PHYSICAL VIOLENCE SEXUAL USING USING INTIMIDATION THREATS

Making and/or executing threats to hurt someone Threatening to leave, commit suicide, or report them Threatening to out a partner

Making someone afraid by using looks, actions, & gestures Destroying someone's property Displaying weapons

Smashing things

Abusing pets

JSING MOTIONAL **ABUSE**

Name calling Playing mind games Humiliating someone Putting someone down Making someone feel guilty Making someone think they are crazy

USING ISOLATION

Using jealousy to justify actions

Limiting involvement with the

outside world Controlling was someone does,

who they talk to, what they

read, where they go, etc.

USING ECONOMIC ABUSE

Preventing someone from working Taking someone's money Controlling all the money Giving someone an allowance

> AND CONTROL

POWER

USING PRIVILEGE

Making all the big decisions Treating someone like a servant Defining the roles of each person in the relationship

DENYING, USING CHILDREN MINIMIZING, Making someone & BLAMING

feel quilty about the children Using children to relay messages Threatening to take the children away

Saying the abuse did not happen Shifting responsibility for abusive behavior Not taking someone's concerns seriously Making light of the

PAYSICAL VIOLENCE SEXUAL