



Nordby Center for Recreation and Hohm Courts



Spring &
Summer
2024



1700 LINCOLN AVE. SW HURON, SD PH. 352-2627



www.acerealty.net
2297 Kansas Ave SE
Suite #2
605-352-8618

We'll help you get moving.

PUT THE #1 TEAM
TO WORK FOR YOU



Kler Hae
Broker Associate,
Karen Interpreter
605-350-7903



**Taunya
Martin**
Broker Associate
605-350-2771



**Steve
Sprecher**
Broker/Auctioneer
605-350-2157



**Angie
Uttecht**
Broker/Owner
605-350-2553



**Laurie
Smith**
Broker Associate
605-350-7081



**Dwight
Wullweber**
Broker Associate
605-354-2862



**Molly
Hopper**
Broker Associate
605-354-7641



**Lori
Johnson**
Broker Associate
605-350-5727

Nordby Center For Recreation

Membership Policies and Information

SUMMER HOURS

(Memorial Day through Labor Day)

Monday – Thursday	5:30 AM until	9:00 PM
Friday	5:30 AM until	8:00 PM
Saturday	8:00 AM until	3:00 PM
Sunday	8:00 AM until	3:00 PM

HOLIDAY HOURS

The Nordby Center for Recreation will be closed on the following holidays:

Easter Day

The Nordby Center for Recreation will have a change of hours for the following holidays:

Memorial Day: 5:30 AM – 2:00 PM
July 4th: 5:30 AM – 2:00 PM
Labor Day: 5:30 AM – 2:00 PM



OUR MISSION



The Nordby Center for Recreation strives to:

- Offer quality recreational, cultural, social and educational programs to everyone.
- Provide a facility that is safe, inviting and user friendly.
- Provide excellent customer service.
- Be a responsive, self-sufficient facility.

As the summer season approaches, we are excited to announce an array of programs and events that we have been able to offer. With the easing of restrictions and the return to some sense of normalcy, we are looking forward to engaging with you and your families in a variety of activities aimed at promoting community health and wellness.

We've been working hard to ensure that our programs are diverse and cater to different interests and age groups throughout our community. We have something for everyone. Our team of experienced instructors and volunteers are committed to providing a safe and welcoming environment for all participants.

None of this would have been possible without the generous support of the community. We are grateful for

the memberships, grants, donations, and other forms of support that have enabled us to deliver quality programs and services to you. We also appreciate the volunteers who have given their time and expertise to make our programs a success.

As we kick off the summer season, we invite you to join us in celebrating the joys of community and togetherness. Let us make this a summer to remember!

Sincerely,

Joey Mitchell, Executive Director
The Nordby Center for Recreation

Pam Miedema, Membership Director
The Nordby Center for Recreation

FACILITY OF HEALTHY OPPORTUNITIES


The Nordby Center for Recreation has something for all individuals and families with physical activity in mind. The facility offers a full range of modern equipment and spaces designed to accommodate the wide variety of classes and programs that have been developed for the fitness needs of a community.

Our Facility Includes

- Wellness area housing more than 30 different cardio machines
- Strength Training Area with more than 15 machines with a separate free weight area
- Free Weight Room
- Heated Indoor Pool
- Basketball and Tennis Courts
- Pickleball Courts
- Racquetball and Volleyball Courts
- Indoor Track
- Aerobics Studio
- Power Pacing or Spinning Studio
- Kickboxing / Boxing Studio
- Free Wireless Internet

Provided Classes & Programs:

GROUP EXERCISE CLASSES

- Power Cut
- Power Pace (cycling)
- Silver Sneakers Classic 
- Body Sculpt
- Step
- PiYo®
- Zumba®
- Aqua Zumba®
- H2O Fitness
- Hydro-Fit

INDIVIDUAL PROGRAMMING

- Personal Training
- Martial Arts
- Sport Specific Lessons – Volleyball / Basketball
- Private Tennis
- American Red Cross Group Swimming Lessons

GROUP PROGRAMMING

- Birthday Pool Parties
- Summer Day Camp
- Facility Rentals
- Youth Exercise Camps
- Agility, Strength & Conditioning Academies
- Basketball Clinics & Camps
- Volleyball Clinics & Camps

MEMBERSHIP RATE OPTIONS

September 1, 2023 - August 31, 2024

6.5% tax

<u>Day Use:</u>		<u>15% off guest pass</u>
Family	\$ 16.90 + tax = \$ 18.00	\$ 15.29
Single	\$ 9.39 + tax = \$ 10.00	\$ 8.50
Adult + 1	\$ 11.27 + tax = \$ 12.00	\$ 10.20
Seniors (62 or older)	\$ 6.57 + tax = \$ 7.00	\$ 5.94
College (with ID)	\$ 6.57 + tax = \$ 7.00	\$ 5.94
HS Students (9-12)	\$ 6.57 + tax = \$ 8.00	\$ 6.79
Student (K – 8)	\$ 4.70 + tax = \$ 5.00	\$ 4.25
Preschool (2-5yrs)	\$ 2.82 + tax = \$ 3.00	\$ 2.56

Monthly:

Family	\$ 89.20 + tax = \$ 95.00
Single Par. House	\$ 79.81 + tax = \$ 85.00
Single + 1	\$ 79.81 + tax = \$ 85.00
Single	\$ 65.73 + tax = \$ 70.00
Sr. Single + 1	\$ 70.42 + tax = \$ 75.00
Sr. Single	\$ 61.03 + tax = \$ 65.00
College / Military	\$ 61.03 + tax = \$ 65.00
HS Youth	\$ 62.15 + tax = \$ 66.00

****Active Members can purchase a day pass for guests under their account for 15% off regular prices****

Corporate Annual Membership Prices

Processed through corporate enrollment!
Annual Contract divided by 12 monthly payments

Membership	Annual Payment	Monthly Payment
Family	\$705.50	\$58.80
Single Parent Household	\$620.00	\$51.66
Single + 1	\$595.00	\$49.60
Single	\$488.75	\$40.74
HS Youth	\$40.000	\$33.34

**tax included*

Annual corporate rates are a cost-effective tool for countering escalating health care costs while improving the productivity and morale of employees. Anyone can sign up for a corporate membership if they bank or work for the following companies:

American Bank and Trust	Prostrollo Motors
Beadle County Auditors	HRMC
City of Huron	F & M Bank
Dakotaland Federal Credit Union	Dakota Provisions
Ellwein Brothers, Inc.	Huron School District #2-2
Federal Employees Counsel	
Huron Area Center for Independence	
Horizontal Machining & Manufacturing Inc. (HMMI)	
Huron Area Education Federal Credit Union	

Annual Memberships- *contract signed through the NCR
NCR EFT Annual Contract divided by 12 months

Membership	Annual Payment	Monthly Payment
Family	\$830.00	\$70.02
Single Parent Household	\$730.00	\$61.68
Single + 1	\$710.00	\$60.02
Single	\$575.00	\$48.78
Senior + 1	\$675.00	\$57.11
Sr. Single	\$525.00	\$44.60
College / Military	\$525.00	\$44.60
HS Youth	\$400.00	\$34.19

Senior = 62+ years old Senior + 1 = 2 adults 62 older same household
Family = 2 adults + kids in same household
Adult + 1's = adult + 1 individual in same household
Single Parent Household = 1 adult (non-married) & kids same household



Dr. E. W. Carr
1931-2003

Dr. John S. Carr

Dr. Larry Nickelson
Retired 2016

Dr. Wayne H. Carr

Dr. Joseph N. Carr

Dr. Joshua S. Carr

Dr. Taylor J. Carr

Dr. William J. Carr

2065 Campbell Dr.
Huron, SD 57350
605-352-5264

The Nordby Center for Recreation offers a free machine demonstration conducted by a certified personal trainer to all those who sign up for an annual membership.



Financial Assistance Opportunities

Any person in need of financial assistance can make a request by filling out an application and completing the necessary paperwork. Please contact the Nordby Center for more information.

The Nordby Center for Recreation financial assistance program provides membership and program assistance to ensure that everyone, regardless of age, income or background, has the opportunity to be healthy and participate in recreational activities.

NORDBY CENTER FOR RECREATION POLICIES

FACILITY RULES

1. All members must scan their membership card at the front desk upon entrance to the facility. **Replacement cards cost \$2.00.**
2. A **second pair of shoes is required*** before using the cardio and strength equipment, the weight room, racquetball courts, and/or basketball courts. We need your help to keep the facility and equipment clean.
***You will be asked to leave the facility if you do not comply.**
3. No smoking or chewing tobacco allowed on property. We are a tobacco free facility.
4. All members must wear appropriate gym attire:
 - a. No sandals or dress shoes
 - b. Full coverage shorts or pants
 - c. Shirts and shoes worn at all times
 - d. Bare midriffs are not permitted
 - e. No jeans; rivets are hard on equipment upholstery
5. No objectionable graphics/profanity on clothing.
6. All youth aged 7-13 years may utilize the gym and racquetball courts located on the first floor if a parent / guarding is on site.
7. Youth under 7 years are required to be under direct supervision of a parent always while in the facility.
8. Children under 14 may not attend adult classes.
9. **Youth ages 12-13 must be accompanied by a parent while using the strength training and cardio equipment. The parent must be actively supervising the activity.**

10. Children are permitted in organized youth programs without adults/parents.
11. Locker Rooms- children 5 years and older are expected to use the appropriate locker room.
12. Members may rent lockers for a nominal annual fee. Members supply their own lock.
13. Strollers are permitted on the indoor track and in gym.
14. We are not responsible for lost or stolen items.
15. Each area will have additional safety guidelines posted.
16. Persons refusing to obey rules and/or Nordby Center Staff are subject to removal from the facility.
17. Use of cell phones, cameras or any other form of electronics in the locker rooms is prohibited.

WEIGHT ROOM AND CARDIO AREA RULES

1. **Youth ages 12-13 must be accompanied by a parent while using the strength training and cardio equipment. The parent must be actively supervising.**
2. All weights must be cleaned & properly put away after each person is done using them.
3. Each person must spray and wipe down the area used once they are finished
4. Do not put coats, bags, etc. on the weight room floor. Put them in the appropriate area.
5. No grunting or loud noises that may bother other members.
6. Music must be played at the appropriate volume.
7. Do not bang or drop the weights.
8. Always use a thud mat when using dumbbells or barbells.
9. Please do not use weight room chalk.
10. Shirt and shoes must be worn at all times.
11. During peak periods, the time limit on all cardiovascular equipment is 20 minutes.
12. No babies allowed in the weight room or cardio area. Babies in car seats or strapped to the mother while working out on equipment is prohibited. Babies are allowed in the track area only if they are in a stroller or strapped to their mother.

POOL RULES

1. A lifeguard must be on duty if a parent is not directly in the pool area supervising children.
2. Proper swim attire must be worn at all times when in the pool. An actual swimsuit must be worn. No t-shirts or shorts are allowed in the pool.
3. For your safety, maximum capacity of the pool is 230.
4. No Band-Aids or gum allowed in the pool area.
5. **No open swim during senior swim, water aerobics classes or swim lessons**
6. Lap swim is available during water aerobics classes and swim lessons

7. No one under the age of 18 will be allowed to swim without the direct supervision of a parent/guardian (must be at least 18 years old)
8. Each swimmer must take a shower before entering the pool
9. No outside pool toys, balls, rafts or water guns
10. There will be NO:
 - Hanging on the lap lanes
 - Jumping from the starting blocks
 - Diving
 - Touching the backstroke flags

MEMBERS FOUND IN NON-COMPLIANCE WILL BE ASKED TO LEAVE.

GROUP EXERCISE CLASSES

Nordby Center for Recreation SUMMER HOURS

Mon. – Thurs. 5:00 am – 9:00 pm
Friday 5:00 am – 8:00 pm
Sat. & Sun. 8:00 am – 3:00 pm

SUMMER POOL SCHEDULE

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
5:30 – 8:00 AM	Open	Open	Open	Open	Open	Closed	Closed
8:00 – 9:00 AM	H2O Fitness	Aqua Zumba	H2O Fitness	Aqua Zumba	H2O Fitness	O P E N	O P E N
9:00–10:00 AM	Open	Open	Open	Open	Open		
10:00-11:00 AM	Hydro-Fit		Hydro-Fit		Hydro-Fit		
11:00-12:00 PM	Senior Time	Senior Time	Senior Time	Senior Time	Senior Time		
1:00 – 4:00 PM	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp		
4:00 – 6:00 PM	OPEN	OPEN	OPEN	OPEN	OPEN	Closes @ 2:30	Closes @ 2:30
6:15 – 7:00 PM	Open	Open	Open	Open	Closes @ 7:30		
7:00 – 8:30 PM							

***All schedules are subject to change by the Nordby Center for Recreation staff.
 *No open swim during swimming lessons, water aerobics, or Senior time. ** Pool closes ½ hour prior to facility!

SUMMER CLASS SCHEDULE

TIME	MON	TUE	WED	THU	FRI
5:45 – 6:30 AM	POWER PACE		POWER PACE		POWER PACE
6:00 – 6:40 AM		POWER CUT II		POWER CUT II	
8:30 – 9:10 AM	POWER CUT I		POWER CUT I		POWER CUT I
9:20 – 10:00 AM	SS CLASSIC		SS CLASSIC		
12:10 – 12:50 PM		BIKE & WEIGHTS (Starts June 4 th)		BIKE & WEIGHTS	
5:15 – 6:00 PM	PIYO		PIYO		
5:45 – 6:30 PM					
6:15 – 7:00 PM	ZUMBA		ZUMBA		

***All schedules are subject to change by the Nordby Center for Recreation staff.



Intentional Living FUNCTIONAL MEDICINE

SPECIALTY LABORATORY

Dr. Wayne H. Carr

Certified Functional Medicine Practitioner

Ashley Curnow, RDN

Registered Dietitian Nutritionist

Jayda Shillingstad, CPT

Certified Phlebotomy Technician

2065 Campbell Dr.
 Huron, SD 57350
605-352-5264

NORDBY CENTER FOR RECREATION

CHECK OUT ALL THE SUMMER PROGRAMS AVAILABLE:

Scholastic school year 2024-2025



❖ **TENNIS LESSONS (ALL AGES): Year-Round Lessons Available**

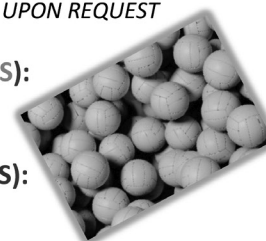
- *Scheduled with Nordby Center Staff – PAPERWORK AT DESK UPON REQUEST*

❖ **INDIVIDUAL / SMALL GROUP BASKETBALL WORKOUTS (ALL AGES):**

- **SCHEDULED ONSITE – PAPERWORK AT DESK UPON REQUEST**

❖ **INDIVIDUAL / SMALL GROUP VOLLEYBALL WORKOUTS (ALL AGES):**

- **SCHEDULED ONSITE – PAPERWORK AT DESK UPON REQUEST**



❖ **JR IRON TIGERS (5th – 8th) 3 days per week**

- **Tues., Wed., Thurs. June 4th – August 1st** (11:30 AM - 12:45 PM)



❖ **NCR'S VOLLEYBALL CAMP (3RD – 8TH):**

- **June 17th – 19th**
 - **3rd – 5th: (1:30 – 2:45 PM)**
- **July 24th & 25th**
 - **6th – 8th: (1:30 – 3:00 PM)**



❖ **NCR'S YOUTH BASKETBALL CAMP (K – 3rd):**

- **2 SESSIONS AVAILABLE – Monday & Tuesday (2 separate weeks)**

- **June 10th & June 11th**
 - **Pre-K, K & 1st: (11:30 AM – 12:30 PM)**
 - **2nd & 3rd: (12:30 PM – 1:30 PM)**
- **July 8TH & July 9th**
 - **Pre-K, K & 1st: (11:30 AM – 12:30 PM)**
 - **2nd & 3rd: (12:30 PM – 1:30 PM)**



❖ **NCR'S BASKETBALL WORKOUTS (4th – 9TH):**

- **2 SESSIONS AVAILABLE – Thursday(s) (2 separate months)**

- **June 13TH / June 20th / June 27th**
 - **4th – 6th: (2:45 PM – 3:45 PM)**
 - **7th – 9th: (3:45 PM – 5:15 PM)**
- **July 11TH / July 18th / July 25th**
 - **4th – 6th: (2:45 PM – 3:45 PM)**
 - **7th – 9th: (3:45 PM – 5:15 PM)**



All forms are found on:
nordbycenter.org

❖ **KARATE – CURRENTLY IN SESSION**

- **ALL AGES – REFER TO OUR FACEBOOK – Next session will start in July**

An objective of the NCR is to offer opportunities to the youth in our community. It is our intent that no individual is denied participation due to financial restrictions. UNITED WAY FINANCIAL ASSISTANCE IS AVAILABLE UPON REQUEST AND COMPLETION OF NECESSARY FORMS AND PAPERWORK. Financial assistance forms need to be submitted two weeks prior to the start of this program.

INDIVIDUAL PROGRAMMING

Personal Training

Session Packages	Minutes	1 Annual Member	1 Non-Member	2 Annual Members	2 Non-Members
Single Hour	60 min.	\$35	\$45	\$30 / each	\$40 / each
Five Hour Package	300 min.	\$125	\$175	\$90 / each	\$150 / each
Ten Hour Package	600 min.	\$230	\$300	\$150 / each	\$250 / each

**Prices include tax*

Let a certified personal trainer teach you how to get the most out of your workouts! Work one-on-one, or bring a friend or spouse, and we'll help you reach your fitness goals. You'll learn various exercises that build strength, endurance, reduce body fat, and improve overall cardiovascular fitness. Personal training sessions are made by appointment only. If two of you are sharing a session you must work out at the same time, and each individual must purchase a package

Martial Arts

Martial Art Beginner & Advanced Adult classes are currently in session.

Youth Korean Karate classes will start again in September, following the State Fair. Refer to our Facebook page for more details. You can register at the Nordby Center.

Member price \$115.00, non-member price \$145.00. **Prices include tax*

Twelve weeks of anywhere from introductory to advanced martial arts classes covering basic and advanced blocking, striking, kicking and falling techniques used in the Korean martial arts. Learn why the Korean martial arts are so considered one of the premier kicking styles in the world! Classes will be taught by Abby Vaillancourt and/or assistant instructors.

Additional one-time charge of \$25.00 for a uniform.



SPORT AND YOUTH EXERCISE

3 DAYS A WEEK

June 4th – August 1st

Boys & Girls

Grades 5th – 8th

Sports
Enhancement



Jr Iron Tigers



**FASTER!
STRONGER!
HIGHER!
BETTER!**

**How Good
Can You Be?**

Jr Iron Tigers
Tuesday(s) 11:30 AM
Wednesday(s) 11:30 AM
Thursday(s) 11:30 AM
Speed, Agility, Footwork, Strength & Quickness
*"Are you waiting for your moment?
Or? Are you TRAINING for your
moment?"*

BE A BETTER ATHLETE! We will work hard so we can JUMP HIGHER, MOVE FASTER, BE MORE ATHLETIC, and "BE BETTER." There is no substitute for hard work, sweat and dedication. Together, we will strive to be stronger, quicker, and faster.
HOW GOOD CAN YOU be?
IN ORDER TO COMPETE AT A HIGH LEVEL, ONE MUST TRAIN AT A HIGH LEVEL

Confidence is gained through training. There is no substitute for preparation. This academy will prepare our athletes to their fullest potential for competition.

With an experienced staff of **Certified Trainers, Sports Medicine Doctors, ex-college athletes and our trained coaches, the commitment to prepare athletes for success and developing efficient and INJURY RESISTANT athletes is stronger than ever.**

ATHLETICISM TRAINING

3 days a week: Tuesday,
Wednesday, & Thursday

Strength, Power & Jump
training
Speed, Agility & Quickness Drills

Jr IRON TIGERS
Multi-sport athletes are **moving faster, jumping higher and becoming stronger** than ever before. Today's athletes are looking for ways to improve **speed, lateral speed, strength and explosive power**, to understand the movement of being a better athlete, and, to develop in all aspects.

'JR Iron Tigers' is specifically designed to dedicate its efforts towards enhancing the players' athleticism in all areas with emphasis on **injury resistance**. This training utilizes methods which promote improvement in the athlete's vertical and jumping as well as in lateral quickness, which will lead to faster movements on the court.

We aim to make every athlete the best they can be. This eight-week training during the summer months is a serious approach with proven results from drills, repetitive muscle memory, repetitions, and injury resistance.



NORDBY CENTER'S SUMMER "GDUB" WORKOUTS

FOR MANY YEARS, THE NCR BASKETBALL CAMP HAS BEEN ABLE TO BE A SUCCESSFUL PROGRAM IN GETTING KIDS INVOLVED IN ORGANIZED BASKETBALL AT A YOUNG AGE. WE ARE EXCITED TO BRING ON GARY WHITE III, FOUNDER/CEO OF 'GDUB WORKOUTS' TO WORK ON ENHANCING OUR SUMMER BASKETBALL PLATFORM. WE WANT TO TEACH BASKETBALL SKILLS AND BE ABLE TO UTILIZE THEM IN A COMPETITIVE SETTING.

GARY HAS EXPERIENCE BEING A FORMER COLLEGE BASKETBALL PLAYER AT NORTH PLATTE COMMUNITY COLLEGE & DAKOTA WESLEYAN UNIVERSITY. GARY WAS ALSO THE FORMER DWU MEN'S BASKETBALL GRADUATE ASSISTANT COACH. GARY HAS WORKED WITH NUMEROUS AAU PROGRAMS AROUND THE AREA SUCH AS 'AMBUSH BASKETBALL', 'SANFORD SPORTS ACADEMY', AND HE CURRENTLY COACHES FOR 'HOOP DAKOTA' WHO HAS HURON LOCALS "JJ" GILBERT & CARTER PORISCH. GARY IS A HUGE ADVOCATE OF TEACHING FUNDAMENTAL BASE BASKETBALL AND HAVING A PRODUCT THAT SYMBOLIZES YOUTH EXCELLENCE.



SESSION DATE	GRADE	TIME	COST
JUNE 13TH JUNE 20TH JUNE 27TH	4TH-6TH	2:45 - 3:45 PM	\$50
JULY 11TH JULY 18TH JULY 25TH	7TH-9TH	3:45 - 5:15 PM	\$60

NORDBY CENTER'S SUMMER BASKETBALL CAMP

SMITH SKILLS BASKETBALL

Huron Youth Basketball Club, Inc. has been the proven cornerstone for basketball in the community of Huron, both recreational and competitive. For many years, the NCR basketball camp has been able to be a successful program in getting kids involved in organized basketball at a young age. We want to teach players skills and be able to utilize them in a competitive setting. It is the objective of this club to have as many parents and children involved as possible.

SESSION DATES	GRADE (2024-2025)	TIME	COST
1 st Session: June 10 th & June 11 th	Pre-K – 1 st	11:30 – 12:30	\$35.00 per session
2 nd Session: July 8 th & July 9 th	2 nd & 3 rd	12:30 – 1:30	

*Prices include tax

*All grades are for the 2024-2025 school year

NORDBY CENTER'S VOLLEYBALL CLINIC

BETTER YOU – BETTER US

**LEARN & WORK WITH
COLLEGE ATHLETES,
HURON RECORD HOLDERS,
& HURON ALUMNI.**

Grades	Day	Time	Annual Member Price	Non-Member / Online Price
3 rd – 5 th (2024-2025)	June 17 th – 19 th	3 rd – 5 th 1:30 – 2:45 PM	\$50.00	\$70.00

The CLINIC is specifically designed to dedicate its efforts towards improving the players' game in all areas. This training utilizes a focus on setter training, defensive training, blocking, and passing techniques needed for today's game. Camp will also focus on positional players and help improve their skills in those specific areas. We aim to make every volleyball athlete the best volleyball player they can be. With an experienced staff of coaches and players, the commitment is to prepare athletes for success.

DATES: June 17th – 19th (3 consecutive days) GRADES: 3rd – 5th (2024-2025) WHERE: The Nordby Center

NORDBY CENTER'S VOLLEYBALL CLINIC

BETTER YOU – BETTER US

**LEARN & WORK WITH
COLLEGE ATHLETES,
HURON RECORD HOLDERS,
& HURON ALUMNI.**

Grades	Day	Time	Annual Member Price	Non-Member / Online Price
6 th – 8 th (2024-2025)	July 24 th & 25 th	6 th – 8 th 1:30 – 3:00 PM	\$35.00	\$45.00

The CLINIC is specifically designed to dedicate its efforts towards improving the players' game in all areas. This training utilizes a focus on setter training, defensive training, blocking, and passing techniques needed for today's game. Camp will also focus on positional players and help improve their skills in those specific areas. We aim to make every volleyball athlete the best volleyball player they can be. With an experienced staff of coaches and players, the commitment is to prepare athletes for success.

DATES: July 24th & 25th (2 consecutive days) GRADES: 6th – 8th (2024-2025) WHERE: The Nordby Center

Nordby Center for Recreation Individual/Small Group Basketball Workouts



To run an elite program, it is imperative that our players work on individual improvement. The more each player improves the better the team will be collectively. Through individual improvement each player will become more confident in his/her abilities to perform at the highest level. Too many of us want a quick fix to our problems, but the only way we are going to improve is by getting to the gym and getting to work. Individual workouts will be scheduled in advance and be 60 minutes in length. All ages and abilities are welcome. Workouts are taught by **appointment only**, with morning, afternoon, & evening times available.

AGE	DURATION	ANNUAL MEMBERS	NON-ANNUAL MEMBERS
3 RD GRADE & UP	60 minutes	\$20.00	\$25.00

**Limited availability (workouts may consist of 1 - 3 individuals - max of 3)*

**Must receive payment at Front Desk prior to workout*

**Schedule with NCR Staff – after payment & form have been submitted*

Nordby Center for Recreation Individual/Small Group VOLLEYBALL Workouts



To run an elite program, it is imperative that our players work on individual improvement. The more each player improves the better the team will be collectively. Through individual improvement each player will become more confident in his/her abilities to perform at the highest level. Too many of us want a quick fix to our problems, but the only way we are going to improve is by getting to the gym and getting to work. Individual workouts will be scheduled in advance and be 60 minutes in length. All ages and abilities are welcome. Workouts are taught by **appointment only**, with morning, afternoon, & evening times available.

AGE	DURATION	ANNUAL MEMBERS	NON-ANNUAL MEMBERS
3 RD GRADE & UP	60 minutes	\$25.00	\$30.00

**Limited availability (workouts may consist of 1 - 3 individuals - max of 3)*

**Must receive payment at Front Desk prior to workout*

**Schedule with NCR Staff – after payment & form have been submitted*





NORDBY CENTER FOR RECREATION



Private Tennis Lessons

SESSION DATE	DURATION	1 MEMBER	1 NON-MEMBER	2 MEMBERS	2 NON-MEMBERS
Single Session	60 Min	\$30.00	\$40.00	\$20.00/ Person	\$30.00/ Person
	5 Sessions	\$120.00	\$160.00	\$80.00/ Person	\$112.00/ Person
10 Sessions	60 Min	\$210.00	\$280.00	\$125.00/ Person	\$195.00/ Person

**To get the two-person price, each individual must purchase a package and must workout at the same time
 **Prices include tax*

POOL SCHEDULE

(subject to change)

SUMMER SCHEDULE (May 28th – September 8th)

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
5:30-8:00 AM	Open	Open	Open	Open	Open	Closed	Closed
8:00-9:00 AM	H2O Fitness	H2O Fitness	H2O Fitness	H2O Fitness	H2O Fitness	Open	Open
9:00-10:00 PM	Open	Open	Open	Open	Open	Open	Open
10:00-11:00 AM	Hydro-Fit	Open	Hydro-Fit	Open	Hydro-Fit	Open	Open
11:00-Noon	Open	Open	Open	Open	Open	Open	Open
12:00-1:00 PM	Senior Swim	Senior Swim	Senior Swim	Senior Swim	Senior Swim	Open	Open
1:00-6:00 PM	Open	Open	Open	Open	Open	Closed @ 2:30 PM	Closed @ 2:30 PM
5:30-6:30 PM	Open	DWP	Open	DWP	Open	Closed	Closed
6:00-8:45 PM	Open	Open	Open	Open	Closed at 7:30 PM	Closed	Closed
8:00-9:30 PM	Open	Open	Open	Open	Closed	Closed	Closed

Pool Closes at 8:30 PM Monday - Thursday

- *No Open swim during swimming lessons, water aerobics and senior swim.*
- *All schedules are subject to change by the Nordby Center for Recreation staff.*
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- *All schedules are subject to change by the Nordby Center for Recreation staff.*



Birthday Party Rental

You're Invited To Celebrate your Birthday at the Nordby Center for Recreation

When: Friday: 5:30 PM - 7:30 PM
 Saturday: 11:00 AM - 1:00 PM
 12:30 PM - 2:30 PM
 *Time during summer.

Where: Nordby Center with (Non-Exclusive) use of pool

Who: You and 12 of your friends!

What: Two hours of fun and easy for parents

Cost: Annual Members \$100.00
 Non-Members \$125.00
 Additional guest \$3.00

**Price includes tax*

**Your Birthday party will be the one, you and your friends will remember! We will provide a private party room, lifeguard for the pool, table and chairs for your special event. You may bring in food, drinks and other games.*

*Facility rentals are available during and after business hours. The Nordby Center can help create an opportunity for you to spend quality time with family, friends and co-workers.

* All parties must be paid in full at the time of booking. Please book at least two weeks in advance. Contact the Nordby Center for more information on Private Rentals at 352-2627.

Individuals and families have many ways to take advantage of ALL our facility offers. Annual, monthly memberships, and daily passes all provide you access to EVERYTHING available at the Nordby Center for Recreation. See you there!



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Annual Corporate Rates

Our corporate rate is a cost-effective tool for countering escalating health care costs while improving the productivity and morale of employees. Health care costs are estimated to increase in the next five years. A Nordby Center Membership is an investment to the solution.

To be eligible for the corporate plan, a company must employ a minimum of ten employees and monetarily guarantee membership of 10% of their workforce or a minimum of ten employees, whichever figure is higher.

Corporate accounts will be billed to the company at the beginning for each membership year.

Thank you to our Corporate Members.

American Bank and Trust
Beadle County Auditors
Dakotaland Federal Credit Union
Federal Employees Counsel
Huron Area Center for Independence
Huron School District #2 – 2
Huron Area Education FCU

HRMC
Olympic Motors
HMMI
F & M Bank
City of Huron
Dakota Provisions
Ellwein Brothers, Inc.



OUR SPECIAL THANKS TO:

The Nordby Center Members & Huron Community!

The Nordby Center for Recreation founders and governing board of directors for their vision and support.

Board members include Jason Rubish, Kristy Smith, Will Carr, Landon Neugebauer, Doug Pietz, Dave Moser & John Pfitzer.

United Way

We want to thank the United Way for providing the Nordby Center for Recreation with additional funding that enhances our ability to provide exercise and wellness to youth. This funding allows us to stretch our dollar for our members a little bit further and enables us to reach even more youth within the community.



Lincoln D. Wacker Foundation

Lincoln, son of Tyrone and Vereen Wacker, lived in Huron from 1979-1983 and attended Huron University from 1998-1999. He student-taught at Jefferson Elementary school. Tyrone was the football and baseball coach during his years at Huron College. Lincoln was killed by a drunk driver in the fall of 1999 while returning from coaching a football game.

Wheeler Family Fund

The Wheeler Family Fund is a part of the Huron Community Foundation. It was started in 2013 by Rick Wheeler, Ron Wheeler, Brian Wheeler, Kirke Wheeler and June Wheeler in memory of their parents Kirke and Maurine Wheeler, brother and husband Dr. Jeff Wheeler, and their grandparents John and Lelia Wheeler. Each year, the interest off the fund investment can be distributed to different, non-profit, and charitable organizations as selected by the members of the Wheeler Family Fund.

Wheeler Logo

Dr. Paul Hohm Foundation

Dr. Paul felt so passionate about having a facility such as the Nordby Center for Recreation and Hohm Courts in the community, that he left an endowment with the SDCF earmarking the Hohm Courts to be the beneficiary of an annual distribution for the maintenance and betterment of the facility.

Hohm Logo

Nordby Center for Recreation Advertising Partners

We want to thank our past advertising partners for their loyalty and commitment to the Nordby Center for Recreation. Their continued support has allowed the Nordby Center for Recreation to continue its storied success as well as cement our relationship within our great community. Please stop in and ask how you can be a partner in our community center!



WEBSITE

Visit us on our website to view information, pictures, and more.....
www.nordbycenter.org

Check us out on Facebook,

Also follow us on Twitter:
[@NordbyCenter](https://twitter.com/NordbyCenter)



MAILING ADDRESS

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1

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STEP

2

EXPLORE EASY RATING SYSTEM!

STEP

3

ADD ENHANCERS TO COMPLETE!

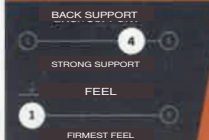
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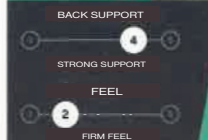
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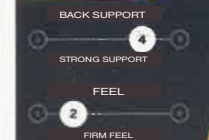
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