



SUMMER RECREATION GUIDE 2022



A special publication of...



Summer Recreation Redfield Municipal Pool 2022

Open June 1st - August 17th, 2022

\$50.00
Youth Pass (6-17yrs.) —
\$40.00

Hours:

Sundays: 1p.m.-7p.m.
Mondays: 1p.m.-5p.m.
Tuesdays: 1p.m.-5p.m.
Wednesdays: 1p.m.-7p.m.
Thursdays: 1p.m.-5p.m.
Fridays: 1p.m.-5p.m.
Saturdays: 1p.m.-5p.m.

Daily Admission:

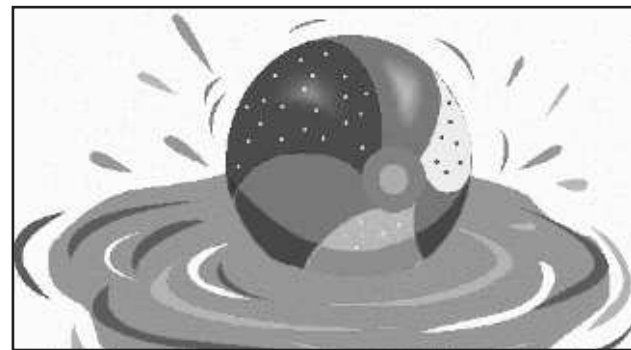
Family — \$6.00
Adult (18+) — \$3.00
Youth (6-17) — \$2.00
Kids five and under:
FREE

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Family Pass — \$80.00
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GIRLS SOFTBALL 2022

TBall (Ages 5 & 6)

Practice Mondays and Wednesdays 10a.m. -11a.m.

Coach Pitch Softball (Ages 7-8)

Practive Mondays & Wednesdays (Practice TBD)

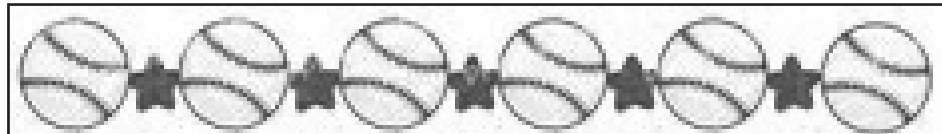
10 & Under Softball (Ages 9-10)

Practice Tuesdays and Thursdays (Practive TBD)

14 and Under Softball (Ages 13-14)

(Practice TBD)

Sign up at parkandrec.redfield-sd.com



Summer Recreation

Summer family fun ideas:

Enjoy Nature

Take advantage of long sunny days by exploring the natural world.

Go bird watching. Take photos and keep track of your sightings. Use an app or guidebook to identify feathered friends.

Grow fresh herbs in containers. Use old coffee cans, milk jugs, mason jars, plastic cups, or anything else you have around the house. Keep your herb garden on a patio or windowsill.

Look for shapes in the clouds. Put a blanket in the grass and stare up at the sky. Take turns talking about what you see in the clouds.

Make a bird feeder. Watch birds visit your yard and add to your list of bird sightings.

Make fairy houses. Use moss, bark, and leaves to create a dwelling fit for Thumbelina.

Pick your own plants. Find a farm with blueberries, strawberries, raspberries, veggies, or flowers and get picking.

Plant a butterfly or hummingbird garden. Create a backyard wild-life habitat.

Make the Most of Rainy Days

When the weather keeps you indoors,

there's still plenty to do!

Break out your movie collection or use Netflix. Have a movie marathon complete with popcorn.

Build a fort. Put pillows in the living room or cardboard boxes in the yard.

Build a Lego castle. Clear off a table and make it a family project. Work on it all summer.

Camp in. Put the sleeping bags on the floor and have a family slumber party.

Experiment with new hairdos. Let the kids try out non-permanent colors, braids, or a spiked, gelled look.

Get an origami book

and fun paper. Create fun animals and shapes. Give them to friends or family members as gifts.

Have breakfast in bed. Take turns being the server and the served.

Hold marble races. Use an old pool noodle as the track. Simply cut it in half, making two tracks of equal length. Then, race the marbles down the tracks to see who has the fastest one.

Make a time capsule. Have each family member write down something they are grateful for and include a special item in the time capsule. Then, store it away until a designated

date. You can open it as early as Thanksgiving or as far off as high school graduation.

Make paper airplanes. See whose airplane goes the farthest.

Play a card game. Choose from crazy eights, spoons, go fish, or even poker. Take your pick. Or buy a board game for the family to enjoy.

Play charades. Turn all the summer drama into a game.

Rearrange the furniture. Give the kids graph paper and have them draw out a plan first.

Set a goal and complete a home project. Whether it is cleaning the garage, organizing

the basement, or redecorating the spare bedroom, find ways to let the kids help.

Use your brain

Have a puzzle race. Use 100-piece puzzles and see who finishes first.

...Interview an older relative. Write out your family history.

Join a summer reading club at your library. Or create your own, keeping a list of all the books read over the summer. Parents can participate too. Just don't expect a prize, because your kids can probably read way more books than you do!

Master a new skill

together. Learn to juggle, play the harmonica, or sew.

Read a chapter book aloud. Plan to read a chapter or more a night. You can even read a whole series together.

Show the kids that science is fun.

Write and illustrate a comic book. Make it a group effort or let everyone do their own.

Write in a journal each day. Allow older teens to create a bullet journal if they prefer. Then, at the end of the summer, share selections with each other about the highlights of summer.

— *Summer fun ideas from www.verywellfamily.com*

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OR START ON YOUR VACATION
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Summer Recreation

SUMMER ART CLASSES

Redfield Summer Art Studio will be held on Tuesdays at 1p.m. for 4th -8th grade students.

It is an eight-week art class for older students.

The art pieces would make great 4-H projects!

A Make-It-And-Take-It art class for K-4 will also be held. Classes will be held in the Redfield Armory from May 23-July 20th on Wednesdays at 1p.m.

Sign up at parkandrec.redfield-sd.com



Other Parks and Recreation Summer Sports events in Redfield

Baseball

T-Ball (Ages 5&6)

Practice TBD

Jr.Pee Wee (Ages 7-8)

Practice TBD

Osborn Skills Camp

Twice Weekly - Days TBD

Pee Wee (Ages 9-10)

Practice TBD

-Osborn Skills Camp-

Twice Weekly - Days TBD

Midgets (Ages 11-13)

Practice TBD

Osborn Skills Camp

Twice Weekly - Days TBD

Register online: parkandrec.redfield-SD.com

Volleyball Skills and League

June 6th-August 1st

1-4th grade:

Skills on Mondays at 9a.m.-9:45a.m.

league on Wednesdays at 9a.m.-9:45a.m.

Must have a minimum of 18 registered for league play

5th-8th grade:

Skills on Mondays at 9a.m.-9:45a.m.

league on Wednesdays at 9a.m.-9:45a.m.

Call (605) 472 -4552 or more information

Basketball Skills and League

Tuesdays & Thursdays at 9a.m.-9:45a.m.

Tuesday Skills/ Thursday 3 on3 League

Players will be split into two groups.

1st-4th grade and 5th-8th grade. There must be 15 per age level to host the 3 on 3 league.

Skills/ League will begin June 7th and run through August 2nd.

Register online: parkandrec.redfield-SD.com

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STEM/ SCIENCE CLUB

Little Scientists (3-4 Grade)

Mondays - 1p.m.-2p.m.

Junior Einsteins (5th-8th grade)

Thursdays 1p.m.-2p.m.

8 Sessions: These stem and science related classes will be offered once per week from June 6th- Aug.4th. Classes will be held at the Armory.

Register online: parkandrec.redfield-sd.com

Zumba Dance for Kids

Fridays at 9a.m.-9:45a.m. June 3rd- July 29th

Redfield City Park -South Shelter Area

Phone: 472-4552

Register online: parkandrec.redfield-sd.com

Tinkergarten

Tinkergarten is a kids outdoor exploration experience. It will be held at the south shelter in the Redfield City Park this year on Thursdays from 10a.m.-11a.m. June 6th-July 29th.

The program is designed for kids ages 3-10. Sign up at parkandrec.redfield-sd.com

Summer Recreation

New Summer Recreation Events in Redfield

Disc Golf Lessons and Play

2p.m. on Tuesdays and Thursdays May 31st through July 21st
City Park Disc Golf Course. Discs will be provided.
For more information, call 472-4552
parkandrec.redfield-sd.com

Tennis Lessons

Fridays at 9a.m.
Fun and instructional lessons every Friday morning from June 3rd to August 5th at the outdoor tennis court by the Legion Field.
parkandrec.redfield-sd.com
Call: 605 472-4552

Bowling For Kids

Fridays 10a.m.-11a.m.
June 3rd-July 29th at Starters Lanes

Kids Garden Club

Meet at the Armory and walk to the Community Garden
Mondays and Wednesdays at 2p.m.
May 23 - August 17th with a time adjustment after school resumes. The club will continue to meet through the garden's harvest.
parkandrec.redfield-sd.com

Redfield Co-Ed Softball League

16 and over league
City Park Field Monday evenings
Eight weeks
parkandrec.redfield-sd.com

Redfield Carnegie Library

Summer Reading Program
Held June 14-July 28
Sign up at the library or register on Facebook.
Activity Tuesdays

10:30-11:30a.m.:

Kids entering JK -1st grade
2-3p.m.:

Kids Entering 2nd -5th grade

New - Preschool Thursdays:

10:30a.m.-11:30a.m.:

Kids who turn 4 by September 1st, 2022

Summer reading kick-off is June 6th from 12-8p.m.

Redfield Carnegie Library

T(w)een Wednesdays

June 15th-July 27th

12p.m.-1p.m.

For t(w)eens entering 6th-8th grade

Kids Yoga

Held June-July on Sundays at 4p.m.
great for kids ages 3-7
(No class July 3)
Contact Tonya Odland for more info
605- 450-8442

Yoga at the Lake


Saturdays at 9a.m. in June-July
at Have-A-Rest Campground at Redfield Lake.
Sing-up preferred online at www.schedulicity.com/scheduling/TZZ3945
Contact Tonya Odland for more info
605- 450-8442



Enjoy your summer activities.
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Community Memorial Hospital & Redfield Clinic


Community Memorial Hospital Redfield Clinic
111 West 10th Ave. 1010 West 1st Street
Redfield, SD 57469 Redfield, SD 57469
605-472-1110 605-472-0510

Redfield Clinic Hours:

Mon. to Fri. 8:00 a.m. to 5:00 p.m.
Sat. 9:00 a.m. to noon

Doland Clinic Hours:

Mon. 1:00 p.m. to 5:00 p.m.
Thurs. 8:00 a.m. to 12:00 p.m.
For appointment call 635-6300

<http://www.redfieldcmh.org>

Summer Recreation

Summer camping checklist:

Shelter

- Tent
- Ground cloth/tarp
- Extra stakes
- Shade tarp/poles/rope/stakes
- Axe or hammer

- Mat for tent entrance
- Dust pan/brush
- Bedding
 - Sleeping bag
 - Sheets/blankets
 - Pillow
 - Air mattress/sleeping pad/cot/tarp

- Air pump
- Repair kit for air mattress
- Utility bags for storage

Cooking

- Large water jug & water bucket
- Coolers/ice
- Thermos
- Stove with fuel/propane
- Matches/lighter
- Charcoal/firewood/buddy burner
- Dutch oven/tin can stove/box oven/etc
- Campfire grill/BBQ grill
- Fire starters/newspaper
- Tablecloth/thumb tacks/clips
- Plates & bowls/paper plates & bowls
- Silverware/plastic silverware
- Measuring cups
- Heavy-duty aluminum foil
- Paper towels
- Trash bags
- Dish soap
- Clothes pins
- Cooking oil/Pam spray
- Containers for food storage
- Potholders/oven mitts
- Pots and frying pans with lids
- Soap for outside of pots and pans
- Cook utensils-spatula, knife, spoon
- Tongs
- Skewers/grill forks
- Can opener/bottle opener
- Folding table
- Dutch oven
- Pie irons
- Mugs/paper cups
- Mixing bowl
- Cutting board
- Ziplock bags
- Napkins
- Dish pan
- Dish rags/towels

- Scrub pad/brillo
- Seasonings/sugar/condiments

- Potato peeler

Clothes

- Shoes/boots
- Jeans/pant/belt
- Shorts
- T-shirts
- Socks/extra socks
- Hat
- Bandana
- Sweatshirt/jacket
- Underwear
- Sleep clothes
- Rain gear
- Swim suit/towel
- Laundry bag

Personal

- Shower shoes/flip flops
- Towels/washcloth
- Soap in plastic case/shampoo
- Tooth brush/tooth paste
- Deodorant
- Comb/brush
- Razor
- Feminine products
- Toilet paper
- Shower bag or 5 gallon bucket
- Camping shower/shower pump
- Other personal items
- Personal medications – take extra

Miscellaneous

- Sunscreen/chapstick
- Lantern with fuel/mantles
- Extra batteries/bulbs
- Compass
- Bug repellent/candles
- Whistle
- Water filters/purification/
- Camera/battery/film/
- Books/magazines
- Candles
- Maps/directions
- Misc. tools
- Backpack/fanny pack
- Fishing gear/license/bait

- Radio
 - Musical instruments/song books
 - Camp chairs
 - Sunglasses
 - Hammock
 - First aid kit
 - Tissues
 - Saw/axe
 - Park map/guidebooks/trail maps
 - Lantern pole or hanger
 - Collapsible drying rack
 - Popcorn
 - Marshmallows, Graham crackers, Hershey bars (Smores)
 - Flashlight/batteries
 - Pocket knife
 - Plastic grocery bags
 - Binoculars
 - Rope/clothes line
 - Canteen/water bottle/coffee pot
 - Bungi cords/straps
 - Cards/games/toys
 - Duct tape/electrical tape
 - Notepad/pen
 - Reservations info./confirmation
 - Cell phone/charger & 2-way radios/walkie talkies
 - Small shovel
 - Safety pins
 - Money/ID/credit card/quarters
 - Bikes/helmets
 - Travel alarm clock
 - Work gloves
 - Umbrella
 - Hand wipes
 - Drinks/snacks
 - Small sewing kit
 - Fire extinguisher
 - Hot chocolate/tea bags/coffee
 - Scissors
 - Watch
- (Tell someone of your plans – give details of where you are going and when you expect to return, give*

directions and possible alternative roads that you may take, provide cell phone numbers, vehicle description and license plate numbers, hand-held radio channel and codes that you will use, and provide local authority phone numbers (State Police, Game & Fish Commission, Sheriff Dept, etc.) for the county or area that you will be in.)

Basic First Aid Kit

- Personal medications
- Roll bandages
- Adhesive tape
- Antiseptic wipes
- Sterile gauze pads
- Cotton swabs
- Tweezers
- Safety pins
- Scissors
- Bee sting kit
- Sinus medications
- Tissues
- Bug repellent
- Sunscreen
- Notepad/pen
- Sterile compresses
- Splinting materials
- Personal information/contact person
- Feminine products
- Ipecac
- Razor blades
- Plastic bags
- Small bottle of water
- Blanket
- Other personal needs
- Small mirror
- Triangular bandages
- Misc. Band Aides
- Anti-acids
- Antibiotic cream
- Aspirin/Ibuprofen/Tylenol/Naproxin
- Hydrogen Peroxide
- Ace bandages
- Sunburn lotion

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A burst of yellow to pierce the gray

I wish you spring's flowers on winter days

A burst of color in the midst of pale

I wish you rain when your fields are dry

A blossoming of life where flowers die

I wish you joy every single day

And smiles to wash your pain away

I wish you wings so that you can fly

With the angels in heaven's skies

I wish you the fulfillment

of dreams unfulfilled

And the contentment

that fulfillment brings

My dearest mother you see

I wish you all

that you have wished for me

On this and every single day

I wish you flowers

to brighten up your days.



Happy
Mother's
Day

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Thank you!

Summer Recreation

Summer Recipe: Fresh Strawberry Cake

Ingredients:

1 1/2 cups of flour, spooned into measuring cup and leveled-off

1 1/2 tsp. baking powder

6 Tbsp. Unsalted butter, softened, plus more for pan greasing

1 cup plus two tablespoons of sugar

1 large egg

1 tsp. Vanilla extract

1/2 cup milk low fat

3/4 lb. strawberries, cut in half

INSTRUCTIONS: Preheat the oven to 350°F and butter a 9-inch deep dish pie pan or 9-inch square cake pan. In a medium bowl, whisk together the flour, baking powder and salt. Set aside. In the bowl of an electric mixer, beat the butter and 1 cup of the sugar until pale and fluffy, about 3 minutes. Add the egg and vanilla and beat on low speed until well combined. Gradually add the flour mixture, alternating with the milk, and beat on

low speed until smooth. (Note: the batter will be thick.) Transfer the batter to the prepared pan and smooth with a spatula (if you use a square cake pan, the batter will only come about 3/4-inch up the sides of the pan -- that's ok). Arrange the strawberries on top, cut side down, so that they completely cover the batter (the recipe calls for approximately 3/4 pound of strawberries; use more or less if necessary). Sprinkle the remaining 2 tablespoons of sugar over the strawberries. Bake for ten minutes, then reduce the heat to 325°F and bake until the cake is lightly golden and a tester comes out clean, about an hour. Let the cake cool in the pan on a rack. Serve with sweetened whipped cream or vanilla ice cream, if desired. Cake can be stored at room temperature for several days, loosely covered. Freezer-Friendly Instructions: The cake can be frozen for up to 3 months. After it is completely cooled, cover it tightly with aluminum foil or freezer wrap. Thaw overnight on the countertop before serving.



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