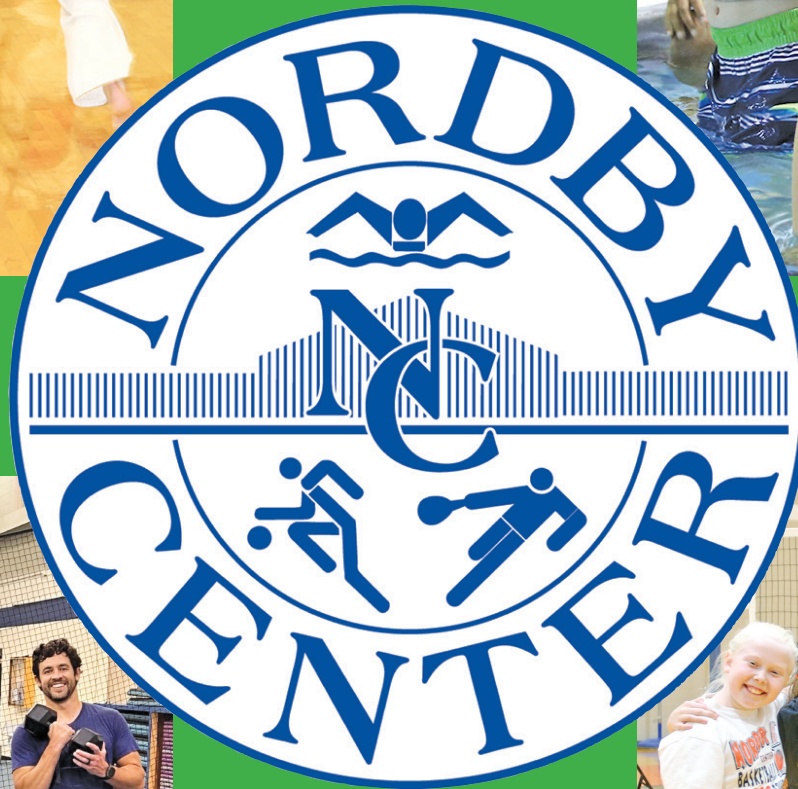




# Nordby Center for Recreation and Hohm Courts



Spring &  
Summer  
2025



1700 LINCOLN AVE. SW HURON, SD PH. 352-2627





[www.acerealty.net](http://www.acerealty.net)  
2297 Kansas Ave SE  
Suite #2  
605-352-8618

**We'll help  
you get  
moving.**

**PUT THE #1 TEAM  
TO WORK FOR YOU**



**Kler Hae**  
Broker Associate,  
Karen Interpreter  
605-350-7903



**Taunya  
Martin**  
Broker Associate  
605-350-2771



**Steve  
Sprecher**  
Broker/Auctioneer  
605-350-2157



**Angie  
Uttecht**  
Broker/Owner  
605-350-2553



**Laurie  
Smith**  
Broker Associate  
605-350-7081



**Dwight  
Wullweber**  
Broker Associate  
605-354-2862



**Lori  
Johnson**  
Broker Associate  
605-350-5727



# Nordby Center For Recreation

## Membership Policies and Information

### SUMMER HOURS

(Memorial Day through Labor Day)

Monday – Thursday	5:00 AM until	9:00 PM
Friday	5:00 AM until	8:00 PM
Saturday	8:00 AM until	3:00 PM
Sunday	8:00 AM until	3:00 PM

### HOLIDAY HOURS

The Nordby Center for Recreation will be closed on the following holidays:

Easter Day

The Nordby Center for Recreation will have a change of hours for the following holidays:

Memorial Day: 5:00 AM – 2:00 PM

July 4<sup>th</sup>: 5:00 AM – 2:00 PM

Labor Day: 5:00 AM – 2:00 PM



### OUR MISSION



The Nordby Center for Recreation strives to:

- Offer quality recreational, cultural, social and educational programs to everyone.
- Provide a facility that is safe, inviting and user friendly.
- Provide excellent customer service.
- Be a responsive, self-sufficient facility.

As the days grow longer and the sun shines brighter, we are thrilled to unveil our Summer 2025 Program Guide—a season packed with opportunities to move, grow, and connect. At The Nordby Center, we believe summer is the perfect time to prioritize your health, try something new, and be part of a vibrant community.

Whether you're aiming to build strength, enhance flexibility, or simply have fun, our diverse offerings cater to all ages and fitness levels. From invigorating group classes to personalized training sessions, there's something for everyone.

What's New This Summer?

Class Offerings: Explore new formats and schedules to fit your lifestyle.

Youth Programs: Engage your children in active and educational activities.

We are excited to embark on this journey with you. Let's make this summer a season of health, happiness, and community.

Warm regards,

Joey Mitchell  
Executive Director

Pam  
Membership Director

FACILITY OF HEALTHY OPPORTUNITIES


The Nordby Center for Recreation has something for all individuals and families with physical activity in mind. The facility offers a full range of modern equipment and spaces designed to accommodate the wide variety of classes and programs that have been developed for the fitness needs of a community.

Our Facility Includes

- Wellness area housing more than 30 different cardio machines
- Strength Training Area with more than 15 machines with a separate free weight area
- Free Weight Room
- Heated Indoor Pool
- Basketball and Tennis Courts
- Pickleball Courts
- Racquetball and Volleyball Courts
- Indoor Track
- Aerobics Studio
- Power Pacing or Spinning Studio
- Kickboxing / Boxing Studio
- Free Wireless Internet

Provided Classes & Programs:

GROUP EXERCISE CLASSES

- Power Cut
- Power Pace (cycling)
- Silver Sneakers Classic 
- Body Sculpt
- Step
- PiYo®
- Zumba®
- Aqua Zumba®
- H2O Fitness
- Hydro-Fit

INDIVIDUAL PROGRAMMING

- Personal Training
- Martial Arts
- Sport Specific Lessons – Volleyball / Basketball
- Private Tennis
- American Red Cross Group Swimming Lessons

GROUP PROGRAMMING

- Birthday Pool Parties
- Summer Day Camp
- Facility Rentals
- Youth Exercise Camps
- Agility, Strength & Conditioning Academies
- Basketball Clinics & Camps
- Volleyball Lessons

MEMBERSHIP RATE OPTIONS

September 1, 2024 - August 31, 2025  
6.5% tax

Day Use:	15% off guest pass	
Family	\$ 16.90 + tax = \$ 18.00	\$ 15.29
Single	\$ 9.39 + tax = \$ 10.00	\$ 8.50
Adult + 1	\$ 11.27 + tax = \$ 12.00	\$ 10.20
Seniors (62 or older)	\$ 6.57 + tax = \$ 7.00	\$ 5.94
College (with ID)	\$ 6.57 + tax = \$ 7.00	\$ 5.94
HS Students (9-12)	\$ 6.57 + tax = \$ 8.00	\$ 6.79
Student (K – 8)	\$ 4.70 + tax = \$ 5.00	\$ 4.25
Preschool (2-5yrs)	\$ 2.82 + tax = \$ 3.00	\$ 2.56

\*\*Active Members can purchase a day pass for guests under their account for 15% off regular prices\*\*

Monthly:	
Family	\$ 89.20 + tax = \$ 95.00
Single Par. House	\$ 79.81 + tax = \$ 85.00
Single + 1	\$ 79.81 + tax = \$ 85.00
Single	\$ 65.73 + tax = \$ 70.00
Sr. Single + 1	\$ 70.42 + tax = \$ 75.00
Sr. Single	\$ 61.03 + tax = \$ 65.00
College / Military	\$ 61.03 + tax = \$ 65.00
HS Youth	\$ 62.15 + tax = \$ 66.00

Corporate Annual Membership Prices

Processed through corporate enrollment!  
Annual Contract divided by 12 monthly payments

Membership	Annual Payment	Monthly Payment
Family	\$705.50	\$58.80



Single Parent Household	\$620.00	\$51.66
Single + 1	\$595.00	\$49.60
Single	\$488.75	\$40.74
HS Youth	\$40.000	\$33.34

*\*tax included*

Annual corporate rates are a cost-effective tool for countering escalating health care costs while improving the productivity and morale of employees. Anyone can sign up for a corporate membership if they bank or work for the following companies:

American Bank and Trust	
Beadle County Auditors	HRMC
City of Huron	F & M Bank
Dakotaland Federal Credit Union	Dakota Provisions
Ellwein Brothers, Inc.	Huron School District #2-2
Federal Employees Counsel	
Huron Area Center for Independence	
Horizontal Machining & Manufacturing Inc. (HMMI)	
Huron Area Education Federal Credit Union	

**Annual Memberships**- *\*contract signed through the NCR*  
**NCR EFT Annual Contract divided by 12 months**

<b>Membership</b>	<b>Annual Payment</b>	<b>Monthly Payment</b>
Family	\$830.00	\$70.02
Single Parent Household	\$730.00	\$61.68
Single + 1	\$710.00	\$60.02
Single	\$575.00	\$48.78
Senior + 1	\$675.00	\$57.11
Sr. Single	\$525.00	\$44.60
College / Military	\$525.00	\$44.60
HS Youth	\$400.00	\$34.19

Senior = 62+ years old      Senior + 1 = 2 adults 62 older same household  
Family = 2 adults + kids in same household  
Adult + 1's = adult + 1 individual in same household  
Single Parent Household = 1 adult (non-married) & kids same household

The Nordby Center for Recreation offers a free machine demonstration conducted by a certified personal trainer to all those who sign up for an annual membership.



<b>Dr. John S. Carr</b>	<b>Dr. Joshua S. Carr</b>
<b>Dr. Wayne H. Carr</b>	<b>Dr. Taylor J. Carr</b>
<b>Dr. Joseph N. Carr</b>	<b>Dr. William J. Carr</b>

**Huron**  
**(605) 352-5264**

**Miller and Faulkton**  
**(605) 853-2230**



*Intentional Living*  
**FUNCTIONAL  
MEDICINE**  
**SPECIALTY LABORATORY**

**Dr. Wayne H. Carr**  
Certified Functional Medicine Practitioner

**Ashley Curnow, RDN**  
Registered Dietitian Nutritionist

**Jayda Shillingstad, CPT**  
Certified Phlebotomy Technician





## Financial Assistance Opportunities

Any person in need of financial assistance can make a request by filling out an application and completing the necessary paperwork. Please contact the Nordby Center for more information.

The Nordby Center for Recreation financial assistance program provides membership and program assistance to ensure that everyone, regardless of age, income or background, has the opportunity to be healthy and participate in recreational activities.

## NORDBY CENTER FOR RECREATION POLICIES

### FACILITY RULES

1. All members must scan their membership card at the front desk upon entrance to the facility. **Replacement cards cost \$2.00.**
2. A **second pair of shoes is required**\* before using the cardio and strength equipment, the weight room, racquetball courts, and/or basketball courts. We need your help to keep the facility and equipment clean.  
**\*You will be asked to leave the facility if you do not comply.**
3. No smoking or chewing tobacco allowed on property. We are a tobacco free facility.
4. All members must wear appropriate gym attire:
  - a. No sandals or dress shoes
  - b. Full coverage shorts or pants
  - c. Shirts and shoes worn at all times
  - d. Bare midriffs are not permitted
  - e. No jeans; rivets are hard on equipment upholstery
5. No objectionable graphics/profanity on clothing.
6. All youth aged 7-13 years may utilize the gym and racquetball courts located on the first floor if a parent / guarding is on site.
7. Youth under 7 years are required to be under direct supervision of a parent always while in the facility.
8. Children under 14 may not attend adult classes.
9. **Youth ages 12-13 must be accompanied by a parent while using the strength training and cardio equipment. The parent must be actively supervising the activity.**
10. Children are permitted in organized youth programs without adults/parents.
11. Locker Rooms- children 5 years and older are expected to use the appropriate locker room.
12. Members may rent lockers for a nominal annual fee. Members supply their own lock.

13. Strollers are permitted on the indoor track and in gym.
14. We are not responsible for lost or stolen items.
15. Each area will have additional safety guidelines posted.
16. Persons refusing to obey rules and/or Nordby Center Staff are subject to removal from the facility.
17. Use of cell phones, cameras or any other form of electronics in the locker rooms is prohibited.

## WEIGHT ROOM AND CARDIO AREA RULES

1. **Youth ages 12-13 must be accompanied by a parent while using the strength training and cardio equipment. The parent must be actively supervising.**
2. All weights must be cleaned & properly put away after each person is done using them.
3. Each person must spray and wipe down the area used once they are finished
4. Do not put coats, bags, etc. on the weight room floor. Put them in the appropriate area.
5. No grunting or loud noises that may bother other members.
6. Music must be played at the appropriate volume.
7. Do not bang or drop the weights.
8. Always use a thud mat when using dumbbells or barbells.
9. Please do not use weight room chalk.
10. Shirt and shoes must be worn at all times.
11. During peak periods, the time limit on all cardiovascular equipment is 20 minutes.
12. No babies allowed in the weight room or cardio area. Babies in car seats or strapped to the mother while working out on equipment is prohibited. Babies are allowed in the track area only if they are in a stroller or strapped to their mother.

## POOL RULES

1. A lifeguard must be on duty if a parent is not directly in the pool area supervising children.
2. Proper swim attire must be worn at all times when in the pool. An actual swimsuit must be worn. No t-shirts or shorts are allowed in the pool.
3. For your safety, maximum capacity of the pool is 230.
4. No Band-Aids or gum allowed in the pool area.
5. **No open swim during senior swim, water aerobics classes or swim lessons**
6. Lap swim is available during water aerobics classes and swim lessons
7. **No one under the age of 18 will be allowed to swim without the direct supervision of a parent/guardian (must be at least 18 years old)**
8. Each swimmer must take a shower before entering the pool
9. No outside pool toys, balls, rafts or water guns
10. There will be NO:



- Hanging on the lap lanes
- Jumping from the starting blocks
- Diving
- Touching the backstroke flags

MEMBERS FOUND IN NON-COMPLIANCE WILL BE ASKED TO LEAVE.

GROUP EXERCISE CLASSES

\*\* All schedules are subject to change!



CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
POWER CUT I	8:30 AM		8:30 AM		8:30 AM
POWER CUT II		6:00 AM		6:00 AM	
POWER PACE I	5:45 AM		5:45 AM		5:45 AM
SILVER SNEAKERS CLASSIC	9:20 AM		9:20 AM		9:20 AM
PILATES	5:15 AM		5:15 AM		
ZUMBA	6:15 PM		6:15 PM		

Facility Hours  
Monday - Thursday 5:00 am - 9:00 pm  
Friday 5:00 am - 8:00 pm  
Saturday & Sunday 8:00 am - 3:00 pm



**INDIVIDUAL PROGRAMMING**

**Personal Training**

Session Packages	Minutes	1 Annual Member	1 Non-Member	2 Annual Members	2 Non-Members
Single Hour	60 min.	\$35	\$45	\$30 / each	\$40 / each
Five Hour Package	300 min.	\$125	\$175	\$90 / each	\$150 / each
Ten Hour Package	600 min.	\$230	\$300	\$150 / each	\$250 / each

*\*Prices include tax*

Let a certified personal trainer teach you how to get the most out of your workouts! Work one-on-one, or bring a friend or spouse, and we'll help you reach your fitness goals. You'll learn various exercises that build strength, endurance, reduce body fat, and improve overall cardiovascular fitness. Personal training sessions are made by appointment only. If two of you are sharing a session you must work out at the same time, and each individual must purchase a package

**Martial Arts**

Martial Art Beginner & Advanced Adult classes are currently in session.

Youth Korean Karate classes will start again in September, following the State Fair. Refer to our Facebook page for more details. You can register at the Nordby Center.

Member price \$115.00, non-member price \$145.00. *\*Prices include tax*

Twelve weeks of anywhere from introductory to advanced martial arts classes covering basic and advanced blocking, striking, kicking and falling techniques used in the Korean martial arts. Learn why the Korean martial arts are so considered one of the premier kicking styles in the world! Classes will be taught by Abby Vaillancourt and/or assistant instructors.

*Additional one-time charge of \$25.00 for a uniform.*



**SPORT AND YOUTH EXERCISE**

*\*All grades are for the 2024-2025 school year*



**Boys & Girls**  
**5<sup>th</sup>- 8<sup>th</sup> grade students**  
  
**Tuesdays & Thursdays**  
**11:30 am**  
**June 3<sup>rd</sup> - July 29<sup>th</sup>**  
  
**Norby Rec. Center: Huron**

**Build Athletic Foundation**  
**Speed & Agility Training**  
  
**Strength & Power Training**  
  
**Plyometric & Reactive**  
**Change of Direction Drills**  
  
**Fun & Competitive**  
**Environment!**

***“If you’re going to be an athlete you need to train like an athlete.”***

Join our 8 week program led by certified & experienced staff to take your game to the next level!

**Bigger, Faster, Stronger..Better**



## Youth Sports Summer Development & Performance Enhancement



Progressive program designed to increase overall athleticism and build resilience in **eager young athletes!**

**Today's athletes are doing more than ever, which means their bodies need to be able to recover faster & perform better.**

During our course we will focus on core stability, joint mobility, & power mechanics.

Learn to train smarter with Performance Enhancement Specialist from **SwiftFit Sports Performance** & gain knowledge from former college & professional athlete.



Athlete Name:	Age:	Grade:
School:	email:	cell:
Mailing Address:	City:	Zip Code:



## Youth Sports Summer Development & Performance Enhancement

Cost: **Members:** \$175 (tax included)

**NON-members:** \$200 (tax included)

Parent/Guardian Name \_\_\_\_\_ Cell: \_\_\_\_\_

Email \_\_\_\_\_

I, \_\_\_\_\_, parent/guardian of \_\_\_\_\_ am granting my child to participate in the Summer Development & Sports Performance Program with the understanding that the Norby Center for Recreation, SwiftFit LLC, & all of the employees involved are not responsible should injuries occur to my child before, during, or after this program. I understand there exist inherent and unforeseen risks involved. If injuries should occur, I give permission to program staff to treat injuries if needed.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## DAKOTA WATER SOFTENING

Pure Water. Pure Peace of Mind.

Discover the power of Reverse Osmosis Drinking Water Units — engineered to deliver 99.9% pure water right from your tap.

- Removes contaminants, chemicals, and impurities
- Crisp, clean taste every time
- Safe for your family, perfect for your health

**As low as \$20 a month — you can have purified water at your fingertips!**

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● Little Hoopers Youth Basketball Camp (PreK–4th Grade) ●

Join us for a fun-filled 2 days of basketball basics, teamwork, and active play at the **Little Hoopers Youth Basketball Camp**! Designed especially for boys and girls in Pre-K through 4th grade, this camp focuses on developing fundamental skills in a supportive and energetic environment. Whether your child picks up a basketball for the first time or continues developing their game, **Little Hoopers** is the perfect place to grow, play, and make new friends.

**Camp Highlights:**

- Age-appropriate skill development
  - Dribbling, passing, shooting, and footwork
- Fun games and drills to build confidence and coordination
- Emphasis on teamwork, sportsmanship, and having fun
- Caring coaches experienced in working with young children

**What to Bring:**

- Athletic shoes, Water bottle, & Positive attitudes!

SESSION 1:  
JUNE 9<sup>TH</sup> & 10<sup>TH</sup>  
SESSION 2:  
JULY 7<sup>TH</sup> & 8<sup>TH</sup>

● Little Hoopers Youth Basketball Camp Registration Form  
For Pre-K through 4th Grade Boys & Girls

**Camper Information:**

- Full Name: \_\_\_\_\_
- Grade (as of Fall 2025): \_\_\_\_\_

**Parent/Guardian Information:**

- Name: \_\_\_\_\_
- Phone Number: \_\_\_\_\_
- Address: \_\_\_\_\_

**Camp Information:**

- Camp Dates: June (session 1) or July (session 2) – **CIRCLE ONE**
  - Pre K through 1<sup>st</sup> Grade: 10:30 – 11:30 AM
  - 2<sup>nd</sup> Grade through 4<sup>th</sup> Grade: 11:45 – 12:45 AM
- Cost: \$30.00 per session NCR member / \$35.00 per session non-NCR member

**Permission & Waiver:**

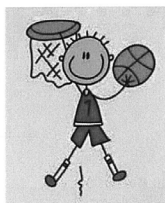
☐ I, the undersigned parent/guardian, give permission for my child to participate in the Little Hoopers Youth Basketball Camp. I understand that the camp staff and facility are not liable for injuries that may occur during camp activities.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

FOR ADDITIONAL INFORMATION CONTACT CHECK OUR WEBSITE: <http://www.nordbycenter.org/>



Financial Assistance is available upon request and completion of paperwork and authorization from the director of the Nordby Center for Recreation. Financial assistance forms need to be submitted two weeks prior to the start of this program.



# NORDBY CENTER'S

## Developing Hooper Basketball Camp

### Open to Boys & Girls - Grades 5-8

Ready to take your game to the next level? Join us for 2 days of high-energy training, skill development, and fun! Our Developing Hooper Basketball Camp is designed for players of all experience levels who want to improve their fundamentals, build confidence, and compete with their peers in a supportive environment.

### Camp Features

- Fundamental skill training (shooting, ball handling, defense, footwork)
  - Daily drills, games, and scrimmages
  - Team building & leadership exercises
- Coaching from experienced staff & players

### Dates:

Session 1 - June 17th & 18th

Session 2 - July 14th & 15th

📄 Developing Hooper Basketball Camp Registration Form  
Grades 5–8

**Camper Information:**

- Full Name: \_\_\_\_\_
- Grade (as of Fall 2025): \_\_\_\_\_

**Parent/Guardian Information:**

- Name: \_\_\_\_\_
- Phone Number: \_\_\_\_\_
- Address: \_\_\_\_\_

**Camp Information:**

- Camp Dates: June (session 1) or July (session 2) – **CIRCLE ONE**
  - 5th through 8th Grade: 10:30 AM – 11:30 AM
- Cost: \$30.00 per session NCR member / \$35.00 per session non-NCR member

**Permission & Waiver:**

☐ I, the undersigned parent/guardian, give permission for my child to participate in the Developing Hoopers Basketball Camp. I understand that the camp staff and facility are not liable for injuries that may occur during camp activities.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

FOR ADDITIONAL INFORMATION CONTACT CHECK OUR WEBSITE: <http://www.nordbycenter.org/>



Financial Assistance is available upon request and completion of paperwork and authorization from the director of the Nordby Center for Recreation. Financial assistance forms need to be submitted two weeks prior to the start of this program.







NORDBY CENTER FOR  
RECREATION



Private Tennis Lessons

SESSION DATE	DURATION	1 MEMBER	1 NON-MEMBER	2 MEMBERS	2 NON-MEMBERS
Single Session	60 Min	\$30.00	\$40.00	\$20.00/ Person	\$30.00/ Person
	60 Min	\$120.00	\$160.00	\$80.00/ Person	\$112.00/ Person
5 Sessions	60 Min	\$210.00	\$280.00	\$125.00/ Person	\$195.00/ Person
10 Sessions	60 Min	\$210.00	\$280.00	\$125.00/ Person	\$195.00/ Person

\*To get the two-person price, each individual must purchase a package and must workout at the same time  
\* Prices include tax

Private Tennis Lessons

Participant's Name \_\_\_\_\_ Address \_\_\_\_\_

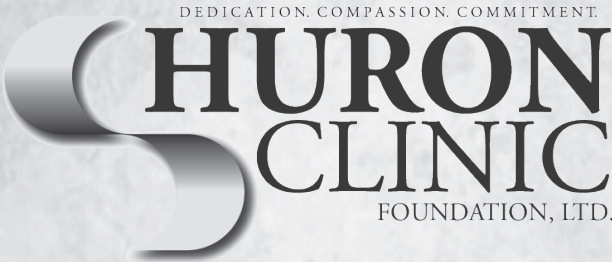
Phone \_\_\_\_\_ Emergency number other than home phone \_\_\_\_\_

Annual Member or Non-member No. of Sessions \_\_\_\_\_ Amount Due \$ \_\_\_\_\_  
(Circle One)

The NCR staff, and the employees hired by the Nordby Center are not responsible should injuries occur. I acknowledge that I have read this and understand that by participating in this program, there are risks involved that are either foreseeable or not foreseeable on the court and in the facilities. I will not hold any party involved with this program responsible or liable for the consequences of accident, harm, or injury caused by risks inherent to, from, and during this activity. I also understand that all Private Tennis lessons expire one year from the date of purchase.

Participant's signature \_\_\_\_\_ Date \_\_\_\_\_

FOR ADDITIONAL INFORMATION CONTACT THE NORDBY CENTER 352-2627



*Your Family Center For Healthcare*  
**Family Medicine**  
*for Adults, Adolescents, and Pediatrics*



Kristi Glanzer, CNP



Amy Albrecht, DNP



Michelle Brandenburg, CNP



Kimberly Sebert, CNP

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Our commitment is to provide  
excellent care with the  
convenience of diagnostic testing  
on-site for our patients.

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- Chronic Care Management
- Acute Care
- Immunizations & Vaccinations
- DOT/Employment Physicals
- Work Comp
- Telemedicine
- Imaging & Ultrasound
- Laboratory
- Certified Drug Collection  
& Breath Alcohol Testing
- Contraceptive Care

**OPEN MONDAY THROUGH FRIDAY**  
**FROM 7:00 AM TO 5:00 PM**  
*(lunch hour appointments available)*

**Accepting New Patients**

111 4th St SE | Huron, SD 57350 | (605) 352-8691

**www.huronclinic.com**



Parent/Guardian Consent:   \*\*Must be signed if under 18 years of age\*\*

Parent Name:\_\_\_\_\_ Phone:\_\_\_\_\_

I, \_\_\_\_\_, Parent/legal guardian of, \_\_\_\_\_, am granting my permission for her/him to participate in the ARC Learn to Swim course with the understanding that the **Nordby Center for Recreation** or any of its employees, is not responsible should injuries occur to my child before, during, or after this program.

Parent Signature:\_\_\_\_\_ Date:\_\_\_\_\_

Class	Time
Preschool: 1, 2 & 3	Morning session: 9:15—9:45 AM Evening session: 6:15—6:45 PM
Youth 1 & 2	Morning session: 10:00—10:30AM Evening session: 7:00—7:30 PM
Youth 3 & 4	Morning Session: 10:45—11:15AM Evening Session: 7:45—8:15 PM
Youth 5 & 6	11:30—Noon

Times Listed below:

Days: Tuesday and Thursday

\*Dates & Times are subject to change

**Class size:**  
Class sizes are limited!  
(6 students per Preschool & Youth Classes)

**Cancellation Policy:**  
A 25% processing fee will be charged on all cancellations made within one week of starting date. Once a session begins, no refunds will be given for that session.

**Cost including tax:**  
\$50.00 for Nordby Center members  
\$75.00 for non-members  
Payment made by cash, credit, or check  
\*Checks made payable to the Nordby Center

**Dates Offered:**  
**Summer Sessions:**  
June 3rd—June 26th  
-Registration Begins May 12th, 2025  
July 8th—July 31st  
-Registration begins June 9th, 2025

### SWIMMING LESSON QUICK FACTS

We look forward to sharing this exciting experience with you and your child.  
-Nordby Center for Recreation Staff

- \*Level 1 (Ages 5+)**  
Beginner skills: breath control, treading and floating, kicks. Focus on safety and confidence.
- \*Level 2 (Ages 6+ and pass Level 1 skills)**  
Beginning of stroke basics. Floating and other basic skills are done somewhat independently.
- \*Level 3 (Ages 6+ and pass Level 2 skills)**  
Formation of actual strokes, additional guided practice. All skills are done independently. Beginning of endurance swimming.
- \*Level 4 (Ages 6+ and pass Level 3 skills)**  
Stroke improvement. Focus on form & performance, significant work on endurance.
- \*Level 5 (Ages 6+ and pass Level 4 skills)\*\***  
Refinement of stroke, endurance, flip turns
- \*Level 6 (Ages 6+ and pass Level 5 skills)\*\***  
Fitness Swimmer. Focus on stroke performance for ease, efficiency, and power towards endurance.



**More than just splashin' around**  
Did you know that more than 2 million people learn to swim each year through American Red Cross programs? Swimming lessons, while great fun, serve to prepare your child to enjoy the aquatic environment safely and prevent serious accidents and injuries.

#### Youth Swim Levels and Descriptions

**\*Parent & Toddler (ages 18 mos-3 yrs)**  
Improve confidence, safety, and introduce new skills while bonding with parent

**\*Preschool 1, 2 & 3 (ages 3-5)**  
Introduction to beginner skills such as breath holding, flutter kick, and front float. Level 2 introduces bobs, back float, and bubbles.

**\*Level 1 (Ages 5+)**  
Beginner skills: breath control, treading and floating, kicks. Focus on safety and confidence.

**\*Level 2 (Ages 6+ and pass Level 1 skills)**  
Beginning of stroke basics. Floating and other basic skills are done somewhat independently.

**\*Level 3 (Ages 6+ and pass Level 2 skills)**  
Formation of actual strokes, additional guided practice. All skills are done independently.

**\*Level 4 (Ages 6+ and pass Level 3 skills)**  
Stroke improvement. Focus on form & performance, significant work on endurance.

**\*Level 5 (Ages 6+ and pass Level 4 skills)\*\***  
Refinement of stroke, endurance, flip turns

**\*Level 6 (Ages 6+ and pass Level 5 skills)\*\***  
Fitness Swimmer. Focus on stroke performance for ease, efficiency, and power towards endurance.

**What should he/she bring to class?**  
Your child should bring a swimsuit, towel, and change of clothes to every class. If enrolled in Level 3 and above, they should also bring their goggles.

#### As the parent, must I stay for lessons?

Parents are always encouraged and welcome to stay for lessons. Especially with younger children, parents may learn games and techniques that they can use during their own swim time with their child. Parents are NOT required, however, to be present for swim lessons. Here at the Nordby Center, we encourage parents to use this spare time to improve their own personal fitness by enjoying our facility. If a parent is a non-member, no need to worry; day passes are available at the front desk.

#### A letter from the Instructors!

Thank you for enrolling your child in swimming lessons! We have loads of fun with the children, but their personal safety is our first priority. We strive to teach each child to love the water in a way that improves their fitness and safety.

The Nordby Center Swimming Program boasts the lowest teacher-to-student ratio offered locally. We are equally proud of our exceptionally high pass rate for students successfully completing swimming lessons. All swimming instructors hold both their Water Safety Instruction and Lifeguarding certificate.

We look forward to sharing this exciting experience with you and your child.

-Nordby Center for Recreation Staff

Complete, detach, and submit this form along with payment to the Nordby Center for Recreation, 352-2627

Youth Swim Lessons Registration:   Course Fee: \$50.00 Annual Member  
\$75.00 Non-member

Participant Name:\_\_\_\_\_ Age:\_\_\_\_\_

Address:\_\_\_\_\_

Phone: \_\_\_\_\_ Class Time:\_\_\_\_\_ Level:\_\_\_\_\_

Emergency Contact:\_\_\_\_\_ Emergency Phone:\_\_\_\_\_



## Youth Swimming Lessons



**Nordby Center**  
American Red Cross  
Youth Swimming Lessons

Summer sessions:  
Session 1: June 3rd—June 26th, 2025  
(Registration begins May 12th)  
Session 2: July 8th—July 31st, 2025  
(Registration begins June 9th)



POOL SCHEDULE  
(subject to change)

SUMMER SCHEDULE (May 26<sup>th</sup> – September 8<sup>th</sup>)

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
5:30-8:00 AM	Open	Open	Open	Open	Open	Closed	Closed
8:00-9:00 AM	H2O Fitness	H2O Fitness	H2O Fitness	H2O Fitness	H2O Fitness	Open	Open
9:00-10:00 PM	Open	Swim Lessons	Open	Swim Lessons	Open	Open	Open
10:00-11:00 AM	Open	Swim Lessons	Open	Swim Lessons	Open	Open	Open
11:00-Noon	Open	Swim Lessons	Open	Swim Lessons	Open	Open	Open
12:00-1:00 PM	Senior Swim	Senior Swim	Senior Swim	Senior Swim	Senior Swim	Open	Open
1:00-6:00 PM	Open	Open	Open	Open	Open	Closed @ 2:30 PM	Closed @ 2:30 PM
5:30-6:30 PM	Open	Open	Open	Open	Open	Closed	Closed
6:00-8:30 PM	Open	Swim Lessons	Open	Swim Lessons	Closed at 7:30 PM	Closed	Closed

Pool Closes at 8:30 PM Monday - Thursday

- \*No Open swim during swimming lessons, water aerobics and senior swim.
- \*All schedules are subject to change by the Nordby Center for Recreation staff.
- \*No Open swim during swimming lessons, water aerobics and senior swim.
- \*All schedules are subject to change by the Nordby Center for Recreation staff.



Birthday Party Rental

You're Invited To Celebrate your Birthday at the Nordby Center for Recreation

When: Friday: 5:30 PM - 7:30 PM  
Saturday: 11:00 AM - 1:00 PM  
12:30 PM - 2:30 PM  
\*Time during summer.

Where: Nordby Center with (Non-Exclusive) use of pool  
Who: You and 12 of your friends!  
What: Two hours of fun and easy for parents  
Cost: Annual Members \$100.00  
Non-Members \$125.00  
Additional guest \$3.00  
\*Price includes tax

\*Your Birthday party will be the one, you and your friends will remember! We will provide a private party room, lifeguard for the pool, table and chairs for your special event.  
You may bring in food, drinks and other games.

\*Facility rentals are available during and after business hours. The Nordby Center can help create an opportunity for you to spend quality time with family, friends and co-workers.

\* All parties must be paid in full at the time of booking. Please book at least two weeks in advance. Contact the Nordby Center for more information on Private Rentals at 352-2627.

Individuals and families have many ways to take advantage of ALL our facility offers. Annual, monthly memberships, and daily passes all provide you access to EVERYTHING available at the Nordby Center for Recreation. See you there!

Annual Corporate Rates

Our corporate rate is a cost-effective tool for countering escalating health care costs while improving the productivity and morale of employees. Health care costs are estimated to increase in the next five years. A Nordby Center Membership is an investment to the solution.



To be eligible for the corporate plan, a company must employ a minimum of ten employees and monetarily guarantee membership of 10% of their workforce or a minimum of ten employees, whichever figure is higher.

Corporate accounts will be billed to the company at the beginning for each membership year.

Thank you to our Corporate Members.

American Bank and Trust	HRMC
Beadle County Auditors	Olympic Motors
Dakotaland Federal Credit Union	HMMI
Federal Employees Counsel	F & M Bank
Huron Area Center for Independence	City of Huron
Huron School District #2 – 2	Dakota Provisions
Huron Area Education FCU	Ellwein Brothers, Inc.



## OUR SPECIAL THANKS TO:

### The Nordby Center Members & Huron Community!

The Nordby Center for Recreation founders and governing board of directors for their vision and support.

Board members include Jason Rubish, Kristy Smith, Will Carr, Landon Neugebauer, Doug Pietz, Dave Moser & John Pfitzer.

### United Way

We want to thank the United Way for providing the Nordby Center for Recreation with additional funding that enhances our ability to provide exercise and wellness to youth. This funding allows us to stretch our dollar for our members a little bit further and enables us to reach even more youth within the community.



### Lincoln D. Wacker Foundation

Lincoln, son of Tyrone and Vereen Wacker, lived in Huron from 1979-1983 and attended Huron University from 1998-1999. He student-taught at Jefferson Elementary school. Tyrone was the football and baseball coach during his years at Huron College. Lincoln was killed by a drunk driver in the fall of 1999 while returning from coaching a football game.

### Wheeler Family Fund

The Wheeler Family Fund is a part of the Huron Community Foundation. It was started in 2013 by Rick Wheeler, Ron Wheeler, Brian Wheeler, Kirke Wheeler and June Wheeler in memory of their parents Kirke and Maurine Wheeler, brother and husband Dr. Jeff Wheeler, and their grandparents John and Lelia Wheeler. Each year, the interest off the fund investment can be distributed to different, non-profit, and charitable organizations as selected by the members of the Wheeler Family Fund.

### Wheeler Logo

### Dr. Paul Hohm Foundation

Dr. Paul felt so passionate about having a facility such as the Nordby Center for Recreation and Hohm Courts in the community, that he left an endowment with the SDCF earmarking the Hohm Courts to be the beneficiary of an annual distribution for the maintenance and betterment of the facility.

### Hohm Logo

### Nordby Center for Recreation Advertising Partners

We want to thank our past advertising partners for their loyalty and commitment to the Nordby Center for Recreation. Their continued support has allowed the Nordby Center for Recreation to continue its storied success as well as cement our relationship within our great community. Please stop in and ask how you can be a partner in our community center!



## WEBSITE

Visit us on our website to view information, pictures, and more.....

[www.nordbycenter.org](http://www.nordbycenter.org)

Check us out on Facebook,

Also follow us on Twitter:  
@NordbyCenter



### MAILING ADDRESS

Nordby Center for Recreation  
PO Box 1316  
Huron, SD 57350



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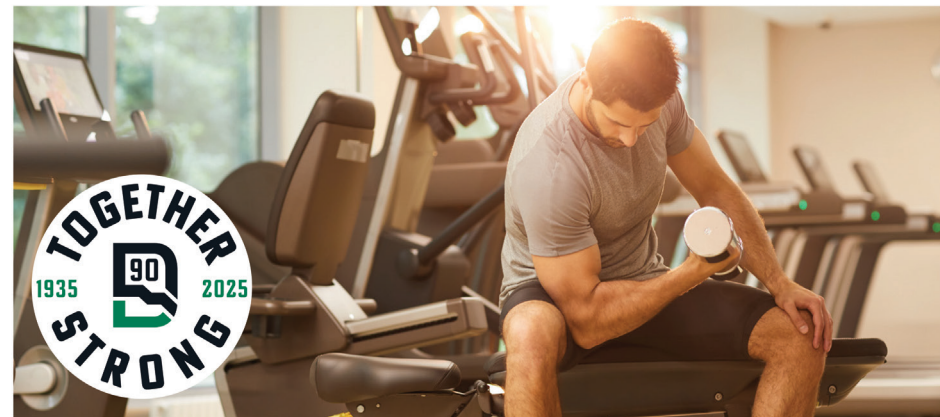


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