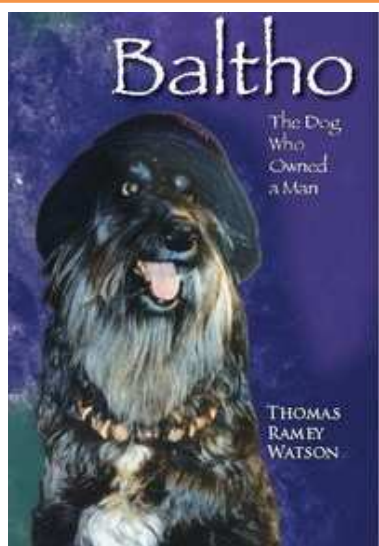


'Baltho turned my house into a home, gave me a reason to live, to press forward, no matter what'

RELEASE: IMMEDIATE



***Baltho: The Dog
Who Owned a Man***
by **Thomas Ramey
Watson**

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Dog Who Owned a
Man**

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For Denver psychotherapist and life coach Thomas Ramey Watson it was more a case of a dog adopting him than him adopting a dog. . . .

The inspirational story of Tom and his first 'therapy dog' is told in the fictionalized memoir, ***Baltho: The Dog Who Owned a Man***, which explores a remarkable psychic relationship.

Our notion that humans are superior to animals has come at a great price. In removing ourselves from the natural world, we have alienated ourselves from our planet and lost our inner knowing. Tom's encounter with the Afghan hound Baltho brings promise of our reconnection with the sacred web of life, and a path to true creativity beyond fear and suffering.

Before Tom found Baltho – short for Balthazar, after one of the Three Wise Men – at Denver Afghan Rescue, the dog spoke to him telepathically and insisted he adopt an Afghan. They spent five rewarding years together marked by the dog's extraordinary wisdom and intelligence. Sitting in on Tom's psychotherapy sessions, Baltho put clients at their ease and "tuned in" to them, often showing Tom important truths or insights about them that he might otherwise have missed. "Together, we made a formidable team," said Tom.

Baltho: The Dog Who Owned a Man is the first volume in a projected trilogy from Tom about the remarkable dogs, and at least one cat, that have helped him with his counseling and his life.

"Thomas Ramey Watson puts up such a cloud of appealing detail for the life of the psychotherapist and his extraordinary Afghan hound that the willing suspension of disbelief is automatic – oh, tell us more about this charming psychic dog, whose first act of esoteric sharing is so strong that the narrative speaker feels his own nose bit by the squirrel that Baltho has chased... [It] all hangs together, even for the supervisor of the therapist, Gold, who in some of the funniest scenes I have read in a long time, actually takes the dog to a posh restaurant wearing a 'Dog in Training' saddle and orders fancy courses for Baltho while diners look on... For those who believe in dogs' powers of the psyche and those who do not, this is a fine book about the inner quest of a dog lover who knows how to narrate the most exotic psychic aspects of the connections between man and beast." **Alan Naslund, author of *Silk Weather*.**

Thomas Ramey Watson, Ph.D., is a psychotherapist, life coach, writer and professor who believes that journeying in various realms – of the mind, the physical world and the soul – is central to enjoying a good life. He is an affiliate faculty member of Regis University's College of Professional Studies in Denver, Colorado. He served as Episcopal lay chaplain for the Auraria Campus in Denver, and taught English for the University of Colorado at Denver. He is the author of many scholarly writings, including an acclaimed book on Milton, *Perversions, Originals, and Redemptions in Paradise Lost*. His novel, *Reading the Signs: A Paranormal Love Story*, will be published soon, as will two books of poetry, *The Necessity of Symbols* and *The Body Is a Map*. Dr. Watson is available for speaking engagements, teaching assignments, counseling and coaching.

Ask the animals and they will teach you – Job 12: 7-8