/farmersmarket.

Eastern Ingham Farmers Market - 10 a.m.-2 p.m. McCormick Park, 123 High St., Williamston. eastern-inghamfarmersmarket.org.

Euchre - 6 p.m. Esquire Bar, 1250 Turner St., Lansing. 517-487-5338.

Harmony Sundays - Weekly DJ event featuring Aura the Brave and special guests. 9 p.m. Mac's Bar, 2700 E. Michigan Ave., Lansing. 517-484-6795. instagram.com/macsbarm.

JUGGLERS AND WOULD-BE JUGGLERS - Jugglers meet at the Orchard Street Pump House 2 p.m. Sundays. 368 Orchard St., East Lansing. mikemarhanka@gmail.com.

Laingsburg Outdoor Farmers Market - 11 a.m.-3 p.m. Roosevelt Row, downtown Laingsburg. 517-295-8128. laingsburgbusiness.org/farmers-market-1.

Lansing Lugnuts vs. Fort Wayne TinCaps - 1:05 p.m. Jackson Field, 505 E. Michigan Ave., Lansing. milb.com/lansing.

Michigan Chicken Wing Festival - 2-9 p.m. Adado Riverfront Park, 201 E. Shiawassee St., Lansing. michiganchickenwingfestival.com.

PeaceQuest 2024 Peace Pole Pursuit - Walk, drive or bike around Greater Lansing to locate and photograph peace poles. The goal is to take selfies with at least 10 by Sept. 30 and upload them to Facebook! Find map of locations at peacequestgreaterlansing.org/peace-pole-pursuit.

Red Cedar Quaker Friends Worship - 10:30 a.m. 1400 Turner St., Lansing. redcedarfriends.org/join-us-for-worship.

River Walk Trash Cleanup - Pick up the trash on the Lansing River Trail and around our building. We'll walk for about 30 minutes. 11 a.m. Keys to Manifestation, 809 Center St., Lansing. 517-974-5540. manifestlansing.com.

Samia Halaby: "Eye Witness" - 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

Monday, Sept. 2

Al-Anon Meeting - Are you concerned about someone else's drinking? This group welcomes any adult looking for help. 8 p.m. St. Michael's Episcopal Church, 6500 Amwood Drive, Lansing. cmialanon.org.

Open Mic Night, hosted by Kathy Ford - 6:30-9:30 p.m. One North Kitchen & Bar, 5001 W. Saginaw Hwy., Lansing. 517-901-5001. onenorth-dining.com.

Tuesday, Sept. 3

Al-Anon Meeting - Are you concerned about someone else's drinking? This group welcomes any adult looking for help. 9 a.m. Alano Club South, 3500 S. Cedar St., Lansing. cmialanon.org.

Al-Anon Meeting - 7 p.m. St. Jude Church, 801 N. Bridge St., DeWitt. cmialanon.org.

Jazz Tuesdays - Weekly series showcasing the best and brightest mid-Michigan jazz musicians. 7 p.m. Moriarty's Pub, 802 E. Michigan Ave., Lansing. facebook.com/jazztuesdaysatmoriartys.

Parkinson's Exercise - Free group class for people with Parkinson's, led by exercise professionals. 1 p.m. Michigan Athletic Club, 2900 Hannah Blvd., East Lansing. To register, call 517-364-8888. lapsg.org.

"The Quest: A Journey of Spiritual Rediscovery" Book Study, with Rev. Sharon Ketchum - 1:30 p.m. Unity Spiritual Center, 2395 Washington Road, Lansing. 517-371-3010. unitylansing.org.

Shiawassee Artists' Guild Presents: "Reflections" - This group show features a variety of amazing artwork! 10 a.m.-5:30 p.m. 1856 W. Grand River Ave., Okemos. framersedge.net/shiawwassee-artists-guild-september.

Trivia at Lansing Shuffle - 7:30-9 p.m. 325 Riverfront Drive, Lansing. 517-940-4365. lansingshuffle.com.

Wednesday, Sept. 4

Allen Farmers Market - 3-6:30 p.m. 1629 E. Kalamazoo St., Lansing. 517-999-3911. allenneighborhood-center.org/market.

See Events, Page 20



MSU Extension self-care series

Sept. 3-24
6:30 p.m. Tuesdays
Virtual

Though summer's busy schedule of festivals, vacations and outdoor activities is wrapping up, the fall brings busyness of its own, like the start of the school year, extracurricular activities and preparation for the upcoming holiday seasons. Michigan State University Extension aims to help Michiganders navigate the end-of-the-year frenzy with a series of virtual self-care classes Tuesday evenings in September. The one-hour sessions begin at 6:30 p.m. and will each focus on a different topic: calming down and de-stressing on Sept. 3, mindful self-compassion on Sept. 10, changing negative self-talk on Sept. 17 and forgiving and letting go on Sept. 24. The classes are free and open to adults. For more information and to register, visit canr.msu.edu/events/online-september-self-care-series-forgiving-and-letting-go. Registration is open through Sept. 23.



CHARTER TOWNSHIP OF MERIDIAN, INGHAM COUNTY
LEGAL AD NOTICE: Variance Request 24-09
2299 West Grand River Ave.
WEDNESDAY, September 18, 2024

CHARTER TOWNSHIP OF MERIDIAN
LEGAL NOTICE
Variance Request 24-09
2299 West Grand River Avenue
Public Hearing

Notice is hereby given that the Zoning Board of Appeals of the Charter Township of Meridian will hold a public hearing on Wednesday, September 18, 2024 at 6:30 p.m. in the Meridian Municipal Building, Town Hall Room, 5151 Marsh Road, Okemos, MI, 48864 (phone 517.853.4560) to hear all persons interested in a variance request from Playmakers Inc. The applicant is proposing to cover the bottom two rows of the windows on their building with signage that does not meet the sign ordinance requirements at 2299 West Grand River Avenue. The subject site is zoned C-2, Commercial.

Information may be examined at the Department of Community Planning and Development, 5151 Marsh Road, Okemos, Michigan 48864-1198, between the hours of 8:00 a.m. and 5:00 p.m., Monday through Friday. Written comments may be sent prior to the public hearing to the Zoning Board of Appeals, Charter Township of Meridian, 5151 Marsh Road, Okemos, Michigan, 48864, or by email to chapman@meridian.mi.us, or at the public hearing.

Deborah Guthrie
Township Clerk

CP#24-627

NOTICE OF AVAILABILITY
CONSOLIDATED ANNUAL PERFORMANCE
AND EVALUATION REPORT (CAPER)
July 1, 2023 through June 30, 2024

TO: Citizens of the City of Lansing
PURPOSE: NOTIFICATION OF AVAILABILITY OF THE CONSOLIDATED ANNUAL PERFORMANCE AND EVALUATION REPORT (CAPER)
July 1, 2023 – June 30, 2024

The City of Lansing Department of Economic Development and Planning (EDP) is preparing its Consolidated Annual Performance and Evaluation Report (CAPER) for the period July 1, 2023 through June 30, 2024 pursuant to Federal Community Development Program rules and regulations. Prior to submitting its Consolidated Annual Performance and Evaluation Report to the Department of Housing and Urban Development (HUD) for approval, the city must, after appropriate public notice, make the report available to the public for examination and comment for a period of 15 days. The comment period is August 29, 2024 – September 16, 2024. The EDP Office must receive any comments regarding the CAPER for this time period in writing no later than 5: 00 p.m. on the last day of the comment period.

A summary of public comments received as a result of the public participation process will be submitted to HUD as part of the CAPER.

Notice is hereby given that the CAPER for the time noted above for the City of Lansing is on file and available for review at the city's website at www.lansingmi.gov/development. Information regarding the CAPER may be obtained by contacting Doris M. Witherspoon at (517) 483-4063 or at doris.witherspoon@lansingmi.gov.
CP#24-625

Events

from page 19

Fitness Over 50! Exercise Group - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Central Park Pavilion. 9-10 a.m. 5151 Marsh Road, Okemos. meridian-50plus.com.

Joel Ellis Art Display - Original works of art by Joel Ellis are on display through September and October in the Okemos Library's Community Room. 9 a.m.-8 p.m. 4321 Okemos Road, Okemos. 517-347-2021. joelfellisart.blogspot.com.

Love Rose "World Peace Is Inevitable" CD Release Jam-Along Celebration - Ceramic art sale and silent auction for the Greater Lansing Food Bank and Refugee Development Center. Community art display at Lansing businesses. 11 a.m.-7 p.m. Capital Hippie, 121 S. Washington Square, Lansing. thetruthforachange.com.

Meridian Summer Concert Series: Steve Spees (saxophonist/vocalist) - Free. 6 p.m. Marketplace on the Green, 1995 Central Park Drive, Okemos. meridian.mi.us/about-us/calendar/summer-concert-series.

Meridian Township Farmers Market - 3-7 p.m. Marketplace on the Green, 1995 Central Park Drive, Okemos. meridian.mi.us/FarmersMarket.

Mindfulness Meditation in the Thich Nhat Hanh tradition - All are welcome to join our weekly practice! 7-9 p.m. Van Hanh Temple, 3015 S. Martin Luther King Jr. Blvd., Lansing. lamc.info.

Samia Halaby: "Eye Witness" - 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

Shiawassee Artists' Guild Presents: "Reflections" - This group show features a variety of amazing artwork! 10 a.m.-5:30 p.m. 1856 W. Grand River Ave., Okemos. framersedge.net/shiawwassee-artists-guild-september.

Thursday, Sept. 5

Adult Roller Derby Basic Skills Boot Camp - Four-month roller derby training course. 6-8 p.m. Court One Training Center, 7868 Old M-78, Lansing. lansing-rollerderby.com.

Al-Anon Meeting - Are you concerned about someone else's drinking? This group welcomes any adult looking for help. 6:45 p.m. Mason Sparrow Urgent Care, 800 E. Columbia St., Mason. cmialanon.org.

Al-Anon Meeting - 8 p.m. Eastminster Presbyterian Church, 1315 Abbot Road, East Lansing. cmialanon.org.

Bath Farmers Market - 3-6:30 p.m. James Couzens Memorial Park, 13753 Main St., Bath. 517-641-6728. shopbfm.org.

Capital Area Modelers Society Meeting - Learn about building scale models, display what you're working on and get to know others interested in the hobby. 6:30 p.m. Judson Baptist Church, 531 Glendale Ave., Lansing. capitalareamodelerssociety.wordpress.com.

Crafty Vibes - Bring your knitting, crochet or any other portable craft project and immerse yourself

in an evening of creativity, conversation and community. 5 p.m. Weavers of the Web, 809 Center St., Lansing. 517-657-5800. weaversoftheweb.org.

Dimondale Farmers Market - 3-7 p.m. Village Square, 136 N. Bridge St., Dimondale. 517-646-0230. villageofdimondale.org/general-3.

Dine & Discovery Series: Chile Rellenos - Chef Lorinda Torrez of G3Food4All will teach participants how to make fried stuffed peppers. 6 p.m. Allen Neighborhood Center, 1611 E. Kalamazoo St., Lansing. facebook.com/AllenNeighborhoodCenter.

Joel Ellis Art Display - Original works of art by Joel Ellis are on display through September and October in the Okemos Library's Community Room. 9 a.m.-8 p.m. 4321 Okemos Road, Okemos. 517-347-2021. joelfellisart.blogspot.com

Ladies Silver Blades Skating Club - Join other adult women for fun, exercise, friendship and skating practice. 9:30-11:30 a.m. Ice Cube, 2810 Hannah Blvd., East Lansing. ladiesilverblades.org.

Laingsburg Indoor Farmers Market - 5-8 p.m. First Congregational Church, 401 E. Grand River Road, Laingsburg. 517-295-8128. laingsburgbusiness.org/farmers-market-1.

Parkinson's Exercise: Boxing - Exercise program proven to help enhance strength, balance and agility. Free for people with Parkinson's and their caregivers. 1 p.m. Michigan Athletic Club, 2900 Hannah Blvd., East Lansing. To register, call 517-364-8888. lapsg.org.

Samia Halaby: "Eye Witness" - 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

Shiawassee Artists' Guild Presents: "Reflections" - This group show features a variety of amazing artwork! 10 a.m.-7 p.m. 1856 W. Grand River Ave., Okemos. framersedge.net/shiawwassee-artists-guild-september.

Take Off Pounds Sensibly - Weight-loss support group. Weigh-in 5:30 p.m., meeting 6-7 p.m. Haslett Middle School, 1535 Franklin St., Haslett. 800-932-8677. facebook.com/HaslettTops.

Friday, Sept. 6

Baila Connigo - DJ E-Nyce spices up Lansing Shuffle with Latin dance music on the first Friday of each month. Ages 21+. 10 p.m.-1 a.m. 325 Riverfront Drive, Lansing. 517-940-4365. lansingshuffle.com.

Cruise to Holt - Weekly cruise-ins every Friday night at the Holt Farmers Market parking lot. 5-8 p.m. 2150 Cedar St., Holt. holtfarmersmarket.org.

Euchre with the Kiwanis Club and Unity - Potluck at 6:30 p.m., euchre at 7. Tournament with cash prizes. Unity Spiritual Center, 2395 Washington Road, Lansing. 517-371-3010. unitylansing.org.

Fitness Over 50! Exercise Group - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Central Park Pavilion. 9-10 a.m. 5151 Marsh Road, Okemos. meridian-50plus.com.

Joel Ellis Art Display - Original works of art by Joel Ellis are on display through September and October in the Okemos Library's Community Room. 9 a.m.-8 p.m. 4321 Okemos Road, Okemos. 517-347-2021. joelfellisart.blogspot.com

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FOOD & DRINK

DINING OUT IN GREATER LANSING

Get a load of these glorious gorditas

By NICOLE NOECHEL

Before moving to Lansing to work at City Pulse, I spent 5 years living in Maryland, about 20 minutes outside of Washington. Being so close to the city, filled with people from across the globe, I was introduced to cuisines I'd never even thought to explore in their most authentic forms.

There was an especially large Salvadoran population in my area, and I quickly fell in love with El Salvador's national dish, the pupusa. A pupusa is a savory corn cake stuffed with any combination of meat and/or and veggies, refried beans and mozzarel-

perience.



Gordita plate

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la cheese. Luckily, there was a pupuseria about 800 feet away from my house, and I frequented it so much that the manager knew my name and order by heart.

While there are pupuserias in the Detroit and Grand Rapids areas, it's not the same as having one within walking distance of my home like I used to. However, when I have a craving and want something a bit more substantial than the frozen pupusas from Trader Joe's, I've found the gorditas at Pablo's provide a similar ex-

A gordita is like an open-faced pupusa with a thicker and grittier corn shell. It holds up much better as a handheld, allowing you to eat it kind of like a sandwich. It's also deep fried, whereas pupusas are typically cooked on a griddle.

Pablo's gorditas are served bursting at the seams with the meat of your choice — in my case, always carnitas. The tender shredded pork, with a light coating of oil from the deep fryer still hanging on, ensures no bite of the tortilla is too dry, and the bit of meat on the outside of the corn shell gets extra crispy, the Maillard reaction working its magic once again.

The handhelds are topped with sour cream and a sprinkling of soft, white cheese that melts into the meat. The sides of fluffy, aromatic rice and creamy, earthy refried beans help diversify texture and flavor even more, though, like a lot of meals I seem to enjoy, it can be very



Nicole Noechel/City Pulse

Bursting at the seams with tender meat and melted cheese, Pablo's gorditas are hearty, filling and downright delicious.

salty. For a pop of freshness, I recommend the complimentary salsa verde.

I've never had a bad bite at Pablo's, but the gorditas stand out as a hearty, filling and downright delicious treat when I'm missing my Maryland days. Even if I'm no longer working 500 feet away from Pablo's in the future, I know I'll still find myself as loyal of a customer as I was at my local pupuseria. That being said, though, if anyone knows of a good Salvadoran restaurant in the state, feel free to send me an email at nicole@lansingcitypulse.com.

Pickled peppers: The common denominator

By ARI LEVAUX

Sometimes, the truth takes a moment to sink in before finally ringing true. Like when my friend Chloe suggested that sandwiches are basically America's version of sushi. At the time, I happily took it as a compliment on the chicken sandwich I'd just made for her. But the more I thought about it, I realized she had quite a point. Both sushi and sandwiches — composed of myriad pieces, each one of which requires a different process to create — represent pinnacles of compound complexity.

Her sandwich, for example, contained a blend of light and dark meat that I hand-peeled from a high-end rotisserie chicken and refried in olive oil with slivers of garlic. That chicken required a multi-step process of its own

just to become a single layer in a matrix of complex components. Similarly, pickles require a recipe of their own. Chloe's sandwich contained a sliced sweet pepper that had been pickled in the same jar as freshly roasted jalapeños. It absorbed the menacing flavor of the jalapeños without the punch. As it happens, there's a place for pickles in sushi as well.

My first cooking job ever was as a sandwich maker. I excelled. At about the same time, I took my first cooking class, a 10-week course on sushi-making. That was

38 years ago, but the many lessons of that job and that class have remained fresh in my mind, such as never to argue with a waiter who's high on cocaine. Or, in the case of making sushi, the never-ending chore of hand-fanning the rice while simultaneously paddle-fluffing it with the other hand. Once cooled,

we would gently cut in the seasoned vinegar using precise paddle motions that were developed to avoid crushing the grains of rice.

On the surface, making a pot of rice may not seem to have much in common with breadmaking. But both processes share paramount cultural and nutritional importance in their respective societies of origin. Rice is the dietary backbone of Asia, and there are countless regional variations on how it's prepared and served. In America, bread is considered the greatest thing since sliced bread.

I remember the frustration I felt during week two of my sushi class. After mastering rice the week prior, I was ready to start rolling up fish. Instead, we pickled daikon radish and ginger. In my youthful state of impatience, I didn't appreciate the essential importance of the pickle, be it in sushi, a sandwich or any other bite you take.

See Flash, Page 22



Courtesy of Ari LeVaux

The contents of a simple jar of pickles can improve nearly any meal.

Flash

from page 21

Whatever the context, the job of the pickle is always the same: to add a burst of acid that cuts through the richness of the bite, like a sip of wine with a mouthful of cheese.

I would be remiss not to discuss the condiments. In the world of sushi, of course, soy sauce and wasabi rule. And they aren't afraid of mayo. On the sandwich, we have mustard, which confers a fire similar to that of wasabi, and mayo as well. All told, both sushi and sandwiches might contain pickles, proteins, mayo and mustard or wasabi, held together by culturally appropriate complex carbohydrates.

Every non-rookie sandwich maker knows the bread must be toasted in order to not be made soggy by the condiments and pickles. But sometimes, that crusted bread can cut the inside of your mouth. I have a trick that solves this problem in a breathtaking fashion.

Put two slices of bread in a toaster oven, one atop the other, so they're pressed together like an empty sandwich. The outer sides of each slice will get toasted, while the in-facing sides remain soft. When it's time to make your sandwich, reverse the orientation so you can lather the untoasted sides with mayo and other condiments. The toasted sides won't get soggy, and the sides that meet your mouth will be as soft as the day the loaf was sliced. Props to Steve Elliot of Lifeline Farm in Victor, Montana, for teaching me this life-changing trick.

Speaking of life-changing, today's recipe is for the jar of pickled carrots and peppers that added so much pizzazz to Chloe's chicken sandwich. The contents of this jar are as versatile as hot sauce but crunchier. Alas, teaching you how to pickle is more responsibility than my lawyers will allow me to take on. However, on the off chance that you already know the basics of pickling — or can read the instructions on a box of Mason jar lids — I want to present you with the recipe. Follow it if you can.

Pickled peppers and carrots

The peppers will deliver sweetness and spiciness, while the carrots bestow their earthy crunch. Altogether, the contents of this jar can improve nearly any meal.

For each quart jar:

- 1 tablespoon mustard seeds
- 1 teaspoon salt

- 2 tablespoons sugar
- 2 cups carrots, cut into disks
- Four jalapeno peppers, stems removed, flame roasted until the skins blacken
- Four sweet peppers, stems removed

For the brine:

- Equal parts water and apple cider vinegar

Notes:

Add the mustard seeds, salt and sugar to the jars. Then add the carrots and peppers. Heat the brine (2 cups per jar) and pour it into the jars. Process in a water bath according to the instructions included on a box of Mason jar lids.

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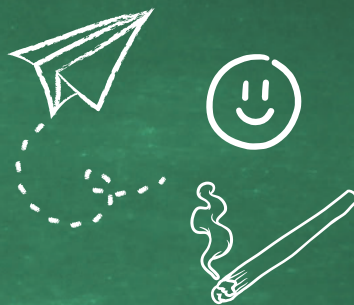


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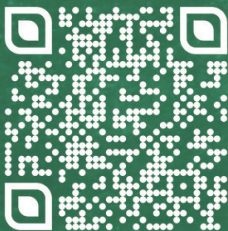
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