

# SEDALIA DEMOCRAT

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## Safe Streets 4 All meeting gathers information for local traffic safety improvements

**By Chris Howell**  
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A Safe Streets 4 All (SS4A) meeting was held Wednesday, Aug. 28, at the Heckart Community Center to gather input on how to make traffic improvements and reduce accidents for pedestrians, cyclists and drivers.

Wilson & Company senior planner Drew Pearson and his associates held the meeting to interact with citizens, police and city officials to look at high accident areas and find ways to make them safer.

"We have been working with the city on this plan," Pearson said. "It's a Federal program. Safe Streets for All (SS4A) is looking at the holistic system and thinking about safety from a variety of perspectives. I'm an urban community transportation planner and have worked on a lot of crash data analysis projects going back five or six years." Pearson said the federal

government is now focusing more on safety while states have traditionally been doing strategic high-way safety plans.

"Focusing on the interstate network and funds typically go that way," Pearson said. "This is an opportunity for local cities to tap into this planning money and implementation money. This first phase is about finding those areas systemically throughout Sedalia to understand where safety improvements could really help reduce fatal and serious injury crashes."

The informal session allowed concerned citizens to interact with traffic safety planners to share the concerns about the dangers of Sedalia driving.

"Cyclists and pedestrians are vulnerable road users," Pearson said. "They have a lot of exposure walking around and could include people in motorized wheelchairs or scooters, anything that's not a car."

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Representatives with Wilson & Company engaged citizens and Sedalia officials Wednesday, Aug. 28, at the Heckart Community Center to gather information in hopes of getting Safe Streets 4 All grant money from the Federal government for traffic safety improvements.

PHOTO BY CHRIS HOWELL | DEMOCRAT

## RYAN REED OF REED & SONS RECEIVES TWO ACCREDITATIONS

**By Faith Bemiss-McKinney**

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Ryan Reed, director of operations at Reed & Sons Jewelers in Sedalia, was recently awarded two accreditations, Certified Diamond Grader and Certified Gem Lab, through the Independent Jewelers Organization (IJO). The business is owned by his father Charles Reed.

In a release, Jeffrey Roberts, the owner of IJO, said that the requirements for the Certified Diamond Grader title are "stringent."

"Guidelines encompass successfully meeting the exacting requirements of the Gemological Institute of America, earning recognition as an accomplished diamond grader by holding either the GIA Diamond Grading and Evaluation Certificate or acquiring the GIA Graduate Diamond Diploma," Roberts said. "Ryan's dedication to being the best for Reed & Sons' customers is evident by the fact that he has gone to great lengths to achieve this esteemed title that gives additional value and relevance to the jewelry store and its expert staff. It is with great honor that I present him with this new designation."

On Tuesday, Aug. 27, Reed said he finished his graduate gemologist diploma in February 2024. The Gemological Institute of America is a worldwide organization, and Reed is a member of



Ryan Reed, director of operations at Reed & Sons Jewelers in Sedalia, stands beside his diplomas on Tuesday, Aug. 27, at the store. The Independent Jewelers Organization (IJO) recently awarded Reed the title of Master IJO Jeweler Certified Diamond Grader.

PHOTOS BY FAITH BEMISS-MCKINNEY | DEMOCRAT

the Independent Jewelers Organization (IJO), which is based in Newport, Connecticut.

"So, that's the highest certification you can get from the Gemological Institute of America," Reed said. "And because of that, organizations recognize us as a place where they can send people to be confident that what we are telling you is what you've got. Not every jeweler knows or can tell the difference between natural and synthetic stones or even the different stones apart."

Reed added that red stones, such as a red garnet and a ruby, may be difficult for some jewelers to identify.

"They can look strikingly similar," Reed said. "And sapphires come in every color of the rainbow. So, that basically allows me to know what I'm talking about and



Ryan Reed of Reed & Sons Jewelers holds an amethyst and a ruby at the store on Tuesday, Aug. 27. Reed comes from five generations of jewelers.

have prominence on an insurance appraisal, for instance."

To gain his accreditation, Reed had to travel.

"For my graduate gemologist diploma, I had to travel many times to go to labs," Reed said. "You have to actually go to a gem lab and look at diamonds and gemstones under a microscope all day long, for week on

end, to get that done." Reed said he began the process in 2020, although COVID slowed things down.

"It took me a while because COVID broke things up," Reed said. "If you can afford it, and you can live in New York or California for six months, you can get it done in six months if you do it five days a week."

See **AWARD**, Page A6

## State Fair Community College student arrested after making terroristic threat

FBI found threat to shoot up the school on Snapchat

**By Chris Howell**  
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An 18-year-old student at State Fair Community College was arrested Wednesday, Aug. 28, for making a terroristic threat against the school on Snapchat.

"It's not an uncommon issue, but it's not one that happens all the time," Sheriff Brad Anders told the Democrat Thursday. "With social media people say things that are often taken as a threat, and we can't look past that and just

discount things that are threats."

The threat made on social media was quickly discovered and swift action was taken to arrest the student.

"There was a student in class at State Fair Community College who posted on Snapchat that he wanted out of the class," Anders said. "If he didn't get out of class, he's going to shoot up the entire school. The FBI monitors that stuff, and our dispatch was contacted by the FBI and given the threat that was relayed to



Spencer Holman

our school resource deputy at State Fair Community College."

Dispatch sent deputies and Sedalia police officers to SFCC within minutes and Spencer Holman, 18, of Sedalia was pulled out of the class, detained and ultimately arrested for making the terroristic threat.

See **ARREST**, Page A6

## Fake cops invade family home in Pettis County

**By Chris Howell**  
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Sheriff Brad Anders and Pettis County Sheriff's deputies were kept busy this past weekend with a surprising amount of criminal activity.

At 6:46 p.m. Saturday, Aug. 24, deputies were dispatched to a home invasion in the 22500 block of U.S. Highway 65 by fake "police."

"It's not something that's overly common here in Pettis County and it's I'm sure very alarming concerning citizens," Anders told the Democrat on Tuesday,

Aug. 27. "We had a call for the home invasion at that address just north of town, showed up and got the circumstances taken down for the report to lead off on an investigation."

The residents said they heard someone banging on the door and announcing themselves as police before the entered without consent. Three subjects wearing dark ballistic body armor, one emblazoned with "POLICE." They held the residents at gunpoint, one handcuffed while tending to a small child.

The suspects searched

the home then removed the cuffs and restrained the resident and fled in a black SUV.

"There are some suspect descriptions," Anders said. "But those are things that we're keeping in house at this point, along with some of the other elements that people have asked to know, but that information could hurt that investigation so we're keeping that close."

Anders indicated the home invasion was "target specific" and not something that should be overly worrisome to the public.

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## MEMBERS BRING A NEW MEMBER MEMBERSHIP DRIVE

Any existing member who brings a new member to sign up for a membership **September 1 -15th** will be entered to win a grand prize! Contact Susan at [smergen@sedaliaparks.com](mailto:smergen@sedaliaparks.com) for more information or to schedule a tour!

## OBITUARIES

### Carl Eugene "Gene" Arnett

Carl Eugene "Gene" Arnett, 59, of rural La Monte, MO, passed from this physical life to his eternal life on Saturday, August 24th, 2024, at Kalispell Regional Medical Center in Kalispell, MT.



Gene was born in Sedalia, Missouri, on October 23rd, 1964. He was the son of the late Carl and Mary Arnett (Bahner) of La Monte, Missouri. He is survived by his mother-in-law, Phyllis Montgomery of Sedalia. Gene was the oldest of seven children. He is survived by all six of his siblings: Lisa (Jeff) Keucker, Doug Arnett, Greg (Kendra) Arnett, Krista Arnett, Tim (Lisa) Arnett, and Rebecca (Bryan) Partington.

Gene is also survived by his wife and the love of his life, Sue Ann Arnett (Montgomery). They married on May 3rd, 1986, and were blessed with 38 years of love, growth, and joy together. They had four children: Holly (Eric) Richardson, Elizabeth (Julie) Arnett-Johnson, Jason (Kate) Arnett, and Joseph (Harlie) Arnett-West. He was also blessed with seven grandchildren who were the lights of his life: Blythe Cameron, Cassoday, Matthew, William Richardson, Everleigh, Jude, Fern Arnett, and an eighth one on the way.

Gene was a lifelong resident of La Monte. He spent his entire life, since boyhood, working on the generational family farm. His love of farming was sparked by his grandfather, Carl William Arnett, Sr., and furthered by his father, Carl. Gene's passion for farming and his extraordinary work ethic was unparalleled. Through his work on the farm and life lived in the Pettis county area, Gene had many friends who he loved and was grateful to share life with.

One of the things that

stands out most about Gene was his character. No matter the situation, he could be counted on to be fair, kind, honest, and consistent. He was a pillar of strength and wisdom to everyone lucky enough to know him.

Gene could also be described as a reserved person, but he found joy in several things. One of those was his dirt bike, which he frequently gave rides to the grandchildren on and popped the occasional wheelie to impress them. He loved his collection of arrowheads and hunting the family land for more. He also enjoyed attending and competing in tractor pulls. He was extremely passionate about spending time with his family and was often seen with a grandchild or two in his arms.

The greatest love of Gene's life was that he had for his Savior, Jesus Christ. Gene was a faithful and dedicated member of the Church of Christ. He looked forward to any time he could spend with his fellow brothers and sisters in Christ. He was also a voracious reader of the Bible and spent much time studying the scripture. He was eager to share the gospel of Jesus with others as he wanted them to know the same peace and joy he found in his Creator.

Whether he was pouring his heart into work on the farm, loving his family, or spreading the message of the gospel, he was a sower of seeds.

A public visitation is planned for Friday, August 30th from 6:00 p.m. to 8:00 p.m., at Rea's Funeral Chapel in Sedalia. The funeral service and burial will be held at a later date.

Memorial contributions may be made to the Higginsville church of Christ in the care of Rea Funeral Chapel, Sedalia.

Contance Louise Stubinger Albin of Sedalia, MO passed away on August 24, 2024 at E.W. Thompson and Rehabilitation Center in Seadlia. She was born in Falls City Nebraska on December 4, 1938, to Jacob an Magdalene Bierbaum Stubinger.

She was united in marriage to Paul Dean Albin, November 13, 1954, at Faith Lutheran Church in Jefferson City, to whom three sons were born: Paul Arthur, Michael and Scott. For several years they resided in California, MO. before moving to Sedalia in 1958 where they made their home.

Connie was a stay at home mom raising the 3 boys. She was involved in helping various school activities for her boys. She also became involved as a crusader with the American Cancer Society going door-to-door

### Contance Louise Stubinger Albin

soliciting donations. She continued her work with the American Cancer Society and became the Pettis County Chairman. In 1978 with the help of many other volunteers more money was donated by the citizens of



Pettis Co. than had ever been raised prior to this time. She spent a total of 20 years volunteering for the American Cancer Society. It was during this time that she was even nominated for outstanding young woman of the year, although she did not win, she was very proud of have been nominated.

She and Paul loved to dance, they would dance to Big Band and Country Music. Together they danced at the Missouri State Fair and for several

years and won the Waltz and Jitterbug competition. They won the Polka after they had only practiced one time. They has also danced on Television on the Club Dance Show and Wild Horse Saloon show having a

great time together they were able to spend 17 warm winters in Texas where they had lots of fun times.

She had a bucket list of parasailing and skydiving which she was able to complete. After her boys were grown, and on their own, she went to work for the family business A&B Auto Trim until she and Paul retired in 2003.

Paul was the love of her life and when they would be out and about they always would walk hand

and hand.

Survivors include, her husband Paul Albin of 69 years of the home, sons, Paul, of Sedalia, Michael (Crista), of Sedalia, Scott, of Harrisonville. 2 grandsons, William and Stephen, 3 step-granddaughters, Chastity, Bailey and Allie. Great grandchildren, Anna, Andi, Riley and Kyler along with 9 additional great grandchildren. She is also survived by 2 sisters, Marilyn Bogard and Carol Connor.

She was preceded in death by her parents, Jacob and Magdalene Stubinger, a sister Ruth Sims, 2 brothers Robert and James Stubinger.

Funeral service will be held at a later date.

Memorial contributions may be made to Cancer Perks or to Crossroads Hospice in care of Rea's Funeral Home.

## FUNERALS

### William "Bill" Allen Pillars

1 p.m. Friday, Aug. 30 at Rea Funeral Chapel. Arrangements are under the direction of Rea Funeral Chapel.

### Jeffrey Lampton

2 p.m. on Friday, Aug. 30 at McGilley State Line Chapel, 12301 State Line Rd. in Kansas City. Arrangements are under the

direction of Vansant-Mills Funeral Home in Clinton.

### Carl Eugene "Gene" Arnett

6 to 8 p.m. Friday, Aug. 30 at Rea's Funeral Chapel in Sedalia. Arrangements are under the direction of Rea's Funeral Chapel.

### Carolyn Kay Tyler

Saturday, Sept. 14 at the Manzanola Cemetery in Manzanola, Colorado.

Arrangements are under the direction of Heckart Funeral Home in Sedalia.

### Rosalee (Rosie) Cramer

2 p.m. Sunday, Sept. 15 at Penwell Gabel Funeral Home in Olathe, Kansas. Arrangements are under the direction of Penwell Gabel Funeral Home

### Ethelu Stephens

11 a.m. Saturday, Oct. 5 at Crown Hill Cemetery

in Sedalia. Arrangements are under the direction of McLaughlin Funeral Chapel in Sedalia.

### Pam Baumgardner

11 a.m. Saturday, Oct. 12, 2024, at Lee Cemetery in Verona, Missouri. Arrangements are under the direction of Meadors Funeral Home In Republic

## POLICE REPORTS

### Sedalia Police Department Arrests Aug. 24

8:02 p.m.: John Linden Debates, 47, of Smithton was arrested after a vehicle stop at East Seventh Street and South Marvin Avenue for improper registration and failing to signal. Debates had a revoked driver's license and was released with a municipal court summons.

10:44 p.m.: Matthew Jacob Jones, 34, of the 400 block of East Sixth Street was arrested after a vehicle stop near South Carr Avenue and West 10th Street for speeding and improper lane usage. Jones was intoxicated by drugs and was booked and released at the Pettis County Jail with a State charge of DWI drugs.

Aug. 25  
2:59 a.m.: Samuel Alexander Wise, 18, of the 3100 block of Brianna Boulevard was arrested after a vehicle stop at Thompson Boulevard at Daryl Drive for a headlight out and disobeying a stop sign. Wise was impaired by drugs and was transported to the Pettis County Jail where he was booked on a State charge of DWI.

3:44 p.m.: Amber Felicia Gregg, 36, of the 1200 block of Elm Hills Boulevard was arrested after an officer responded to a reported assault with a weapon at Vermont park. They identified a primary aggressor and placed Gregg on a 24-hour hold pending a charge

of third-degree domestic assault.

4:27 p.m.: Jorge Cruz Cruz Arreola, 65, Of the 300 block of North Engineer Avenue was arrested after officers conducted a traffic stop on Veterans Memorial Road after identifying a suspended driver operating the vehicle. They transported Arreola to the Pettis County Jail pending charges of driving while suspended, failure to comply with an interlock system and no proof of insurance.

5:05 p.m.: Miguel Nava Pasquale, 18, of the 1300 block of South Kentucky Avenue was arrested after a traffic stop near Fourth Street and Limit Avenue for a vehicle that took an improper turn. The driver did not have a valid license and was transported to the Pettis County Jail, booked and released with charges of improper left turn, no proof of insurance and operating a motor vehicle without a valid license.

Aug. 28  
10:37 a.m.: Ana Bertha Mendez, 37, of the 1400 block of South Moniteau Avenue was arrested after officers conducted a traffic stop near Fourth Street and Grand Avenue on a vehicle that failed to obey a stop sign. Mendez did not have a valid driver's license and was transported to the Pettis County Jail, booked and released for operating a motor vehicle without a license, failure to stop at a stop sign and no proof of insurance.

### Incidents Aug. 26

1:18 p.m.: Officers were dispatched to Mid City Lumber, 2400 Clinton Road, in reference to someone coming into the store to pick up materials that were ordered using a stolen credit card. Information was gathered and a report was made.

6:03 p.m.: Sedalia police investigated a burglary/stealing/property damage report in the 1600 block of Honey-suckle Road. The victim reported a chainsaw was missing and a window screen had been damaged.

6:42 p.m.: An attempted scam in the 1600 block of Montgomery Avenue was reported and documented. The caller was not out any money and blocked the subjects.

8:52 p.m.: A report was taken in the 1900 block of West Main Street for a stolen firearm. The victim reported leaving the firearm in the business bathroom and when he returned it was gone. The firearm was entered into the system as stolen.

Aug. 27  
6:46 a.m.: Officers were dispatched to the 1300 block of South Barrett Avenue regarding a theft. They made contact with the reporting party and gathered information for a report. There is no suspect information.

7:24 p.m.: An officer responded to the intersection of North Ohio Avenue and West Main Street for the report of a hit and run accident. The

victim reported a collision at the intersection with the striking vehicle fleeing the scene without providing adequate information. There were no injuries reported.

### Aug. 28

7:39 p.m.: Sedalia police officers assisted Pettis County deputies in the 3500 block of South Grand Avenue in reference to a theft. officers gathered information and a report was generated.

### Pettis County Sheriff's Office Incidents Aug. 28

7:00 a.m.: Deputies took a report for the theft of a mini excavator in the 1000 block of Sedalia Road in Pettis county. The investigation continues.

### Missouri State Highway Patrol Arrests Aug. 28

9:45 p.m.: David H. Wertz, 56, of Sedalia was arrested in Pettis County for felony possession of a controlled substance and a misdemeanor warrant from the Sedalia Police Department. He was transported to the Pettis County Sheriff's Office and released.

### Aug. 29

6:05 a.m.: Jarrett R. Caldwell, 29, of Concordia was arrested in Johnson County for felony driving while intoxicated — persistent offender and failure to maintain a lane. He was transported to the Concordia police department and released.

Compiled by Chris Howell

## DEATH NOTICE

### Baumgardner

Pam Baumgardner, 74, died Sunday, Aug. 25, 2024, in Springfield.

A simple graveside service will be at 11 a.m. Saturday, Oct. 12, 2024, at Lee Cemetery in Verona, Missouri. In case of inclement weather, the service will be moved a short distance down the road to Tammie and Robin Walker's home. Arrangements are under the direction of Meadors Funeral Home In Republic.

### Lampton

Jeffrey Lampton, 64, of Kansas City, died Saturday, Aug. 24, 2024, at the Kansas City Hospice House in Kansas City.

A memorial service will be at 2 p.m. on Friday, Aug.

30, 2024, at McGilley State Line Chapel, 12301 State Line Rd. in Kansas City with visitation from 1 to 2 p.m. prior to the service, also at the chapel. Arrangements are under the direction of Vansant-Mills Funeral Home in Clinton.

### McCoy

Beverly Yvonne McCoy, 85, of Postal, died Sunday, Aug. 25, 2024, at Katy Manor in Pilot Grove.

Funeral services were at 10:30 a.m. Thursday, Aug. 29, 2024, at Campbell-Lewis Chapel in Marshall. Burial followed in Nelson Cemetery. Visitation was from 9:30 to 10:30 a.m. Thursday, Aug. 29 at the funeral home. Arrangements were under the direction of Campbell-Lewis Chapel.

### Photo Submissions

We invite readers to submit photos for "Community Snapshot," which features images of local residents and events. Images must be current, in JPEG format and must be the property of the person submitting the photo. Please include your name, city and a contact telephone number with your submission (phone numbers will not be published). Please also include the names of all persons in the photo and any additional information. Email your submissions to news@sedaliademocrat.com.



# (Pre-Exposure Prophylaxis) PrEP vs. PEP (Post-Exposure Prophylaxis)

**PrEP and PEP are medications that keep you safe from HIV.**

Take **PrEP** every day, **before** possible HIV exposure and continue as long as you might be exposed to HIV.

**HOW**  
is it taken?

Take **PEP** in an emergency. Start **ASAP** within 72 hours after an HIV exposure and take daily for 28 days.

Speak to your provider about **PrEP** or call the NYP Sexual Health Warm-line at (917) 580-1682 Mon-Fri 9am-5pm

**WHERE**  
can I get it?

Talk to your provider **immediately** or call the NYC **PEP** Hotline at (844) 373-7692.

**WHO**  
should take it?

**PrEP** is for people who **do not have HIV** but may be exposed in the future (like people who are having sex with more than one person, or who have had a sexually transmitted infection like chlamydia).

**PEP** is for people who **do not have HIV** but may have been exposed in the last 72 hours (for example, because of sexual assault or sex without a condom).

**REMEMBER: PrEP and PEP only protect you from HIV! Condoms offer additional protection against other sexually transmitted infections (STIs).**



Call to schedule an appointment  
**877-733-5824**

*Did you know?*

The Katy Trail Community Health Mobile Unit is available every other Tuesday at Recovery Lighthouse in Warrensburg!

All Medical Services are available.

HIV Testing is done the last Wednesday of the month from 9-3 at the Johnson County health department

PrEP 101	PrEP Access	Is PrEP Right For Me?
<p><b>PrEP Basics</b></p> <p>PrEP stands for <b>Pre-Exposure Prophylaxis</b>. The word "prophylaxis" means to prevent or control the spread of an infection or disease.</p> <p>PrEP is an HIV prevention option that works by taking <b>one pill every day</b>.</p> <p>PrEP can help prevent you from getting HIV if you are exposed to the virus.</p>	<p><b>How Can I Start PrEP?</b></p> <p>Talk with your doctor or health care provider to determine if PrEP is right for you.</p> <p>If you and your health care provider agree that PrEP might reduce your risk of getting HIV, he or she will test you for HIV and other sexually transmitted diseases.</p> <p>Your health care provider will also test to see if your kidneys are working well.</p>	<p><b>I am thinking about PrEP to prevent HIV. What now?</b></p> <p>Do your research. Seek out information to help you decide what's right for you.</p> <p>Talk to your health care provider if you have more questions.</p> <p>Make a list of why you think PrEP would be right for you.</p>
<p><b>How Does It Work?</b></p> <p>In several studies of PrEP, the risk of getting HIV from sex was much lower — about 99% lower — for those who took the medicine consistently than for those who didn't take the pill.</p> <p>Some of the same medicines prescribed for the treatment of HIV can also be prescribed for its prevention.</p> <p>When taken every day, PrEP can provide a high level of protection against HIV. But, only condoms protect against other STIs like syphilis and gonorrhea.</p> <p>People who use PrEP should take the medicine every day and return to their health care provider every 3 months for follow-up and prescription refills.</p>	<p><b>How Do I Pay for PrEP?</b></p> <p>PrEP is covered by most insurance programs.</p> <p>You can also contact your local health department and HIV/AIDS service organizations for more information.</p> <p>If you do not have insurance, your health care provider can direct you to medication assistance programs that may help pay for PrEP.</p>	<p><b>Frequently Asked Questions</b></p> <p>Would PrEP be a good option for me?</p> <p>How much would PrEP lower my risk of getting HIV?</p> <p>What else can I do to lower my risk of getting HIV?</p> <p>Will the daily pill work for my routine?</p> <p>Can I get help paying for PrEP?</p> <p>Are there any side effects to PrEP?</p> <p>How often will I be tested for HIV and other sexually transmitted diseases?</p> <p>Will you prescribe and manage PrEP for me?</p>
<p><b>SIDE EFFECTS</b></p> <p>Some people in clinical studies of PrEP had early side effects such as an upset stomach or headache. But these went away and usually went away in the first month. Some people also had a mild headache. No serious side effects were observed. The above list does not include all possible side effects or other symptoms. Some people may have other symptoms. If you have any symptoms, tell your health care provider if you are taking PrEP.</p>	<p><b>Start Talking. Stop HIV.</b></p> <p>#StartTalkingHIV /StartTalkingHIV</p>	<p>If you decide PrEP is right for you</p> <p>Take your pill every day.</p> <p>Follow your health care provider's advice about how to take your pill. This will give it the best chance to prevent HIV.</p> <p>Tell your health care provider if you have trouble remembering to take your pill or want to stop PrEP.</p>

Katy Trail Community Health Presents

# Pettis County Pride

Join Us!

**Saturday October 5, 2024**

**Hubbard Park Sedalia, MO • 11am-2pm**

Face Painting  
T-Shirt Tie-Dying  
Live Music and More!  
Lunch Provided

Katy Trail Community Health can help if you need assistance with Pep or Prep.

Talk to a PrEP Navigator – Tara 660-826-4774 ext 1283 or Elizabeth 660-826-4774 ext 1123

## Sedalia

821 Westwood Drive

Offers medical, behavioral health, dental and HIV testing

## Warsaw

17571 N Dam Access Rd

Offers medical, behavioral health, dental and HIV testing

## Sedalia

305 W. Main Street

Offers medical, behavioral health, optical, pharmacy

## Versailles

1109 Clay Road

Offers medical, behavioral health, optical, pharmacy

## Marshall

1825 Atchison Ave.

Offers medical, behavioral health, optical, pharmacy

Katy Trail Community Health offers Saturday Clinic at the 305 W Main St office from 9am to 12pm.

We offer delivery to each location and home delivery within Sedalia, Warsaw, Marshall, and Versailles city limits, and HIV testing



Virtual and face-to-face visits offered!



SCAN ME

TO SCHEDULE AN APPOINTMENT, CALL

**1-877-733-5824**

www.KatyTrailCommunityHealth.org

## CONTRIBUTING COLUMN

### Bad things just happen

My ten-year-old collided foot-first with the problem of evil last week.

She had just come home from her first week of school, ready for a satisfying weekend of crafting and working on her backyard clubhouse.

She's a careful child, so she suited up in a long-sleeved shirt, long pants, gloves and sturdy cowgirl boots to go out to her woodpile and choose boards to build with. I was inside making supper. Her father had just gotten home from work. I stepped into my room for only a moment when I heard a blood-curdling yell:

"MAMA!"

She was lying on the step half in and half out of the doorway, one shoe off, screaming and crying.

"I stepped on a rusty nail!"

A horrible little tingle went up my spine. Sure enough, her foot was bleeding pretty bad and had already begun to swell. She could not bend her toes. My husband and I took turns holding pressure on the wound while we rushed to get our own shoes on, shut off the still-cooking dinner, and get ready to take her on her very first emergency room adventure.

On the way to the ER, she sobbed angrily as I held her foot up in the backseat of the van: "I'm so sad and mad! I did everything I was supposed to! I had my boots on and it went RIGHT THROUGH! I'm sorry! It's my fault. I'm sorry."

We assured her that a nail in her foot was in no way a moral failing, that she had nothing to apologize for, that we were just worried about getting her fixed up and were sorry she was hurting. As it often happens in parenthood, I suddenly found myself speaking advice that I needed to hear at least as much as my child:

"Honey, sometimes you can do everything right and something bad still happens."

What a disappointing truth. Most of us don't even really want to admit it, because it goes against everything we believe about ourselves.

We're supposed to be self-made, self-actualizing men and women. Humans in charge of our own destiny, in control of our own bodies, and capable of doing anything we put our minds to. We don't believe in luck. We don't believe in fate. We believe in us. So when something happens that threatens our illusions of control, we search for a scapegoat. And if you're a perfectionist like my daughter, more often than not the scapegoat is



**Liz Schleicher**  
Contributing Columnist

yourself.

"If I had been better, smarter, harder-working, more careful, this bad thing wouldn't have happened. It's my fault," we bully ourselves, shouldering the blame for everything from missed promotions to life-threatening illnesses. We need things to be our fault, even if it hurts or embarrasses us, because the alternative is too horrible to consider: Sometimes bad things just happen, and there's nothing anyone can do about it.

Lacking total, iron-fisted control of our fate is no more a moral failing than stepping on a nail in the backyard. Shit happens — cancer, miscarriage, car accidents, layoffs, divorce — and even if personal perfection were possible, it still wouldn't protect us from suffering and disappointment. Entire world religions have developed to grapple with this truth, and in fact, one perfect Man died to demonstrate it to us. But still we refuse to believe it. We prefer our illusions, no matter how painful and unforgiving they are.

My daughter is fine. Some antibiotics, some painkillers and a tetanus booster and she was in and out of the emergency room in record time. By the end of the weekend, she was asking me if she could wrestle and do the long jump on a hurt foot.

She's a tough girl. Too tough on herself, but she comes by it naturally. She and I both want to find a lesson in every bad experience, but this time the lesson is a hard one for us both.

For her, the moral of the story is that bad things can happen even if you do everything right. For me, the lesson is that trying to project an aura of perfection and control can actually do harm to those around you. Little eyes are always watching, and to break the cycle, they must grow up learning that they are humans and not gods. Sometimes, bad things just happen. No one can be in control of their entire fate.

*Liz Schleicher lives in Green Ridge and is a wife, stay-at-home mother, writer and rare cancer survivor.*



## CONTRIBUTING COLUMN

### Yoga: All work and no play is not a good idea

When I've been lax in the exercise department and realize I'm not getting any younger, I go back to my first choice of physical activity: yoga.

I've practiced yoga on and off for several years, and the thing I like best about it is that I don't have to compete with anyone. I'm not trying to score points or run faster than anyone else, or do any of those things that we have to do when we play a sport.

No, yoga is just me trying to wind myself in knots on a mat on the floor. Supposedly, I'm developing patience and strength. That may be true, but mainly I'm just trying to do the poses without falling over, which gets more and more difficult the older I get.

Many years ago, I attended a class on Tuesdays and Thursdays at Convention Hall through Sedalia Parks and Rec, where Cindy Sell led our, at the time, young, lithe bodies in enough activity to make me sweat a little, which probably also had something to do with the fact that the room where we practiced was, as my mother would say, "hotter than the hinges of Hades."



**Deborah Mitchell**  
Contributing Columnist

didn't know it at the time, but I was participating in an iteration — a teeny variation — of what is now called "hot yoga," where people put themselves through yoga torture in a room that is heated up to somewhere around a million degrees. Convention Hall, though, wasn't artificially heated. It was just hot.

After Cindy moved, I found another class at Convention Hall. This time, our instructor was Nicci Funk, who believes that yoga is a test of one's strength and endurance, of which I had little. She put the middle-aged class through its paces, and we all gratefully ended up in the corpse pose, savasana, at the end of that class, lying on our mats, trying to catch our breath and wondering if we would ever move again. Eventually,

I found my ever-agging body resisting the strenuous moves, and I sadly had to find another class that was a little less demanding.

For years then, I went to yoga classes on Monday and Thursday afternoons at the College in a lovely quiet basement where Irene Renaud led our hardy band of senior citizens in stretching all those muscles that don't normally get stretched. But then COVID happened, and that class was no more.

Now, I'm generally one of the oldest members in three different classes: Audrey's, which comports with my idea of gentle stretching; Rena's, at the Heckart Community Center, which pushes my boundaries a little; and Jenny's, which usually goes faster than my body wants, but when I'm finished, I feel as if I have accomplished something. Jenny plays great music as we flow from one pose to another. It's obvious that she, who is a little older than Emily, has parents who taught her well, because we get to move to the best music — Fleetwood Mac, James Taylor, the Beatles, the BeeGees — all music that makes me smile while I attempt to balance on one foot.

Yesterday, as we were winding down, the playlist gave us "Hey, Jude," by the Beatles, and I was transported into the past, into my BFF Susan's basement, our sophomore year, at the pre-first-day-of-school party, dancing to all the current tunes, and then slowing it down to the best 7 minutes and 12 seconds in the world, when all the boys were able to legitimately hug a girl while barely moving their feet, without interruption or question, and all the girls were able to legitimately allow them to do it!

Somehow, that music makes yoga's twisting and turning and balancing much easier, even enjoyable. I even sing along sometimes.

Though it is needed exercise, yoga does help me maintain some sort of equilibrium in the middle of a stressful day — reminding me that all work and no play is not a good idea. It also helps me remember that my muscles and bones are getting older, and if I don't help them out, they are certainly not going to help me out as I march forward through time.

So onward. Time to do some yin.

*Deborah Mitchell is a Sedalia attorney.*

## GUEST COLUMN

### We can help bring civility back to politics by listening

Being civil seems like the bare minimum of what we owe each other, yet studies show that incivility is on the rise in our country.

A 2019 Pew Research survey found that 68% of those surveyed wanted elected officials to exhibit a tone of civility and respect in politics. Yet we watch politicians talk past each other seemingly to compete against and vanquish the other rather than solving the critical problems facing us.

I grew up in a rural area of Missouri, where my father was a public servant. He was appointed by the governor to the county clerk position, ran for many elected positions and served multiple terms. In every position, I watched him work both sides of the aisle to pass significant policy change.

These uncivil times call us to work harder than ever to be civil. We can relearn how to speak and commit to understanding rather than judging. We must dispel old, ineffective habits in conversations, such as interrupting, jumping to conclusions or dismissing others because you



**Wendy Doyle**  
Guest Columnist

think we know what they are going to say.

In my experience, I have learned how to be more effective through a very powerful, yet sometimes forgotten, conversational tool: Listening.

Listening isn't passive, it is active. By intently listening, you open, not close, your mindset.

Making an effort to intently listen to others opens the door to learning, gaining insights and creativity. All of those lead to problem-solving. When seeking policy change over the years, there have been many times where I have felt dismissed or not listened to, and I have become more aware of when I need to activate my listening skills to truly understand a person's perspective.

Women across Kansas and Missouri have shared this same sentiment with us during town hall meetings in all parts of these states. Listening skills are critical when there are strong disagreements, so there is a path cleared toward understanding.

Over time, I've used listening tools to build relationships with those who have different perspectives. It is only then that conversations will lead to solutions and policy change. Listening takes effort and patience. Remember your goal is to seek to understand and achieve long-term success. Here are the tools I use:

Be present, ask open-ended questions and show genuine curiosity. While others are talking, don't focus on what you're going to say next because you can miss a key insight.

Resist the urge to interrupt. It makes it more likely you will gain additional insight and a greater understanding of others' perspectives if you stay focused on what is being said.

Commit to removing emotion from the

conversation. Instead, frame your perspective with research and personal stories that create context for your insights.

Observe the other side's mood and willingness to compromise as well as what will make them walk away.

Be curious rather than appraising. Use this as an opportunity to ask questions and truly listen to one another in an openhearted way.

Healthy debate allows us to hear all perspectives and understand different points of view. We can agree to disagree, but when we walk away from the debate we do so with respect. The goal is not to win but to understand and work together to make policy changes for the public good.

As we head toward the November elections, the best path forward is to collectively unite to solve problems that improve and strengthen our communities. Let's all do our part to listen.

*Wendy Doyle is president and CEO of United WE, an organization dedicated to improving the economic status of women through data collection and education.*

#### Letters to the Editor Policy

The Sedalia Democrat welcomes letters from its readers on topics of general public interest. Persons with questions concerning Letters to the Editor may contact the Democrat at 660-826-1000 during regular business hours. Please note the following guidelines for letters and their submission:

- All letters to be considered for publication must include the name and address of the writer and a daytime telephone number where the writer may be reached during normal business hours.
- All letters must be signed. The name and hometown of the writer will be published.
- Letters must be 250 words or less.
- Letters may be mailed to:

Letters to the editor, Sedalia Democrat, 111 W. Fourth St., Sedalia, Mo., 65301 or emailed to news@sedaliademocrat.com.

# CRASH REPORTS

## Two from Sedalia seriously injured in South US 65 rollover

John A. Lamb, 53, of Sedalia, suffered serious injuries and James W. Kronk, 47, from Sedalia suffered serious injuries at 7:45 p.m. Monday in a Pettis County accident.

According to a Missouri State Highway Patrol report, Lamb was driving a 2004 Chevrolet Avalanche south on U.S. Route 65 north of Flat Creek and failed to negotiate a curve, slid off the left side of the roadway, struck the guard-rail, overturned several times and ejected both occupants.

Neither Kronk nor Lamb were wearing seatbelts. Both were transported to University of Missouri Hospital in

## Columbia. Blackburn woman hurt in Saline County mishap

Erin E. Finkeldei, 42, of Blackburn, suffered minor injuries at 5:50 p.m. Tuesday in a Saline county accident.

According to a Missouri State Highway Patrol report, Bingo was driving a 2022 Volkswagen Golf south on Missouri Route 127 at 150th Road when she failed to negotiate a curve, traveled off the right side of the roadway, struck a ditch, then struck a fence.

She was wearing a seatbelt and was transported to University Hospital in Columbia.

## Warrensburg woman hurt in Johnson County accident

Skylar R. Auman, 18, of Warrensburg suffered minor injuries at 1:45 p.m. Tuesday, Aug. 27, in a Johnson County accident.

According to a Missouri State Highway Patrol report, Auman was driving a 2017 Hyundai Sonata north on Missouri Highway 13 when she was rear-ended by a 2008 Chevrolet Impala driven by Sherry L. and Neuner, 61, of Lexington. Both drivers were wearing seatbelts, Auman was transported by private conveyance to Western Missouri medical center in Warrensburg.

## Columbia woman hurt in Moniteau County accident

Julie A. Thomassen, 25, of Columbia suffered minor injuries at 7:38 p.m.

Tuesday, Aug. 27, in a Moniteau County accident.

According to a Missouri State Highway Patrol report, Thomassen was driving a 2013 Chevrolet Cruze east on U.S. Route 50 at Cross Lane when she traveled off the right side of the roadway, struck a brick pillar and a ditch.

She was wearing a seatbelt and was transported to St Mary's Hospital in Blue Springs.

## Arkansas driver in serious condition after Johnson County collision

Austin J. Neff, 30, Poinsett, Alaska, sustained serious injuries at 5:02 a.m. Wednesday, Aug. 28, in a Johnson County accident.

According to a Missouri State Highway Patrol re-

port, a 2024 Chevrolet Silverado driven by Neff east on US 50 near Devasher Road rear ended a 2020 Freightliner Cascadia driven by Dorvil Jackson, 40, of Linden, N.J. in the turn lane to turn south on Devasher Road. The Silverado became lodged under the towed unit. The Cascadia then dragged the vehicle onto Devasher Road coming to rest in the northbound lane.

Neff was not wearing a seatbelt and was transported by Johnson County Ambulance District to Research Hospital in Kansas City.

## Two hurt in Moniteau County crash

Mark A. Tripp, 20, of Russellville and Richard K. Cotten, 41, of California suffered minor injuries at

6:15 a.m. Wednesday, Aug. 28, in a Moniteau County accident.

According to a Missouri State Highway Patrol report, a 2013 Kia Soul driven by Tripp west on U.S. Route 50 was following too closely and struck a 2013 Honda Accord driven by Cotton.

Both drivers were wearing seatbelts. Tripp was transported to St. Mary's Hospital in Jefferson City while Cotten was transported to Capital Regional Hospital in Jefferson City.

Information is taken from preliminary Missouri State Highway Patrol reports, which do not necessarily contain statements from all parties involved.

Compiled by Chris Howell

## FAKE

From Page A1

"I guess it just shows a lack of empathy and lack of humanity we have in some individuals," Anders said, "not necessarily individuals that live in Pettis county, but those in our society in general. There's just no regard for human life."

This investigation is ongoing, and please call 660-827-TIPS if you have information, or 660-827-0052 to speak directly to Detective Jennings, the lead detective.

## Car Chase leads to drug trafficking arrest

Later Saturday at 11:25 p.m. Sedalia po-

lice officers initiated a pursuit of a white Jeep Cherokee west out of city limits where a Pettis County deputy took over the chase at speeds nearing 100 miles per hour.

Mutual aid was requested and a Johnson County Sheriff's deputy deployed stop-sticks to blow-out three tires and end the chase near U.S. Highway 50 and state Route D.

Raymon McCoy, 31, of Lee's Summit was taken into custody with an empty gun holster in his waistband. Search of the Jeep found several rounds of ammunition, a loaded Kel Tec 380 handgun, and two baggies with approximately

a gram of methamphetamine and fentanyl.

McCoy was also wanted for unlawful use of a weapon, tampering with a motor vehicle, domestic assault, probation violation and had a revoked driver's license.

McCoy was booked into the Pettis County Jail on charges of second-degree drug trafficking, driving while revoked, resisting/interfering with arrest and unlawful possession of a firearm.

## Meth, fentanyl recovered in traffic stop

At 2:09 a.m. Sunday, Aug. 25, a traffic stop was conducted near US 50 and Missouri state Route TT on a black Jeep

Cherokee. David Carrender, 54, of Sweet Springs showed indicators of impairment. After Standardized Field Sobriety Testing, he was arrested for driving while intoxicated.

A vehicle inventory prior to towing uncovered several baggies containing a white crystal substance were located testing positive test for methamphetamine and fentanyl. The substance weighed just under two ounces.

Carrender was transported to Bothwell for a blood draw, initiated by the Sedalia Police Department's Drug Recognition Expert, and ultimately transported

to the Pettis County Jail pending a charge of second-degree trafficking.

"When you have even a gram of fentanyl, you're looking at a trafficking case," Anders said. "We are lucky that we have a prosecutor and judge that are willing to just throw the book at somebody that is engaging in trafficking of fentanyl because it is such a deadly substance."

Anders commended the agencies both in Pettis county and surrounding communities for their cooperation in the arrests this weekend.

"Our relationship with the surrounding agencies has grown tremendously over the last 3 1/2 years,"

Anders said. "I'm very proud of everybody that just gets together, we're all committed to that same goal of getting rid of this stuff."

Anders noted his transparency on the recent crimes is not meant to frighten citizens of diminish their quality of life.

"The intent of telling people what's going on is just to increase the awareness that is a threat in our community," Anders said. "Have a plan on how to deal with it and how you're going to talk to your children about these threats."

Chris Howell can be reached at 660-530-0146.

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AWARD

From Page A1

Reed spent the majority of his time at a satellite site at the University of Arizona Alfie Norville Gem and Mineral Museum in Tucson, Arizona.

"They have a gem lab there," Reed said. "So, basically, I was in their basement for two weeks to wrap up the last part of my degree ... It took a long time. I had to identify over 500 stones correctly, and then I had to accurately grade diamonds — it's very tedious. They don't give you big two and three-carat diamonds to look at. You're looking at smaller stones. It's harder to grade the cut on something like that."

Because of Reed's education and the business's equipment, Reed & Sons, which is celebrating 85

years this year, received the IJO Gem Lab certification. If individuals are looking online to determine what a gemstone is, search engines will direct them to Reed & Sons.

Since being certified, Reed has noticed an uptick in customers.

"I've had more appraisals for sure," Reed said. "Appraisals have naturally increased anyway because gemstones and gold particularly have increased substantially in the last few years. So, if you had an appraisal done longer than five years ago, you definitely need to have a reevaluation. But with certification, people seek us out."

Reed & Sons Jewelry, 825 Thompson Blvd., is open from 9 a.m. to 5 p.m. Tuesday through Friday; for more information, call 660-826-2282.

Faith Bemiss-McKinney can be reached at 660-530-0289.

SAFE

From Page A1

So, there's a focus on how we help solve the fatal and serious injury crashes. That's an area where there's a lot of redundancy needed, so it's not just engineering and it's not education but it's focusing on all the things."

Wilson & Company engaged with dozens of people at the meeting to solicit information on their travel habits.

"We're doing analysis, research, working with a technical advisory group and having public engagement to understand issues as well as informing," Pearson said. "This is an open house where we're sharing our progress. We'll have another technical advisory meeting, and in a few weeks, we'll share our draft progress of the plan."

Sedalia 200 Superintendent Todd Fraley was invited to be part of the SS4A coalition.

"Schools and and school safety are big part of the traffic flow in Sedalia," Fraley said. "Our arrival and dismissal are very important to the families of this community. Traffic flow in and out of our facilities for events and activities is also a big part of it. We want Sedalia to grow and prosper and that requires enhanced infrastructure."

Corporal A.J. Silvey with the Sedalia Police Traffic Division has a wealth of knowledge he is sharing with SS4A in hopes of garnering some of the Federal dollars for traffic improvements in town.

"I've worked here for a long time," Silvey told the Democrat. "Just over 18 years, so I have a lot of the crash data and not just

in my head but on paper through our record management system. I'm very familiar with our high crash locations and try to participate in these planning sessions as much as I can to bring that history and that that knowledge sharing. Whenever you apply for federal grants the first thing they're going to want is data to support this grant, we have to demonstrate that through our data and through our traffic studies."

Don Huber is one of several bicyclists at the meeting concerned with Sedalia traffic.

"I lived here 35 years ago and moved back here to retire and to be honest with you am appalled that Sedalia has not done anything proactively to make its transportation system safer for all road users," Huber said. "The older part of town is wonderful to get

around on, it's the newer stuff Sedalia has built is so bad and so substandard, I don't understand it"

Huber was able to voice his concerns but is unsure they will ultimately be addressed.

"I don't know if I was speaking with decision makers, but the people I spoke with seemed very interested and somewhat in agreement," Huber said. "What's good for bike and pedestrian planning is also good for motorists, if you make the road safer for me as a bicyclist, you're also making it quite a bit safer for motorists."

Sedalians wanting to voice their opinions on traffic safety can find a survey on the City of Sedalia website or by visiting ss4asedalia.com/survey.

Chris Howell can be reached at 660-530-0146.

ARREST

From Page A1

If it was a serious threat or not the post carries the full weight of the law in an age of school shootings. Anders put some of the blame on you and me.

"The problem is that seems to be a go to, and no offense, but I blame the media for the continuation of that," Anders said. "We tend to glorify and sensationalize those that go out and wreak havoc and destruction throughout our country. We know their names, we know what their goals were,

and we look at that." Anders correctly stated there is unfortunately an element in society that reveres mass shooters.

"They create a scenario where they want to best that number," Anders said. "The entire goal is of wreaking the greatest amount of havoc and death in the shortest period of time. We see this routinely throughout our country."

Whether that motivation was part of the reasoning for yesterday's threat, Anders hopes cooler heads will prevail and no one will attempt more shootings due to media coverage.

"I'm not messing around with this," Anders said. "Maybe that wasn't the true intent, but that's not covered in the law. What the statute says is if you have made a terroristic threat that is alarming to others and causes some kind of reaction based on that alarm, you've committed this crime."

Holman was booked and released from the Pettis County Jail for making a third-degree terroristic threat.

Anders gave credit for the swift action to the school resource officer, his deputies, Sedalia police

and the FBI for finding the online threat so quickly.

"They do a good job of on the terrorism side of it," Anders said. "With everything that's happened in the country over the last 25 years it's something that seems to be a recurring issue. To monitor an entire globe on certain things that people say, and this was one that was able to be addressed. This kid, I don't think he had the intent of actually following through, it was just one of those things that you just don't say."

Chris Howell can be reached at 660-530-0146.



Reed & Sons Jewelers is celebrating 85 years of business this year. Director of Operations Ryan Reed is seated by the Wall of Reeds. From left are his father, Charles Reed, who owns the business; grandfather, James A. Reed; great-great-grandfather, James S. Reed; and great-grandfather, J.S. Reed.

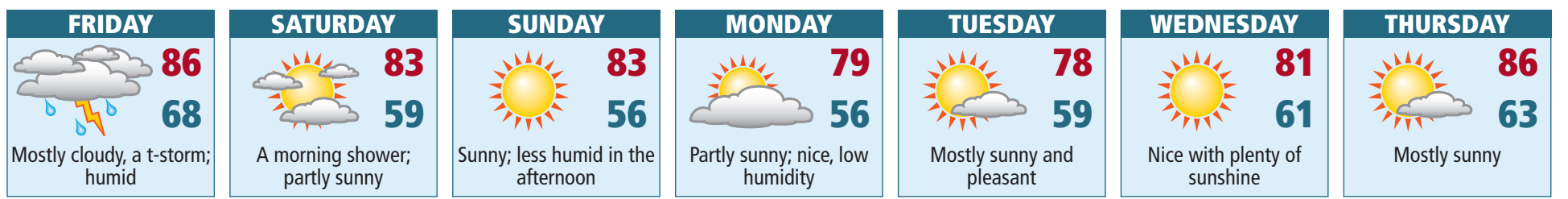
PHOTO BY FAITH BEMISS-MCKINNEY | DEMOCRAT

Advertisement for Sedalia Democrat website and E-Editions, featuring a train image and a smartphone displaying the website.

THE WEATHER

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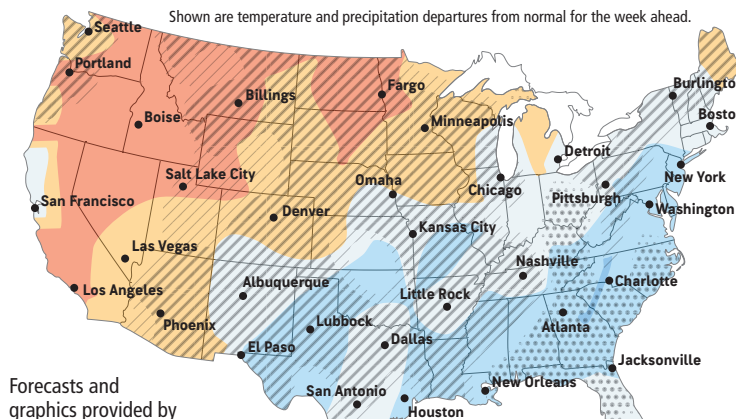
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REGIONAL CITIES

Table listing weather forecasts for various regional cities including Boonville, Branson, Cape Girardeau, Carthage, Columbia, El Dorado Spgs, Excelsior Springs, Falls City, Fayetteville, Florissant, Fulton, Grandview, Jefferson City, Joplin, Kansas City, Kansas City, MO, Kennett, Kirksville, Lawrence, Marshall, Moberly, Mountain Home, Paducah, Poplar Bluff, Rolla, St. Joseph, St. Louis, Sedalia, Springfield, IL, Springfield, MO, Tipton, Topeka, Tulsa, Versailles, and Warrensburg.

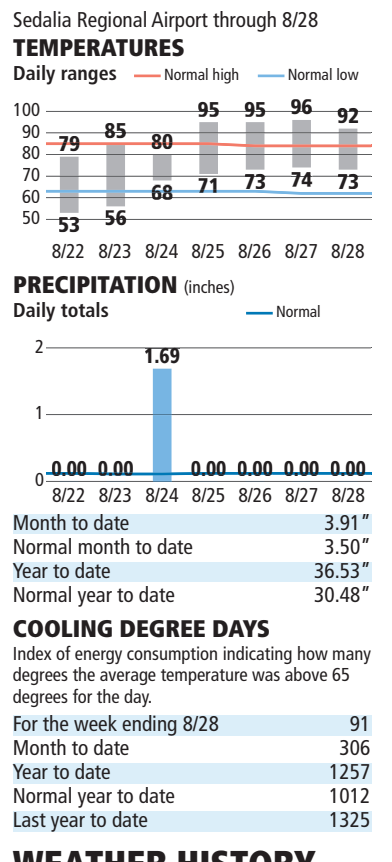
NATIONAL WEATHER THIS WEEK



Forecasts and graphics provided by AccuWeather, Inc. ©2024

Table showing national weather forecasts for major cities including Albuquerque, Atlanta, Billings, Boise, Charlotte, Chicago, Dallas, Denver, Detroit, El Paso, Houston, Jacksonville, Las Vegas, Little Rock, Los Angeles, Miami, Minneapolis, Nashville, New Orleans, Omaha, Phoenix, Pittsburgh, Portland, OR, Salt Lake City, San Francisco, Seattle, and Washington, DC.

WEEKLY ALMANAC



SUN AND MOON

Table showing sunrise and sunset times for the week of August 30, 2024.

MOON PHASES

Table showing moon phases: NEW (Sep 2), FIRST (Sep 11), FULL (Sep 17), and LAST (Sep 24).

Advertisement for Mark Pohl, The Homes Tour.com and The Commercial Tour.com, featuring a QR code and contact information.



Lincoln junior Dawson Parrott hauls in a pass during football practice Monday, Aug. 26.  
PHOTOS BY JACK DENEBEIM | DEMOCRAT

## EXPERIENCE TO BE SEASON'S KEY FOR LINCOLN FOOTBALL

By Jack Denebeim  
jackd@sedaliademocrat.com

Last year's Lincoln football team called themselves the '22 new.' The team was made up of players who were new to playing football at the varsity level, which led to a lot of growing pains during the Cardinals' 2-7 season.

However, the team believes last year was a learning experience that will benefit them this season, as the Cardinals return all 22 of their starters from a season ago.

"Overall, these kids are seasoned," head coach Brad Drehle said. "They've been through the varsity game."

Senior Camden Everhart admitted that winning was secondary to the Cardinals last season while they tried to gain experience and learn everything they could.

Early this season, though, Everhart has noticed the differences between this year's team and last year's team.

"Last year, our motto was 'work now, win later,'" Everhart said. "This year, it's, 'earn it.' So, we're earning from all the work we've put in these last two years because it hasn't really just been one year that we've been working. We've done this since we got to high school. We've all worked to get to this point so we can be competitive... This year, everybody's a little bit older, a little bit stronger, a little bit more there mentally and physically than we were the past year."

See **LINCOLN**, Page A12



Lincoln head football coach Brad Drehle talks to the team during a walk-through practice Monday, Aug. 26. Drehle is heading into his fifth season with the Cardinals.



Windsor junior Reece Heany throws a pass during football practice Wednesday, Aug. 28.  
PHOTOS BY JACK DENEBEIM | DEMOCRAT

## WINDSOR FOOTBALL FACES HIGH EXPECTATIONS THIS SEASON

By Jack Denebeim  
jackd@sedaliademocrat.com

Great expectations always surround Windsor football.

Over the last seven seasons, the Greyhounds have won 67 games, three district championships and a state title in 2020.

This year's expectations are no different.

"This is Windsor football, so we got to play up to it," junior Reece Heany said.

Although they are three years removed from their last district championship, the Greyhounds are coming off a 2023 season that saw them go 8-4 and finish as Class 1 District 3 runner-ups.

However, head coach Chuck Speer said this season's team is hungry to get back to the top.

"We had a really good summer," Speer said. "We had really good participation in our two camps we went to. We got about 10 days of practice in in the summer and those were contact days. Then, we hosted a camp here with Clinton, Sherwood and



Windsor football players practice their offensive plays Wednesday, Aug. 28.

Willow Springs, and we felt like if we were keeping score we would've beaten those teams. Then, we went up to Carrolton and competed against four other teams up there... These juniors and seniors have been beat up on by the classes before them that were so good, so they're bringing it. They're used to that and bring it to that level."

The Greyhounds return many of their starters from a year ago, including All-State seniors Hayden Wilson and Alex Bauer.

Wilson said he is excited by this team's potential because they have been through the wringer together.

"We've been playing with these guys for 12 years," Wilson said. "We've all been together this whole push. So, this is it."

Wilson and Bauer are two of six seniors for the Greyhounds this season as they are joined by Carter Miller, Levi Williams, Jerick Millington and Jacob Scott.

Heany will lead a large

junior class at quarterback this season.

With expectations so high, Bauer said the team has been pushing each other during practice to be the best they can be.

"Our community really depends on us," Bauer said. "So, that gives us the motivation to not disappoint them and bust our butts at practice. We got a lot of scrappy practices and it gets heated sometimes, but we push each other to our limits."

See **WINDSOR**, Page A11

## Tipton football hungry for another successful season

By Jack Denebeim  
jackd@sedaliademocrat.com

One year removed from an 8-3 season, the Tipton football team didn't want to let their success stop them from being satisfied.

Which is why when last season ended, the Cardinals wanted to get back to work as soon as they could.

"They were the ones who set the date and said when they were going to start," head coach William Duke said. "They started earlier than we had talked about and they just said they wanted to keep going with their off-season strength and speed training so that they could have the best chance to be successful, and I think they have what it takes to put themselves in a position to be successful."

Duke said it's been refreshing to see the players



Tipton football players gang up to make a tackle during a game against Cole Camp in 2022. The Cardinals finished the 2023 season with an 8-3 record.  
FILE PHOTO BY BRYAN EVERSON | DEMOCRAT

be so willing to put in the effort this offseason to be great.

"They're willing to be challenged. They're willing to be uncomfortable so that they can continue to be successful," Duke said. "It's nice to see."

The best part, Duke said, is that everybody on the team, from seniors to freshmen, are learning how to lead.

"We don't have a lot of seniors this year, we

have four of them, but they're still a good group of leaders that have helped move things in the right direction," Duke said. "We have a lot of underclassmen who received a lot of playing time last year who are helping lead the team and they're doing a good job with it."

The Cardinals' four seniors are Lucas Cashman, Peyton Marcum, Gaige Belt and Landon Griffin.

See **TIPTON**, Page A12

## NORTHWEST FOOTBALL SETS HIGH GOALS AHEAD OF SEASON

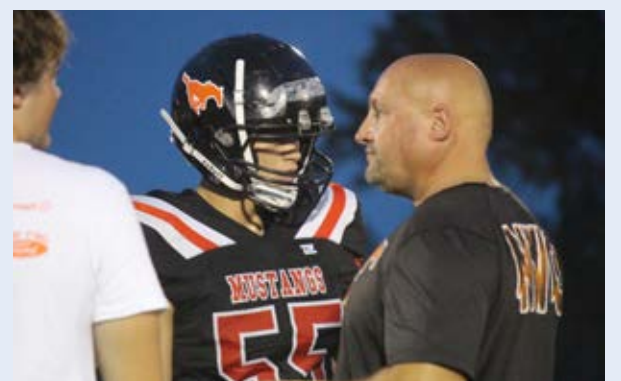
By Jack Denebeim  
jackd@sedaliademocrat.com

Coming off a roller-coaster season last year, the Northwest 8-man football team has their goals set high for this season.

"We want to make a run," head coach Caleb Crooker said. "We want to win districts and play deep into the playoffs. That would be our goal for sure."

Last season, the Mustangs started 0-4 before winning five of their next six games, including a 72-0 win over Santa Fe in the first round of the Class 1 District 3 Tournament.

Crooker said the team showed its guts in turning last season around, and with much of the team still intact from last year, Crooker has a lot of con-



Northwest head football coach Caleb Crooker, right, addresses the team in a huddle during a game against Santa Fe last season. Crooker is going into his 18th season as head coach.  
FILE PHOTO BY BRYAN EVERSON | DEMOCRAT

fidence heading into this season.

"Our kids showed a lot of heart," Crooker said. "They didn't just give up on the season. We lost our first four games, but they just kept grinding and never gave up. I believe that's really going to show this year."

The Mustangs ended

the year with a 5-6 record.

Among players returning this season for the Mustangs are senior defensive backs Kayden O'Bryan and Clay Crooker. Both players were recently recognized as Missouri 8-Man Football Elite Eight players heading into this season.

See **GOALS**, Page A12

# SPORTS CALENDAR

## Friday, Aug. 30 FOOTBALL

- 7 p.m. — Smith-Cotton at Warrensburg
- 7 p.m. — Cole Camp at Salisbury
- 7 p.m. — Willow Springs at Lincoln
- 7 p.m. — California at Tipton
- 7 p.m. — Lone Jack at Windsor
- 7 p.m. — Northwest at Santa Fe

## SOCCER

TBD — Sacred Heart, Smith-Cotton at Smith-Cotton Shootout

5 p.m. — Smithton at Fatima

## GIRLS GOLF

9 a.m. — Sacred Heart, Stover at Boonville Par Three Event

## GIRLS TENNIS

4 p.m. — Marshall at Smith-Cotton

## Saturday, Aug. 31 MEN'S SOCCER

1 p.m. — Iowa Central Community College at State Fair Community College

## CROSS COUNTRY

9 a.m. — Smith-Cotton, Tipton, Stover at Jim Marshall Invitational

9 a.m. — Northwest, Otterville, Windsor at Clinton Invitational

## VOLLEYBALL

TBD- Sacred Heart, Tipton at Tolton Catholic Tournament

## SOFTBALL

TBD- Smith-Cotton vs. New Franklin (Lady Pirate Leadoff Classic)

## Monday, Sept. 2 VOLLEYBALL

5 p.m. — Cole Camp at St. Paul Lutheran (Concordia)

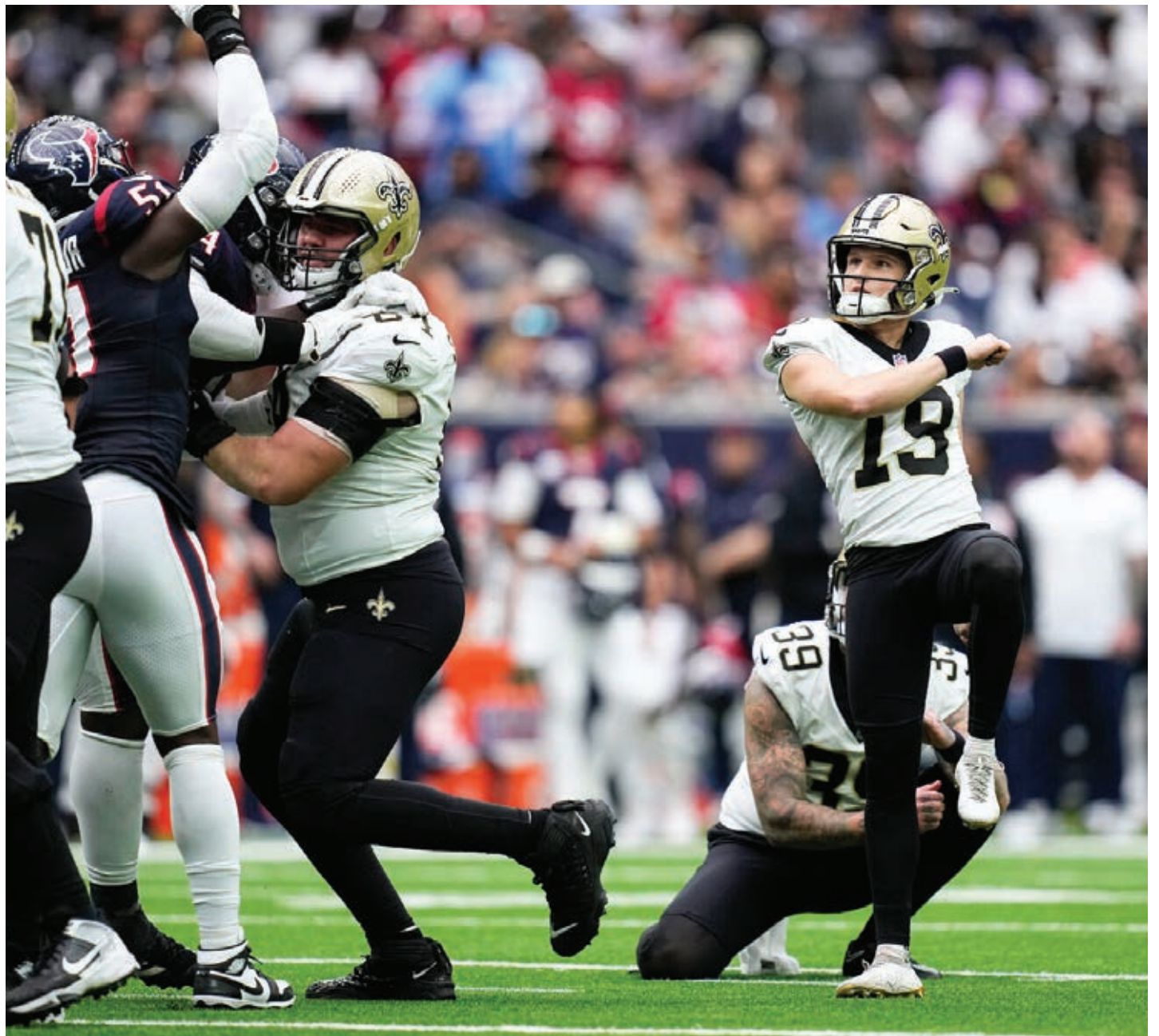
5 p.m. — Sacred Heart at Marshall

## WOMEN'S SOCCER

5 p.m. — State Fair Community College at Johnson County Community College

## MEN'S SOCCER

7 p.m. — State Fair Community College at Johnson County Community College



New Orleans Saints kicker and Smith-Cotton alum Blake Grupe (19) watches his field goal attempt during an NFL football game against the Houston Texans in Houston, Sunday, Oct. 15, 2023. FILE PHOTO BY ERIC GAY | AP PHOTO

# Grupe earns spot on Saints roster

By Democrat Staff

Smith-Cotton alum Blake Grupe has secured his spot on the New Orleans Saints' roster for the second year in a row.

Grupe beat out international rookie kicker Charlie Smyth, who was waived by the Saints Tuesday, Aug. 27, as teams trimmed their roster sizes to 53 players ahead of

the 2024 season.

During the preseason, Grupe went 5-for-5 on field goals with a long of 54 yards, which he hit against the Tennessee Titans Sunday, Aug. 25. He also went 5-for-5 on extra points.

As a rookie last season, Grupe was 30-for-37 (81.1%) on field goals with a long kick of 55 yards, and 40-for-40 on extra points.

With the NFL's new kickoff format this season, it is important for kickers to not have touchbacks because otherwise the receiving team will start from their own 30-yard line.

In his eight kickoff attempts during the preseason, Grupe had just three touchbacks, giving Saints opponents an average starting field position of the 27-yard line.

Grupe and the Saints will kick off their regular season at noon Sunday, Sept. 8, against the Carolina Panthers. The game will be broadcast on FOX.

Grupe will make his first-career visit to Arrowhead Stadium on Oct. 7 when the Saints take on the Kansas City Chiefs for Monday Night Football. That game will be aired at 7:15 p.m. on ESPN.

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# AFC WEST PREVIEW: Chiefs reign supreme in pursuit of three-peat



**By Arnie Stapleton**

AP Pro Football Writer

The Kansas City Chiefs have ruled the AFC West since two-time MVP Patrick Mahomes was still slinging it at Texas Tech. They've won the division every year since 2016.

What the back-to-back Super Bowl champs are really out to accomplish this season, though, is something that's never been done before: a three-peat that has eluded the other seven repeat champs, including the Pittsburgh Steelers twice.

As tight end Travis Kelce celebrated the Chiefs' 25-22 win over San Francisco in Las Vegas at the last Super Bowl, his thoughts were already on the next one, in New Orleans on Feb. 9, 2025.

"How about that?" Kelce hollered. "We get a chance to do it three times in a row."

None of the other back-to-back Super Bowl champs even made it back to the big game for a shot at a three-peat. Joe Montana and the 49ers came closest, but lost to the New York Giants 15-13 on Matt Bahr's 42-yard field goal as time expired in the NFC championship at Candlestick Park following the 1990 season.

The NFL is the only major sports league in North America that hasn't had a back-to-back-to-back champion. The feat was last accomplished in the NBA by Kobe Bryant and Shaquille O'Neal with the Los Angeles Lakers from 2000-02, shortly after the Yankees won three straight World Series titles from 1998-2000. The last NHL team to do it was the New York Islanders in the early 1980s.

In trying to break the Chiefs' stranglehold on the AFC West, the Denver Broncos and Las Vegas Raiders both brought in new quarterbacks and the Los Angeles Chargers hired a new head coach.

Rookie Bo Nix will be the 14th different starter at quarterback in Denver since Peyton Manning retired following a triumphant Super Bowl 50 — the last time the Broncos even reached the playoffs.

Journeyman Gardner Minshew won the Raiders' QB competition and Justin Herbert has coach Jim Harbaugh calling the shots in Los Angeles. The former 49ers head coach returned to the NFL after guiding Michigan to the national title last season.

The Chiefs bring back largely the same cast led by Mahomes, Kelce, coach Andy Reid and All-Pro defensive tackle Chris Jones, who signed a five-year, \$158.75 million contract in the offseason.

**Rich get richer**

The Chiefs got even better in the offseason, upgrading their wide receiver corps by signing free agents "Hollywood" Brown and Juju Smith-Schuster and drafting Xavier Worthy in the first round.

In Smith-Schuster, the Chiefs are reuniting with a veteran pass catcher who helped Kansas City beat the Eagles 38-35 in the Super Bowl two years ago.

GM Brett Veach shored up the team's greatest remaining roster weakness by signing Broncos castoff running back Samaje Perine shortly after roster cuts Tuesday.

The Broncos also had an abundance of wide receivers and three whom

they let go — Tim Patrick (Lions), Brandon Johnson (Steelers) and Jalen Virgil (Bills) — were snapped up to serve on other teams' practice squads.

**Poking the bear**

If the Chiefs needed any fresh fire for their quest, they got it this summer from an unlikely source: Trey Taylor, the Jim Thorpe Award-winning former Air Force safety and Raiders seventh-round draft pick.

A Raiders fan attending the team's training camp brought a Kermit the Frog puppet complete with a Mahomes wig and jersey to practice. A viral video showed Taylor laughing with the other players while placing the puppet on his right hand and speaking in a voice that sounded like both the genial green amphibian and the three-time Super Bowl winning QB.

Las Vegas coach Antonio Pierce said the team addressed the rookie clowning on Mahomes and declared, "It's over with."

Maybe not. "It'll get handled when it gets handled," Mahomes said when asked about the mockery by the Raiders rookie.

Mahomes has manhandled the Raiders, beating them 10 times in 12 tries. He's also 12-1 against Denver and 8-2 against the Raiders.

That's 30-5 against division opponents, the chief reason Kansas City has owned the AFC West for so long.

**Nix is up next**

Nix, the sixth quarterback selected in the top dozen picks in the NFL draft in April, beat out career backup Jarrett Stidham and 2021 second overall pick Zach Wilson

to win the Broncos' starting job.

When the Broncos open at Seattle on Sept. 8, he'll become the first rookie quarterback to start a season for Denver since Hall of Famer John Elway in 1983.

Elway's debut was forgettable: He went 1 for 8 for 14 yards with an interception and four sacks before being replaced by former starter Steve DeBerg, who rallied the Broncos past the Pittsburgh Steelers 14-10.

**Harbaugh and Herbert**

Jim Harbaugh was quick to praise Justin Herbert for quickly picking up the new offense, but the Chargers' fifth-year quarterback's acclimation was dealt a setback with yet another injury this summer. This time, it was

to the plantar fascia in his right foot that had him in a walking boot for two weeks.

Over the past two seasons, Herbert has had bruised ribs, a torn labrum to his non-throwing shoulder and two broken fingers, including one on his throwing hand that caused him to miss the final four games last season.

Harbaugh had some more praise for Herbert when the QB was among a dozen Chargers players who got stuck in an elevator for two hours at the team hotel the night before a preseason game at Dallas. Harbaugh said he saw the players as they were rescued and Herbert hadn't even broken a sweat.

**Predicted order of finish**

Chiefs, Broncos, Chargers, Raiders.



Kansas City Chiefs quarterback Patrick Mahomes (15) throws a pass against the Detroit Lions during the first half of an NFL preseason football game Saturday, Aug. 17, 2024, in Kansas City, Mo. PHOTO BY ED ZURGA | AP PHOTO

# Former UCM OL Puni makes 49ers roster

**By Joe Andrews**

joea@warrensburgstarjournal.com

At least one NFL athlete with ties to Central Missouri football was a lock-in to make an initial NFL 53-man roster ahead of the cut deadline Tuesday, Aug. 27.

Offensive lineman Dominick Puni made the San Francisco 49ers as expected. He is projected to be San Francisco's starting right guard, a development that unwinded over the course of training camp.

Puni took first-team snaps at the position through most of camp, benefiting from the injuries of Jon Feliciano (knee) and Spencer Burford (finger).

"Every day is another step toward learning something new," Puni said during his media availability on Aug. 20. "Especially in this offense, which is a difficult offense to jump in and learn for the first time. I'm just taking it day-by-day and learning the playbook. There still are little details within every play that I need to get better at. I'm doing it."

Puni played at Central

Missouri from 2018 to 2021 before transferring to the University of Kansas for the 2022 and 2023 seasons.

He was ultimately selected in the third round of the 2024 NFL Draft. Feliciano and Burford were both out of the picture early in training camp. Burford returned to team activities on the backend of the preseason, while Feliciano will begin the year on injured reserve.

Puni played 58 block-passing snaps over the course of the preseason, giving up just two quarterback pressures while allowing no sacks.

"I thought he has done a good job in all three of his games," 49ers head coach Kyle Shanahan said in his media availability on Sunday, Aug. 25. "He got a hell of an opportunity with the guys in front of him going down, and I believe he's taken advantage of it and he's gotten better throughout camp, and it's carried over to these games."

If projections live up to their name, Puni will make his regular season

NFL debut as the Brock Purdy-led 49ers meet Aaron Rodgers' New York Jets on Monday Night Football on Monday, Sept. 9.

Puni is one of two former UCM football athletes on a preliminary NFL 53-man roster, joined by his former teammate in wide receiver Ryan Flournoy.

The last Mules athlete to appear in a regular season NFL game was tight end Delanie Walker, who was active from 2006 until 2019. He split his time between the 49ers and the Tennessee Titans.

Joe Andrews can be reached at 660-747-8123.



San Francisco 49ers guard Dominick Puni (77) lines up during an NFL preseason football game against the Las Vegas Raiders, Friday, Aug. 23, 2024, in Las Vegas. The Raiders and 49ers finished in a tie 24-24. PHOTO BY RICK SCUTERI | AP PHOTO

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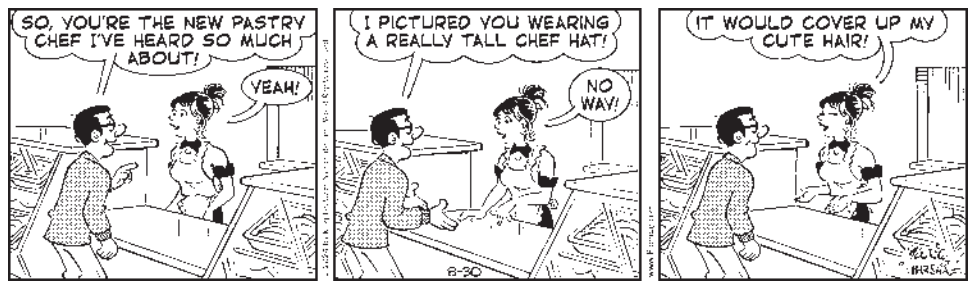
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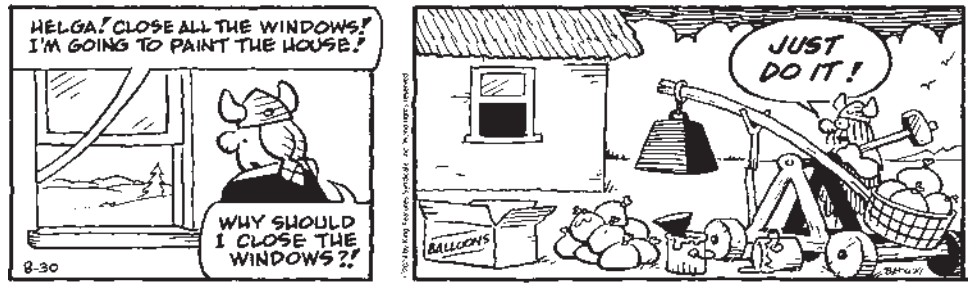
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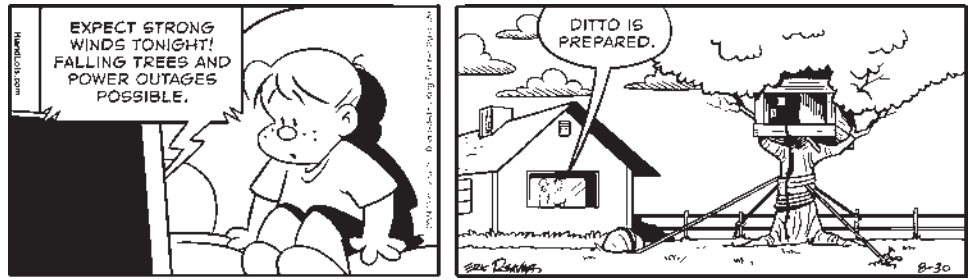
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### HI AND LOIS

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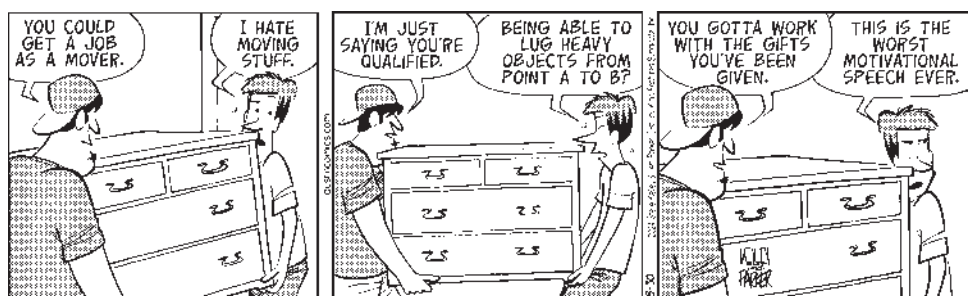
### THE BRILLIANT MIND OF EDISON LEE

BY JOHN HAMBROCK



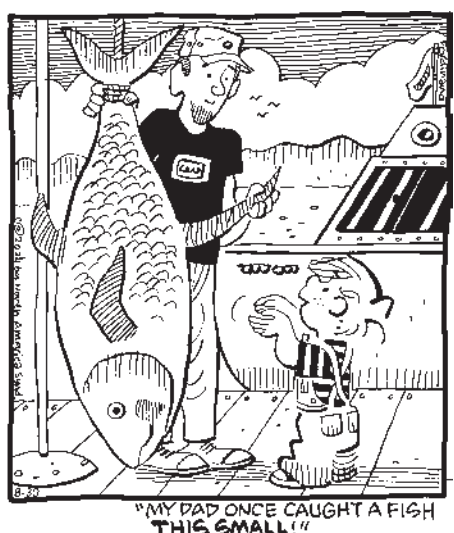
### DUSTIN

BY STEVE KELLEY & JEFF PARKER



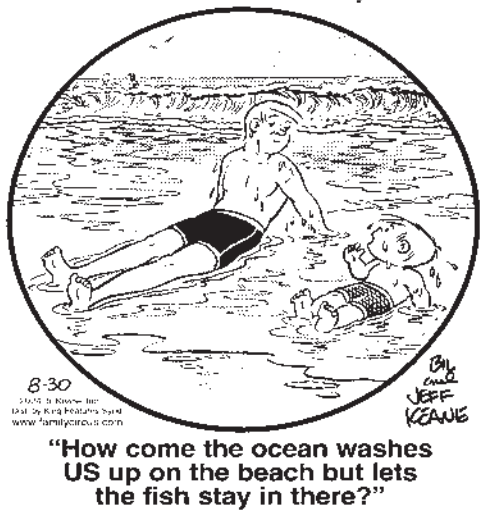
### DENNIS THE MENACE

BY HANK KETCHAM



### THE FAMILY CIRCUS

By Bil Keane



8-30

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www.familycircus.com

BY JEFF KEANE

"How come the ocean washes US up on the beach but lets the fish stay in there?"

### CROSSWORD

By THOMAS JOSEPH

- ACROSS**
- 1 Diamond clubs
  - 5 Curving paths
  - 9 Massage targets
  - 11 Day in Hollywood
  - 13 Iron output
  - 14 Eric Clapton song
  - 15 Young one
  - 16 Mine, of a sort
  - 18 Little laugh
  - 20 Fort Worth sch.
  - 21 Ancient physician
  - 22 Bath need
  - 23 Seething
  - 24 Big truck
  - 25 Which person
  - 27 Bravery
  - 29 Brood watcher
  - 30 One-time deliverers
  - 32 Touch-down boundary
  - 34 Daiquiri need
  - 35 Hiking route
  - 36 Folded food
- DOWN**
- 1 Soaks up sunshine
  - 2 Stage work
  - 3 Neal Stephenson novel
  - 4 Salt source
  - 5 Psychiatrist Alfred
  - 6 Reddish horse
  - 7 Neal Stephenson novel
  - 8 Glass base
  - 10 Like some meats
  - 12 Showed sudden interest
  - 17 Signing need
  - 19 Chowder chunk
  - 22 Vaccine pioneer
  - 24 Parking attendants
  - 25 Sharpens Ibsen
  - 26 Dramatist
  - 27 Coq au —
  - 28 Olympian's goal
  - 30 European fashion center
  - 31 High homes
  - 33 Green hue
  - 37 "That's it!"

N	U	D	E	S		E	V	A	D	E	
A	T	A	L	L		T	I	B	I	A	
T	A	L	O	R		H	I	C	K	S	
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#### Tuesday's answer

- 8 Glass base
- 10 Like some
- 12 Showed
- 17 Signing
- 19 Chowder
- 22 Vaccine
- 24 Parking
- 25 Sharpens
- 26 Dramatist
- 27 Coq au —
- 28 Olympian's goal
- 30 European fashion center
- 31 High homes
- 33 Green hue
- 37 "That's it!"

1	2	3	4		5	6	7	8	
9				10		11			12
13						14			
15				16	17				
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	21						22		
		23				24			
25	26				27				28
29				30					31
32			33					34	
35						36	37		
38						39			
	40							41	

8-30

### MARVIN

BY TOM ARMSTRONG



### BIZARRO

BY DAN PIRARO



#### King Classic Sudoku

			7	3	4			
			8		6	2		5
		2						3
8	3					1	5	
7	5		2		9	8		
		1	4				3	9
	4	3	9		7	5	1	
		8	1	5		4		7

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#### Answer to previous puzzle

3	8	4	6	5	1	7	9	2
1	6	5	2	9	7	4	8	3
7	2	9	8	3	4	5	1	6
4	3	8	7	2	5	9	6	1
9	7	1	4	6	8	3	2	5
2	5	6	3	1	9	8	4	7
8	9	2	5	7	6	1	3	4
6	4	7	1	8	3	2	5	9
5	1	3	9	4	2	6	7	8

Difficulty: ★★

8/27

Difficulty: ★★★

8/30



Windsor head football coach Chuck Speer instructs the team during practice Wednesday, Aug. 28. PHOTO BY JACK DENEBEIM | DEMOCRAT

## WINDSOR

From Page A7

Speer said for the team to live up to their expectations this season they just need to lock in when the bright lights come on and do the little things right.

“All the players in the Windsor Hall of Fame, all those names on the board, they all come back on Friday nights,” Speer said. “The town basically shuts down and it’s an old-school Friday night. So, it’s a pretty neat deal. They raise the flags and see the colors fly, and everybody pulls for these kids. We just got to keep it rolling like that and we have the potential to be really good.”

“There’s two things that I tell them that could derail us,” Speer continued. “One is injuries. We can’t control that, but what we can control, and this is the other thing that could derail us, is not doing the dumb things. We’re focused on

not doing dumb things in the classroom, at home, on the football field, and we’re trying to bang that in their heads.”

Millington said he has confidence that the team will be able to avoid distractions and play well this year because of what he’s seen so far at practice.

“We all stay pretty disciplined,” Millington said. “We all work hard and practice even in this heat. Some teams aren’t practicing, but we’re still out here.”

Speer said it helps that the leaders of the team are used to being the leaders.

“Alex and Hayden stepped up and did most of the leadership stuff last year,” Speer said. “Reece was only a sophomore, but stepped up and led the huddles and now he’s a junior. So, these guys know how to lead.”

On the field, one thing Williams said impresses him is the physicality of this year’s squad, and that will help the Greyhounds play

their brand of football.

“This team is a lot more physical than the last few years,” Williams said. “I think that will help us on our running plays, especially being able to drive down the field.”

The Greyhounds will get their first test of the season in a home matchup against Lone Jack at 7 p.m. Friday, Aug. 30.

The Mules have an all new coaching staff this season, so the Greyhounds aren’t sure what to expect from them.

But Miller said as long as they can play clean football, Windsor should start the season 1-0.

“We’re going to have to play a very solid game to beat them,” Miller said. “I got a pretty good feeling we’re going to come out ready though.”

*Sports editor Jack Denebeim can be reached at 660-530-0142. Read season previews on all the area’s football teams at sedaliademocrat.com.*

## No. 22 Kansas kicks off season as stadium gets rebuilt

By Dave Skretta

AP Sports Writer

The steel girders that are rising around the Anderson Family Football Complex, which No. 22 Kansas calls home, along with the buzz of hard-hatted construction workers have made the start to this season anything but normal for the Jayhawks.

That will be underscored on Thursday night, when they head down Interstate 70 to Children’s Mercy Park to play Lindenwood, the first of two non-conference games that the Jayhawks will play at the home of Major League Soccer club Sporting Kansas City.

Yet there is something sensical about the fact that Kansas in the midst of rebuilding its stadium from the ground up, given that is exactly what Lance Leipold has done to the program since he was hired as the coach three seasons ago. What was once a downtrodden laughing-stock has become a power in the new-look Big 12, one with legitimate aspirations of playing in the College Football Playoff.

With quarterback Jalon Daniels healthy again, running back Devin Neal aiming for the school rushing record and every top wideout back, the Jayhawks have plenty of reasons to believe they can build on a nine-win season that ended with a bowl victory over UNLV.

“I really like this football team. I like its maturity. I like the way it’s gone about camp,” Leipold said. “All the kinds of things we put them through with the (construction) project, they’ve handled it well. I guess they’ve developed a workmanlike attitude through this, a professional way of approaching things in a day-to-day manner.”

They only recently were able to use their football complex again. Their practice routine has been disrupted. And along with the games at Children’s Mercy Park, the Jayhawks will play four home conference games at Arrowhead Stadium.

Yes, for four days only, Kansas will

be calling Missouri home.

But up first is Lindenwood, a Championship Subdivision team from — coincidentally — Missouri that only recently made the jump to that level. The Lions have never played an opponent from the Bowl Subdivision.

“You can’t give just rah-rah speeches all summer and all fall camp, and tell the David-and-Goliath stories,” Lindenwood coach Jed Stugart said. “You’ve got to know those are irrelevant. You’ve got to play.”

### Daniels is back

The Jayhawks only had Daniels for three games last season because of a back injury. But the dual-threat star made it through fall camp without any problems and will be ready for the opener. In the games he did play last year, Daniels completed nearly 75% of his throws for 705 yards with five touchdown passes and only one interception.

### Catch me if you can

Kansas returns its four leading wide receivers in Lawrence Arnold, Luke Grimm, Quentin Skinner and Trevor Wilson, a rarity in the era of the transfer portal. The quartet combined to catch 117 passes for 2,119 yards and 16 touchdowns. That includes their bowl game, where Arnold caught six passes for 132 yards and Grimm had four for 160.

### Record watch

Neal put off the NFL draft for another season with the Jayhawks, and now the hometown hero is setting his sights on the school’s career rushing record. Neal has 3,077 yards and needs just 765 more to the mark June Henley’s set in 1996.

### Calling the shots

After losing offensive coordinator Andy Kotelnicki to Penn State, the Jayhawks hired Jeff Grimes to be their assistant head coach and offensive coordinator. He has coached at several high-profile schools, including Auburn, LSU and Baylor.

The game against Lindenwood was played after the Democrat’s Thursday press deadline.



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## ATHLETE OF THE WEEK

The Sedalia Democrat is pleased to announce Blake Grupe and Emma Siron as players of the week for Sunday, August 18, to Saturday, August 24.

Smith-Cotton alum Blake Grupe hit a 52-yard field goal Sunday, Aug. 18, against the San Francisco 49ers to help him secure a spot on the New Orleans Saints’ 53-man roster.

Sacred Heart alum Emma Siron is headed into her sophomore season with the University of Central Missouri volleyball team. Siron earned All-MIAA Second Team honors as a freshman.

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## LINCOLN

From Page A7

Drehle has also noticed the work the Cardinals have put in this offseason and said it has given him confidence heading into his fifth season with the team.

“It all started in the weightroom,” Drehle said. “It started in their preparation for this year. If you wait until the season starts, you’re already behind because everybody’s putting in the work in the summertime. I think our kids have done a pretty good job. They’ve certainly gotten stronger. Some have gotten bigger. They look a lot different than they did a year ago.”

Building strength has been a focal point for the Cardinals this offseason as Drehle said last season’s young, small roster made things difficult on both sides of the ball.

“We were physically weak and we were small, so we struggled running the ball,” Drehle said. “We struggled doing anything consistently on offense. Then, defensively, it’s tackling. We struggled to tackle people last year, you know, it was men and

boys. Now, we’ve evened the playing field, so hopefully we’ll have a little bit more success.”

The Cardinals got to see how they stacked up against live competition for the first time Friday, Aug. 23, as they hosted their jamboree.

Senior Matthew Cook said the team learned a lot from the jamboree and it’s given them some juice ahead of their first game of the season.

“We found a lot of stuff we need to work on, but we also found a lot of stuff we’re doing well,” Cook said. “So, we’re going in with high hopes.”

Cook will be the anchor in the trenches for the Cardinals along with senior Myles Harms, junior Isaac Komm, junior Ethan Goosen and junior Ashton Wolfe.

Everhart will be the main man in the Cardinals’ running game as well as among the team’s linebackers.

Junior Riley Sanders will be the team’s quarterback this season with junior Dawson Parrott being one of his top targets.

Seniors Larry Roberts, Chase Young, Cameron Nienhueser and Justin Bowman will also



Lincoln football players walk through their offensive plays during practice Monday, Aug. 26.

PHOTO BY JACK DENEBEIM | DEMOCRAT

be names to watch this season.

Speaking for all the team’s seven seniors, Everhart said the goal for their final season as Cardinals is to make the deepest playoff run of their high school careers.

“We haven’t gone as far as we wanted since we got to high school,” Everhart said. “The farthest we’ve made it as seniors is the first round out of districts. So, our goal is to make it farther than that and do better than we have been.”

The Cardinals won the Class 1 District 5 championship in 2022 over Cole Camp before losing to Monroe City in the sectional round of the Class 1 State Tournament.

The Cardinals kick off their 2024 season at

7 p.m. Friday, Aug. 30, at home against Willow Springs.

Sports editor Jack Denebeim can be reached at 660-530-0142. Read season previews on all the area’s football teams at [sedaliademocrat.com](http://sedaliademocrat.com).

## TIPTON

From Page A7

Cashman returns after being an All-State returner last season, and is also expected to play big roles on offense and defense this season.

Junior Sam Duke returns to the trenches for the Cardinals after being an All-State nominee last season, as does junior Nicklaus Wolf and junior Benjamin Bestgen.

Sophomore Paxton Pyle also returns to lead the team’s linebackers after starting every game as a freshman last season.

William Duke said he has been excited about some of the new faces on the team as well, such as junior Riley Walters, who placed fifth at state track in the 400m dash, sophomore Chance Petree and sophomore Ty Bixler.

The Cardinals got to see how they stacked up against their competition Friday, Aug. 23, when they traveled to Versailles for their jamboree.

Duke said the team faced a lot of bigger competition, but the Cardinals held their own and it was important for them to recognize that.

“The kids were willing to compete no matter what we’re doing,” Duke said. “Versailles is a larger school than us. Clinton is a larger school than us... So, just going and competing so that you realize we’re all playing the same sport we all have the same opportunities to improve with practice, the off-season, taking care of our bodies,



Tipton head football coach William Duke looks to the sideline during a game against Cole Camp in 2022. Duke is entering his fourth season as the Cardinals’ coach.

FILE PHOTO BY BRYAN EVERSON | DEMOCRAT

whether that’s nutrition or sleep, or whatever that is. Those little details matter. Did I get enough rest? Did I do all my reps? Am I doing my homework so I can be eligible? You know, the life of a high school athlete is not easy. There’s a lot of demands we put on the kids, but so far this group has risen to all those challenges.”

The Cardinals will open their season at home at 7 p.m. Friday, Aug. 30, against a Class 3 school: California.

The Pintos were the Class 3 District 7 runner-ups last season.

All the work the Cardinals have put in this offseason has led them to this point, but everybody on the

team hopes it can eventually lead them to something bigger.

“I think every team has the goal of winning a state title,” Duke said. “With that being in mind, there’s only one team in each class that ends its season happy, right? That’s a great goal to have and I think everybody should have that goal, but our goal is to continue to get better and better... So, I think at this point now, it’s about going out and competing against the bigger opponent.”

Sports editor Jack Denebeim can be reached at 660-530-0142. Read season previews on all the area’s football teams at [sedaliademocrat.com](http://sedaliademocrat.com).

## GOALS

From Page A7

Wide receiver Tanner Johnson rounds out the team’s senior class.

Junior Nathan Boss returns at running back for the Mustangs and will be joined on offense by Otterville sophomore Troy Phillips.

Juniors Dane Palmer and Elliot Nieters make up the team’s quarterback room.

Junior Dylan Hayden will anchor the defense at nose guard, while Boss will also play a significant role defensively.

Caleb Crooker said what impresses him most about this year’s Mustangs is their depth and balance.

“We’ve got some good receivers. We’ve got some good running backs. Our line is blocking well,” Crooker said. “Then, on defense, we got some really fast, athletic kids that fly around and play excited. It’s just a good balance. Offense. Defense. It’s all looking good right now.”

The Mustangs got their first look against live competition

Friday, Aug. 23, when they took on Slater, Princeton and Keytesville at the Thunder Football Jamboree.

Crooker said he liked what he saw from the team during the jamboree.

“The kids played very well at the jamboree and they did the little things that we’ve asked of them,” Crooker said. “Of course, we got some stuff to polish up and sharpen up and get adjusted and fixed before Week 1, and that’s what we’ve been doing this week. But, yeah, the kids have bought in. They’re playing hard, playing for each other and it’s just a really good atmosphere right now.”

The Mustangs open the season on the road against Santa Fe at 7 p.m. Friday, Aug. 30.

The team then travels to St. Paul Lutheran (Concordia) on Sept. 6 before playing their first home game of the season against Concordia on Sept. 13.

Sports editor Jack Denebeim can be reached at 660-530-0142. Read season previews on all the area’s football teams at [sedaliademocrat.com](http://sedaliademocrat.com).



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## SMITH-COTTON HIGH SCHOOL CELEBRATES 100 YEARS

By Faith Bemiss-McKinney

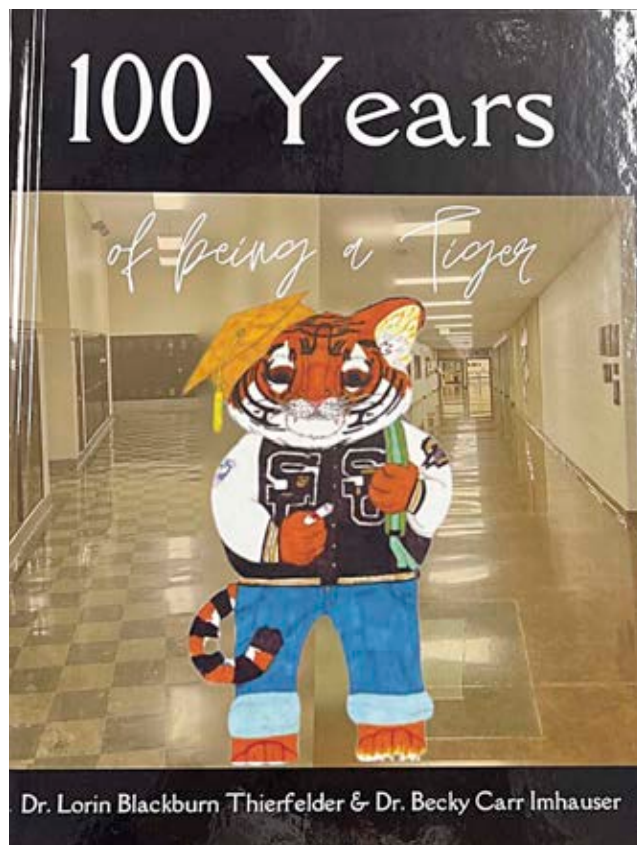
faithb@sedaliademocrat.com

Smith-Cotton High School is celebrating its 100th anniversary thanks to land donated by Sarah (Smith) Cotton in the 1920s.

Lorin Blackburn Thierfelder, S-C's Library Media Specialist and English teacher, said that during the school year, she has three glass cases in the front of the school that will change out for each decade. The first display represents the 1920s.

One case has information about Sedalia High School before S-C was built. Another has photos of the groundbreaking of the new school in 1923, and the other has photos and information on Sarah Cotton. Cotton was the daughter of Gen. George R. Smith the founder of Sedalia.

"We were Sedalia High School when the building was on Broadway," Thierfelder said "It was just not up to code. There had been a fire, and the town was growing; the 1920s were very prosperous for Sedalia. As we grew, the need for a bigger high school came to be. And Sarah Cotton decided that she would donate the land.



To celebrate Smith-Cotton High School's 100th anniversary, Dr. Lorin Blackburn Thierfelder, S-C's Library Media Specialist and English teacher, and Sedalia historian Dr. Becky Imhauser wrote a book together, "100 Years of Being a Tiger."

"And then she made certain requests, and one of them was when she passed her house was to be torn down and a park would be put in place of her home," Thierfelder added. "So, they broke ground in 1923, and it took two full years to finish the building. The doors opened in September of 1925, and the first class graduated in 1926."

The original SCHS

is now the Junior High School. The lawn and trees on that campus were the park-like features Cotton had envisioned. In 2009-10, the new SCHS was built on Tiger Pride Boulevard. Thierfelder noted that there was a discussion on whether to keep the name Smith-Cotton, and it was decided to keep the name that honored the Cotton and Smith families.



A photo of Sarah (Smith) Cotton adorns a book on display at Smith-Cotton High School on Monday, Aug. 26. Cotton donated the land on which the first S-C High School was built in 1924. The school is celebrating its 100th anniversary this year.

PHOTOS BY FAITH BEMISS-MCKINNEY | DEMOCRAT

"We want to keep that legacy, keep that tradition alive — Sedalia is just very rich in history in keeping the memory of those that came before us," Thierfelder said.

Thierfelder said the celebration includes a book she and Sedalia Historian Dr. Becky Imhauser wrote this year, "100 Years of Being a Tiger."

"When I became librarian, I realized there was a ton of uncatalogued things," Thierfelder said. "So, I started organizing it, and then I was like ... it needs to be shared. I got with Becky and made it happen."

Thierfelder, also an Advanced Placement teacher, added that the idea for the book began five years ago.

"So, Becky would come and talk about Sedalia, and we (AP students) would do a huge research project," Thierfelder said. "So, I took the students' research and made 'Tiger Tracks,' so some of their research is

included in the book."

Although the students researched Sedalia, the work of those who researched SCHS is now part of the book. The book is 108 pages and filled with color photos spanning decades.

"We wanted it to be color because it would showcase different decades," Thierfelder said. "Each decade, we did a collage of pictures, and then we looked up the most popular colors in that decade. So, everybody is represented in some way by the decade."

Thierfelder asked for donations of photos and information for the book, and many people sent in items. It was a joint effort from students and alumni.

See **SCHOOL**, Page B10



On Monday, Aug. 26, Dr. Lorin Blackburn Thierfelder, S-C's Library Media Specialist, holds a photo of the original Smith-Cotton High School sitting beside the home of Sarah (Smith) Cotton in 1927.

## PCCP to host its first fundraiser in September

By Faith Bemiss-McKinney

faithb@sedaliademocrat.com

Pettis County Community Partnership is preparing for its first fundraiser, which will be held on Sept. 14 at the MEC Building on the Missouri State Fairgrounds.

PCCP executive director Mari Asbury said designer Bag Bingo has been in the works since spring. Asbury noted that she and her staff, Macie Meier, the administrative assistant; Breanna Brown, the office coordinator; Vanessa Turner, the community health worker; Kaitlan Patton, the housing case manager; Elizabeth Silverest, the housing case specialist; and Kim Rowles, the Give & Take Manager, have been working nonstop to bring the event together.

Asbury, who took the PCCP position in December, said they have been brainstorming

since March. Many staff said they'd like to do a designer bag event, so Asbury and the board decided to "run with it."

"It's been difficult here in Sedalia because there's so many non-profits that are fundraising," Asbury said. "We got started later ... but we've had a lot of generosity from our community."

Plans for the proceeds will go back to PCCP to help bring back programs that will benefit teens, children, and families. On a typical day, the partnership sees 20 to 25 walk-ins and receives 50 to 75 calls. It also has 700 people who visit the free Give & Take Store each month.

"Moving forward, the sale of the tickets and things like that will be for our programs," Asbury said. "And that's really what we want to do; we want to move forward a little bit and change our focus from what the partnership is."

"The partnership

started in 1996, so it's been in the community forever. They had a lot of those programs that worked with other organizations to solve problems in the community. So, then it turned into more of just housing."

Asbury added that they will have a housing program, but they also plan to return to helping the community solve issues that need to be addressed.

"We have a lot of working families that can use some help here and there," Asbury said. "We want to get back to doing more educational (programs) with youth, children and families."

PCCP plans to return to offering a fatherhood program where men in the community can mentor young single fathers. The organization also wants to provide a volunteer big brother and big sister program to mentor teens.

"Teens right now, that's some of our greatest issues," Asbury

said. "I don't mean that in a bad way, but we need to mentor so that we can drop some of those suicide rates and things like that in Pettis County. If you have positive mentors with those kids, maybe that will help. I think that's a big thing with us. We want to do some educational things."

Asbury said PCCP also plans to host a financial literacy program that is open to everyone.

"We know all types of people have problems being able to handle finances," Asbury said. "We also know there's a whole gap between the kids in their '20s. They weren't taught how to do a checking account because it's all debit cards."

PCCP will partner with Sedalia's Central Bank to offer a financial literacy program.

"That's for all walks of life," Asbury said. "We want to serve all walks of life."

They also plan to partner with Compass

Health to offer community training for the Mental Health First Aid program. Asbury said PCCP is also seeing an "influx of homelessness."

"Although we don't have the resources to help them," Asbury said. "We just try to get them to other places."

The Designer Bag Bingo event will help with all these programs and is played like a bingo game.

"So, it's 10 rounds of bingo," Asbury said. "And each bingo game has a designer bag (as a prize). We have all ten of them purchased now — we're excited about that."

The bags were purchased through sponsorships and include a Valentino, with a retail value of \$1,100, a Tory Burch, a Marc Jacobs, a Coach, a Kate Spade, a Michael Kors, a Donna Karan and a colorful Consuela bag.

Doors will open at 5 p.m. on the night of the event. The fundrais-

er will include a bingo game, a live auction, a table-decorating contest, other activities, a meal provided by Fazoli's, and a cash bar.

Asbury said those who decorate their tables are encouraged to dress in costumes that represent the table. Trophies will be presented to the top three tables. She added that they hope to have 200 people attend the event.

The Pettis County Community Partnership Designer Bag Bingo fundraiser begins at 5 p.m. Saturday, Sept. 14, in the MEC Building on the Missouri State Fairgrounds. Tickets for the event are \$50 and can be purchased on the PCCP Facebook page or at the office, 1400 S. Limit Ave. Suite No. 29.

PCCP is open from 8 a.m. to 5 p.m. Monday through Friday; for more information, call 660-827-0560.

Faith Bemiss-McKinney can be reached at 660-530-0289.

## POPULAR BOOKS

### Boonslick Regional Library Fiction

"An Eye for an Eye," by Jeffrey Archer.  
 "Fatal Intrusion," by Jeffrey Deaver and Isabella Maldonado.  
 "Exodus," by Peter F. Hamilton.  
 "An Academy for Liars," by Alexis Henderson.  
 "Creation Lake," by Rachel Kushner.  
 "The Banned Books Club," by Brenda Novak.  
 "Lies He Told Me," by James Patterson and David Ellis.  
 "Passions in Death," by J.D. Robb.  
 "Fire on the Horizon," by Wilbur Smith.

"Counting Miracles," by Nicholas Sparks.  
**Nonfiction**  
 "America's Deadliest Election: The Cautionary Tale of the Most Violent Election in American History," by Dana Bash.  
 "Book and Dagger: How Scholars and Librarians Became the Unlikely Spies of WWII," by Elyse Graham.  
 "Nexus: A Brief History of Information Networks from the Stone Age to AI," by Yuval Noah Harari.  
 "Lovely One," by Ketanji Jackson.  
 "Into Unknown Skies: An Unlikely Team, a Daring Race, and the First Flight Around the World," by David Randall.

## NEW BOOKS

### Sedalia Public Library Fiction

"Born of Blood and Ash," by Jennifer L. Armentrout (fantasy).  
 "No Safe Place," by Michael Ledwidge (suspense).  
 "Home is Where the Bodies Are," by Jeneva Rose (suspense).  
 "Ghost Camera," by Darcy Coates (horror).  
 "Pumpkin Spice Puppy," by Laurien Berenson (mystery).  
 "Bridesmaid Undercover – Meghan Quinn (fiction).

"Strange Folk," by Alli Dyer (fiction).  
 "One Last Promise," by Susan May Warren (Christian fiction).  
**Nonfiction**  
 "Ask Not," by Maureen Callahan (nonfiction).  
 "Becoming Green Gables," by Alan MacEachern (nonfiction).  
**New Movies New Audiobooks**  
 "The Chosen: Season 4"  
 "Capture or Kill," by Don Bentley.

## MEALS ON WHEELS

Meals on Wheels is a nonprofit organization that delivers meals to seniors, the homebound and handicapped citizens of Sedalia. The food is prepared by Superior Vendall and is delivered

by volunteers. Meals cost \$4. For more information on receiving meals or becoming a volunteer, call 660-826-5039.

Meals will be delivered by board members and friend

**Monday:** Labor Day, closed

**Tuesday:** Ham and cheese on bun, potato salad, peaches and milk.

**Wednesday:** Meatloaf, tater tots, salad, cookie and milk.

**Thursday:** Ham and beans, cornbread, coleslaw, orange and milk.

**Friday:** Pork roast, potatoes and gravy, stewed tomatoes, cranberry sauce and milk.

## ENTERTAINMENT BRIEFS

### The Forgotten Stories of Arrow Rock

The history of Arrow Rock, from its birth in 1829 and rapid rise as a center of trade and politics, to its slow decline and eventual rebirth, is well known and documented. Now writer and historian Sandy Selby offers a fresh perspective

on the history of this National Historic Landmark village with her new book, "Arrow Rock Ink."

In her entertaining and informative First Saturday Lecture at 10 a.m. on Sept. 7 at the Arrow Rock State Historic Site Visitor Center, Selby will share stories from her book that reveal the joys and challenges facing the ordinary men and women who

lived in Arrow Rock during its first 100 years.

She has collected newspaper stories, meeting notes, and personal letters that bring to light the celebrations and tragedies that shaped the community. Everyone will learn about the ubiquitous oyster suppers, miraculous madstones, weeks-long revivals, and the town's relentless quest to attract a railroad. Why did marbles on Main Street and baseball on Sunday cause so much consternation? Which Arrow Rock woman struck fear in hardened criminals? And how did the community respond when arsonists threatened the town? You'll come away from the lecture with new appreciation for the proud and hardy Arrow Rockers of yesteryear.

## Bothwell Auxiliary awards three health care scholarships

Three \$2,500 scholarships were recently awarded to area health care students by the Bothwell Auxiliary. Scholarships were given to Elisa French, Rachel Gammill and Jennifer Owen. French lives in Knob Noster and plans to enroll in the Licensed Practical Nursing program at State Fair Community College. Gammill, Sedalia, is a Certified Medical Assistant at Bothwell Regional Health Center. She plans to pursue a bachelor's degree in Nursing at Missouri Valley College. Owen lives in Sedalia and plans to pursue an associate degree in Nursing at State Fair Community College.

Shirley Evans, Bothwell Auxiliary Scholarship Committee chair, said she and the committee were pleased by the applicant pool this year. The committee includes Evans, Sue Heckart, Carolyn Sperry and Auxiliary President Jackie Butler. "After reviewing all of the scholarship applications, the Auxiliary board approved awarding three scholarships even though we typically only award one or two," she said. "The purpose of the scholarship is to encourage beginning and advanced nursing students to pursue or advance their nursing education and, in doing so, we hope it helps mitigate the ongoing nursing shortage." Michele Laas, Bothwell's Chief Nursing Officer, said the administration is grateful for the Auxiliary's continued dedication to funding nursing education. "The need for nurses is critical," she said. "For some, beginning or continuing their education can cause great financial strain. For others, it might not be an option at all. Scholarships like those awarded by the Auxiliary are what encourage new and current nurses



The Bothwell Auxiliary recently awarded three \$2,500 scholarships to students pursuing Nursing degrees. From left are, Shirley Evans, Auxiliary Scholarship Committee chair; Jackie Butler, Auxiliary president; Elisa French, Rachel Gammill and Jennifer Owen, students; and Sue Heckart and Carolyn Sperry, Auxiliary Scholarship Committee members.

PHOTO COURTESY OF BOTHWELL REGIONAL HEALTH CENTER  
 to take that leap of faith." The Bothwell Auxiliary operates the Gift Shop located on the hospital's ground floor. Sales and other fund-raising projects help fund scholarships and medical projects that support Bothwell Regional Health Center. Since 2003, the Auxiliary has awarded 46 scholarships totaling nearly \$70,000. For more information about becoming a member of the auxiliary, contact Membership Chair Sarah Lyles at 660-827-0343. Release courtesy of Bothwell Regional Health Center

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PASTORS PULPIT

# The Bible and mental health

By Dr. Jeremiah Greever,  
Senior Pastor First Baptist Church of Sedalia

Few topics have enjoyed social ascendancy in recent years more than mental health. Though once disparaged and stigmatized, counseling has become not only normalized, but also encouraged in our society. In an increasingly accepting society to counseling, we would be wise to consider what the Bible has to say about mental health.

To answer this culturally significant question, it's vital to consider the role of emotion in human experience. Since negative emotions are most often what we associate with mental health, we need to ask what the Bible has to say about emotions.

Perhaps surprisingly, the Bible does not hide from emotions but rather posits them as a necessary component of God's design for humanity. Entire books of the Bible are driven by specific emotions: Song of Solomon presents the joyful passion of marriage, Lamentations displays the sorrow of lament, and the Psalms offers a range of emotions from gratefulness to grief. Jesus Himself demonstrated emotion in the shortest verse of the Bible: "Jesus wept," (John 11:35).

However, though emotions are necessary, they are never primary. Simply put, our emotions do not control us, but we control our emotions. Emotions such as anger, anxiety, fear, depression, or uncertainty of identity all derive from internal desires. Jesus taught in Matthew 15:19 that human internal heart desires produce external, observable actions. "For out of the heart come evil thoughts, murders, adulteries, fornications, thefts, false witness, slanders." Our actions are preceded by our emotions, and our emotions are driven by our inner desires.

In a practical sense, emotions are like the warning lights on your car's dashboard. If you're like me, you hate to see the "Check

Engine" light come on and you'd rather it just go away. However, you know that the warning light is there for a reason—it represents a deeper issue. A good mechanic doesn't merely turn off the warning light, but instead opens your car hood to address the real issue.

In a similar way, emotions are not our greatest problem. Instead, God gives us emotions to feel and see what's happening inside. Rather than muting our emotions through psychotropic drugs, we should consider what our emotions are revealing about our hearts. Perhaps our anger is the result of desiring something God hasn't given (Philippians 4:10-13). Perhaps our anxiety is based upon self-reliance instead of fully trusting in a sovereign and good God (Romans 8:28-29). Maybe our depression is based upon our desire to control things that only God controls (Daniel 4:34-35).

While men and women are created in the image of God and wonderfully complex, biblical truth helpfully provides us the answers to our greatest questions and problems. In His great love and affection for us, God has given us His Word which "has granted to us everything pertaining to life and godliness, through the true knowledge of Him who called us by His own glory and excellence," (2 Peter 1:3).

We would be wise to follow our loving Creator's instructions to thrive and flourish. When we do, we are given agency to make wise decisions to change ourselves rather than blame others. We in turn seek to fix soul issues with truth rather than with psychotropic medication. And only through the biblical wisdom from our loving Creator can we find what every human being desperately desires — true hope.

What a friend we have in Jesus, who gives us biblical truth and biblical counselors to help us grow in wisdom and truth as we live in the hope of a wonderful Savior!

# New physician joins Bothwell Regional Health Center

Eduard Rasputkov, DO, a family medicine physician, has joined the Bothwell Regional Health Center medical team and will provide primary care as well as Osteopathic Manipulative Treatment (OMT) for adults and children of all ages.

Dr. Rasputkov completed a one-year fellowship in Osteopathic Neuromusculoskeletal Medicine at Northeast Regional Medical Center in Kirksville, Missouri, and his Family Medicine residency at Yakima Valley Farm Workers Clinic Sollus NW in Grandview, Washington. He received his medical degree at Western University of Health Sciences in Lebanon, Oregon, and earned a bachelor's degree in General Science from Portland State University in Portland, Oregon. He began his education at Mount Hood Community College in Gresham, Oregon, where he received an Associate of Arts degree in General Science.

Dr. Rasputkov said he is fascinated by how the human body is designed and functions, and he is passionate about caring for people and their health issues.

"I sought out a career that combines interpersonal relationships with my curiosity for the human organism," he said. "My training in family medicine allows me to work with patients of all age groups and involves exposure to a wide variety of medical puzzles. My specialized training in osteopathic manipulative medicine allows me to provide hands-on evaluation and treatment."

Osteopathic Manipulative Treatment combines the in-depth study and understanding of anatomy with extensive training in palpation, which is a fine-tuned method of feeling with the hands and fingers. This specific treatment style and approach can help normalize disrupted body function, decrease pain after injuries or surgeries and enhance existing body function.

"OMT is the often overlooked option for aches and pains where medications and surgery dominate modern medicine," Dr. Rasputkov said. "The treatment is applicable to patients of any age — including newborns and pregnant women or post-partum women."

Marvin Smoot, Bothwell's Clinic Operations vice president, said the combination of Dr. Rasputkov's family medicine training and advanced training in OMT will benefit people interested in full-body health options.

"By definition, doctors of osteopathic medicine tend to focus more on holistic health and prevention, and all parts of a person, including their mind, body and emotions, are considered during the treatment," Smoot said. "Dr. Rasputkov brings a lot of great assets to the table, including additional OMT training and a deep background in multicultural care."

Dr. Rasputkov's first language is Russian. He has full fluency in English, full comprehension and basic communication in Ukrainian and beginner-level communication skills in Spanish. He said his goal is to forge long-standing relationships with patients and their families.

"I aim to treat every patient like family and to advocate for him or her," he said. "My exposure to different languages and cultures makes me a better learner



**Eduard Rasputkov, DO**

and listener and keeps me informed on best practices. Additionally, I hope to serve the Russian and Ukrainian-speaking community members of Sedalia who might be experiencing a language barrier in health care."

Dr. Rasputkov will see patients at Bothwell Family Medicine on the third floor of the Healing Arts Center at 3700 W. 10th St. in Sedalia beginning Aug. 15. To make an appointment, call the clinic at 660-829-8811 or Centralized Scheduling at 660-829-8888.

Release courtesy of Bothwell Regional Health Center.

# Pettis County R-V FFA Chapter helps pack 193,000 meals for families in need; 2024 drive to feed kids raises 700,000 meals

Members of the Pettis County R-V FFA Chapter joined more than 725 FFA members and agricultural leaders at the Missouri State Fair on Tuesday, Aug. 13, for the Missouri State FFA Food Insecurity Day of Service. The event is held in conjunction with the Missouri Farmers Care Foundation Drive to Feed Kids, a year-long effort to stand in the gap for the one in seven Missouri children facing food insecurity.

"Missouri FFA Day of Service is an amazing opportunity for students from across the state to give back to their communities and support Missouri agriculture," said Missouri FFA State Vice President Mikayla Rojas. "It was such an honor to watch members pack meals with such dedication and pride. This day is a reminder to all that some of our best stories can come from living to serve."

During the eighth annual Day of Service, FFA members from 88 chapters joined agricultural leaders to pack family-sized por-

tions of single dish meals to help neighbors in need. Together, members packed 193,084 meals for food insecure Missouri families.

"Seeing these FFA members talking, laughing and singing as they pack meals for those in need brings a sense of hope and optimism about the future," said Cyndi Young, director of Brownfield and Learfield Ag. "It is inspiring to see this next generation engaged, compassionate, and willing to make a difference not only during Missouri FFA Day of Service, but when there is need in their local communities."

In addition to meals packed by FFA members, 626 pounds of fresh produce were donated from award-winning exhibits at the Missouri FFA building. Through the Missouri Farmers Care Food Drive \$2 Tuesday at the Fair, FFA member volunteers collected food and monetary donations from fairgoers to provide more than 49,840 meals.

"As we see the ener-



Members of the Pettis County R-V FFA Chapter joined more than 725 FFA members and agricultural leaders at the Missouri State Fair on Tuesday, Aug. 13, for the Missouri State FFA Food Insecurity Day of Service.

PHOTO COURTESY OF MISSOURI FARMERS CARE FOUNDATION

gy and compassion of Missouri FFA members in action during the FFA Day of Service, we are reminded that the future is bright," said Ashley McCarty, Missouri Farmers Care Foundation executive director. "Hundreds of students from across the state spend one of their last days of summer in service to Missourians facing hunger.

The impact of the Drive to Feed Kids is a reminder that, collectively, individual efforts can make a big impact."

The meals included rice generously donated by Martin Rice, a generational family farm located in the Missouri bootheel near Bernie in Agri-Ready Designated Stoddard County.

See MEALS, Page B6

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**SEDALIA DEMOCRAT**

# Pettis County R-V (Northwest) Class of 1974 hosts 50th reunion



On the back row from left are, Ricky Roberts, Ken Vickrey, Jim Cornine, Connie (Vickrey) Kleinschmidt, Lester Knight, Bill Killion, Mae (Newton) Bruce, and Gary Charles.

On the front row from left are, Beverly (Smiley) Varner, Mary (Schuber) Beatty, Debbie (Mackesty) Dankenbring, Lori (Minkler) Shirk, Melinda (Vertz) Cornine, Debbie (Leicher) Hoskins, Jan (Cornine) Pummill, Lois (Fischer) Schroeder, Cheryl (Lakin) Carver, Stephanie (Schroeder) Sneed, Rose Ann (Smith) Darr, and Becky (Alexander) Reid.



## MEALS

From Page B5

The family grows and mills their long-grain and jasmine rice crop to ship worldwide. The fortified beans and rice casserole included pinto beans and textured vegetable protein produced by ADM. The generous partnership of these two companies expands and amplifies the resources used to help fight hunger in Missouri.

“We are thrilled to partner with the Missouri Farmers Care Foundation to support the Drive to Feed Kids and to provide nutritious meals to those who are in need,”

said Richard Ramthun, Commercial Manager for ADM. “This effort is a testament to our volunteers and all the organizations involved who are enthusiastic about their communities. It’s an amazing feat to see how this effort has grown throughout the years, and to see multiple ADM divisions and groups join with Missouri High School FFA members for the common purpose of alleviating childhood hunger. We are proud to be among the groups committed to standing in the gap of food insecurity.”

In addition to the activities at the Missou-

ri State Fair, Missouri FFA members statewide participated in the Drive to Feed Kids earlier this year through the Missouri Farmers Care 4-H and FFA Mini Grant Program. Between January and May, eleven chapters used matching grant resources to provide over 15,000 meals in their communities.

Following the Governor’s Ham Breakfast, over 3,000 meals were packed by elected leaders, farmers and agribusiness members. The Drive culminated Saturday, Aug. 17, with an announcement of the 700,000 meals provided to Feeding Missouri food banks in 2024 through the

Missouri Farmers Care Drive to Feed Kids. The meals were distributed to Missouri’s six regional food banks through Feeding Missouri.

“Our six food banks are working tirelessly to ensure that no child in our state needs to wonder where their next meal will come from,” says Heather Hargrove, executive director of Feeding Missouri. “However, rising food prices are making it harder for families to put food on the table, and more neighbors are turning to the more than 1,200 community and faith-based programs supported by the food banks. To ensure our network can continue

providing hunger relief to these programs, our food banks rely on partnerships and initiatives like Missouri Farmers Care and the Drive to Feed Kids to keep our shelves stocked and ensure no child has to go to bed hungry in Missouri.”

The food packing and food drive are held in partnership with Missouri Farmers Care Foundation’s Drive to Feed Kids, presented with ADM and Brownfield Ag News. Support of the Missouri Farmers Care’s Drive to Feed Kids was provided by: American Family Insurance, MFA Incorporated, NutraBlend, Missouri Corn Merchandising

Council, FCS Financial, Missouri Soybean Merchandising Council, Missouri Farm Bureau, Jerry Litton Family Memorial Foundation, Martin Rice, Missouri FFA Foundation, Forrest and Charlotte Lucas – founders of Protect the Harvest, Missouri Pork Association, Missouri’s Electric Cooperatives, Missouri Department of Agriculture, Missouri State Fair, Missouri 4-H, Missouri State Fair Foundation, Feeding Missouri, and the contributions of many Missouri farmers, ranchers and agribusinesses.

Release courtesy of Missouri Farmers Care Foundation

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# UCM ALUM PENS NEW PSYCHOLOGICAL THRILLER NOVEL "IMPULSIVITY"

**By Zach Bott**  
zachb@warrensburgstarjournal.com

WARRENSBURG — Author and University of Central Missouri alum Leland Shipp is releasing his debut novel "Impulsivity" this fall.

"Impulsivity" is a psychological thriller that immerses readers in a world of mystery, suspense, and danger.

The story follows best friends Autumn and Taylor as they delve into the enigmatic disappearance of their companions during what appeared to be an innocent getaway.

As they confront a formidable foe and uncover long-buried secrets and hidden dangers from the small town's shadowy past, their friendship faces the ultimate test.

Shipp, a Florida native, originally moved to Kansas City while his father moved jobs. When it came time to choose a college to attend, UCM stuck out.

"I chose it because of the criminal justice program," Shipp said. "They were well respected, even though they were a smaller school, and so I chose to go there for that. I like staying around where things are

a little slower. I've lived in plenty of big cities. I'm not interested in too much of that anymore."

Thinking back to his college days, Shipp remembers the friends, the celebrations and the city of Warrensburg's generosity during his time. He also remembers criminal justice professor Dane Miller and political science professor James V. Young, whose classes he wouldn't mind taking again 30 years later.

"Back then, forensic science was kind of new," Shipp said. "I've always been kind of a people person, so I chose criminal justice as a major, and I loved every minute of it I thought that I was going to go into law enforcement. I minored in political science because I did take the law student assessment test out of college, and so I had some pre-law in there."

Shipp graduated with a bachelor of science degree in criminal justice and a minor in political science in 1993.

Ironically, Shipp never went into law enforcement. But, being a people person, Shipp thought it would be best to work in a managerial role and started work-

ing for a small company at the time named Walmart. He worked in corporate management at Walmart for over 20 years before his writing took over as a new career.

"I've always dabbled in writing, I just never really took it like seriously," Shipp said. "I've got spirals full of stuff that I've written."

The book has been an on-and-off side project for Shipp for the last six and a half years.

Originally written to be a screenplay, Shipp has worked over the last year and a half editing his previous work into the published "Impulsivity" novel that comes out this fall. Leaning on his degrees has helped Shipp mold the story into an authentic take on human behavior and societal dynamics.

"It's a big difference going from screenplay to novel," Shipp said. "If I would have been an experienced author like most, I probably could have done it a lot quicker, but I learned a lot of things along the way."

The publishing process of "Impulsivity" hopefully will be the longest process for Shipp, as

he has self-published the book and hopes readers will enjoy it.

"It will resonate with anybody who has any friends who have ever dealt with learning better communication, developing, growing, changing their lives for the better, learning to understand forgiveness and redemption," Shipp said. "I want to use it as a stepping stone to be able to advocate for mental health awareness."

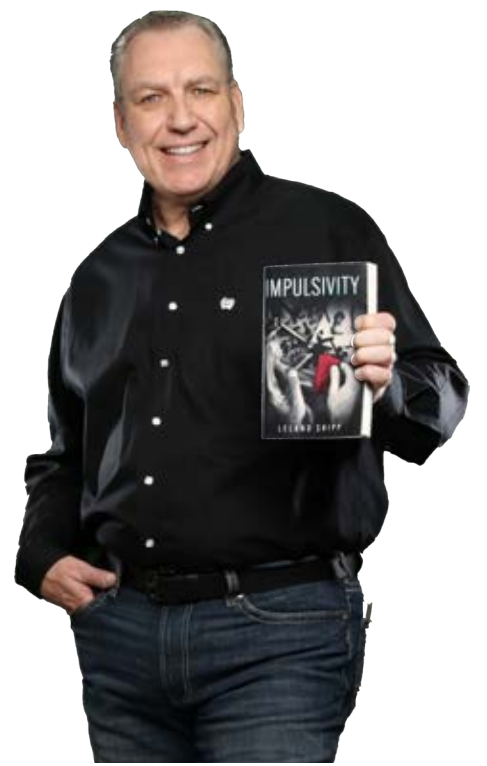
"We just need to be the light in every daily encounter because you never know what somebody's going through. It starts with each one of us as individuals."

Shipp, 54, said he is already working on another psychological thriller novel and is writing "1,000 words a day." He hopes to have it out in the spring of 2025.

"Impulsivity" is slated for release worldwide on Oct. 2. The official book release event will be held on Oct. 1 in Inverness, Florida.

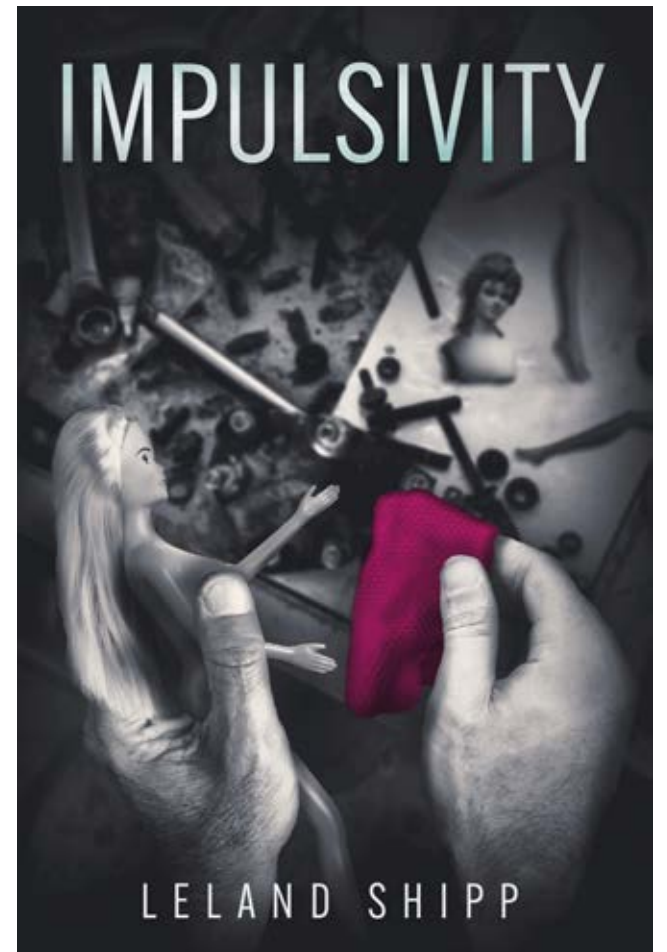
Readers can pre-order an autographed copy of Impulsivity at [www.lelandshipp.com](http://www.lelandshipp.com) starting Sept. 1.

Zach Bott can be reached at 660-747-8123.



Author Leland Shipp is a 1993 University of Central Missouri graduate with a bachelor of science degree in criminal justice and a minor in political science. His book is available for pre order on Sept. 1, with the book's official launch on Oct. 1.

IMAGES COURTESY OF LELAND SHIPP



"Impulsivity" is a riveting psychological thriller that follows best friends Autumn and Taylor as they delve into the enigmatic disappearance of their companions during what appeared to be an innocent getaway.



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# The New Wave of American Gourmet Ice Cream

By Tara Gerner  
Wealth of Geeks

A recent analysis from market research watchdog Technavio shows growing global interest in gourmet ice cream. International sales will expand 14% by 2027, a period through which American consumers will likely see new brands enter the market amid demand for premium quality products.

Gourmet ice cream, comprising frozen custard, gelato, and sorbet, is an industry helmed largely by well-known producers Amorino, Nestlé, and Gelato Italia. However, like any other treat, these rich, calorie-dense ice creams are best enjoyed in moderation. Nevertheless, Americans still love it.

Competition Down Under

Though the average American consumes more than five gallons of ice cream yearly, World Population Review reports that New Zealanders are the world's biggest ice cream fans, eating 7.4 gallons annually. The only other country coming near is neighboring Australia, whose residents enjoy 4.2 gallons.

U.S. Ice Cream Flavor Hotspots

Instacart's 2023 ice cream map outlines states' favorite flavors using regional sales data. Their findings show the U.S.' preferences span seven favorite flavors. However, vanilla would secure the presidency if ice cream ran for office, winning 21 states.

While these statistics may differ from other surveys, vanilla still wins.

Seven Firm Favorites

Vanilla paints much of America's interior, taking the top spot throughout the Midwest, Appalachians, and Eastern Rocky Mountains. Runners-up include:

**Chocolate:** This decadent flavor sits at a close second, winning in 16 states throughout the Eastern U.S. **Coffee:** Massachusetts residents primarily prefer mocha, as do those in New Mexico and Hawaii. **Mint Chip:** This controversial flavor is a leading choice among consumers in Pennsylvania, the Pacific Northwest, and Idaho. **Rocky Road:** This saccharine hodge-podge of textures and flavors reigns in California, Nevada, and Montana. **Moose Tracks:** This Great Lakes favorite marries vanilla, peanut butter, and fudge and appeals most to Midwesterners throughout Michigan, Wisconsin, and Iowa. **Strawberry:** The U.S. capital is the only region that prefers its scoops of strawberry. It is also the only state that cites a fruit flavor as its top choice.

**Vanilla:** The Everyman Flavor  
Vanilla ice cream's versatility makes it an essential accompaniment to various dessert combinations. Its neutral, complementary base makes a sound foundation for other additions like hot fudge sauce or chocolate brownies, both staples in most American restaurants.

There are no clear custard consumption trendsetters; the International Dairy Foods Association (IDFA) reports that 29% of U.S. Americans prefer a waffle cone, while 27% eat from a bowl.



A recent analysis from market research watchdog Technavio shows growing global interest in gourmet ice cream. PHOTO COURTESY OF WEALTH OF GEEKS

Health Implications

Traditional ice cream still reigns supreme, but health food sectors report rising interest in alternative frozen desserts. Lactose intolerance affects many Americans, but some groups more than others. 90% of Asian Americans and 80% of African Americans and Native Americans report intolerance, while lactose sensitivity remains lowest among Americans of Northern European heritage. These findings assert opportunities to produce more health-friendly ice cream have never been better.

A Brave New Dairy World

In May, Science Direct published a medical study with a promising outlook for ice cream adaptation. Their review cites prebiotic fibers as an ideal replacement for fat in low-fat products.

Researchers from Verona and Bolzano-Bozen, Italy, conducted experiments using different forms of dietary fiber, such as acacia, apple, and oats, adding them to ice cream samples.

Study leaders employed a tasting panel of men and women aged 24 to 49, who scored each sample based on creaminess, opacity, and melting rate, among other criteria.

The results were positive, with test subjects reporting low-fat ice cream with supplementary fiber was, "entirely comparable" to full-fat. The winning combinations used inulin, a fiber in root vegetables like artichokes, leeks, and chicory. Additionally, acacia fibers also scored well.

Making Prebiotic Waves  
The good news for

health-conscious ice cream lovers is that inulin and acacia offer excellent gut health benefits.

A 2020 study published in Nutrients examined the effects of inulin and acacia-rich vitamins in rats. Researchers discovered that inulin-supplemented ice cream samples "enhanced intestinal development," and rats eating acacia dietary fibers maintained "stronger prebiotic ability."

Some ice cream eaters prefer to make it at home. Crafty home cooks can utilize one of many diet-specific ice cream recipes. Those unwilling or unable to part with dairy ice cream can try no-egg recipes, which are simple to reproduce with an ice cream maker.

Pets Have Joined the Party  
Humans aren't the only

ones benefitting from the artisan ice cream revolution; pets can also enjoy it. In 2021, The Food Institute explored Ben and Jerry's foray into the pet market with their "Doggie Desserts" ice cream range. Now, grocers from Aldi to Albertsons stock pet-safe ice cream brands. Of course, dogs and cats are not natural dairy consumers, so check with your vet before serving.

American consumers excitedly await ice cream manufacturers' inventive and dietary restriction-friendly offerings, but ice cream will remain on American menus whether you prefer your scoops with or without lactose.

This article was produced by Media Decision and Syndicated by Wealth of Geeks.



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# Traveling over Labor Day weekend? Have a back-up plan

By David Koenig

Associated Press

Many children have gone back to school in the U.S., and the days are getting shorter, but there is still one more excuse to use the swimsuits and beach towels before packing them up: Labor Day.

Airports, highways, beaches and theme parks are expected to be packed for the long holiday weekend as a lot of Americans mark the unofficial end of summer the same way they celebrated the season's unofficial start: by traveling.

The Transportation Security Administration anticipates screening more than 17 million people between Thursday and next Wednesday — a record for the Labor Day period.

AAA says bookings for domestic travel are running 9% higher than last year for the holiday weekend, while international trips are down 4%.

American Airlines plans to have its largest Labor Day weekend operation ever and expects a 14% increase in passengers compared to last year.

If you are traveling to get a last blast of summer, here is a rundown of what you need to know.

## Why Labor Day?

“Not everyone travels for Labor Day, not compared to July 4th or Thanksgiving — those are the most popular ones,” says Aixa Diaz, a spokesperson for AAA. “But certainly Labor Day offers people a way to get away for a final weekend of the summer. You’ve got people who

are either taking the three-day weekend or perhaps taking off the whole week before Labor Day.”

## What are prices like?

Motorists are getting a break on gasoline compared with last year. The nationwide average was recently \$3.44 per gallon, compared to \$3.86 a year ago, according to AAA.

For electric vehicles, the average price for a kilowatt of power at an L2 commercial charging station is about 34 cents. The average is under 25 cents in Kansas and Missouri but tops 40 cents in several states, including New Hampshire, Tennessee and Kentucky. Hawaii is the costliest, at 56 cents.

Average airfares in July were down 7.1% from June and 2.8% from July 2023, according to the government's consumer price index. The trend appears to be accelerating as the peak summer-vacation season comes to an end.

“Now we’re falling into that traditional fall season when demand slumps, and you’re also seeing that in airfares,” said Steve Hafner, CEO of the travel metasearch site Kayak. “Airfares are down from the summer about 26% already, and they’re down even from the previous fall, about 4%.”

## When is the best time to hit the road?

If you plan to start your drive on the Thursday or Friday before Labor Day, you will be sharing the road with commuters. You might want to leave before morning rush hour or even in the evening to avoid jams.

Transportation-data provider INRIX says the worst

time to travel by car on Thursday will be between 1 p.m. and 7:30 p.m., and on Friday between 2 p.m. and 6 p.m. That flips on Saturday, when you'll want to avoid driving between 8 a.m. and 11 a.m.

For the return trip, pretty much all day Monday — from 11 a.m. to 8 p.m. — will be a slog, according to INRIX.

And watch out for risky drivers. New data from Arity, part of insurance giant Allstate, indicates that speeding over 80 mph is up 83% and “very high speeding” — faster than 100 mph — is up more than 50%.

In a surprising twist, however, Arity says distracted driving has dropped on the last three Labor Days.

## When will airports be busiest?

Friday, according to the TSA. The agency expects to screen 2.86 million people that day. While an impressive number, it would not even rank in the top 15 days in TSA's history. The single-day record of 3.01 million was set on July 7, the Sunday after Independence Day.

TSA says it has enough screeners to keep the time it takes to get through regular lines to 30 minutes or less and to no more than 10 minutes for PreCheck lines.

American Airlines says Thursday and Friday will be its busiest days, with 6,400 flights per day, followed by Labor Day itself, when the carrier has 6,300 scheduled flights.

Officials at Seattle-Tacoma International Airport worked Monday to restore full service after what they called an apparent cyberattack over the weekend. Alaska Airlines and Delta

Air Lines reported no flight disruptions, but airlines warned passengers not to check bags because the bag-sorting system was affected. AAA named Seattle the top Labor Day destination based on bookings.

## What should I do if my flight is delayed or canceled?

First, check your itinerary before leaving for the airport. It's better to be stuck at home than stranded at the airport.

If your flight is canceled, the airline might automatically rebook you. That might not be the best option.

“Get on the phone (to the airline's help center), get in front of an agent, reach out to the airline via social media if you have to, but find out what the other options are,” says Julian Kheel, the founder and CEO of Points Path, a browser extension that lets users compare fares with deals available using frequent-flyer points. “You can almost always find another option that may work better than the one offered by the airline.”

Kheel said agents at the airport have more leeway to help, but they might be inundated if there are many canceled flights. DIY rebooking on the airline website or app might be faster, he said.

Phone tip: Some experts say if the airline has international help numbers, call one of those to get through more quickly than on the U.S. line.

## What about refunds and reimbursement?

Airlines are required to provide refunds — including for extra fees paid — to passengers whose flights are canceled for any reason. However, they

are not required to pay cash compensation, and no major U.S. airlines do. Only Alaska, Southwest and JetBlue even promise travel vouchers if the cancellation is their fault.

If you're stuck overnight, ask the airline about covering the costs of a hotel, meals and ground transportation. All major U.S. airlines except Frontier promise to help with all three for “controllable” disruptions, according to the Transportation Department's airline-policy dashboard. However, those commitments don't apply to cancellations caused by weather.

Keep receipts for all out-of-pocket expenses in case you can file a claim later.

## A few final tips

— Leave early. Everything will take longer than you expect, including getting through airport security. If you plan to park at the airport, make sure there will be spaces available when you arrive — many airports now post that information online.

— Watch the weather. Even if skies are clear at home, there could be storms at your flight's destination or along your road route. Have a backup route.

— Be nice. Flight cancellations and bumper-to-bumper traffic are frustrating, but you won't be the only one who is stuck. Customer-service agents are busy during peak travel periods, so it's important to be patient and respectful while they try to help you.

*Koenig reported from Dallas. Business Writer Wyatt Grantham-Philips in New York and video journalist Rick Gentilo in Washington contributed to this report.*

# Short but Sweet: Cherries Are in Season

By Tara Gerner

Wealth of Geeks

While modern growing methods mean we have cherries year round, the summer months are typically still thought of as cherry season in the United States. The Northwest Horticultural Council records Washington state, California, and Oregon as the top cherry-producing states.

The Northwest cherry crop was worth more than \$697 million in 2023, and cherry industries in Washington and Oregon together provide more than 20,000 jobs.

## Stone Fruit?

A stone fruit, also called a “drupe,” has a large pit or “stone” in the middle. Many familiar fruits are in this category: peaches, plums, nectarines, apricots, and even mangoes. Most stone fruits grow on trees, but raspberries, blackberries, and mulberries also technically qualify.

Stone fruits generally ripen in the U.S. from May to October. Plums hang around the longest, but some peach varieties come in through early September. Cherries, however, have a short season that runs from mid-May through the end of July. By August, they're usually all gone.

Cherries have health benefits, too. “There is so much to love about cherries!” says Alex Caspero, a Registered Dietitian at Delish Knowledge. “One serving of sweet cherries provides 12% of your daily recommended fiber intake, along with potassium and vitamin C. And, just two cups of fruit daily is associated with healthy weight maintenance, diabetes prevention, and improved cardiovascular health.”

Stone fruits, in general,

and especially cherries, are frequent guests on many restaurant menus and are used fresh or cooked in savory and sweet applications. They're just as popular for eating out of hand. They're best for that purpose when in season, though. They're far more flavorful and have a better texture.

## Savory Cherries

Cherries do well in savory dishes, in particular sour cherries. They offset the richness of many meat dishes like pork, lamb, or chicken, although sweet cherries work, too. Even if cherries aren't in season, home cooks can use dried or frozen versions for sauces.

Cherries also find a home in fresh salads. A cherry vinaigrette salad dressing is within the skills of most home cooks. Top the salad with bleu cheese or goat cheese cubes since those varieties complement the flavors of the sweet cherries.

Some feel it's better to enjoy fresh cherries rather than mask their flavors with sugar and other ingredients.

“Since they [cherries] are only in season for a few months each year, I like to enjoy them often during the summer month by eating them on their own as a snack, or baking with them,” Caspero says. “They are also great in savory applications, like roasting with balsamic vinegar and black pepper, then spreading over whipped ricotta for a seasonal appetizer or side dish.”

## Cherry Desserts

If asked, most people say they associate cherries with desserts. A Google search turns up 103 million results for the phrase “cherry desserts.” Fortunately, for many



The summer months are typically still thought of as cherry season in the United States.

PHOTO COURTESY OF WEALTH OF GEEKS

recipes, canned or frozen cherries work just as well as fresh. Once the dessert is cooked, it's difficult to tell the difference.

Tiffany McCauley, with The Gracious Pantry, says, “I love cherries! My favorite desserts to make with cherries [are] cherry clafoutis or cherry pie. I lean more towards the cherry pie because you can taste the cherries better.”

Cherry pie and cherry cobbler are considered “all-American” desserts, although the British claim Elizabeth I ate the very first cherry pie in the late 1500s.

According to What's Cooking America, the cobbler probably arrived with the first British colonists in America who didn't have their usual pie crust ingredients and con-

tinued when they found it easier to make than pies. Biscuit-based crusts, where you drop the dough onto the fruit rather than rolling it out, are often easier. And so, cobblers, buckles, Bettys, grunts, slumps, and pandowdies were born.

Chocolate and cherries are natural companions, and chocolate-covered cherries always appear on store shelves around Christmas time. They're also a popular combination in other desserts, including black forest cake.

Vitoli tells the legend of a pastry chef named Josef Keller, who invented the cake in the Black Forest region of Germany in 1915. The cake's cream filling requires refrigeration, so it was a local favorite until the late 1940s when elec-

tricity and fridges made it easier to store the cake and share it with neighbors across borders.

“I love cherries for their sweet and tangy taste, which brings back fond memories of summertime,” says Bella Bucchiotti, a food blogger at xoxoBella. “My go-to recipe is chocolate cherry brownies, where the combination of rich cocoa and juicy cherries never fails to lift my spirits.”

## A Strange Varietal

Maraschino cherries' name comes from the method of preservation, not the kind of cherry used. These cherries usually begin their lives as light, sweet cherries. They're brined to bleach their color, then soaked in food coloring and sugar syrup to obtain their famous

bright red hue.

Maraschino cherries are used for baked ham with cherries and pineapple and also lend their color and flavor to drinks, including cherry Coke, cherry limeade, Shirley Temples, and the Tequila Sunrise.

Maraschino cherries appear in sweet dishes, too. They're the traditional topper for an ice cream sundae, banana split, or milkshake. They're also the original decoration in pineapples for a pineapple upside-down cake and are favorites in canned fruit cocktails. The Del Monte company has a “Very Cherry” version for those who love the neon red fruit.

*This article was produced by Media Decision and syndicated by Wealth of Geeks.*



Danny Doherty, 12, of Norwood, Mass., stands for a photograph Wednesday, Aug. 21, 2024, in front of his home in Norwood, while holding a letter from the Town of Norwood Board of Health advising his family that they may not sell homemade ice cream at an ice cream stand near their home. AP PHOTO BY STEVEN SENNE

# Town officials shut down a boy's ice cream stand

By Michael Casey

Associated Press

NORWOOD, Mass. — Bored and looking for something to do this summer, Danny Doherty hatched a plan to raise money for his brother's hockey team by selling homemade ice cream.

But a few days after setting up a stand and serving up vanilla, shaved chocolate and fluffernutter to about 20 people, Danny's family received a letter from the Norwood Board of Health ordering it shut down. Town officials had received a complaint and said that the 12-year-old's scheme violated the Massachusetts Food Code, a state regulation.

"I was surprised and upset," he said of the letter that came Aug. 5. "I don't understand because there are so many lemonade stands and they don't get shut down."

Danny's mom, Nancy Doherty, who had encouraged her son to start the stand as long as he donated half of the proceeds to charity, also was taken aback.

"Somebody complained. That was the most disappointing part for us was that somebody thought it necessary to complain about a child's stand," she said. "It seemed a little, you know, crazy if you ask me."

Rather than give up, Danny decided to give away the ice cream and accept donations for the Boston Bear Cubs, a team featuring players with physical and developmental disabilities — including his brother, who is autistic.

That's when the neighborhood fundraiser blew up and became the talk of Norwood, a suburban town about an hour from Boston.

The first day they gave away the ice cream, supplies ran out in 10 minutes and \$1,000 was raised. Then, word began to spread about the fundraiser and Danny's clash with the town. Local media ran stories about the stand, prompting scores of local businesses to hold their own fundraisers for the hockey team.

Among them was Furlong's Candies, which teamed up with Boston radio station WWBX-FM to hold a fundraiser in their parking lot. They raised \$3,600 on a day when lines stretched out the door.

"Danny was trying to do a good thing for his brother's team — and it's not just a regular hockey team," Nancy Thrasher, the store's co-owner said. "They need a lot more equipment ... We were like this is a perfect situation for us to get involved in."

Thrasher said she understood why the stand had to be shut down but she still felt bad.

"My heart broke for the kid. He was just trying to do good for his brother's team," she said.

Town officials, meanwhile, said they received hate mail and death threats over the dispute, which they suggested has been badly mischaracterized in the media.

They argued the family had sold their homemade ice cream before and even promoted it on social media. The letter, officials said, was only sent after the town received several complaints and unsuccessfully tried to contact the family — something the Doherty's dispute.

"We had to deal with staff who were upset that they were being threatened. People had gone online and found their addresses simply for sending a letter after having reached out to somebody and said, look, there's a violation here," said Tony Mazzucco, Norwood's town manager. It's the "first time in recent memory" that the town has shut down an ice cream stand, he said, adding that Massachusetts law allows for things like lemonade stands and bakes sales but not homemade ice cream.

Mazzucco also said there was a "legitimate health concern" since homemade ice cream can be contaminated with listeria monocytogenes or other bacteria.

Danny's situation is not altogether unusual. Youth elsewhere have also seen their lemonade stands or pop-up bake sales shuttered — often for failing to have a business or health permit. Several states have responded by moving to lessen restrictions on such ventures.

Nancy Doherty said it was "distressing" to hear the town employees had received threats. She said the family had never sold ice cream before but acknowledged that Danny created an Instagram account to promote the stand.

"I'm not upset with the town for responding to a complaint," she said. "I'm shocked someone complained. This was a tiny operation. Us serving 20 friends, family and neighbors isn't a public health action. That is someone complaining to be a complainer."



A 1920s photo of the original Smith-Cotton High School shows vintage automobiles. That school is now the Smith-Cotton Junior High; in 2009-10, Sedalia built a new high school on Tiger Pride Boulevard.

PHOTOS BY FAITH BEMISS-MCKINNEY | DEMOCRAT

## SCHOOL

From Page B1

The book is divided into sections. It features the two buildings and then proceeds to traditions such as Homecoming. It also takes in the National Honor Society students placing flowers on Cotton's grave each year on Oct. 1. Other traditions include Kid Day, where students dress up. The book also highlights athletics, student life, and the decades.

To celebrate the 100th anniversary, S-C hosted a book launch and opened 1925 Time Capsule on Aug. 19. Homecoming week will be celebrated from Sept. 26-28 with several events: a Distin-

guished Alumni Walk, a breakfast with former teachers, and a picture gallery tour. Other events will occur throughout the year.

Thierfelder added that when SCHS first opened a century ago, there were 919 students and 30 faculty members. In 2024, there are around 1,500 students and over 150 faculty members.

"Our biggest push is to show the students the traditions that have been in place and hope that they understand the importance of keeping traditions," Thierfelder said. "So that they can come back and add the legacy."

Thierfelder will sell "100 Years of Being a Tiger" at every SCHS home game and at all the Foun-



A display at Smith-Cotton High School has mementos from Sedalia's early history. The display cases are in celebration of SCHS's 100th anniversary.

ation Alumni events this school year.

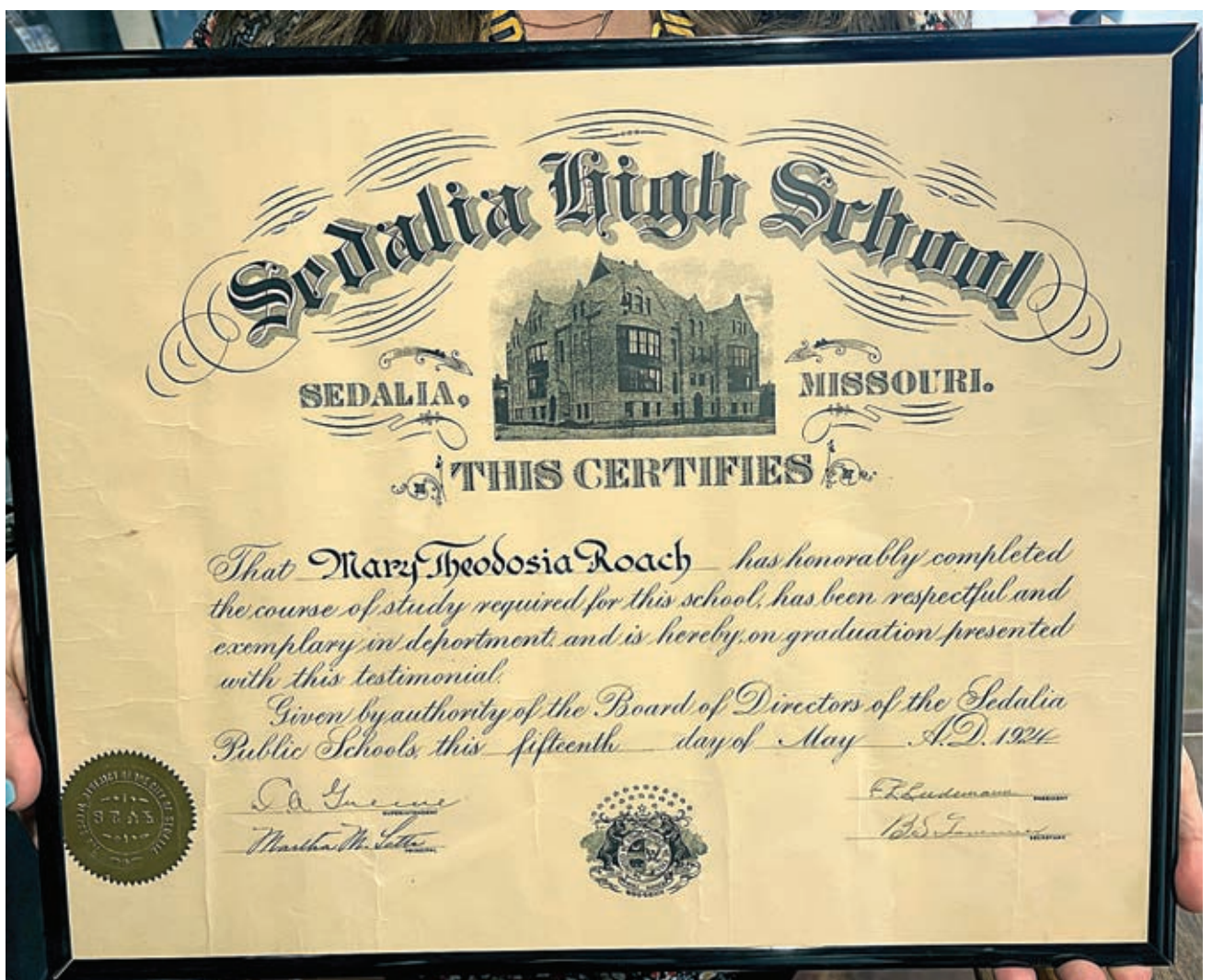
The SCHS book, "100 Years of Being a Tiger," is \$50 and can also be purchased at bit.ly/3Z6ys1i. or by sending a check

to Smith-Cotton High School Library, 2010 Tiger Pride Blvd., Sedalia Mo. 65301

Faith Bemiss-McKinney can be reached at 660-530-0289.



Early Sedalia High School commencement mementos are displayed at Smith-Cotton High School for the school's 100th anniversary. Dr. Lorin Blackburn Thierfelder, S-C's Library Media Specialist, will change the displays each month to represent a different decade of S-C's history.



A vintage Sedalia High School diploma is part of a display of items honoring the 100th Anniversary of Smith-Cotton High School.



Legal Notice

26253 GENTRY RD, SEDALIA, MO 65301. The personal representative's attorney's name, business address, and phone number is: DEBORAH GILLESPIE MITCHELL, 1621 W BROADWAY #16, SEDALIA, MO 65301, 660-473-1821.

Susan Sadler, Circuit Clerk. By: /s/Darla Ebeling 4x-8/16, 23, 30, 9/6, 2024

IN THE 18TH JUDICIAL CIRCUIT, PETTIS COUNTY, MISSOURI Judge or Division: PROBATE Case Number: 24PT-PR00150 SUSAN M REITH, Deceased.

Notice of Letters Testamentary Granted (Independent Administration) To All Persons Interested in the Estate of SUSAN M REITH, Decedent:

On 8-14-2024, the last will of Decedent having been admitted to probate, the following individual was appointed the personal representative of the estate of SUSAN M REITH, decedent, by the Probate Division of the Circuit Court of PETTIS COUNTY, Missouri.

AMBER HUTCHERSON, 519 SE 13 HWY, WARRENSBURG, MO 64093. The personal representative's attorney's name, business address, and phone number is: LEROY C TIEMAN, 702 FELIX, ST JOSEPH, MO 64506, 816/279-3000.

All creditors of said decedent are notified to file claims in court within six months from the date of the first publication of this notice or if a copy of this notice was mailed to, or served upon, such creditor by the personal representative, then within two months from the date it was mailed or served, whichever is later, or be forever barred to the fullest extent permissible by law.

Susan Sadler, Circuit Clerk. By: /s/Darla Ebeling 4x-8/16, 23, 30, 9/6, 2024

NOTICE TO BIDDERS RCI is seeking bids from certified MBE / WBE firms for construction projects for the University of Central Missouri in Warrensburg.

Pettis County Court House Exterior Mortar and Stone Repair Request for Proposal Pettis County Commission is seeking proposals to conduct stone and mortar joint repair of the exterior on the courthouse of Pettis County, located at 415 South Ohio Ave. Sedalia Missouri.

The commission is requesting a careful and thorough inspection of the entire exterior, top to bottom, of all four sides including but not limited to mortar joints, stone fascia, upper stone ledges, stone columns, and arched entryways.

Legal Notice

man lifts, and necessary PPE required must be supplied by the business and all charges involved must be included in the proposal. Project must be completed no later than March 31, 2025.

Opening will occur September 24, 2024 10:00 am in the Pettis County Commission Chambers. Pettis County Commission reserves the right to accept or reject any or all proposals.

Pettis County Court House Exterior Cleaning Request for Proposal Pettis County Commission is seeking proposals to conduct cleaning of the exterior on the courthouse of Pettis County, located at 415 South Ohio Ave. Sedalia, Missouri.

The Cleaning must include the entire exterior, top to bottom, of all four sides including but not limited to stone fascia, upper stone ledges, stone columns, arched entryways, and metal frames of windows and doors.

Cleaning solutions and water pressure used must meet the State Historical Preservation Office of the Department of Natural Resources standard. Any specified solutions and cleaning techniques will be subject to submission for review with their Office.

Proposal Opening will occur September 24, 2024 10:00 am in the Pettis County Commission Chambers. Pettis County Commission reserves the right to accept or reject any or all proposals.

Request for Qualifications The County of Pettis is requesting the qualifications of interested consulting engineering firms to perform the development of a Safety Action Plan.

The County of Pettis is requesting the qualifications of interested consulting engineering firms to perform the development of a Safety Action Plan. Qualifications will be received by 11:00 am, September 27, 2024, at the Pettis County Clerk's Office, 215 E 5th Street, Sedalia, MO 65301.

Susan Sadler, Circuit Clerk. By: /s/Darla Ebeling 4x-8/16, 23, 30, 9/6, 2024



PUBLIC AUCTION "Sharon Colvin" 1608 East 12th Street, Sedalia Mo. 65301 As I am selling my home & downsizing, we will sell the following at public Auction on: Labor Day Monday September 2nd 10:00am 2024

ESTATE AUCTION "Robert Craine" 104 West Osage, Warsaw MO 65355 Saturday, September 7th 10:00am 2024

ABSOLUTE REAL ESTATE AUCTION September 14th at 10:30AM 4140 Bluegrass Dr. Sedalia

Angelina Jolie brings 'Maria,' to Venice Film Festival

By Lindsay Bahr and Louise Dixon Associated Press

VENICE, Italy — For Angelina Jolie, portraying the famed opera singer Maria Callas meant more to her than she can put into words.

"I felt such a privilege to feel like I got to know this woman and got to be inside her skin a moment. I really care for her deeply," Jolie told The Associated Press a few hours the film's world premiere at the Venice International Film Festival Thursday.

Chilean filmmaker Pablo Larraín called on Jolie to take on the role as the legendary soprano in "Maria," which was recently acquired by Netflix for distribution. The film focuses on the final week of her life in 1977, in Paris.

Larraín, a Venice regular, continues to explore the lives of very famous women with tragic narratives attached to them. In 2016, he came to the festival with his Jackie Kennedy portrait, "Jackie," starring Natalie Portman as the first lady in the aftermath of her husband's assassination.

"Maria" is the so-called conclusion to this trilogy of historical women, though Callas may be a bit less known to younger generations who weren't around for the headlines and scandals.

During her brief life she became one of the greatest opera singers of all time with her unparalleled voice and stage presence. But the accolades also came with the intense scrutiny of her life in the public eye, whether it was her exacting demands and "diva" behavior.

She died in Paris at age 53 after a heart attack. "When I put her big glasses on and her Greek hair and I sat in my little robe as an older lady, I felt a (Maria) that felt like the private (Maria) that the world didn't know," Jolie said.

Jolie made a grand entrance on the docks of the Hotel Excelsior, on the Lido, posing for photographers in a golden acid-colored Tom Ford jersey kaftan dress with hair long and loose.

She was reluctant to compare fame in Callas' time to the present moment. "I didn't live then. I guess hard in different ways, easy in different ways," Jolie said.

Jolie trained for nearly seven months to prepare for the role. The singing in the film is a blend of actor and the real thing. "My first days, (Larraín) was very good to me in that we started in a more intimate first with very few crew members," Jolie said.

Larraín said it was "the only way to do it." "Opera requires a very particular style of singing — in the pitch, the color, the breathing, the posture," he said.

Jolie has twice been nominated for acting Oscars. She won for her supporting role in "Girl, Interrupted," and was last nominated for her leading role in Clint Eastwood's "Changeling."

The actor is also expected to depart Venice before her ex-husband Brad Pitt arrives for the premiere of his film "Wolfs" on Sunday. Though legally single since 2019, they are still fighting over issues like custody, finances and a winery in France.

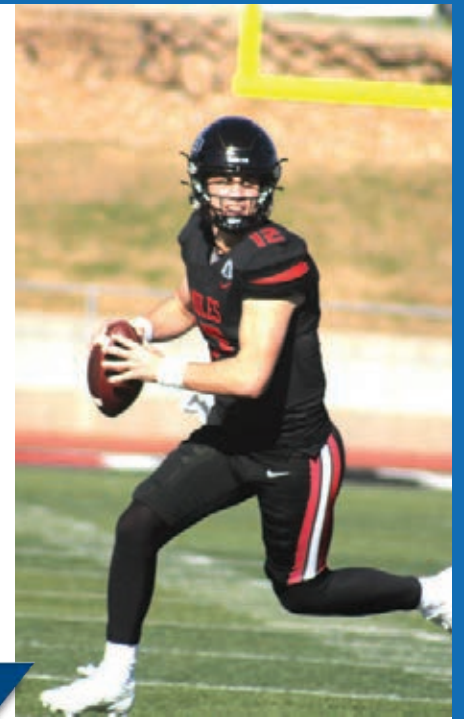
In a press conference Thursday afternoon, a journalist asked Jolie if there were surprising ways she related to Callas. "There's a lot I won't say in this room that you probably know, or assume," Jolie said.

Larraín added: "Whatever we think about a diva, a diva would never exist if there wasn't excellence in what she does." "Maria" is among the 21 features competing for the festival's awards which will be announced on Sept. 7.

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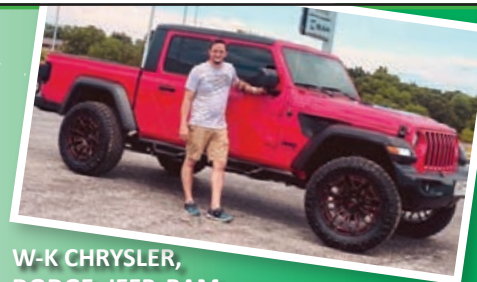
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# SMITH-COTTON



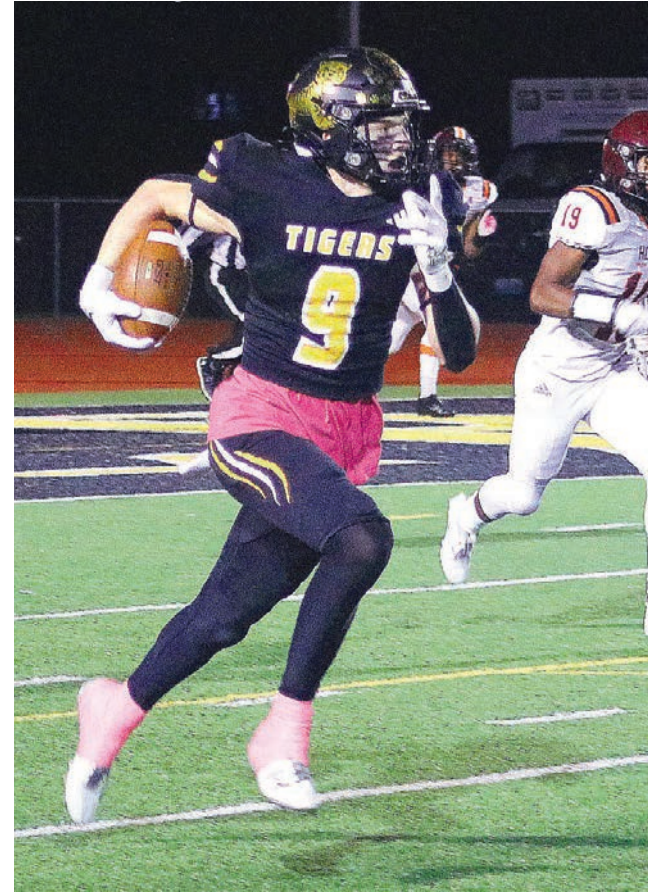
## FOOTBALL

Head coach: Josh Gray

2023 record: 2-8

**Highlights:** The Tigers scored a season-high 52 points in a win over conference opponent Hickman. The team also had a 48-6 victory over Hogan Prep Academy Charter.

**Outlook:** Beau Gray enters his senior season as the Tigers' quarterback after having 1,695 all-purpose yards and 13 total touchdowns last season. Gavin Jackson also heads into his senior season as the team's top wide receiver. Dax Wiskur and Samuel Wright will lead the Tigers defense as juniors after having standout sophomore seasons.



### 2024 Schedule

Aug. 30 at Warrensburg  
 Sept. 6 vs. Rock Bridge  
 Sept. 13 at Camdenton  
 Sept. 20 at Jefferson City  
 Sept. 27 vs. Hickman  
 Oct. 4 at Battle with Columbia Independen  
 Oct. 11 vs. Capital City  
 Oct. 18 at Helias Catholic  
 Oct. 25 at Marshall

### 2023 Results

L, 28-7 at Moberly  
 L, 66-0 at Rock Bridge  
 L, 47-22 vs. Warrensburg  
 L, 56-14 vs. Jefferson City  
 W, 52-28 at Hickman  
 L, 20-14 vs. Battle  
 L, 48-21 at Capital City  
 L, 63-0 vs. Helias Catholic  
 W, 48-6 vs. Hogan Prep Academy Charter  
 L, 42-3 at Carthage



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# SMITH-COTTON



## BOYS SOCCER

**Head coach:** Ethan Weller

**2023 record:** 12-15

**Highlights:** The Tigers reached the district semifinals last season with a 1-0 overtime win over No. 3 Hickman.

**Outlook:** Weller enters his 15th season as the head coach of the Tigers and will have several seniors on the roster, including Francisco Gonzalez, Juan Matacu-Ubaldo, Jake Bunker and Alex Capkovic.

### 2024 Schedule

Aug. 30-31 S-C Shoot-out  
 Sept. 3 vs. Helias Catholic  
 Sept. 10 at Warrensburg  
 Sept. 12 at Blue Springs South  
 Sept. 16 vs. Camdenton  
 Sept. 18 vs. Hickman  
 Sept. 19 at Battle with Columbia Independent  
 Sept. 24 at St. Michael

the Archangel  
 Sept. 26 vs. Osage  
 Sept. 27-28 Moberly Invitational  
 Oct. 1 vs. Jefferson City  
 Oct. 3-5 Kickapoo Tournament  
 Oct. 8 at Center  
 Oct. 10 vs. William Chrisman  
 Oct. 16 at Rock Bridge  
 Oct. 22 at Capital City  
 Oct. 24 vs. Oak Grove  
 Oct. 29 at Boonville  
 Oct. 31 vs. Ruskin

## VOLLEYBALL

**Head coach:** Emily Ruckman

**2023 record:** 9-18-1

**Highlights:** Three of the Lady Tigers' nine wins last season came against teams that finished the season .500 or better, including against district champions Lafayette County.

**Outlook:** The Lady Tigers will have a nice mix of seniors and juniors on the court this season. Lennon Adams, Addison Lyles and Shaylin Wooster will help lead the team as seniors, while Alle Case, Piper Cantrell and Taylor Pinkel enter their junior seasons.

### 2024 Schedule

Sept. 3 at Osage  
 Sept. 5 at Odessa  
 Sept. 9 vs. Father Tolton Regional Catholic  
 Sept. 10 vs. California  
 Sept. 12 at Clinton  
 Sept. 14 Higginsville Spike-fest  
 Sept. 16 at Jefferson City  
 Sept. 17 at Warrensburg  
 Sept. 19 vs. Rock Bridge  
 Sept. 23 vs. Marshall  
 Sept. 24 at Helias Catholic

Sept. 25 vs. Hallsville  
 Sept. 28 Smith-Cotton Tournament  
 Oct. 1 at Hickman  
 Oct. 2 at Versailles  
 Oct. 3 vs. Camdenton  
 Oct. 7 vs. Battle  
 Oct. 8 vs. Warsaw  
 Oct. 9 at Oak Grove  
 Oct. 10 vs. Capital City  
 Oct. 14 at Eldon  
 Oct. 15 vs. Knob Noster  
 Oct. 17 vs. Boonville



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# SMITH-COTTON



## SOFTBALL

Head coach: Amy Miller

2023 record: 15-14

**Highlights:** The Lady Tigers hit double digit wins for the first time since 2010, benefiting from three straight shutout wins over Leeton, Battle and Eldon in September.

**Outlook:** Miley Rathmann and Ellie Kimbrough return as two of the Lady Tigers' top hitters this season, while Addison Snyder will be back in the pitching circle as a junior this season after having an earned run average of 3.43 in 108 1/3 innings pitched last season.

## 2024 Schedule

Aug. 31 Lady Pirate Lead-off Classic

Sept. 3 vs. Odessa

Sept. 4 vs. Knob Noster

Sept. 5 at Clinton

Sept. 9 at Warrensburg

Sept. 11 vs. Boonville

Sept. 12 vs. Marshall

Sept. 13-14 LOZ Tournament

Sept. 16 vs. Helias Catholic

Sept. 20 vs. Harrisonville

Sept. 20 vs. Waynesville

Sept. 23 at Battle with Columbia Independent

Sept. 24 vs. Russellville

Sept. 26 at Capital City

Sept. 30 at Hickman

Oct. 2 vs. California

Oct. 3 at Marshall

Oct. 5 Centralia Invitational

Oct. 7 vs. Jefferson City

Oct. 9 vs. Rock Bridge

Oct. 10 at Camdenton

Oct. 14 at Oak Grove



## GIRLS TENNIS

Head coach: Christine Kindle

2023 record: 4-9

**Highlights:** Natalie and Elinor Beard reached the quarter-finals of the Class 3 State Doubles Tournament.

**Outlook:** Natalie Beard will be a senior this season and will be joined by her younger sister, Gretchen, who is entering her freshman season. Hannah Wright and Emily Chernish are also among the team's returning players.

## 2024 Schedule

Aug. 29 vs. Father Tolton Regional Catholic

Aug. 30 vs. Marshall

Sept. 3 at Warrensburg

Sept. 5 vs. Battle

Sept. 9 at Capital City

Sept. 10 vs. Jefferson City

Sept. 11 vs. Clinton

Sept. 12 at Osage

Sept. 17 at Rock Bridge

Sept. 18 vs. Hickman

Sept. 19 at Odessa

Sept. 20 Warrensburg JV Double Tournament

Sept. 25 at Helias Catholic

Sept. 27 Smith-Cotton Invitational

Sept. 30 at Camdenton  
Oct. 2 Capital City Tournament

Oct. 3 vs. Boonville

Oct. 7 at Raymore-Peculiar

Oct. 8 vs. Knob Noster

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# SMITH-COTTON



## CROSS COUNTRY

**Head coach:** David Holiway

**Highlights:** The boys team placed fifth and the girls team placed sixth at the CMAC Championships.

**Outlook:** Jose Lorenzo, Indiana Ellison and Elijah Holiway are back on the boys team, while Julie Kuehner, Lindsey Carrico and Reese Green return to the girls team.

### 2024 Schedule

- Aug. 31 Jim Marshall Invitational
- Sept. 12 Marshall Invitational
- Sept. 21 Smith-Cotton Invitational
- Sept. 28 Gans Creek Open
- Oct. 4 Laker Invitational
- Oct. 12 Capital City Invitational
- Oct. 18 CMAC Championship
- Oct. 26 Fatima Invitational



## BOYS SWIMMING AND DIVING

**Head coach:** Samantha Yewell

**Highlights:** The Tigers sent four members to state: Julius Washington, Findlay Hume, Aiden Scholl and Hayden Carlock.

**Outlook:** Yewell enters her second season at the helm and will have Matthew McCoy and Talon Newell, the winners of the team's Most Improved Player awards, return as juniors this season.

### 2024 Schedule

- Sept. 3 Blue Springs South
- Sept. 10 Lee's Summit Duals
- Sept. 11 Sedalia Duals
- Sept. 13-14 Belton Invitational
- Sept. 21 Truman Invitational
- Sept. 24 Lee's Summit
- Oct. 4-5 COMO Invitational
- Oct. 9 Truman Invitational
- Oct. 10 Jefferson City Invite
- Oct. 19 Tiger Invitational
- Oct. 22 Warrensburg
- Oct. 24 CMAC Championship
- Oct. 28-29 Independent League Championships
- Oct. 31 West Central Classic




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# SMITH-COTTON



## GIRLS GOLF

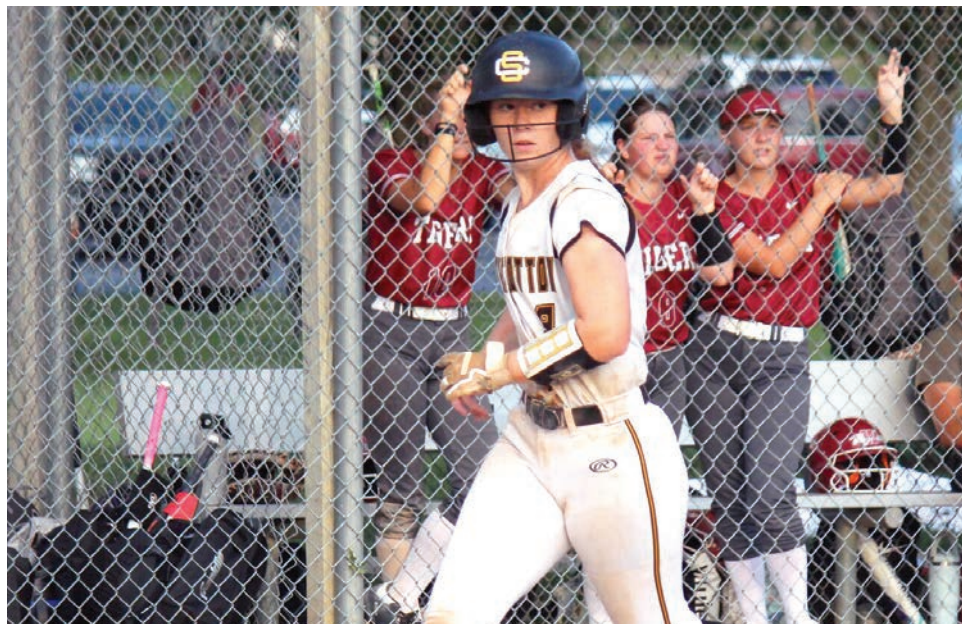
**Head coach:** Craig Harvey

**Highlights:** The Lady Tigers golf team placed second at the CMAC Championship with a team score of 398.

**Outlook:** Juniors Gracie Vannatta and Charlotte Fischer return to the team this season as the Lady Tigers' two main catalysts.

## 2024 Schedule

- Sept. 5 Marshall Quad
- Sept. 11 Helias Invitational
- Sept. 16 S-C Classic
- Sept. 17 Marshall Tournament
- Sept. 18 Richmond Tournament
- Sept. 25 at Rock Bridge
- Sept. 26 Smith-Cotton Quad
- Sept. 30 Lady Jays Invitational
- Oct. 2 CMAC Tournament
- Oct. 8 Battle Spartan Invitational



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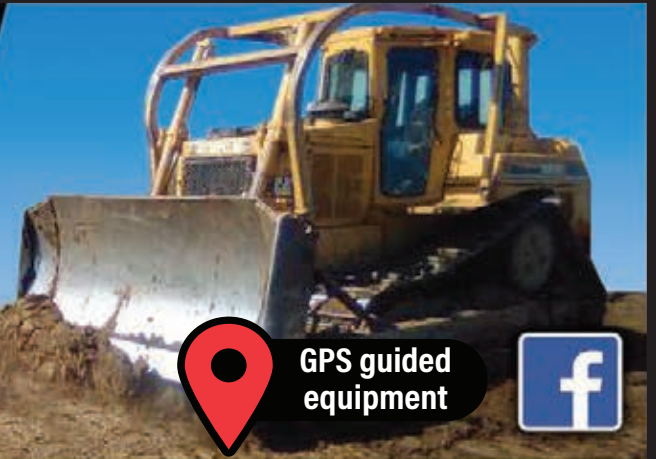
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# WARRENSBURG



## FOOTBALL

**Head coach:** Chris Cavanah

**2023 record:** 6-5

**Highlights:** Under Football outlook, please change to Warrensburg returns a wide range of veteran experience including Kobe Westphal, Jack Smith-Taylor, AJ Smith, Ryan Munsterman, Seth Johnson, Trey Murphy, Cruz Villegas, Ty Carman, Maddox Kulenkamp, Reid Kearfott, and Tristan Blew

**Outlook:** Health will be key for the Tigers across all positions in 2024. They will be looking to win the Silver Tiger Trophy for the seventh-consecutive year in what is expected to be a festive Week 1 home opener.

### 2024 SCHEDULE

Aug. 30 Smith-Cotton  
Sept. 6 Cameron  
Sept. 13 at Moverly  
Sept. 20 Harrisonville  
Sept. 27 Pleasant Hill  
Oct. 4 at Odessa  
Oct. 11 at Center  
Oct. 18 Clinton  
Oct. 25 at Oak Grove

### 2023 RESULTS

L, Capital City 41-29  
W, at St. Charles 12-6  
W, at Smith-Cotton 47-22  
L, Harrisonville 54-48  
W, at Center 42-0  
L, Odessa 42-41  
W, at Pleasant Hill 38-38  
W, Clinton 57-6  
L, Oak Grove 87-56  
W, Osage 30-28  
L, at Pleasant Hill 55-14



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# WARRENSBURG



## VOLLEYBALL

**Head coach:** Chandler Vaughan

**2023 record:** 13-9-1

**Highlights:** Former Jennies volleyball athlete Chandler Vaughan is heading into her first year as head coach, taking over for Abby Schumacher. Warrensburg made a run to the district championship game last year, losing to eventual state semifinalist St. Michael the Archangel.

**Outlook:** Returners include Ella Christensen, Delaney Fleeman, Janey Van Dyke, Peyton Ernst, Madelyn Meldrem, Kadence Fristch and Kyla Dunn.

## 2024 SCHEDULE

Sept. 3 St. Michael the Archangel

Sept. 5 Notre Dame de Sion

Sept. 10 at Marshall

Sept. 14 Lafayette County Tournament

Sept. 16 at Knob Noster

Sept. 17 Smith-Cotton

Sept. 19 at Capital City

Sept. 21 William Chrisman Tournament

Sept. 23 Grandview

Sept. 24 Oak Grove

Sept. 26 at Odessa

Oct. 1 at Lawson

Oct. 2 at Lincoln College Prep

Oct. 5 Warrensburg Tournament

Oct. 5 Santa Fe

Oct. 8 Pleasant Hill

Oct. 10 at Harrisonville

Oct. 15 Clinton

Oct. 17 at Center



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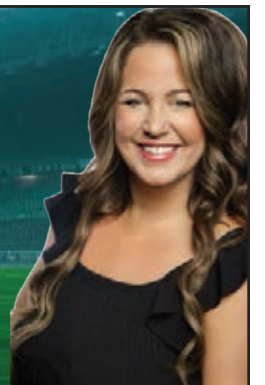
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# WARRENSBURG



## SOFTBALL

**Head coach:** Carey Thomas

**2023 record:** 8-19

**Highlights:** Warrensburg had three MRVC West wins last season, recording one against Pleasant Hill and two against Clinton.

**Outlook:** The Tigers will have a young rooster once again this year with a roster that only includes one senior in Erika Bloom. The program has two juniors, eight sophomores and 12 freshmen. Along with Bloom, returners include Madelyn Derritt, Olivia Johnson, Ripley Laws, Aspen Osborn and Leah Coombs.

## BOYS SOCCER

**Head coach:** Matthew Bax

**2023 record:** 14-5

**Highlights:** Warrensburg found itself in contention for a MRVC West title last season. The Tigers only dropped two conference games, coming in close matches with Harrisonville and Oak Grove.

**Outlook:** This year will feature a new look in terms of personnel after graduating a large senior class. Notable returners include Anton Wiederhoeft, Carlos Escobar and Chuy Escobar. Carlos Escobar is one of three seniors, joined by Chase Livengood and Lucas Burykin.



## 2024 SCHEDULE

Aug. 31 Marshall Tournament	Sept 19 at Pleasant Hill
Sept. 3 Camdenton	Sept. 24 at Harrisonville
Sept. 4 at Jefferson City	Sept. 26 Oak Grove
Sept. 5 Richmond	Sept. 27-28 UCM Tournament
Sept. 9 Smith-Cotton	Oct. 1 Pleasant Hill
Sept. 11 at Odessa	Oct. 2 Belton
Sept. 12 Harrisonville	Oct. 3 Odessa
Sept. 13-14 Warrensburg Tournament	Oct. 8 at Oak Grove
Sept. 17 Clinton	Oct. 9 Summit Christian Academy
	Oct. 10 at Clinton

## 2024 SCHEDULE

Sept. 3-7 Bartow Soccer Tournament	Oct. 3-5 Bolivar Liberator Classic
Sept. 10 Smith-Cotton	Oct. 10 at Knob Noster
Sept. 12 at St. Michael the Archangel	Oct. 15 at Clinton
Sept. 17 Harrisonville	Oct. 17 at Marshall
Sept. 24 Odessa	Oct. 21 Cameron
Sept. 26 Summit Christian Academy	Oct. 22 Center
Oct. 1 at Pleasant Hill	Oct. 24 at Capital City
	Oct. 29 Oak Grove

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# WARRENSBURG



## GIRLS GOLF

**Head coach:** Karla Hinnah

**Highlights:** Karla Hinnah takes over as head coach after previously serving as an assistant for Chris Nimmo.

**Outlook:** Avrie Fox highlights the Tigers as a returning state qualifier. Returners to the lineup also include Lillie Mannering and Marissa Kenish.

## 2024 SCHEDULE

Sept 13 at Center Triangular  
Sept. 9 at Odessa  
Sept. 11 Helias Invitational  
Sept. 12 Odessa, Richmond  
Sept. 16 Smith-Cotton Classic  
Sept. 17 Clinton  
Sept. 18 Richmond Tournament  
Sept. 19 Warrensburg, Oak Grove  
Sept. 23 Lady Jays Invitational  
Sept. 24 at Richmond Quad  
Sept. 26 at Smith-Cotton Quad  
Oct. 2 at St. Michael the Archangel  
Oct. 7 MRVC Tournament  
Oct. 8 Battle Tournament

## GIRLS TENNIS

**Head coach:** Dustin Bergman

2023 record: 8-4

**Highlights:** Dustin Bergman will lead the girls tennis program in 2024. He will be assisted by returning assistant coach Hope Dahlhoff.

**Outlook:** Warrensburg's roster includes just two seniors, made up of Melanie Seelinger and Chiara Betsch.

## 2024 SCHEDULE

Sept. 3 Smith-Cotton  
Sept. 4 Harrisonville  
Sept. 5 at Odessa  
Sept. 6 at Platte County Invitational  
Sept. 10 at Clinton  
Sept. 12 Center  
Sept. 13 Warrensburg Tournament  
Sept. 17 at Harrisonville  
Sept. 18 Cameron Tournament  
Sept. 23 Odessa  
Sept. 24 Clinton  
Sept. 25 Marshall  
Sept. 26 at Center  
Sept. 27 S-C Invitational  
Oct. 4 Bolivar Tournament  
Oct. 9 MRVC Tournament

## BOYS SWIMMING

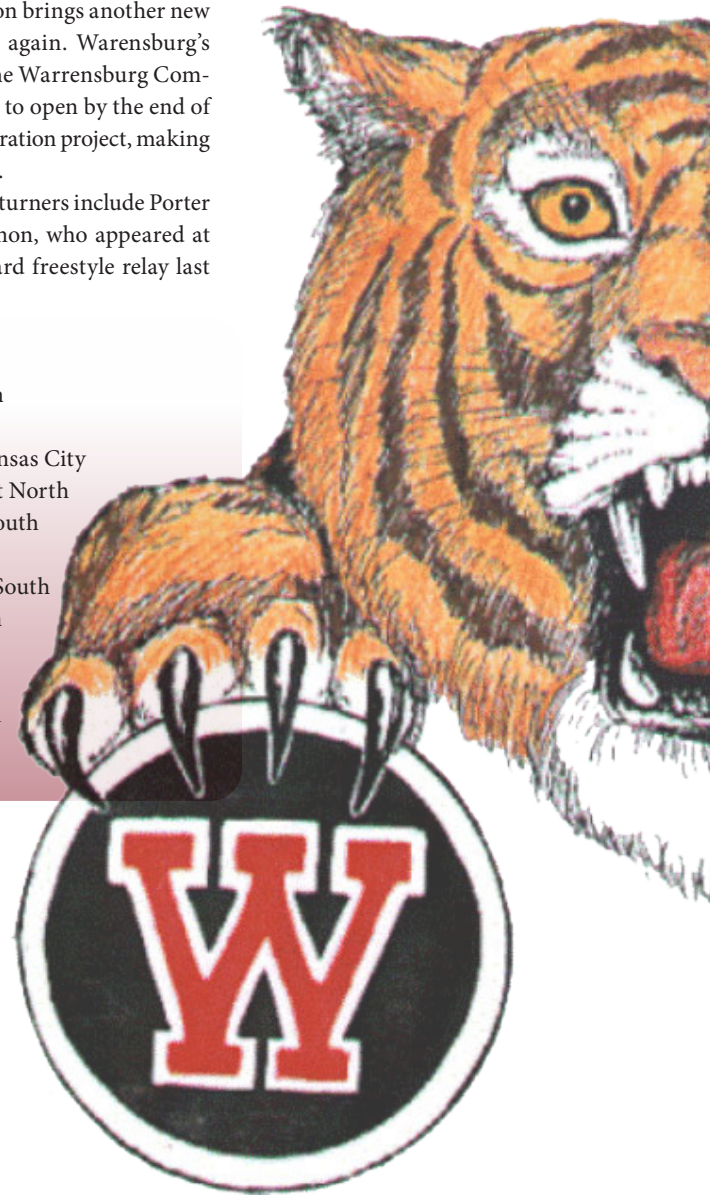
**Head coach:** Jennifer Singleton

**Highlights:** A new season brings another new coach for the Tigers once again. Warrensburg's home practice facility of the Warrensburg Community Center is expected to open by the end of the month following a restoration project, making way for a practice location.

**Outlook:** Anticipated returners include Porter Bingham and Skyler Golmon, who appeared at state with the boys 200-yard freestyle relay last year.

## 2024 SCHEDULE

Sept. 11 at Smith Cotton  
Sept. 14 at Belton  
Sept. 20-21 at North Kansas City  
Sept. 24 at Lee's Summit North  
Oct. 1 at Blue Springs South  
Oct. 9 at Raytown  
Oct. 15 at Blue Springs South  
Oct. 19 at Smith-Cotton  
Oct. 22 Home Meet  
Oct. 28-29 ILCs  
Oct. 31 at Smith-Cotton



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# WARRENSBURG



## CROSS COUNTRY

Head coach: Creighton Collier

Highlights: Warrensburg returns much of its lineup from both sides of the program.

Outlook: Returning state qualifiers include Jeremiah Akinbohun, Luke Younblood and Carson Hennrich on the boys side. Alex Kientzy is the lone returning qualifier on the girls side.

## 2024 SCHEDULE

Sept. 3 Grain Valley Glow Meet

Sept. 7 Bolivar Invitational

Sept. 14 Forest Park Festival

Sept. 21 Smith-Cotton Invitational

Sept. 28 Gans Creek Classic

Oct. 5 KC Classic

Oct. 17 Warrensburg Invitational

Oct. 23 MRVC West Meet (at Richmond)



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# CHILHOWEE



## VOLLEYBALL

**Head coach:** Cheyenne Ginn

**2023 record:** 20-12-1

**Highlights:** Chilhowee continued its up-climb last year, recording the program's most wins in recent history according to MSHSAA.org.

**Outlook:** The Indians have a veteran core that includes senior Haley Lankford, Alexis Miller, Ryliegh Dean, Olivia Hornback and Kaydee Lankford

## 2024 SCHEDULE

Aug. 29 La Monte  
 Sept. 3 at Northwest  
 Sept. 5 Miami  
 Sept. 9 at Lincoln  
 Sept. 10 at Kingsville  
 Sept. 12 at Lakeland  
 Sept. 14 Lexington Tournament  
 Sept. 16 Windsor  
 Sept. 17 vs Sacred Heart (at Green Ridge)  
 Sept. 17 at Green Ridge  
 Sept. 19 at Miami  
 Sept. 20 at Bronaugh  
 Sept. 23 Crest Ridge  
 Sept. 24 at Ballard  
 Sept. 27 Sheldon  
 Sept. 28 Hy-Vee Arena Invitational  
 Oct. 1 Tipton  
 Oct. 3 at Sherwood  
 Oct. 4 Otterville  
 Oct. 8 Leeton  
 Oct. 10 Lone Jack JV  
 Oct. 11 at Northeast Vernon  
 Oct. 14 at Drexel  
 Oct. 17 Hume  
 Oct. 19 GVVC Tournament  
 Oct. 21 Orrick

## CROSS COUNTRY

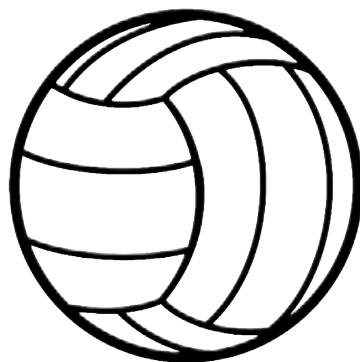
**Head coach:** Susan Kedigh

**Highlights:** The Indians are heading into their second season of cross country.

**Outlook:** Chilhowee's boys roster includes Mason Griffin and Charles Kedigh. Its girls roster includes Bailey Coulter and Jahmie Conner.

## 2024 SCHEDULE

Aug. 31 Clinton Invitational  
 Sept. 10 Lafayette County Invitational  
 Sept. 14 Knob Noster Invitational  
 Sept. 21 Odessa Invitational  
 Sept. 25 Lone Jack Invitational  
 Oct. 5 Calvary Lutheran Invitational  
 Oct. 12 Battle of Lexington Invitational



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# COLE CAMP



## FOOTBALL

Head coach: Kevin Shearer

2023 record: 3-7

Highlights: The Bluebirds opened the season with a 16-14 double-overtime road win against Wellington-Napoleon.

Outlook: Grant Rodriguez returns for his junior season and will help lead the Bluebirds on both sides of the ball. Conner Petersen, Jentzen Crider and Colton Thompson make up the team's senior class.

### 2024 Schedule

Aug. 30 at Salisbury  
 Sept. 6 at Windsor  
 Sept. 13 at Sherwood  
 Sept. 20 vs. Crest Ridge with Chilhowee  
 Sept. 27 at Lone Jack with Kingsville  
 Oct. 4 vs. Butler  
 Oct. 11 at Midway  
 Oct. 18 vs. Lincoln  
 Oct. 25 at Adrian

### 2023 Results

W, 16-14 2OT at Wellington-Napoleon  
 L, 22-20 vs. Windsor  
 L, 54-0 at Tipton  
 W, 48-19 vs. Lone Jack  
 L, 24-18 vs. Versailles  
 L, 50-16 at Crest Ridge  
 L, 28-26 at Lincoln  
 L, 55-6 vs. Adrian  
 W, 16-14 vs. Midway  
 L, 28-26 vs. Versailles



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# COLE CAMP



## VOLLEYBALL

**Head coach:** Abby Massingill

**2023 record:** 17-15-1

**Highlights:** The Lady Bluebirds had two thrilling five-set victories early in the season against good Holden and Concordia teams.

**Outlook:** All-Kaysinger selections Emily Burdick and Gracie Thompson graduate, but much of the Lady Bluebirds return this season as juniors and sophomores.

## 2024 Schedule

Sept. 2 at St. Paul Lutheran (Concordia)  
 Sept. 3 vs. Holden  
 Sept. 10 vs. Osceola  
 Sept. 11 vs. Concordia  
 Sept. 16 at Lone Jack  
 Sept. 17 vs. Windsor  
 Sept. 19 at Otterville  
 Sept. 23 at Versailles  
 Sept. 24 vs. Lincoln  
 Sept. 26 vs. Stover

Sept. 28 Smith-Cotton Tournament  
 Sept. 30 at Tipton  
 Oct. 1 vs. Sacred Heart  
 Oct. 3 at La Monte  
 Oct. 7 at California  
 Oct. 8 at Green Ridge  
 Oct. 10-12 Kaysinger Conference Tournament  
 Oct. 15 at Smithton  
 Oct. 17 at Northwest  
 Oct. 19 Versailles Invitational Tournament



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# COLE CAMP



## BOYS SOCCER

**Head coach:** Ryan Crawford

**2023 record:** 4-19

**Highlights:** The Bluebirds got a 3-0 win over La Monte in the first round of the Class 1 District 5 Tournament.

**Outlook:** The Bluebirds will have a lot of experience under their belts this season with much of the team being made up of juniors and seniors.

## 2024 Schedule

- Sept. 4 at Knob Noster
- Sept. 10 at Dixon
- Sept. 12 vs. Fatima
- Sept. 16 at Calvary Lutheran
- Sept. 19 at Green Ridge
- Sept. 23 at Iberia
- Sept. 24 vs. Smithton
- Sept. 26 at La Monte
- Sept. 30 vs. Lone Jack
- Oct. 2 vs. Crocker
- Oct. 7-12 Kaysinger Conference Tournament
- Oct. 17 at Fair Grove
- Oct. 22 vs. Stover
- Oct. 24 at Sacred Heart
- Oct. 28 at Laquey with Richland
- Oct. 29 vs. Belle



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# CREST RIDGE



## FOOTBALL (Co-Op w/ Chilhowee)

**Head coach:** Jeremiah Baruxen

2023 record: 7-4

**Highlights:** Crest Ridge heads into the season with a returning head coach for the first time since 2021. The Cougars' seven wins in 2023 were twice the total from 2022 and 2021 combined.

**Outlook:** The return of names like Wes Taylor and Gavin Wyatt on the skills side goes along with others like Carsen Hursch, James Shelton and Logan Cordray. Wyatt Ducos is also back in the mix for the Cougars this season after a year away.

## 2024 SCHEDULE

Aug. 30 at Holden  
Sept. 6 Penney  
Sept. 13 at Lincoln  
Sept. 20 at Cole Camp  
Sept. 27 Midway  
Oct. 4 Lone Jack  
Oct. 11 Westran  
Oct. 18 at Salisbury  
Oct. 25 Windsor

## 2023 RESULTS

L, Tipton 52-7  
W, Wellington-Napoleon 55-42  
W, Lincoln 42-8  
W, at Midway 34-32  
W, at Lone Jack 61-0  
W, Cole Camp 50-16  
L, Adrian 41-7  
L, at Windsor 26-6  
W, at Russellville 34-20  
W, Midway 21-12  
L, North Platte 46-12

## VOLLEYBALL

**Head coach:** Christi Wade

2023 record: 11-17-2

**Highlights:** The Cougars lose the contributions of a large senior class, but also bring back a number of returners.

**Outlook:** Names to keep an eye on include Addi Contreras, Macy Keys, Savanna Camp, Laney Wilhite, Colie Weigand, Shelby Stoff and Addie Shippy.

## 2024 SCHEDULE

Sept. 3 at Smithton  
Sept. 5 Sacred Heart  
Sept. 9 at Adrian  
Sept. 10 at Appleton City  
Sept. 12 Green Ridge  
Sept. 16 at La Monte  
Sept. 17 Sherwood  
Sept. 19 at Orrick  
Sept. 23 at Chilhowee  
Sept. 25 Achie  
Sept. 26 Concordia  
Oct. 1 at Sweet Springs  
Oct. 2 at Leeton  
Oct. 3 Lutheran KC  
Oct. 8 Kingsville  
Oct. 9 at Santa Fe  
Oct. 10 Wellington-Napoleon  
Oct. 12 I-70 Tournament  
Oct. 15 Lone Jack  
Oct. 17 at St. Paul Lutheran  
Oct. 21 Windsor



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# GREEN RIDGE



## BOYS SOCCER

**Head coach:** Andy Hoos

**2023 record:** 12-13

**Highlights:** The Tigers were Class 1 District 5 runner-ups last season.

**Outlook:** The Tigers will look to keep their scoring up as the team averaged just under three goals per game last season.

### 2024 Schedule

Sept. 3 at Calvary Lutheran  
 Sept. 9-14 Clinton Cup Invitational  
 Sept. 17 at Lone Jack  
 Sept. 19 vs. Cole Camp  
 Sept. 20 vs. Crocker  
 Sept. 24 vs. Stover  
 Sept. 26 vs. Sacred Heart  
 Sept. 27-28 Moberly Invitational  
 Oct. 7-12 Kaysinger Conference Tournament  
 Oct. 14 at Smith-Cotton JV  
 Oct. 22 at La Monte  
 Oct. 24 at Smithton  
 Oct. 29 at Knob Noster  
 Oct. 31 at St. Paul Lutheran (Concordia)

## VOLLEYBALL

**Head coach:** Lori Larimore

**2023 record:** 19-16-1

**Highlights:** The Lady Tigers got a straight sets victory over Lakeland in the first round of the Class 1 District 13 Tournament.

**Outlook:** Abby Warner, Mallory Reed and Sydney Gordon all return as seniors to help lead a Lady Tigers team that is made up of mostly freshmen.

### 2024 Schedule

Sept. 3 at Sweet Springs  
 Sept. 5 vs. Knob Noster  
 Sept. 6 at Leeton  
 Sept. 10 at Santa Fe  
 Sept. 12 at Crest Ridge  
 Sept. 14 Hickman Tournament  
 Sept. 16 vs. Appleton City with Montrose  
 Sept. 17 Tri with Chilhowee and Sacred Heart  
 Sept. 19 at Northwest  
 Sept. 23 vs. Osceola

Sept. 24 at La Monte  
 Sept. 26 at Otterville  
 Sept. 28 23rd Midway Tournament  
 Oct. 1 at Lincoln  
 Oct. 2 at Concordia  
 Oct. 3 vs. Windsor  
 Oct. 8 vs. Cole Camp  
 Oct. 10-12 Kaysinger Conference Tournament  
 Oct. 15 vs. Stover  
 Oct. 16 at Smithton

## CROSS COUNTRY

**Head coach:** Sarah Donaldson

**Highlights:** Weston Crawford and Rylee Donaldson represented the Tigers at the Class 1 State Championship.

**Outlook:** Rylee Donaldson returns to the girls team and will look to make it back to state, while the boys team will try and grow

throughout the season with many freshmen on the roster.

### 2024 Schedule

Sept. 14 Knob Noster  
 Sept. 21 Smith-Cotton Invitational  
 Sept. 28 Hermitage Cross Country Dam Invitational

## GIRLS GOLF

**Head coach:** Hayden Matthew Doane

**Highlights:** Ava Needy placed 10th at the Class 1 State Tournament with a two-day total of 190.

**Outlook:** Katlynn Hiller, who placed eighth at the Kaysinger Conference Tournament, returns as a senior along with Miley Hayes and Hannah Lentz.

### 2024 Schedule

Sept. 3 Quad with Cole Camp, Tipton and Sacred Heart  
 Sept. 5 Marshall Quad  
 Sept. 11 Cole Camp Tri  
 Sept. 16 S-C Classic  
 Sept. 17 Marshall Tournament  
 Sept. 19 Sacred Heart Tri  
 Oct. 2 Tri with Sacred Heart and Cole Camp  
 Oct. 7 Kaysinger Conference Tournament  
 Oct. 9 Lady Bulldog Invitational

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# HOLDEN



## FOOTBALL

**Head coach:** David Diener

**2023 record:** 7-4

**Highlights:** Holden heads into its fourth fall under David Diener with plenty of experience on both sides of the ball. Highlighting the group is All-State offensive lineman Aiden Christian. He's also returning All-District with a list that includes junior defensive end Jacob Andes.

**Outlook:** The Eagles expect to continue their brand of football in 2024. The Eagles have sites on their defense being the best in recent history, backing an offense that will be driven by a quarterback along with the backfield skills of Sam Comer.

## 2024 SCHEDULE

Aug. 30 Crest Ridge  
Sept. 6 at Pembroke Hill  
Sept. 13 Adrian  
Sept. 20 Lincoln  
Sept. 27 at Lexington  
Oct. 4 Lafayette County  
Oct. 11 at Richmond  
Oct. 18 Carrollton  
Oct. 24 at Knob Noster

## 2023 RESULTS

W, Sherwood 55-14  
W, Mid-Buchanan 27-14  
L, at Clinton 21-7  
L, at Butler 22-20  
W Lexington 40-22  
L, at Lafayette County 39-14  
W, Richmond 17-13  
W, at Carrollton 40-0  
W, Knob Noster 27-16

## VOLLEYBALL

**Head coach:** Emily Purnell

**2023 record:** 15-15-1

**Highlights:** Emily Purnell takes the helm of Eagles volleyball in 2024. Holden claimed a first-place finish in the Lexington Tournament last season.

**Outlook:** Returning names include Jaci Gower, Izzy Guinn, Kia Harmon, Brionna Johnson, Cami Agee and Lillian Carver.

## 2024 SCHEDULE

Sept. 3 at Cole Camp  
Sept. 5 Barstow  
Sept. 10 Oak Grove  
Sept. 12 at Harrisonville  
Sept. 14 Lexington Tournament  
Sept. 16 at Kingsville  
Sept. 17 at Odessa  
Sept. 19 at Carrollton  
Sept. 24 at Knob Noster  
Sept. 26 Lexington  
Oct. 1 Lafayette County  
Oct. 3 at Richmond  
Oct. 5 Archie Invitational  
Oct. 8 Carrollton  
Oct. 10 Knob Noster  
Oct. 12 Sherwood Black & White Tournament  
Oct. 14 Richmond  
Oct. 15 at Lexington  
Oct. 17 at Lafayette County

## SOFTBALL

**Head coach:** Jeff Smith

**2023 record:** 24-7

**Highlights:** Holden saw season, which included a MRVC East title, end with a loss to eventual Class 3 third-place finisher Oak Grove in last year's district championship. The Eagles had seven losses, though five were against larger schools.

**Outlook:** The Eagles will be striving to get back to the championship round, with the mindset of advancing even further. Returning names include Abby Sisk, Addilyn Wooster, Addy Campbell, Adi Yoder, Hayley Brooks, Jazzy Brown, Lilee Keller, Lilli Bay, Macey Greene and Olivia Wooster.

## 2024 SCHEDULE

Aug. 30-31 Greater KC Suburban Softball invitational  
Sept. 3 Oak Grove  
Sept. 5 at Pleasant Hill  
Sept. 10 Knob Noster  
Sept. 12 at Lexington  
Sept. 14 Chillicothe Tournament  
Sept. 16 Nevada  
Sept. 17 at Lafayette County  
Sept. 19 Richmond  
Sept. 23 at Odessa  
Sept. 24 at Carrollton  
Sept. 26 at Knob Noster  
Sept. 27-28 UCM Tournament  
Oct. 1 Sherwood

Oct. 2 Lexington  
Oct. 3 Lafayette County  
Oct. 8 at Richmond  
Oct. 10 Carrollton

## CROSS COUNTRY

**Head coach:** Scott Teufel

**Highlights:** Holden heads into its first season under the leadership of Scott Teufel.

**Outlook:** Garrett Hankins returns as Holden's lone runner to appear in the MSH-SAA Class 3 Championships last season.

## 2024 SCHEDULE

Sept. 7 at St. Michael the Archangel  
Sept. 10 Husker Invitational  
Sept. 19 Platte County Invitational  
Sept. 28 Gans Creek Classic  
Oct. 2 Oak Grove Invitational  
Oct. 8 Excelsior Springs Invitational  
Oct. 12 Lexington Invitational  
Oct. 17 Warrensburg Invitational  
Oct. 23 MRVC East Invitational (at Richmond)

Holden's Jazzy Brown winds a pitch against Knob Noster on Sept. 5, 2023, at the Knob Noster Sports Complex.



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# KINGSVILLE



## VOLLEYBALL

**Head coach:** Jaymie Swearingen

**2023 record:** 10-16-1

**Highlights:** Kingsville reached double-digit wins for the first time since 2018 last season.

**Outlook:** Returners to the Tigers include Hannah Collens, Payton Clark, Kylie Stout and Jenna Murkin

## 2024 SCHEDULE

Sept. 3 at Windsor  
 Sept. 4 at Otterville  
 Sept. 9 Midway  
 Sept. 10 Chilhowee  
 Sept. 12 at La Monte  
 Sept. 16 Holden  
 Sept. 18 at Drexel  
 Sept. 23 Concordia  
 Sept. 26 at Miami  
 Sept. 28 Hy-Vee Arena Tournament  
 Sept. 30 Orrick  
 Oct. 3 Sweet Springs  
 Oct. 5 Miami Invitational  
 Oct. 7 Lakeland  
 Oct. 8 at Crest Ridge  
 Oct. 10 Ballard  
 Oct. 17 Sherwood

## CROSS COUNTRY

**Head coach:** Lee Smith

**Highlights:** Kingsville had one state qualifier last year in Avery Barnes. He finished 74th out of 170 runners in Class 1.

**Outlook:** The Tigers have a young core on the boys side of the program, holding a roster of seven that includes just one upperclassman. The girls roster features two athletes made up of one junior and one freshman.

## 2024 SCHEDULE

Sept. 10 Lafayette County Invitational  
 Sept. 14 Knob Noster Invitational  
 Sept. 21 Odessa Invitational  
 Sept. 25 Lone Jack Invitational  
 Sept. 28 Hermitage Dam Festival  
 Oct. 1 Oak Grove Invitational  
 Oct. 5 Grain Valley Invitational  
 Oct. 12 Lexington Invitational  
 Oct. 17 Warrensburg Invitational  
 Oct. 23 Montrose Invitational



GO TIGERS!

Kingsville's Avery Barnes runs in the MSHSAA Class 1 Championships on Nov. 3, 2023, at the Gans Creek Cross Country Course in Columbia.

*Good Luck this season!*



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# KNOB NOSTER



## FOOTBALL (CO-OP WITH LEETON)

**Head coach:** Mike Franklin

**2023 record:** 5-5

**Highlights:** The year features plenty of new for the Panthers, highlighted by an upgrade in artificial turf at the program's facility. A seating upgrade is also expected ahead of Knob Noster's home opener, with new bleachers arriving to replace the previous concrete setup.

**Outlook:** Returning to the Panthers on the offensive side includes Sam Livingston, Eli Avery, Dre Quinones, Alex Garro and trevon Hudson. On the defensive name there's names like Garro, Quinones, Conner Morris, Aiden Cruz and Landon Wirtz.

## 2024 SCHEDULE

Aug. 30 at Versailles  
Sept. 6 at Oak Grove  
Sept. 13 at St. Pius X (Festus)  
Sept. 20 Northeast KC  
Sept. 27 at Carrollton  
Oct. 4 Lexington  
Oct. 11 at Lafayette County  
Oct. 18 Richmond  
Oct. 25 Holden

## 2023 RESULTS

L, 26-24 at Versailles  
W, 46-0 Salem  
W, 26-8 Windsor  
W, 47-14 at Northeast KC  
W, 26-8 Carrollton  
W, 20-0 at Lexington  
L, 61-35 Lafayette County  
L, 42-0 at Richmond  
L, 27-16 at Holden  
L, 35-0 at Boonville

Knob Noster running back Sam Livingston runs the ball up field against Crest Ridge during the Knob Noster jamboree Aug. 19, 2023, at Knob Noster High School.



## VOLLEYBALL

**Head coach:** Kelli Johnson

**2023 record:** 17-11-1

**Highlights:** The Panthers finished with double-digit wins for the fourth-consecutive year last season. The season included the program's first win against Lafayette County since 2020. Knob Noster also beat Holden for the first time in more than 15 years.

**Outlook:** The Panthers will turn to names like Peri Wark, Sophie Hatch, Haden Luebrecht and Gracelyn Rosine this year.

## 2024 SCHEDULE

Sept. 3 St. Paul Lutheran  
Sept. 5 at Green Ridge  
Sept. 9 Clinton  
Sept. 12 Warsaw  
Sept. 14 West Plains Showdown  
Sept. 16 Warrensburg  
Sept. 17 Bolivar  
Sept. 19 at Lafayette County  
Sept. 23 at Oak Grove  
Sept. 24 Holden  
Sept. 26 at Carrollton  
Sept. 28 Knob Noster Tournament  
Sept. 30 at Richmond  
Oct. 1 at Lexington  
Oct. 3 Lafayette County  
Oct. 8 Richmond  
Oct. 10 at Holden  
Oct. 12 Willard Tournament  
Oct. 14 Carrollton  
Oct. 15 at Smith-Cotton  
Oct. 17 Lexington  
Oct. 21 Smithton

## SOFTBALL

**Head coach:** Peggy Buzzanga

**2023 record:** 11-9

**Highlights:** Knob Noster had its first winning season since 2020 last year.

**Outlook:** Returners to the Panthers' lineup from last year's team include Jenna Buzzanga, Ella Goodrich, Kylie Miller, Emma Wuster and Kenzie Luber.

## 2024 SCHEDULE

Sept. 3 Notre Dame de Sion  
Sept. 4 at Smith-Cotton  
Sept. 5 at Harrisonville  
Sept. 9 at St. Michael the Archangel  
Sept. 10 at Holden  
Sept. 12 Carrollton  
Sept. 17 Lexington  
Sept. 18 at Norborne  
Sept. 19 at Lafayette County  
Sept. 23 Summit Christian Academy  
Sept. 24 at Richmond  
Sept. 26 Holden  
Sept. 30 Clinton  
Oct. 1 at Carrollton  
Oct. 3 at Lexington  
Oct. 8 Lafayette County  
Oct. 10 Richmond  
Oct. 14 Odessa



Knob Noster's Jenna Buzzanga swings at a pitch against Holden on Sept. 5, 2023, at the Knob Noster Sports Complex.

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# KNOB NOSTER



## BOYS SOCCER

**Head coach:** Garrett Streit

**2023 record:** 10-11

**Highlights:** Knob Noster reached double-digit wins for the second time in program history last year.

**Outlook:** The Panthers have three seniors on their squad, led by Brady Zink. Giovanni Talavera and Sean Biery. Juniors include Kolton Absher, Tyler Brandenburg and Orlando Kenne.

## 2024 SCHEDULE

Sept. 4 Cole Camp  
Sept. 5 Odessa  
Sept. 10-13 Smithton Classic  
Sept. 16 Stover  
Sept. 18 at Smithton  
Sept. 19 at Harrisonville  
Sept. 24 St. Paul Lutheran  
Sept. 26 Center  
Oct. 2 at La Monte  
Oct. 3 Pleasant Hill  
Oct. 7 at Smith-Cotton JV  
Oct. 10 Warrensburg  
Oct. 15 KC Lutheran  
Oct. 17 at Clinton  
Oct. 21 at Lone Jack  
Oct. 24 Cameron  
Oct. 29 Green Ridge  
Oct. 30 at Oak Grove



Knob Noster's Trinity Howard runs in the MSHSAA Class 3 Championships on Nov. 5, 2023, at the Gans Creek Recreation Area in Columbia.

## GIRLS TENNIS

**Head coach:** Rachel Ledbetter

**2023 record:** 3-10

**Highlights:** The Lady Panthers had two wins against Lexington and one win against Richmond last season.

**Outlook:** Knob Noster's roster is anchored by seniors Danika Yates, Chloe Brown and Quinn Binder.

## 2024 SCHEDULE

Sept. 3 at St. Michael the Archangel  
Sept. 5 Lafayette County  
Sept. 10 Osage  
Sept. 12 Carrollton  
Sept. 13 Warrensburg Tournament  
Sept. 17 Lexington  
Sept. 18 Richmond  
Sept. 19 at Lafayette County  
Sept. 23 at Boonville  
Sept. 24 at Richmon  
Sept. 26 Odessa  
Sept. 30 at Lexington  
Oct. 2 MRVC Tournament  
Oct. 8 at Smith-Cotton

## CROSS COUNTRY

**Head coach:** Bridgette Carpenter

**Highlights:** Returning state qualifiers include Micah Rivera, Andrew Collier, Eli Vaughan and Ethan Gentry from the boys program, along with Lyla Stiles and Trinity Howard from the girls

**Outlook:** The Knob Noster boys will be looking to qualify for state as a team for the fourth-consecutive season. The Panthers finished 11th as a team last season.

## 2024 SCHEDULE

Sept. 10 Lafayette County Invitational  
Spet. 14 Knob Noster Invitational  
Sept. 21 Odessa Invitational

Sept. 24 Boonville Invitational  
Sept. 28 Gans Creek Classic  
Oct. 12 Lexington Invitational  
Oct. 17 Warrensburg Invitational  
Oct. 23 MRVC Invitational (at Richmond)



Knob Noster's Tyler Zink and Micah Rivera run in the MRVC conference meet on Wednesday Oct 18, at Southview Park in Richmond.



# LA MONTE



## BOYS SOCCER

**Head coach:** Robert Bickel

**2023 record:** 3-21

**Highlights:** The Vikings had a 4-3 double-overtime win over Calvary Lutheran in mid-September last season.

**Outlook:** Junior Carter Breshears returns to the team after being selected to the All-Kaysinger First Team last season.

## 2024 Schedule

Sept. 5 vs. Paseo Academy

Sept. 11-13 Smithton Soccer Classic

Sept. 14 Calvary Lutheran Tournament

Sept. 19 vs. Smithton

Sept. 21 vs. Fair Grove

Sept. 24 at Sacred Heart

Sept. 26 vs. Cole Camp

Oct. 1 at Calvary Lutheran

Oct. 2 vs. Knob Noster

Oct. 4 at Lutheran (Kansas City)

Oct. 7-12 Kaysinger Conference Tournament

Oct. 14 vs. Christian Fellowship Sr.

Oct. 15 vs. Calvary Lutheran

Oct. 22 vs. Green Ridge

Oct. 24 at Stover

Oct. 28 vs. Lone Jack

## VOLLEYBALL

**Head coach:** Vanessa Green

**2023 record:** 4-21-1

**Highlights:** The Lady Vikings had a five-set win over Otterville in mid-September.

**Outlook:** Green takes over the Lady Vikings volleyball program after the team tragically lost their head coach from last season, Michael Finley, in March.

## 2024 Schedule

Aug. 29 at Chilhowee

Sept. 3 at Christian Fellowship Sr.

Sept. 4 vs. Bunceton

Sept. 5 vs. Russellville

Sept. 9 at Leeton

Sept. 10 at Columbia Independent

Sept. 12 vs. Kingsville

Sept. 16 vs. Crest Ridge

Sept. 17 vs. Northwest

Sept. 19 at Stover

Sept. 23 at Orrick

Sept. 24 vs. Green Ridge

Sept. 26 at Smithton

Sept. 28 Knob Noster Invitational

Sept. 30 vs. Hogan Prep Academy

Charter

Oct. 1 vs. Otterville

Oct. 3 vs. Cole Camp

Oct. 7 vs. Calvary Lutheran

Oct. 8 vs. Windsor

Oct. 10-12 Kaysinger Conference Tournament

Oct. 15 at Lincoln

Oct. 16 vs. Sweet Springs

Oct. 17 at Sacred Heart



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# LEETON



## VOLLEYBALL

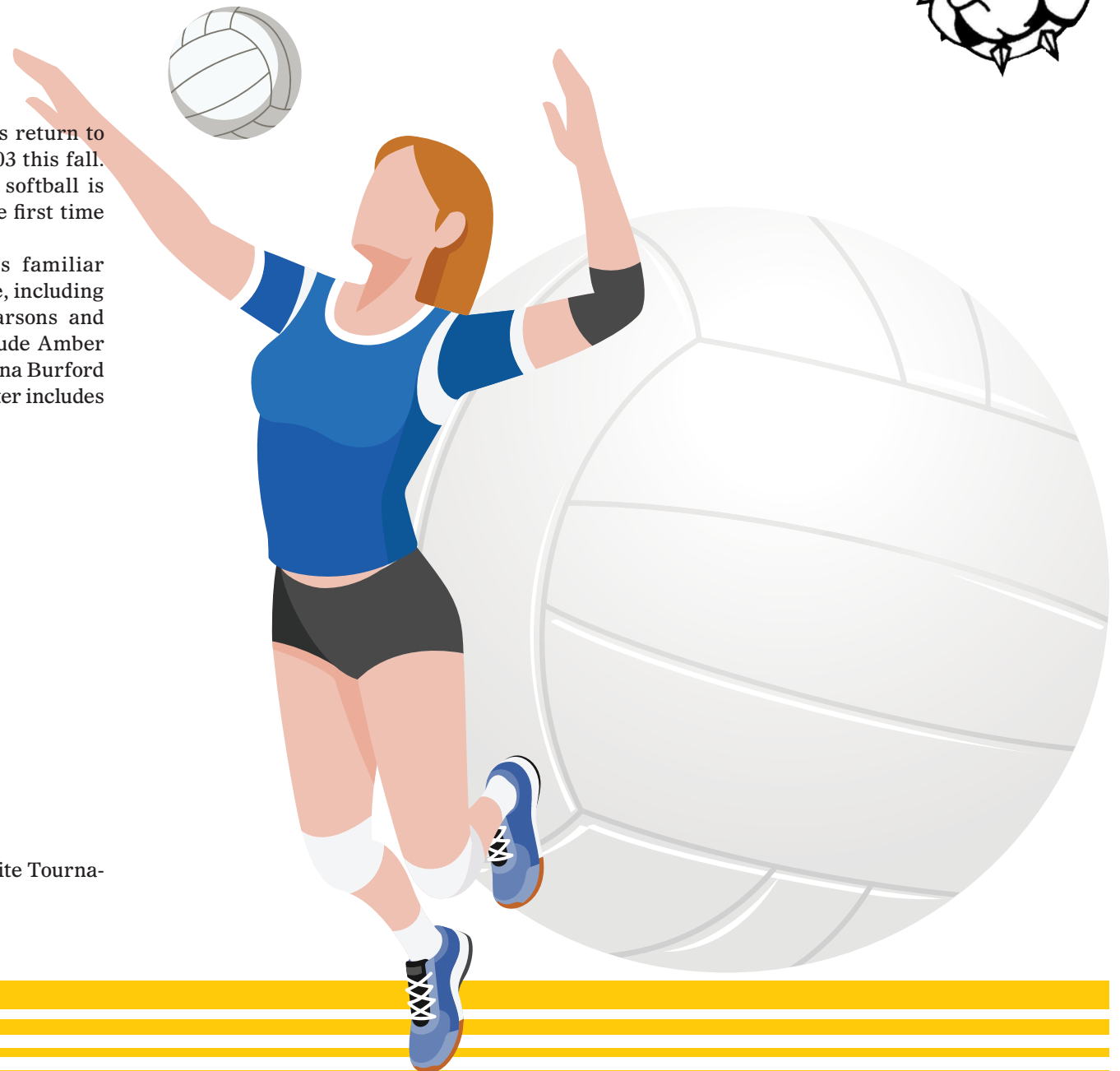
**Head coach:** Jaina Wheatley

**Highlights:** Volleyball makes its return to Leeton for the first time since 2003 this fall. The addition of the sport means softball is heading back to the spring for the first time since 2016.

**Outlook:** The makeup includes familiar names to the Leeton athletic scene, including seniors Jillian Mudd, Jayden Parsons and Hadley Shaffer. Seniors also include Amber Armstrong, Kalista Burford, Seanna Burford and Morgan Koncilla. Leeton's roster includes 17 athletes.

## 2024 SCHEDULE

- Sept. 4 Windsor
- Sept. 6 Green Ridge
- Sept. 9 La Monte
- Sept. 11 at Smithton
- Sept. 13 at Otterville
- Sept. 17 Drexel
- Sept. 18 at Lincoln
- Sept. 20 Lakeland
- Sept. 25 at Ballard
- Sept. 26 at Orrick
- Oct. 2 Crest Ridge
- Oct. 5 Archie Tournament
- Oct. 8 at Chilhowee
- Oct. 10 Sherwood
- Oct. 12 Sherwood Black and White Tournament
- Oct. 16 Miami
- Oct. 17 at Archie



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# LINCOLN



## GO CARDS!



### FOOTBALL

**Head coach:** Brad Drehle

**2023 record:** 2-7

**Highlights:** The Cardinals erased a 20-point deficit in the fourth quarter of their 28-26 win over Cole Camp in early October.

**Outlook:** Junior Riley Sanders returns to lead the Cardinals' offense at quarterback this season, while Camden Everhart enters his senior season as the team's primary running back and linebacker.

### 2024 Schedule

Aug. 30 vs. Willow Springs  
Sept. 6 vs. Tipton  
Sept. 13 vs. Crest Ridge with Chilhowee  
Sept. 20 at Holden  
Sept. 27 at Windsor  
Oct. 4 vs. Adrian  
Oct. 11 at Lone Jack with Kingsville  
Oct. 18 at Cole Camp  
Oct. 25 vs. Midway

### 2023 Results

W, 58-7 vs. Lone Jack  
L, 60-14 at Tipton  
L, 42-8 at Crest Ridge  
L, 40-20 vs. Windsor  
L, 48-8 at Adrian  
W, 28-26 vs. Cole Camp  
L, 50-20 at Midway  
L, 31-30 vs. Wellington-Napoleon  
FW, 13-0 vs. Wellington-Napoleon  
L, 59-14 vs. North Platte

### VOLLEYBALL

**Head coach:** Gabbi Spunaugle

**2023 record:** 4-20-1

**Highlights:** The Lady Cardinals had a five-set victory over Otterville early in the season.

**Outlook:** All-Kaysinger honorable mention Alyssa Mellen returns for her senior season along with Braylin Paxton, Kaylee Simons and Sydney Spry.

### 2024 Schedule

Sept. 3 at Warsaw  
Sept. 4 at Archie  
Sept. 9 vs. Chilhowee  
Sept. 11 vs. Lakeland  
Sept. 12 vs. Concordia  
Sept. 16 vs. St. Paul Lutheran (Concordia)  
Sept. 17 vs. Stover  
Sept. 18 vs. Leeton  
Sept. 19 at Windsor  
Sept. 24 at Cole Camp

Sept. 26 at Northwest  
Sept. 28 Knob Noster Tournament  
Oct. 1 vs. Green Ridge  
Oct. 2 at Bunceton  
Oct. 3 vs. Smithton  
Oct. 7 at Sweet Springs  
Oct. 8 at Sacred Heart  
Oct. 10-12 Kaysinger Conference Tournament  
Oct. 14 vs. Tipton  
Oct. 15 vs. La Monte  
Oct. 17 at Otterville

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The Lincoln Cardinals' offense lines up for a play against Cole Camp last season.

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# NORTHWEST



## FOOTBALL

**Head coach:** Caleb Crooker  
2023 record: 5-6

**Highlights:** The Mustangs stomped Santa Fe in the first round of the playoffs with a 72-0 win.

**Outlook:** The Mustangs have a good mix of seniors and juniors. Senior Clayton Crooker will lead the team's offense at quarterback, while junior Dane Palmer will try to provide a spark at corner.

## 2024 Schedule

Aug. 30 at Santa Fe  
Sept. 6 at St. Paul Lutheran (Concordia)  
Sept. 13 vs. Concordia  
Sept. 20 at Sweet Springs  
Sept. 27 vs. Braymer with Breckenridge  
Oct. 4 vs. North Shelby  
Oct. 11 vs. Slater  
Oct. 18 at Keytesville with Brunswick, Northwestern (Mendon)  
Oct. 25 vs. Hardin-Central with Norborne

## 2023 Results

L, 10-6 vs. Santa Fe  
L, 46-22 at Osceola  
L, 51-36 vs. St. Paul Lutheran (Concordia)  
L, 36-30 vs. Sweet Springs  
W, 54-14 at Orrick  
L, 27-22 at Concordia  
W, 46-30 vs. Knox County  
W, 58-0 vs. Paris  
W, 54-28 at Hardin-Central  
W, 72-0 vs. Santa Fe  
L, 36-32 vs. Sweet Springs

Northwest junior Gabby Meyer goes up to spike a ball during a match against Green Ridge last season.



## VOLLEYBALL

**Head coach:** Katie Walker  
2023 record: 31-3-2

**Highlights:** The Lady Mustangs placed third in the Class 1 State Tournament last season to cap off a historic season.

**Outlook:** A very large group of seniors graduated, meaning the Lady Mustangs must find players to step up and take over. All-Stater Gabby Meyer returns to the team as a junior and will be a player to watch this season.

## 2024 Schedule

Sept. 3 vs. Chilhowee  
Sept. 4 at Osceola  
Sept. 5 vs. Santa Fe  
Sept. 10 at Sweet Springs  
Sept. 12 vs. Concordia  
Sept. 17 at La Monte  
Sept. 18 vs. Crest Ridge  
Sept. 18 vs. Green Ridge

Sept. 24 at Smithton  
Sept. 26 vs. Lincoln  
Sept. 28 Knob Noster Tournament  
Oct. 1 at Stover  
Oct. 3 at Sacred Heart  
Oct. 8 at Otterville  
Oct. 10-12 Kaysinger Conference Tournament  
Oct. 15 vs. Windsor  
Oct. 17 vs. Cole Camp

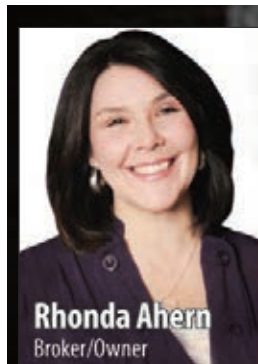


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# OTTERVILLE



## VOLLEYBALL

**Head coach:** Nichole Hollomon

**2023 record:** 2-16

**Highlights:** The Lady Eagles opened the season with a sweep of Columbia Independent.

**Outlook:** Alana Bemboom, Jady Phillips and Cheridan Hopkins are all seniors this season for the Lady Eagles.

### 2024 Schedule

- Sept. 3 at Columbia Independent
- Sept. 4 vs. Kingsville
- Sept. 10 at Chamois
- Sept. 13 vs. Leeton
- Sept. 17 vs. Smithton
- Sept. 18 at Bunceton
- Sept. 19 vs. Cole Camp
- Sept. 21 Calvary Lutheran Tournament
- Sept. 24 at Windsor
- Sept. 26 vs. Green Ridge
- Oct. 1 at La Monte
- Oct. 3 at Stover
- Oct. 4 at Chilhowee
- Oct. 8 vs. Northwest
- Oct. 10-12 Kaysinger Conference Tournament
- Oct. 15 at Sacred Heart
- Oct. 17 vs. Lincoln
- Oct. 21 vs. Russellville

## CROSS COUNTRY

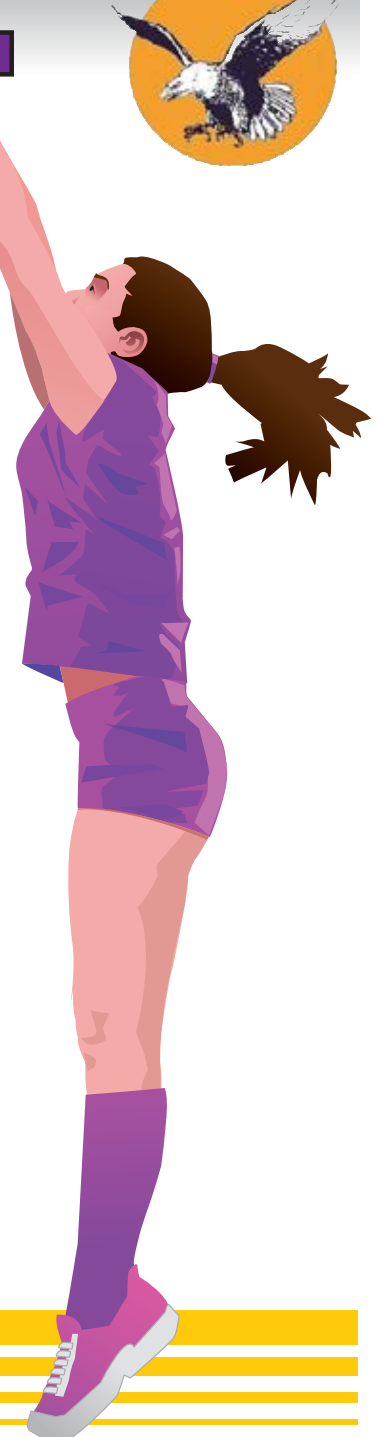
**Head coach:** Christa Kahrs

**Highlights:** Finn Ganguin and Cameron Schaller ran sub-23 minute 5Ks at the Class 1 District 3 meet.

**Outlook:** Ganguin and Schaller return to the team this season with their sights set on making it to state.

### 2024 Schedule

- Aug. 31 Clinton Invitational
- Sept. 11 Vienna Eagle Invitational
- Sept. 28 Hermitage Cross Country Dam Invitational
- Oct. 5 Calvary Lutheran Invitational
- Oct. 12 Brian T. Simpson Invite
- Oct. 16 Kaysinger Conference Meet
- Oct. 19 Smithton Pumpkin Run



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# SACRED HEART



## BOYS SOCCER

Head coach: Sam Bruce Jones

2023 record: 23-5

**Highlights:** The Gremlins won their first district title since 2017 last season, highlighted by a 1-0 overtime win over St. Paul Lutheran (Concordia) in the championship game.

**Outlook:** Four seniors stand out on a Gremlins' roster that has several players from each class.

## 2024 Schedule

Aug. 30-31 S-C Shootout

Sept. 3-7 Barstow Soccer Tournament

Sept. 10 at Father Tolton Regional Catholic

Sept. 12 vs. Christian Fellowship Sr.

Sept. 14 at Jefferson City

Sept. 17 vs. Greenwood

Sept. 19 at Stover

Sept. 24 vs. La Monte

Sept. 26 at Green Ridge

Sept. 27 vs. Lutheran (Kansas City)

Oct. 1 at Smithton

Oct. 7-12 Kaysinger Conference Tournament

Oct. 14 at Osage

Oct. 18 at St. Paul Lutheran (Concordia)

Oct. 21 at Helias Catholic

Oct. 24 vs. Cole Camp

Oct. 25 vs. Pleasant Hill

Oct. 28 vs. Southern Boone

Oct. 29 vs. Fatima



Sacred Heart senior Diego DeLeon dribbles the ball between defenders during a game last season.

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# SACRED HEART



## CROSS COUNTRY

**Head coach:** Kara Hill

**Highlights:** Jackson Manning placed in the top-20 of the Class 2 State Meet, while Jared Owens placed 24th.

**Outlook:** Owens returns for his junior season along with Logan Howell. On the girls side, Sarah Hill enters her senior season.

## 2024 Schedule

Sept. 10 at Lafayette County  
Sept. 21 Smith-Cotton Invitational  
Oct. 1 Warsaw Invitational  
Oct. 5 Calvary Lutheran Invitational  
Oct. 12 Brian T. Simpson Invite  
Oct. 16 Kaysinger Conference Meet  
Oct. 19 at Smithton

## GIRLS GOLF

**Head coach:** Eric West

**Highlights:** Olivia Dobson shot a 136 at the Kaysinger Conference Tournament.

**Outlook:** Olivia Dillon, Olivia Jones and Cristal Toro make up the Lady Gremlins golf team.

## 2024 Schedule

Aug. 30 Boonville Par Three Event  
Sept. 3 Quad with Cole Camp, Tipton and Green Ridge  
Sept. 10 Tri with California and Boonville  
Sept. 11 Cole Camp Tri  
Sept. 17 Marshall Tournament  
Sept. 19 Tri with Green Ridge and Cole Camp  
Sept. 26 at Marshall  
Oct. 2 Cole Camp Triangular  
Oct. 7 Kaysinger Conference Tournament  
Oct. 9 Lady Bulldog Invitational

## VOLLEYBALL

**Head coach:** Amy Epple

**2023 record:** 12-11-4

**Highlights:** The Lady Gremlins had two three-match winning streaks in the 2023 season, one in mid-September and another to start October.

**Outlook:** Avery Epple, Ava Stone and Emily Tienda will be the team's senior leaders this season.

## 2024 Schedule

Aug. 31 Tolton Catholic Tournament  
Sept. 2 at Marshall  
Sept. 5 at Crest Ridge  
Sept. 9 vs. Concordia  
Sept. 11 vs. Sweet Springs  
Sept. 12 vs. Tipton  
Sept. 17 at Chilhowee  
Sept. 19 at Smithton  
Sept. 23 at Bunceton  
Sept. 24 at Stover

Sept. 26 at Windsor  
Oct. 1 at Cole Camp  
Oct. 2 vs. Santa Fe  
Oct. 3 vs. Northwest  
Oct. 7 at Osceola  
Oct. 8 vs. Lincoln  
Oct. 10-12 Kaysinger Conference Tournament  
Oct. 15 vs. Otterville  
Oct. 17 vs. La Monte  
Oct. 19 Eugen Volleyball Invitational



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# SMITHTON



## BOYS SOCCER

**Head coach:** Sean Hutchinson

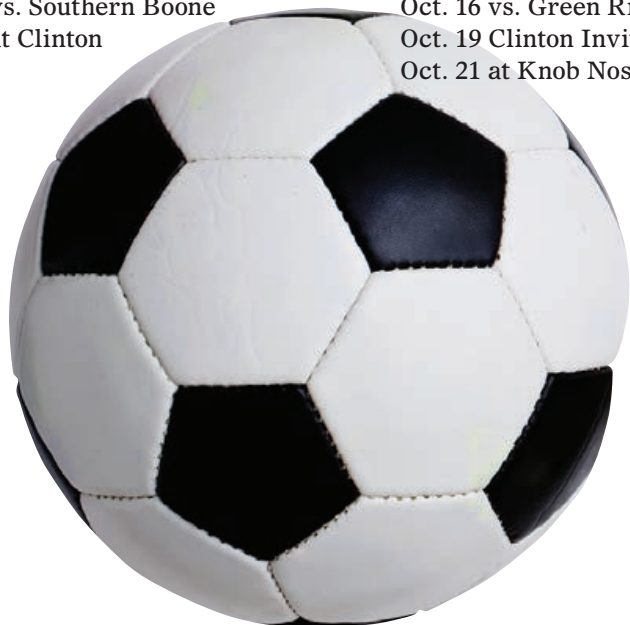
**2023 record:** 16-8

**Highlights:** The Tigers opened last season on a four-game winning streak and then won six straight games from Sept. 14 to Oct. 3 before closing the regular season with a 2-1 overtime win against Clinton.

**Outlook:** The Tigers have six seniors on the roster this season, including All-Kaysinger First Team player Sam Bray.

## 2024 Schedule

- Aug. 30 at Fatima
- Sept. 5 vs. Christian Fellowship Sr.
- Sept. 11-13 Smithton Classic
- Sept. 18 vs. Knob Noster
- Sept. 19 at La Monte
- Sept. 20 vs. Capital City JV
- Sept. 24 at Cole Camp
- Sept. 25 at Rock Bridge Freshman
- Sept. 26 at Stover
- Oct. 1 vs. Sacred Heart
- Oct. 4 at Ewing Marion Kauffman with University Academy Charter
- Oct. 7-12 Kaysinger Conference Tournament
- Oct. 15 vs. Lone Jack
- Oct. 22 at Crocker
- Oct. 24 vs. Green Ridge
- Oct. 25 vs. Iberia
- Oct. 29 vs. Southern Boone
- Oct. 31 at Clinton



## VOLLEYBALL

**Head coach:** Laurel Larimore

**2023 record:** 11-12-2

**Highlights:** After starting the season slow, the Lady Tigers got rolling with two separate four-game winning streaks on their way to picking up a postseason win over Eugene.

**Outlook:** All-Kaysinger First Team selection Aubree Huddleston returns for her junior season. The Lady Tigers will also have five seniors this season, including Kaitlin and Kenna Simmons.

## 2024 Schedule

- Sept. 3 vs. Crest Ridge
- Sept. 5 at Concordia
- Sept. 9 vs. Calvary Lutheran
- Sept. 11 vs. Leeton
- Sept. 16 vs. Warsaw
- Sept. 17 at Otterville
- Sept. 18 vs. Sweet Springs
- Sept. 19 vs. Sacred Heart
- Sept. 24 vs. Northwest
- Sept. 26 vs. La Monte
- Sept. 28 Knob Noster Tournament
- Sept. 30 vs. Eugene
- Oct. 1 at Windsor
- Oct. 3 at Lincoln
- Oct. 7 at Bunceton
- Oct. 8 at Stover
- Oct. 10-12 Kaysinger Conference Tournament
- Oct. 15 vs. Cole Camp
- Oct. 16 vs. Green Ridge
- Oct. 19 Clinton Invitational
- Oct. 21 at Knob Noster

## CROSS COUNTRY

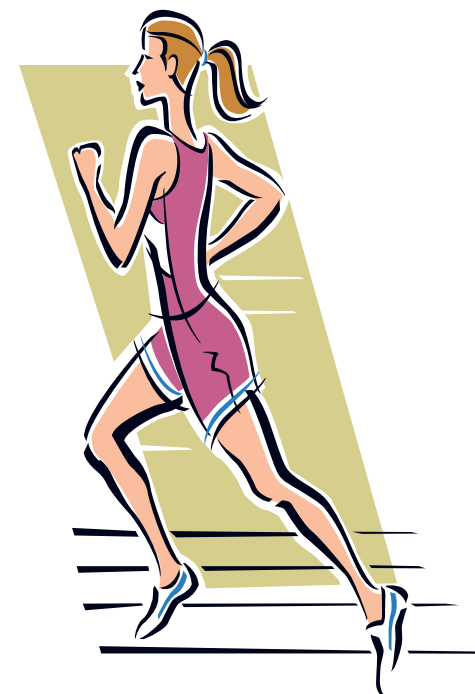
**Head coach:** Zack Dyer

**Highlights:** The Smithton cross country team sent five runners to the Class 2 state meet. Gabe Aitken had the best finish as he placed 36th.

**Outlook:** Four of the five state runners return to the Tigers. For the boys that's Sam Tagtmeyer, Coby Tagtmeyer and Colby Bryan, while Emily Trelow returns to the girls team.

## 2024 Schedule

- Sept. 7 SWCCCA Bolivar
- Sept. 21 Smith-Cotton Invitational
- Sept. 28 Hermitage Cross Country Dam Invitational
- Oct. 4 Nike Twilight
- Oct. 12 Brian T. Simpson Invitational
- Oct. 16 Kaysinger Conference Cross Country Meet
- Oct. 19 Smithton Pumpkin Run
- Oct. 26 Fatima Invitational





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# STOVER



## BOYS SOCCER

**Head coach:** Chris Witte

**2023 record:** 16-12

**Highlights:** The Bulldogs defeated Green Ridge 4-3 in overtime in the Class 1 District 5 Tournament to claim the district title.

**Outlook:** The Bulldogs will have to rely on their younger players this season after the team graduated four All-Kaysinger First Team players.

### 2024 Schedule

- Sept. 3 at Moberly
- Sept. 5 vs. Dixon
- Sept. 10 at Rock Bridge Sophomores
- Sept. 13 at Dixon
- Sept. 16 at Knob Noster
- Sept. 19 vs. Sacred Heart
- Sept. 24 at Green Ridge
- Sept. 26 vs. Smithton
- Sept. 30 vs. St. Paul Lutheran (Concordia)
- Oct. 1 vs. Christian Fellowship Sr.
- Oct. 3 at Boonville
- Oct. 7-12 Kaysinger Conference Tournament
- Oct. 14 vs. Lone Jack
- Oct. 19 Stover Classic
- Oct. 21 vs. Iberia
- Oct. 22 at Cole Camp
- Oct. 24 vs. La Monte
- Oct. 28 at Crocker

## VOLLEYBALL

**Head coach:** Candace Bauer

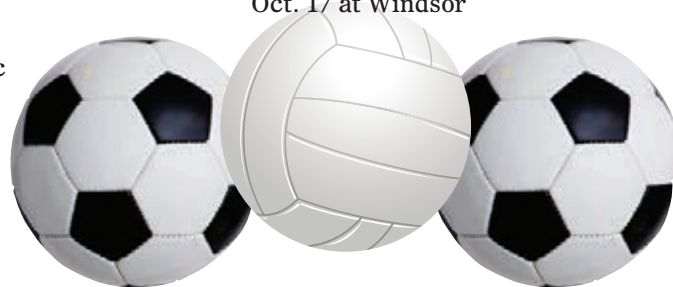
**2023 record:** 34-3

**Highlights:** The Lady Bulldogs won their third straight district title last season.

**Outlook:** The Lady Bulldogs lose All-State player Hannah Bauer and All-Kaysinger player Allie Palmer, but All-Stater Ashlyn Pinzke returns for her senior season after having 552 kills last season.

### 2024 Schedule

- Sept. 3 at Versailles
- Sept. 5 at Eugene
- Sept. 9 vs. Lawson
- Sept. 9 vs. Santa Fe
- Sept. 12 at Russellville
- Sept. 14 Lexington Tournament
- Sept. 16 vs. Skyline
- Sept. 17 at Lincoln
- Sept. 19 vs. La Monte
- Sept. 24 vs. Sacred Heart
- Sept. 26 at Cole Camp
- Sept. 28 HyVee Shootout
- Oct. 1 vs. Northwest
- Oct. 3 vs. Otterville
- Oct. 8 vs. Smithton
- Oct. 10-12 Kaysinger Conference Tournament
- Oct. 15 at Green Ridge
- Oct. 17 at Windsor



## GIRLS GOLF

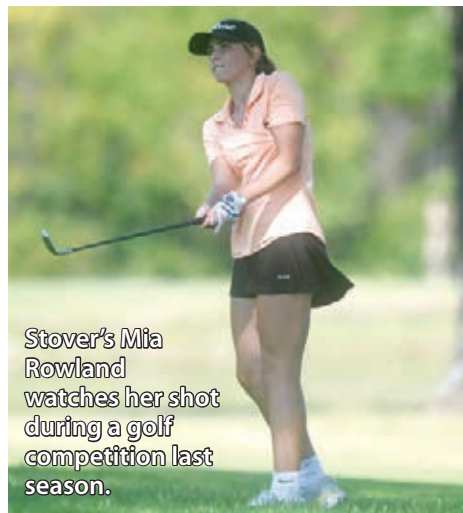
**Head coach:** Jon Jarvis

**Highlights:** The Lady Bulldogs reached the Class 1 State Tournament and placed seventh overall.

**Outlook:** All four girls who competed in the Class 1 State Tournament for the Lady Bulldogs return this season.

### 2024 Schedule

- Aug. 30 at Boonville
- Sept. 4 Lady Laker Golf Invitational
- Sept. 9 at Russellville
- Sept. 17 Marshall Tournament
- Sept. 19 Versailles Invitational
- Sept. 23 Versailles Quad
- Sept. 24 California Invitational Tournament
- Sept. 25 Eugene Quad
- Sept. 30 New Bloomfield Invitational
- Oct. 2 at Cole Camp
- Oct. 7 Kaysinger Conference Tournament
- Oct. 9 Lady Bulldog Invitational



Stover's Mia Rowland watches her shot during a golf competition last season.

## CROSS COUNTRY

**Head coach:** Cindy Marriott

**Highlights:** The Bulldogs team sent three runners to state last season.

**Outlook:** Two of the three state runners, Gavin Welpman and Gabby Sidebottom, return to the team this season.

### 2024 Schedule

- Aug. 31 Jim Marshall Invitational
- Sept. 11 Vienna Eagle Invitational
- Sept. 14 46th Annual Linn XC Invitational
- Sept. 21 Smith-Cotton Invitational
- Sept. 24 at Boonville
- Sept. 28 Hermitage XC Dam Invitational
- Oct. 5 Camdenton Invitational
- Oct. 12 vs. Harrisburg
- Oct. 16 Kaysinger Conference Cross Country Meet

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# TIPTON



## FOOTBALL

**Head coach:** William Duke  
**2023 record:** 8-3

**Highlights:** The Cardinals picked up a 40-8 postseason win over Louisiana.

**Outlook:** In their first season outside the Kaysinger Conference, the Cardinals will go against some fresh opponents this year, but will still face the likes of Lincoln and Windsor.

### 2024 Schedule

Aug. 30 vs. California  
Sept. 6 at Lincoln  
Sept. 13 at Lamar  
Sept. 20 vs. Windsor  
Sept. 27 vs. Harrisburg  
Oct. 4 at Fayette  
Oct. 11 at Linn  
Oct. 18 vs. Russellville  
Oct. 25 vs. South Callaway

### 2023 Results

W, 52-7 at Crest Ridge  
W, 60-14 vs. Lincoln  
W, 54-0 vs. Cole Camp  
L, 14-12 vs. Orchard Farm  
W, 52-12 vs. Wellington-Napoleon  
W, 48-22 at Windsor  
W, 30-22 at Midway  
W, 50-0 vs. Lone Jack  
L, 53-16 at Adrian  
W, 40-8 vs. Louisiana  
L, 8-6 vs. Crystal City

## VOLLEYBALL

**Head coach:** Hannah Ashley  
**2023 record:** 10-19-4

**Highlights:** The Lady Cards swept Cole Camp in the first round of the district tournament last season.

**Outlook:** Charlee Bailey will be the only senior on the team this season, but will be joined by All-Kaysinger honorable mention Kaitlyn Tuttle.

### 2024 Schedule

Aug. 31 Tolton Catholic Tournament  
Sept. 3 vs. Dixon  
Sept. 5 vs. Versailles  
Sept. 9 at Centralia  
Sept. 10 at Skyline  
Sept. 12 at Sacred Heart  
Sept. 17 at Marshall  
Sept. 23 vs. Windsor  
Sept. 28 Hallsville Invitational  
Sept. 30 vs. Cole Camp  
Oct. 1 at Chilhowee  
Oct. 3 vs. Linn  
Oct. 8 vs. New Bloomfield  
Oct. 9 at Warsaw  
Oct. 10 at Eugene  
Oct. 14 at Lincoln  
Oct. 17 at Russellville  
Oct. 19 Versailles Invitational  
Tournament



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# TIPTON



## CROSS COUNTRY

**Head coach:** Michael Reeves

**Highlights:** Carter Helms had a time of 22:25.16 in the Class 2 District 4 meet.

**Outlook:** Helms returns the boys team, while the girls team looks to make a name for themselves.

### 2024 Schedule

- Aug. 31 Jim Marshall Invitational
- Sept. 12 Marshall Invitational
- Sept. 14 46th Annual Linn Invitational
- Sept. 21 Fulton Invitational
- Sept. 28 Hermitage Cross Country Dam Invitational
- Oct. 21 Vienna Autumn Classic
- Oct. 26 Fatima Invitational

## GIRLS GOLF

**Head coach:** Jason Culpepper

**Highlights:** The Lady Cardinals had three top-10 finishes at the Kaysinger Conference Tournament last season.

**Outlook:** Madison Carvajal joins Charlee Bailey as the upperclassmen on a team with several freshmen on it.

### 2024 Schedule

- Sept. 11 Tipton Tri
- Sept. 17 Marshall Tournament
- Sept. 19 Versailles Invitational
- Sept. 23 Lady Jays Invitational
- Sept. 24 California Invitational Tournament
- Sept. 26 Harrisburg Quad
- Oct. 2 Central State 8 Conference Tournament
- Oct. 9 Lady Bulldog Invitational



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## FOOTBALL

**Head coach:** Ryan Boyer

**2023 record:** 8-4

**Highlights:** The Wildcats were Class 2 District 3 runner-ups last season.

**Outlook:** Garrett Ferguson will lead a Wildcats team that has a large group of seniors.

# WARSAW



## GO WILDCATS!

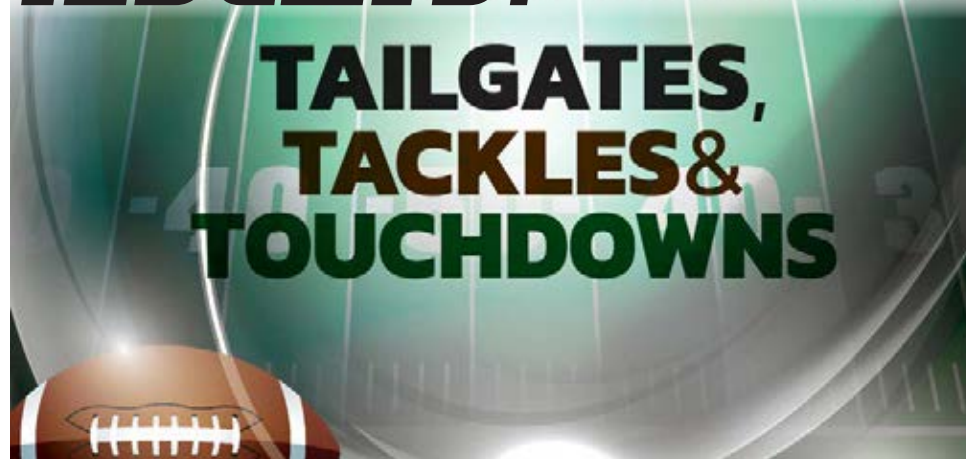


### 2024 Schedule

Aug. 30 at Lawson  
 Sept. 6 at Adrian  
 Sept. 13 vs. Lafayette County  
 Sept. 20 vs. Sherwood  
 Sept. 27 at Versailles  
 Oct. 4 vs. El Dorado Springs  
 Oct. 11 at Butler  
 Oct. 18 vs. Midway  
 Oct. 25 at Pleasant Hope with Halfway

### 2023 Results

W, 36-8 vs. Marceline  
 W, 48-27 vs. Versailles  
 L, 27-22 at Lafayette County  
 W, 26-14 vs. Sherwood  
 L, 22-21 at Hogan Prep Academy Charter  
 W, 37-8 at El Dorado Springs  
 L, 30-27 vs. Butler  
 W, 34-6 at Skyline  
 W, 43-6 vs. Buffalo  
 W, 49-0 vs. Carrollton  
 W, 46-28 vs. South Callaway  
 L, 40-7 vs. Father Tolton Regional Catholic



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# WARSAW



## VOLLEYBALL

**Head coach:** Kelsi Brosnahan

**2023 record:** 5-16

**Highlights:** The Lady Wildcats got a postseason win over Center in the Class 3 District 13 Tournament.

**Outlook:** The Lady Wildcats look to continue their upward trajectory under Brosnahan as she enters her third season with the team.

## 2024 Schedule

- Sept. 3 vs. Lincoln
- Sept. 4 at Skyline
- Sept. 9 at Osceola
- Sept. 10 at Butler
- Sept. 12 at Knob Noster
- Sept. 16 at Smithton
- Sept. 17 vs. Pleasant Hope
- Sept. 19 at Clinton
- Sept. 24 vs. Versailles
- Sept. 26 vs. Eugene
- Sept. 28 23rd Midway Tournament
- Oct. 1 vs. Conway
- Oct. 2 at Windsor
- Oct. 3 at St. Paul Lutheran (Concordia)
- Oct. 8 at Smith-Cotton
- Oct. 9 at Tipton
- Oct. 10 vs. Adrian
- Oct. 15 at Sherwood
- Oct. 17 vs. El Dorado Springs
- Oct. 19 Versailles Invitational Tournament
- Oct. 21 vs. Buffalo

## CROSS COUNTRY

**Head coach:** Ehren Banfield

**Highlights:** Wesley Jackson made it to the Class 3 State Meet and placed 88th with a time of 17:38.70.

**Outlook:** Jackson returns to the boys team after making a trip to state and will be joined by seniors Jaxson Deckard and Elijah Long. The girls team will rely heavily on sophomores Jasmin Meyers and Maya Daughenbaugh.

## 2024 Schedule

- Sept. 7 SWCCCA Meet
- Sept. 21 Smith-Cotton Invitational
- Sept. 24 at Stockton
- Sept. 28 Hermitage Invite
- Oct. 1 Warsaw Invitational
- Oct. 5 Camdenton Invitational
- Oct. 10 at Buffalo
- Oct. 12 at Butler
- Oct. 17 Ozark Highlands Conference Meet
- Oct. 22 at El Dorado Springs



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# WINDSOR



## GO GREYHOUNDS!

### FOOTBALL

**Head coach:** Chuck Speer

**2023 record:** 8-4

**Highlights:** The Greyhounds picked up two postseason wins over West Platte and Skyline to be the runner-ups in Class 1 District 3.

**Outlook:** Rowan Cox and Chase Hampton will look to lead Windsor's rushing attack after Parker Craig graduated. Alex Bauer aims to be the sparkplug for the Greyhounds' defense.

### 2024 Schedule

Aug. 30 vs. Lone Jack with Kingsville  
Sept. 6 vs. Cole Camp  
Sept. 13 at Linn  
Sept. 20 at Tipton  
Sept. 27 vs. Lincoln  
Oct. 4 at Midway  
Oct. 11 vs. Versailles  
Oct. 18 vs. Butler  
Oct. 25 at Crest Ridge with Chilhowee

### 2023 Results

L, 35-8 at Adrian  
W, 22-20 at Cole Camp  
L, 26-8 at Knob Noster  
W, 40-20 at Lincoln  
W, 26-14 vs. Midway  
L, 48-22 vs. Tipton  
W, 52-6 vs. Wellington-Napoleon  
W, 26-6 vs. Crest Ridge  
W, 52-13 vs. Lone Jack  
W, 39-0 vs. West Platte  
W, 38-28 vs. Skyline  
L, 42-6 vs. North Platte

### VOLLEYBALL

**Head coach:** Nancy Rhoads

**2023 record:** 6-24

**Highlights:** The Lady Greyhounds picked up wins over La Monte and Otterville in the Kaysinger Conference Tournament.

**Outlook:** The team loses All-Kaysinger honorable mention Alexis Millington, which means they will have to rely on a core of young players.

### 2024 Schedule

Sept. 3 vs. Kingsville  
Sept. 4 at Leeton  
Sept. 10 vs. Sherwood  
Sept. 16 at Chilhowee  
Sept. 17 at Cole Camp  
Sept. 19 vs. Lincoln  
Sept. 23 at Tipton  
Sept. 24 vs. Otterville  
Sept. 25 at Lakeland  
Sept. 26 vs. Sacred Heart  
Oct. 1 Smithton

Oct. 2 vs. Warsaw  
Oct. 3 at Green Ridge  
Oct. 8 at La Monte  
Oct. 10-12 Kaysinger Conference Tournament  
Oct. 14 vs. Concordia  
Oct. 15 at Northwest  
Oct. 17 vs. Stover  
Oct. 19 Clinton Invitational Tournament  
Oct. 21 at Crest Ridge

### CROSS COUNTRY

**Head coach:** Danielle Betsworth

**Highlights:** The Greyhounds placed 15th while the Lady Greyhounds placed seventh at Class 2 District 4 meet.

**Outlook:** Hunter Chaney returns for his senior season on the boys side, while Lily Betsworth looks to lead the girls team in her senior season.

### 2024 Schedule

Aug. 31 at Clinton  
Sept. 10 Husker Invitational  
Sept. 12 Marshall Invitational  
Sept. 14 at Knob Noster  
Sept. 21 Smith-Cotton Invitational  
Sept. 28 Hermitage Cross Country Dam Invitational  
Oct. 1 Warsaw Invitational  
Oct. 16 Kaysinger Conference Meet  
Oct. 17 at Warrensburg  
Oct. 19 Smithton Pumpkin Run



Windsor senior Hayden Wilson prepares to penetrate the offensive line.



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FALL SPORTS

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# STATE FAIR



## MEN'S SOCCER

**Head coach:** Michael Poropat

**2023 record:** 3-9-1

**Highlights:** The Roadrunners picked up a 1-0 win over East Central College in the Region 16 Tournament quarterfinals.

**Outlook:** Sacred Heart alums George Bain IV, Traven Wheeler and Andres Vanegas join All-Region 16 Second Teamer Mosiah Bonney on a large roster this season.

## 2024 Schedule

Aug. 24 vs. Western Iowa Tech  
 Aug. 28 at Allen County Community College  
 Aug. 31 vs. Iowa Central Community College  
 Sept. 2 at Johnson County Community College  
 Sept. 7 at Mineral Area College  
 Sept. 11 at St. Charles Community College  
 Sept. 12 vs. Missouri Valley College  
 Sept. 15 vs. Central Methodist University  
 Sept. 18 vs. Metropolitan Community College  
 Sept. 21 vs. East Central College  
 Sept. 24 at Central Methodist University  
 Sept. 28 vs. Crowder College  
 Oct. 1 vs. John Wood Community College  
 Oct. 5 vs. St. Louis Community College  
 Oct. 8 at Metropolitan Community College  
 Oct. 9 vs. Drury University  
 Oct. 12 at Crowder College  
 Oct. 16 at Jefferson College  
 Oct. 19 at Southwestern Illinois College  
 Oct. 21 at Drury University

## WOMEN'S SOCCER

**Head coach:** Michael Poropat

**Outlook:** After being on hiatus last season, the Lady Roadrunners are back for the 2024 season. Sacred Heart's Margo Karpenchuk and Green Ridge's Kaelyn Ray join Smith-Cotton alums Adamaris and Emily Ramirez on the roster.

## 2024 Schedule

Aug. 22 vs. Kansas City Kansas Community College  
 Aug. 24 vs. Western Iowa Tech  
 Aug. 28 at Allen County Community College  
 Sept. 2 at Johnson County Community College  
 Sept. 7 at Mineral Area College  
 Sept. 11 at St. Charles Community College  
 Sept. 15 vs. Missouri Valley College  
 Sept. 18 vs. Metropolitan Community College  
 Sept. 21 vs. East Central College  
 Sept. 28 vs. Crowder College  
 Oct. 1 vs. John Wood Community College  
 Oct. 5 vs. St. Louis Community College  
 Oct. 8 at Metropolitan Community College  
 Oct. 12 at Crowder College  
 Oct. 16 at Jefferson College  
 Oct. 19 at Southwestern Illinois College

## CROSS COUNTRY

**Head coach:** Brad Hagedorn

**Highlights:** The men's and women's teams each won the Region 16 Division II Championships. Josh Schaffart won the individual championship on the men's side, while Tanner Maggard was the runner-up on the women's side.

**Outlook:** Schaffart returns with Justin Horn for their sophomore seasons, while Cheyanne Evans is back for her sophomore season as well.

## 2024 Schedule

Sept. 6 at Southwest Baptist  
 Sept. 13 at Missouri Southern State University  
 Sept. 27 at Chile Pepper Cross Country Festival  
 Oct. 11 at Indian Hills Community College  
 Oct. 25 at Region 16 Championships  
 Nov. 9 at NJCAA DII National Championships

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# CENTRAL MISSOURI

## GO MULES & JENNIES!



### FOOTBALL

**Head coach:** Josh Lamberson

**2023 record:** 11-2

**Highlights:** Central Missouri climbed into the national spotlight last year, benefiting from a potent offense led by Harlon Hill Award winner Zach Zebrowski. Zebrowski and the Mules led Division II in a number of offensive categories. Along with Zebrowski, UCM returns an All-American offensive lineman in Gabe Clark. In total, UCM has eight All-MIAA athletes returning from last season. The list also features running back Marcellous Hawkins, wide receiver Jack Pospisil, offensive lineman Liam Wortmann, defensive lineman Weston King, linebacker Cale Miller and defensive back Noah Blair.

**Outlook:** Central Missouri heads into the season ranked No. 2 in the American Football Coaches Association Division II preseason poll, only sitting behind defending national champion Harding. The Mules were also picked to win the MIAA in the preseason coaches polls. Since Northeastern State is not competing in the MIAA this year, the Mules will have two non-conference matchups in the first three weeks of the season.

### 2024 SCHEDULE

Sept. 7 Northeastern State  
Sept. 14 at Central Oklahoma  
Sept. 21 at Davenport (Mich.)  
Sept 28 Nebraska-Kearney  
Oct. 5 at Fort Hays State  
Oct. 12 Missouri Western  
Oct. 19 at Northwest Missouri State  
Oct. 26 Washburn  
Nov. 2 at Pittsburg State  
Nov. 9 at Emporia State  
Nov. 16 Missouri Southern

### 2023 RESULTS

W, at Missouri Western 45-38  
W, Central Oklahoma 41-17  
L, Pittsburg State 38-37  
W, Washburn 58-28  
W, Northwest Missouri State 41-38  
W, Nebraska-Kearney 38-14  
W, Northeastern State 63-24  
W, Emporia State 77-27  
W, Missouri Southern 42-21  
W, Fort Hays State 47-28  
W, Lincoln 63-27  
W, Henderson State 56-14  
L, Harding 35-34

### VOLLEYBALL

**Head coach:** Caitlin Peterson

**2023 record:** 25-8

**Highlights:** Central Missouri claimed both the MIAA regular season and postseason titles last season before advancing to the second round of the NCAA Division II Central Region Tournament.

**Outlook:** The Jennies will be a blend of old and new in terms of experience. Returns from last year's squad include Grace Winkelmann, Arley Anderson, Elinor Engel, Emma Wheeler and Emma Siron. National rankings and MIAA preseason coaches poll had not yet been released at the time of content deadline on Aug. 19, though the Jennies finished the 2023 season ranked No. 15 in DII.

### 2024 SCHEDULE

Sept. 6 West Virginia State  
(at West Texas A&M)  
Sept. 6 West Texas A&M  
Sept. 7 Texas A&M International  
(at West Texas A&M)  
Sept. 13 Dallas Baptist (at MSU Denver)  
Sept. 13 MSU Denver  
Sept. 14 TBD (at MSU Denver)  
Sept. 17 at Rockhurst  
Sept. 20 Drury  
Sept. 27. Nebraska-Kearney  
Sept. 28 Fort Hays State

Oct. 4 Arkansas-Fort Smith  
Oct. 5 Central Oklahoma  
Oct. 8 at Missouri Southern  
Oct. 11 at Pittsburg State  
Oct. 12 at Newman  
Oct. 18 Emporia State  
Oct. 19 Washburn  
Oct. 25 Missouri Southern  
Nov. 1 at Central Oklahoma  
Nov. 2 at Arkansas-Fort Smith  
Nov. 8 at Missouri Western  
Nov. 9 at Northwest Missouri  
Nov. 15 Newman  
Nov. 16 Pittsburg State



Central Missouri's Zach Zebrowski breaks a tackle against Northwest Missouri State on Sept. 30, 2023, at Walton Stadium.

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# CENTRAL MISSOURI



## WOMEN'S SOCCER

**Head coach:** Lewis Theobald

**2023 record:** 16-5-2

**Highlights:** Central Missouri made an appearance in the NCAA Division II Playoffs for the 13th consecutive season last year. The Jennies advanced to the second round of the regional, ultimately seeing their season come to an end with an overtime loss to eventual national runner-up Washburn.

**Outlook:** The Jennies were picked to finish second in the MIAA preseason poll, and enter the fall ranked No. 21 in the DII preseason poll. Returning athletes include Ashleigh Martin, Aspen Patterson, Andree Orcutt, Ryann Clark, Mikayla Ernst, Caroline Cole, Molly Ricker, Lexie Ruff and Kristen Wright.; Under Women's Golf, change to The Fall portion of Central Missouri's schedule will serve as a chance for UCM to iron out its lineup for the spring portion of its season. The Jennies are coming off their second-consecutive MIAA Championship.

### 2024 SCHEDULE

Sept. 6 Augustana  
Sept. 8 at Illinois-Springfield  
Sept. 13 Minnesota State  
Sept. 15 Grand Valley State  
Sept. 19 at Dallas Baptist  
Sept. 21 at Oklahoma Baptist  
Sept. 27 Northeastern State  
Sept. 29 Rogers State  
Oct. 4 at Fort Hays State

Oct. 6 at Nebraska-Kearney  
Oct. 11 at Northwest Missouri  
Oct. 13 at Missouri Western  
Oct. 18 Central Oklahoma  
Oct. 20 Newman  
Oct. 25 Washburn  
Oct. 27 Emporia State  
Nov. 1 at Missouri Southern  
Nov. 3 at Pittsburg State

## CROSS COUNTRY

**Head coach:** Kirk Pedersen

**Highlights:** Local ties continue to be a theme for UCM, with names in the program include Warnesburg grads Colton Palmer, Cooper Palmer, Alana Osborn, Callie Manning, Julian McNeil along with Kingsville's Luke Engel and Knob Noster's Tyler Zink. **Outlook:** Bryan Palmer, Luke Engel and Cooper Palmer highlight the returners from last year's men's squad, while the list of returners for the Jennies is highlighted by Korry Davis.

### 2024 SCHEDULE

Sept. 6 SBU Invitational  
Sept. 20 Roy Griak Invitational  
Oct. 5 Griffon Invitational  
Oct. 11 ESU Invitational  
Oct. 26 MIAA Conference Championship

## WOMEN'S GOLF

**Head coach:** Chris Port

**Highlights:** As of Aug. 19, Central Missouri's roster lists returners in Mia Rallo, Nicole Rallo, Maya McVey, Libby Green and Kiki Bruner. The Jennies also welcome Warnesburg grad Reece Nimmo this fall.

**Outlook:** The Fall portion of Central Missouri's schedule will serve as a chance for Central Missouri to iron out its lineup for the spring portion of its season. The Jennies are coming off their second-consecutive MIAA Championship.

### 2024 SCHEDULE

Sept. 9-10 Midwest Ladies Collegiate  
Sept. 15-17 DBU Classic  
Sept. 23-24 MIAA Fall Preview  
Oct. 7-2 Grace Shin Invitational  
Oct. 14-15 Midwest Classic

## MEN'S GOLF

**Head coach:** Tim Poe

**Highlights:** The Mules head into the season with a veteran group that includes Brooks Baldwin, Calvin Dillon, Nick Fallin, Alex Gentry and Jake Hope.

**Outlook:** Central Missouri's lineup also includes a plethora of underclassmen, including incoming freshmen Will Boys (California), Archer Schnieders (Jefferson City) and Lawson Barks (Popular Bluff). Expect the Mules to continue the success that led to a runner-up finish in the MIAA last spring.

### 2024 SCHEDULE

Sept. 9-10 The Mule  
Sept. 16-17 NSU Men's Golf Classic  
Sept. 23-24 National Preview  
Oct. 7-8 Central Region Preview  
Oct. 21-22 Washburn invitational  
Oct. 28-9 Tulsa Cup



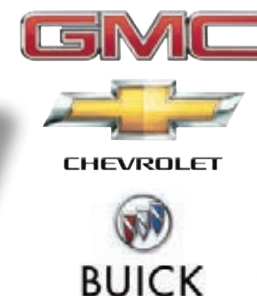
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# TVWeek

From August 30 - September 5, 2024

Gary Oldman stars in "Slow Horses"

## Horsing around



Hugo Weaving ("V for Vendetta," 2005) joins the cast of "Slow Horses," premiering the first two episodes of its fourth season Wednesday, Sept. 4, on Apple TV+. The series, led by Oscar winner Gary Oldman ("Darkest Hour," 2017), follows a group of disgraced MI5 agents, referred to as the Slow Horses, who must work together as a unit to prevent criminal disasters from taking place in London and in the U.K. at large.

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A promotional graphic for Twisted Tango Frozen Yogurt. It features a blue header with the brand name and a logo of a yogurt cup. Below the header are three images: a green yogurt cup with toppings, a row of four different colored yogurt cups (red, orange, yellow, black), and a storefront of a Twisted Tango location. The address and phone number are listed in the bottom right.

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A colorful, comic-book style advertisement for Pop's Surplus. The background is a vibrant mix of pink, blue, yellow, and green with bold black outlines. It features a pumpkin, a patterned pillow, a white mug with a fall design, and two small toy trucks. The text is in various fonts, including a large, stylized "Pop's SURPLUS" and "EXPLODING WITH SAVINGS!". The address and phone number are listed in a white cloud-like shape.

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# STREAMING THIS WEEK

By **Raye Smith**  
TV Media

## WHAT'S NEW ON PEACOCK

### "Fight Night: The Million Dollar Heist"

Based on the acclaimed iHeart true crime podcast, the brand-new miniseries "Fight Night: The Million Dollar Heist" debuts Thursday, Sept. 5, on Peacock. Set in Atlanta in 1970, the series chronicles the events that took place on the night of Muhammad Ali's (Dexter Darden, "The Maze Runner," 2014) historic comeback fight, which served to "[change] not only one man's life but ultimately transformed Atlanta into the 'Black Mecca'" (per Peacock). The story centers around Gordon "Chicken Man" Williams (Kevin Hart, "Die Hart"), who hosts an afterparty for the fight that, boasting a high-profile and wealthy guest list, culminates in an armed robbery that became "the most brazen criminal underworld heist in Atlanta's history" (Peacock). When Chicken Man is named as the main suspect in the investigation into the heist, he must convince J.D. Hudson (Don Cheadle, "Black Monday"), one of the first Black detectives in the city's desegregated police force — and Chicken Man's old adversary — that he is innocent. While the series' all-star main cast is rounded out by Samuel L. Jackson ("The Last Days of Ptolemy Grey"), Taraji P. Henson ("The Color Purple," 2023) and Terrence

Howard ("Shirley," 2024), "Fight Night" also features guest stars Chloe Bailey ("Grown-ish"), Marsha Stephanie Blake ("When They See Us"), Lori Harvey ("Dish Nation") and Sinqua Walls ("American Soul"). The series comes from creator, writer, co-showrunner and executive producer Shaye Ogbonna ("The Chi"), alongside co-showrunner and executive producer Jason Horwitch ("The Calling"). Craig Brewer ("Empire") directs.

## WHAT'S NEW ON NETFLIX

### "The Perfect Couple"

Settle in for the captivating new mystery drama "The Perfect Couple" when it premieres Thursday, Sept. 5, on Netflix. Based on the book of the same name by Elin Hilderbrand, this limited

series, set on Nantucket Island, off the coast of Massachusetts, centers around Amelia Sacks (Eve Hewson, "Bad Sisters"), who is about to marry into one of the island's wealthiest families. Despite her blatant disapproval, Amelia's future mother-in-law, famous novelist Greer Garrison Winbury (Nicole Kidman, "Lioness"), has spared no expense in

order to provide what should be "the premiere wedding of the season" (per Netflix). Everything seems set to move forward flawlessly for the happy couple's nuptials — until a body washes up on the beach. With everyone suddenly being eyed as a suspect, secrets bubble up to the surface as "a real-life investigation that feels plucked from the pages of one of Greer's novels" gets underway (Netflix). Also starring Liev Schreiber ("A Small Light"), Billy Howle ("Under the Banner of Heaven"), Dakota Fanning ("The Alienist"), Meghann Fahy ("The White Lotus"), Ishaan Khattar ("Don't Look Up," 2021), Jack Reynor ("The Peripheral"), Sam Nivola ("Maestro," 2023), Mia Isaac ("Don't Make Me Go," 2022), Donna Lynne Champlin

follows along with Tamayo's fight for justice for Gros' victims, as months of extensive investigation and surveillance lead him down a rabbit hole of other crimes Gros has also committed. "The story of how a criminal's ego becomes his downfall," as described by Prime Video, "Como cazar a un monstruo" sees Tamayo set up an intricate trap that leads Gros to prison. Directed by Tamayo, the series is produced by Ramon Campos ("Land of Women") and his Bambu Producciones.


## WHAT'S NEW ON HULU

### "English Teacher" - Season 1

Dive head-first into a brand-new school year and a brand new series when "English Teacher" makes its streaming debut on

is put under investigation for a long-forgotten incident where he kissed his boyfriend in front of students, he suddenly feels like his worlds are crashing together while he is being targeted for his sexuality. With his fellow teacher friends, including his best friend Gwen (Stephanie Koenig, "Lessons in Chemistry"), a history teacher, by his side, Evan does his best to stick to his guns and avoid relationships with other faculty — which is made all the more difficult when he meets Harry (Langston Kerman, "Bust Down"), "a charming new teacher who seems to be interested in him" (FX). Written by Alvarez and Koenig and directed by Alvarez and Jonathan Krisel ("Portlandia"), the series also stars Enrico Colantoni ("Veronica Mars"),

Island, New York, native Lucy Albright (Grace Van Patten, "Nine Perfect Strangers") heading off to a small California college, more than happy to have hundreds of miles of space between herself and her mother (Jessica Capshaw, "Grey's Anatomy"). Quickly finding a kindred spirit in handsome, charming and beyond-complicated Stephen DeMarco (Jackson White, "Mrs. Fletcher"), the pair tumble into an addictive roller coaster of a relationship. Following their lives over the course of eight years as they grapple with college, their post-grad lives in New York City and their own dark pasts, Season 2 finds Lucy and Stephen returning to college after going through a dramatic breakup at the start of the summer. Meanwhile, the fallout from Season 1 has unexpected impacts on not just the couple but on their entire friend group, too. If Lucy and Stephen ever want to learn what it means to truly love, they must face the skeletons in the closet or risk losing themselves to unhealthy delusions forever. Written for the screen by Meaghan Oppenheimer ("Queen America"), "Tell Me Lies" also stars Catherine Missal ("Vacation," 2015), Spencer House ("Teenage Bounty Hunters"), Sonia Mena ("The Deuce"), Branden Cook ("Masters of the Air"), Alicia Crowder ("The Society"), Gabriella Pession ("Crossing Lines"), Tom Ellis ("Lucifer"), Thomas Doherty ("The Lodge"), Katherine Hughes ("Me and Earl and the Dying Girl," 2015) and Jacob Rodriguez ("Attaway General").



## Back to School Checklist:

Pencils  Notebooks  Vision exam   
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("Crazy Ex-Girlfriend") and Isabelle Adjani ("Possession," 1981), "The Perfect Couple" is helmed by showrunner, writer and executive producer Jenna Lamia ("Good Girls"). Susan Bier ("The First Lady") is the series' director and an executive producer.

## WHAT'S NEW ON PRIME VIDEO

### "Como cazar a un monstruo"

Filmmaker and YouTuber Carles Tamayo ("Adalamadrina," 2018) presents the Spanish documentary miniseries "Como cazar a un monstruo," premiering Friday, Sept. 6, on Prime Video. In Spain in 2019, Lluís Gros was sentenced to 23 years in prison for multiple counts of sexual abuse. After his conviction, Gros, hoping to clean up his image, approaches Tamayo and asks him to make a documentary about his life. Agreeing to film Gros under the assumption that he is going to apologize for his crimes, Tamayo quickly discovers that not to be the case at all — and that the man is still free and not being punished, despite his conviction. The series

Hulu Tuesday, Sept. 3. Created by and starring Brian Jordan Alvarez ("Grandmother's Gold," 2018), the series follows Texas-based high school teacher Evan Marquez (Alvarez) working at a school in Austin. Doing his best to "be a principled person but often [running] into trouble because of it" (per FX), Evan does his best to find balance between his personal and professional life while grappling with the politics of being a teacher. But, when Evan

Sean Patton ("Maron"), Carmen Christopher ("The Bear") and Jordan Firstman ("Ms. Marvel").

### "Tell Me Lies" - Season 2

Explore the emotional journey of one couple and their tumultuous relationship in Season 2 of the Hulu coming-of-age drama "Tell Me Lies," when it premieres Wednesday, Sept. 4, on the streamer. Based on Carola Lovering's 2018 novel of the same name, the series began with Long



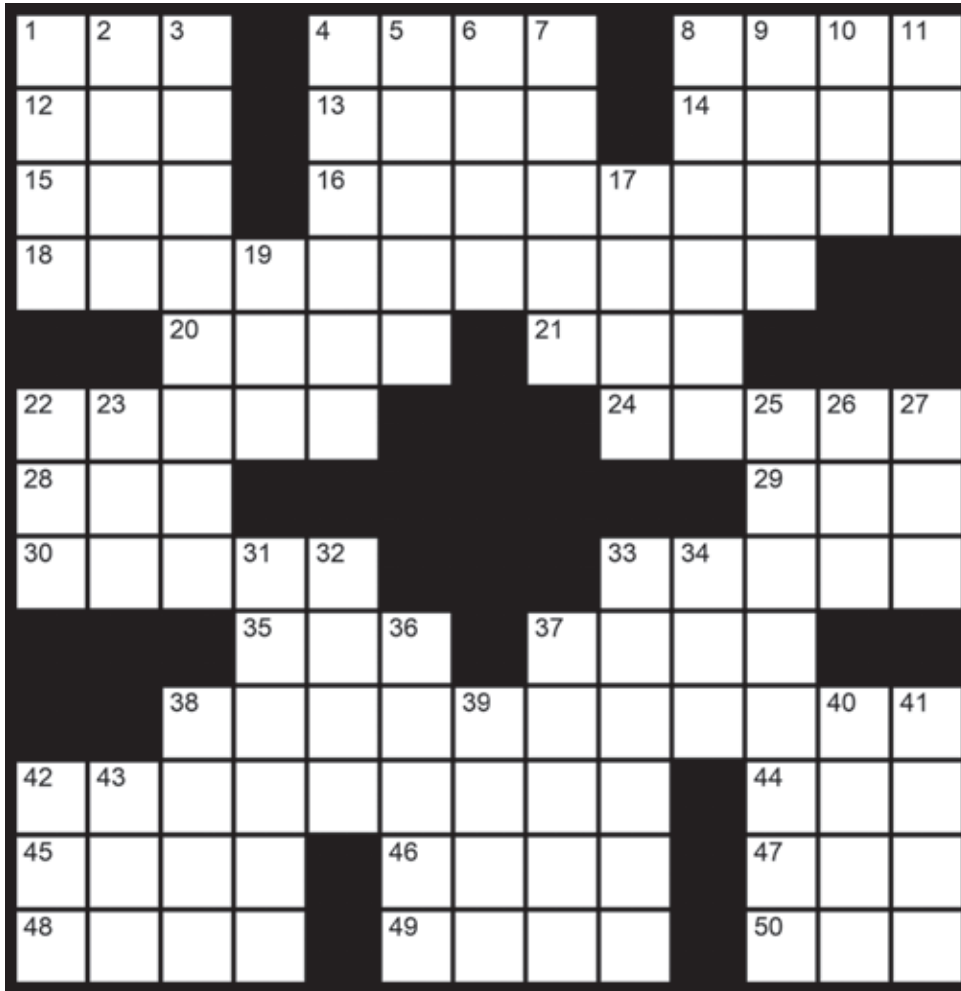
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Kevin Hart stars in "Fight Night: The Million Dollar Heist"

# television crossword



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- Across**
- Phoebe to Prue or Piper on "Charmed"
  - "Chiquitita" quartet
  - Genesis twin
  - \_\_\_-Man (arcade game)
  - \_\_\_ Walken ("The West Wing" character)
  - It parallels a radius
  - In times past
  - Carrie Coon's series, with "The"
  - Jennifer Aniston's series, with "The"
  - Hunt for
  - Your and my
  - TV show covering Hollywood since 1991
  - Beginnings

- Family docs
- Charge carrier
- El \_\_\_
- Pasta topper
- Mouths, anatomically
- Deliver a tirade
- Loren Bouchard's animated series
- "Hijack" star
- White alternative
- Teutonic turndown
- "\_\_\_ Lang Syne"
- Fleming who created 007
- Flow stopper
- Arborist's concern
- Small colonist

- Down**
- Meat in a Monty Python skit
  - Cassio's rival

- "The Departed" (2006) director
- Texas A&M team
- Flip one's lid?
- Lux. neighbor
- "\_\_\_ to bed"
- Writer Welty
- Deli side
- "Brokeback Mountain" (2005) director Lee
- Home of the tallest bldg. in the world
- Former Israeli prime minister
- Olmert
- Green, in a way
- Pudding ingredient
- "Morning Edition" airt
- Lane where "Desperate

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KIDS SPORTS MOVIES SPECIALS

Table with 17 columns (8 AM to 4:30) and 30 rows of program listings for various channels.

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Main table with 17 columns (8 AM to 4:30) and 30 rows of program listings for various channels including ABC, BET, BRAVO, CNN, COM, DISC, ESPN, FX, HBO, HGTV, HIST, LIFE, MAX, MTV, NEWS, NGEO, NICK, PRMT, SHOW, STZEN, SYFY, TBN, TBS, TCM, TLC, TMC, and VH1.



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Table with columns for time slots (S, C, P, W, D, DTV, 5 PM, 5:30, 6 PM, 6:30, 7 PM, 7:30, 8 PM, 8:30, 9 PM, 9:30, 10 PM, 10:30, 11 PM, 11:30) and rows for various channels (FOX, CBS, PBS, NBC, ABC, CBS, ABC, CBS, ABC, CBS, CW, NBC, NBC, ION, MNT) listing their respective programming.

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# Sudoku

	1						4	
	2			8				
5		6			4			7
								4
7		3		1	9		6	
			2					
1				5		3		8
6				9		1	5	

240901

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.  
 Solution on page 5

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SATURDAY AUGUST 31, '24

S - Sedalia C - Cole Camp P - Pettis County W - Warrensburg D - Dish DTV - DirecTV

KIDS SPORTS MOVIES SPECIALS

Table with columns for channel (S, C, P, W, D, DTV) and time slots (8 AM to 4:30). Rows include programs like FOX 4 News, CBS Saturday Morning, PBS Daniel Tiger, NBC Today, ABC Weekend News, CBS Saturday Morning, ABC 17 News, CW Young Forever, CW Hanna Into the Wild, NBC To Be Announced, ION Bones, and MNT Dog Tales.

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Table with columns for channel (S, C, P, W, D, DTV) and time slots (8 AM to 4:30). Rows include programs like A&E Zombie Flip, AMC Back to School, BET Prince, BRAVO Van..., CNN Newsroom, COM Parks, DISC Bigfoot, DISC Primos, ESPN College GameDay, ESPN2 SportsCenter, FMC Movie, FREE Disenchanted, FX Captain America, HALL Reba, HBO Crouching Tiger, HGTV Hunters, HIST Hard, LIFE Paid Prog., MAX Ridiculous, NEWSN Morning, NGEO Deepwater Horizon, NICK SpongeBob, PRMT Yellowstone, SHOW The Negotiator, STZEN The Bourne Identity, SYFY Come Play, TBN VeggieTales, TBS Friends, TCM Sex and the Single Girl, TLC Little and Looking, TMC Rushmore, TNT Joker, TOON Teen/Teen, TVLND Roseanne, USA Soccer Premier, and VH1 Cheaters.

SATURDAY AUGUST 31, '24

S - Sedalia C - Cole Camp P - Pettis County W - Warrensburg D - Dish DTV - DirecTV

KIDS SPORTS MOVIES SPECIALS

Table with columns for channel (FOX, CBS, PBS, NBC, ABC, CBS, ABC, CW, NBC, ION, MNT), time slots (5 PM, 5:30, 6 PM, 6:30, 7 PM, 7:30, 8 PM, 8:30, 9 PM, 9:30, 10 PM, 10:30, 11 PM, 11:30), and program titles (College Football Texas-El Paso at Nebraska, MLB Baseball, FOX 4 News at 9PM, etc.).

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Table with columns for channel (A&E, AMC, BET, BRAVO, CNN, COM, DISC, DISN, ESPN, ESPN2, FMC, FREE, FX, HALL, HBO, HGTV, HIST, LIFE, MAX, MTV, NEWSN, NGE0, NICK, PRMT, SHOW, STZEN, SYFY, TBN, TBS, TCM, TLC, TMC, TNT, TOON, TVLND, USA, VH1), time slots (5 PM, 5:30, 6 PM, 6:30, 7 PM, 7:30, 8 PM, 8:30, 9 PM, 9:30, 10 PM, 10:30, 11 PM, 11:30), and program titles (Storage Wars, The Breakfast Club, Pretty in Pink, Sixteen Candles, Rush Hour, etc.).

SUNDAY SEPTEMBER 1, '24

S - Sedalia C - Cole Camp P - Pettis County W - Warrensburg D - Dish DTV - DirecTV

KIDS SPORTS MOVIES SPECIALS

Grid of TV listings for Sunday, September 1, 2024. Columns include channel, time slot, and program details.

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Grid of TV listings for Sunday, September 1, 2024. Columns include channel, time slot, and program details.

SUNDAY SEPTEMBER 1, '24

S - Sedalia C - Cole Camp P - Pettis County W - Warrensburg D - Dish DTV - DirecTV

KIDS SPORTS MOVIES SPECIALS

Table with 19 columns (S, C, P, W, D, DTV, 5 PM, 5:30, 6 PM, 6:30, 7 PM, 7:30, 8 PM, 8:30, 9 PM, 9:30, 10 PM, 10:30, 11 PM, 11:30) and 24 rows of TV listings for various channels like FOX, CBS, PBS, NBC, ABC, etc.

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Table with 19 columns (S, C, P, W, D, DTV, 5 PM, 5:30, 6 PM, 6:30, 7 PM, 7:30, 8 PM, 8:30, 9 PM, 9:30, 10 PM, 10:30, 11 PM, 11:30) and 34 rows of TV listings for various channels like A&E, AMC, BET, BRAVO, CNN, COM, DISC, DISN, ESPN, ESPN2, FMC, FREE, FX, HALL, HBO, HGTV, HIST, LIFE, MAX, MTV, NEWSN, NGE0, NICK, PRMT, SHOW, STZEN, SYFY, TBN, TBS, TCM, TLC, TMC, TNT, TOON, TVLND, USA, VH1.





TUESDAY SEPTEMBER 3, '24

S - Sedalia C - Cole Camp P - Pettis County W - Warrensburg D - Dish DTV - DirecTV

**KIDS** **SPORTS** **MOVIES** **SPECIALS**

	S	C	P	W	D	DTV	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
FOX	4	10	4	4	4	4	FOX 4 News at 5PM (N)	FOX 4 News at 5PM (N)	FOX 4 News at 6PM (N)	Wheel of Fortune	Beat Shazam "Beatbox Shazam" (N)	Quiz-Balls "Boston Brawlers vs. The Pride of Polynesia" (SF) (N)	FOX 4 News at 9PM (N)	FOX 4 News at 10PM (N)	FOX 4 News (N)	TMZ (N)	Seinfeld "The Boyfriend"				
CBS	5		5	5	5	5	KCTV5 News at 5 (N)	CBS Evening News (N)	KCTV5 News at 6 (N)	KCTV5 News: (N)	FBI	FBI: International "Andiamo!"	FBI: Most Wanted "Rendition"	KCTV5 News at 10 (N)	(:35) The Late Show With Stephen Colbert (N)	(:35) After Midnight (N)					
PBS	6	11		6			BBC News The Context	BBC News America	PBS News Hour (N)	Ken Burns: One Nation, Many Stories Exploring the work of filmmaker Ken Burns.	This Land Is Your Land (My Music Presents) The evolution of modern American folk music.				Freedom Songs Music's role in the struggle for equality and human rights.						
NBC		8					KOMU 8 News 5PM (N)	NBC Nightly News (N)	KOMU 8 News 6PM (N)	Wheel of Fortune	America's Got Talent "Quarterfinals 4" Eleven acts take the stage; America can vote for two acts. (L) (N)				Password	KOMU 8 News 10PM (N)	(:35) The Tonight Show Starring Jimmy Fallon (N)	(:35) Seth Meyers (N)			
ABC	9	9	9	9	9	9	KMBC 9 News at 5:00 (N)	ABC World News (N)	KMBC 9 News at 6:00 (N)	Entertainment Tonight (N)	The Bachelorette "Finale and After the Final Rose" A woman meets a number of men and tries to narrow them down to one who could steal her heart. (SF) (N)				KMBC 9 News at 10:00 (N)	(:35) Jimmy Kimmel Live! (N)	(:35) Nightline (N)				
CBS		13					KRCG 13 Live at 5:00 (L) (N)	CBS Evening News (N)	KRCG 13 Live at 6:00 (L) (N)	Entertainment Tonight (N)	FBI	FBI: International "Andiamo!"	FBI: Most Wanted "Rendition"	KRCG 13 Live at 10:00 (L) (N)	(:35) The Late Show With Stephen Colbert (N)	(:35) After Midnight (N)					
ABC	17	7	7	17			ABC 17 News at 5 (N)	ABC World News (N)	ABC 17 News at 6 (N)	ABC 17 News at 6:30 (N)	The Bachelorette "Finale and After the Final Rose" A woman meets a number of men and tries to narrow them down to one who could steal her heart. (SF) (N)				ABC 17 News at 10 (N)	(:35) Jimmy Kimmel Live! (N)	(:35) Nightline (N)				
19	11		19	11	19	19	Context	America	PBS News Hour (N)	Ken Burns: One Nation, Many Stories			Luther Vandross -- Always and Forever			Memory Makeover With Daniel Amen, MD					
CW	2		29	2	29	29	Young Sheldon	Young Sheldon	The Big Bang Theory	The Big Bang Theory	The Conners	The Conners	The Conners	The Conners	KMBC 9 News (N)	Modern Fam. "Finale Part 2"	Mod Fam "The Bicycle Thief"	Mom	Mom		
38	13		38	13	38	38	Law & Order: SVU "Venom"	King	King	Friends	Friends	Neighbor	Neighbor	Last Man	Last Man	Friends	Friends	Dateline "Against All Odds"			
NBC	41		41	41	41	41	KSHB 41 News 5PM (N)	NBC Nightly News (N)	KSHB 41 News 6PM (N)	KSHB 41 News 6:30PM (N)	America's Got Talent "Quarterfinals 4" Eleven acts take the stage; America can vote for two acts. (L) (N)				Password	KSHB 41 News 10PM (N)	(:35) The Tonight Show Starring Jimmy Fallon (N)	(:35) Seth Meyers (N)			
ION	7	3		7	50	50	Chicago Fire "The Chance to Forgive"	Chicago Fire "The One That Matters Most"	Chicago Fire "The One That Matters Most"	Chicago Fire "Put White on Me"	Chicago Fire "When They See Us Coming"	Chicago Fire "Where I Want to Be"	Chicago Fire "The Strongest Among Us"	Chicago Fire "The Unrivaled Standard"							
MNT	62		62	10	62	62	Funny You Should Ask	Funny You Should Ask	Chicago P.D. "Closer"	My KC Live	Chicago Fire	Chicago Fire	Chicago Fire	KCTV5 News at 10 (N)	(:35) 48 Hours "Ransom" (N)	The First 48					

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	S	C	P	W	D	DTV	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30			
A&E	34	36	132	34	118	265	First 48 "Red Brick; Last Kiss"	The Chicano Squad "Part 1"	The Chicano Squad "Part 2" (N)	The Chicano Squad "Part 2" (N)				(:05) The Chicano Squad "Part 1"									
AMC	31	22	119	31	131	254	(4:00) ★★★ We Are Marshall (2006, Drama) Matthew Fox, Ian McShane, Matthew McConaughey.	Celebrity Family Feud	Neighborhood	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor		
BET	68		155	68	154	329	Dubai "Dressed to the Whines"	Dubai "Hold Your Horses"	Dubai "Serving the Tree"	Housewives of Dubai (N)	Housewives/OC	As. Living (N)	Payne	As. Living	As. Living	As. Living	As. Living	As. Living	As. Living	As. Living	As. Living		
BRAVO	72		181	72	129	237	Situation Room (L) (N)	Erin Burnett OutFront (L) (N)	Anderson Cooper 360 (L) (N)	The Source With (L) (N)	CNN NewsNight (L) (N)	Laura Coates Live (L) (N)	Anderson Cooper 360	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park		
CNN	38	25	202	38	200	202	Catch "Under the Gun"	Catch "Blow the Man Down"	Deadliest Catch (N)	Bering Sea Gold	Contraband: Seized at Sea	Deadliest Catch	Kiff	Kiff	Hailey's on It!	Hailey's on It!	Zombies ('18) Meg Donnelly, Milo Manheim.	(:45) ZOMBIES	(:10) ZOMBIES	(:35) ZOMBIES	Raven's Home	Raven's Home	Bluey
COM	69	56	140	69	107	249	SportsCenter (L) (N)	2024 US Open Tennis Quarterfinals (L) (N)	ESPN BET Live (L) (N)	NFL Live (N)	NFL's Greatest Games	30 for 30 The Minister of Defense	Chronicing Reggie White's life.	30 for 30 The Two Bills	UFC Archival								
DISC	33	33	120	33	182	278	(4:50) ★★★ Date Night ('10) Steve Carell.	(:35) ★★★ Step Brothers ('08) John C. Reilly, Will Ferrell.	(:35) ★★★ Step Brothers ('08) John C. Reilly, Will Ferrell.	(:35) ★★★ Step Brothers ('08) John C. Reilly, Will Ferrell.	(:35) ★★★ What Happens in Vegas												
DISH	52	40	302	52	172	290	★★★ The Parent Trap (1998, Children) Dennis Quaid, Natasha Richardson, Lindsay Lohan.	★★★ Iron Man 3 (2013, Action) Gwyneth Paltrow, Don Cheadle, Robert Downey Jr.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	
ESPN	35	14	602	35	140	206	★★★ The Parent Trap (1998, Children) Dennis Quaid, Natasha Richardson, Lindsay Lohan.	★★★ Iron Man 3 (2013, Action) Gwyneth Paltrow, Don Cheadle, Robert Downey Jr.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.		
ESPN2	36	15	606	36	143	209	★★★ The Parent Trap (1998, Children) Dennis Quaid, Natasha Richardson, Lindsay Lohan.	★★★ Iron Man 3 (2013, Action) Gwyneth Paltrow, Don Cheadle, Robert Downey Jr.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.		
FMC	78	490	792	48	384	258	★★★ The Parent Trap (1998, Children) Dennis Quaid, Natasha Richardson, Lindsay Lohan.	★★★ Iron Man 3 (2013, Action) Gwyneth Paltrow, Don Cheadle, Robert Downey Jr.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.		
FREE	50	19	178	50	180	311	★★★ The Parent Trap (1998, Children) Dennis Quaid, Natasha Richardson, Lindsay Lohan.	★★★ Iron Man 3 (2013, Action) Gwyneth Paltrow, Don Cheadle, Robert Downey Jr.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.		
FX	77	48	129	77	136	248	★★★ The Parent Trap (1998, Children) Dennis Quaid, Natasha Richardson, Lindsay Lohan.	★★★ Iron Man 3 (2013, Action) Gwyneth Paltrow, Don Cheadle, Robert Downey Jr.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.	★★★ Thor ('11, Action) Natalie Portman, Anthony Hopkins, Chris Hemsworth.		
HALL	26	38	365	26	185	312	(4:00) Roadhouse Romance	Falling for Vermont ('17) Ben Ayers, Julie Gonzalo.	Field Day ('23) Ben Ayers, Shannon Chan-Kent, Rachel Boston.	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls		
HBO	518		802	501	300	501	(4:35) Chimp "Head Shot"	(:35) X-Men: Apocalypse ('16) James McAvoy. Professor X and Raven lead a team of young X-Men to battle the immortal mutant Apocalypse.	Hard Knocks: Training Camp With the Chicago Bears (P) (N)	Industry	Hard Knocks: Training Camp With the Chicago Bears	Chimp Crazy "Head Shot"											
HGTV	30	27	450	30	112	229	No Demo "Tudor Is Cuter"	100 Day Hotel Challenge	100 Day Hotel Challenge	Divided "High Standards" (N)	Hunt Intl (N)	Hunters Int'l	Hunters Int'l	Hunters Int'l	Hunters Int'l	Hunters Int'l	Hunters Int'l	Hunters Int'l	Hunters Int'l	Hunters Int'l	Hunters Int'l		
HIST	56	37	256	56	120	269	Aliens "The Star Gods of Sirius"	Aliens "The Disclosure Event"	Aliens "The Disclosure Event"	Ancient Aliens	(:05) Aliens "Destination Chile"	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens		
LIFE	29	28	360	29	108	252	Castle "Heroes & Villains"	Castle "Head Case"	Castle "Kick the Ballistics"	Castle "Eye of the Beholder"	(:05) Castle "Demons"	(:05) Castle "Cops & Robbers"	Castle "Kick the Ballistics"										
MAX	549		832	531	310	515	(:15) Shirley (2020, Drama) Michael Stuhlbarg, Odessa Young, Elisabeth Moss.	★★★ A Star Is Born (2018, Romance) Lady Gaga, Sam Elliott, Bradley Cooper. (P)	★★★ Fruitvale Station ('13) Octavia Spencer, Melonie Diaz, Michael B. Jordan. (P)	★★★ Parasite (2019, Thriller) Lee Sun-kyun, Jo Ye-joeng, Song Kang-ho.	★★★ Parasite (2019, Thriller) Lee Sun-kyun, Jo Ye-joeng, Song Kang-ho.	★★★ Parasite (2019, Thriller) Lee Sun-kyun, Jo Ye-joeng, Song Kang-ho.	★★★ Parasite (2019, Thriller) Lee Sun-kyun, Jo Ye-joeng, Song Kang-ho.	★★★ Parasite (2019, Thriller) Lee Sun-kyun, Jo Ye-joeng, Song Kang-ho.	★★★ Parasite (2019, Thriller) Lee Sun-kyun, Jo Ye-joeng, Song Kang-ho.	★★★ Parasite (2019, Thriller) Lee Sun-kyun, Jo Ye-joeng, Song Kang-ho.	★★★ Parasite (2019, Thriller) Lee Sun-kyun, Jo Ye-joeng, Song Kang-ho.	★★★ Parasite (2019, Thriller) Lee Sun-kyun, Jo Ye-joeng, Song Kang-ho.	★★★ Parasite (2019, Thriller) Lee Sun-kyun, Jo Ye-joeng, Song Kang-ho.	★★★ Parasite (2019, Thriller) Lee Sun-kyun, Jo Ye-joeng, Song Kang-ho.	★★★ Parasite (2019, Thriller) Lee Sun-kyun, Jo Ye-joeng, Song Kang-ho.		
MTV	42		502	42	160	331	Love & Hip Hop: Atlanta	Love & Hip Hop: Atlanta	Love & Hip Hop: Atlanta	The Surreal Life (N)	Caught in the Act: Unfaithful	Caught in the Act: Unfaithful	Caught in the Act: Unfaithful	Caught in the Act: Unfaithful	Caught in the Act: Unfaithful	Caught in the Act: Unfaithful	Caught in the Act: Unfaithful	Caught in the Act: Unfaithful	Caught in the Act: Unfaithful	Caught in the Act: Unfaithful	Caught in the Act: Unfaithful		
NEWSN	23		180	23	239	307	The Hill (L) (N)	On Balance (L) (N)	Cuomo (L) (N)	Dan Abrams Live (L) (N)	Banfield (L) (N)	Cuomo	Dan Abrams Live										
NGEO	57	56	265	57	186	276	Life Below Zero "The Crusher"	Life Below Zero	PortProtec "The Beaver Trap"	Port Protection Alaska (N)	Life Below Zero "Off Road"	Life Below.. "To Quit is to Die"	PortProtec "Any Blood Will Do"										
NICK	32		314	32	170	299	SpongeBob	SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends		
PRIME	71		145	71	241	241	Two Half Men	Two Half Men	Independence Day (1996, Sci-Fi) Bill Pullman, Jeff Goldblum, Will Smith.	★★★ Jack Reacher ('12) Rosamund Pike, Tom Cruise.													
SHOW	578		852	561	318	545	(3:30) ★★★ The Aviator ('04) Cate Blanchett, Leonardo DiCaprio. (P)	★★★ Seabiscuit ('03) Jeff Bridges, Chris Cooper, Tobey Maguire. Three men (Tobey Maguire, Jeff Bridges, Chris Cooper) lead a racehorse to glory in the 1930s.	★★★ Sasquatch Sunset ('24) Jesse Eisenberg, Christophe Zajac-Denek, Riley Keough.	★★★ Jojo Rabbit ('19) Thomasin McKenzie, Scarlett Johansson, Roman Griffin Davis.													
STZLN	644	55	932	631	340	535	(4:45) ★★★ About My Father ('23) Sebastian Maniscalco.	(:20) Fear (1996, Thriller) Reese Witherspoon, William Petersen, Mark Wahlberg.	★★★ The Shallows (2016, Thriller) Oscar Jaenada, Brett Cullen, Blake Lively.	★★★ Beast (2022, Adventure) Sharlto Copley, Iyana Halley, Idris Elba.	(:05) ★★★ Sisu ('22) Aksel Hennie, Jorma Tommila.												
SYFY	73	45	151	73	122	244	(4:15) ★★★ Deepwater Horizon	(:45) ★★★ The Mummy (1999, Adventure) Rachel Weisz, John Hannah, Brendan Fraser.	★★★ The Mummy Returns ('01) Rachel Weisz, John Hannah, Brendan Fraser.														
TBN	103	16	560	103	260	372	Joseph Prince: Huckabee (N)	Allen (N)	Stakelbeck (N)	Praise	Joyce Meyer	Living Proof	Together	Stakelbeck	Praise	Joseph Prince	Youseff						
TBS	51	30	112	51	139	247	Big Bang	Leadoff (N)	MLB Baseball Boston Red Sox at New York Mets (L) (N)	MLB Close (N)	On Base with	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.			
TCM	60	307	790	60	132	256	(3:45) ★★★ The Badlanders (1958, Western) Ernest Borgnine, Katy Jurado, Alan Ladd.	★★★ Bigger Than Life (1956, Drama) Barbara Rush, Walter Matthau, James Mason.	(:45) ★★★ The World in My Corner (1956, Drama) Barbara Rush, Jeff Morrow, Audie Murphy.	★★★ It Came From Outer Space (1953, Sci-Fi) Barbara Rush, Charles Drake, Richard Carlson.													
TLC	55	34	250	55	183	280	Fat Fabulous "Private Dancer"	My Big Fat Fabulous Life	My Big Fat Fabulous Life	Fat Fabulous "Higher Love" (N)	Welcome to Plathville (N)	90 Day Fiancé: The Other Way	My Big Fat Fabulous Life										
TMC	60	307	790	591	132	256	(:05) ★★★ Kelly & Cal (2014, Comedy Drama) Jonny Weston, Josh Hopkins, Juliette Lewis.	★★★ North of Normal (2022, Drama) James D'Arcy, Amanda Fix, Sarah Gadon.	★★★ Ain't Them Bodies Saints (2013, Drama) Casey Affleck, Ben Foster, Rooney Mara.	(:10) ★★★ The Saint (1997, Action) Elisabeth Shue, Rade Serbedzija, Val Kilmer.													
TNT	49	31	108	49	138	245	(4:00) ★★★ Independence Day ('96) Bill Pullman																

## WEDNESDAY SEPTEMBER 4, '24

S - Sedalia C - Cole Camp P - Pettis County W - Warrensburg D - Dish DTV - DirecTV

KIDS SPORTS MOVIES SPECIALS

	S	C	P	W	D	DTV	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
<b>4</b> FOX	4	10	4	4	4	4	FOX 4 News at 5PM (N)		FOX 4 News at 6PM (N)	Wheel of Fortune	MasterChef "Feel the Burn - Mystery Box; The Wall" The top 10 contestants face a mystery box challenge. (N)				FOX 4 News at 9PM (N)	FOX 4 News at 10PM (N)	FOX 4 News (N)	TMZ (N)	Sinfeld "The Boyfriend"		
<b>5</b> CBS	5		5	5	5	5	KCTV5 News at 5 (N)	CBS Evening News (N)	KCTV5 News at 6 (N)	Chiefs Special: (N)	Big Brother (N)		The Real CSI: Miami "Killer Clown" (SF) (N)		The Real CSI: Miami "Halliburton Horror"		KCTV5 News at 10 (N)	(:35) The Late Show With Stephen Colbert (N)		(:35) After Midnight (N)	
<b>6</b> PBS	6	11		6			BBC News The Context	BBC News America	PBS News Hour (N)		Nature "American Horses" American horse breeds and those who care for them.		NOVA "The Planets: Jupiter" Jupiter's gravitational force helped shape life on Earth.				Fleetwood Mac: The Dance The rock group reunites for a concert performance.		Pain Secrets Science		
<b>8</b> NBC		8					KOMU 8 News 5PM (N)	NBC Nightly News (N)	KOMU 8 News 6PM (N)	Wheel of Fortune	America's Got Talent "Quarterfinals 4 Results" (L) (N)		NFL Kickoff Eve (L) (N)		Chicago P.D.		KOMU 8 News 10PM (N)	(:35) The Tonight Show Starring Jimmy Fallon (N)		(:35) Seth Meyers (N)	
<b>9</b> ABC	9	9	9	9	9	9	KMBC 9 News at 5:00 (N)	ABC World News (N)	KMBC 9 News at 6:00 (N)	Entertainment Tonight (N)	Who Wants to Be a Millionaire		Claim to Fame		Shark Tank		KMBC 9 News at 10:00 (N)	(:35) Jimmy Kimmel Live! (N)		(:35) Nightline (N)	
<b>13</b> CBS		13					KRCG 13 Live at 5:00 (L) (N)	CBS Evening News (N)	KRCG 13 Live at 6:00 (L) (N)	Entertainment Tonight (N)	Big Brother (N)		The Real CSI: Miami "Killer Clown" (SF) (N)		The Real CSI: Miami "Halliburton Horror"		KRCG 13 Live at 10:00 (N)	(:35) The Late Show With Stephen Colbert (N)		(:35) After Midnight (N)	
<b>17</b> ABC	17	7	7	17			ABC 17 News at 5 (N)	ABC World News (N)	ABC 17 News at 6 (N)	ABC 17 News at 6:30 (N)	Who Wants to Be a Millionaire		Claim to Fame		Shark Tank		ABC 17 News at 10 (N)	(:35) Jimmy Kimmel Live! (N)		(:35) Nightline (N)	
<b>19</b>	11		19	11	19	19	Context	America	PBS News Hour (N)		Nature "The Hummingbird Effect"		NOVA "The Planets: Jupiter"				✪ Revival 69: The Concert That Rocked the World ('22, Doc)				
<b>29</b> CW	2		29	2	29	29	Young Sheldon	Young Sheldon	The Big Bang Theory	The Big Bang Theory	Sullivan's Crossing "Second Chances"		Police 24/7 "Outrunning the Law"		KMBC 9 News (N)		Modern Fam. "Coal Digger"	Modern Family	Mom	Mom	
<b>38</b>	13		38	13	38	38	Law & Order: SVU "Fault"		King	King	Friends	Friends	Neighbor	Neighbor	Last Man	Last Man	Friends	Friends		Dateline "Justice for Bonnie"	
<b>41</b> NBC	12		41	12	41	41	KSHB 41 News 5PM (N)	NBC Nightly News (N)	KSHB 41 News 6PM (N)	KSHB 41 News 6:30PM (N)	America's Got Talent "Quarterfinals 4 Results" (L) (N)		NFL Kickoff Eve (L) (N)		Chicago P.D.		KSHB 41 News 10PM (N)	(:35) The Tonight Show Starring Jimmy Fallon (N)		(:35) Seth Meyers (N)	
<b>50</b> ION	7	3		7	50	50	Blue Bloods "Brothers"		Blue Bloods "Chinatown"		Blue Bloods "Re-Do"		Blue Bloods "After Hours"		Blue Bloods "Little Fish"		Blue Bloods "Family Ties"		Blue Bloods "Hall of Mirrors"		
<b>62</b> MNT	10		62	10	62	62	Funny You Should Ask	Funny You Should Ask	Chicago P.D. "Adrift"		My KC Live		Dateline		Dateline		KCTV5 News at 10 (N)	(:35) 48 Hours "Where Is Diana Duve?" (N)		The First 48	

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	S	C	P	W	D	DTV	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
<b>A&amp;E</b>	34	36	132	34	118	265	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam (N)	Court Cam (N)	To Be	To Be	(:05) Court Cam	(:35) Court Cam	(:05) Court Cam	(:35) Court Cam	
<b>AMC</b>	31	22	119	31	131	254	(:3:15) 🌟🌟🌟 The Replacements Keanu Reeves.		🌟🌟🌟🌟 The Matrix (1999, Sci-Fi) Laurence Fishburne, Carrie-Anne Moss, Keanu Reeves. A computer hacker joins forces with rebel warriors to battle a malevolent cyberintelligence.		🌟🌟🌟🌟 The Matrix Revolutions ('03, Sci-Fi) Laurence Fishburne, Carrie-Anne Moss, Keanu Reeves. Neo, Morpheus and Trinity prepare for a final battle against vicious machines set to invade Zion.									🌟🌟🌟 Little Man	
<b>BET</b>	68		155	68	154	329	Neighbor	Neighbor	Neighbor	Neighbor	Sistas "It's Giving Scandal"		Sistas "Pens and Needles"		Ms. Pat (N)	Ms. Pat	Celebrity Family Feud			🌟🌟🌟 Little Man	
<b>BRAVO</b>	72		181	72	129	237	Vanderpump Rules "I Lied"		Million Dollar LA		Million Dollar LA		Million Dollar LA (N)		(:15) Million Dollar LA "You Splooge, You Lose"		Below Deck Mediterranean		Million LA		
<b>CNN</b>	38	25	202	38	200	202	Situation Room (L) (N)		Erin Burnett OutFront (L) (N)		Anderson Cooper 360 (L) (N)		The Source With (L) (N)		CNN NewsNight (L) (N)		Laura Coates Live (L) (N)		Anderson Cooper 360		
<b>COM</b>	69	56	140	69	107	249	Sinfeld	Sinfeld	Sinfeld	Sinfeld	Sinfeld	Sinfeld	Sinfeld	Sinfeld	Sinfeld	Sinfeld	South Park	South Park	South Park	South Park	
<b>DISC</b>	33	33	120	33	182	278	Expedition Unknown		Expedition X		Expedition X		Expedition X (N)		Bigfoot "Primal Fear" (N)		Mysteries of (N)		Expedition X		
<b>DISN</b>	52	40	302	52	172	290	Hamster & "Recipe for Disaster; Math Punch"		Shorts		🌟🌟🌟 Zombies 2 ('20) Meg Donnelly.		(:35) ZOMBIES		ZOMBIES: Re-	ZOMBIES: Re-	Raven's Home	Raven's Home	Bluey	Bluey	
<b>ESPN</b>	35	14	602	35	140	206	SportsCenter (L) (N)		2024 US Open Tennis Quarterfinals (L) (N)								SportsCenter (L) (N)		SportsCenter (L) (N)		
<b>ESPN2</b>	36	15	606	36	143	209	ESPN BET Live (L) (N)		NFL Live (N)		30 for 30 Bullies of Baltimore		30 for 30 The '85 Bears						NFL Live		
<b>FMC</b>	78	490	792	48	384	258	(:4:10) 🌟🌟🌟 The Invitation		(:20) 🌟🌟🌟🌟 A Quiet Place ('18) John Krasinski, Emily Blunt.		(:10) 🌟🌟🌟🌟 A Quiet Place ('18) John Krasinski, Emily Blunt.				🌟🌟🌟 Escape Room ('19) Logan Miller, Taylor Russell.						
<b>FREE</b>	50	19	178	50	180	311	🌟🌟🌟🌟 Mean Girls ('04) Rachel McAdams, Lindsay Lohan.		🌟🌟🌟🌟 Freaky Friday ('03) Lindsay Lohan, Jamie Lee Curtis.		Wayne Br "Ready or Not" (N)		The 700 Club							The Simpsons	The Simpsons
<b>FX</b>	77	48	129	77	136	248	(:3:30) 🌟🌟🌟 Uncharted		🌟🌟🌟🌟 Jurassic World: Fallen Kingdom ('18) Bryce Dallas Howard, Jeff Goldblum, Chris Pratt.		🌟🌟🌟🌟 Jurassic World: Fallen Kingdom ('18) Bryce Dallas Howard, Jeff Goldblum, Chris Pratt.										
<b>HALL</b>	26	38	365	26	185	312	(:4:00) 🌟 Winter in Vail		🌟 Romance in Style ('22) Ben Hollingsworth, Jaicy Elliot.		🌟 Head Over Heels ('24, Rom) Olivier Renaud, Rebecca Dalton.		Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls		
<b>HBO</b>	518		802	501	300	501	(:05) Chimp Crazy "Head Shot"		(:05) Hard Knocks: Training Camp With the Chicago Bears		🌟🌟🌟🌟 Barbie (2023, Comedy) Ryan Gosling, America Ferrara, Margot Robbie.		(:55) Hard Knocks: Training Camp With the Chicago Bears		(:55) Chimp Crazy "Head Shot"		(:55) Industry				
<b>HGTV</b>	30	27	450	30	112	229	Unsellable "Curbalicious"		Unsellable Houses		Unsellable Houses (N)		Bargain Block (N)		House (N)	House Hunters	House Hunters	Bargain "The Fairytale House"			
<b>HIST</b>	56	37	256	56	120	269	Pawn Stars		Pawn Stars "Wreck It Rick"		Pawn Stars		Pawn Stars (N)		(:05) Pawn Stars: Best Of (N)		(:05) Pawn Stars		(:05) Pawn Stars		
<b>LIFE</b>	29	28	360	29	108	252	Castle "Kill Shot"		Castle "Cuffed"		Castle "Till Death Do Us Part"		Castle "Dial M for Mayor"		(:05) Castle		(:05) Castle		Castle "Till Death Do Us Part"		
<b>MAX</b>	549		832	531	310	515	(:10) 🌟🌟🌟🌟 Immortals (2011, Adventure) Stephen Dorff, Isabel Lucas, Henry Cavill.		🌟🌟🌟🌟 Cabin Fever (2002, Horror) James DeBello, Rider Strong, Jordan Ladd.		(:35) 🌟🌟🌟 The Amityville Horror (1979, Horror) Margot Kidder, Rod Steiger, James Brolin.		(:05) 🌟🌟🌟🌟 The Sum of All Fears (2002, Thriller) Morgan Freeman, James Cromwell, Ben Affleck.								
<b>MTV</b>	42		502	42	160	331	Catfish: The TV Show		Catfish: The TV Show		Challenge "Battle of the Eras: My Trivia Era" (N)		Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness		
<b>NEWSN</b>	23		180	23	239	307	The Hill (L) (N)		On Balance (L) (N)		Cuomo (L) (N)		Dan Abrams Live (L) (N)		Banfield (L) (N)		Cuomo		Dan Abrams Live		
<b>NGEO</b>	57	56	265	57	186	276	To Catch a Smuggler		Catch.. "Internal Investigation"		Catch.. "Unholy Guacamole"		To Catch a Smuggler (N)		Catch.. "Really Breaking Bad"		..Smuggler "Young Suspects"		Catch.. "Weed In, Weed Out"		
<b>NICK</b>	32		314	32	170	299	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	Friends		
<b>PRMT</b>	71		145	71	241	241	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	🌟🌟🌟🌟 Jack Reacher (2012, Action) Rosamund Pike, Robert Duval, Tom Cruise.		🌟🌟🌟🌟 The Equalizer ('14) Marton Csokas, Denzel Washington.						
<b>SHOW</b>	578		852	561	318	545	🌟🌟🌟🌟 Arrival (2016, Sci-Fi) Jeremy Renner, Forest Whitaker, Amy Adams. (P)		🌟🌟🌟🌟 I.S.S. (2023, Sci-Fi) Chris Messina, John Gallagher Jr., Ariana DeBose.		(:35) 🌟 Breathe (2024, Action) Milla Jovovich, Quvenzhané Wallis, Jennifer Hudson.		(:10) 🌟 The Painter (2024, Action) Madison Bailey, Jon Voight, Charlie Weber.								
<b>STZEN</b>	644	55	932	631	340	535	(:3:55) 🌟 The Black Phone	(:40) 🌟🌟🌟🌟 Love Actually ('03) Laura Linney, Colin Firth, Hugh Grant. Various people (Hugh Grant, Laura Linney, Colin Firth) deal with relationships in London.		🌟🌟🌟🌟 Downton Abbey: A New Era (2022, Drama) Jim Carter, Michelle Dockery, Hugh Bonneville.		(:10) 🌟🌟🌟🌟 The Equalizer ('14) Marton Csokas, Denzel Washington.		🌟🌟🌟🌟 Alice, Darling							
<b>SYFY</b>	73	45	151	73	122	244	(:3:30) 🌟🌟🌟 The Mummy		(:15) 🌟🌟🌟 The Mummy Returns (2001, Adventure) Rachel Weisz, John Hannah, Brendan Fraser.		The Ark (N)		🌟🌟🌟 The Scorpion King ('02) Steven Brand, Dwayne Johnson.								
<b>TBN</b>	103	16	560	103	260	372	Billy Graham	Huckabee (N)	Allen (N)	Stakelbeck (N)	Turning Point	Gaither	Harvest With Osteen	Osteen	The Story	Stakelbeck	Graham	Business	Joseph Prince	Osteen	
<b>TBS</b>	51	30	112	51	139	247	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (L) (N)		Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.		
<b>TCM</b>	60	307	790	60	132	256	🌟🌟🌟🌟 The Gay Divorcee (1934, Musical) Ginger Rogers, Alice Brady, Fred Astaire.		🌟🌟🌟🌟 The Thin Man ('34, Comedy Drama) Myrna Loy, Maureen O'Sullivan, William Powell.		(:45) 🌟🌟🌟🌟 Lady Killer (1933, Comedy) Mae Clarke, Leslie Fenton, James Cagney.		(:15) 🌟🌟🌟🌟 Christopher Strong ('33, Comedy) Colin Clive, Billie Burke, Katharine Hepburn.		(:45) 🌟🌟🌟🌟 Bombshell						
<b>TLC</b>	55	34	250	55	183	280	Hoarding "Are You Serious?"		Hoarding: Buried Alive		My 600-Lb. Life "Abi's Journey"		My 600-Lb. Life "Rose's Journey"						My 600-Lb "Abi's Journey"		
<b>TMC</b>	60	307	790	591	132	256	(:10) 🌟🌟🌟 Close (2022, Drama) Gustav De Waele, Émilie Dequenne, Eden Dambrine.		🌟🌟🌟🌟 The Impossible (2012, Drama) Ewan McGregor, Tom Holland, Naomi Watts.		🌟🌟🌟🌟 Freedom Writers (2007, Drama) Patrick Dempsey, Scott Glenn, Hilary Swank.		(:05) 🌟 Nana's Boys ('22) Jared Wayne Gladly, David J. Cork.								
<b>TNT</b>	49	31	108	49	138	245	Supernatural "Lost and Found"		🌟🌟🌟🌟 Thor: Ragnarok ('17) Tom Hiddleston, Cate Blanchett, Chris Hemsworth.		(:45) 🌟🌟🌟🌟 The Meg (2018, Sci-Fi) Li Bingbing, Rainn Wilson, Jason Statham.										
<b>TOON</b>	45		325	45	176	296	Billy & Mandy	Billy & Mandy	King/Hill	King/Hill	Bob's Burgers	Bob's Burgers	Bob's Burgers	American	American	American	American	Rick	Rick	Boondocks	
<b>TVLND</b>	70	56	138	70	106	304	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	
<b>USA</b>	28	23	124	28	105	242	Law-SVU "American Dream"		Law & Order: SVU "Sanctuary"		Law-SVU "Gone Fishin"		Law & Order: SVU "Mood"		Law-SVU "Contrapasso"		Law-SVU "No Good Reason"		Anonym. "Build. Bluff. Betray."		
<b>VH1</b>	41	56	518	41	162	335	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Wayans	Wayans	Wayans	Wayans	

THURSDAY SEPTEMBER 5, '24

S - Sedalia C - Cole Camp P - Pettis County W - Warrensburg D - Dish DTV - DirecTV

KIDS SPORTS MOVIES SPECIALS

Table with 18 columns (S, C, P, W, D, DTV, 5 PM, 5:30, 6 PM, 6:30, 7 PM, 7:30, 8 PM, 8:30, 9 PM, 9:30, 10 PM, 10:30, 11 PM, 11:30) and 28 rows of TV listings.

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Table with 18 columns (S, C, P, W, D, DTV, 5 PM, 5:30, 6 PM, 6:30, 7 PM, 7:30, 8 PM, 8:30, 9 PM, 9:30, 10 PM, 10:30, 11 PM, 11:30) and 45 rows of TV listings.

# BOONVILLE LIVESTOCK SALES

Owned & Operated  
by Jones Brothers



**BOONVILLE**  
**FEEDERS SALE Every Tues. @ 11 am**  
**SPECIAL COW SALE Every 3rd Tues. @ 6pm**  
**SMALL ANIMAL SALE Every 3rd Sat. @10 am**  
 caged animals sell first sheep, goats, etc following  
**Check in deadline Sat @ 2:00**

## SPECIAL COW & FEEDER REPORT FOR AUGUST 20TH

### FEEDER STEERS

300-400....TOP 3.47 ....AVG 3.15  
 400-500....TOP 3.05 ....AVG 2.88  
 500-600....TOP 2.99 ....AVG 2.80  
 600-700....TOP 2.75 ....AVG 2.61  
 700-800....TOP 2.52 ....AVG 2.44  
 800-900....TOP 2.25 ....AVG 2.12  
 900-1000....TOP 2.15 ..AVG 2.06

### FEEDER HEIFERS

300-400....TOP 3.10 ....AVG 2.91  
 400-500....TOP 3.08 ....AVG 2.90  
 500-600....TOP 2.90 ....AVG 2.72  
 600-700....TOP 2.52 ....AVG 2.35  
 700-800....TOP 2.30 ....AVG 2.18  
 800-900....TOP 2.17 ....AVG 2.08  
 900-1000....TOP 1.95 ..AVG 1.89

### FEEDER BULLS

300-400....TOP 3.45 ....AVG 3.12  
 400-500....TOP 3.22 ....AVG 2.15  
 500-600....TOP 2.78 ....AVG 2.65  
 600-700....TOP 2.62 ....AVG 2.50  
 700-800....TOP 2.30 ....AVG 2.19  
 800-900....TOP 2.09 ....AVG 2.00  
 900-1000....TOP 2.05 ..AVG 1.94

### BETTER BRED COWS & PAIRS

3-6 YR OLDS BRED BACK  
 W/350+lb calves \$3300- \$3500  
 3-6 YR OLDS w/ baby's  
 \$2580-3200  
 BETTER OLDER COWS w/  
 200+lb calves \$2500-2900  
 3-6 YR OLD FALL CALVING  
 COWS \$2500-2625  
 3-6 YR OLD SPRING CALVING  
 COWS \$1850- \$2250

### BETTER SLAUGHTER BULLS

1.60-1.78

### SLAUGHTER COW

Ldrsg.....1.05-1.10  
 Hdrsg.....1.46-1.60

**CHRIS JONES: 660-631-0995**  
**ERIC JONES: 660-815-9090**  
**JACK NOWLIN: 660-621-3104**  
**BRANDON EISCHED: 660-973-3044**

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# TINA LIVESTOCK MARKET

435 W. 2nd St., Tina, MO 64682  
 Casey & Amelia Flinn, Owners

**\*\* SPECIAL COW SALE \*\***  
**FRIDAY, AUGUST 23 • 6:00 PM**

**\*\* CATTLE SALE \*\***  
**MONDAY, AUGUST 26 • 11:00 AM**

**\*\* NO SALE (LABOR DAY) \*\***  
**MONDAY, SEPT. 2**

**\*\* SHEEP, GOAT & HOG SALE \*\***  
**SATURDAY, SEPT. 7 • 10:00 AM**

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**Cattle Sales: Mondays @ 11 am**

**Sheep, Goat & Hog Sales:**

**1st Saturday of the month @ 10 am**

**Special Cow Sales: 4th Friday of the month @ 6 pm**

**5 weigh cow buyers at every sale!**

**Very active weigh cow and bull market!**

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**Casey Flinn, Owner: 816-769-7532**

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Ben Peterson: 660-247-2759

Travis Gibson: 660-646-8337

Rick Tate: 660-734-1307