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SMITH-COTTON

GO TIGERS!



Smith-Cotton quarterback Lane Simmons fires a pass in last year's season open against Moberly on Aug. 26, 2022.

FOOTBALL

Head coach: Josh Gray

2022 Record: 3-8

Highlights: The Tigers opened the Coach Gray era with a dramatic 22-21 victory over Moberly at home.

Outlook: The focal point of last year's offense, Mylan Hawkins, is back after his role drastically expanded as a junior. He'll look to eclipse 1,000 yards after rushing for 986 with 13 TDs in 2022. Two seniors, Brady Anderson and Jerian Maupins, come back as defensive anchors.

2023 SCHEDULE

Aug. 25 at Moberly
 Sept. 1 at Rock Bridge
 Sept. 8 Warrensburg
 Sept. 15 Jefferson City
 Sept. 22 at Hickman
 Sept. 29 Battle
 Oct. 5 at Capital City High
 Oct. 13 Helias Catholic
 Oct. 20 Hogan Prep Academy Charter

2022 RESULTS

W, 22-21 Moberly
 L, 49-0 Rock Bridge
 L, 24-13 Warrensburg
 L, 42-27 Jefferson City
 L, 38-26 Hickman
 L, 50-15 Battle
 L, 42-29 Capital City
 L, 41-21 Helias Catholic
 W, 47-8 Hogan Prep Academy Charter
 L, 47-21 Belton



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SMITH-COTTON

BOYS SOCCER

Head coach: Ethan Weller
2022 record: 7-17-2
Highlights: The Tigers went 3-1 in matches that went to extra time, including a 2-1 victory in penalties at rival Warrensburg on Sept. 6.
Outlook: Goalscoring has to go up for Smith-Cotton after an uncharacteristic season of averaging less than one per match. Staying healthy will also go a long way for a team that graduated eight seniors in the climb back to .500.

2023 SCHEDULE

- Aug. 25-26 S-C Soccer Shootout
- Aug. 29 at Helias Catholic
- Aug. 31 Republic
- Sept. 5 Warrensburg
- Sept. 7 Marshall
- Sept. 9 at Fulton
- Sept. 11 at Camdenton
- Sept. 13 at Hickman
- Sept. 15-16 at Moberly Invitational
- Sept. 20 St. Michael The Archangel
- Sept. 26 at Jefferson City
- Sept. 28-30 at Kickapoo Tournament
- Oct. 5 at William Chrisman
- Oct. 9 at Center
- Oct. 11 Rock Bridge
- Oct. 16 Battle
- Oct. 17 Capital City
- Oct. 19 at Oak Grove
- Oct. 24 Boonville
- Oct. 26 at Ozark



Smith-Cotton junior Jacob Muin works on the ball in a game against Hickman at Susie Ditzfeld Memorial Field on Sept. 14, 2022.



Lady Tigers Alle Case (left) and Alyssa Gear attempt to block at the net in a victory over Marshall in Sedalia on Sept. 19, 2022.

VOLLEYBALL

Head coach: Emily Ruckman
2022 record: 7-17-3
Highlights: The Lady Tigers picked up two wins at their home Invitational, then tied Osage, only losing to state quarter-finalist Santa Fe.
Outlook: Ruckman, who is succeeding Diane Shipley, has some nice building blocks. They include Ally Case and Lennon Adams, as well as Piper Cantrell, all of which will be around for at least two more years.

2023 SCHEDULE

- Aug. 28 Jefferson City
- Aug. 29 Osage
- Aug. 31 Odessa
- Sept. 5 at California
- Sept. 7 Clinton
- Sept. 9 Higginsville Spikefest
- Sept. 11 at Butler
- Sept. 12 Warrensburg
- Sept. 14 at Rock Bridge
- Sept. 18 at Marshall
- Sept. 19 Helias Catholic
- Sept. 20 at Hallsville
- Sept. 23 Smith-Cotton Invitational
- Sept. 26 Hickman
- Sept. 27 Versailles
- Oct. 2 at Battle
- Oct. 3 at Warsaw
- Oct. 5 at Capital City
- Oct. 9 Eldon
- Oct. 13 Boon
- Oct. 10 Knob Noster
- Oct. 12 at Boonville



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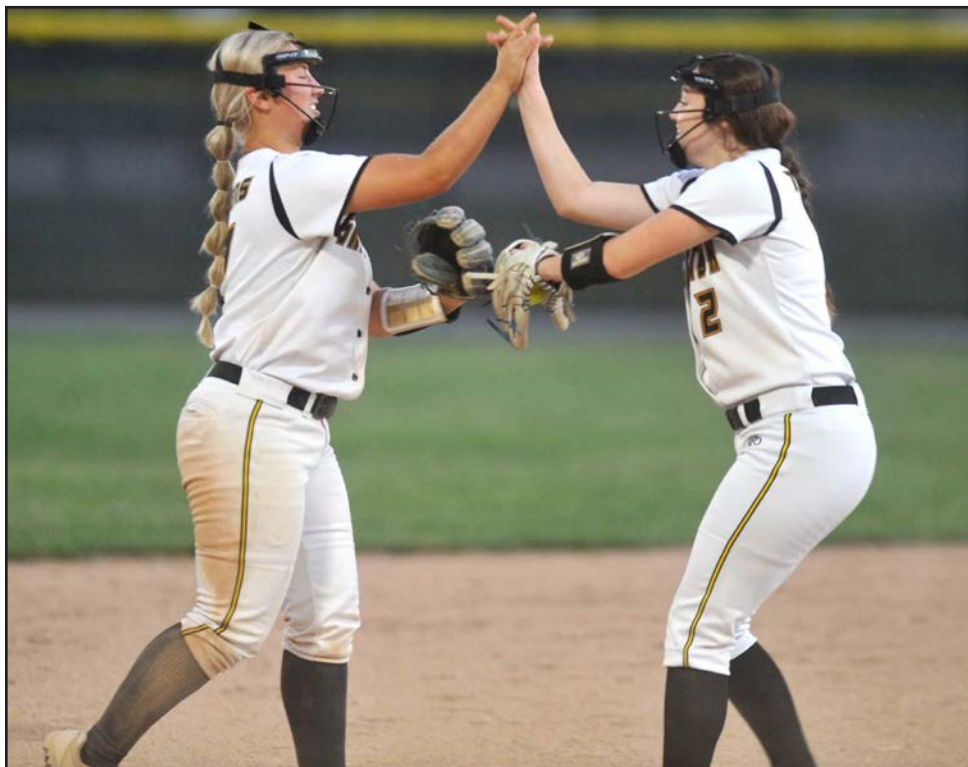
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SMITH-COTTON



Lady Tigers infielder Grace West gets a high-five from fellow teammate Addison Snyder after West made a play in foul territory in an Aug. 27, 2022, game against Nevada in Sedalia.

SOFTBALL

Head coach: Amy Miller

2021 record: 9-21

Highlights: The Lady Tigers had a 5-2 stretch in mid-September that included victories over Boonville, Marshall and Class 2 state quarterfinalist Mid-Buchanan.

Outlook: Addison Snyder posted a 4.03 ERA over 67 2/3 innings, providing hope for S-C considering she'll be just a sophomore this season. Savannah Ditzfeld (.329 BA) and catcher Miley Rathmann are also back for a team that made strides forward in nearly every department last fall.

2023 SCHEDULE

Aug. 25 at California
 Aug. 26 at Lady Pirate Leadoff Classic
 Aug. 28 Warrensburg
 Aug. 29 at Odessa
 Aug. 30 at Knob Noster
 Aug. 31 Clinton
 Sept. 6 at Boonville
 Sept. 7 at Marshall
 Sept. 8-9 at Take The Lake Tournament
 Sept. 11 at Helias Catholic
 Sept. 18 Battle
 Sept. 19 Eldon
 Sept. 21 Capital City
 Sept. 25 Hickman
 Sept. 28 Marshall
 Sept. 30 at Centralia Invitational
 Oct. 2 at Jefferson City
 Oct. 4 at Rock Bridge
 Oct. 5 Camdenton

GIRLS TENNIS

Head coach: Christine Nierman

2022 record: 0-15

Highlights: Natalie and Elinor Beard took fifth place at the Class 2 State Doubles Tournament.

Outlook: The sisters were part of a young Smith-Cotton roster in 2022 that will strive for turning some team results into victories.

2023 SCHEDULE

Aug. 25 at Marshall
 Aug. 28 Capital City
 Aug. 29 Warrensburg
 Aug. 31 at Battle
 Sept. 5 at Jefferson City
 Sept. 7 Osage
 Sept. 11 at Clinton
 Sept. 12 Rock Bridge
 Sept. 13 at Hickman
 Sept. 14 Odessa
 Sept. 15 at Warrensburg JV Doubles Tournament
 Sept. 20 Helias Catholic
 Sept. 22 S-C Invitational
 Sept. 25 Camdenton
 Sept. 27 at Capital City Tournament
 Sept. 28 at Boonville



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SMITH-COTTON

BOYS SWIM

Head coach: Samantha Yewell
2023 SCHEDULE

- Aug. 29 at Blue Springs South
- Sept. 6 Sedalia Duals
- Sept. 8 at Belton Invitational
- Sept. 16 at Truman Invitational
- Sept. 19 at Lee's Summit
- Sept. 27 at Raytown Invitational
- Sept. 29-30 at COMO Invitational
- Oct. 7 at Platte County Invitational
- Oct. 14 Tiger Invitational
- Oct. 17 at Warrensburg
- Oct. 19 at CMAC Championship
- Oct. 26 West Central Classic



Smith-Cotton's Dominic Seltzer swims the 500-yard freestyle in a Sept. 7, 2022, home meet at the Heckart Community Center.



S-C's Aiden Scholl competes in the 200-yard IM for Smith-Cotton at an eight-team meet at the Heckart Community Center on Sept. 7, 2022.

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SMITH-COTTON

CROSS-COUNTRY

Head coach: David Holiway

2023 SCHEDULE

Aug. 26 at Clinton Invitational
 Sept. 2 at Jim Marshall Invitational
 Sept. 7 at Marshall Invitational
 Sept. 16 Smith-Cotton Invitational
 Sept. 23 at Gans Creek Open
 Sept. 29 at Laker Invitational
 Sept. 30 at Camdenton Invitational
 Oct. 7 at Capital City Invitational
 Oct. 14 at CMAC Championship
 Oct. 21 at Fatima Invitational



Smith-Cotton running back Mylan Hawkins drags himself away from a defender before scoring a touchdown in the final minute of the game against Moberly on Aug. 26, 2022.

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SMITH-COTTON



S-C junior Kiara Murphy watches after making contact with a pitch near the conclusion of last year's game against Nevada at Centennial Park.



Lady Tigers sophomore Piper Cantrell prepares to serve in a home match last season.



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WARRENSBURG



FOOTBALL

Head coach: Chris Cavanah
2022 record: 4-6

Highlights: Warrensburg's 2022 season featured the program's fifth consecutive Silver Tiger Trophy victory. The Tigers will look to make it six straight against Smith-Cotton on Sept. 8 in Sedalia.

Outlook: Warrensburg returns several

key contributors from last season including Kobe Westphal, Quinn Conley, Ryan Munsterman, Ty Carman, Rylan Henry. Expect returning experience to benefit the Tigers during the long-haul.

2023 SCHEDULE

Aug 25 Capital City
Sept. 1 at St. Charles
Sept. 8 at Smith-Cotton
Sept. 15 Harrisonville
Sept. 22 at Center
Sept. 29 Odessa
Oct. 6 at Pleasant Hill

Oct. 13 Clinton
Oct. 20 at Oak Grove

2022 RESULTS

L, 24-14 at Capital City
W, 50-0 St. Charles
W, 23-14 Smith-Cotton
L, 28-24 at Harrisonville
L, 55-15 Center
L, 61-36 at Odessa
L, 43-21 Pleasant Hill
W, 65-7 at Clinton
W, 42-28 Oak Grove
L, 35-25 at Lincoln College Prep

GO TIGERS!



Warrensburg junior Quinn Conley returns an interception against Capital City on Aug. 26, 2022, at Adkins Stadium in Jefferson City.

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WARRENSBURG

VOLLEYBALL

Head coach: Abby Schumacher

2022 record: 23-9-1

Highlights: Warrensburg finished with more than 20 wins for the first time since 2017 last season. The Tigers fared well in MRVC West play, only dropping matches against Harrisonville and Pleasant Hill.

Outlook: Warrensburg will have a younger look in terms of varsity experience up front, but returns a list of upperclassmen that includes Elise Lewis, Avry Dunn, Julia Brown and Teagan Anderson.

2023 SCHEDULE

Aug. 28 at St. Michael the Archangel
 Aug. 29 Stover
 Sept. 5 Marshall
 Sept. 6 Belton
 Sept. 9 at Lafayette County Tournament
 Sept. 11 Knob Noster
 Sept. 12 at Smith-Cotton
 Sept. 14 Capital City
 Sept. 16 at William Chrisman Tournament
 Sept. 18 at Grandview
 Sept. 19 at Oak Grove
 Sept. 21 Odessa
 Sept. 25 at Bolivar
 Sept. 30 Warrensburg Tournament
 Oct. 3 at Pleasant Hill
 Oct. 5 Harrisonville
 Oct. 9 at St. Pius X
 Oct. 10 at Clinton
 Oct. 12 Center

SOFTBALL

Head coach: Carey Thomas

2022 record: 14-12

Highlights: Last season began with a learning curve for the Lady Tigers, who lost six of their first seven games. They went on to win 13 of their last 19 games, including the program's first victory over Pleasant Hill since 2019.

Outlook: The Tigers will have a younger look in 2023, but return a handful of athletes including Myla Laws, Alex Goodwin, Abby Eikelboom, Madi Derriett and Erika Bloom.

2023 SCHEDULE

Aug. 26 at Marshall Tournament
 Aug. 28 at Smith-Cotton
 Aug. 30 Jefferson City
 Aug. 31 at Richmond
 Sept. 6 Odessa
 Sept. 7 at Harrisonville
 Sept. 8-9 Warrensburg Tournament
 Sept. 12 at Clinton
 Sept. 14 Pleasant Hill
 Sept. 19 Harrisonville
 Sept. 21 at Oak Grove
 Sept. 22-23 at UCM Tournament
 Sept. 26 at Pleasant Hill
 Sept. 27 at Belton
 Sept. 28 at Odessa
 Oct. 3 Oak Grove
 Oct. 5 Clinton



Warrensburg junior Julia Brown sets the ball against St. Michael the Archangel on Aug. 29, 2022, at Warrensburg High School.

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WARRENSBURG

BOYS SOCCER

Head coach: Matthew Bax

2022 record: 13-9-1

Highlights: Warrensburg finished 2022 with the program's first winning record since 2013. The Tigers averaged 2.4 goals per game while giving up 1.8.

Outlook: The Tigers will look to take another step forward in 2023, returning a core that includes contributors like Shaun McMurphy, Nick Russell, Colby Hennirch, Jalen Tomita, Brett Iiams, Chuy Escobar and Carlos Escobar.

2023 SCHEDULE

Aug. 28-Sept 1 at Barstow Tournament

Sept. 5 at Smith-Cotton

Sept. 9 Summit Christian Academy

Sept. 9 Osage

Sept. 12 at Harrisonville

Sept. 19 at Odessa

Sept. 21-23 at Bolivar Tournament

Sept. 26 Pleasant Hill

Sept. 28 Lone Jack

Oct. 5 Knob Noster

Oct. 7 at Cameron

Oct. 10 Clinton

Oct. 12 Marshall

Oct. 17 at Center

Oct. 25 at Oak Grove

GIRLS GOLF

Head coach: Chris Nimmo

Highlights: Warrensburg returns two state qualifiers from a year ago, made up of Reece Nimmo and Elise Lewis.

Outlook: Reece Nimmo will look to return to All-State status in 2023. On top of Nimmo and Lewis, the Tigers also bring back Lillie Mannering and Addison Long from last year's district tournament. The core will aim to defend last season's MRVC West Tournament title.

2023 SCHEDULE

Aug. 29 Oak Grove, Center Harrisonville (at Adams

Pointe)

Aug. 30 Odessa (at Shirkey)

Sept. 6 Helias Catholic Tournament (at Meadow Lake Acres)

Sept. 7 Pleasant Hill, Oak Grove (at Country Creek)

Sept. 12 Pleasant Hill, Richmond (at Hidden Pines)

Sept. 13 Richmond Tournament (at Shirkey)

Sept. 14 Oak Grove, Odessa (at Hidden Pines)

Sept. 18 Smith-Cotton Classic (at Sedalia Country Club)

Sept. 19 Richmond, Center, Harrisonville, Oak Grove (at Shirkey)

Sept. 21 Smith-Cotton (at Hidden Pines)

Sept. 25 Jefferson City Tournament (at Meadow Lake Acres)

Oct. 2 MRVC Tournament (at Mules National)

Oct. 3 Battle Tournament (at Lake of the Woods)



Warrensburg junior Nick Russell dribbles the ball Oct. 29, 2022, at William Chrisman High School in Independence.



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WARRENSBURG

GIRLS TENNIS

Head coach: Scott Maple

2022 record: 8-11

Highlights: Scott Maple slides in as the Lady Tigers' head coach this season. He previously served as the program's assistant.

Outlook: Warrensburg's Lilly Constant and Claire Thomas will look to repeat as MRVC doubles tournament champions. The Tigers also return Delaney Quick, Maggie Parsons, Kendall Jones and Audrey Lightfoot.

2023 SCHEDULE

Aug. 29 at Smith-Cotton
Aug. 30 at Harrisonville
Aug. 31 Odessa
Sept. 1 at Platte County Tournament
Sept. 5 Clinton
Sept. 7 at Center
Sept. 8 Warrensburg Tournament

Sept. 11 Harrisonville

Sept. 13 at Cameron Tournament

Sept. 18 at Odessa

Sept. 19 at Clinton

Sept. 20 at Marshall

Sept. 21 Center

Sept. 22 at Smith-Cotton

Sept. 26 at Grain Valley

Sept. 27 MRVC Tournament (at Odessa)

CROSS COUNTRY

Head coach: Creighton Collier

Highlights: Warrensburg girls cross country returned to state as a team last season, finishing as a top-16 team in Class 4.

Outlook: The Lady Tigers return Peyton Bruner, Avenelle Kientzy, Ava Houtsma, Lily Applegate and Madison Chenault from last year's qualifying team. On the boys side, Warrensburg brings back qualifiers in Julian Mc-

Neil and Jeremiah Akinbohun.

2023 SCHEDULE

Aug. 26 Warrensburg Time Trial
Sept. 2 Tim Nixon Invitational (at Capitol Federal Park)
Sept. 9 Forest Park XC Festival
Sept. 16 Smith-Cotton Invitational (at Clover Dell Park)
Sept. 23 Gans Creek Classic
Sept. 30 Kansas City XC Classic (at Raymore-Peculiar)
Oct. 12 Warrensburg Invitational
Oct. 18 MRVC West Meet (at Richmond)

BOYS SWIMMING

Head coach: Brandon Campbell

Highlights: Warrensburg announced Brandon Campbell as the program's next head coach in July.

Outlook: Warrensburg will get a chance to host its lone home meet Oct.

7. Otherwise, the Tigers will spend most of their competition schedule in the Kansas City area.

2023 SCHEDULE

Sept. 6 at Smith-Cotton
Sept. 9 at Belton
Sept. 12 at Lee's Summit North
Sept. 15-16 at North Kansas City Invitational
Sept. 19 at Blue Springs South
Sept. 20 at Belton
Sept. 26 at Blue Springs South
Sept. 27 at Raytown
Oct. 5 at Central
Oct. 7 at Platte County Invitational
Oct. 10 at Blue Springs South
Oct. 14 at Smith-Cotton
Oct. 17 Warrensburg Home Meet
Oct. 19 at Central
Oct. 26 at Smith-Cotton
Oct. 30-31 at Central



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VOLLEYBALL

Head coach: Vada Postlethwait

2022 Record: 18-12

Highlights: Chilhowee finished with a winning record for the third time in the last four seasons in 2022. The Indians' performances included a third-place finish in the Gold Valley Vernon County Conference Tournament.

Outlook: The Indians will look to continue their program's recent regular season success. Up to 2021 and 2022, they had not had back-to-back winning seasons since MSHSAA online record keeping began in 2009.

2023 SCHEDULE

Aug. 25 at La Monte
Aug 29 Northwest
Aug. 31 at Miami
Sept. 5 Kingsville
Sept. 7 Lakeland
Sept. 9 Lexington Tournament
Sept. 11 at Windsor
Sept. 12 at Hume
Sept. 14 Miami
Sept. 18 at Crest Ridge
Sept. 19 Ballard
Sept. 22 Bronaugh Triangular
Sept. 25 Northeast Vernon County
Sept. 28 Sherwood
Oct. 3 Sacred heart
Oct. 4 at Lone Jack JV
Oct. 7 Miam Tournament
Oct. 9 Drexel
Oct. 10 at Otterville
Oct. 12 Lincoln
Oct. 14 GVVC Tournament
Oct. 16 at Orrick

CROSS COUNTRY

Head coach: Adam McCauley

Highlights: Chilhowee is heading into its inaugural modern day cross country season, serving as one of four sports available to its students. The Indians have six sports available during the school year, including their football co-op with Crest Ridge and softball co-op with Leeton.

Outlook: With a new program comes opportunities for growth. Many Class 1 schools in Missouri have developed success in cross country. Year one could set the foundation for doing so in Chilhowee.

2023 SCHEDULE

Aug. 26 Clinton Invitational
Sept. 5 Lafayette County Invitational
Sept. 9 Knob Noster Invitational
Sept. 14 Smithton Invitational
Sept. 16 Odessa Invitational
Sept. 20 Lone Jack Invitational
Sept. 30 Calvary Lutheran Invitational

COLE CAMP

FOOTBALL

Head coach: Kevin Shearer

2022 Record: 9-3

Highlights: The Bluebirds put up at least 50 points in two playoff victories, matching their best win total since 2014.

Outlook: Quarterback Ethan Shearer is graduated, but the Bluebirds have back talented All-State running back and defensive back Reid Harrison.

2022 RESULTS

W, 36-7 Wellington-Napoleon

W, 18-14 Windsor

W, 29-21 Tipton

W, 47-0 Lone Jack

W, 42-14 Slater

W, 55-32 Crest Ridge with Chilhowee

L, 38-34 Lincoln

L, 37-0 Adrian

W, 50-6 Midway

W, 55-28 Harrisburg

W, 52-14 Fayette

L, 38-20 Lincoln

2023 SCHEDULE

Aug. 25 at Wellington-Napoleon

Sept. 1 Windsor

Sept. 8 at Tipton

Sept. 15 Lone Jack with Kingsville

Sept. 22 Versailles

Sept. 29 at Crest Ridge with Chilhowee

Oct. 6 at Lincoln

Oct. 13 Adrian

Oct. 20 Midway



Bluebirds quarterback Ethan Shearer attempts a pass with teammate Grady Strathman (20) in the foreground in a game against Lincoln on Oct. 7, 2022.

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COLE CAMP



Cole Camp's Christian Abey attempts to win a challenge in the opposing half during a match against Sacred Heart on Oct. 13, 2022.

VOLLEYBALL

Head coach: Abby Massingill

2022 Record: 18-14-2

Highlights: The Lady Bluebirds only fell to eventually winner Sacred Heart, winning four matches at the Kaysinger Conference Tournament.

Outlook: Cole Camp has to look to its youth after the graduation of three first-team All-Kaysinger players in Ashley Campbell, Dylan Stoppel and Haidyn Massingill.

2023 SCHEDULE

Aug. 28 St. Paul Lutheran
Aug. 29 at Holden
Aug. 31 at Osceola
Sept. 5 Northwest
Sept. 6 at Concordia
Sept. 11 Lone Jack
Sept. 12 at La Monte
Sept. 14 at Knob Noster
Sept. 18 Versailles
Sept. 19 Tipton
Sept. 21 at Smithton
Sept. 23 at Smith-Cotton Invitational
Sept. 26 at Lincoln
Sept. 28 Otterville
Oct. 2 California
Oct. 3 Green Ridge
Oct. 5-7 at Kaysinger Conference Tournament
Oct. 9 at Stover
Oct. 10 at Windsor
Oct. 12 Sacred Heart
Oct. 14 at Grain Valley Spikefest
Oct. 16 Warsaw

SOCCER

Head coach: Ryan Crawford

2022 Record: 7-12

Highlights: The Bluebirds put down Iberia, 4-1, in the Class 1 District 5 Tournament opener.

Outlook: Playing five of the first six at home, Cole Camp, returning eight starters, will aim to cut back on last year's 3.8 goals per game allowed to move over .500 this fall.

2022 SCHEDULE

Aug. 29 Knob Noster
Aug. 31 Calvary Lutheran
Sept. 5 Dixon
Sept. 11 Fatima
Sept. 12 at La Monte
Sept. 18 Iberia
Sept. 21 at Smithton
Sept. 27 at Crocker
Sept. 28 Green Ridge
Oct. 2-6 at Kaysinger Conference Tournament
Oct. 9 at Father Tolton Regional Catholic
Oct. 12 Sacred Heart
Oct. 13-14 at Stover Classic
Oct. 17 at Stover
Oct. 19 at Calvary Lutheran

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CREST RIDGE

COUGARS

FOOTBALL (co-op with Chilhowee)

Head coach: Jeremiah Baruxen
2022 record: 2-8
Highlights: Jeremiah Baruxen becomes the Cougars' third head coach in the last three seasons. Corresponding with Slater's move to 8-Man, Crest Ridge adds Russellville to its schedule.
Outlook: Crest Ridge has won a combined three games in the last two seasons, but has a solid core of returning skill athletes such as Daniel Doak, Wesley Taylor, Gavin Wyatt and Ryan Carey. The core could lead to increased competition in 2023.

2023 SCHEDULE

Aug. 25 Tipton
Sept. 1 at Wellington-Napoleon
Sept. 8 Lincoln
Sept. 15 at Midway
Sept. 22 at Lone Jack
Sept. 29 Cole Camp
Oct. 6 Adrian
Oct. 13 at Windsor
Oct. 20 at Russellville

2022 RESULTS

L, 42-0 at Tipton
L, 34-16 at Wellington-Napoleon
L, 48-6 at Lincoln
L, 26-16 Midway
W, 54-6 Lone Jack
L, 55-32 at Cole Camp
L, 50-8 at Adrian
L, 44-14 Windsor
W, 52-19 Slater
L, 41-0 at Adrian

VOLLEYBALL

Head coach: Christina Wade
2022 record: 18-11-1
Highlights: Crest Ridge will be younger than previous seasons, losing a bulk of seniors from a year ago including Kyla Brandes, Jenna Shanks, Shayla Joseph and Karley Swope.
Outlook: The Cougars played a good chunk of younger classmen last year, meaning it won't be a completely new personnel setup this year. Those student-athletes include Shelby Stoff and Mady Troubough.

2023 SCHEDULE

Aug. 28 Northwest
Aug. 29 Smithton
Aug. 31 at Sacred Heart
Sept. 5 Adrian
Sept. 7 at Green Ridge
Sept. 11 La Monte
Sept. 12 at Sherwood
Sept. 14 Orrick
Sept. 18 Chilhowee
Sept. 19 at Archie
Sept. 21 at Concordia
Sept. 23 Knob Noster Tournament
Sept. 26 Sweet Springs
Sept. 28 at KC Lutheran
Oct. 2 Santa Fe
Oct. 3 at Kingsville
Oct. 5 at Wellington-Napoleon
Oct. 10 at Lone Jack
Oct. 12 St. Paul Lutheran
Oct. 16 at Windsor



Numerous Knob Noster defenders tackle Crest Ridge quarterback Wesley Taylor during the Knob Noster jamboree Aug. 19, 2022, at Knob Noster High School.

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GREEN RIDGE

VOLLEYBALL

Head coach: Lori Larimore

2022 Record: 17-14-2

Highlights: The Lady Tigers turned consistency into a winning campaign, including a postseason victory over Lincoln.

Outlook: Green Ridge graduated some important seniors, but All-Kaysinger pick Neveash Washington is back as a senior for a team that could challenge for a place in the conference tourney finals.

2023 SCHEDULE

Aug. 29 Sweet Springs
 Aug. 31 at Knob Noster
 Sept. 5 Santa Fe
 Sept. 7 Crest Ridge
 Sept. 8-9 at Dig For Life Tournament
 Sept. 11 at Appleton City with Montrose
 Sept. 14 Windsor
 Sept. 18 at Osceola
 Sept. 19 Stover
 Sept. 21 at Sacred Heart
 Sept. 25 Lincoln
 Sept. 26 at La Monte
 Sept. 27 Concordia
 Sept. 28 at Northwest
 Oct. 3 at Cole Camp
 Oct. 5-7 at Kaysinger Conference Tournament
 Oct. 10 Tipton
 Oct. 12 at Otterville
 Oct. 14 at Versailles Invitational
 Oct. 17 Smithton

SOCCER

Head coach: Andy Hoos

2022 Record: 12-10

Highlights: The Tigers posted wins at each of the three tournaments they participated in, including multi-goal victories at the Stover Classic.

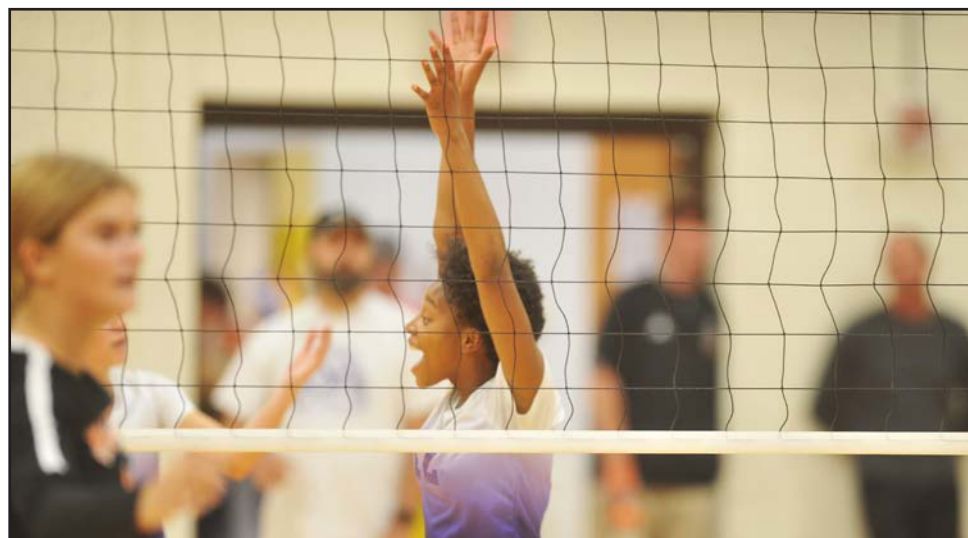
Outlook: Responsibility rests on this year's seniors to replace an equally sizable Class of 2023 to maintain the kind of scoring that made Green Ridge formidable last fall.

2023 SCHEDULE

Aug. 29 at Crocker
 Sept. 4-9 at Clinton Cup Invitational Tournament
 Sept. 12 Lone Jack
 Sept. 15-16 at Moberly Invitational
 Sept. 18 Calvary Lutheran
 Sept. 19 Stover
 Sept. 21 at Sacred Heart
 Sept. 26 at La Monte
 Sept. 28 at Cole Camp
 Oct. 2-7 at Kaysinger Conference Tournament
 Oct. 13-14 at Stover Classic
 Oct. 16 La Monte
 Oct. 17 Smithton
 Oct. 24 Knob Noster
 Oct. 26 St. Paul Lutheran (Concordia)



Green Ridge's Kayley Goodman attempts to block at a shot in a match against Northwest on Sept. 29, 2022.



Lady Tigers junior Sydney Gordon celebrates a point in a Kaysinger Conference matchup with the Lady Mustangs last season.

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HOLDEN

FOOTBALL

Head coach: David Diener
2022 record: 8-4
Highlights: Holden captured the program's first district championship since 2017 last season, knocking off Pembroke Hill.
Outlook: Holden will look for another promising season behind a core that includes athletes like Aiden Morarity, Reco Jenkins, CJ Reifsteck, Jayden Davis-Hacker, Lane Siemer, Andrew Johnston and Lane Inglis. The Eagles are slated to play five regular season home games on the program's new artificial turf.

2023 SCHEDULE

Aug. 25 Sherwood
Sept. 1 Mid-Buchanan
Sept. 8 at Clinton
Sept. 15 at Butler
Sept. 22 Lexington
Sept. 29 at Lafayette County
Oct. 6 Richmond
Oct. 13 at Carrollton
Oct. 20 Knob Noster

2022 RESULTS

W, 26-20 at Sherwood
L, 20-14 at Mid-Buchanan
W, 41-12 Clinton
W, 30-22 Butler
W, 48-14 at Lexington
L, 48-0 Lafayette County
L, 26-20 at Richmond
W, 52-0 Carrollton
W, 44-6 at Knob Noster
W 52-12 Hogan Prep
W, 32-25 Pembroke Hill
L, 54-0 Lamar

VOLLEYBALL

Head coach: Tori Florence
2022 record: 15-9-2
Highlights: Holden ended 2022 as the second-best team in the MRVC East, only dropping conference games to champion Lafayette County.
Outlook: Holden returns a handful of contributing athletes from a year ago, including Jaci Gower, Alex West, Tristyn Powell, Izzy Guinn and Cami Agee. The 2023 season marks the second year under Tori Florence.

2023 SCHEDULE

Aug. 31 at Barstow
Sept. 5 at Oak Grove
Sept. 7 Harrisonville
Sept. 9 Lexington Tournament
Sept. 11 Kingsville
Sept. 12 Odessa
Sept. 14 Carrollton
Sept. 19 Knob Noster
Sept. 21 at Lexington
Sept. 26 at Lafayette County
Sept. 28 Richmond
Sept. 30 Archie Invitational
Oct. 3 at Carrollton
Oct. 5 at Knob Noster
Oct. 7 Sherwood Black and White Tournament
Oct. 9 at Richmond
Oct. 10 Lexington
Oct. 12 Lafayette County

SOFTBALL

Head coach: Jeff Smith
2022 record: 21-10
Highlights: Holden finished 2022 as a MRVC East co-champion, sharing the title with Carrollton.
Outlook: Holden lost the bulk of its 2022 identity, but returns a core that includes Lilee Keller, Faith Brown, Jazmyn Brown, Abby Sisk, Haley Brooks and Macy Greene. The Eagles will play all home games at Holden High School, where they will share a new turf facility with Holden baseball.

2023 SCHEDULE

Aug. 25-26 GKC Suburban Softball Invitational
Aug. 31 Pleasant Hill
Sept. 4 Clinton
Sept. 5 at Knob Noster
Sept. 7 Lexington
Sept. 9 Chillicothe Softball Tournament
Sept. 11 at Nevada
Sept. 12 Lafayette County
Sept. 14 at Richmond
Sept. 18 Odessa
Sept. 19 Carrollton
Sept. 21 Knob Noster
Sept. 22-23 UCM Softball Tournament

Sept. 26 at Sherwood
Sept. 27 at Lexington
Sept. 28 at Lafayette County
Oct. 2 at Oak Grove
Oct. 3 Richmond
Oct. 5 at Carrollton

CROSS COUNTRY

Head coach: Ben Kiger
Highlights: Rhett Hankins enters the year as Holden's lone returning state qualifier on either side of the program. Ava Young and Malea Brewington return as the core of the girls roster.
Outlook: Holden will look to continue growth for its distance runners under the direction of Ben Kiger, who takes

the helm as head coach after previously serving as an assistant for the Eagles.

2023 SCHEDULE

Sept 2 at St. Michael the Archangel
Sept. 5 at Lafayette County
Sept. 20 at Lone Jack
Sept. 23 at Gans Creek Recreation Area
Sept. 26 at Lamar
Oct. 3 at Excelsior Springs
Oct. 7 at Lexington
Oct. 12 at Warrensburg
Oct. 18 at Richmond (MRVC Invitational)
Oct. 21 at St. Michael the Archangel

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KINGSVILLE

FOOTBALL (co-op with Lone Jack)

Head coach: Matt Pyle
2022 record: 1-8
Highlights: Football returns as an option for Kingsville student-athletes in 2023 after a year away from co-oping with Lone Jack's team.
Outlook: Lone Jack is looking to spark growth as a program that has only won three games since 2019. The Mules did not play in its regular season finale or in the first round of districts last year.

2023 SCHEDULE

- Aug. 25 at Lincoln
- Sept. 1 Midway
- Sept. 8 Adrian
- Sept. 15 at Cole Camp
- Sept. 22 Crest Ridge
- Sept. 29 Wellington-Napoleon
- Oct. 6 at Versailles
- Oct. 13 at Tipton
- Oct. 20 Windsor

2022 RESULTS

- L, 50-15 Lincoln
- W, 20-18 at Midway
- L, 46-13 at Adrian
- L, 47-0 Cole Camp
- L, 54-6 at Crest Ridge
- L, 54-0 at Wellington-Napoleon
- L, 39-13 Slater
- L, 72-6 Tipton
- FL, 13-0 at Windsor

VOLLEYBALL

Head coach: Jaymie Swearingen
2022 record: 7-16
Highlights: Kingsville earned wins against Otterville, La Monte, Bunceton, Ballard, Lakeland and Orrick last season. The Tigers were swept in 13 of their losses last year.
Outlook: Kingsville's schedule pretty much matches its 2023 slate other than a few exceptions. New this year, the Tigers will travel to Hy-Vee Arena in Kansas City to take part in an inaugural tournament.

2023 SCHEDULE

- Aug. 29 Windsor
- Aug. 30 Otterville
- Sept. 5 at Chilhowee
- Sept. 8 La Monte
- Sept. 9 Hy-Vee Arena Tournament
- Sept. 11 at Holden
- Sept. 14 at Midway
- Sept. 18 at Concordia
- Sept. 19 Drexel
- Sept. 21 Miami
- Sept. 23 Drexel Invitational
- Sept. 25 Clinton
- Sept. 28 at Sweet Springs
- Oct. 2 at Lakeland
- Oct. 3 Crest Ridge
- Oct. 5 at Ballard
- Oct. 7 Miami Tournament
- Oct. 9 Lone Jack
- Oct. 10 at Orrick
- Oct. 12 at Sherwood
- Oct. 14 Clinton Invitational



Kingsville freshman Brayden Barnett competes in the MSHSAA Class 1 State Championships on Saturday, Nov. 6, 2021, at the Gans Creek Recreation Area's cross country course in Columbia.

CROSS COUNTRY

Head coach: Lee Smith
Highlights: Brayden Barnett is the lone returning athlete to represent Kingsville at state last season.
Outlook: Kingsville had two girls and five boys compete in their final regular season varsity event last season.

2023 SCHEDULE

- Sept. 9 Knob Noster Invitational
- Sept. 20 Lone Jack Invitational
- Sept. 23 Hermitage Invitational
- Sept. 26 Oak Grove Invitational
- Sept. 30 Grain Valley Invitational
- Oct. 7 Butler Invitational
- Oct. 12 Warrensburg Invitational
- Oct. 18 at Montrose

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Knob Noster

FOOTBALL

Head coach: Mike Franklin
2022 record: 6-4
Highlights: Knob Noster won six consecutive games to open its 2022 season, reaching a win total the program last saw in 2019.
Outlook: As Mike Franklin enters his second season at the helm, the Panthers finally get a taste of stability after beginning slates with a new head coach for three consecutive years. Knob has several on-field contributors returning as well including Trey Payne, Adam Harvey, and Sam Livingston.

2023 SCHEDULE

Aug. 25 at Versailles
Sept. 1 Salem
Sept. 8 Windsor
Sept. 15 at Northeast KC
Sept. 22 Carrollton
Sept. 29 at Lexington
Oct. 6 Lafayette County
Oct. 13 at Richmond
Oct. 20 at Holden

2022 RESULTS

W, 26-6 Versailles
W, 25-7 at Salem
FW, 13-0 Missouri Military Academy
W, 48-12 Northeast KC
W, 43-14 at Carrollton
W, 41-20 Lexington
L, 76-0 at Lafayette County
L, 48-0 Richmond
L, 44-6 Holden
L, 44-0 Pembroke Hill

VOLLEYBALL

Head coach: Kelli Johnson
2022 record: 16-18-4
Highlights: Knob Noster will be relatively young compared to previous seasons, having graduated four of its leading athletes from a year ago.
Outlook: The Panthers return Khylie Remmenga and Sophia Scarbrough. Remmenga was No. 2 in kills and blocks while Scarbrough was No. 3 in digs.

2023 SCHEDULE

Aug. 28 Concordia
Aug. 29 at St. Paul Lutheran
Aug. 31 Green Ridge
Sept. 5 Windsor
Sept. 6 Warsaw
Sept. 11 at Warrensburg
Sept. 14 Cole Camp
Sept. 18 Oak Grove
Sept. 19 at Holden
Sept. 21 Carrollton
Sept. 23 Knob Noster Tournament
Sept. 25 Richmond
Sept. 26 Lexington
Sept. 28 at Lafayette County
Oct. 3 at Richmond
Oct. 5 Holden
Oct. 7 Sherwood Tournament
Oct. 9 at Carrollton
Oct. 10 at Smith-Cotton
Oct. 12 at Lexington
Oct. 16 at Smithton
Oct. 17 Lafayette County

SOFTBALL

Head coach: Peggy Buzzanga
2022 record: 8-13
Highlights: Peggy Buzzanga slides into the Panthers' head coach position this season after previously serving as an assistant under former head coach Allison Klock.
Outlook: Knob Noster has the potential of team growth with a returning core that includes athletes like Zoey Schroeder, Jenna Buzzanga and Alayna Phillips.

2023 SCHEDULE

Aug. 28 at Notre Dame de Sion
Aug. 30 Smith-Cotton
Aug. 31 Harrisonville
Sept. 2 at St. Pius X
Sept. 5 Holden
Sept. 7 at Carrollton
Sept. 11 at Leeton
Sept. 12 at Lexington
Sept. 13 Norborne
Sept. 14 Lafayette County
Sept. 18 at Summit Christian Academy

Sept. 19 Richmond
Sept. 21 at Holden
Sept. 25 at Clinton
Sept. 26 Carrollton
Sept. 28 Lexington
Oct. 3 at Lafayette County
Oct. 4 at Bunceton
Oct. 5 at Richmond

BOYSSOCCER

Head coach: Garret Streit
2022 record: 10-11
Highlights: The Panthers are coming off the winningest season in the program's seven-year history, racing 10 wins. The previous best was eight, set in 2019 and 2021.
Outlook: Knob Noster returns an experienced core that should have another opportunity to excel in 2023.

2023 SCHEDULE

Aug. 28 at Northeast
Aug. 29 at Cole Camp
Aug. 31 at Odessa
Sept. 5-8 Smithton Classic
Sept. 11 Stover
Sept. 14 Harrisonville
Sept. 19 at St. Paul Lutheran
Sept. 21 at Center
Sept. 27 La Monte
Sept. 28 at Pleasant Hill
Oct. 5 at Warrensburg
Oct. 10 at Lutheran KC
Oct. 12 Clinton
Oct. 16 Lone Jack
Oct. 19 at Cameron
Oct. 24 at Green Ridge
Oct. 26 Oak Grove

GIRLSTENNIS

Head coach: Rachel Ledbetter
2022 record: 4-12
Highlights: Knob Noster logged two wins each against Richmond and Lexington last season.
Outlook: The Panthers are slated to return three members of last year's lineup, represented by Quinn Binder, Anna Stevens and Sydney Burden.

2023 SCHEDULE


Aug. 28 Clinton
Aug. 29 St. Michael the Archangel
Aug. 31 at Lafayette County
Sept. 2 Fulton Tournament
Sept. 5 at Osage
Sept. 7 at Carrollton
Sept. 8 Warrensburg Tournament
Sept. 11 at Richmond
Sept. 12 at Lexington
Sept. 14 Lafayette County
Sept. 18 Boonville
Sept. 19 Richmond
Sept. 21 at Odessa
Sept. 25 Lexington
Sept. 26 Carrollton
Sept. 27 MRVC Tournament

CROSSCOUNTRY

Head coach: Bridgette Carpenter
Highlights: The Panthers' boys squad shined in the spotlight last year, making state as a team for a second-consecutive season while capturing numerous championships including the MRVC East team title.
Outlook: The Knob Noster boys return the entirety of last year's state lineup, represented by Tyler Zink, Noah Wallace, Micah Rivera, Levi Wilhelm, Carson Zimmerschied, Elijah Vaughan and Josh Hagle. The Lady Panthers are highlighted by defending individual MRVC East champ Lyla Stiles.

2023 SCHEDULE


Sept. 5 Lafayette County
Sept. 9 Knob Noster Invitational
Sept. 16 Odessa Invitational
Sept. 19 Boonville Meet
Sept. 23 Gans Creek Classic
Sept. 26 Lamar Invitational
Sept. 30 Grain Valley Invitational
Oct. 7 Lexington
Oct. 12 Warrensburg Invitational
Oct. 18 MRVC East Invitational (at Richmond)



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LA MONTE

VOLLEYBALL

Head coach: Michael Finley
2022 Record: 2-22-1
Highlights: In back-to-back matches, the Lady Vikings defeated Otterville, then tied Lincoln in the Knob Noster Tournament opener.
Outlook: With just three graduated, a robust number of returners could help La Monte move off the two-win rock the past three seasons.

2023 SCHEDULE

- Aug. 25 Chilhowee
- Aug. 30 Bunceton
- Aug. 31 at Russellville
- Sept. 5 Columbia Independent
- Sept. 6 at Stover
- Sept. 8 at Kingsville
- Sept. 11 at Crest Ridge
- Sept. 12 Cole Camp
- Sept. 14 Tipton
- Sept. 19 Smithton
- Sept. 21 at Otterville
- Sept. 23 at Knob Noster Invitational
- Sept. 26 Green Ridge
- Sept. 28 Lincoln
- Oct. 2 at Windsor
- Oct. 4 at Sacred Heart
- Oct. 5-7 at Kaysinger Conference Tournament
- Oct. 11 at Sweet Springs
- Oct. 12 at Northwest
- Oct. 17 Calvary Lutheran

SOCCER

Head coach: Robert Bickel
2022 Record: 1-17
Highlights: The Vikings opened the year up with a 7-0 victory over Iberia at the Smithton Classic.
Outlook: Following the Smithton Classic, the Vikings will have the chance to start strong with five of their next six matches on home grass.

2023 SCHEDULE

- Sept. 5-9 at Smithton Classic
- Sept. 12 Cole Camp
- Sept. 15 St. Paul Lutheran
- Sept. 16 at Fair Grove
- Sept. 19 Smithton
- Sept. 21 Calvary Lutheran
- Sept. 26 Green Ridge
- Sept. 27 at Knob Noster
- Oct. 2-7 at Kaysinger Conference Tournament
- Oct. 9 at Christian Fellowship Sr.
- Oct. 10 at Stover
- Oct. 12 at Calvary Lutheran
- Oct. 13-14 at Stover Classic
- Oct. 16 at Green Ridge
- Oct. 17 at Sacred Heart
- Oct. 19 at Lone Jack



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LEETON

SOFTBALL (co-op with Chilhowee)

Head coach: Niki Wallace
2022 record: 14-9
Highlights: Leeton has entered a co-op with Chilhowee for the 2023 season. Last year’s season reached an end in the district semifinals.
Outlook: The Bulldogs return several members of last year’s lineup including Jayden Parsons, Hadleey Shaffer, Jillian Mudd, Miranda Winders, Chezney Early, Kalista Burford and Seanna Burford.

2023 SCHEDULE

- Aug. 25-26 Morrisville Tournament
- Aug. 29 Norborne
- Aug. 31 at Weaubleau
- Sept. 5 Macks Creek
- Sept. 7 at Hermitage
- Sept. 8 at Wheatland
- Sept. 11 Knob Noster
- Sept 15-16 Weaubleau Tournament
- Sept. 18 Sherwood
- Sept. 19 Humansville
- Sept. 29-30 Hermitage Softball Tournament
- Oct. 2 at Montrose
- Oct. 3 at Pilot Grove



Leeton sophomore Jayden Parsons makes a catch at first against Knob Noster on Sept. 12, 2022, at the Knob Noster Sports Complex.



Leeton junior Chezney Early runs up the first base line against Knob Noster on Sept. 12, 2022, at the Knob Noster Sports Complex.



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LINCOLN

FOOTBALL

Head coach: Brad Drehle

2022 Record: 11-2

Highlights: The Cardinals defeated Cole Camp 38-20 on their home field for a Class 1 district title.

Outlook: All-State selections Kyle Eckhoff, Ross Johnson, Connor Lynde, Jacob Plumb, Darren Roberts all graduated, meaning there's new faces that'll have to step up at skill positions if Lincoln is to approach last year's win total.

2023 SCHEDULE

Aug. 25 Lone Jack with Kingsville
Sept. 1 at Tipton
Sept. 8 at Crest Ridge with Chilhowee
Sept. 15 Windsor
Sept. 22 at Adrian
Oct. 6 Cole Camp
Oct. 13 at Midway
Oct. 20 Wellington-Napoleon

2022 RESULTS

W, 50-14 Lone Jack
L, 27-14 Tipton
W, 48-6 Crest Ridge with Chilhowee
W, 24-0 Windsor
W, 38-35 Adrian
W, 47-0 Slater
W, 38-34 Cole Camp
W, 54-14 Wellington-Napoleon
W, 48-8 Slater
W, 34-14 South Callaway
W, 38-20 Cole Camp
L, 26-12 Monroe City

VOLLEYBALL

Head coach: Gabbi Mallard

2022 Record: 5-17-1

Highlights: The Lady Cardinals ran off a three-game winning streak leading into the Kaysinger Conference Tournament, including a five-set victory over Tipton.

Outlook: Even though Lincoln graduated kills and blocks leader Gracyn Eifert, there's every reason to believe the team can improve with all its other starters returning, most of which should be just juniors.

2023 SCHEDULE

Aug. 29 Warsaw, Appleton City with Montrose
Aug. 31 at Skyline
Sept. 6 at Lakeland
Sept. 11 at St. Paul Lutheran
Sept. 12 Windsor
Sept. 14 at Stover
Sept. 18 Otterville
Sept. 19 Sacred Heart
Sept. 21 at Northwest
Sept. 23 at Knob Noster Tournament
Sept. 25 at Green Ridge
Sept. 26 Cole Camp
Sept. 28 at La Monte
Oct. 3 at Tipton
Oct. 5-7 at Kaysinger Conference Tournament
Oct. 9 Archie
Oct. 10 Smithton
Oct. 12 at Chilhowee



Lincoln quarterback Connor Lynde outruns a Bluebirds defender for the Cardinals' winning touchdown to beat Cole Camp on Oct. 7, 2022.



Cardinals lineman Ely Tolliver signals in celebration after a touchdown scored in a playoff victory on Nov. 11, 2022.



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NORTHWEST

FOOTBALL

Head coach: Caleb Crooker
2022 Record: 1-9
Highlights: The Mustangs offense came alive in a 46-20 victory at home over Concordia on Sept. 30.
Outlook: Kayden O'Bryan and Dane Palmer are expected to be a few of the holdovers from an offense that lost over 80% of its rushing production. Defensive lineman Korbin Stovall should bring some pass rushing pressure after recording four sacks as a junior.

VOLLEYBALL

Head coach: Casey Smith
2022 Record: 23-7-3
Highlights: The Lady Mustangs had a historic campaign, an incredible turnaround from a program that went 1-26 just three years prior.
Outlook: Harley Allee is the only graduate from last year's team, meaning All-Kaysinger picks Grace Walker and Karli Smith return to anchor a squad that should be a force yet again.

2023 SCHEDULE

Aug. 25 Santa Fe
Sept. 1 at Osceola
Sept. 8 St. Paul Lutheran
Sept. 15 Sweet Springs
Sept. 22 at Orrick
Sept. 29 at Concordia
Oct. 6 Knox County
Oct. 13 Paris with Madison, Faith Walk
Oct. 20 at Hardin-Central with Norborne

2022 RESULTS

L, 28-16 Santa Fe
L, 84-30 North Shelby
L, 46-6 St. Paul Lutheran
L, 50-18 Sweet Springs
L, 68-22 Orrick
W, 46-20 Concordia
L, 66-32 Knox County
L, 84-8 Norborne with Hardin-Central
L, 68-0 Schuyler County
L, 48-6 Knox County

2023 SCHEDULE

Aug. 28 at Crest Ridge
Aug. 29 at Chilhowee
Aug. 31 at Santa Fe
Sept. 5 at Cole Camp
Sept. 11 Sweet Springs
Sept. 12 at Tipton
Sept. 14 Smithton
Sept. 19 Otterville

Sept. 21 Lincoln
Sept. 25 at Concordia
Sept. 26 Windsor
Sept. 28 Green Ridge
Oct. 3 at Stover
Oct. 5-7 at Kaysinger Conference Tournament
Oct. 10 at Sacred Heart
Oct. 12 La Monte
Oct. 17 Marshall



Northwest senior Karli Smith reaches to strike a ball in a match against Green Ridge on Sept. 29, 2022.

LET'S GO MUSTANGS!



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OTTERVILLE

VOLLEYBALL

Head coach: Nichole Hollomon
2022 Record: 3-22-1
Highlights: The Lady Eagles swept Chamois 3-0 in the opening match of the Class 1 District Tournament.
Outlook: Despite graduating three seniors, six underclassmen return hoping to bring the Lady Eagles their first winning season since 2020.

2023 SCHEDULE

- Aug. 28 Columbia Independent
- Aug. 30 at Kingsville
- Sept. 5 Chamois
- Sept. 7 at Windsor
- Sept. 12 Stover
- Sept. 14 Sacred Heart
- Sept. 18 at Lincoln
- Sept. 19 at Northwest
- Sept. 21 La Monte
- Sept. 26 at Tipton
- Sept. 28 at Cole Camp
- Sept. 30 at Calvary Lutheran Tournament
- Oct. 2 at Calvary Lutheran
- Oct. 3 Smithton
- Oct. 5-7 at Kaysinger Conference Tournament
- Oct. 10 Chilhowee
- Oct. 12 Green Ridge
- Oct. 16 at Russellville



Otterville senior Jenna Halter prepares a serve in a contest at Sacred Heart on Oct. 21, 2022.

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SACRED HEART

Volleyball

Head coach: Amy Epple
2022 Record: 22-9-1
Highlights: Sacred Heart collected a Kaysinger Conference Tournament Championship, then a district title in a 29-win campaign.
Outlook: With nearly 1,000 combined kills from last year graduated in the trio of Emma Siron, Mariana Restrepo and Kate Carney, Sammy Altena and Sophia Carney will be among those counted upon to keep up the program's rich tradition.

2023 SCHEDULE

Aug. 26 Father Tolton Regional Catholic
Aug. 27 at Father Tolton Tournament
Aug. 29 at Marshall
Sept. 1 at Crest Ridge
Sept. 7 Sweet Springs
Sept. 8 Tipton
Sept. 13 Smithton
Sept. 15 Otterville
Sept. 17 at Camdenton Tournament
Sept. 20 Lincoln
Sept. 22 at Green Ridge
Sept. 27 at Stover
Sept. 28 Santa Fe
Sept. 29 at Windsor
Oct. 1 at Warrensburg Tournament
Oct. 6-8 at Kaysinger Conference Tournament
Oct. 11 Northwest
Oct. 13 Cole Camp
Oct. 17 at Concordia
Oct. 18 at La Monte

Soccer


Head coach: Warren Dey
2021 Record: 12-11-2
Highlights: The Gremlins came out of the gates hot, including wins over Willard and Osage at the S-C Shootout.
Outlook: Sacred Heart's All-Kaysinger sophomores are a year older and again will sharpen against an early challenging schedule, including a home date with Smithton.

2023 SCHEDULE

Aug. 26-27 at S-C Shootout
Aug. 29-Sept. 3 at Barstow Soccer Invitational
Sept. 6 at Father Tolton Regional Catholic
Sept. 8 at Warrensburg
Sept. 10 at Jefferson City
Sept. 13 Smithton
Sept. 15 at St. Paul Lutheran (Concordia)
Sept. 16 Christian Fellowship Sr.
Sept. 19 Moberly
Sept. 22 at Green Ridge
Sept. 23 Lutheran (Kansas City)
Sept. 27 at Stover
Sept. 30 Pleasant Hill
Oct. 3-7 at Kaysinger Conference Tournament
Oct. 13 Cole Camp
Oct. 14 Greenwood
Oct. 17 at Helias Catholic
Oct. 18 at La Monte
Oct. 24 Southern Boone
Oct. 25 at Fatima
Oct. 27 at Marshall




Sacred Heart's Ian Viscarra strides into space before being front down by a foul in a match against Liberty North.



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Sacred Heart's Sophia Carney skies to get a hand to the ball in a match with La Monte in Sedalia.



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SMITHTON

VOLLEYBALL

Head coach: Laurel Larimore
2022 Record: 7-16-2
Highlights: The Lady Tigers won a four-set match with Tipton in the Class 2 District 7 Tournament opener.
Outlook: Larimore, who arrives after stops at Lincoln and Warsaw, takes over a team that graduated five seniors, including All-Kaysinger selection Josie Bray.

2023 SCHEDULE

- Aug. 29 at Crest Ridge
- Aug. 31 Concordia
- Sept. 5 at Calvary Lutheran
- Sept. 7 at Stover
- Sept. 11 at Warsaw
- Sept. 12 Sacred Heart
- Sept. 13 at Sweet Springs
- Sept. 14 at Northwest
- Sept. 19 at La Monte
- Sept. 21 Cole Camp
- Sept. 23 at Knob Noster Tournament
- Sept. 28 Tipton
- Oct. 3 at Otterville
- Oct. 5-7 at Kaysinger Conference Tournament
- Oct. 10 at Lincoln
- Oct. 12 Windsor
- Oct. 14 at Versailles Invitational
- Oct. 16 Knob Noster
- Oct. 17 at Green Ridge

SOCCER

Head coach: Sean Hutchinson
2022 Record: 19-7
Highlights: The Tigers' followed up an undefeated regular season with a pair of first-place tournament trophies and another district title.
Outlook: Braedon Cairer graduates leaving big shoes to fill, but Smithton returns several all-district players as it looks to be a Kaysinger frontrunner yet again.

2023 SCHEDULE

- Aug. 31 at Christian Fellowship Sr.
- Sept. 6-8 Smithton Classic Invitational
- Sept. 12 Sacred Heart
- Sept. 13 at Knob Noster
- Sept. 14 Fatima
- Sept. 19 at La Monte
- Sept. 20 Rock Bridge (Fr)
- Sept. 21 Cole Camp
- Sept. 29 at New Covenant Academy
- Oct. 2-7 at Kaysinger Conference Tournament
- Oct. 10 at Lone Jack
- Oct. 13-14 at Stover Classic
- Oct. 17 at Green Ridge
- Oct. 19 at Stover
- Oct. 21 at Iberia



Tigers midfielder Braedon Cairer advances the ball in a game at the Stover Classic on Oct. 15, 2022.



Smithton's Tanner Eisenbarth hits a pass upfield in a 3-0 victory over Fatima at last year's Stover Soccer Classic.

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STOVER

VOLLEYBALL

Head coach: Candace Bauer

2022 Record: 26-7-1

Highlights: The Lady Bulldogs ran up a 13-game win streak and made a run to sectionals for another memorable season.

Outlook: Stover under Bauer continues to do a remarkable job of rebuilding on the fly, and should excel again with three all-conference standouts back in Ashlyn Pinzke, Hannah Bauer and Allie Palmer.

2023 SCHEDULE

Aug. 29 at Warrensburg
 Aug. 31 Eugene
 Sept. 6 La Monte
 Sept. 8 Smithton
 Sept. 9 at Hy-Vee Tournament
 Sept. 11 at Skyline
 Sept. 12 at Otterville
 Sept. 14 Lincoln
 Sept. 16 at Buffalo Lady Bison Invitational
 Sept. 18 Conway
 Sept. 19 at Green Ridge
 Sept. 21 at Windsor
 Sept. 25 Versailles
 Sept. 26 at Sacred Heart
 Sept. 28 Warsaw
 Oct. 2 Clinton
 Oct. 3 Northwest
 Oct. 5-7 at Kaysinger Conference Tournament
 Oct. 9 Cole Camp
 Oct. 12 at Tipton
 Oct. 14 at Versailles Invitational

SOCCER

Head coach: Chris Witte

2022 Record: 10-12

Highlights: The Bulldogs overcame a season of adversity and collected a 1-0 postseason victory over Crocker.

Outlook: Three All-District players return for Stover, who will look to improve its scoring to match with allowing just 2.5 goals per game last year, its lowest mark since 2017.

2023 SCHEDULE

Aug. 31 Richland
 Sept. 5 Rock Bridge (So)
 Sept. 7 Fair Grove
 Sept. 8 Dixon
 Sept. 11 at Knob Noster
 Sept. 14 Iberia
 Sept. 18 at Christian Fellowship Sr.
 Sept. 19 at Green Ridge
 Sept. 21 Moberly
 Sept. 25 at St. Paul Lutheran
 Sept. 26 at Sacred Heart
 Sept. 28 Boonville
 Oct. 2-7 at Kaysinger Conference Tournament
 Oct. 9 at Lone Jack
 Oct. 10 La Monte
 Oct. 13-14 at Stover Classic
 Oct. 16 at Iberia
 Oct. 17 Cole Camp
 Oct. 19 Smithton
 Oct. 23 Crocker
 Oct. 24 at Dixon



Stover junior Ashlyn Pinzke attacks a ball in a postseason match against Hermann on Oct. 29, 2022.



Stover's Ethan Hinderliter makes a challenge in a home match against Laquey on Oct. 15, 2022.

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SWEET SPRINGS

FOOTBALL

Head coach: Jeff Holtzman
2022 Record: 8-4
Highlights: The Greyhounds transitioned to 8-man and came away with a district championship and a Final Four appearance their first year.
Outlook: Sweet Springs moves on from graduated QB Blake Schroeder, but the rest of the backfield returns with Kade Hudson, Braden Knipmeyer and Seth Rader, who combined for over 1,000 yards. Tanner Dohrman (148 tackles in 2022) anchors the defense as a senior.

2023 SCHEDULE

Aug. 25 at Hardin-Central with Norborne
Sept. 1 at Southwest Livingston County with Hale, Tina-Avalon
Sept. 8 Braymer with Breckenridge
Sept. 15 at Northwest with Otterville
Sept. 22 St. Paul Lutheran
Sept. 29 Orrick
Oct. 6 Santa Fe
Oct. 13 at Archie
Oct. 20 at Concordia

2022 RESULTS

W, 50-22 Norborne with Hardin-Central
W, 50-18 Knox County
L, 74-38 Braymer with Breckenridge
W, 50-18 Northwest
L, 50-28 St. Paul Lutheran
L, 60-4 Orrick
W, 36-14 Santa Fe
L, 48-8 Archie
W, 72-56 Concordia
W, 22-8 Norborne with Hardin-Central
W, 46-40 North Shelby
W, 62-40 St. Paul Lutheran
L, 44-22 Bishop LeBlond

VOLLEYBALL

Head coach: Alicia Jones
2022 Record: 7-20-1
Highlights: The Lady Greyhounds ran off a late-season four game win streak that included wins over St. Paul Lutheran and Wellington-Napoleon.
Outlook: Kylie Baker, last year's kills leader, has graduated, but nearly everyone else returns for Sweet Springs, including liber Lauren Shahan.

2023 SCHEDULE

Aug. 29 at Green Ridge
Aug. 30 Lexington
Aug. 31 at Columbia Independent
Sept. 5 at Wellington-Napoleon
Sept. 6 Sacred Heart
Sept. 11 at Northwest
Sept. 13 Smithton
Sept. 20 Lone Jack
Sept. 23 at Smith-Cotton Invitational
Sept. 26 at Crest Ridge
Sept. 28 Kingsville
Oct. 3 at Concordia
Oct. 9 at Orrick
Oct. 11 La Monte
Oct. 17 at St. Paul Lutheran



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TIPTON

FOOTBALL

Head coach: William Duke

2022 Record: 6-4

Highlights: The Cardinals ended the regular season with a three-game winning streak, including a 19-16 triumph over 12-win Adrian.

Outlook: A tough out in every game last season, Tipton figures to hold steady or even flip those four losses by 18 points with a majority of its skill position players back.

2023 SCHEDULE

Aug. 25 at Crest Ridge with Chilhowee
 Sept. 1 Lincoln
 Sept. 8 Cole Camp
 Sept. 15 Orchard Farm
 Sept. 22 Wellington-Napoleon
 Sept. 29 at Windsor
 Oct. 6 at Midway
 Oct. 13 Lone Jack with Kingsville
 Oct. 20 at Adrian

2022 RESULTS

W, 42-0 Crest Ridge
 W, 27-14 Lincoln
 L, 29-21 Cole Camp

W, 62-12 Slater
 L, 30-29 Wellington-Napoleon
 L, 28-21 Windsor
 W, 58-6 Midway
 W, 72-6 Lone Jack
 W, 19-16 Adrian
 L, 22-20 South Callaway

VOLLEYBALL

Head coach: Hannah Ashley

2022 Record: 8-23-1

Highlights: The Lady Cards closed out the Kaysinger Conference Tournament with three wins in a row as part of an early October string of successes.

Outlook: Ashley, who arrived last season from Boonville, lost a quartet to graduation, but her team gets a chance to start strong with much of the early stretch in home territory.

2023 SCHEDULE

Aug. 26 at Father Tolton Tournament
 Aug. 28 Centralia
 Aug. 31 at Versailles
 Sept. 5 Skyline
 Sept. 7 Sacred Heart

Spet. 11 Russellville
 Sept. 12 Northwest
 Sept. 14 at La Monte
 Sept. 19 at Cole Camp
 Sept. 23 at Hallsville Invitational
 Sept. 25 at Windsor
 Sept. 26 Otterville
 Sept. 28 at Smithton
 Oct. 3 Lincoln
 Oct. 5-7 at Kaysinger Conference Tournament
 Oct. 9 Warsaw
 Oct. 10 at Green Ridge
 Oct. 12 Stover
 Oct. 14 at Versailles Invitational



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WARSAW

FOOTBALL

Head coach: Ryan Boyer

2022 Record: 8-3

Highlights: The Wildcats had a strong year with Tayten Boyer under center, as he accounted for nearly 2,000 yards with his arm and legs combined.

Outlook: A majority of the Warsaw defense returns, as does most of the offensive line as the Wildcats will turn to Garrett Ferguson at quarterback.

2023 SCHEDULE

Aug. 25 Marceline
Sept. 1 Versailles
Sept. 8 at Lafayette County
Sept. 15 Sherwood
Sept. 23 at Hogan Prep Academy
Charter
Sept. 29 at El Dorado Springs
Oct. 6 Butler
Oct. 13 at Skyline
Oct. 20 Buffalo

2022 RESULTS

W, 13-0 Central (Kansas City)
L, 32-12 Versailles
W, 26-6 Sherwood
W, 57-26 Hogan Prep Academy Charter
W, 37-13 at Adrian
W, 40-6 El Dorado Springs
L, 38-14 Butler
W, 27-6 Skyline with Macks Creek
W, 61-24 Buffalo
W, 21-0 El Dorado Springs
L, 22-14 Fair Grove

VOLLEYBALL

Head coach: Kelsi Brosnahan

2022 Record: 2-20-2

Highlights: The Lady Wildcats picked up a victory over Lincoln at home on Sept. 6 and another on the road Sept. 28 at Windsor.

Outlook: Some key seniors graduated for Warsaw, who will transition and lean on players like Angela Konopasek, Laney Arnett and Jaylen McCullick to increase the win total this fall.

2023 SCHEDULE

Aug. 29 at Lincoln
Sept. 5 Butler
Sept. 7 Knob Noster
Sept. 11 Smithton, Osceola
Sept. 14 Skyline
Sept. 19 at Versailles
Sept. 23 at Midway Tournament
Sept. 27 Windsor
Sept. 28 at Stover
Oct. 3 Smith-Cotton
Oct. 5 at Buffalo
Oct. 9 at Tipton
Oct. 10 Sherwood
Oct. 12 at El Dorado Springs
Oct. 14 at Versailles Invitational
Oct. 16 at Cole Camp



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WINDSOR

FOOTBALL

Head coach: Chuck Speer

2022 Record: 7-4

Highlights: The Greyhounds took care of business in their district opener, beating Wellington-Napoleon 28-7.

Outlook: After starting 1-3 last season, second-year head coach Chuck Speer will look to carry the momentum from a six-game winning streak into this fall.

2023 SCHEDULE

Aug. 25 at Adrian
Sept. 1 at Cole Camp
Sept. 8 at Knob Noster
Sept. 15 at Lincoln
Sept. 22 Midway

Sept. 29 Tipton

Oct. 6 Wellington-Napoleon

Oct. 13 Crest Ridge with Chilhowee

Oct. 20 at Lone Jack

2022 RESULTS

L, 55-8 Adrian

L, 18-14 Cole Camp

W, 40-34 Slater

L, 24-0 Lincoln

W, 52-13 Midway

W, 28-21 Tipton

W, 40-13 Wellington-Napoleon

W, 44-14 Crest Ridge with Chilhowee

W, 13-0 Lone Jack

W, 28-7 Wellington-Napoleon

L, 30-8 Butler

VOLLEYBALL

Head coach: Nancy Rhoads

2022 Record: 5-24

Highlights: The Lady Greyhounds collected victories over both La Monte and Lincoln at the Kaysinger Conference Tournament.

Outlook: Windsor seeks to rebuild with a young team after only graduating All-Kaysinger Honorable Mention Kaley Burkhalter from last year's team.

2023 SCHEDULE

Aug. 28 Skyline
Aug. 29 at Kingsville
Aug. 31 at Appleton City with Mon-trose
Sept. 5 at Knob Noster

Sept. 7 Otterville

Sept. 11 Chilhowee

Sept. 12 at Lincoln

Sept. 20 Lakeland

Sept. 21 Stover

Sept. 25 Tipton

Sept. 26 at Northwest

Sept. 27 at Warsaw

Sept. 28 at Sacred Heart

Oct. 2 La Monte

Oct. 3 Sherwood

Oct. 5-7 at Kaysinger Conference Tournament

Oct. 9 at Concordia

Oct. 10 Cole Camp

Oct. 12 at Smithton

Oct. 14 at Clinton Invitational

Oct. 16 Crest Ridge



Greyhounds running back Parker Craig rumbles with the ball as an opponent attempts to bring him down in a postseason win.



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STATE FAIR

MENS SOCCER

Head coach: Michael Poropat
2022 Record: 4-9-2
Highlights: The Roadrunners took a 2-1 victory on Oct. 8 over East Central College at home in double overtime when Bruno Saucedo assisted Kilian Jung for the match-winning goal.
Outlook: Porpoat, in his first season in charge of SFCC, will likely aim to cut down on the team's 1.88 goals allowed per game. Much of it will happen with a new defense, as well as a fresh stable of goalkeepers that includes Smith-Cotton's Kamryn Bridges.

2023 SCHEDULE

Aug. 27 Allen County Community College
Aug. 30 Mineral Area College
Sept. 2 at Western Iowa Tech
Sept. 4 at Northeast Community College
Sept. 9 St. Charles Community College
Sept. 12 at John Wood Community College
Sept. 16 at Metropolitan Community

College
Sept. 27 at East Central College
Oct. 4 at St. Louis Community College
Oct. 10 Metropolitan Community College
Oct. 15 Southwestern Illinois College

WOMENS SOCCER

Head coach: Michael Poropat
2022 Record: 10-4-2
Highlights: The Lady Roadrunners' offense was sensational at 2.69 goals per match, including at three goals scored in all but one of the team's victories.
Outlook: Adamaris Ramirez, last year's leader in both goals (17) and assists (six), returns with an otherwise reconstructed roster as the program turns the page under Poropat.

2023 SCHEDULE

Aug. 27 Allen County Community College
Aug. 30 Mineral Area College
Sept. 2 at Western Iowa Tech
Sept. 4 Northeast Community College
Sept. 9 St. Charles Community College



Roadrunners forward Garrett Havrila, left, fights to stay on his feet and the ball in a home match on Sept. 3, 2022.

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CENTRAL MISSOURI

FOOTBALL

Head coach: Josh Lamberson

2022 record: 4-7

Highlights: Central Missouri heads into year two of the Josh Lamberson era looking to translate cultural foundation into additional wins. The Mules saw a coaching staff overhaul in the offseason, welcoming two new full-time defensive coaches and one full-time offensive coach.

Outlook: The Mules were selected to finish seventh in both the MIAA Preseason Football Coaches Poll and the MIAA Preseason Football Media Poll, only finishing above Missouri Western, Fort Hays State, Missouri Southern and Northeastern State. The list excludes Lincoln, who will not complete a full conference schedule in 2023.

2023 SCHEDULE

Aug. 31 at Missouri Western
 Sept. 9 Central Oklahoma
 Sept. 16 Pittsburg State
 Sept. 23 at Washburn
 Sept. 30 Northwest Missouri State
 Oct. 7 Nebraska-Kearney
 Oct. 14 at Northeastern State
 Oct. 21 Emporia State
 Oct. 28 at Missouri Southern
 Nov. 4 Fort Hays State
 Nov. 11 at Lincoln

2022 RESULTS

L, 21-10 at Pittsburg State
 L, 40-32 Washburn
 L, 24-7 at Northwest Missouri State
 L, 38-6 at Nebraska-Kearney
 W, 35-13 Northeastern State
 L, 44-27 at Emporia State
 W, 20-17 Missouri Southern
 L, 27-14 at Fort Hays State
 W, 61-14 Lincoln
 W, 40-37 Missouri Western (2OT)
 L, 13-10 at Central Oklahoma



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Central Missouri redshirt sophomore quarterback Cedric Case throws a pass against Missouri Southern on Oct. 15, 2022, at Walton Stadium.



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CENTRAL MISSOURI

VOLLEYBALL

Head coach: Caitlin Peterson

2022 record: 19-11

Highlights: Central Missouri dives into its second season under Caitlin Peterson with a year of experience under its belt. The Jennies are slated to return nine key contributors from 2022, a slate that ended with a first round exit from the MIAA Volleyball Championships.

Outlook: Experience means a chance of growth for a Jennies program that has traditionally finished as a top five team in the MIAA. Expect UCM to use its early 2022 ending as motivation for the slate ahead.

2023 SCHEDULE

Tampa Invitational
 Sept. 1 Gannon
 Sept. 1 Tampa
 Sept. 2 Missouri S&T
 Colorado Premiere Challenge
 Sept. 8 West Florida
 Sept. 8 Cal State LA
 Sept. 9 TBD
 Regular Season
 Sept. 15 at Missouri Western
 Sept. 16 at Northwest Missouri State
 Sept. 19 Rockhurst
 Sept. 22 Emporia State
 Sept. 23 Washburn
 Sept. 29 at Central Oklahoma
 Sept. 30 at Pittsburg State
 Oct. 3 Missouri Southern
 Oct. 5 Newman
 Oct. 10 Northwest Missouri State
 Oct. 13 at Nebraska-Kearney
 Oct. 14 at Fort Hays State
 Oct. 17 Missouri Western
 Oct. 20 at Washburn
 Oct. 21 at Emporia State
 Oct. 27 Pittsburg State
 Oct. 28 Central Oklahoma
 Oct. 31 at Missouri Southern
 Nov. 4 at Newman
 Nov. 10 Fort Hays State
 Nov. 11 Nebraska-Kearney



WOMEN'S SOCCER

Head coach: Lewis Theobald

2022 record: 19-2-2

Highlights: The Jennies made another run in 2022, claiming both the MIAA Regular Season and MIAA Soccer Tournament titles before receiving the No. 1 seed in the NCAA Division II Central Region Tournament. They lost to Emporia State 1-0 in the second round.

Outlook: Central Missouri has several returners from last year's squad anchored by First Team All-MIAA midfielder Caroline Cole. Others include defender Kloee Grubb, midfielder Andree Orcutt, defender Molly Ricker and goalkeeper Sydney Beck.

2023 SCHEDULE

Sept. 1 at Augustana
 Sept. 3 at Southwest Minnesota State
 Sept. 8 at Minnesota State
 Sept. 10 vs Mary (at Minnesota State)
 Sept. 15 at Missouri Southern
 Sept. 17 Northwest Missouri State
 Sept. 22 at Missouri Western
 Sept. 24 at Northwest Missouri State
 Sept. 29 at Central Oklahoma
 Oct. 1 at Newman
 Oct. 6 Rogers State
 Oct. 8 Northeastern State
 Oct. 13 at Emporia State
 Oct. 15 at Washburn
 Oct. 20 Nebraska-Kearney
 Oct. 22 Fort Hays State
 Oct. 27 Missouri Western
 Oct. 29 Missouri Southern



Central Missouri redshirt sophomore Grace Southern goes up for an attack against Northwest Missouri on Sept. 7, 2022, at the UCM Multipurpose Building.



Central Missouri redshirt freshman Emma Burden dribbles the ball against Emporia State on Nov. 13, 2022, at the UCM South Recreation Complex.

GO JENNIES!

CENTRAL MISSOURI

CROSS COUNTRY

Head coach: Kirk Pedersen

Highlights: The Mules finished fifth out of 11 MIAA programs last season while the Jennies were seventh out of 12.

Outlook: One UCM student-athlete made it to the Division II National Championships last season, represented by Paul Korir. He placed 66th out of 257 runners with a time of 30:54.9.

2023 SCHEDULE

Sept. 1 Southwest Baptist invitational

Sept. 16 Greeno/Dirksen Invite (at Nebraska Wesleyan)

Sept. 29 Arkansas Chilli Pepper Festival

Oct. 7 Brian T. Simpson invite (at Gans Creek Recreation Area)

Oct. 20 MIAA Conference Championship

Nov. 4 NCAA Division II Central Regional (Tom Rutledge XC Course)



Central Missouri redshirt junior Sydney Lierz lays an attack against Northwest Missouri on Sept. 7, 2022, at the UCM Multipurpose Building.



Jennies soccer celebrates Andree Orcutt's game-winning goal against Emporia State on Nov. 6, 2022, at the UCM South Recreation Complex.

MEN'S GOLF

Head coach: Tim Poe

Highlights: Central Missouri finished its 2023 spring with a fourth-place finish in the MIAA before tying for 11th in the Midwest/Central Regional Championship.

Outlook: Alex Gentry claimed the Individual MIAA Championship. He anchors a lineup that is expected to return four of its five golfers. Others include Brooks Baldwin, Calvin Dillon, Cole Elling and Robert Sager.

2023 SCHEDULE

Sept. 11-12 Lincoln Invitational (at The Club at Porta Cima)

Sept. 18-19 Northeastern State Classic (at Muskogee Country Club)

Oct. 9-10 Missouri Western Invitational (at St. Joseph Country Club)

Oct. 16-17 Central Regional Preview (at Kickingbird Golf Club)

Oct. 23-24 The Tulsa Cup (at The Club at Indian Springs)

WOMEN'S GOLF

Head coach: Chris Port

Highlights: The Jennies claimed the program's first MIAA Championship during the spring before going on to end the year with a fourth-place showing in the NCAA Central Regional.

Outlook: Central Missouri returns Nicole Rallo, Hayley Jones and Claire Solovic to its lineup. The Jennies' roster also features incoming freshman Maya McVey, who claimed the Missouri Women's Amateur Championship in July.

2023 SCHEDULE

Sept. 11-12 U Indy Invitational (at Prairie View Golf Club)

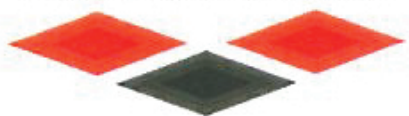
Sept. 25-26 Central Regional Preview (at Hillcrest Country Club)

Oct. 2-3 Grace Shin Invitational (at Golf Club of Edmond)

Oct. 16-17 Midwest Classic (at Mules National)

Oct. 23-24 The Tulsa Cup (at The Club at Forest Ridge)

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CENTRAL MISSOURI



Central Missouri redshirt junior Arkell Smith runs up field following a reception against Missouri Southern on Oct. 15, 2022, at Walton Stadium.





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