

Columns

“Fleeting Freedoms”

By Rep. Dusty Johnson

Earlier this month marked the 32nd anniversary of Tiananmen Square, a tragic day in which the Chinese Communist Party (CCP) forced the silence of thousands of pro-democracy activists and killed hundreds.

Unfortunately, no Chinese citizen will find mention of that day in their history books. That's because the CCP continues its suppression of democratic values.

This past week, China forced Apple Daily, Hong Kong's pro-democracy newspaper to shut down, citing violation of its

year-old national security law.

Under Beijing's new national security law, any act of subversion or collusion with foreign forces as deemed by the authoritarian regime may be punishable by up to life in prison.

The forced shutdown of Apple Daily comes just one week after hundreds of officers raided their office. Several of the newspaper's top editors and executives were arrested, the company's assets were frozen, and reporters' computers were seized.

In the company's final press release, they noted they could no longer con-

tinue publication, given the pressuring circumstances.

With the doors closing at Apple Daily, the CCP has taken down the last Hong Kong based pro-democracy paper. Not only is this move alarming for its crackdown on democratic freedoms, it brings Beijing another step closer to reining in what little autonomy Hong Kong has left.

Two years have passed since democratic protests rocked Hong Kong. The U.S. must continue to stand by Hong Kong and its fight for freedom while standing up to the Chinese government, which is shaping up to be the

single greatest geopolitical threat to the United States in the 21st century.

A free press is the lifeblood of democracy. It is enshrined in our Constitution as a right guaranteed by the First Amendment. While the Founders could never have envisioned the magnitude and sophistication of what media has evolved into, they understood the inextricable bond between a free press and a lasting democracy.

As we advocate for democratic freedoms around the world, we must continue to preserve those same freedoms in our homeland.

Pastor's Column: “How much does God love you?”

As our spiritual values become more centered on God, it's normal to start looking forward to our eternal existence. For those who are in Christ, how exciting it is to know that our heavenly Father and His Son Jesus, our loved ones, our new name, our glorified body, inheritance, citizenship, and crowns and rewards are all a part of our glorious future. We are briefly passing through this world and the only thing we will take with us when we depart is an account of how we lived and loved. How wonderful to know that heaven will be filled with

endless praise, everlasting joy, perfect peace, and contentment without darkness, suffering, worries, or sorrow. It's true that God loves everyone, but we will not enter heaven just because we are good or deserve it. We are given eternal life when we repent, confess, believe, and accept by faith that within God's grace, the blood of Jesus is the only price that can pay the ransom for our sins. Redemption is all about God's plan that was accomplished on the cross. Listen to these lyrics from the song, East to the West by Casting Crowns, “In the arms of

your mercy, I find rest... You know just how far the east is from the west... from one scarred hand to the other.”

I cannot imagine a more optimistic and exciting thought than going to heaven and spending an eternity in God's presence. For the Christian, this promise should be a wellspring of joy reminding us that our trials cannot be compared to the glory that awaits us. May we tape this to our bathroom mirror to remind us every morning of how God's amazing grace provided a way for us to live with Him forever.

The fundamentals of our salvation can be basically described as God's love intervened as a rescue mission of mercy in order to save those who were hopelessly lost.

*PASTOR'S COLUMN/
pg.2*

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NEW PATIENTS WELCOME!

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1. Doland - Andi Rische NP
2. Wound Treatment Cntr.

FRIDAY, July 2

1. Ultrasound

SATURDAY, July 3

Redfield Clinic Closed

MONDAY, July 5

Doland Clinic Closed

Redfield Clinic Closed

TUESDAY, July 6

1. Ultrasound

WEDNESDAY, July 7

1. Digital Mammograms

THURSDAY, July 8

1. Wound Treatment Cntr.

Doland Clinic Closed

FRIDAY, July 9

1. Ultrasound

MONDAY, July 12

Doland Clinic Closed

TUESDAY, July 13

1. Audiology - Dr. Schwab
2. HH Foot Care Clinic

3. Ultrasound

WEDNESDAY, July 14

1. Endoscopy - Dr. Larson
2. MRI

THURSDAY, July 15

1. Wound Treatment Cntr.

Doland Clinic Closed

FRIDAY, July 16

1. Ultrasound

MONDAY, July 19

1. Digital Mammograms

Doland Clinic Closed

TUESDAY, July 20

1. Podiatrist - Dr. Stapp

2. Ultrasound

WEDNESDAY, July 21

1. Nephrology - A. Hogue NP

THURSDAY, July 22

1. Doland - Andi Rische NP
2. Wound Treatment Cntr.

FRIDAY, July 23

1. Orth - Dr. Miller

2. Ultrasound

Doland Clinic Closed

MONDAY, July 26

1. Doland - Andi Rische NP

TUESDAY, July 27

1. Audiology - Dr. Schwab
2. HH Foot Care Clinic

3. Ultrasound

WEDNESDAY, July 28

1. MRI

THURSDAY, July 29

1. Doland - Andi Rische NP
2. Wound Treatment Cntr.

FRIDAY, July 30

1. Ultrasound

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Columns

PASTOR'S COLUMN/ from pg.1

I Peter 1:3-4 promises, "Blessed be the God and Father of our Lord Jesus Christ, who according to His great mercy has caused us to be born-again to a living hope through the resurrection of Jesus Christ from the dead, to obtain an inheritance which is imperishable and undefiled and will not fade away, reserved in heaven for you."

Our busy schedule is filled with distractions

and for most of us, it's exhausting to keep up. As our daily routines weigh us down with stress and frustration, it's important to be aware of a much higher reality. If we only consider eternity when we attend funerals, we are missing a vital component of our relationship with God that can keep us excited and rejuvenated with His joy and hope. I'm giving the eulogy for my Aunt this week, and it's truly going to be a

celebration as we rejoice that her eternal life is just beginning. She loved the Lord and always said that spending time alone with Him was never intended to be a last resort but rather a daily privilege. She was always happy and loved to laugh. She had her share of struggles, but we can live in a positive state of mind and stand strong in our faith no matter what trials we are going through as Titus 2:13 reminds us, "Looking for

that blessed hope and the glorious appearing of the great God and our Savior Jesus Christ."

Do you have a happy place when facing a crisis? In Psalm chapter 91, there is actually a secret place under the shadow of the Almighty where we can be filled with His peace and safety. This awareness of His presence is a state of mind that can be attained for those who enjoy having

a personal relationship with Him. God desires to abide in the conscience of His children and this, in turn, allows Him to be our Lord and King. Being attentive to His voice will not come without serious determination. He must be our highest priority or the distractions of this life will slowly turn our eyes away from His promises. Many do not realize that as Christians our allegiance is to King Jesus and our citizenship has

been transferred from this world to the spiritual reality of His glorious eternal kingdom. The concept of abandoning our independence has everything to do with trusting His plans for our lives. How much does God love you? How far is the East from the West?

Discover more about the Christian life at billyhol-landministries.com

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The Postscript: "Good Memories"

By Carrie Classon

My husband, Peter, is looking around our empty living room.

"I'll always have good memories of this place."
"I will too," I assure him.

We are packing up the last of our possessions and heading across the country in a few days. We won't be coming back.

This is the home Peter bought as a single person, when he retired a bit early. He wasn't sure how much he could afford, but he bought this condo in the town where his sister, Lori, lived, sight unseen.

Lori drove by the house and sent him a text. "Buy it!" she told him. Lori was his bossy older sister, and so he did. He never

regretted it.

But now Lori is gone, and we have decided to move closer to my parents and Peter's family. All our furniture has been sent ahead of us, and we have been more or less camping in our home. It has not been as hard as I feared, sleeping on a futon and eating off a few leftover plates, as Peter painstakingly prepares the house for sale. Peter ran a summer camp as a young man, and this home is like his campsite; he wants to leave it better than he found it.

And Peter is sad. He has not even seen our new place yet, so he is moving into a foggy, unknown future, and I know that is hard for him. I took

some pictures when I was there, with our furniture in place. I told him how quiet it was, how there were church bells ringing in every direction, how friendly everyone was, and how nice the grocery store was. Peter believes me, but it's not quite real. This place is real, and so is his sadness in leaving.

Change brings a combination of sadness and excitement. Peter and I are both a little sad but both—in our way—looking forward to the move.

"I will enjoy it once I get there," Peter assures me. He knows himself, and he knows what he likes. Most of all, he knows we enjoy our life together and we will be together.

And, while I am excited,

I wonder how many more new homes, if any, I will have in my life.

I was there when my grandmother moved into her final home. She was 99, and her health had finally begun to slip. She moved into a place that, while it was not called a nursing home, certainly was. There was a bed and a dresser, a handful of personal items, a couple of chairs for visitors, and little else in her room. She had to know (as we all did) that this was the last place she would live.

I felt the sadness and the finality of it, but that feeling did not have long to settle because,

THE POSTSCRIPT/
pg.3

Columns and News

Jeff Lakner named 2021 Governor's Ag Ambassador

PIERRE S.D. – Jeff Lakner of Wessington, SD has been named the 2021 Governor's Ag Ambassador Award recipient. He will be recognized at the annual Governor's Agricultural Summit (Ag Summit) in Sioux Falls.

Lakner is a fourth-generation producer who is passionate about the land and the next generation of agriculture in South Dakota. CEO of Lakner Farms, LLC, a 4,500-acre diversified crop and live-

stock farm in east central South Dakota, Lakner works hard to improve the farm through precision ag technology and sustainable practices so he can pass it on to the next generation. In addition, Jeff has served on multiple boards and committees including Land O' Lakes, Agtegra, Dakota Americas, and South Dakota State University's Advisory Council. His experience as a producer and his service with these diverse

organizations make him an asset to South Dakota's agriculture industry.

"Jeff works hard to advance agriculture in our state," said DANR secretary Hunter Roberts. "He has dedicated much of his life to finding solutions and improving life for South Dakota's producers and deserves to be recognized as the 2021 Ag Ambassador."

The 2021 Ag Summit is hosted by the South Dakota Department of

Agriculture and Natural Resources (DANR) and is being held at the District in Sioux Falls on July 8 and 9. The event is free and attendance is open to all, however pre-registration is required at www.sdagsummit.com.

For more information about DANR visit us online at danr.sd.gov or find us on Facebook, Instagram, and Twitter.

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THE POSTSCRIPT/ from pg.2

as my grandmother was wheeled into the room, she looked out the window at a brilliant red maple tree.

"Oh!" my grandmother said, "Would you look at that tree!"

Our eyes left the drab

little room, and we looked out at the tree, caught in the afternoon light, a brilliant blaze of red outside her window.

I think that is how she got to be 100 years old.

My grandma always looked for the good in

change, even at the end, even when the change could not be a harbinger of anything but the end.

Because even at the end, there was a brilliant red maple tree to look forward to. There was something beautiful. There were

still good memories to be made.

*Till next time,
Carrie*

Carrie Classon's memoir is called "Blue Yarn."

Learn more at CarrieClasson.com.

Health Care access for rural Americans

By Philip Meyer, D.O.

For most of us, seeing the doctor means making a trip to the local clinic to see our primary care physician in person, but an increasing number of patients are seeing their doctor remotely by telehealth, using two-way video telecommunication technology.

The popularity of tele-

health services soared during the COVID pandemic much like Zoom and similar technologies. Historically, patients and health care providers alike have been reluctant to adopt it, but federal health policy changes have removed many of the barriers to telehealth access and have promoted its use in both primary

and specialty care.

According to the National Institutes of Health, twenty percent of us live in rural America where less than ten percent of physicians practice. I personally have known patients who live more than one hour from their primary physician and more than three hours from a medical special-

ist. Taking time off work and the travel expense required cause many patients to delay seeking care until their acute illness becomes complicated or their chronic condition deteriorates.

Thankfully, as telehealth services have grown,

HEALTH CARE/
pg.4

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News

SDSU Extension urges testing for Nitrate due to drought

Brookings, S.D. - More than 63% of South Dakota is now labeled as being in a Severe Drought (D2) or Extreme Drought (D3) region. While the intense heat and lack of precipitation is creating an adverse growing season for farmers, the weather conditions are also not conducive for putting up high-quality forage either.

“With the current drought conditions across the state, the risk of high nitrates in forages is increased due to slowed photosynthesis and conversion of nitrate into proteins,” says South Dakota State University (SDSU) Extension Cow/Calf Field Specialist Adele Harty.

SDSU Extension encourages producers to get

standing forages tested before being harvested for hay or grazing. Available at various SDSU Extension locations and veterinary clinics across the state (extension.sdstate.edu/nitrate-quicktest-forages), the Nitrate QuikTest for Forages allows producers to make decisions based on the presence or absence of nitrates and appropriate timing for cutting.

“This is a qualitative test,” Harty says. “Therefore, if the results are positive, the recommendation will be to wait a few days and bring an additional sample in for re-testing. If it is negative, the hay

can be cut without risk of nitrates.”

If the hay has already been cut and it tests positive, Harty says the recommendation is to send a core sample in after the hay is baled so that a representative sample can be collected and sent to a lab for quantitative analysis prior to feeding.

A representative sample needs to be taken from different areas across the field to reflect topography and soil differences, as these factors can affect nitrate levels. Harty advises selecting plants from at least 10 different areas and cutting the plant at ground level or pulling

it out of the ground so that the lowest growth nodes can be tested, as the highest concentration of nitrate is in the lowest third of the plant. The more representative the sample, the better the test will work to identify potential nitrate concerns, she says.

“Be diligent about testing forages prior to haying or grazing to prevent the negative impacts that nitrates can cause, specifically in ruminant animals,” Harty says. “If crops, such as wheat, fail to make grain, and producers plan to utilize them for a hay crop, test them for nitrates prior to

harvest to determine their safety level. The higher the level of nitrogen fertilizer that is applied, the higher the risk for nitrate toxicity. Always err on the side of caution and have feeds tested.”

To get a Nitrate QuikTest completed, contact your local Regional Extension Center (extension.sdstate.edu/nitrate-quicktest-forages). For specific questions on the test, contact Harty at 605-394-1722 or Adele.Harty@sdstate.edu or Jaelyn Quintana at 605-394-1722 or Jaelyn.Quintana@sdstate.edu.



A Celebration Of America's Independence

On July 4, 1776, our founding fathers signed the Declaration of Independence declaring our freedom from England and creating a new nation.

This Fourth of July, as we observe the anniversary of our nation's independence, it's important we understand and appreciate the freedoms we enjoy.

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HEALTHCARE/ from pg.3

time and expense of travel to a specialist have decreased and access to care has increased for many. Rural emergency physicians and hospitalists utilize telehealth services for additional support and expert opinions for issues ranging from acute trauma and cardiac arrests to coordination with critical care specialists regarding the optimal management of a patient's ventilator. Although not every specialty is available, the advent of telehealth has afforded many outpatients the opportunity to

stay in their hometown and see a specialist.

While my patients and I have had many positive experiences with telehealth, none exemplifies the power of a remote video connection better than one of my first encounters with a critically ill COVID patient in my local ICU last Fall. Moments after placing a call to my telehealth affiliate, I was video chatting with a critical care specialist in Seattle – America's first COVID epicenter. I was in my central South Dakota rural ICU wearing my PPE standing beside

my patient who was now on a ventilator struggling with a disease I had never seen or treated and in the room with us virtually, but 1300 miles away, was a specialist with six months of experience treating dozens of patients like the one before me.

There will never be a replacement for in-person health care and a physical examination is required for proper diagnosis in most cases, but I urge you to keep an open mind to seeing a physician remotely by telehealth when necessary and

consider the power it can add to your overall health care.

Philip Meyer, D.O., a hospitalist in Pierre, South Dakota, is a contributing Prairie Doc® columnist. He appears as a guest during On Call with the Prairie Doc® a medical Q&A show streaming on Facebook and broadcast on SDPB Thursday, July 1 at 7 p.m. Central. For free and easy access to the entire Prairie Doc® library, visit www.prairiedoc.org and follow Prairie Doc® on Facebook.

News

FATAL CRASHES

Walworth County fatal crash

HOVEN, S.D. – One person died Thursday afternoon in a one-vehicle crash west of Hoven.

Names of the two people involved are not yet being released pending notification of family members. Preliminary crash information indicates that a 2003 Chevrolet Malibu was southbound on South Dakota Highway 47 when the driver lost control. The vehicle entered a gravel field approach and rolled. A 23-year-old male occupant, who was not wearing a seat belt, was

thrown from the vehicle and pronounced dead at the scene. The other occupant, a 23-year-old female, suffered minor injuries, but was not transported. Her seat belt use is under investigation. Which of the occupants was driving has not yet been determined. South Dakota's Highway Patrol is investigating the crash. All information released so far is only preliminary. The Highway Patrol is part of the South Dakota Department of Public Safety.

Name released in Turner County fatal crash

LENNOX, S.D. – A Chancellor, S.D., woman has been identified as the person who died Friday afternoon in a one-vehicle crash west of Lennox.

Preliminary crash information indicates that a 2004 Pontiac Grand Am was eastbound on 279th Street, a gravel road in that area. The driver lost control of the vehicle which went into the ditch

and rolled. Mary Rebar, the 78-year-old driver, was pronounced dead at the scene. She was not wearing a seat belt. South Dakota's Highway Patrol is investigating the crash. All information released so far is only preliminary. The Highway Patrol is part of the South Dakota Department of Public Safety.

S.D. Farmers Union Celebrates Jerauld County Farm Family

By Lura Roti for South Dakota Farmers Union

There's a story from his youth that fifth-generation Jerauld County farmer Josh Bartel says pretty much sums up farming.

"When I was a kid, I had bottle lambs that I named Matthew, Mark, Luke and John. Luke died. I sold John for \$50 and thought, 'This is great! When I sell Matthew and Mark, I will get \$100.' Well, I took Matthew and Mark to the auction and the pair sold for \$26. My dad always told me farming is a gamble, but this was when it hit me how much of a gamble it was. Our living depends on the market."

With a clear understanding of what his future would be like if he chose to make farming

his career, in 2006, Josh returned with his wife, Natalie, to farm with his dad, Neal, and grandpa, Irving Stolen.

"With college, Josh and I both experienced city lifestyle for a while, and neither of us liked it. We did not want to raise kids in town," explains Natalie, who grew up on a farm 9 miles northwest.

Dating since high school, the couple always planned to return to Josh's family farm. But, they took time out to further their education first. Natalie has a nursing degree from Dakota Wesleyan University and Josh has a general agriculture degree from South Dakota State University.

FARMER'S UNION/
pg.6


"The disease with which the human mind now labors is want of faith." — Ralph Waldo Emerson

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News

FARMER'S UNION/ from pg.5

Today, Natalie spends her days helping on the farm, taking care of their three daughters, Taryn, 10, Kenzie, 7, and Emmie, 4, and she works part-time as a nurse at Avera Weskota Memorial Hospital. Josh and his dad have a backgrounding and finishing cattle operation and raise corn and soybeans on land that has been farmed by descendants of Josh's mom's great-grandpa H.B. Reese since 1902. H.B.'s daughter, Emma, married

Martin Stolen, who had moved from Norway in about 1910. Martin started farming the land where Neal and Linda live now. "It's always been my goal to keep the farm alive and grow the farm as much as we can, but with integrity, take care of the land and be a good neighbor," Josh explains.

When it comes to caring for the land, the family rotational grazes and has been implementing no-till farming practices since the mid '90s.

"We have things the generations before us did not have – like soil testing," Neal says. "When we started soil testing, we started working with an agronomist. With no-till, our organic matter has grown from 1 to 3.9 percent."

And the increased organic matter, coupled with bet-

ter seed genetics has paid off in yields. "I have seen a lot of change just since I came back in '06," Josh says. "That year we averaged about 75 bushels an acre and we thought, 'what are we going to do with all this corn?' Today, yields like that are borderline train wreck."

Answer to prayers Neal became part of the farming operation when he and Linda Stolen married in 1979. The couple met while they were students at SDSU.

They finished college in 1982 and taking their twin daughters, Nicki and Angie, with them, they moved to the farm.

When they met, Linda knew Neal's goal was to farm full time. "He always prayed as a kid that he would get to farm," Linda shares.

But Neal's family's Beadle County farm was too small for him to return home to after college.

"When I was real small, my dad told me that if I wanted to farm full time, either land prices would need to change or I would marry into it. I happened to marry into it," Neal says.

Neal got his start by working for Linda's dad, Irving, and uncle, Harold. At the same time, he began building up a hog operation.

It was not easy.

"After paying for school, I had \$2,500 left over so I bought six sows and started farrowing. It was a complete disaster. The sows had parvo lepto (Porcine Parvovirus and Leptospirosis)," Neal says.

What kept him going? "You can't give up after the first year," Linda explains.

After farrowing those original six out, he was able to save 17 pigs. At a neighbor's farm sale, he bought a 16-crate farrowing barn. "I got good bloodlines, and in 10 years I was farrowing 60 sows and finishing them. We were pushing out a lot of hogs.

Neal continued to build up the farrow to finish hog operation, marketing 800 hogs a year – all the while working full time for Linda's dad and uncle. Meanwhile, Linda, who is a nurse, worked off the farm.

"Linda's nursing career allowed our equity to grow twice as fast. We lived on her salary and kept every sow we could to grow the operation," Neal explains.

In 1993, when Uncle Harold was ready to retire,

FARMER'S UNION/
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News

FARMER'S UNION/ from pg.6

Neal began taking over his portion of the farm – buying his cattle on shares and leasing his farm ground. With the ever-expanding hog operation, crops and cattle, Neal was stretched thin. “One day I woke up and thought, ‘this is too much.’”

He decided to sell his hog operation. “It shocked me when he told me, ‘we are going to get out of pigs,’” Linda says. “Up till then, for years he had been talking about how we were going to continue building the hog operation up.”

Not able to explain his reasoning, Neal says simply, “It was divine intervention. I got out before the hog market crashed. Right after I got out, hogs were selling for 9 cents a pound.”

Like his dad, when Josh returned to the farm in 2006, he got his start working on salary. Josh says growing up farming with his dad and grandpa gave him a good foundation and a conservative mindset.

“They are both frugal. They never took out an operating loan. So, I am the same way. I have always heard them say, ‘you cannot figure on prices being hot.’”

With five generations of farming experience rooted in Jerauld County soil and climate, the family is also careful when it comes to marketing and choose not to forward contract. “We don’t like to sell anything that is not grown yet or in the bin yet,” Josh says. “There have been years when we had to windrow corn due to drought,” Natalie explains.

As the family visits about their farm today, they reflect on its beginnings with a solid grasp of its history, thanks to a book written by Linda’s great-grandpa, H.B. Reese, and great-uncle, J.B. Reese.

When her great-grandfather bought the land 15 miles southwest of Wessington Springs in 1902, he wrote, “If the land had seemed poor to us before, now it seemed only worse. We passed a considerable number of empty houses which indicate that the inhabitants had been forced to abandon the land on which these stood. It was in August and dry so that the prairie was quite seared over. ...I bought a quarter section of it thinking it might do for pasture. I paid less than \$5 per acre for it, so I felt that I could not lose money anyway.”

In addition to the history book, the family also has a vast collection of family heirlooms – farm logbooks, photographs and a grandfather clock featuring scenes from the Norwegian village where the family is originally from – all carved out of wooden fruit boxes by a farmhand. “During the Depression, he worked on the farm for room and board and evidently thought that was too much, so he carved this clock as a gift to the family,” Josh shares.

And because he and Natalie’s children are now the sixth generation to grow up on the family farm, they get to not only hear the stories from the past, but create stories of their own on the farm, something Neal and Linda love being a part of.

“One of the driving reasons I wanted to retire was wanting to spend more time with my grandkids,” Linda says.

In addition to Josh and Natalie’s girls, their daughter Angie brings her two children, Aubrey, 17 and Evan, 14 back to the family farm often.

To view more photos and a video of the Bartel family, visit www.sdfu.org.

The Redfield Press offers various print jobs including business cards, address labels, glossy photos, newsletters and more.

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AVERA WELCOMES



Justin Van Der Meid, MD

Justin Van Der Meid, MD, joins Mark Hager, MD, at Avera Medical Group Psychiatry in Aberdeen. Together, these physicians serve the community with compassion and expertise. Dr. Van Der Meid specializes in caring for individuals with mental health needs such as anxiety, depression, obsessive-compulsive disorder, bipolar disorder, developmental disabilities and suicidal tendencies.



Mark Hager, MD

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★ **STRENGTHEN YOUR LOCAL ECONOMY!** Each dollar you spend at independent businesses returns three times more money to your local economy than one spent at a chain — a benefit we all can bank on.

★ **CREATE JOBS AND OPPORTUNITIES!** Not only do independent businesses employ more people directly per dollar of revenue, they also are the customers of local printers, accountants, wholesalers, farms, attorneys, etc., expanding opportunities for local entrepreneurs.

★ **GIVE BACK TO YOUR COMMUNITY!** Small businesses donate more than twice as much per sales dollar to local non-profits, events, and teams compared to big businesses.

★ **ENHANCE HEALTH OF RESIDENTS!** Research shows a strong correlation between the percentage of small locally-owned firms and various indicators of personal and community health and vitality.



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